

Registered charity number
1170881

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees and Accounts

31 March 2021

Khan Adamson Limited
Chartered Accountant
Chelworth Industrial Estate
Cricklade
Swindon
Wiltshire
SN6 6HE

ALUMAH CHARITABLE INCORPORATED ORGANISATION
Charity Information

Trustees

Nicola M. Lambert - Chair of Trustees
Treena Horden
Tracey ~~XXXXXXXXXX~~ Stockdale .
Sarah Rhoades

CEO

Liz Jenkins

Address

67 Heath Road
Brandon
IP27 0EG

Registered charity number

1170881

Accountants

Khan Adamson Limited
Chartered Accountant
Chelworth Industrial Estate
Cricklade
Swindon
Wiltshire
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ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees

The Trustees present their annual report for the year ended 31 March 2021.

Structure, governance and management

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

The Trustees during the year under review were:

Nicola M. Lambert - Chair of Trustees
Treena Horden
Tracey Burdett-Deakin
Sarah Rhoades - appointed on 10 June 2020

Objectives and activities

The principal objects of the charity are; (a) the relief of young people and adults who are the survivors and victims of domestic abuse; (b) to advance the education of such survivors and victims.

Achievements and performance of the Charity

The year 2020-21 was dominated by the influence of the pandemic- which forced us to move all our work online. At the same time the recognition of domestic abuse as a serious problem continued to rise- as did the number of people referred to our services.

A big increase in funding enabled us to considerably expand the number of people we can support and to adapt our programme for both adults and young people to working online. We are proud to have developed a specialist course for members of the LGBTQ+ community impacted by abusive relationships.

Our long-term vision remains to see people living fulfilled lives, free from abuse or the impacts of abuse. We will achieve this through education, support, and empowerment.

97 adults received support this year.

32 took part in the online Freedom Programme- either as individuals or in a group. We are delighted that for the first time we were able to use translators to support speakers of other languages to access our programme.

10 took part in our specially written online self-esteem programme Evolve, a programme written specifically for online.

We launched Curve, our brand-new programme aimed at members of the LGBTQ+ community

15 clients benefited from subsidised 1-1 specialist counselling from our network of 5 sessional counsellors across West Suffolk.

12 young people took part in work based on Escape the Trap, a programme designed to support and help young people recognise teenage relationship abuse, this has been online and they found it hard to do this online due to the boundaries being creative. We anticipate numbers to rise when back face to face, over the next year.

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees

In response to high demand, we have developed a special programme for primary age children, specifically 7 – 11-year-olds, delivered in primary schools.

A significant increase in funding enabled us to employ 2 additional members of staff: our CEO and a Group facilitator.

In this year there has been an 360% increase in the number of people (both adults and young people) and people are accessing our online services from across Suffolk and bordering areas.

We are now using a cloud-based client record system to enable us to serve these people well.

We received grants from:

West Suffolk Council- community chest £5,870, Suffolk community fund Coronavirus Support £6,500, Charities aid foundation- Suffolk Coronavirus community fund £5,000, Suffolk community Fund £4,900, Tesco Groundworks £500, Suffolk Police Commissioners £14,803, National Lottery £9,000, Annie Tranmer Fund £500, Ganzoni Fund £1,000, Neighbourly £400, Foyle Foundation £7,500, Anglia Care Trust £2,000.

In addition, we received £342 in donations from the public and £909 in donations from counselling clients towards the cost of their counselling.

We would like to express our grateful thanks to all who have contributed. The trustees would also like to recognise the extraordinary commitment, energy, and expertise with which Alumah's staff (both paid and voluntary) have risen to the challenges and opportunities of this extraordinary year.

Case Study:

A, a 14-year-old boy had been showing inappropriate behaviour in school. He was calling female peers derogatory names and had been part of an incident in cyber abuse by sending inappropriate images to another peer. Police have been involved with this incident.

The school contacted Alumah as A has experienced domestic abuse from his father to mother and feels that A needed to be made more aware of his actions and how they may affect others around him. After a discussion with the school pastoral team it was decided that three approaches would be suitable; relationship workshop, a drop in and/or a self-esteem course. These would be discussed with A and let him decide with the approach he felt most comfortable with.

On meeting with him it was clear that he was not keen to talk at first, but we discussed why I wanted to see him and each option or support that was available to him, he decided that he would be interested in starting the relationship workshop. After a couple of weeks, A was comfortable talking with me, we talked about what kinds of relationships do you have and what they need, gender roles in relationships, setting boundaries, abuse – how and why it happens and the three Cs of a healthy relationship. Over the six weeks we also discussed the incident he was involved with, his fears and concerns about it, why it was wrong and that he realised that he should not have got involved, what he would do in a similar situation in the future. How it would affect him if it ever happened to him.

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees

Financial review

The statement of financial activities is set out on page 6. This shows net incoming resources of £23,681.

The Trustees are responsible for preparing the trustees annual report and financial statements in accordance with applicable law and UK Accounting Standards. They are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report.

On behalf of the Trustees



Nicola M. Lambert
Chair of Trustees

Dated: 17-8-21

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Independent examiner's report to the Trustees of Alumah

I report on the accounts of the charity for the year ended 31 March 2021 which are set out on pages 6 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hussain . A. Khan B.Sc., ACA
Khan Adamson Limited
Chartered Accountant
Chelworth Industrial Estate
Cricklade
Swindon
Wiltshire
SN6 6HE

ALUMAH CHARITABLE INCORPORATED ORGANISATION
Statement of Financial Activities
for the year ended 31 March 2021

	Unrestricted total funds	Unrestricted total funds
	2021 £	2020 £
INCOMING RESOURCES		
Voluntary income	56,574	10,504
TOTAL INCOMING RESOURCES	<u>56,574</u>	<u>10,504</u>
RESOURCES EXPENDED		
Costs of generating funds		
Charitable	31,471	14,630
Governance costs	1,422	1,155
TOTAL RESOURCES EXPENDED	<u>32,893</u>	<u>15,785</u>
NET INCOMING/ (OUTGOING) RESOURCES	<u>23,681</u>	<u>(5,281)</u>
 TOTAL FUNDS BROUGHT FORWARD	 5,490	 10,771
TOTAL FUNDS CARRIED FORWARD	<u>29,171</u>	<u>5,490</u>

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

ALUMAH CHARITABLE INCORPORATED ORGANISATION
Balance Sheet
as at 31 March 2021

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	2	1,207	832
Current assets			
Cash at bank and in hand		28,940	5,222
Creditors: amounts falling due within one year	3	(976)	(564)
Net current assets		<u>27,964</u>	<u>4,658</u>
Net assets		<u>29,171</u>	<u>5,490</u>
Reserves			
Unrestricted funds	4	<u>29,171</u>	<u>5,490</u>
Charity funds		<u>29,171</u>	<u>5,490</u>

These accounts were approved by the Trustees on 16.8.21



Nicola M. Lambert
Chair of Trustees

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Notes to the Accounts

for the year ended 31 March 2021

1 Accounting policies

Accounting convention

The accounts (financial statements) have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (FRSSE), and the Charities Act 2011 and applicable regulations.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Incoming resources

Voluntary income including donations received are included in the accounts in the year of receipt unless entitlement is conditional in which case the income will be deferred to the period in which the condition is to be met.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examiner fees and costs associated with the management of the charity.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds are unrestricted funds which have been set aside to fund particular future activities.

There were no restricted funds held at the end of the current year.

ALUMAH CHARITABLE INCORPORATED ORGANISATION
Notes to the Accounts
for the year ended 31 March 2021

2 Tangible fixed assets

	Fixtures and equipment £
Cost	
At 1 April 2020	832
Additions	375
At 31 March 2021	<u>1,207</u>
Depreciation	
At 31 March 2021	<u>-</u>
Net book value	
At 31 March 2021	<u>1,207</u>
At 31 March 2020	<u>832</u>

3 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxes and social security costs	255	-
Other creditors and accruals	721	564
	<u>976</u>	<u>564</u>

4 Unrestricted funds

	2021 £	2020 £
At 1 April 2020	5,490	10,771
Net incoming/ (outgoing) resources	23,681	(5,281)
At 31 March 2021	<u>29,171</u>	<u>5,490</u>

ALUMAH CHARITABLE INCORPORATED ORGANISATION
Schedule to the Statement of Financial Activities
for the year ended 31 March 2021

	Total 2021 £	Total 2020 £
VOLUNTARY INCOME		
Grants and donations received	<u>56,574</u>	<u>10,504</u>
RESOURCES EXPENDED		
Core activities:		
Wages and salaries	16,729	5,218
Courses for beneficiaries	4,205	4,450
Counselling	3,146	1,384
Books and course materials	1,011	-
Donations	445	-
Training costs	773	356
Travelling expenses	217	1,109
Room rent	41	355
Telephone and fax	436	159
Stationery printing and post	16	16
Information, publications and subscriptions	469	-
Insurance	488	374
Equipment expended	-	224
Software and internet	3,187	816
Sundry expenses	<u>308</u>	<u>169</u>
	<u>31,471</u>	<u>14,630</u>
Governance costs		
Accountancy	696	564
Management fees	576	474
Advertising	<u>150</u>	<u>117</u>
	<u>1,422</u>	<u>1,155</u>
TOTAL RESOURCES EXPENDED	<u>32,893</u>	<u>15,785</u>