

Charity registration number: 1170881



Alumah Charitable Incorporated Organisation

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Alumah Charitable Incorporated Organisation

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Alumah Charitable Incorporated Organisation

Reference and Administrative Details

Chairman	Yvonne Devereux
Chief Executive Officer	Liz Jenkins
Charity Registration Number	1170881
Principal Office	Harvey Adam Enterprise Centre Wimbledon Avenue Brandon Suffolk IP27 0NZ
Independent Examiner	Lisa King FCCA MAAT 8 The Hamiltons Newmarket Suffolk CB8 0NF

Alumah Charitable Incorporated Organisation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

The trustees during the year under review were:

Yvonne Devereux - Chair
Nicola M. Lambert (resigned December 2024)
Mary Jane Newton (appointed October 2024)
Steve Rudkin (appointed October 2024)
Anuj Saboo (appointed October 2024)
Jan Sequeira (appointed October 2024)
Julia Trmbling (appointed October 2024)
Nikita Umwali (resigned April 2024)
Peter Templeton

In preparing this report the trustees have had regard to the guidance issued by the Charity Commission and are bound by the constitution of Alumah.

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

Objectives and activities

The principal objects of the charity are:

- the relief of young people and adults who are the survivors and victims of domestic abuse;
- to advance the education of such survivors and victims.

Achievements and performance of the Charity

Alumah's vision is to see people living fulfilled lives, free from abuse or the impact of abuse. We will achieve this through education, support, and empowerment, which are our values.

We offer a welcoming place, in which domestic abuse victims can rediscover their self-worth and be empowered to find a life that is better than living with abuse; a life that they can dream about and take steps to begin to achieve.

In 2024 - 2025, Alumah supported 535 individuals from West Suffolk and beyond, to take steps towards their recovery from the impact of being in abusive relationships. We have also reached more people who live outside of West Suffolk via our online programmes.

We offered our clients (women, men, people who identify as LGBTQ+, young people aged 12 – 24 years and children aged 7 – 11 years), the following:

- Targeted group work focusing on healthy relationship patterns and building self-esteem,
- 1:1 support
- Subsidised specialist counselling
- Online or face to face support
- Creative group
- The opportunity to become involved as a volunteer
- Links to other agencies to support them in their journey

Alumah Charitable Incorporated Organisation

Trustees' Report (continued)

The support provided is delivered through a variety of programmes;

- Evolve – online self-esteem course
- Curve – women only groups, men only groups, LGBTQ+ group
- Counselling
- Escape the Trap (young people aged 12 – 20)
- Workshops for young people
- Horizon Programme for children aged 7 – 11 years.

Of the 535 individuals we supported from April 2024 – March 2025

- 51 were children.
- 114 were young people.
- 337 were adults of whom
- 33 were adults accessing only counselling
- 365 were female
- 117 were male
- 2 identified as 'other'
- and 51 chose not to identify

The previous year (2023 – 2024), Alumah supported

- 34 children
- 46 young people
- 152 adults of whom, 86 identified as female, 47 as male and 19 chose not to identify

Over the last year, we have seen an increase in referrals from Adult Social Care. Previously, due to staffing changes and internal restructuring, referrals from this source had significantly declined. As new staff have settled into their roles and become more aware of Alumah's services, referral pathways have reopened and strengthened. Additionally, we have received referrals from several new organisations, contributing to the overall rise in demand for our support services.

Successes

Strengthened Governance: The recruitment of five new trustees has significantly enhanced the governance of Alumah. The board now benefits from a broader range of skills and professional experience, leading to more robust oversight, stronger decision-making, and improved strategic direction.

Service Expansion: In response to increased demand, we successfully expanded our programmes across more community locations and education settings, enabling us to reach a wider and more diverse group of clients.

Positive Client Outcomes: Feedback and outcome data show that clients consistently report improved emotional wellbeing, reduced isolation, and greater understanding of healthy relationships following their involvement with Alumah.

Collaborative Working: Alumah has strengthened relationships with key local partners, including schools, domestic abuse forums, and community agencies, enhancing referral pathways and joint working practices.

Funding Growth: We secured several key grants that have enabled service continuity and some strategic growth, despite a challenging fundraising environment.

Alumah Charitable Incorporated Organisation

Trustees' Report (continued)

Revamped Youth Workshops: We have refreshed and updated our two core workshops for young people—focusing on healthy relationships and self-esteem. These revisions ensure content remains relevant, engaging, and impactful, supporting early intervention and resilience-building among young participants.

Challenges

Alumah continues to face the challenge of securing sustainable funding and diversifying our income streams. While demand for our trauma-informed services remains high—reflected in significant waiting lists—our capacity to respond is limited by financial constraints. Without the necessary resources to recruit additional staff, it becomes increasingly difficult to reduce waiting times and meet the needs of individuals seeking support. This highlights the urgent need for investment to ensure timely, life-changing interventions for those affected by domestic abuse.

Awards

Alumah was recognised as the Most Compassionate Domestic Abuse Support Charity in March 2025 by UK Enterprise Awards.

Funding

We are grateful to have received grants from:

National Lottery
Tudwick Foundation
Suffolk Giving Grantmaking Programme through Suffolk Community Fund
Garfield Weston Family Trust
Lucy House
Shadwell Grantmaking Programme
Players of Postcode Lottery
Suffolk Community Foundation through Non Fundholder Grantmaking Programme – La Doria
Suffolk Community Foundation Miller Truste Grantmaking Programme
Albert Hunt
JA Grant making Programme Suffolk Community
Tesco Stronger Starts
Co-operative Membership Programme

We also received £310 in general donations and fundraising activities, and ^{additional} ~~2-in~~ donations from counselling clients.

The trustees would like to thank all individuals and organisations who have donated funds. Without this funding, Alumah would not be able to support people at a time of crisis in their lives.

As trustees, we have carried out a detailed review of governance and set up sub committees (finance, health and safety, HR, marketing, safeguarding) to ensure the skills and expertise of trustees are utilised fully and meetings are focused. All policies have been reviewed to ensure that we meet all our requirements and recommended guidance.

Alumah Charitable Incorporated Organisation

Trustees' Report (continued)

Risk Management

The trustees confirm that they have considered the major risks to which the charity is exposed to and satisfied themselves that systems and procedures are established in order to manage those risks.

We would like to express our deep gratitude to our CEO, staff and volunteers who are so committed to Alumah and work tirelessly to provide high quality support to our clients.

A special thank you to our clients who put their trust in us and to all outside organisations who refer clients to us.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

Yvonne Devereux

Yvonne Devereux
Chairman and Trustee



Peter Templeton
Treasurer and Trustee

Alumah Charitable Incorporated Organisation

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Alumah Charitable Incorporated Organisation

Independent Examiner's Report to the trustees of Alumah Charitable Incorporated Organisation

I report to the trustees on my examination of the accounts of Alumah Charitable Incorporated Organisation for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of Alumah Charitable Incorporated Organisation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Alumah Charitable Incorporated Organisation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Alumah Charitable Incorporated Organisation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Lisa King
FCCA MAAT

8 The Hamiltons
Newmarket
Suffolk
CB8 0NF

Date: 16 January 2026

Alumah Charitable Incorporated Organisation

Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies		74,167	121,531	195,698
Total income		74,167	121,531	195,698
Expenditure on:				
Raising funds		(5,864)	-	(5,864)
Charitable activities		(56,378)	(60,875)	(117,253)
Total expenditure		(62,242)	(60,875)	(123,117)
Net income		11,925	60,656	72,581
Net movement in funds		11,925	60,656	72,581
Reconciliation of funds				
Total funds brought forward		16,620	2,863	19,483
Total funds carried forward	14	28,545	63,519	92,064
	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies		12,188	68,210	80,398
Total income		12,188	68,210	80,398
Expenditure on:				
Raising funds		(13,498)	(7,355)	(20,853)
Charitable activities		(3,784)	(104,498)	(108,282)
Total expenditure		(17,282)	(111,853)	(129,135)
Net expenditure		(5,094)	(43,643)	(48,737)
Net movement in funds		(5,094)	(43,643)	(48,737)
Reconciliation of funds				
Total funds brought forward		21,714	46,506	68,220
Total funds carried forward	14	16,620	2,863	19,483

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 14.

The notes on pages 10 to 16 form an integral part of these financial statements.

Alumah Charitable Incorporated Organisation

(Registration number: 1170881)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	9	2,457	3,275
Current assets			
Debtors	10	-	2,248
Cash at bank and in hand	11	<u>91,610</u>	<u>59,142</u>
		91,610	61,390
Creditors: Amounts falling due within one year	12	<u>(2,003)</u>	<u>(45,182)</u>
Net current assets		<u>89,607</u>	<u>16,208</u>
Net assets		<u>92,064</u>	<u>19,483</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		63,519	2,863
Unrestricted income funds			
Unrestricted funds		<u>28,545</u>	<u>16,620</u>
Total funds	14	<u>92,064</u>	<u>19,483</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 17th January 2026 and signed on their behalf by:

.....
Yvonne Devereux
Chairman and trustee

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Alumah Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Tangible fixed assets

Fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures and equipment	25% reducing balance

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds which have been set aside to fund particular future activities.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Donations and legacies;				
Donations from individuals	6,128	-	6,128	8,688
Gift aid reclaimed	2,384	-	2,384	-
Grants, including capital grants;				
Grants from other charities	65,655	121,531	187,186	71,710
	<u>74,167</u>	<u>121,531</u>	<u>195,698</u>	<u>80,398</u>

3 Expenditure on raising funds

a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total 2025 £	Total 2024 £
Allocated support costs		<u>5,864</u>	<u>5,864</u>	<u>20,853</u>

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Charitable activities		3,099	-	3,099	19,669
Staff costs		39,911	52,464	92,375	80,720
Allocated support costs		11,778	8,411	20,189	6,693
Governance costs		1,590	-	1,590	1,200
		<u>56,378</u>	<u>60,875</u>	<u>117,253</u>	<u>108,282</u>

5 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Independent examiner fees			
Examination of the financial statements	650	650	1,200
Other governance costs	701	701	-
Allocated support costs	239	239	-
	<u>1,590</u>	<u>1,590</u>	<u>1,200</u>

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

6 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	75,748	78,370
Pension costs	6,816	2,350
Other staff costs	9,811	-
	<u>92,375</u>	<u>80,720</u>

No employee received emoluments of more than £60,000 during the year

7 Independent examiner's remuneration

	2025 £	2024 £
Examination of the financial statements	<u>650</u>	<u>1,200</u>

8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

9 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2024	<u>5,994</u>	<u>5,994</u>
At 31 March 2025	<u>5,994</u>	<u>5,994</u>
Depreciation		
At 1 April 2024	2,719	2,719
Charge for the year	<u>818</u>	<u>818</u>
At 31 March 2025	<u>3,537</u>	<u>3,537</u>
Net book value		
At 31 March 2025	<u>2,457</u>	<u>2,457</u>
At 31 March 2024	<u>3,275</u>	<u>3,275</u>

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

10 Debtors

	2025 £	2024 £
Trade debtors	-	582
Prepayments	-	1,666
	<u>-</u>	<u>2,248</u>

11 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	91,610	59,130
Short-term deposits	-	12
	<u>91,610</u>	<u>59,142</u>

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	-	610
Other taxation and social security	800	579
Other creditors	503	502
Accruals	700	1,200
Deferred income	-	42,291
	<u>2,003</u>	<u>45,182</u>

13 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,366 (2024 - £2,350).

Alumah Charitable Incorporated Organisation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

14 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
General	16,620	74,167	(62,242)	28,545
Restricted funds	<u>2,863</u>	<u>121,531</u>	<u>(60,875)</u>	<u>63,519</u>
Total funds	<u>19,483</u>	<u>195,698</u>	<u>(123,117)</u>	<u>92,064</u>
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General	21,714	12,188	(17,282)	16,620
Restricted funds	<u>46,506</u>	<u>68,210</u>	<u>(111,853)</u>	<u>2,863</u>
Total funds	<u>68,220</u>	<u>80,398</u>	<u>(129,135)</u>	<u>19,483</u>