

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales · Charity number 1170928

Details

Status Registered

Legal form CIO

Registered 2016-12-30

Register [View on the Charity Commission register](#)

Contact

Address Samaritans
11 College Place
Southampton
SO15 2FE

Phone 07710 156087

Email Southampton.Director@samaritans.org

Website www.samaritans.org/branches/samaritans-southampton-and-district-branch

Activities

Objects: THE OBJECTS OF THE CHARITY ARE:1) TO ENABLE PERSONS IN SOUTHAMPTON AND THE SURROUNDING AREA AS WELL AS ELSEWHERE WHO ARE EXPERIENCING FEELINGS OF DISTRESS OR DESPAIR, INCLUDING THOSE WHO MAY BE AT RISK OF SUICIDE, TO RECEIVE CONFIDENTIAL EMOTIONAL SUPPORT AT ANY TIME OF THE DAY OR NIGHT IN ORDER TO IMPROVE THEIR EMOTIONAL HEALTH AND TO REDUCE THE INCIDENCE OF SUICIDE;2) TO PROMOTE A BETTER UNDERSTANDING IN SOCIETY OF SUICIDE, SUICIDAL BEHAVIOUR AND THE VALUE OF EXPRESSING FEELINGS WHICH MAY OTHERWISE LEAD TO SUICIDE OR IMPAIRED EMOTIONAL HEALTH; AND3) TO COLLABORATE WITH AND SUPPORT SAMARITANS CENTRAL CHARITY AND ITS AFFILIATED BRANCHES IN FULFILLING THESE OBJECTS

Activities: Samaritans' vision is that fewer people die by suicide.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Southampton City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£38,392	£33,877	-	-
2024-03-31	£23,982	£43,556	-	-
2023-03-31	£55,748	£34,430	-	-
2022-03-31	£28,283	£23,643	-	-
2021-03-31	£32,435	£31,111	-	-

Trustees

Name	Role	Appointed
Alistair Michael Stokes		2023-11-26
Ann Bradshaw		2021-10-20
JOHN MURRAY McNEIL		2023-11-26
Luke Lowrey		2025-11-23
NICHOLA KIRBY		2022-09-19
Peter Bunting		2023-11-26
Richard Wallace		2025-03-17

Linked charities

- SAMARITANS SOUTHAMPTON AND DISTRICT BRANCH (1170928-1)

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales - Charity number 1170928

Accounts

Charity Registration Number 1170928

SAMARITANS SOUTHAMPTON & DISTRICT

FINANCIAL STATEMENTS

AND TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

SAMARITANS SOUTHAMPTON & DISTRICT CIO

FINANCIAL STATEMENTS AND TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

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TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Reference and Administrative Details

Legal Status

Samaritans Southampton & District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton & District are:

The Samaritans of Southampton

The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

Ann Bradshaw (appointed 24/11/24)

Karen Oborn (resigned 24/11/24)

Nichola Kirby (appointed 19/09/22)

Peter Bunting (appointed 24/11/24)

John McNeil (appointed 24/11/24)

Alistair Stokes (appointed 24/11/24)

Richard Wallace (appointed 17/3/2025)

Registered Office

11 College Place

London Road

Southampton

SO15 2FE

SAMARITANS SOUTHAMPTON & DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Independent Examiner

Langdowns DFK
Fleming Court
Leigh Road
Eastleigh
SO50 9PD

Bankers

Barclays Bank Plc
54 Lombard Street
London
EC3P 3AH

TSB
PO Box 373
Leeds
LS14 9GQ

Cambridge & Counties Bank
Charnwood Court,
5B New Walk,
Leicester
LE1 6TE

SAMARITANS SOUTHAMPTON & DISTRICT CIO

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Structure, Governance and Management

The Trustees

The Trustees present their report and the financial statements of the Charity for the year ended 31st March 2025. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The Trustees continue to be satisfied that the Charity is delivering an effective and efficient service. It also considers that despite challenges; it is effectively managing its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the Charity

Subject to the provisions of its constitution, the affairs of the Charity are managed by a Board of Trustees, who meet four times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

Trustees are elected at an Annual General Meeting. The Board of Trustees consists of the following members, in total not numbering more than thirteen:

- a) A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members.
- b) A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the Charity.
- c) Co-opted members up to a maximum of one third of the Board of Trustees (excluding co-opted members).

Branch Volunteers are invited by the Trustees to nominate individuals to join the board each year prior to the Annual General Meeting.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

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Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to enhanced DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All Trustees are trained in-house and are required to complete online Management Training available on Samaritans intranet. Each Trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, thus ensuring that they are aware of the commitment and duties they are undertaking. Further training of Trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

The organisation structure of the Charity and how decisions are made

The Charity falls under the umbrella organisation of Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adapted to meet the needs of the Charity.

Relationships between the Charity and related parties, including its subsidiaries

Other than the national Samaritans organisation, there are no transactions with any other related parties.

The major risks to which the Charity is exposed and reviews and systems to mitigate risks

The Trustees identify the major risks to which the Charity is exposed each financial year in particular those related to the operations and finances of the Charity. The Trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Objectives, Public Benefit and Activities

The objectives of the Charity are set out in its governing document. In summary, the Charity's objectives are:

- a) To enable persons in Southampton and surrounding area who are experiencing feelings of distress and despair, including those who may be at risk of suicide to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objectives.

The Charity's aims, including the changes or differences it seeks to make through its activities, are to:

- a) Support Samaritans Central Charity mission that fewer people die by suicide.
- b) Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- c) Give people ways to cope and the skills to be there for others.
- d) Campaign to make suicide prevention a local priority.
- e) Work as part of a national network to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our centre in Southampton, and outside our centre as part of our Outreach programme in schools and workplaces within the Southampton area.

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The Charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a national network achieving these objectives. Achieved predominately via telephone, this objective is also through email and face-to-face contact nationally. However, face-to-face contact and email support is no longer provided in Southampton.

The Charity's strategies for achieving its stated objectives are to:

- a) Generate enough funds for the day-to-day operation of the Charity and to maintain its property in the centre of Southampton, providing the base for our administration and fundraising, and generating income from a part of the building that is not used directly for charitable work.
- b) Recruit and train sufficient volunteers to provide the constant support required by the Charity's main objective.
- c) Publicise the Charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton & District's most significant activity was responding to telephone contacts. The email service was withdrawn in December 2022 and centralised into a quality hub under Samaritans Central Charity (219432) but work is now underway to modify the service so that those branches who wish to respond to emails can again do so. The Trustees considered this option during the year but made the decision that we would not rejoin the service at this time.

In addition, the Charity has been involved in various events to promote the work of Samaritans and provide emotional resilience workshops. In the coming year we will resume our Outreach work with schools in the area following the dedicated training some of our Listeners have undertaken this year.

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The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the Charity, and providing caller support which is the main objective of Samaritans. There is one paid member of staff: a cleaner who is employed for three hours a week.

Achievements and Performance

A review of charitable activities undertaken by the Charity

The period under review was another busy one for the Southampton and District branch of Samaritans.

April 2024 - March 2025

No. of active listening volunteers	76 (as at 31 March 2025)
No. of inbound calls	15,659 (5,467 hours on the phone)
No. of outbound calls	778 (57 hours on phone)

During the past period we have continued to communicate the work of Samaritans to our community by distributing information and being involved with other relevant organisations in person and via online platforms.

Fundraising activities

We continued to ensure that funds were sufficient to provide for our needs by aiming to always have at least six months funding available to pay for our day-to-day expenditure. We receive no allotted funding directly; therefore, we raise all our funds through a number of fundraising activities, in addition to renting out the front of our building to a marketing company. We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans.

We wish to record our sincere thanks to the individuals and organisations who have given donations both during the period under review and in the past.

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Recruitment needs update with latest data

We continued to recruit new volunteers during the year and provide in-person training for our new recruits with online modules being completed between classroom sessions. During the year, the January 2025 cohort received their core training via the Central Office Training School. We currently have a number of potential volunteers from the Southampton area who would like to become involved in the Charity. The number of recruiters, trainers and mentors available from our internal listening volunteers determines our capacity, and we aim to recruit between 20 and 30 new volunteers per year.

Training including mandatory

It's vital for all volunteers to continue to develop their skills and keep up to date with any changes to Samaritans policies. This continuous development is achieved via online self-learning together with remote and in branch training sessions.

Promoting our work within the local community

We continue to influence local policy concerning suicide prevention, via the Southampton Suicide Prevention forum, which meets six times per year. We have worked during the year to continue to strengthen our Schools and Outreach team.

Factors relevant to the achievement of the Charity's objectives

The Charity is totally dependent on the services of volunteers. The core aim of all listening volunteers is to support our callers but many other tasks including, but not limited to, recruitment, training, volunteer support, administration, outreach, building management, IT support, health and safety need to be undertaken and this is completed in house by our volunteers. The Director records her sincere appreciation for the extraordinary service and work provided by the volunteers.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Financial Review

Policy on reserves

The Trustees aim to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £71,837 (2024 £67,376)

Principal funding sources and how expenditure in the period under review has supported the key objectives of the Charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the Charity.

Availability and adequacy of assets of each of the funds

The Trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund but are now actively looking at opportunities to strengthen the position going forward.

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the Trustees consider the financial position of the Charity during the period to have been satisfactory.

The receipts and payments analysis shows a surplus for the year of £4,515 (2024 deficit £19,574) with the total bank balances at the end of the year of £72,971 (2024 £68,456). A sum of £30,000 was placed on fixed term deposit with Cambridge & Counties Bank during the year.

Although we continued to see the impact of the high cost of utilities during the year our overall property costs were significantly lower than the previous year as we had no major repairs or equipment replacement costs. There is no charge for insurance premium shown as the cost for the year of £1,971 was paid in the previous financial

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year.

During the course of the year, consultancy fees of £8,100 were incurred to cover the property re-valuation, under the Charities Act 2011, and the architectural fees for the proposed refurbishment of our new office space.

Donations and income from fundraising were higher than in 2024 as we benefitted from generous personal and business donations. The Trustees continue to explore potential sources of grants. Thanks are given to Southampton Elderly Citizens Care Trust for a grant commitment over 3 years, £4,000 being received in this year. We also benefitted from two post-performance collections organised by Sarah Millican where we collected £2,548.

A full breakdown of income and expenditure is reflected within the financial statements which are included separately within this annual report.

Plans for future periods

The aim of the charity is to ensure that Samaritans Southampton & District is able to continue to provide the service to callers in future periods. We are working to be more available at times of greatest need and to be visible and active within the local community, supporting Samaritans strategy. Additionally, we aim to continue to offer all volunteers a supportive and positive experience, to involve as many volunteers as possible in roles throughout the branch and to ensure and embed good governance.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Responsibilities of Trustees

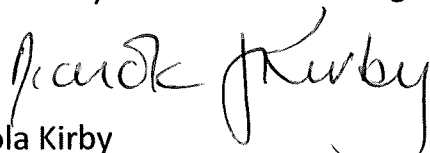
The Trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP (Statement of Recommended Practice)
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:


Nichola Kirby
Chair of Trustees and Branch Director

Date: ²⁴ September 2025

SAMARITANS SOUTHAMPTON & DISTRICT CIO

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2025

I report to the trustees on my examination of the accounts of the Samaritans Southampton & District CIO (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mrs Lucy A Parry ACA

Address: Langdowns DFK, Fleming Court, Leigh Road, Eastleigh, Southampton SO50 9PD

Date: 30 September 2025

SAMARITANS SOUTHAMPTON & DISTRICT CIO

FINANCIAL STATEMENTS

Receipts and Payments Account Year Ended 31 March 2025

	<i>Note</i>	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
		£	£	£	£
Receipts					
Donations	2	13,040	-	13,040	5,594
Grants received	3	5,845	-	5,845	2,450
Investment income	4	16,600	-	16,600	15,689
Other trading activities	5	2,907	-	2,907	249
Total		38,392	-	38,392	23,982
Payments					
Premises expenditure	6	14,071	-	14,071	23,904
Operational expenses	7,8,9	16,053	-	16,053	14,070
Staff Costs	10	2,945	-	2,945	3,900
Sundry expenses	11	808	-	808	1,682
Total		33,877	-	33,877	43,556
Net surplus/(deficit)		4,515	-	4,515	(19,574)
Cash funds last year		68,456	-	68,456	88,030
Cash funds this year		72,971	-	72,971	68,456

SAMARITANS SOUTHAMPTON & DISTRICT CIO

FINANCIAL STATEMENTS

Statement of Assets & Liabilities as at 31 MARCH 2025

	<i>Note</i>		Total Funds Year Ending 31 March 2025 £	Total Funds Year Ending 31 March 2024 £
Cash funds and in hand		Unrestricted funds	72,971	68,456
Prepaid insurance			-	1,971
Asset retained for Charity Use	12	Designated funds	410,000	410,000
Liabilities	13	Unrestricted funds	1,134	1,080

Signed on behalf of the Trustees: 

John McNeil

Treasurer and Trustee

Date: 23rd September 2025

The notes on pages 17 to 22 form part of these financial statements

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025

1. Accounting Policies

a) Basis for accounts preparation

The financial statements have been prepared using the receipts and payments basis in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- (i) When donors specify that donations given to the charity must be used in future accounting periods:
- (ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received.

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

c) Expenditure

Expenditure is accounted for on a cost basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered.

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers.

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity.

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2,500.

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over their expected life.

**SAMARITANS SOUTHAMPTON & DISTRICT CIO
NOTES FORMING PART OF THE FINANCIAL ACCOUNTS
YEAR ENDED 31 MARCH 2025 Continued**

e) Funds

Unrestricted funds

Unrestricted Funds can be used in accordance with the charitable objects at the discretion of the Trustees.

Designated funds

Designated Funds are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund.

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
	£	£	£	£
2 Donations - General				
Bequests & Legacies	1,000	-	1,000	-
Donations from individuals	8,891	-	8,891	3,240
Donations from business	2,400	-	2,400	2,354
Gift Aid	749	-	749	-
	13,040		13,040	5,594
3 Grants				
Grants received	5,845	-	5,845	2,450
4 Income from investments				
Rent received	16,500	-	16,500	15,625
Bank interest received	100	-	100	64
	16,600	-	16,600	15,689
5 Income from other trading activities				
Miscellaneous fundraising activities	2,907	-	2,907	428
Less fundraising expenses	-	-	-	(179)
	2,907	-	2,907	249
TOTAL RECEIPTS	38,392	-	38,392	23,982

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
	£	£	£	£
6 Premises expenditure				
Rates & water	3,018	-	3,018	2,662
Heating & lighting	7,231	-	7,231	8,786
Insurances	-	-	-	3,793
Caretaking and cleaning	1,205	-	1,205	912
Repairs & maintenance - equipment	633	-	633	225
Repairs & maintenance – property	1,984	-	1,984	7,220
Equipment purchases	-	-	-	306
	14,071	-	14,071	23,904
7 Operational expenses				
Volunteers' expenses	212	-	212	108
Travel expenses	2,286	-	2,286	1,688
Stationery & postages	641	-	641	297
Printing & photocopying	313	-	313	245
Computer & technology expenses	131	-	131	997
Telephone & communications	910	-	910	2,906
NBC – central Samaritans	1,565	-	1,565	5,127
Branch Meetings	316	-	316	1,371
Accountancy	1,298	-	1,298	1,258
Consultancy & Professional Fees	8,100	-	8,100	-
	15,772	-	15,772	13,997
8 Publicity expenses				
Publicity and outreach	241	-	241	2
9 Governance costs				
Trustees meeting expenses	-	-	-	36
Fees paid	40	-	40	35
	40	-	40	71
10 Staff Costs				
Salaries	2,945	-	2,945	3,900
11 Sundry expenses				
Staff training	135	-	135	33
Subsistence	529	-	529	728
Health & Safety	144	-	144	921
	808	-	808	1,682
TOTAL PAYMENTS	33,877	-	33,877	43,556

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

12. Assets retained for Charity use

The fixed asset retained for Charity use is the freehold house at 11 College Place, purchased on 16th May 2003. The premises are held primarily for charitable purposes, although these premises are part let to raise additional funds.

The property was valued on 18 July 2024 with a Market Value as it currently stands with the current tenant in situ at £410,000. The valuation was prepared by Savills (UK) Limited of Mountbatten House, 1 Grosvenor Square Southampton, SO15 2BZ as an “external valuer” in accordance with the RICS Valuation – Global Standards (incorporating the IVSC International Valuation Standards) effective from 31 January 2022 together, where applicable, with the UK National Supplement effective 14 January 2019, together the “Red Book”. As per UK VPGA 8, the Valuation is also pursuant to Sections 117 - 121 of the Charities Act 2011 and the Charities (Qualified Surveyors Report) Regulations (S1 1992/2980).

At the date of revaluation, the freehold property investment carried a historical cost of £539,373. The Trustees continue to pursue available options to ensure the property is used in the most effective way to achieve our charitable objectives.

13. Liabilities

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025 £	Total Funds Year Ending 31 March 2024 £
Other creditors	-	-	-	-
Accountancy fees	1,134	-	1,134	1,080

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales - Charity number 1170928

Accounts

Charity Registration Number 1170928

SAMARITANS SOUTHAMPTON AND DISTRICT

FINANCIAL STATEMENTS

AND TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

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Reference and Administrative Details

Legal Status

Samaritans Southampton and District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton and District are:

The Samaritans of Southampton

The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

Christine Robinson (resigned 26/11/23)

Ann Bradshaw (appointed 26/11/23)

Karen Oborn (appointed 26/11/23)

Nichola Kirby (appointed 19/09/22)

Peter Bunting (appointed 26/11/23)

John McNeil (appointed 26/11/23)

Alistair Stokes (appointed 26/11/23)

Registered Office

11 College Place

London Road

Southampton

SO15 2FE

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

**TRUSTEES ANNUAL REPORT
YEAR ENDED 31 MARCH 2024**

Independent Examiner

Langdowns DFK
Fleming Court
Leigh Road
Eastleigh
SO50 9PD

Bankers

Barclays Bank Plc
54 Lombard Street
London
EC3P 3AH

TSB
PO Box 373
Leeds
LS14 9GQ

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Structure, Governance and Management

The Trustees

The Trustees present their report and the financial statements of the Charity for the year ended 31st March 2024. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The Trustees continue to be satisfied that the Charity is delivering an effective and efficient service. It also considers that despite challenges, it is effectively managing its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the Charity

Subject to the provisions of its constitution, the affairs of the Charity are managed by a Board of Trustees, who meet four times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

Trustees are elected at an Annual General Meeting. The Board of Trustees consists of the following members, in total not numbering more than thirteen:

- a) A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members.
- b) A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the Charity. At the time of writing, we have a vacancy for a Secretary.
- c) Co-opted members up to a maximum of one third of the Board of Trustees (excluding co-opted members).

Branch Volunteers are invited by the Trustees to nominate individuals to join the board each year prior to the Annual General Meeting.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to enhanced DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All Trustees are trained in-house and are required to complete online Management Training available on Samaritans intranet. Each Trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, thus ensuring that they are aware of the commitment and duties they are undertaking. Further training of Trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

The organisation structure of the Charity and how decisions are made

The Charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adapted to meet the needs of the Charity.

Relationships between the Charity and related parties, including its subsidiaries

Other than the national Samaritans organisation, there are no transactions with any other related parties.

The major risks to which the Charity is exposed and reviews and systems to mitigate risks

The Trustees identify the major risks to which the Charity is exposed each financial year in particular those related to the operations and finances of the Charity. The Trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Objectives, Public Benefit and Activities

The objectives of the Charity are set out in its governing document. In summary, the Charity's objectives are:

- a) To enable persons in Southampton and surrounding area who are experiencing feelings of distress and despair, including those who may be at risk of suicide to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objectives.

The Charity's aims, including the changes or differences it seeks to make through its activities, are to:

- a) Support the Samaritans Central Charity mission that fewer people die by suicide.
- b) Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- c) Give people ways to cope and the skills to be there for others.
- d) Campaign to make suicide prevention a local priority.
- e) Work as part of a regional team to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our centre in Southampton, and outside our centre as part of our Outreach programme in schools and workplaces within the Southampton area.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

The Charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a regional rota achieving these objectives. Achieved predominately via telephone, this objective is also through email and face-to face contact nationally. However, face-to-face contact and email support is no longer provided in Southampton.

The Charity's strategies for achieving its stated objectives are to:

- a) Generate enough funds for the day-to-day operation of the Charity and to maintain its property in the centre of Southampton, providing the base for our administration and fundraising, and generating income from a part of the building that is not used directly for charitable work.
- b) Recruit and train sufficient volunteers to provide the constant support required by the Charity's main objective.
- c) Publicise the Charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans. Southampton and District's most significant activity was responding to telephone contacts. The email service was withdrawn in December 2022 and centralised into a quality hub under Samaritans central charity (219432) but work is now underway to modify the service so that those branches who wish to respond to emails can again do so. The Trustees are considering this option and a decision will be made by 30 September 2024.

In addition, the Charity has been involved in various events to promote the work of the Samaritans and provide emotional resilience workshops. In the coming year we will resume our Outreach work with schools in the area following the dedicated training some of our Listeners have undertaken this year.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the Charity, and providing caller support which is the main objective of the Samaritans. There is one paid member of staff: a cleaner who is employed for six hours a week.

Achievements and Performance

A review of charitable activities undertaken by the Charity

The period under review was another busy one for the Southampton and District branch of Samaritans.

April 2023 - March 2024

No. of active listening volunteers	75 (as at 31 March 2024)
No. of inbound calls	15,418 (4,376 hours on the phone)
No. of outbound calls	165 (27 hours on phone)

During the past period we have continued to communicate the work of Samaritans to our community by distributing information and being involved with other relevant organisations in person and via online platforms.

Fundraising activities

We continued to ensure that funds were sufficient to provide for our needs by aiming to always have at least six months funding available to pay for our day-to-day expenditure. We receive no allotted funding directly; therefore, we raise all our funds through a number of fundraising activities, in addition to renting out the front of our building to a marketing company. We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans.

We wish to record our sincere thanks to the individuals and organisations who have given donations both during the period under review and in the past.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Recruitment needs update with latest data

We continued to recruit new volunteers during the year and returned to in-person training for our new recruits with online modules being completed between classroom sessions. We currently have a number of potential volunteers from the Southampton area who would like to become involved in the Charity. The number of recruiters, trainers and mentors available from our internal listening volunteers determines our capacity, and whilst we aim to onboard approximately thirty-six new volunteers per year, we were only able to run two sessions during the year rather than our usual three.

Training including mandatory

It's vital for all volunteers to continue to develop their skills and keep up to date with any changes to Samaritans policies. This continuous development is achieved via online self-learning together with remote and in branch training sessions.

Promoting our work within the local community

We continue to influence local policy concerning suicide prevention, via the Southampton Suicide Prevention forum, which meets six times per year. We have worked during the year to re-establish and strengthen our Schools and Outreach team.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Factors relevant to the achievement of the Charity's objectives

The Charity is totally dependent on the services of volunteers. The core aim of all listening volunteers is to support our callers but many other tasks including, but not limited to, recruitment, training, volunteer support, administration, outreach, building management, IT support, health and safety need to be undertaken and this is completed in house by our volunteers. The Director records her sincere appreciation for the extraordinary service and work provided by the volunteers.

Financial Review

Policy on reserves

The Trustees aim to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £67,376 (2023 £85,990)

Principal funding sources and how expenditure in the period under review has supported the key objectives of the Charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the Charity.

Availability and adequacy of assets of each of the funds

The Trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund but are now actively looking at opportunities to strengthen the position going forward.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the Trustees consider the financial position by the Charity during the period to have been satisfactory.

The receipts and payments analysis shows a deficit for the period of £19,574 (2023 surplus £21,318) with the total bank balances at the period end of £68,456 (2023: £88,030).

During the year significant funds were required to replace the boiler and update the security on the fire doors. Insurance costs also appear higher than expected as the premium for the subsequent year of £1,971 was paid before the end of this year. We have also seen the impact of the high cost of utilities.

Donations and income from fundraising were lower than in 2022 where we benefitted from a significant legacy. The trustees are actively exploring potential sources of grants and initial results are encouraging. Thanks are given to SWT for a grant of £2,450 which was designated for recruitment and outreach activity.

A full breakdown of income and expenditure is reflected within the financial statements which are included separately within this annual report.

Plans for future periods

The aim of the charity is to ensure that the Southampton and District branch of Samaritans is able to continue to provide the service to callers in future periods. We are working to be more available at times of greatest need and to be visible and active within the local community, supporting Samaritans strategy. Additionally, we aim to continue to offer all volunteers a supportive and positive experience, to involve as many volunteers as possible in roles throughout the branch and to ensure and embed good governance.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2024

Responsibilities of Trustees

The Trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:



Nichola Kirby
Chair of Trustees and Branch Director

Date: 1 August 2024

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2024

I report to the trustees on my examination of the accounts of the Samaritans Southampton and District CIO (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mrs Lucy A Parry ACA

Address: Langdowns DFK, Fleming Court, Leigh Road, Eastleigh, Southampton SO50 9PD

Date: 09/09/2024.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Receipts and Payments Account Year Ended 31 March 2024

	<i>Note</i>	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2024	Total Funds Year Ending 31 March 2023
		£	£	£	£
Receipts					
Donations	2	5,594	-	5,594	37,962
Grants received	3	-	2,450	2,450	-
Investment income	4	15,689	-	15,689	14,431
Other trading activities	5	249	-	249	3,355
Total		21,532	2,450	23,982	55,748
Payments					
Premises expenditure	6	22,224	1,680	23,904	12,580
Operational expenses	7,8,9	13,470	600	14,070	12,690
Staff Costs	10	3,900	-	3,900	7,799
Sundry expenses	11	1,512	170	1,682	1,361
Total		41,106	2,450	43,556	34,430
Net (deficit)/surplus		(19,574)	-	(19,574)	21,318
Cash funds last year		88,030	-	88,030	66,712
Cash funds this year		68,456	-	68,456	88,030

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Statement of Assets & Liabilities as at 31 MARCH 2024

	<i>Note</i>		Total Funds Year Ending 31 March 2024 £	Total Funds Year Ending 31 March 2023 £
Cash funds and in hand		Unrestricted funds	68,456	87,010
Prepaid insurance			1,971	-
Asset retained for Charity Use	12	Designated funds	410,000	475,000
Liabilities	13	Unrestricted funds	1,080	1,020

Signed on behalf of the Trustees:



Karen Oborn
Treasurer and Trustee

Date: 26th July 2024

The notes on pages 17 to 22 form part of these financial statements

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2024

1. Accounting Policies

a) Basis for accounts preparation

The financial statements have been prepared using the receipts and payments basis in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- (i) When donors specify that donations given to the charity must be used in future accounting periods:
- (ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received.

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2024 Continued

c) Expenditure

Expenditure is accounted for on a cost basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered.

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers.

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity.

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2,500.

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over their expected life.

**SAMARITANS SOUTHAMPTON AND DISTRICT CIO
NOTES FORMING PART OF THE FINANCIAL ACCOUNTS
YEAR ENDED 31 MARCH 2024 Continued**

e) Funds

Unrestricted funds

Unrestricted Funds can be used in accordance with the charitable objects at the discretion of the Trustees.

Designated funds

Designated Funds are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2024 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2024	Total Funds Year Ending 31 March 2023
	£	£	£	£
2 Donations - General				
Bequests & Legacies	-	-	-	30,883
Donations from individuals	3,240	-	3,240	3,529
Donations from business	2,354	-	2,354	3,550
	5,594		5,594	37,962
3 Grants				
Grants received	-	2,450	2,450	-
4 Income from investments				
Rent received	15,625	-	15,625	14,400
Bank interest received	64	-	64	31
	15,689	-	15,689	14,431
5 Income from other trading activities				
Miscellaneous fundraising activities	428	-	428	3,800
Less fundraising expenses	(179)	-	(179)	(445)
	249	-	249	3,355
TOTAL RECEIPTS	21,532	2,450	23,982	55,748

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2024 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2024	Total Funds Year Ending 31 March 2023
	£	£	£	£
6 Premises expenditure				
Rates & water	2,392	270	2,662	2,956
Heating & lighting	7,896	890	8,786	3,985
Insurances	3,413	380	3,793	1,756
Caretaking and cleaning	822	90	912	1,561
Repairs & maintenance - equipment	225	-	225	104
Repairs & maintenance – property	7,220	-	7,220	1,733
Equipment purchases	256	50	306	485
	22,224	1,680	23,904	12,580
7 Operational expenses				
Volunteers' expenses	108	-	108	194
Travel expenses	1,388	300	1,688	1,110
Stationery & postages	297	-	297	166
Printing & photocopying	245	-	245	87
Computer & technology expenses	997	-	997	1,115
Telephone & communications	2,606	300	2,906	3,575
NBC – central Samaritans	5,127	-	5,127	3,573
Branch Meetings	1,371	-	1,371	1,750
Accountancy	1,258	-	1,258	1,708
Consultancy & Professional Fees	-	-	-	345
	13,397	600	13,997	12,623
8 Publicity expenses				
Publicity and outreach	2	-	2	-
9 Governance costs				
Trustees meeting expenses	36	-	36	35
Fees paid	35	-	35	32
	71	-	71	67
10 Staff Costs				
Salaries	3,900	-	3,900	7,799
11 Sundry expenses				
Staff training	33	-	33	272
Subsistence	648	80	728	688
Health & Safety	831	90	921	402
	1,512	170	1,682	1,361
TOTAL PAYMENTS	41,106	2,450	43,556	34,430

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2024 Continued

12. Assets retained for Charity use

The fixed asset retained for Charity use is the freehold house at 11 College Place, purchased on 16th May 2003. The premises are held primarily for charitable purposes, although these premises are part let to raise additional funds.

The property was valued on 18 July 2024 with a Market Value as it currently stands with the current tenant in situ at £410,000. The valuation was prepared by Savills (UK) Limited of Mountbatten House, 1 Grosvenor Square Southampton, SO15 2BZ as an “external valuer” in accordance with the RICS Valuation – Global Standards (incorporating the IVSC International Valuation Standards) effective from 31 January 2022 together, where applicable, with the UK National Supplement effective 14 January 2019, together the “Red Book”. As per UK VPGA 8, the Valuation is also pursuant to Sections 117 - 121 of the Charities Act 2011 and the Charities (Qualified Surveyors Report) Regulations (S1 1992/2980).

At the date of revaluation, the freehold property investment carried a historical cost of £539,373. The Trustees are currently looking at available options to ensure the property is used in the most effective way to achieve our charitable objectives.

13. Liabilities

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2024 £	Total Funds Year Ending 31 March 2023 £
Other creditors	-	-	-	-
Accountancy fees	1,080	-	1,080	1,020

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales - Charity number 1170928

Accounts

Charity Registration Number 1170928

SAMARITANS SOUTHAMPTON AND DISTRICT

FINANCIAL STATEMENTS

AND TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

**FINANCIAL STATEMENTS & TRUSTEES ANNUAL REPORT
YEAR ENDED 31 MARCH 2023**

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SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Reference and Administrative Details

Legal Status

Samaritans Southampton and District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton and District are:

The Samaritans of Southampton

The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

Christine Robinson (appointed 20/10/21)

Ann Bradshaw (appointed 20/10/21)

Karen Oborn (appointed 24/3/22)

Nichola Kirby (appointed 19/09/22)

Gerard Donnelly (resigned 19/09/22)

Registered Office

11 College Place

London Road

Southampton

SO15 2FE

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

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PO Box 373
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SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Structure, Governance and Management

The Trustees

The Trustees present their report and the financial statements of the Charity for the year ended 31st March 2023. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The Board of Trustees continue to be satisfied that the Charity is delivering an effective and efficient service. It also considers that despite challenges, it is effectively managing its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the Charity

Subject to the provisions of its constitution, the affairs of the Charity are managed by a Board of Trustees, who meet four times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

Members of the Board of Trustees are elected at an Annual General Meeting and consists of the following members, in total not numbering more than thirteen:

- a) A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members.
- b) A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the Charity.
- c) Co-opted members up to a maximum of one third of the Board of Trustees (excluding co-opted members).

Induction

The Samaritan volunteers are invited by the Board of Trustees to nominate individuals to join the board each year prior to the Annual General Meeting.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

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The organisation structure of the Charity and how decisions are made

The Charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adapted to meet the needs of the Charity.

Relationships between the Charity and related parties, including its subsidiaries

Other than the national Samaritans organisation, there are no transactions with any other related parties.

The major risks to which the Charity is exposed and reviews and systems to mitigate risks

The Trustees identify the major risks to which the Charity is exposed each financial year in particular those related to the operations and finances of the Charity. The Trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Objectives, Public Benefit and Activities

A summary of the objectives of the Charity is set out in its governing document. To summarise, the Charity's objectives are:

- a) To enable persons in Southampton and surrounding area who are experiencing feelings of distress and despair, including those who may be at risk of suicide to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objectives.

The Charity's aims, including the changes or differences it seeks to make through its activities, are to:

- a) Support the Samaritans Central Charity mission that fewer people die by suicide.
- b) Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- c) Give people ways to cope and the skills to be there for others.
- d) Campaign to make suicide prevention a local priority.
- e) Work as part of a regional team to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our centre in Southampton, and outside our centre as part of our Outreach programme in schools and workplaces within the Southampton area.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

The Charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a regional rota achieving these objectives. Achieved predominately via telephone, this objective is also through email and face-to face contact nationally. However, face-to-face contact and email support is no longer provided in Southampton.

The Charity's strategies for achieving its stated objectives are to:

- a) Generate enough funds for the day-to-day operation of the Charity and to maintain its property in the centre of Southampton, providing the base for our administration and fundraising, and generating income from a part of the building that is not used directly for charitable work.
- b) Recruit and train sufficient volunteers to provide the constant support required by the Charity's main objective.
- c) Publicise the Charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton and District's most significant activity was responding to telephone contacts and email contacts. The email service was withdrawn in December 2022 and centralised into a quality hub under Samaritans central charity (219432). In addition, the Charity has conducted various online events to promote the work of the Charity and provide emotional resilience workshops.

The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the Charity, and providing caller support which is the main objective of the Samaritans. There is one paid member of staff: a cleaner who is employed for six hours a week.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Achievements and Performance

A review of charitable activities undertaken by the Charity

The period under review was another busy one for the Southampton and District branch of Samaritans.

April 2022 - March 2023

No. of active listening volunteers	78 (as at 31 March 2023)
No. of inbound calls	15,137 (4,182 hours on the phone)
No. of outbound calls	199 (38 hours on phone)
No. of email replies	514 (257 hours)

During the past period we have continued to communicate the work of Samaritans to our community by distributing information and being involved with other relevant organisation mainly via online platforms.

Fundraising activities

We continued to ensure that funds were sufficient to provide for our needs by aiming to always have at least six months funding available to pay for our day to day expenditure. We receive no allotted funding directly; therefore we raise all our funds through a number of fundraising activities, in addition to renting out the front of our building to a marketing company. We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans.

We wish to record our sincere thanks to numerous local businesses, including some local churches, clubs and organisations, who have given donations both during the period under review and in the past.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Recruitment needs update with latest data

Despite the pressures of the pandemic, we continued to recruit new volunteers. For the period, all training was achieved via online modules and in person remote 'zoom' sessions. We currently have a significant number of potential volunteers from the Southampton area who would like to become involved in the Charity. The number of recruiters, trainers and mentors available from our internal listening volunteers determines our capacity, currently we aim to onboard approximately thirty-six new volunteers per year.

Training including mandatory

It's vital for all volunteers to continue to develop their skills and keep up to date with any changes to Samaritans policies. This continuous development is achieved via online self-learning together with remote and in branch training sessions.

Promoting our work within the local community

We continue to influence local policy concerning suicide prevention, via the Southampton Suicide Prevention forum, which meets six times per year. We are currently working to re-establish our Schools and Outreach team.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Factors relevant to the achievement of the Charity's objectives

The Charity is totally dependent on the services of volunteers. The core aim of all listening volunteers is to support our callers but many other tasks including, but not limited to, recruitment, training, volunteer support, administration, outreach, building management, IT support, health and safety needs to be undertaken and this is completed in house by our volunteers. The Director records her sincere appreciation for the extraordinary service and work provided by the volunteers.

Financial Review

Policy on reserves

The Trustees aim to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £87,010 (2022 £65,446).

Principle funding sources and how expenditure in the period under review has supported the key objectives of the Charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the Charity.

Availability and adequacy of assets of each of the funds

The Board of Trustees is satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the Trustees consider the financial position by the Charity during the period to have been satisfactory.

The receipts and payments analysis shows an excess of receipts over payments for the period of £21,318 (2022 net income of £4,640) with the total bank balances at the period end of £88,030 (2022 £66,712).

Current year receipts were boosted by a bequest of £30,382. There were no restrictions as to how these funds should be used. The total expenditure is spent on direct charitable purposes and support. Staff costs includes £3,762 of voluntary restitution costs relating to undeclared PAYE liabilities in earlier years. This caused unusually high staff costs in FY23. A full breakdown of income and expenditure is reflected within the financial statements which are included separately within this annual report.

Plans for future periods

The aim of the charity is to ensure that the Southampton and District branch of Samaritans is able to continue to provide the service to callers in future periods. To be more available at times of greatest need and to be visible and active within the local community, supporting the Samaritans five year strategy. Additionally, we aim to continue to offer all volunteers a supportive and positive experience, to involve as many volunteers as possible in roles throughout the branch and to ensure and embed good governance.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2023

Responsibilities of Trustees

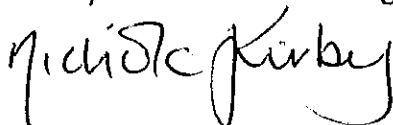
The trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:



Nichola Kirby
Chair of Trustees and Branch Director

Date: 13 September 2023

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2023

I report to the trustees on my examination of the accounts of the Samaritans Southampton and District CIO (the Charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Mrs Lucy A Parry ACA

Address: Langdowns DFK, Fleming Court, Leigh Road, Eastleigh, Southampton SO50 9PD

Date: 21st September 2023

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Receipts and Payments Account Year Ended 31 March 2023

	<i>Note</i>	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2023	Total Funds Year Ending 31 March 2022
		£	£	£	£
Receipts					
Donations	2	37,962	-	37,962	9,327
Grants received	3	-	-	-	-
Investment income	4	14,400	-	14,400	14,210
Other trading activities	5	3,386	-	3,386	4,746
Total		55,748	-	55,748	28,283
Payments					
Premises expenditure	6	12,580	-	12,580	13,805
Operational expenses	7,8,9	12,622	-	12,622	5,474
Staff Costs	10	7,780	-	7,780	3,360
Sundry expenses	11	1,428	-	1,428	1,004
Total		34,430	-	34,430	23,643
Net of receipts (payments)		21,318	-	21,318	4,640
Cash funds last year		66,712	-	66,712	62,072
Cash funds this year		88,038	-	88,038	66,712

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Statement of Assets & Liabilities as at 31 MARCH 2023

	<i>Note</i>		Total Funds Year Ending 31 March 2022 £	Total Funds Year Ending 31 March 2021 £
Cash funds and in hand		Unrestricted funds	87,010	66,712
Asset retained for Charity Use	11	Designated funds	475,000	475,000
Liabilities	12	Unrestricted funds	1,020	1,266

Signed on behalf of the Trustees:



Karen Oborn
Treasurer and trustee

Date: 14/09/2023

The notes on pages 17 to 22 form part of these financial statements

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2023

1. Principle Accounting Policies

a) Basis for accounts preparation

The financial statements have been prepared using the receipts and payments basis in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- (i) When donors specify that donations given to the charity must be used in future accounting periods:
- (ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received.

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2023 Continued

c) Expenditure

Expenditure is accounted for on a cost basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered.

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers.

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity.

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2500.

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over its expected life.

**SAMARITANS SOUTHAMPTON AND DISTRICT CIO
NOTES FORMING PART OF THE FINANCIAL ACCOUNTS
YEAR ENDED 31 MARCH 2023 Continued**

e) Funds

Unrestricted funds

Can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds

Funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2023 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2023	Total Funds Year Ending 31 March 2022
	£	£	£	£
2 Donations - General				
Bequests & Legacies	30,882	-	30,882	3,415
Donations from individuals	4,260	-	4,260	3,523
Donations from business	2,820	-	2,820	2,389
	<u>37,962</u>		<u>37,962</u>	<u>9,327</u>
3 Grants				
Grants received	-	-	-	-
4 Income from investments				
Rent received	14,400	-	14,400	14,200
Bank interest received	31	-	31	10
	<u>14,431</u>	<u>-</u>	<u>14,431</u>	<u>14,210</u>
5 Income from other trading activities				
Miscellaneous fundraising activities	3,800	-	3,800	4,746
Less fundraising expenses	(445)	-	(445)	-
	<u>3,355</u>	<u>-</u>	<u>3,355</u>	<u>4,746</u>
TOTAL RECEIPTS	<u>55,748</u>	<u>-</u>	<u>55,748</u>	<u>28,283</u>

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2023 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2023	Total Funds Year Ending 31 March 2022
	£	£	£	£
6 Premises expenditure				
Rates & water	2,956	-	2,956	2582
Heating & lighting	3,985	-	3,985	4,101
Insurances	1,756	-	1,756	1,609
Caretaking and cleaning	1,561	-	1,561	1,661
Repairs & maintenance - equipment	104	-	104	386
Repairs & maintenance – property	1,733	-	1,733	3,466
Equipment purchases	485	-	485	-
	12,580	-	12,580	13,805
7 Operational expenses				
Volunteers expenses	194	-	194	329
Travel expenses	1,110	-	1,110	9
Stationery & postages	166	-	166	114
Printing & photocopying	87	-	87	500
Computer & technology expenses	1,115	-	1,115	302
Telephone & communications	2,575	-	2,575	2,645
Branch Meetings	1,750	-	1,750	-
Accountancy	1,708	-	1,708	-
Consultancy & Professional Fees	345	-	345	-
	9,050	-	9,050	3,899
8 Publicity expenses				
Publicity and outreach	-	-	-	213
9 Governance costs				
Trustees meeting expenses	35	-	35	35
Fees paid	3,604	-	3,604	1,326
	3,639	-	3,639	1,361
10 Staff Costs				
Salaries	7,799	-	7,799	3,360
11 Sundry expenses				
Staff training	272	-	272	297
Subsistence	688	-	688	707
Health & Safety	402	-	402	-
	1,362	-	1,362	1,004
TOTAL PAYMENTS	34,430	-	34,430	23,643

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2023 Continued

11. Assets retained for Charity use

Fixed assets retained for Charity use is the freehold house at 11 College Place, purchased 16th May 2003. The premises are held primarily for charitable purposes, although these premises are part let to raise additional funds.

The property was revalued at 17th March 2022 by Lauren Udall MRICS of Keygrove Commercial Limited, Chartered Surveyors. The valuation was prepared in accordance with the RICS Valuation – Global Standards as published by the Royal Institution of Chartered Surveyors, July 2017. The property was valued on an open market basis at £475,000. At the date of revaluation, the freehold property investment carried a historical cost of £539,373.

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2023 £	Total Funds Year Ending 31 March 2022 £
12 Liabilities				
Other creditors	-	-	-	276
Accountancy fees	1,020	-	1,020	990

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales - Charity number 1170928

Accounts

Charity Registration Number 1170928

SAMARITANS SOUTHAMPTON AND DISTRICT

FINANCIAL STATEMENTS

AND TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

SAMARITANS SOUTHAMPTON AND DISTRICT CIO
FINANCIAL STATEMENTS & TRUSTEES ANNUAL REPORT
YEAR ENDED 31 MARCH 2022

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SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Reference and Administrative Details

Legal Status

Samaritans Southampton and District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton and District are:

The Samaritans of Southampton

The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

Gerard Donnelly

Robert Douglas (resigned 4/3/21)

Julie Smith (resigned 24/3/22)

Peter Bunting (resigned 30/8/21)

Christine Robinson (appointed 20/10/21)

Ann Bradshaw (appointed 20/10/21)

Paula Turvey (appointed 31/12/21 & resigned
01/06/22)

Wendy Birdsey (resigned 31/12/21)

Karen Oborn (appointed 24/3/22)

Nichola Kirby (appointed 19/09/22)

Registered Office

11 College Place

London Road

Southampton

SO15 2FE

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

**TRUSTEES ANNUAL REPORT
YEAR ENDED 31 MARCH 2022**

Independent Examiner

Parry Hancock
Webb house
20 Bridge Road
Park Gate
Southampton
SO31 7GE

Bankers

Barclays Bank Plc
54 Lombard Street
London
EC3P 3AH

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Structure, Governance and Management

The Trustees

The Trustees present their report and the financial statements of the Charity for the year ended 31st March 2022. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The Board of Trustees continue to be satisfied that the Charity is continuing to deliver an effective and efficient service. It also considers that despite challenges, it is continuing to effectively manage its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the Charity

Subject to the provisions of its constitution, the affairs of the Charity are managed by a Board of Trustees, who meet four times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

Members of the Board of Trustees are elected at an Annual General Meeting and consists of the following members, in total not numbering more than thirteen:

- a) A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members.
- b) A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the Charity.
- c) Co-opted members up to a maximum of one third of the Board of Trustees (excluding co-opted members).

Induction

The Samaritan volunteers are invited by the Board of Trustees to nominate themselves to join the board each year prior to the Annual General Meeting.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All Trustees are trained in-house and are required to complete online Management Training available on Samaritans intranet. Each Trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, this ensuring that they are aware of the commitment and duties they are undertaking. Further training of Trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

The organisation structure of the Charity and how decisions are made

The Charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adapted to meet the needs of the Charity.

Relationships between the Charity and related parties, including its subsidiaries

Other than the national Samaritans organisation, there are no transactions with any other related parties.

The major risks to which the Charity is exposed and reviews and systems to mitigate risks

The Trustees identify the major risks to which the Charity is exposed each financial year in particular those related to the operations and finances of the Charity. The Trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

Objectives, Public Benefit and Activities

A summary of the objectives of the Charity as set out in its governing document.

To summarise, the Charity's objectives are:

- a) To enable persons in Southampton and surrounding area who are experiencing feelings of distress and despair, including those who may be at risk of suicide. To receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objectives.

The Charity's aims, including the changes or differences it seeks to make through its activities, are to:

- a) Support the Samaritans Central Charity mission that fewer people die by suicide.
- b) Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- c) Give people ways to cope and the skills to be there for others.
- d) Campaign to make suicide prevention a local priority.
- e) Work as part of a regional team to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our centre in Southampton, and outside our centre as part of our Outreach programme in schools and workplaces within the Southampton area.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

The Charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a regional rota achieving these objectives. Achieved predominately via telephone, this objective is also through email and face-to face contact. However, face-to-face contact has been suspended since March 2020.

The Charity's strategies for achieving its stated objectives are to:

- a) Generate enough funds for the day-to-day operation of the Charity and to maintain its property in the centre of Southampton, providing for face-to-face contact and the base for our administration and fundraising, and generating income from a part of the building that is not used directly for charitable work.
- b) Recruit and train sufficient volunteers to provide the constant support required by the Charity's main objective.
- c) Publicise the Charity to raise awareness of the work it does.

Details of significant activities (Including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton and District's most significant activity was responding to telephone contacts and email contacts. In addition, the Charity has conducted various online events to promote the work of the Charity and provide emotional resilience workshops.

The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the Charity, and providing caller support which is the main objective of the Samaritans. There is one paid member of staff: a cleaner who is employed for six hours a week.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Achievements and Performance

A review of charitable activities undertaken by the Charity

The period under review was another busy one for the Southampton and District branch of Samaritans.

April 2021 - March 2022

No. of active listening volunteers	90
No. of inbound calls	14,861 (4,159 hours on the phone)
No. of outbound calls	152 (30 hours on phone)
No. of email replies	2152 (1,076 hours)

During the past period we have continued to communicate the work of Samaritans to our community by distributing information and giving personal talks to a variety of groups and organisations, workplaces, mainly via online platforms.

Fundraising activities

We continued to ensure that funds were sufficient to provide for our needs by aiming to always have at least six months funding available to pay for our day to day expenditure. We receive no allotted funding directly; therefore we raise all our funds through a number of fundraising activities, in addition to renting out the front of our building to a marketing company. However, like all charities, the pandemic continued to hinder our usual fundraising activities. Despite these circumstances many supporters found ways to continue to support us. We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans. We wish to record our sincere thanks to numerous local businesses, including some local churches, clubs and organisations, who have given donations both during the period under review and in the past. As restrictions are easing, we hope that many of these supporters will be able to reinstate their fundraising activities, such as legacies and regular donations and internal events.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Duty room refurbishment

The main room where our volunteers provide our support services to callers from was tired and in need of refurbishment. We reached out to a national building company, Golding Construction Services Ltd, via LinkedIn who kindly offered assistance. In September 2021 the leadership team agreed to close the branch for a period of six days to enable the room to be fully upgraded. This included complete redecoration of walls, improved soundproofing and replacement floor covering, significant data and electrical cable management and upgrading the duty station furniture. Sincere thanks to Jamie Golding and his team for providing the materials and manpower to achieve this.

Recruitment

Despite the pressures of the pandemic, we continued to recruit new volunteers. For the period, all training was achieved via online modules and in person remote 'zoom' sessions. We currently have around five hundred potential volunteers from the Southampton area who would like to become involved in the Charity. The number of recruiters, trainers and mentors available from our internal listening volunteers determines our capacity, currently we are able to onboard approximately thirty-six new volunteers per year.

Training

It's vital for all volunteers to continue to develop their skills and keep up to date with any changes to Samaritans policies. This continuous development is achieved via online self-learning together with remote and in branch training sessions.

Promoting our work within the local community

We continue to influence local policy concerning suicide prevention, via the Southampton Suicide Prevention forum, which meets six times per year.

During the period, we attended various outreach activities, including:

- a) Southampton University (Facility management department)

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

- a) Local music event for 14 - 16 year olds
- b) Local church Mental Health Awareness session
- c) Presentation to student nurses at Southampton University

Factors relevant to the achievement of the Charity's objectives

The Charity is totally dependent on the services of volunteers. The core aim of all listening volunteers is to support our callers but many other tasks including, but not limited to, recruitment, training, volunteer support, administration, outreach, building management, IT support, health and safety needs to be undertaken and this is completed in house by our volunteers. The Director records his sincere appreciation for the extraordinary service and work provided by the volunteers.

Financial Review

Policy on reserves

The Trustees try to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £65,446 (2021 £62,072).

Principle funding sources and how expenditure in the period under review has supported the key objectives of the Charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the Charity.

Availability and adequacy of assets of each of the funds

The Board of Trustees is satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the Trustees consider the financial position by the Charity during the period to have been satisfactory.

The receipts and payments analysis shows an excess of receipts over payments for the period of £4,640 (2021 net income of £29,796) with the total bank balances at the period end of £66,712 (2021 £62,072).

The total expenditure is spent on direct charitable purposes and support, a full breakdown of income and expenditure is reflected within the financial statements which are included separately within this annual report.

The charity has identified some undisclosed PAYE liabilities and is currently in the process of agreeing the position with HMRC under their voluntary disclosure process. The liability is expected to be in the region of £2,800 but may be as high as £6,500, excluding penalties and interest.

Plans for future periods

The aim of the charity is to ensure that the Southampton and District branch of Samaritans is able to continue to provide the service to callers in future periods. To be more available at times of greatest need and to be visible and active within the local community, supporting the Samaritans new five year strategy. Additionally, we aim to continue to offer all volunteers a supportive and positive experience, to involve as many volunteers as possible in roles throughout the branch and to ensure and embed good governance.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2022

Responsibilities of Trustees

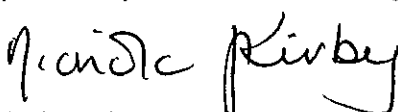
The trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:


Nichola Kirby
Chair of Trustees and Branch Director

10 October 2022

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2022

I report to the trustees on my examination of the accounts of the Samaritans Southampton and District CIO (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Mrs Lucy A Parry ACA

Address: Parry Hancock, Webb House, 20 Bridge Road, Park Gate, Southampton SO31 7GE

Date: 18th October 2022.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Receipts and Payments Account Year Ended 31 March 2022

	<i>Note</i>	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2022	Total Funds Year Ending 31 March 2021
		£	£	£	£
Receipts					
Donations	2	9,327	-	9,327	8,689
Grants received	3	-	-	-	28,609
Investment income	4	14,210	-	14,210	12,003
Other trading activities (net)	5	4,746	-	4,746	5,468
Total		28,283	-	28,283	54,769
Payments					
Premises expenditure	6	17,165	-	17,165	22,050
Operational expenses	7,8,9	5,474	-	5,474	2,602
Sundry expenses	10	1,004	-	1,004	321
Total		23,643	-	23,643	24,973
Net of receipts (payments)		4,640	-	4,640	29,796
Cash funds last year		62,072	-	62,072	32,276
Cash funds this year		66,712	-	66,712	62,072


SAMARITANS SOUTHAMPTON AND DISTRICT CIO

FINANCIAL STATEMENTS

Statement of Assets & Liabilities as at 31 MARCH 2022

	<i>Note</i>		Total Funds Year Ending 31 March 2022 £	Total Funds Year Ending 31 March 2021 £
Cash funds and in hand		Unrestricted funds	66,712	62,072
Asset retained for Charity Use	11	Designated funds	475,000	539,373
Liabilities	12	Unrestricted funds	1,266	-

Signed on behalf of the Trustees:

 10 October 2022

Karen Oborn
Treasurer and trustee

The notes on pages 17 to 22 form part of these financial statements

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2022

1. Principle Accounting Policies

a) Basis for accounts preparation

The financial statements have been prepared using the receipts and payments basis in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- (i) When donors specify that donations given to the charity must be used in future accounting periods:
- (ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received.

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2022 Continued

c) Expenditure

Expenditure is accounted for on a cost basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered.

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers.

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity.

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2500.

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over its expected life.

e) Funds

Unrestricted funds

Can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds

Funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund.

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

**NOTES FORMING PART OF THE FINANCIAL ACCOUNTS
YEAR ENDED 31 MARCH 2022 Continued**

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2022	Total Funds Year Ending 31 March 2021
	£	£	£	£
2 Donations - General				
Bequests & Legacies	3,415	-	3,415	1,029
Donations from individuals	3,523	-	3,523	1,946
Donations from business	2,389	-	2,389	5,714
	<u>9,327</u>		<u>9,327</u>	<u>8,689</u>
3 Grants				
Grants received	-	-	-	28,609
4 Income from investments				
Rent received	14,200	-	14,200	12,000
Bank interest received	10	-	10	3
	<u>14,210</u>	-	<u>14,210</u>	<u>12,003</u>
5 Income from other trading activities				
Miscellaneous fundraising activities	4,746	-	4,746	5,556
Less fundraising expenses	-	-	-	88
	<u>4,746</u>	-	<u>4,746</u>	<u>5,468</u>
TOTAL RECEIPTS	<u>28,283</u>	-	<u>28,283</u>	<u>54,769</u>

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2022 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2022	Total Funds Year Ending 31 March 2021
	£	£	£	£
6 Premises expenditure				
Rates & water	2,583	-	2,583	2,248
Heating & lighting	4,101	-	4,101	3,769
Insurances	1,609	-	1,609	1,469
Caretaking and cleaning	5,021	-	5,021	3,397
Repairs & maintenance - equipment	386	-	386	965
Repairs & maintenance - property	3,466	-	3,466	9,718
Equipment purchases	-	-	-	457
	17,165	-	17,165	22,050
7 Operational expenses				
Volunteers expenses	329	-	329	-
Travel expenses	9	-	9	9
Stationery & postages	114	-	114	125
Printing & photocopying	500	-	500	228
Computer & technology expenses	302	-	302	229
Telephone & communications	2,645	-	2,645	1,979
	3,899	-	3,899	2,570
8 Publicity expenses				
Publicity and outreach	213	-	213	-
9 Governance costs				
Trustees meeting expenses	35	-	35	-
Bank charges	-	-	-	-
Fees paid	1,326	-	1,326	32
	1,361	-	1,361	32
10 Sundry expenses				
Staff training	297	-	297	7
Subsistence	707	-	707	314
	1,004	-	1,004	321
TOTAL PAYMENTS	23,643	-	23,643	24,973

SAMARITANS SOUTHAMPTON AND DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2022 Continued

11. Assets retained for Charity use

Fixed assets retained for Charity use is the freehold house at 11 College Place, purchased 16th May 2003. The premises are held primarily for charitable purposes, although these premises are part let to raise additional funds.

The property was revalued at 17th March 2022 by Lauren Udall MRICS of Keygrove Commercial Limited, Chartered Surveyors. The valuation was prepared in accordance with the RICS Valuation – Global Standards as published by the Royal Institution of Chartered Surveyors, July 2017. The property was valued on an open market basis at £475,000. At the date of revaluation, the freehold property investment carried a historical cost of £539,373.

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2022 £	Total Funds Year Ending 31 March 2021 £
12 Liabilities				
Other creditors	276	-	276	-
Accountancy fees	990	-	990	-

SAMARITANS SOUTHAMPTON AND DISTRICT

England & Wales - Charity number 1170928

Accounts

The logo for Samaritans, featuring the word "SAMARITANS" in white, uppercase, sans-serif font inside a green rectangular box. The box has small white tick marks at the top and bottom edges.

SAMARITANS

Southampton & District

An illustration of two hands shaking. The hand on the left is wearing a yellow sleeve, and the hand on the right is wearing a white sleeve with a watch. The background is a teal color with abstract shapes.

Financial Statements and Trustees Annual Report

Year ended 31 March 2021

Charity Registration Number 1170928

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Trustees Annual Report

Reference and administrative details

Legal status

Samaritans Southampton and District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton and District are:

- The Samaritans of Southampton
- The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

- Ms Wendy Birdsey
- Mr Gerard Donnelly
- Mr Peter Bunting
- Ms Julie Smith (appointed 23/09/2020)
- Mr Robert Douglas (appointed 28/11/2020)
- Ms Liz Stone (appointed 28/11/2020, resigned 19/3/21)
- Mr Gordon Watson (resigned 23/09/2020)
- Ms Gillian Baston (resigned 23/09/2020)

Registered Office

11 College Place
London Road
Southampton SO15 2FE

Independent Examiner

Martin Young Accountants
90 Sherbourne Drive
Salisbury
Wiltshire SP4 6GA

Bankers

Barclays Bank Plc
54 Lombard Street
London EC3P 3AH



Structure, governance and management

The trustees

The trustees (listed on page 3) present their report and the financial statements of the charity for the year ended 31st March 2021. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The board of trustees continue to be satisfied that the charity is continuing to deliver an effective and efficient service. It also considers that despite challenges, it is continuing to effectively manage its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the charity

Subject to the provisions of its constitution, the affairs of the charity are managed by a Branch Leadership team, which meets eight times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

The Committee are elected at an Annual General Meeting and consists of the following members:

- a. A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members
- b. A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the charity.

- c. Co-opted members up to a maximum of one third of the Committee (excluding co-opted members)

Induction

The Samaritan volunteers (listening and support) are invited by the committee to become trustees as vacancies occur on completion of the term of office by existing trustees. Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All trustees are trained in-house and expected to go on Samaritans intranet and follow the online Management Training available there. Each trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking. Further training of trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

Meetings

The trustee committee meets regularly at least four times a year.

The organisation structure of the charity and how decisions are made

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adopted to meet the needs of the branch.

Relationships between the charity and related parties, including its subsidiaries

Other than the national Samaritans organisation there are no transactions with any other related parties.

The major risks to which the charity is exposed and reviews and systems to mitigate risks

The trustees identify the major risks to which the charity is exposed each financial year when preparing and updating its strategic plan; in particular, those related to the operations and finances of the charity. The trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

Relationships with other groups, charities and individuals

Volunteers are entitled to claim expenses incurred on charity work. Many of the volunteers not only give their time and services free, but also donate their expenses received to which they are entitled, back to the charity.

Objectives, public benefit and activities

A summary of the objectives of the charity as set out in its governing document

To summarise:

The charity's objectives are:

- To enable persons in Southampton and surrounding area as well as elsewhere who are experiencing feelings of distress and despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- To collaborate with and support Samaritans Central charity and its affiliated branches in fulfilling these objectives..

The charity's aims, including the changes or differences it seeks to make through its activities, are:

- To support the Samaritans Central Charity mission that fewer people die by suicide.
- Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- Giving people ways to cope and the skills to be there for others.
- Campaign to make suicide prevention a local priority.
- To work as part of a regional team to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our Centre in

Southampton, and outside our Centre as part of our Outreach programme in schools and workplaces within the Southampton area.

The charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a regional rota achieving these objectives. Mostly this is by telephone, but is also through email and face-to-face contact. However, face-to-face contact has been suspended since March 2020.

The charity's strategies for achieving its stated objectives are:

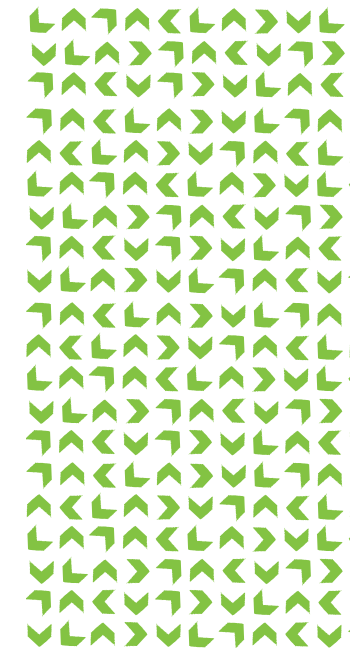
- Generate enough funds for the day-to-day operation of the charity and to maintain its property in the centre of Southampton, which provides a face-to-face contact centre and the base for our administration and fundraising, as well as providing income from a part of the building that is not used directly for charitable work.
- Recruit and train sufficient volunteers to provide the constant support required by the charity's main objective.
- Publicise the charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton and District's most significant activity was responding to telephone contacts and email contacts. In addition, the Branch has conducted various online events to promote the work of the charity and provide emotional resilience workshops.

The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the charity, and providing caller support which is the main objective of the Samaritans. There is only one paid member of staff: a cleaner who is employed for six hours a week.



Achievements and performance

A review of charitable activities undertaken by the charity

The period under review was another busy one for the Southampton and District branch of Samaritans. During the past period we have increased our activities to communicate the work of Samaritans to our community by distributing information and giving personal talks to a variety of groups and organisations, including schools, colleges and workplaces, mainly via online platforms.

Fundraising activities

Like all charities, the beginning of April 2020 was a major concern as the pandemic lockdowns brought a halt to traditional fundraising activities. Events were cancelled or postponed. Our annual quiz had to be cancelled and street collections suspended. Thankfully, many supporters

found ways of carrying out fundraising, such as running 10K in their garden or during permitted exercise sessions. We also benefitted from virtual events, which is testament to the creativity that surfaced in those challenging times. This helped prevent a huge drop in our fundraising income. We are so grateful that it was only 27% lower than the previous year.

We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans. We wish to record our sincere thanks to numerous local businesses, including some local churches, clubs and organisations, who have given donations both during the period under review and in the past. As restrictions are easing, many of these supporters will hopefully be able to reinstate their fundraising activities.

A significant donation of £25,000 was received from local government to support us through the Covid-19 pandemic. We were also involved in a joint outreach venture with two neighbouring branches to support men aged between 35–55 years old. This work touched around 400 people and we shared a grant donated by Southampton City Council (just over £2,000 for Southampton).

Factors relevant to the achievement of the charity's objectives

The charity is totally dependent on the services of volunteers. The director records his sincere appreciation for the extraordinary service and work provided by the volunteers.



Financial review

Policy on reserves

The trustees try to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £62,072 (2020 £32,276)

Principle funding sources and how expenditure in the period under review has supported the key objectives of the charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the charity

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the trustees consider the financial position by the charity during the period to have been satisfactory.

The receipts and payments analysis shows an excess of receipts over payments for the period of £29,796 (2020 net income of £1,324) with the total bank balances at the period end of £62,072 (2020 £32,276).

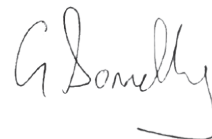
The total expenditure is spent on direct charitable purposes and support and a full breakdown of income and expenditure is reflected within the Statements of Financial Activities (SOFA) which are included separately within this annual report.

Plans for future periods

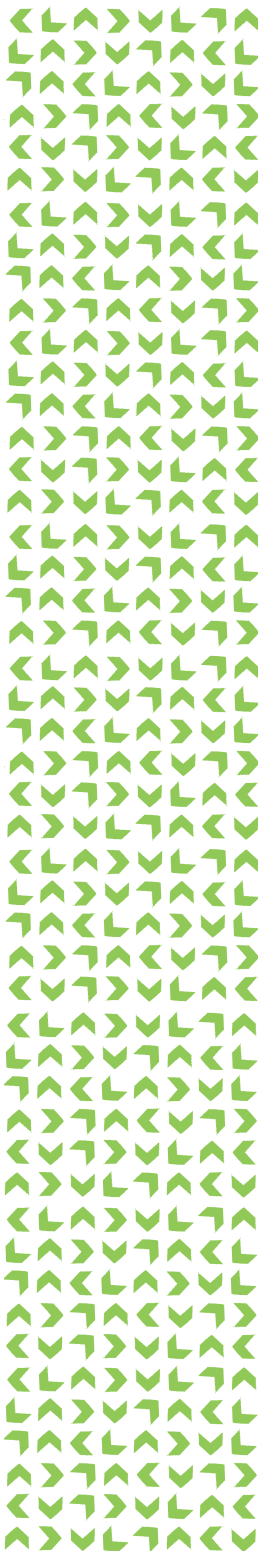
- Be more available at times of greatest need
- Be visible and active within the local community
- Continue to offer all volunteers a supportive and positive experience
- Involve as many volunteers as possible in roles throughout the branch
- Ensure and embed good governance

Approved by the trustees on 23rd November 2021

Signed on their behalf by Gerard Donnelly



Chair of trustees and Branch Director



Responsibilities of trustees

The trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom generally accepted accounting practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

By order of the trustees

Julie Smith



Treasurer and trustee
23rd November 2021



Independent Examiner's Report

I report on the unaudited accounts of the charity for the year ended 31st March 2021 set out on pages 9-15.

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity under section 145(5b) of the 2011 Act: and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit

and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention, which gives me reasonable cause to believe that in any material respect, the requirements:

- a. to keep accounting records in accordance with section 130 of the 2011 Act; and
- b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Martin Young

Martin Young & Co Accountants
90 Sherbourne Drive
Salisbury
SP4 6GA

Dated 30/09/2021

Financial Statements

Statement of financial activities for year ended 31st March 2021

	Note	Unrestricted funds	Restricted funds	Year ended 31/03/21	Year ended 31/03/20
		£	£	£	£
1 INCOME					
INCOME FROM:					
Donations	2	8689	-	8689	9454
Grants received	3	28609	-	28609	1000
		37298	-	37298	10454
Investment income	4	12003	-	12003	13305
Other trading activities (net)	5	5468	-	5468	8676
Total Income		54769	-	54769	32435
EXPENDITURE ON:					
Premises expenditure	6	22050	-	22050	26290
Operational expenses	7,8,9	2602	-	2602	4576
Sundry expenses	10	321	-	321	245
Total Expenditure		24973	-	24973	31111
Other recognised gains/(losses)		-	-	-	-
Net Income/expenditure		29796	-	29796	1324
Net movement in funds		29796	-	29796	1324
RECONCILIATION OF FUNDS					
Total Funds Brought Forward		571649	-	571649	570325
Total Funds Carried Forward		601445	-	601445	571649

Notes to the financial statements for year ended 31st March 2021

	Unrestricted funds	Restricted funds	Year ended 31/03/21	Year ended 31/03/20
	£	£	£	£
2 DONATIONS - GENERAL				
Bequests and Legacies	1029	-	1029	359
Donations from individuals	1946	-	1946	1968
Donations from business	5714	-	5714	7127
	8689	-	8689	9454
3 GRANTS				
Grants received	28609	-	28609	1000
4 INCOME FROM INVESTMENTS				
Rent received	12000	-	12000	13300
Bank interest received	3	-	3	5
	12003	-	12003	13305
5 INCOME FROM OTHER TRADING ACTIVITIES				
Miscellaneous fundraising activities	5556	-	5556	9458
Less: fundraising expenses	(88)	-	(88)	(782)
	5468	-	5468	8676
TOTAL INCOME	54769	-	54769	32435

Notes to the financial statements for year ended 31st March 2021 continued

	Unrestricted funds	Restricted funds	Year ended 31/03/21	Year ended 31/03/20
	£	£	£	£
6 PREMISES EXPENDITURE				
Rates and water	2248	-	2248	3975
Heating and lighting	3769	-	3769	4252
Insurances	1496	-	1496	1427
Caretaking and cleaning	3397	-	3397	2983
Repairs and maintenance - Equipment	965	-	965	738
Repairs and maintenance - Property	9718	-	9718	11708
Equipment purchases	457	-	457	1207
	22050	-	22050	26290
7 OPERATIONAL EXPENSES				
Volunteers expenses	-	-	-	199
Travel expenses	9	-	9	228
Stationery and postages	125	-	125	157
Printing and photocopying	228	-	228	537
Computer and technology expenses	229	-	229	189
Telephone and communications	1979	-	1979	1423

	Unrestricted funds	Restricted funds	Year ended 31/03/21	Year ended 31/03/20
	£	£	£	£
	2570	-	2570	2733
8 PUBLICITY EXPENSES				
Publicity and outreach	-	-	-	229
9 GOVERNANCE COSTS				
trustees meeting expenses	-	-	-	-
Bank charges	-	-	-	-
Fees paid	32	-	32	1614
	32	-	32	1614
10 SUNDRY EXPENSES				
Staff training	7	-	7	-
Subsistence	314	-	314	245
	321	-	321	245
Expenditure on charitable activities	24973	-	24973	31111

Comparative SOFA for year ended 31st March 2021

	Unrestricted funds	Restricted funds	Year ending 31/03/20
	£	£	£
INCOME			
INCOME FROM:			
Donations	9454	-	9454
Grants received	1000	-	1000
	10454	-	10454
Investment income	13305	-	13305
Other trading activities (net)	8676	-	8676
Total Income	32435	-	32435
EXPENDITURE ON:			
Premises expenditure	26290	-	26290
Operational expenses	4576	-	4576
Sundry expenses	245	-	245
Total Expenditure	31111	-	31111
Other recognised gains/ (losses)	-	-	-
Net Income	1324	-	1324
Net movement in funds	1324	-	1324
RECONCILIATION OF FUNDS			
Total Funds Brought Forward	570325	-	570325
Total Funds Carried Forward	571649	-	571649

Details of items in statement of financial activities and balance sheet

	Note	Year ended 31/03/21		Year ended 31/03/20	
		£	£	£	£
FIXED ASSETS					
TANGIBLE FIXED ASSETS					
Freehold Property	2		539373		539373
			539373		539373
CURRENT ASSETS					
Cash at bank - current accounts		57364		28792	
Cash at bank - deposit account		4708		3484	
		-	62072	-	32276
Total Net Assets			601445		571649
FUNDS					
UNRESTRICTED FUNDS					
Designated Funds			539373		539373
Free Reserves			62072		32276
RESTRICTED FUNDS			-		-
Total Funds			601445		571649

Notes to the financial statements year ended 31 March 2021

Accounting policies

a) Basis for accounts preparation

The financial statements have been prepared under the historical cost convention in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- i. When donors specify that donations given to the charity must be used in future accounting periods:
- ii. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers

c) Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2500

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over its expected life

e) Freehold property

No depreciation has been charged on freehold property as the trustee board considered that the property is maintained to a sufficiently high standard that no diminution in the value has taken place. The trustees consider that the residual value of the freehold property materially exceeds the book value and an independent valuation will take place to determine its current market value

f) Funds

Unrestricted funds

Can be used in accordance with the charitable objects at the discretion of the trustees

Designated funds

Are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects

Restricted funds

Can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund



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SAMARITANS

trustees: Ged Donnelly, Ann Bradshaw, Wendy Birdsey, Julie Smith, Robert Douglas

Samaritans Southampton & District is a charitable incorporated organisation registered in England and Wales (1170928).

Our registered office is located at 11 College Place, London Road, Southampton, Hampshire SO15 2FE.