

# ALUMAH CIO

England & Wales · Charity number 1170881

## Details

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**Status** Registered

**Legal form** CIO

**Company number** [CE009466](#)

**Registered** 2016-12-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Wimbledon Ave  
Industrial estate  
Brandon  
Suffolk  
IP27 0NZ

**Phone** 07770468698

**Email** [info@alumah.co.uk](mailto:info@alumah.co.uk)

**Website** <http://www.alumah.co.uk/>

## Activities

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**Objects:** (A) THE RELIEF OF YOUNG PEOPLE AND ADULTS WHO ARE THE SURVIVORS AND VICTIMS OF DOMESTIC ABUSE;(B) TO ADVANCE THE EDUCATION OF SUCH SURVIVORS AND VICTIMS.

**Activities:** Alumah tackles the long term impact of domestic violence on clients of all races and genders in West Suffolk. We empower clients to access support and change their thought patterns and behaviour to avoid future abusive relationships.we offer: 1. 3 core group programmes.2. A safe space for long term informal support and networking.3. An outreach programme to local young people

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability
- **Who:** Other Defined Groups

## Geography

- Suffolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£195,698	£123,117	-	-
2024-03-31	£80,398	£129,135	-	-
2023-03-31	£116,098	£70,771	-	-
2022-03-31	£54,447	£60,725	-	-
2021-03-31	£56,574	£32,893	-	-

## Trustees

Name	Role	Appointed
Anthony Colletta		2025-07-19
Lily Maguire		2025-07-10
Marissa Broadhurst		2025-07-19
Peter Templeton		2022-04-25
Steve Rudkin		2024-10-26

**ALUMAH CIO**

England & Wales - Charity number 1170881

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# Accounts

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Charity registration number: 1170881



# Alumah Charitable Incorporated Organisation

Annual Report and Financial Statements

for the Year Ended 31 March 2025

# **Alumah Charitable Incorporated Organisation**

## **Contents (continued)**

Reference and Administrative Details	1
Trustees' Report	2 to 5
Statement of Trustees' Responsibilities	6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 16

# **Alumah Charitable Incorporated Organisation**

## **Reference and Administrative Details**

<b>Chairman</b>	Yvonne Devereux
<b>Chief Executive Officer</b>	Liz Jenkins
<b>Charity Registration Number</b>	1170881
<b>Principal Office</b>	Harvey Adam Enterprise Centre Wimbledon Avenue Brandon Suffolk IP27 0NZ
<b>Independent Examiner</b>	Lisa King FCCA MAAT 8 The Hamiltons Newmarket Suffolk CB8 0NF

# **Alumah Charitable Incorporated Organisation**

## **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

The trustees during the year under review were:

Yvonne Devereux - Chair  
Nicola M. Lambert (resigned December 2024)  
Mary Jane Newton (appointed October 2024)  
Steve Rudkin (appointed October 2024)  
Anuj Saboo (appointed October 2024)  
Jan Sequeira (appointed October 2024)  
Julia Trmbling (appointed October 2024)  
Nikita Umwali (resigned April 2024)  
Peter Templeton

In preparing this report the trustees have had regard to the guidance issued by the Charity Commission and are bound by the constitution of Alumah.

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

### **Objectives and activities**

The principal objects of the charity are:

- the relief of young people and adults who are the survivors and victims of domestic abuse;
- to advance the education of such survivors and victims.

### **Achievements and performance of the Charity**

Alumah's vision is to see people living fulfilled lives, free from abuse or the impact of abuse. We will achieve this through education, support, and empowerment, which are our values.

We offer a welcoming place, in which domestic abuse victims can rediscover their self-worth and be empowered to find a life that is better than living with abuse; a life that they can dream about and take steps to begin to achieve.

In 2024 - 2025, Alumah supported 535 individuals from West Suffolk and beyond, to take steps towards their recovery from the impact of being in abusive relationships. We have also reached more people who live outside of West Suffolk via our online programmes.

We offered our clients (women, men, people who identify as LGBTQ+, young people aged 12 – 24 years and children aged 7 – 11 years), the following:

- Targeted group work focusing on healthy relationship patterns and building self-esteem,
- 1:1 support
- Subsidised specialist counselling
- Online or face to face support
- Creative group
- The opportunity to become involved as a volunteer
- Links to other agencies to support them in their journey

# Alumah Charitable Incorporated Organisation

## Trustees' Report (continued)

The support provided is delivered through a variety of programmes;

- Evolve – online self-esteem course
- Curve – women only groups, men only groups, LGBTQ+ group
- Counselling
- Escape the Trap (young people aged 12 – 20)
- Workshops for young people
- Horizon Programme for children aged 7 – 11 years.

Of the 535 individuals we supported from April 2024 – March 2025

- 51 were children.
- 114 were young people.
- 337 were adults of whom
- 33 were adults accessing only counselling
- 365 were female
- 117 were male
- 2 identified as ‘other’
- and 51 chose not to identify

The previous year (2023 – 2024), Alumah supported

- 34 children
- 46 young people
- 152 adults of whom, 86 identified as female, 47 as male and 19 chose not to identify

Over the last year, we have seen an increase in referrals from Adult Social Care. Previously, due to staffing changes and internal restructuring, referrals from this source had significantly declined. As new staff have settled into their roles and become more aware of Alumah’s services, referral pathways have reopened and strengthened. Additionally, we have received referrals from several new organisations, contributing to the overall rise in demand for our support services.

### Successes

**Strengthened Governance:** The recruitment of five new trustees has significantly enhanced the governance of Alumah. The board now benefits from a broader range of skills and professional experience, leading to more robust oversight, stronger decision-making, and improved strategic direction.

**Service Expansion:** In response to increased demand, we successfully expanded our programmes across more community locations and education settings, enabling us to reach a wider and more diverse group of clients.

**Positive Client Outcomes:** Feedback and outcome data show that clients consistently report improved emotional wellbeing, reduced isolation, and greater understanding of healthy relationships following their involvement with Alumah.

**Collaborative Working:** Alumah has strengthened relationships with key local partners, including schools, domestic abuse forums, and community agencies, enhancing referral pathways and joint working practices.

**Funding Growth:** We secured several key grants that have enabled service continuity and some strategic growth, despite a challenging fundraising environment.

# Alumah Charitable Incorporated Organisation

## Trustees' Report (continued)

Revamped Youth Workshops: We have refreshed and updated our two core workshops for young people—focusing on healthy relationships and self-esteem. These revisions ensure content remains relevant, engaging, and impactful, supporting early intervention and resilience-building among young participants.

### Challenges

Alumah continues to face the challenge of securing sustainable funding and diversifying our income streams. While demand for our trauma-informed services remains high—reflected in significant waiting lists—our capacity to respond is limited by financial constraints. Without the necessary resources to recruit additional staff, it becomes increasingly difficult to reduce waiting times and meet the needs of individuals seeking support. This highlights the urgent need for investment to ensure timely, life-changing interventions for those affected by domestic abuse.

### Awards

Alumah was recognised as the Most Compassionate Domestic Abuse Support Charity in March 2025 by UK Enterprise Awards.

### Funding

We are grateful to have received grants from:

- National Lottery
- Tudwick Foundation
- Suffolk Giving Grantmaking Programme through Suffolk Community Fund
- Garfield Weston Family Trust
- Lucy House
- Shadwell Grantmaking Programme
- Players of Postcode Lottery
- Suffolk Community Foundation through Non Fundholder Grantmaking Programme – La Doria
- Suffolk Community Foundation Miller Truste Grantmaking Programme
- Albert Hunt
- JA Grant making Programme Suffolk Community
- Tesco Stronger Starts
- Co-operative Membership Programme

We also received £310 in general donations and fundraising activities, and <sup>additional</sup> ~~2~~ in donations from counselling clients.

The trustees would like to thank all individuals and organisations who have donated funds. Without this funding, Alumah would not be able to support people at a time of crisis in their lives.

As trustees, we have carried out a detailed review of governance and set up sub committees (finance, health and safety, HR, marketing, safeguarding) to ensure the skills and expertise of trustees are utilised fully and meetings are focused. All policies have been reviewed to ensure that we meet all our requirements and recommended guidance.

# Alumah Charitable Incorporated Organisation

## Trustees' Report (continued)

### Risk Management

The trustees confirm that they have considered the major risks to which the charity is exposed to and satisfied themselves that systems and procedures are established in order to manage those risks.

We would like to express our deep gratitude to our CEO, staff and volunteers who are so committed to Alumah and work tirelessly to provide high quality support to our clients.

A special thank you to our clients who put their trust in us and to all outside organisations who refer clients to us.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:

[Yvonne Devereux](#)  
.....  
Yvonne Devereux  
Chairman and Trustee

  
.....  
Peter Templeton  
Treasurer and Trustee

## **Alumah Charitable Incorporated Organisation**

### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## Alumah Charitable Incorporated Organisation

### Independent Examiner's Report to the trustees of Alumah Charitable Incorporated Organisation

I report to the trustees on my examination of the accounts of Alumah Charitable Incorporated Organisation for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the charity trustees of Alumah Charitable Incorporated Organisation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Alumah Charitable Incorporated Organisation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Alumah Charitable Incorporated Organisation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Lisa King  
FCCA MAAT

8 The Hamiltons  
Newmarket  
Suffolk  
CB8 0NF

Date:.....16 January 2026

## Alumah Charitable Incorporated Organisation

### Statement of Financial Activities for the Year Ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
<b>Income and Endowments from:</b>				
Donations and legacies		74,167	121,531	195,698
Total income		<u>74,167</u>	<u>121,531</u>	<u>195,698</u>
<b>Expenditure on:</b>				
Raising funds		(5,864)	-	(5,864)
Charitable activities		(56,378)	(60,875)	(117,253)
Total expenditure		<u>(62,242)</u>	<u>(60,875)</u>	<u>(123,117)</u>
Net income		<u>11,925</u>	<u>60,656</u>	<u>72,581</u>
Net movement in funds		11,925	60,656	72,581
<b>Reconciliation of funds</b>				
Total funds brought forward		16,620	2,863	19,483
Total funds carried forward	14	<u>28,545</u>	<u>63,519</u>	<u>92,064</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies		12,188	68,210	80,398
Total income		<u>12,188</u>	<u>68,210</u>	<u>80,398</u>
<b>Expenditure on:</b>				
Raising funds		(13,498)	(7,355)	(20,853)
Charitable activities		(3,784)	(104,498)	(108,282)
Total expenditure		<u>(17,282)</u>	<u>(111,853)</u>	<u>(129,135)</u>
Net expenditure		<u>(5,094)</u>	<u>(43,643)</u>	<u>(48,737)</u>
Net movement in funds		(5,094)	(43,643)	(48,737)
<b>Reconciliation of funds</b>				
Total funds brought forward		21,714	46,506	68,220
Total funds carried forward	14	<u>16,620</u>	<u>2,863</u>	<u>19,483</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 14.

The notes on pages 10 to 16 form an integral part of these financial statements.

## Alumah Charitable Incorporated Organisation

### (Registration number: 1170881) Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	9	2,457	3,275
<b>Current assets</b>			
Debtors	10	-	2,248
Cash at bank and in hand	11	<u>91,610</u>	<u>59,142</u>
		91,610	61,390
<b>Creditors: Amounts falling due within one year</b>	12	<u>(2,003)</u>	<u>(45,182)</u>
<b>Net current assets</b>		<u>89,607</u>	<u>16,208</u>
<b>Net assets</b>		<u>92,064</u>	<u>19,483</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		63,519	2,863
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>28,545</u>	<u>16,620</u>
<b>Total funds</b>	14	<u>92,064</u>	<u>19,483</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 17th January 2026 and signed on their behalf by:

.....  
Yvonne Devereux  
Chairman and trustee

# **Alumah Charitable Incorporated Organisation**

## **Notes to the Financial Statements for the Year Ended 31 March 2025**

### **1 Accounting policies**

#### **Statement of compliance**

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis of preparation**

Alumah Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### ***Deferred income***

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Raising funds***

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### *Charitable activities*

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Tangible fixed assets**

Fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures and equipment	25% reducing balance

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade creditors**

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds which have been set aside to fund particular future activities.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

#### 2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Donations and legacies;				
Donations from individuals	6,128	-	6,128	8,688
Gift aid reclaimed	2,384	-	2,384	-
Grants, including capital grants;				
Grants from other charities	65,655	121,531	187,186	71,710
	74,167	121,531	195,698	80,398

#### 3 Expenditure on raising funds

##### a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total 2025 £	Total 2024 £
Allocated support costs		5,864	5,864	20,853

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 4 Expenditure on charitable activities

Note	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Charitable activities	3,099	-	3,099	19,669
Staff costs	39,911	52,464	92,375	80,720
Allocated support costs	11,778	8,411	20,189	6,693
Governance costs	1,590	-	1,590	1,200
	<u>56,378</u>	<u>60,875</u>	<u>117,253</u>	<u>108,282</u>

#### 5 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Independent examiner fees			
Examination of the financial statements	650	650	1,200
Other governance costs	701	701	-
Allocated support costs	239	239	-
	<u>1,590</u>	<u>1,590</u>	<u>1,200</u>

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 6 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
<b>Staff costs during the year were:</b>		
Wages and salaries	75,748	78,370
Pension costs	6,816	2,350
Other staff costs	9,811	-
	<u>92,375</u>	<u>80,720</u>

No employee received emoluments of more than £60,000 during the year

#### 7 Independent examiner's remuneration

	2025 £	2024 £
Examination of the financial statements	<u>650</u>	<u>1,200</u>

#### 8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 9 Tangible fixed assets

	Furniture and equipment £	Total £
<b>Cost</b>		
At 1 April 2024	<u>5,994</u>	<u>5,994</u>
At 31 March 2025	<u>5,994</u>	<u>5,994</u>
<b>Depreciation</b>		
At 1 April 2024	2,719	2,719
Charge for the year	<u>818</u>	<u>818</u>
At 31 March 2025	<u>3,537</u>	<u>3,537</u>
<b>Net book value</b>		
At 31 March 2025	<u>2,457</u>	<u>2,457</u>
At 31 March 2024	<u>3,275</u>	<u>3,275</u>

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 10 Debtors

	2025 £	2024 £
Trade debtors	-	582
Prepayments	-	1,666
	<u>-</u>	<u>2,248</u>

#### 11 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	91,610	59,130
Short-term deposits	-	12
	<u>91,610</u>	<u>59,142</u>

#### 12 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	-	610
Other taxation and social security	800	579
Other creditors	503	502
Accruals	700	1,200
Deferred income	-	42,291
	<u>2,003</u>	<u>45,182</u>

#### 13 Pension and other schemes

##### Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,366 (2024 - £2,350).

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

#### 14 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
<b>Unrestricted funds</b>				
General	16,620	74,167	(62,242)	28,545
<b>Restricted funds</b>	2,863	121,531	(60,875)	63,519
<b>Total funds</b>	19,483	195,698	(123,117)	92,064
	<b>Balance at 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 31 March 2024 £</b>
<b>Unrestricted funds</b>				
General	21,714	12,188	(17,282)	16,620
<b>Restricted funds</b>	46,506	68,210	(111,853)	2,863
<b>Total funds</b>	68,220	80,398	(129,135)	19,483

**ALUMAH CIO**

England & Wales - Charity number 1170881

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# Accounts

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Charity registration number: 1170881



# Alumah Charitable Incorporated Organisation

Annual Report and Financial Statements

for the Year Ended 31 March 2024

# **Alumah Charitable Incorporated Organisation**

## **Contents (continued)**

Reference and Administrative Details	1
Trustees' Report	2 to 4
Statement of Trustees' Responsibilities	5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9 to 15

# **Alumah Charitable Incorporated Organisation**

## **Reference and Administrative Details**

<b>Chairman</b>	Yvonne Devereux
<b>Chief Executive Officer</b>	Liz Jenkins
<b>Trustees</b>	Yvonne Devereux Nicola M Lambert Peter Templeton
<b>Charity Registration Number</b>	1170881
<b>Principal Office</b>	Harvey Adam Enterprise Centre Wimbledon Avenue Brandon Suffolk IP27 0NZ
<b>Independent Examiner</b>	Lisa King FCCA MAAT 8 Tha Hamiltons Newmarket Suffolk CB8 0NF

# **Alumah Charitable Incorporated Organisation**

## **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

The trustees during the year under review were:

Yvonne Devereux - Chair (appointed July 2023)  
Nicola M. Lambert  
Peter Templeton  
Tracey Stockdale (resigned January 2024)  
Nikita Umwali (appointed January 2024, resigned April 2024).

In preparing this report the trustees have had regard to the guidance issued by the Charity Commission and are bound by the constitution of Alumah.

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

### **Objectives and activities**

The principal objects of the charity are:

- the relief of young people and adults who are the survivors and victims of domestic abuse;
- to advance the education of such survivors and victims.

### **Achievements and performance of the Charity**

Alumah's vision is to see people living fulfilled lives, free from abuse or the impact of abuse. We will achieve this through education, support, and empowerment, which are our values.

We offer a welcoming place, in which domestic abuse victims can rediscover their self-worth and be empowered to find a life that is better than living with abuse; a life that they can dream about and take steps to begin to achieve.

In 2023 - 2024, Alumah supported 232 individuals from West Suffolk and beyond, to take steps towards their recovery from the impact of being in abusive relationships. We have also reached more people who live outside of West Suffolk via our online programmes.

We offered our clients (women, men, people who identify as LGBTQ+, young people aged 12 – 24 years and children aged 7 – 11 years), the following:

- Targeted group work focusing on healthy relationship patterns and building self- esteem,
- 1:1 support
- Heavily subsidised specialist counselling
- Online or face to face support
- Creative group
- Tea/Coffee morning
- The opportunity to become involved as a volunteer
- Links to other agencies to support them in their journey

## **Alumah Charitable Incorporated Organisation**

### **Trustees' Report (continued)**

The support provided is delivered through a variety of programmes;

- Freedom Programme – a 12-week programme
- Shine – 8-week course
- Evolve – online self-esteem course
- Curve – women only groups, men only groups, LGBTQ+ group
- Counselling
- Escape the Trap (young people aged 12 – 24)
- Phoebe's Room (workshop focusing on grooming)
- Workshops for young people
- Domestic Abuse Child Trauma Intervention Programme

Of the 232 individuals we supported from March 2023 – April 2024

- 34 were children.
- 46 were young people.
- 152 were adults of whom
- 166 were female
- 47 were male
- and 19 chose not to identify

The previous year (2022 – 2023), Alumah supported

- 11 children
- 45 young people
- 98 adults

The increase in the number of children supported is due to the appointment of the Children's Support Facilitator completing a full year with Alumah.

The number of adults has increased due to an increase in referrals from Waveney Domestic Abuse Forum.

#### **Feedback from Clients and Outside Agencies**

One young person reported:

'I've been feeling happier and calmer.'

Teacher/Parent Feedback:

'Very pleased with the outcome of the kids' meetings. Both have grown in confidence as a result.'

'I can't believe this help isn't government funded.'

'I would like to say thank you for the amazing help to recover the kids with their trauma. Thank you so much.'

# Alumah Charitable Incorporated Organisation

## Trustees' Report (continued)

### Adult Feedback:

'Enormously grateful for the excellent skill and care I have received. Thank you x'

'\*\*\*\*\* (name of facilitator) has helped me to know that when my daddy was angry and hurt my mummy it wasn't my fault. It wasn't right and I am going to try really hard not to do the same. I love my daddy, but he isn't behaving properly. I like school now and I don't get into as many fights. I have a safe place and people I can talk to. My mummy and I get on better as well because she is happy, and I am happy. I can do good things, but I am not good at everything'.

### Awards

In September 2023, Alumah received an award from the High Sheriff of Suffolk in recognition of the hard work, dedication and outstanding services that Alumah provides.

### Funding

We are grateful to have received grants from:

- National Lottery
- Foyle Foundation
- Suffolk Community Foundation (High Sheriff's Fund)
- Suffolk Community Foundation (Women and Girls' Fund)
- Rope Trust
- Groundwork
- Police and Crime Commissioners
- Brandon Town Council

We also received £1,313 in general donations and fundraising activities, and £1,585 in donations from counselling clients.

The trustees would like to thank all individuals and organisations who have donated funds. Without this funding, Alumah would not be able to support people at a time of crisis in their lives.

This year our new website [www.alumah.co.uk](http://www.alumah.co.uk) was set up and all trustees have a personal email account, adding security to all correspondence.

As trustees, we have carried out a detailed review of our policies, updating many and writing new ones to ensure that we are meeting all our requirements and recommended guidance.

### Risk Management

The trustees confirm that they have given consideration to the major risks to which the charity is exposed to and satisfied themselves that systems and procedures are established in order to manage those risks.

We would like to express our deep gratitude to our CEO, staff and volunteers who are so committed to Alumah and work tirelessly to provide high quality support to our clients.

A special thank you to our clients who put their trust in us and to all outside organisations who refer clients to us.

The annual report was approved by the trustees of the charity on 18/10/2024 and signed on its behalf by:

YDevereux  
.....  
Yvonne Devereux  
Chairman and trustee

## **Alumah Charitable Incorporated Organisation**

### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## Alumah Charitable Incorporated Organisation

### Independent Examiner's Report to the trustees of Alumah Charitable Incorporated Organisation

I report to the trustees on my examination of the accounts of Alumah Charitable Incorporated Organisation for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the charity trustees of Alumah Charitable Incorporated Organisation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Alumah Charitable Incorporated Organisation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Alumah Charitable Incorporated Organisation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Lisa King  
FCCA MAAT

8 Tha Hamiltons  
Newmarket  
Suffolk  
CB8 0NF

17 October 2024

## Alumah Charitable Incorporated Organisation

### Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies		12,188	68,210	80,398
Total income		<u>12,188</u>	<u>68,210</u>	<u>80,398</u>
<b>Expenditure on:</b>				
Raising funds		(13,498)	(7,355)	(20,853)
Charitable activities		(3,784)	(104,498)	(108,282)
Total expenditure		<u>(17,282)</u>	<u>(111,853)</u>	<u>(129,135)</u>
Net expenditure		<u>(5,094)</u>	<u>(43,643)</u>	<u>(48,737)</u>
Net movement in funds		(5,094)	(43,643)	(48,737)
<b>Reconciliation of funds</b>				
Total funds brought forward		21,714	46,506	68,220
Total funds carried forward	15	<u>16,620</u>	<u>2,863</u>	<u>19,483</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies		22,777	93,321	116,098
Total income		<u>22,777</u>	<u>93,321</u>	<u>116,098</u>
<b>Expenditure on:</b>				
Raising funds		(11,148)	(2,854)	(14,002)
Charitable activities		(9,604)	(47,166)	(56,770)
Total expenditure		<u>(20,752)</u>	<u>(50,020)</u>	<u>(70,772)</u>
Net income		<u>2,025</u>	<u>43,301</u>	<u>45,326</u>
Net movement in funds		2,025	43,301	45,326
<b>Reconciliation of funds</b>				
Total funds brought forward		19,689	3,205	22,894
Total funds carried forward	15	<u>21,714</u>	<u>46,506</u>	<u>68,220</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 15.

The notes on pages 9 to 15 form an integral part of these financial statements.

## Alumah Charitable Incorporated Organisation

### (Registration number: 1170881) Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	10	3,275	3,273
<b>Current assets</b>			
Debtors	11	2,248	2,493
Cash at bank and in hand	12	59,142	65,948
		<u>61,390</u>	<u>68,441</u>
<b>Creditors: Amounts falling due within one year</b>	13	<u>(45,182)</u>	<u>(3,494)</u>
<b>Net current assets</b>		<u>16,208</u>	<u>64,947</u>
<b>Net assets</b>		<u>19,483</u>	<u>68,220</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		2,863	46,506
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>16,620</u>	<u>21,714</u>
<b>Total funds</b>	15	<u>19,483</u>	<u>68,220</u>

The financial statements on pages 7 to 15 were approved by the trustees, and authorised for issue on 18/10/2024 and signed on their behalf by:

YDevereux

Yvonne Devereux  
Chairman and trustee

# **Alumah Charitable Incorporated Organisation**

## **Notes to the Financial Statements for the Year Ended 31 March 2024**

### **1 Accounting policies**

#### **Statement of compliance**

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### **Basis of preparation**

Alumah Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### ***Deferred income***

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Raising funds***

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Tangible fixed assets**

Fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures and equipment	25% reducing balance

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade creditors**

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds which have been set aside to fund particular future activities.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

#### 2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and legacies;				
Donations from individuals	4,688	4,000	8,688	7,527
Grants, including capital grants;				
Grants from other charities	7,500	64,210	71,710	108,571
	12,188	68,210	80,398	116,098

#### 3 Expenditure on raising funds

##### a) Costs of trading activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Note				
Allocated support costs	13,498	7,355	20,853	14,002
	13,498	7,355	20,853	14,002

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 4 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Staff costs	1,131	79,589	80,720	45,690
Governance costs	1,200	6,693	7,893	7,779
	<u>2,331</u>	<u>86,282</u>	<u>88,613</u>	<u>53,469</u>

#### 5 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Independent examiner fees				
Examination of the financial statements	1,200	-	1,200	1,200
Allocated support costs	-	6,693	6,693	6,579
	<u>1,200</u>	<u>6,693</u>	<u>7,893</u>	<u>7,779</u>

#### 6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 7 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
<b>Staff costs during the year were:</b>		
Wages and salaries	78,370	44,371
Pension costs	<u>2,350</u>	<u>1,319</u>
	<u><u>80,720</u></u>	<u><u>45,690</u></u>

No employee received emoluments of more than £60,000 during the year

#### 8 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>1,200</u>	<u>1,200</u>

#### 9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 10 Tangible fixed assets

	Furniture and equipment £	Total £
<b>Cost</b>		
At 1 April 2023	4,900	4,900
Additions	<u>1,094</u>	<u>1,094</u>
At 31 March 2024	<u>5,994</u>	<u>5,994</u>
<b>Depreciation</b>		
At 1 April 2023	1,627	1,627
Charge for the year	<u>1,092</u>	<u>1,092</u>
At 31 March 2024	<u>2,719</u>	<u>2,719</u>
<b>Net book value</b>		
At 31 March 2024	<u><u>3,275</u></u>	<u><u>3,275</u></u>
At 31 March 2023	<u><u>3,273</u></u>	<u><u>3,273</u></u>

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 11 Debtors

	2024 £	2023 £
Trade debtors	582	2,493
Prepayments	1,666	-
	<u>2,248</u>	<u>2,493</u>

#### 12 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	59,130	65,948
Short-term deposits	12	-
	<u>59,142</u>	<u>65,948</u>

#### 13 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	610	2,195
Other taxation and social security	579	415
Other creditors	502	1
Accruals	1,200	883
Deferred income	42,291	-
	<u>45,182</u>	<u>3,494</u>

#### 14 Pension and other schemes

##### Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,350 (2023 - £1,319).

## Alumah Charitable Incorporated Organisation

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 15 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>				
General	21,714	12,188	(17,282)	16,620
<b>Restricted funds</b>	46,506	68,210	(111,853)	2,863
<b>Total funds</b>	68,220	80,398	(129,135)	19,483
	<b>Balance at 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 31 March 2023 £</b>
<b>Unrestricted funds</b>				
General	19,689	22,777	(20,752)	21,714
<b>Restricted funds</b>	3,205	93,321	(50,020)	46,506
<b>Total funds</b>	22,894	116,098	(70,772)	68,220

#### 16 Analysis of net assets between funds

		<b>Unrestricted funds General £</b>	<b>Total funds at 31 March 2024 £</b>
Tangible fixed assets		3,275	3,275
Current assets		61,390	61,390
Current liabilities		(2,891)	(2,891)
<b>Total net assets</b>		61,774	61,774
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total funds at 31 March 2023 £</b>
Tangible fixed assets	1,073	2,200	3,273
Current assets	68,441	-	68,441
Current liabilities	(3,494)	-	(3,494)
<b>Total net assets</b>	66,020	2,200	68,220

## Alumah Charitable Incorporated Organisation

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	<b>Total 2024 £</b>	<b>Total 2023 £</b>
<b>Income and Endowments from:</b>		
Donations and legacies (analysed below)	<u>80,398</u>	<u>116,098</u>
Total income	<u>80,398</u>	<u>116,098</u>
<b>Expenditure on:</b>		
Raising funds (analysed below)	(20,853)	(14,002)
Charitable activities (analysed below)	<u>(108,282)</u>	<u>(56,770)</u>
Total expenditure	<u>(129,135)</u>	<u>(70,772)</u>
Net (expenditure)/income	<u>(48,737)</u>	<u>45,326</u>
Net movement in funds	(48,737)	45,326
<b>Reconciliation of funds</b>		
Total funds brought forward	<u>68,220</u>	<u>22,894</u>
Total funds carried forward	<u><u>19,483</u></u>	<u><u>68,220</u></u>

## Alumah Charitable Incorporated Organisation

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

	Total 2024 £	Total 2023 £
<b><i>Donations and legacies</i></b>		
Grants and donations - restricted	4,000	-
Grants and donations - unrestricted	4,688	7,527
Grants - other agencies	-	93,321
Grants - restricted	64,210	-
Grants - unrestricted	7,500	15,250
	80,398	116,098
<b><i>Raising funds</i></b>		
Sundry expenses - unrestricted	(150)	-
Temporary staff and recruitment - unrestricted	(233)	(323)
Staff training - restricted	(1,616)	-
Staff training - unrestricted	-	(1,345)
Travelling - restricted	-	(1,042)
Travelling - unrestricted	(3,803)	-
Rent - restricted	(4,000)	(1,812)
Rent - unrestricted	(2,309)	(2,659)
Rates - unrestricted	(687)	-
Light, heat and power - unrestricted	(741)	(349)
Insurance - unrestricted	(1,178)	(658)
Use of home as office - unrestricted	-	(338)
Repairs and renewals - unrestricted	(376)	(516)
Telephone and fax - unrestricted	(2,295)	(1,599)
Printing, postage and stationery - unrestricted	(546)	(456)
Trade subscriptions - unrestricted	(78)	-
Sundry expenses - unrestricted	-	(1,815)
Cleaning - unrestricted	(11)	-
Legal and professional fees - restricted	(1,739)	-
Depreciation of plant and machinery	(1,091)	(1,090)
	(20,853)	(14,002)
<b><i>Charitable activities</i></b>		
Fundraising costs - restricted	(632)	-
Purchases	(2,958)	-
Website costs - restricted	(7,320)	-
Computer software and maintenance costs - restricted	(1,060)	-
Computer software and maintenance costs - unrestricted	(603)	(1,327)
Advertising - restricted	(584)	-
Promotional expenses - restricted	(539)	-
Brand Identity - restricted	(5,000)	-

This page does not form part of the statutory financial statements.

## Alumah Charitable Incorporated Organisation

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

	Total 2024 £	Total 2023 £
Marketing support - restricted	(123)	-
Counselling - restricted	-	(1,476)
Counselling - unrestricted	(833)	(498)
Bank charges - unrestricted	(15)	-
Other interest payable - unrestricted	(2)	-
Wages and salaries - restricted	(47,826)	(28,280)
Wages and salaries - unrestricted	(1,131)	-
Staff pensions - restricted	(2,350)	(1,319)
CEO salary - restricted	(29,413)	(16,091)
Advertising - unrestricted	-	(603)
Independent examiner's fee - unrestricted	(1,200)	(1,200)
Management fees - restricted	(6,693)	-
Management fees - unrestricted	-	(5,976)
	<u>(108,282)</u>	<u>(56,770)</u>

**ALUMAH CIO**

England & Wales - Charity number 1170881

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# Accounts

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Registered charity number  
1170881

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees  
and Accounts

April 2022 - 31 March 2023

Independent Examiner  
Hussain A. Khan B.Sc.,  
ACA  
Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade, Swindon  
Wiltshire  
SN6 6HE

The trustees during the year under review were:

Nicola M. Lambert – Chair

Peter Templeton

Tracey Stockdale

Yvonne Devereux (appointed 1 July 2023)

**CEO** Liz Jenkins

**Address** Harvey Adam Enterprise Centre  
Wimbledon Avenue  
Brandon  
Suffolk  
IP27 0NZ

**Registered charity number** 1170881

**Independent examiner** Hussain A. Khan B.Sc., ACA  
Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade, Swindon  
Wiltshire  
SN6 6HE

The Trustees present their annual report for the year ending 31 March 2023.

In preparing this report the trustees have had regard to the guidance issued by the Charity Commission and are bound by the constitution of Alumah.

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

### **Objectives and activities**

The principal objects of the charity are:

- the relief of young people and adults who are the survivors and victims of domestic abuse;
- to advance the education of such survivors and victims.

### **Achievements and performance of the Charity**

Alumah's vision is to see people living fulfilled lives, free from abuse or the impacts of abuse. We will achieve this through education, support, and empowerment, which are our values..

We offer a welcoming place, in which domestic abuse victims can rediscover their self worth and be empowered to find a life that is better than living with abuse; a life that they can dream about and take steps to begin to achieve.

In 2022 - 2023, Alumah supported 154 individuals from West Suffolk and beyond, to make steps towards their recovery from the impact of being in abusive relationships. We have also reached more people who live outside of West Suffolk via our online programmes.

We offered our clients (women, men, people who identify as LGBTQ+, young people aged 12 – 24 years and children aged 7 – 11 years), the following:

- Targeted group work to educate them about healthy relationship patterns and to build self-esteem,
- Individualised support to support engagement and follow up,
- Heavily subsidised specialist counselling,
- Ongoing relationship for as long as the clients require through our creative group and drop-in services and the opportunity to become involved as a volunteer or potential staff member.

This support is delivered through a variety of programmes;

Of the 154 individuals

- 11 were children.
- 45 were young people.
- 98 were adults of whom

- 2 adults only wanted counselling; most adults wanted counselling support as well as group support.
- 111 females
- 20 males
- 1 transgender
- 20 chose not to identify.

These figures are comparable to the previous year. The number of males increased because of our links with Mankind Initiative and our Curve programme. The number of children being supported also increased because of employing a children's worker who runs our DACTIP programme.

## **Curve**

We have successfully delivered Curve to men, with very positive feedback. The programme was described as 'excellent'.

"The course was very helpful in understanding different forms of abuse, it was very helpful, and the facilitator went the extra mile to help us all on the course."

"Knowing I am not alone, not crazy. "

"Finding understanding and acceptance from others."

"Learning, through the real information, that I was not imagining things".

## **DACTIP (Domestic Abuse Child Trauma Intervention Programme for 7 – 11-year-olds)**

At the end of the financial year 2022, we employed a new children's worker. Demand for our children's work has continued and we support many 7 – 11-year-olds in local primary schools. Our children's worker has worked hard developing DACTIP and building relationships with local schools. She shared this story of a child who completed the programme.

When O.R, a child aged 11, started attending the sessions they were very tentative and unsure. They would frequently mention issues such as lack of sleep and angry outbursts.

By the end of the sessions the child was much more confident; able to identify and acknowledge a wide array of emotions and feelings applying them to their life and in others too. They could recognise which behaviours aren't correct in relationships, specifically that their father's behaviour was not one that should be modelled and that control as well as violence are not acceptable behaviours. They understood that the choice to behave that way was down to the abuser.

The child no longer mentioned lack of sleep or angry outburst, rather safer ways to deal with triggers and unsafe situations, putting in a well thought out safety plan that included an array of trusted people such as mum, siblings, teachers and friends.

## **Funding**

We are grateful to have received grants from:

- National Lottery (our largest supporter)
- Arnold Clark
- Suffolk Community Chest
- Suffolk Community Fund
- Comic Relief
- Comic Relief Cost of Living (fuel cost hardship payments for clients and staff)
- Integrated Care
- Allen Lane Foundation
- PCC (Police & Crime Commissioners)
- Clothworkers Foundation
- Woodward Charitable Trust
- West Suffolk Council.

We also received £2,102.82 in donations and fundraising activities, and £4,326.15 from the Big Give.

The trustees would like to thank all individuals and organisations who have donated funds. Without this funding, Alumah would not be able to support people at a time of crisis in their lives.

We would also like to thank our clients who make our work so worthwhile. It is a privilege to work with you and to support you on your journey.

There are many outside agencies that refer individuals and families to Alumah and we appreciate their support.

As trustees we are indebted to the hard work of our CEO, Liz Jenkins, and all our staff. Without their dedication and commitment to Alumah, the charity would not exist and so many individuals would not have the opportunity to improve their lives. Your passion and enthusiasm are the reasons why Alumah is a success.

### **Financial review**

The statement of financial activities is set out on page 6. This shows net incoming resources of £45,327.

The Trustees are responsible for preparing the trustees' annual report and financial statements in accordance with applicable law and UK Accounting Standards. They are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report.

On behalf of the trustees:



Yvonne Devereux  
Acting Chair:

Date: 07/10/2023

### **Independent examiner's report to the Trustees of Alumah**

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 6 to 10.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name of principal:	Hussain A. Khan B.Sc., ACA
Relevant professional body:	ICAEW
Name of firm:	Khan Adamson Limited
Address:	Chartered Accountant Chelworth Industrial Estate Cricklade, Swindon Wiltshire SN6 6HE

Date:  
09/10/2023

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Statement of Financial Activities**  
**for the year ended 31 March 2023**

	<b>Total funds</b>	<b>Total funds</b>
	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>INCOMING RESOURCES</b>		
Voluntary income	<u>116,098</u>	<u>54,447</u>
<b>TOTAL INCOMING RESOURCES</b>	<u>116,098</u>	<u>54,447</u>
<b>RESOURCES EXPENDED</b>		
Costs of generating funds		
Charitable	62,992	55,655
Governance costs	7,779	5,070
<b>TOTAL RESOURCES EXPENDED</b>	<u>70,771</u>	<u>60,725</u>
<b>NET INCOMING/(OUTGOING) RESOURCES</b>	<u>45,327</u>	<u>(6,278)</u>
TOTAL FUNDS BROUGHT FORWARD	22,894	29,172
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>68,221</u>	<u>22,894</u>

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Balance Sheet**  
**as at 31 March 2023**

	Notes	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	2	3,273	1,613
<b>Current assets</b>			
Debtors	3	2,493	959
Cash at bank and in hand		<u>65,948</u>	<u>21,690</u>
		68,441	22,649
<b>Creditors: amounts falling due within one year</b>			
	4	(3,493)	(1,368)
<b>Net current assets</b>		<u>64,948</u>	<u>21,281</u>
<b>Net assets</b>		<u>68,221</u>	<u>22,894</u>
<b>Reserves</b>			
Charity funds	5	<u>68,221</u>	<u>22,894</u>
<b>Charity funds</b>		<u>68,221</u>	<u>22,894</u>

These accounts were approved by the Trustees on 16/10/2023

Nicola M. Lambert  
Chair of Trustees

Yvonne Devereux  
Acting Chair

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

# ALUMAH CHARITABLE INCORPORATED ORGANISATION

## Notes to the Accounts

for the year ended 31 March 2023

### 1 Accounting policies

#### **Accounting convention**

The accounts (financial statements) have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (FRSSE), and the Charities Act 2011 and applicable regulations.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### **Incoming resources**

Voluntary income including donations received are included in the accounts in the year of receipt unless entitlement is conditional in which case the income will be deferred to the period in which the condition is to be met.

#### **Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examiner fees and costs associated with the management of the charity.

#### **Tangible fixed assets**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and equipment	25% reducing balance
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#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds are unrestricted funds which have been set aside to fund particular future activities.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Notes to the Accounts**  
**for the year ended 31 March 2023**

**2 Tangible fixed assets**

	<b>Fixtures and equipment £</b>
<b>Cost</b>	
At 1 April 2022	2,150
Additions	<u>2,750</u>
At 31 March 2023	<u>4,900</u>
<b>Depreciation</b>	
At 1 April 2022	537
Charge for the year	<u>1,090</u>
At 31 March 2023	<u>1,627</u>
<b>Net book value</b>	
At 31 March 2023	<u>3,273</u>
At 31 March 2022	<u>1,613</u>

**3 Debtors**

	<b>2023 £</b>	<b>2022 £</b>
Debtors and prepayments	<u>2,493</u>	<u>959</u>

**4 Creditors: amounts falling due within one year**

	<b>2023 £</b>	<b>2022 £</b>
Trade creditors	2,195	468
Other taxes and social security costs	415	-
Other creditors and accruals	<u>883</u>	<u>900</u>
	<u>3,493</u>	<u>1,368</u>

**5 Charity Funds**

	<b>2023 £</b>	<b>2022 £</b>
At 1 April 2022	22,894	29,172
Net incoming/(outgoing) resources	45,327	(6,278)
	<u>68,221</u>	<u>22,894</u>
At 31 March 2023	<u>68,221</u>	<u>22,894</u>

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Schedule to the Statement of Financial Activities**  
**for the year ended 31 March 2023**

	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b>VOLUNTARY INCOME</b>		
Grants and donations received	<u>116,098</u>	<u>54,447</u>
<b>RESOURCES EXPENDED</b>		
<b>Core activities:</b>		
Staff salaries	28,280	23,523
CEO salary	16,091	15,782
Counselling	1,973	3,123
Pensions	1,319	1,111
Temporary staff and recruitment	323	502
Training costs	1,345	343
Travelling expenses	1,042	832
Rent and rates	4,471	3,751
Light and heat	349	37
Home working allowance	338	-
Telephone and mobile	1,599	1,214
Stationery printing and post	456	178
Insurance	658	647
Software, website and internet	1,327	3,734
Repairs	516	84
Depreciation of fixed assets	1,090	537
Sundry expenses	<u>1,815</u>	<u>257</u>
	<u>62,992</u>	<u>55,655</u>
<b>Governance costs</b>		
Independent examiners fee	1,200	768
Management fees	5,976	4,302
Advertising	<u>603</u>	<u>-</u>
	<u>7,779</u>	<u>5,070</u>
<b>TOTAL RESOURCES EXPENDED</b>	<u>70,771</u>	<u>60,725</u>

**ALUMAH CIO**

England & Wales - Charity number 1170881

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# Accounts

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Registered charity number  
1170881

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees  
and Accounts

31 March 2022

Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade, Swindon  
Wiltshire  
SN6 6HE

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Charity Information**

**Trustees** Nicola M. Lambert - Chair of Trustees  
Peter Templeton (appointed 25 April 2022)  
Tracey Stockdale  
Sarah Rhoades  
Treena Horden (resigned 24 December 2021)  
Hamid Hersel (appointed Apr 2021 and resigned Sept 2021)

**CEO** Liz Jenkins

**Address** 67 Heath Road  
Brandon  
IP27 0EG

**Registered charity number** 1170881

**Independent examiner** Hussain A. Khan B.Sc., ACA  
Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade, Swindon  
Wiltshire  
SN6 6HE

## **ALUMAH CHARITABLE INCORPORATED ORGANISATION**

### **Report of the Trustees**

The Trustees present their annual report for the year ended 31 March 2022.

#### **Structure, governance and management**

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

The Trustees during the year under review were:

Nicola M. Lambert - Chair of Trustees  
Treena Holden resigned Dec 2021  
Tracey Stockdale  
Sarah Rhoades  
Hamid Hersel- appointed April 2021, resigned September 2021  
Peter Templeton- appointed March 2022

#### **Objectives and activities**

The principal objects of the charity are; (a) the relief of young people and adults who are the survivors and victims of domestic abuse; (b) to advance the education of such survivors and victims.

#### **Achievements and performance of the Charity**

Alumah's vision is to see people living fulfilled lives, free from abuse or the impacts of abuse. We will achieve this through education, support and empowerment.

In 2021-22 Alumah supported 162 individuals from West Suffolk to make steps towards their recovery from the impact of being in abusive relationships.

We offered them:

- Targeted group work to educate them about healthy relationship patterns and to build self-esteem. Our specialist groups (both online and in person) are aimed at women, people who identify as LGBTQ+, young people (12-24) and children (7-11)
- Individualised support to support engagement and follow up. This includes material covered in the groups and supported onward referrals into our health network of local organisations
- Heavily subsidised specialist counselling
- Ongoing relationship for as long as the clients require through our creative group and drop-in services and the opportunity to get involved as volunteers (and maybe staff)

Of these 162 individuals:

- 30 were young people
- 22 were children
- 10 identified as LGBTQ+,
- 88% were female
- 7 identified as of non-white ethnicity

We are particularly proud of the launch of CURVE, our specialist programme for people who identify as LGBTQ+. Here is what some of them said:

"Finally, a programme that is inclusive of everyone"

## ALUMAH CHARITABLE INCORPORATED ORGANISATION

### Report of the Trustees

"This programme is amazing; it has been put together really well and incorporates a variety of learning styles to get the message across"

"Fantastic detail and information – A great course"

"Diverse and inclusive, just what is needed in today's world"

"This is brilliant. A programme like this is much needed, and CURVE will help deal with domestic abuse issues for so many different people in a variety of different relationship formats"

We celebrated Alumah's 5th anniversary with a party in our new office in Brandon. Tammy Oakley, our group worker was awarded the Tim Creamer award for excellence for her work in developing and launching CURVE. Our staff numbers also rose to 5 people (all part time) with the addition of our Counselling coordinator and children's worker

We have strengthened our work with children in local schools with the creation of a specialist children's worker post. We are receiving a lot of referrals into our special programme which we tailor to individual needs.

Demand for our specialist counselling service continues to rise. Emma Youngs, our counselling coordinator has been busy recruiting placement counsellors to address this high demand. Our counselling service costs £3,500 per year to run and grant funding is harder to raise for this service.

Claudette (our young people's worker) shared this story:

When F was just 13, she met a guy on Instagram, she liked his photos so she added him. He quickly started talking about how much he liked her and wanted to meet. She really felt like we were getting on and that he was her boyfriend. He started asking her for nudes. She was really scared to do this, but eventually she sent him one. Then he asked for more and to do stuff while talking to him. He started to say that he would send the photo that he had to many friends and family if she didn't do what he wanted.

F was really scared, so she did what he wanted. She was threatened by him every day, felt trapped and had no one to talk to. Eventually, he arranged to meet her, so she got ready for school and went to meet him. The school noticed that she wasn't there and contacted her parents, that's when she told her mum everything. This was reported to the police, and they took action.

F was suffering with severe anxiety and suicidal thoughts. She was referred to Alumah to do Escape the Trap. She completed the programme via Zoom and gained more self-confidence. She was able to talk about her experience with other participants. She could see how she was drawn in by the guy and how he played on her emotions, and how the abuse escalated. She was very surprised about how abusive this guy was to her and that she didn't think that it was abuse at the beginning.

F is so thankful that she did the course. She got into another relationship very quickly but she could see that it was unhealthy too. She still struggled to end the relationship but with ongoing drop-in support to help her understand her feelings and build her self-esteem, she found the strength to end it and start living her life. She has found the practical coping strategies helpful to not give in to the ex's attempts to get her back.

## ALUMAH CHARITABLE INCORPORATED ORGANISATION

### Report of the Trustees

In the financial year 2021-22 we are very grateful to have received grants from:

- West Suffolk Council
- Suffolk Community Fund
- Brandon Town Council
- Sir Robert Gooch Fund
- The Tudwick Foundation
- Garfield Weston
- Albert Hunt Fund

We also received a total of £14,297 from donations and fund-raising activities.

The Trustees are very grateful for all of this money, without which we would not be able to function. This truth was brought home to us in the second half of this year when a downturn in income meant that we had to make temporary cuts to staff hours and temporarily close our office as we matched our activities to our resources. Incoming funding in the final quarter enabled us to continue to provide our services and end the year on a sound financial footing. The Trustees believe we have learnt from and grown through this challenging time to emerge with better systems in place to support our ongoing operations, especially in the area of fundraising.

Hamid Hersel was briefly a Trustee during this year and Treena Holden stepped down as a Trustee in January 2022 after several years of faithful service. They both made significant contributions to the organisation and we wish them well as they move forward. We are delighted to welcome Peter Templeton as our new Treasurer. We are looking to strengthen and add to our Board of Trustees in the coming year. We are particularly looking for people with skills and interests in social media and in outcome monitoring.

Finally, the Trustees would like to publicly recognise the passion, skill and dedication that has been shown by Liz Jenkins, our CEO, as she has led her team to continue to deliver outstanding services through a challenging time.

### Financial review

The statement of financial activities is set out on page 6. This shows net outgoing resources of £6,278.

### Trustees' responsibilities

The Trustees are responsible for preparing the trustees annual report and financial statements in accordance with applicable law and UK Accounting Standards. They are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report.

On behalf of the Trustees



Nicola M. Lambert  
Chair of Trustees

Dated: 28-9-22

## **ALUMAH CHARITABLE INCORPORATED ORGANISATION**

### **Independent examiner's report to the Trustees of Alumah**

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 6 to 10.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name of principal:	Hussain A. Khan B.Sc., ACA
Relevant professional body:	ICAEW
Name of firm:	Khan Adamson Limited
Address:	Chartered Accountant Chelworth Industrial Estate Cricklade, Swindon Wiltshire SN6 6HE

Date:

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Statement of Financial Activities**  
**for the year ended 31 March 2022**

	Unrestricted total funds	Unrestricted total funds
	2022 £	2021 £
<b>INCOMING RESOURCES</b>		
Voluntary income	54,447	56,574
<b>TOTAL INCOMING RESOURCES</b>	<u>54,447</u>	<u>56,574</u>
<b>RESOURCES EXPENDED</b>		
Costs of generating funds		
Charitable	55,655	31,470
Governance costs	5,070	1,422
<b>TOTAL RESOURCES EXPENDED</b>	<u>60,725</u>	<u>32,892</u>
<b>NET (OUTGOING)/ INCOMING RESOURCES</b>	<u>(6,278)</u>	<u>23,682</u>
<b>TOTAL FUNDS BROUGHT FORWARD</b>	29,172	5,490
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>22,894</u>	<u>29,172</u>

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Balance Sheet**  
**as at 31 March 2022**

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	2	1,613	1,207
<b>Current assets</b>			
Debtors	3	959	-
Cash at bank and in hand		21,690	28,941
		<u>22,649</u>	<u>28,941</u>
<b>Creditors: amounts falling due within one year</b>	4	(1,368)	(976)
<b>Net current assets</b>		<u>21,281</u>	<u>27,965</u>
<b>Net assets</b>		<u>22,894</u>	<u>29,172</u>
<b>Reserves</b>			
Unrestricted funds	5	<u>22,894</u>	<u>29,172</u>
<b>Charity funds</b>		<u>22,894</u>	<u>29,172</u>

These accounts were approved by the Trustees on

26.9.22



Nicola M. Lambert  
Chair of Trustees

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Notes to the Accounts**  
**for the year ended 31 March 2022**

**1 Accounting policies**

***Accounting convention***

The accounts (financial statements) have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (FRSSE), and the Charities Act 2011 and applicable regulations.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

***Incoming resources***

Voluntary income including donations received are included in the accounts in the year of receipt unless entitlement is conditional in which case the income will be deferred to the period in which the condition is to be met.

***Resources expended***

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examiner fees and costs associated with the management of the charity.

***Tangible fixed assets***

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and equipment	25% reducing balance
------------------------	----------------------

***Fund accounting***

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds are unrestricted funds which have been set aside to fund particular future activities.

There were no restricted funds held at the end of the current year.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Notes to the Accounts**  
**for the year ended 31 March 2022**

**2 Tangible fixed assets**

	<b>Fixtures and equipment £</b>
<b>Cost</b>	
At 1 April 2021	1,207
Additions	943
At 31 March 2022	<u>2,150</u>
<b>Depreciation</b>	
Charge for the year	537
At 31 March 2022	<u>537</u>
<b>Net book value</b>	
At 31 March 2022	<u>1,613</u>
At 31 March 2021	<u>1,207</u>

<b>3 Debtors</b>	<b>2022 £</b>	<b>2021 £</b>
Debtors and prepayments	<u>959</u>	<u>-</u>

<b>4 Creditors: amounts falling due within one year</b>	<b>2022 £</b>	<b>2021 £</b>
Other taxes and social security costs	-	255
Other creditors and accruals	1,368	721
	<u>1,368</u>	<u>976</u>

<b>5 Unrestricted funds</b>	<b>2022 £</b>	<b>2021 £</b>
At 1 April 2021	29,172	5,490
Net (outgoing) /incoming resources	(6,278)	23,682
At 31 March 2022	<u>22,894</u>	<u>29,172</u>

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Schedule to the Statement of Financial Activities**  
**for the year ended 31 March 2022**

	Total 2022 £	Total 2021 £
<b>VOLUNTARY INCOME</b>		
Grants and donations received	<u>54,447</u>	<u>56,574</u>
<b>RESOURCES EXPENDED</b>		
<b>Core activities:</b>		
Staff salaries	23,523	9,807
CEO salary	15,782	6,922
Courses for beneficiaries	-	4,205
Counselling	3,123	3,146
Books and course materials	-	1,011
Pensions	1,111	445
Temporary staff and recruitment	502	-
Training costs	343	773
Travelling expenses	832	217
Rent and rates	3,751	41
Light and heat	37	-
Telephone and mobile	1,214	436
Stationery printing and post	178	16
Information, publications and subscriptions	-	469
Insurance	647	488
Software, website and internet	3,734	3,187
Repairs	84	-
Depreciation of fixed assets	537	-
Sundry expenses	257	307
	<u>55,655</u>	<u>31,470</u>
<b>Governance costs</b>		
Independent examiners fee	768	696
Management fees	4,302	576
Advertising	-	150
	<u>5,070</u>	<u>1,422</u>
<b>TOTAL RESOURCES EXPENDED</b>	<u>60,725</u>	<u>32,892</u>

**ALUMAH CIO**

England & Wales - Charity number 1170881

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# Accounts

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Registered charity number  
1170881

ALUMAH CHARITABLE INCORPORATED ORGANISATION

Report of the Trustees  
and Accounts

31 March 2021

Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade  
Swindon  
Wiltshire  
SN6 6HE

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Charity Information**

**Trustees**

Nicola M. Lambert - Chair of Trustees  
Treena Horden  
Tracey ~~██████████~~ Stockdale .  
Sarah Rhoades

**CEO**

Liz Jenkins

**Address**

67 Heath Road  
Brandon  
IP27 0EG

**Registered charity number**

1170881

**Accountants**

Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade  
Swindon  
Wiltshire  
SN6 6HE

## **ALUMAH CHARITABLE INCORPORATED ORGANISATION**

### **Report of the Trustees**

The Trustees present their annual report for the year ended 31 March 2021.

#### **Structure, governance and management**

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1170881. The charity was registered on 21 December 2016.

The Trustees during the year under review were:

Nicola M. Lambert - Chair of Trustees  
Treena Horden  
Tracey Burdett-Deakin  
Sarah Rhoades - appointed on 10 June 2020

#### **Objectives and activities**

The principal objects of the charity are; (a) the relief of young people and adults who are the survivors and victims of domestic abuse; (b) to advance the education of such survivors and victims.

#### **Achievements and performance of the Charity**

The year 2020-21 was dominated by the influence of the pandemic- which forced us to move all our work online. At the same time the recognition of domestic abuse as a serious problem continued to rise- as did the number of people referred to our services.

A big increase in funding enabled us to considerably expand the number of people we can support and to adapt our programme for both adults and young people to working online. We are proud to have developed a specialist course for members of the LGBTQ+ community impacted by abusive relationships.

Our long-term vision remains to see people living fulfilled lives, free from abuse or the impacts of abuse. We will achieve this through education, support, and empowerment.

97 adults received support this year.

32 took part in the online Freedom Programme- either as individuals or in a group. We are delighted that for the first time we were able to use translators to support speakers of other languages to access our programme.

10 took part in our specially written online self-esteem programme Evolve, a programme written specifically for online.

We launched Curve, our brand-new programme aimed at members of the LGBTQ+ community

15 clients benefited from subsidised 1-1 specialist counselling from our network of 5 sessional counsellors across West Suffolk.

12 young people took part in work based on Escape the Trap, a programme designed to support and help young people recognise teenage relationship abuse, this has been online and they found it hard to do this online due to the boundaries being creative. We anticipate numbers to rise when back face to face, over the next year.

## **ALUMAH CHARITABLE INCORPORATED ORGANISATION**

### **Report of the Trustees**

In response to high demand, we have developed a special programme for primary age children, specifically 7 – 11-year-olds, delivered in primary schools.

A significant increase in funding enabled us to employ 2 additional members of staff: our CEO and a Group facilitator.

In this year there has been an 360% increase in the number of people (both adults and young people) and people are accessing our online services from across Suffolk and bordering areas.

We are now using a cloud-based client record system to enable us to serve these people well.

We received grants from:

West Suffolk Council- community chest £5,870, Suffolk community fund Coronavirus Support £6,500, Charities aid foundation- Suffolk Coronavirus community fund £5,000, Suffolk community Fund £4,900, Tesco Groundworks £500, Suffolk Police Commissioners £14,803, National Lottery £9,000, Annie Tranmer Fund £500, Ganzoni Fund £1,000, Neighbourly £400, Foyle Foundation £7,500, Anglia Care Trust £2,000.

In addition, we received £342 in donations from the public and £909 in donations from counselling clients towards the cost of their counselling.

We would like to express our grateful thanks to all who have contributed. The trustees would also like to recognise the extraordinary commitment, energy, and expertise with which Alumah's staff (both paid and voluntary) have risen to the challenges and opportunities of this extraordinary year.

Case Study:

A, a 14-year-old boy had been showing inappropriate behaviour in school. He was calling female peers derogatory names and had been part of an incident in cyber abuse by sending inappropriate images to another peer. Police have been involved with this incident.

The school contacted Alumah as A has experienced domestic abuse from his father to mother and feels that A needed to be made more aware of his actions and how they may affect others around him. After a discussion with the school pastoral team it was decided that three approaches would be suitable; relationship workshop, a drop in and/or a self-esteem course. These would be discussed with A and let him decide with the approach he felt most comfortable with.

On meeting with him it was clear that he was not keen to talk at first, but we discussed why I wanted to see him and each option or support that was available to him, he decided that he would be interested in starting the relationship workshop. After a couple of weeks, A was comfortable talking with me, we talked about what kinds of relationships do you have and what they need, gender roles in relationships, setting boundaries, abuse – how and why it happens and the three Cs of a healthy relationship. Over the six weeks we also discussed the incident he was involved with, his fears and concerns about it, why it was wrong and that he realised that he should not have got involved, what he would do in a similar situation in the future. How it would affect him if it ever happened to him.

# ALUMAH CHARITABLE INCORPORATED ORGANISATION

## Report of the Trustees

### Financial review

The statement of financial activities is set out on page 6. This shows net incoming resources of £23,681.

The Trustees are responsible for preparing the trustees annual report and financial statements in accordance with applicable law and UK Accounting Standards. They are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report.

On behalf of the Trustees



Nicola M. Lambert  
Chair of Trustees

Dated: 17-8-21

## **ALUMAH CHARITABLE INCORPORATED ORGANISATION**

### **Independent examiner's report to the Trustees of Alumah**

I report on the accounts of the charity for the year ended 31 March 2021 which are set out on pages 6 to 10.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Hussain . A. Khan B.Sc., ACA  
Khan Adamson Limited  
Chartered Accountant  
Chelworth Industrial Estate  
Cricklade  
Swindon  
Wiltshire  
SN6 6HE

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Statement of Financial Activities**  
**for the year ended 31 March 2021**

	Unrestricted total funds	Unrestricted total funds
	2021 £	2020 £
<b>INCOMING RESOURCES</b>		
Voluntary income	56,574	10,504
<b>TOTAL INCOMING RESOURCES</b>	<u>56,574</u>	<u>10,504</u>
<b>RESOURCES EXPENDED</b>		
Costs of generating funds		
Charitable	31,471	14,630
Governance costs	1,422	1,155
<b>TOTAL RESOURCES EXPENDED</b>	<u>32,893</u>	<u>15,785</u>
<b>NET INCOMING/ (OUTGOING) RESOURCES</b>	<u>23,681</u>	<u>(5,281)</u>
TOTAL FUNDS BROUGHT FORWARD	5,490	10,771
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>29,171</u>	<u>5,490</u>

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Balance Sheet**  
**as at 31 March 2021**

	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	2	1,207	832
<b>Current assets</b>			
Cash at bank and in hand		28,940	5,222
<b>Creditors: amounts falling due within one year</b>	3	(976)	(564)
<b>Net current assets</b>		<u>27,964</u>	<u>4,658</u>
<b>Net assets</b>		<u>29,171</u>	<u>5,490</u>
<b>Reserves</b>			
Unrestricted funds	4	<u>29,171</u>	<u>5,490</u>
<b>Charity funds</b>		<u>29,171</u>	<u>5,490</u>

These accounts were approved by the Trustees on 16.8.21



Nicola M. Lambert  
 Chair of Trustees

The notes and schedule on pages 8 to 10 form an integral part of these accounts.

# ALUMAH CHARITABLE INCORPORATED ORGANISATION

## Notes to the Accounts

for the year ended 31 March 2021

### 1 Accounting policies

#### ***Accounting convention***

The accounts (financial statements) have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16/07/14, the Financial Reporting Standard for Smaller Entities (FRSSE), and the Charities Act 2011 and applicable regulations.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### ***Incoming resources***

Voluntary income including donations received are included in the accounts in the year of receipt unless entitlement is conditional in which case the income will be deferred to the period in which the condition is to be met.

#### ***Resources expended***

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include independent examiner fees and costs associated with the management of the charity.

#### ***Fund accounting***

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Designated funds are unrestricted funds which have been set aside to fund particular future activities.

There were no restricted funds held at the end of the current year.

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**

**2 Tangible fixed assets**

	<b>Fixtures and equipment £</b>
<b>Cost</b>	
At 1 April 2020	832
Additions	375
At 31 March 2021	<u>1,207</u>
<b>Depreciation</b>	
At 31 March 2021	<u>-</u>
<b>Net book value</b>	
At 31 March 2021	<u>1,207</u>
At 31 March 2020	<u>832</u>

**3 Creditors: amounts falling due within one year**

	<b>2021 £</b>	<b>2020 £</b>
Other taxes and social security costs	255	-
Other creditors and accruals	721	564
	<u>976</u>	<u>564</u>

**4 Unrestricted funds**

	<b>2021 £</b>	<b>2020 £</b>
At 1 April 2020	5,490	10,771
Net incoming/ (outgoing) resources	23,681	(5,281)
At 31 March 2021	<u>29,171</u>	<u>5,490</u>

**ALUMAH CHARITABLE INCORPORATED ORGANISATION**  
**Schedule to the Statement of Financial Activities**  
**for the year ended 31 March 2021**

	<b>Total 2021 £</b>	<b>Total 2020 £</b>
<b>VOLUNTARY INCOME</b>		
Grants and donations received	<u>56,574</u>	<u>10,504</u>
<b>RESOURCES EXPENDED</b>		
<b>Core activities:</b>		
Wages and salaries	16,729	5,218
Courses for beneficiaries	4,205	4,450
Counselling	3,146	1,384
Books and course materials	1,011	-
Donations	445	-
Training costs	773	356
Travelling expenses	217	1,109
Room rent	41	355
Telephone and fax	436	159
Stationery printing and post	16	16
Information, publications and subscriptions	469	-
Insurance	488	374
Equipment expended	-	224
Software and internet	3,187	816
Sundry expenses	<u>308</u>	<u>169</u>
	<u>31,471</u>	<u>14,630</u>
<b>Governance costs</b>		
Accountancy	696	564
Management fees	576	474
Advertising	<u>150</u>	<u>117</u>
	<u>1,422</u>	<u>1,155</u>
<b>TOTAL RESOURCES EXPENDED</b>	<u>32,893</u>	<u>15,785</u>