



**Samaritans – Brighton, Hove and District**

Registered Charity No: 1170866

**Report and Accounts**

**Year Ended 31<sup>st</sup> March 2025**



**Samaritans - Brighton, Hove & District**  
**Report and Accounts**  
**Year Ended 31st March 2025**

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## 1.

# **Samaritans – Brighton, Hove and District Trustees' Report Year Ended 31st March 2025**

The Trustees present their report and the financial statements for the year.

### **Constitution and Commencement of Operations**

Samaritans – Brighton, Hove and District (the "charity") is a charitable incorporated organisation (CIO registered number: 1170866) and an affiliated branch of Samaritans, which is itself a company limited by guarantee (registered company number: 757372) and a charity registered in England and Wales (219432) and in Scotland (SC040604).

The charity was registered as a charitable incorporated organisation with the Charity Commission and commenced trading and operations on 1st April 2017 following the transfer of undertaking on that date from an unincorporated Branch, the Samaritans of Brighton, Hove and District.

The charity (previously through the unincorporated branch) has had an affiliation with Samaritans that reaches back over 55 years.

### **Objectives and Activities**

The objects of the charity, set out in our Constitution, are to:

- Enable persons in Brighton, Hove and District and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide;
- Promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
- Collaborate with and support Samaritans Central Charity (SCC) and its affiliates in fulfilling these Objects.

Our Vision is that fewer people die by suicide. We aim to achieve this by:

- Reducing the risk factors that make some people more likely to take their own lives;
- Ensuring that people who are at increased risk of suicide are supported;
- Making it less likely that people who do experience suicidal thoughts act on them;
- Reducing the likelihood that people will develop suicidal thoughts.

We are committed to the following values:

- **Listening** - Exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them.
- **Confidentiality** - If people feel safe, they are more likely to be open about their feelings.
- **Non-judgmental** - We want people to be able to talk to us without fear of prejudice or rejection.
- **People making their own decisions** - We believe that people have the right to find their own solution and that telling people what to do takes responsibility away from them.
- **Human contact** - Giving people time, undivided attention and empathy meets a fundamental emotional need and reduces stress and despair.



## **Achievements and Performance in 2024-25**

Samaritans - Brighton, Hove and District is responsible for contributing to the achievement of Samaritans' vision across a large area of Sussex, from Shoreham and Henfield in the west to Newhaven and Lewes in the east, and Haywards Heath in the north, including, of course, Brighton & Hove.

To bring about the vision that fewer people die by suicide, our cohesive and diverse community of volunteers is committed to the promotion of better understanding of suicide, suicidal behaviour, and the value of expressing feelings.

We give our undivided attention to any caller who is feeling distress or despair. We aim to be there to listen 24 hours a day, seven days a week. It is the core of our work. Every caller receives a consistent service of the highest quality. Even in acute distress, our callers feel held and heard, in control of their own choices, but less alone.

We bring Samaritans to local people and organisations – above all to individuals and groups more at risk of suicide and those who work with these vulnerable people. We listen to them and we learn.

We look after each other. What we can do for our callers and our local community relies entirely on the motivation, ability and capacity of our volunteers. We nurture that motivation through the kindness and compassion we show each other and the ongoing development we receive. We listen to each other. Through our work together we gain new skills and perspectives, strong friendships, and sense of purpose.

We hope other branches are inspired and encouraged by what we do. We are proud to be members of Samaritans – Brighton, Hove and District.

During 2024-25, we focused on:

- Strengthening the quality of our listening
- Looking after each other
- Taking Samaritans to local people and organisations

### **Strengthening the quality of our listening**

Delivering a high-quality listening service to callers, over the phone, using email and webchat, is the core of what we do. Over the year, we answered an estimated 25,500 (2023-24: 23,470) calls, made 210 (2023-24: 231) outgoing calls, had 390 (2023-24: 376) online chats and replied to 1,100 (2023-24: 1,000) emails. We are no longer able to see callers face-to-face at our centre but we gave emotional support to people at events outside the Branch.

We were in the first group of branches to transition to Samaritans' new online communications platform, the Listening Centre. (The change meant data about our services in the second half of the year were unreliable, hence the estimated figures shown above). We switched the online chat service to the new platform in June 2024 and the main listening service switched over in October 2024. The main difference for volunteers was the move away from traditional telephone handsets to a fully internet-based service. We held a series of online webinars in advance for volunteers to look at the new system and gave additional training during the autumn. The transition went very well. Most listening volunteers had become used to services like Zoom and Teams so they moved across comfortably to the new system. After a few technical, teething problems with some fiddly system settings the system has seen noticeably fewer problems with line quality or dropped calls.



To enable us to deliver our service for as many hours as possible each week in 2024-25, we continued to develop our volunteer recruitment, training and on-going mentoring. We successfully recruited and gave core training to 56 new volunteers during the year, 43 of whom went on to complete mentoring and embedding. By getting to know new volunteers early on, we were able to match new listeners closely with their mentors, easing the transition to answering calls and generating an early sense of belonging to the Branch. We also grew our mentor team, delivering refresher training during the year, and offering as much flexibility as possible to mentors and mentees alike. As a result of ongoing efforts to improve selection, recruitment and training, and despite saying goodbye to those who had to leave us, our listener numbers grew and the number of listening numbers in the Branch was 183 on 31 March 2025 (out of a total of 200 volunteers).

We aim to embed a culture where volunteers learn from and support each other as a normal way of working. With this in mind, we held four 'listening to each other' weeks over the year, alongside our now well-established peer review process. We introduced a 'module of the month' programme of ongoing training to help refresh and extend skills throughout the year. These included sessions on EDI, neurodiversity and written word. In addition, listening volunteers attended ongoing training days in September or November as a way both to spend time together and to reinforce skills.

To improve sign-up for hard to fill night-time shifts, we expanded our team of night-time debriefers and leaders so that those filling night shifts get the support they need at the right time.

### **Looking after each other**

We continued regular contact with new and existing volunteers, through our dedicated volunteer support team, who checked how things were going inside and outside the Branch. We welcomed 43 mentees and two volunteers who transferred in from other Branches. Our team of 'new volunteer buddies' and our 'transferring volunteers lead' gave them focused support during their first year in the Branch. We kept in touch with volunteers who needed time out and provided a 'return programme' to help them re-engage. Alongside ongoing support, we encouraged those that could to contribute to the non-listening work that is so essential to keeping the Branch going. We are proud to have had over a hundred listening volunteers who managed to help the Branch above and beyond the time they give to callers, as well as having 17 support volunteers, who typically contribute as an integral part of one or more teams in the Branch.

We continued striving to ensure the Centre remains a safe, friendly and relaxed place for volunteers to train, listen to callers and get together. A major operational challenge was ensuring easy and safe access while our freeholder carried out major works to construct a new storey on top of the building. The work caused the automated door at the main entrance to malfunction and led to an accumulation of dirt and pigeon filth at the Centre entrance. When the work was finally finished, we were able to put the automatic door back into service and upgrade to more powerful outside lighting for the car park. Inside the centre, volunteers continued to benefit from improved information available in the listening booths as well as a "homely" kitchen area. Another improvement has been the installation of racks in the kitchen for listening volunteers to store their headsets, which has led to a reduction in lost and broken sets.

We continued action to embed equity, diversity and inclusion (EDI) in all that we do. Branch volunteers shared their experiences and perspectives of life and Samaritans through a series of 'storytelling' articles; new volunteers had a named volunteer 'buddy' to support them through their journey to full membership of the Branch; and we built EDI thinking into our ongoing training sessions, taking steps to make them accessible to all. We looked at ways to increase diversity within the branch – for example by reaching out to groups who have not traditionally become volunteers – so our membership more closely reflects our local communities. We aim to value difference and ensure it never becomes a limitation.



## **Taking Samaritans to local people and organisations**

We continued to work hard in the local community, to bring Samaritans to people who are at a higher risk of self-harm or suicide and to those who work with these vulnerable people. We aimed to make our services as inclusive as possible and raise awareness of them more widely. Our thanks go to all the volunteers whose passion, commitment and generosity gave life to this work.

### Providing emotional support outside the Branch

Our amazing team of fifteen volunteers, from Brighton and Eastbourne branches, continued to support **Listeners at Lewes prison**. We trained two cohorts of new Listeners during 2024-25, and had ten at the end of the year. Because of a high turnover, due to moving on and release, we regularly have to start a new campaign, selection and training of new Listeners. Our award presentations when Listeners complete their training, with their visitors, our Branch Director and a Governor present, are always joyful celebrations. We provided ongoing weekly support through debriefs. In addition, we continue to be active in officer training on the Listener scheme, and were invited to participate in staff wellbeing days.

We continued our partnership with **Cruse East Sussex** to support clients on their waiting list in need of special help. Due to internal changes in Cruse, we had only 2 new referrals in the year 2024. However, we have been assured that this does not reflect the way that Cruse would like it to be. They continue to value greatly the support we give their clients and in future we can expect there to be significantly more referrals.

We also supported '**Facing the Future**', a Samaritans-led project on Zoom, that gives those bereaved by suicide the opportunity to share their experiences and feelings with others who have lost people in the same way.

We continued to build our relationships with **railway staff** at local stations and to offer focused support.

### Reaching people who are more at risk of suicide

We focused on strengthening relationships with key organisations who support those more vulnerable to the risk of suicide, primarily through the Brighton & Hove Suicide Prevention partnership.

We were approached by national charity **Friends, Families and Travellers (FFT)**, representing the Gypsy, Roma and Traveller communities, to pilot a call-back service for Gypsies and Travellers. We put in place a memorandum of understanding covering the service and briefed listeners about its introduction. FFT trained about twenty listeners and the referral service went live in March 2025.

### Raising awareness of our service

Participation in large local events, especially **Pride and Trans Pride**, enhances our visibility and is much enjoyed by our volunteers. In 2024, over a hundred volunteers from fifteen different branches in the region joined the Pride parade. And we had a strong presence at Trans Pride, with representatives from Eastbourne and Reigate branches joining us at our well-attended stand.

The branch again turned out in force at eight railway stations in the region, for Samaritans' 2025 **Small Talk Saves Lives (STSL)** campaign. Some 38 volunteers gave out over 3,500 leaflets and cards encouraging people to start conversations if they think someone may need a kind word. This year the two-weeks of mainly early morning events were supported by British Transport Police whose officers attended every session. We were also joined by MP for Mid-Sussex Alison Bennett at Haywards Heath; while ITV Meridian news filmed at Brighton station. Following STSL transport police are carrying Samaritans contact cards.

We also continued to **provide digital resources** for teachers and films for young people; and held well-being and awareness events at the Universities of Sussex and Brighton and local sixth form colleges.



We reviewed Samaritans crisis and general information **signage** at high-risk spots along the seafront from Hove lagoon to Saltdean, in partnership with Brighton & Hove City Council and the RNLI.

#### Reaching people who can reach others

Following the successful pilot of our training for clinicians and other front-line staff with a Primary Care Network (PCN) in Brighton in 2023-24, we provided 'Listen like a Samaritan' training to another PCN in the city. Further extension of our training was overtaken when the Brighton & Hove Suicide Prevention Partnership went out to tender for provision of primary care suicide awareness and prevention training right across the city. After doing our due diligence on the tender, we decided that we could not meet the scale and requirements of the bid.

We continued to offer 'Listen like a Samaritan' workshops to other organisations, such as the Institute of Employment Studies, University of Brighton, Aviva and Mid-Sussex Voluntary Action. The workshops promoted good listening, generated income and raised awareness of our service.

### **Financial Review**

#### **Results for the year**

We report a total net surplus of £7,900 for the year (2023-24: net deficit of £31,291) across both restricted and unrestricted funds. Total income was £73,894 (2023-24: £28,058). Total expenditure was £65,010 (2023-24: £59,648). These headline numbers are explained in more detail below.

#### **Restricted funds**

We spent £4,277 (2023-24: £3,654) of our restricted funds during the year. As a result, our restricted funds reduced to £121 (2023-24: £3,398). The most significant item of expenditure was the creation of a new short film for young people entitled 'A Call'.

Our restricted income was £1,000 (2023-24: £2,522). This was from a donation restricted for use on a celebration for all volunteers to mark the end for the outgoing Director's tenure.

In 2023-24 £2,522 of grants towards our work at HMP Lewes was treated as restricted income. Following information received in March 2025 from Samaritans Central Charity, this grant income is no longer treated as restricted from 2024-25.

#### **Unrestricted funds**

We had a surplus on unrestricted funds of £11,177 (2023-24: deficit of £25,013). This increased our unrestricted reserves to £452,575 (2023-24: £441,398).

During the year, we received £63,190 (2023-24: £14,689) in income from fundraising events, donations and related gift aid, excluding legacies.

Direct costs relating to our listening service were £9,193 (2023-24: £5,904).

Direct costs related to working in the community were £4,561 (2023-24: £1,719).

Support costs, excluding depreciation and the central charge were £29,518 (2023-24: £30,656). Support costs mostly related to keeping our centre operational and therefore our listening service. Any apportionment to working in the community and raising funds would be arbitrary. Accordingly, support costs are disclosed separately.

#### **Raising funds**

In 2024-25, our expenditure was over £60,000 (£165 a day) to run all the Branch's activities. Apart from a little over £2,000 received from the Ministry of Justice: HM Prisons and Probation Service (HMPPS), to cover all or part of the costs of our work at HM Prison (HMP) Lewes, we got no support from SCC or local or central government. Instead, we relied entirely on unpaid volunteers for all we did.



Having experienced a deficit in each of the previous three years, in 2024-25 we started a multi-year income generation plan, which included offering external training, inspiring more of us and those we know to make a regular gift to the Branch, building relationships with local businesses and other partners, participating in fundraising events and ensuring that the need to fund our future is better understood within our volunteer community. As a result of this much increased and more varied activity, over the year, we raised £69,629 (2023-24: £23,851).

A regular donation of £14 a month raises the £165 needed to keep the Branch running for another day each year. Funding from our wonderful regular donors (including Gift Aid) raised about £7,800 in 2024-25, covering around a month and a half of normal costs. We also received an anonymous donation of £12,500 (including gift aid), £1,000 of which was restricted for use to thank volunteers. Everything else came from actions taken by volunteers to fund our future, including collections at the Dome and Theatre Royal, runners in marathon, 10k and other events, a fundraising auction and other events.

We are fortunate to have some great supporters and particular thanks are due to the following for helping us in 2024-25:

- Legal & General
- PHX Gym
- Rotary Club of Lewes
- Price of Football podcast
- Carousels
- *Dear Evan Hansen* – Theatre Royal
- Sarah Millican
- Our anonymous donor
- Our runners in the Brighton marathon, 10k and half-marathon
- Those supporters who shop through fundraising sites
- Our regular and irregular donors.

Our aim in 2025-26 is to learn from the experiences of 2024-25 so we build on known successes and expand in areas where there is room for improvement. It will be difficult to match the success of this first year but the Funding Our Future team will continue their efforts to ensure the branch has a sustainable financial future.

### **Reserves Policy**

We have a reserves policy to enable continuity of service should we experience a sustained income downturn, or should other reasonably foreseeable losses crystallise. Our target range for free reserves in 2024-25 was between 12 and 24 months of expenditure, excluding depreciation.

At 31st March 2025, we held £141,707 (31st March 2023: £126,598) in 'free' reserves. Free reserves are the total unrestricted reserves of £452,575, less reserves tied up in tangible fixed assets of £310,868.

Total expenditure, less depreciation, for the year was £61,078 (2023-24: £55,133). Our free reserves represented 28 months (2023-24: 28 months) of this expenditure.

Our target range for free reserves in 2025-26 remains between 12 and 24 months of expenditure, excluding depreciation and is between £62,200 and £124,000. This will be reassessed from time to time, having regard to our fundraising capacity at that time.



### **Investment Policy**

Where the Trustees consider that there is a reasonable likelihood that the charity has sufficient resources to meet obligations as they fall due, surplus cash reserves are invested in a low-risk ethical and/or sustainable equity fund to obtain a financial return, subject to prioritising security (investing with regulated counterparties) then liquidity (appropriate maturity profile) over yield. In 2024-25, our funds were invested in the IFSL CAF ESG Cautious Fund, whose value at the end of the year was £66,801. As at 31st March 2025 44% (31<sup>st</sup> March 2024: 32%) of our cash reserves were invested in this fund, in line with our investment policy.

### **Risk Management**

In planning and reviewing activities in 2024-25, the Trustees had regard to the Charity Commissions' guidance on public benefit. The Trustees are satisfied that the activities undertaken by the branch meet the charity's purposes for the public benefit.

The Trustees maintain a branch risk register, which is reviewed regularly to ensure we plan and manage the running of the charity as smoothly as possible.

The Trustees have taken out a comprehensive insurance policy to protect against a wide variety of risks. This policy includes Trustee Indemnity Insurance.

### **Trustee Governance and Management**

The branch is bound by the terms of its Constitution, dated 1<sup>st</sup> April 2017. The Constitution is available on request from the Secretary at the registered office. Full governance and management details are included in it.

Trustees of the charity have not been remunerated for services provided, although they may receive additional training strictly to assist them in directing the pursuit of charitable objects.



## **Reference and administrative details**

**Principal (registered) address:** Unit 1-3, Dubarry House, Newtown Road, Hove BN3 6AE

### **Trustees**

The Trustees who served during the period of the report were:

- Director and Chair – Robin Webb (to 31 March 2025)
- Director and Chair – Mick Macve (from 1 April 2025)

Re-elected at AGM on 11<sup>th</sup> July 2024:

- Michael McGowan – Treasurer
- Alison Meekings – Branch Secretary
- Bernadette Hopper – Trustee
- Catherine Page – Trustee
- Fiona Harrison – Trustee
- Sarah Webster – Trustee
- Simon Crompton – Trustee
- Simon England – Trustee

### **Deputy Directors (from 1<sup>st</sup> April 2024)**

- Selection and Recruitment – Michelle Pearson
- Core Training – Mick Macve
- Mentoring and Embedding – Mandi Stokell
- Ongoing Mentoring and Training – Joanna Moyse
- Volunteer Care – Anne Ferguson and Alan Johnson
- Working in the Community – Clare Levi
- Centre Operations – William Faas

**Independent Examiner** – Dr Shona Wardrop CA, Chariot House, 44 Grand Parade, Brighton BN2 9QA

**Bankers** – Barclays Bank UK PLC

**Solicitor** – Osman Ward & Sons, 37 Church Road, Hove BN3 2BW

### **Independent Examiner**

A resolution to appoint Dr Shona Wardrop CA of Chariot House Ltd was passed at the AGM on 11<sup>th</sup> July 2024

APPROVED by the Board of Trustees on 24 MAY 2025

**Signed on behalf of all Trustees**

**Mick Macve**

**Director and Chair** M Macve

**Date** 24 MAY 2025



## 2.

### **Samaritans - Brighton, Hove & District Director's Report Year Ended 31st March 2025**

Taking over as Director on 1<sup>st</sup> April 2025 was remarkably straightforward, thanks to my predecessor's kindness, wisdom, knowledge and vision, which meant that the branch was in a brilliant position. The achievements of volunteers in the branch in 2024-25 are too numerous to mention in a brief report but here are some of the highlights.

With immense help from the Centre Operations team, we successfully introduced the Listening Centre system. Volunteer numbers are up thanks to the Recruitment & Selection team and we had 200 volunteers at year end, which has contributed to a reduction in shift closures. The Core Development and Mentoring & Embedding teams have introduced 43 new volunteers to the branch. The result is that we increased the number of phone calls we took so that we answered over 2000 each month.

The Prison team has fifteen volunteers, across Brighton and Eastbourne branches, working at Lewes prison. They trained two cohorts of new Listeners over the last year and continue to be active in officer training on the Listener scheme.

Our Continuous Development team ensured that all volunteers were supported by a peer review and held two hugely successful and popular training days.

Our Volunteer Care team provided support for every volunteer whilst also maintaining high expectations.

The Working in the Community team continued to promote our values in the local area. The team created a new initiative to support the Traveller community; organised volunteers at eight railway stations, as part of the "Small Talk Saves Lives" campaign; and made presentations in five Sixth Form Colleges. Our 'Listen like a Samaritan' workshops raised around £3500. We have a valuable presence at Pride and Trans Pride. Other initiatives are being explored, including liaising with Brighton & Hove Albion, the Royal National Lifeboat Institution, the Clare Project, the Depot Arts Centre, Stopover as well as Primary Care Networks in Mid Sussex, Lewes and other trusts outside Brighton.

The determination and vision of the Funding Our Future team has resulted in a reversal in branch funding with a substantial surplus, after three years of deficits.

Equity, Diversity and Inclusion is at the heart of everything we do and we are constantly striving to ensure that our branch is a fair and respectful environment.

In my brief tenure as Director so far, I have been blown away by the commitment, expertise, dedication and kindness of members of the Brighton, Hove & District branch.

**Mick Macve**  
**Branch Director**



### **3.**

## **Samaritans – Brighton Hove and District** **Statement of Trustee Responsibilities in respect of the Accounts** **Year Ended 31<sup>st</sup> March 2025**

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (FRS102).

Charity law requires the Trustees to prepare financial statements for each financial year. The Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including its income and expenditure for the year.

In preparing these financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP) effective from 1 January 2019
- Make judgements and estimates that are reasonable and prudent
- State whether applicable standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate and proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the charity's constitution.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



4.

**Independent Examiner's Report to the  
Trustees of Samaritans - Brighton & Hove District**

**Independent examiner's report to the trustees of Samaritans - Brighton, Hove and District**

I report to the charity's Trustees on my examination of the accounts of Samaritans - Brighton, Hove & District ('the charity') for the year ended 31<sup>st</sup> March 2025.

**Responsibilities and basis of report**

As the Trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the charity are not required to be audited for this year under section 144 of the Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act. In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the Act).

**Independent examiner's statement**

I have completed my examination.

I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

1. Accounting records were not kept in accordance with section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the relevant accounting requirements under the Charity (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the Charities SORP (FRS102) effective from 1 January 2019.

I have no concerns and have come across no other matters in connection with the examination to which your attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Signed: Shona Wardrop

Dr Shona Wardrop CA  
Institute of Chartered Accountants of Scotland  
Chariot House Limited  
Chartered Accountants  
44 Grand Parade  
Brighton BN2 9QA

Date: 27<sup>th</sup> May 2025



**5.**  
**Samaritans - Brighton & Hove District**  
**Statement of Financial Activities**  
**Year ended 31<sup>st</sup> March 2025**

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
<b>Incoming resources</b>							
Income from:							
Donations & legacies	3	63,190	1,000	64,190	19,689	-	19,689
Charitable activities	3	5,439	-	5,439	1,640	2,522	4,162
Investments	3	4,265	-	4,265	4,207	-	4,207
<b>Total incoming resources</b>		<b>72,894</b>	<b>1,000</b>	<b>73,894</b>	<b>25,536</b>	<b>2,522</b>	<b>28,058</b>
<b>Resources expended</b>							
Expenditure on:							
Raising funds	4	3,159	-	3,159	778	-	778
Charitable activities:							
Listening service	4	9,193	-	9,193	5,904	-	5,904
Working in the community	4	4,561	3,398	7,959	1,719	1,298	3,017
Prison related activities	4,17	2,359	-	2,359	-	2,356	2,356
Donation to SCC	4	-	-	-	7,500	-	7,500
Support costs	4,5	41,461	879	42,339	40,093	-	40,093
<b>Total expenditure</b>		<b>60,733</b>	<b>4,277</b>	<b>65,009</b>	<b>55,994</b>	<b>3,654</b>	<b>59,648</b>
<b>Net Income before investment gains/(losses)</b>		<b>12,161</b>	<b>(3,277)</b>	<b>8,884</b>	<b>(30,458)</b>	<b>(1,132)</b>	<b>(31,590)</b>
Net gains/(losses) on investments	8	(984)	-	(984)	299	-	299
<b>Net income/(expenditure)</b>		<b>11,177</b>	<b>(3,277)</b>	<b>7,900</b>	<b>(30,159)</b>	<b>(1,132)</b>	<b>(31,291)</b>
Transfers between funds	14	-	-	-	5,146	(5,146)	-
<b>Net movement in funds</b>		<b>11,177</b>	<b>(3,277)</b>	<b>7,900</b>	<b>(25,013)</b>	<b>(6,278)</b>	<b>(31,291)</b>
Reconciliation of funds:							
Total funds brought forward		441,398	3,398	444,796	466,411	9,676	476,087
<b>Total funds carried forward</b>		<b>452,575</b>	<b>121</b>	<b>452,696</b>	<b>441,398</b>	<b>3,398</b>	<b>444,796</b>



**6.**  
**Samaritans - Brighton, Hove & District**  
**Balance Sheet**  
**Year Ended 31<sup>st</sup> March 2025**

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	7	310,868	314,800
Investments	8	66,801	44,785
<b>Total fixed assets</b>		<b>377,669</b>	<b>359,585</b>
<b>Current assets</b>			
Debtors	9	1,070	1,286
Investments	10	59,237	51,981
Cash at bank and in hand	11	26,975	42,382
<b>Total current assets</b>		<b>87,283</b>	<b>95,649</b>
<b>Creditors</b>			
Amounts falling due within one year	12	12,256	10,438
<b>Net current assets</b>		<b>75,027</b>	<b>85,211</b>
<b>Total net assets</b>		<b>452,696</b>	<b>444,796</b>
<b>Funds of the charity</b>			
Restricted income funds	15	121	3,398
Unrestricted Funds		452,575	441,398
<b>Total funds</b>		<b>452,696</b>	<b>444,796</b>

*Notes 1 to 19 form an integral part of these accounts.*

Signed on behalf of all Trustees

Mick Macve

Director and Chair

*M Macve*

Michael McGowan

Treasurer

*[Signature]*

Date 24 MAY 2025



**7.**  
**Samaritans - Brighton, Hove & District**  
**Statement of Cash Flows**  
**Year Ended 31<sup>st</sup> March 2025**

	2025 £	2024 £
<b>Cash flows from operating activities</b>		
Net income /(expense)	7,900	(31,291)
Adjustments for:		
Depreciation charge and write offs	3,931	4,514
Loss/(gain) on investments	984	(299)
Interest on investments	(4,265)	(4,207)
(Increase)/Decrease in debtors	216	2,885
Increase/(Decrease) in creditors	1,818	646
<b>Net (outflow)/inflow provided by operating activities</b>	<b>10,583</b>	<b>(27,751)</b>
<b>Cash flows from investing activities</b>		
Dividends & interest from investment	4,265	4,207
(Increase)/Decrease in current asset investments	(7,256)	6,487
Sale of investments	-	74,782
Purchase of investments	(23,000)	(44,696)
Purchase of capital assets	-	-
<b>Net cash provided from investing activities</b>	<b>(25,991)</b>	<b>40,780</b>
<b>Changes in cash during the reporting period</b>	<b>(15,408)</b>	<b>13,029</b>
<b>Cash at the start of the reporting period</b>	<b>42,382</b>	<b>29,354</b>
<b>Cash at the end of the reporting period</b>	<b>26,975</b>	<b>42,382</b>



**8.**  
**Samaritans – Brighton, Hove & District**  
**Notes to the Accounts**  
**Year Ended 31<sup>st</sup> March 2025**

**Note 1: Basis of preparation**

**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective from 1 January 2019; and with
- The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102); and with
- The Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS102.

**1.2 Going Concern**

The Trustees consider that, based on the current reserves position and the budgeted income and expenditure, there are no material uncertainties that cast significant doubt on the ability of the charity to continue as a going concern.

**Note 2: Accounting policies**

**2.1 Recognition of income**

Income is recognised in the Statement of Financial Activities (SoFA) when:

- The charity becomes entitled to the resources;
- It is more likely than not that the trustees will receive the resources; and
- The monetary value can be measured with sufficient reliability

**Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS102 SORP or FRS102.

**Grants and donations**

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP).

In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS102 SORP).

**Legacies**

Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.



**Tax reclaims on donations and gifts**

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

**Contractual income and performance related grants**

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

**Donated goods**

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

**Donated services and facilities**

Donated services and facilities are included in the SoFA when received, at the value of the gift to the charity, provided the value of the gift can be measured reliably.

The charity relies on the unpaid contribution of volunteers in pursuit of the Samaritans' vision and in providing the necessary support and administration. However, it is impractical for their contribution to be measured reliably for accounting purposes.

**Support costs**

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

**Volunteer help**

The value of any voluntary help received is not included in the accounts but is described in the trustee report.

**Income from interest, royalties and dividends**

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

**Investment gains and losses**

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting in revaluing investments to market value at the end of the year.

**2.2 Expenditure and Liabilities****Liability recognition**

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.



**Support costs**

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs mostly relate to keeping the charity's centre operational and therefore the charity's listening service, a core charitable activity. Any apportionment to working in the community and raising funds would be small and arbitrary. Accordingly, no such apportionment has been made.

**Deferred income**

No material item of deferred income has been included in the accounts.

**Creditors**

The charity has creditors which are measured at settlement amounts less any trade discounts.

**Provision for liabilities**

A liability is measured at recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

**Basic financial instruments**

The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.

**2.3 Assets****Tangible fixed assets for use by the charity**

These are capitalised if they can be used for more than one year and cost more than £1,000. They are valued at cost.

Depreciation rates are applied as follows:

Leasehold land	Over the life of the lease on a straight-line basis
Leasehold building	2% on a straight-line basis
Fixtures, fittings, furniture & equipment	25% on a reducing balance basis

**Investments**

Fixed asset investments in quoted shared, traded bonds and similar investments are valued initially at cost and subsequently at fair value (their market value) at year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

**Debtors**

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

**Current asset investments**

The charity has cash and cash equivalents with a maturity date less than one year. These include cash on deposit with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due. The charity accounts for these balances as basic financial instruments.



### Note 3. Analysis of income

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
<b>Donations &amp; legacies</b>						
Donations & Gifts	54,323	1,000	55,323	13,099	-	13,099
Legacies	-	-	-	5,000	-	5,000
Gift Aid	8,867	-	8,867	1,590	-	1,590
<b>Total donations &amp; legacies</b>	<b>63,190</b>	<b>1,000</b>	<b>64,190</b>	<b>19,689</b>	<b>-</b>	<b>19,689</b>
<b>Charitable activities</b>						
Grants						
Unrestricted	-	-	-	-	-	-
Central Samaritans - NOMs grant [Note 17]	2,039	-	2,039	-	-	-
Central Samaritans - NOMs grant [Note 17]	-	-	-	-	2,522	2,522
<b>Total Grants</b>	<b>2,039</b>	<b>-</b>	<b>2,039</b>	<b>-</b>	<b>2,522</b>	<b>2,522</b>
Training	3,400	-	3,400	1,640	-	1,640
<b>Total charitable activities</b>	<b>5,439</b>	<b>-</b>	<b>5,439</b>	<b>1,640</b>	<b>2,522</b>	<b>4,162</b>
<b>Income from investments</b>						
Interest income	2,597	-	2,597	3,121	-	3,121
Dividends	1,667	-	1,667	1,085	-	1,085
<b>Total income from investments</b>	<b>4,265</b>	<b>-</b>	<b>4,265</b>	<b>4,207</b>	<b>-</b>	<b>4,207</b>

### Note 4. Analysis of expenditure

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
<b>Expenditure on raising funds</b>						
Donations	693	-	693	675	-	675
Fundraising events	1,902	-	1,902	103	-	103
Other	564	-	564	-	-	-
<b>Total</b>	<b>3,159</b>	<b>-</b>	<b>3,159</b>	<b>778</b>	<b>-</b>	<b>778</b>
<b>Expenditure on charitable activities</b>						
Direct costs:						
Listening Service	9,193	-	9,193	5,904	-	5,904
Working in the community	4,561	3,398	7,959	1,719	1,298	3,017
Prison related activities [Note 17]	2,359	-	2,359	-	2,356	2,356
Donation to SCC	-	-	-	7,500	-	7,500
Support costs [Note 5]	41,461	879	42,340	40,093	-	40,093
<b>Total</b>	<b>57,574</b>	<b>4,277</b>	<b>61,851</b>	<b>55,216</b>	<b>3,654</b>	<b>58,870</b>
<b>Total expenditure</b>	<b>60,733</b>	<b>4,277</b>	<b>65,010</b>	<b>55,994</b>	<b>3,654</b>	<b>59,648</b>



## Note 5. Support costs

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £
Recruitment, selection & training	1,610	-	1,724	-
Centre premises costs	15,153	-	16,412	-
Centre supplies	2,639	-	2,716	-
Telephone, technology & repairs	6,506	-	5,679	-
Volunteer Care [Note 18]	471	879	774	-
Governance	2,062	-	2,096	-
Finance	1,076	-	1,255	-
Depreciation and write offs	3,931	-	4,514	-
Central charge	8,012	-	4,923	-
<b>Total</b>	<b>41,461</b>	<b>879</b>	<b>40,093</b>	<b>-</b>

Support costs mostly relate to keeping our centre operational and therefore our listening service, a core charitable activity. Any apportionment to working in the community and raising funds would be small and arbitrary. Accordingly, no such apportionment has been made.

## Note 6. Independent examiner's fee

	2025 £	2024 £
Independent examiner's fee	1,365	1,260
<b>Total</b>	<b>1,365</b>	<b>1,260</b>

## Note 7. Tangible fixed assets

	Lease- hold land	Leasehold buildings	Fixtures, fittings, furniture, equip- ment	Total	Lease- hold land	Lease- hold buildings	Fixtures, fittings, furniture, equip- ment	Total
	2025 £	2025 £	2025 £	2025 £	2024 £	2024 £	2024 £	2024 £
<b>Cost</b>								
At start of year	251,484	96,517	57,980	405,981	251,484	96,517	57,980	405,982
Additions	-	-	-	-	-	-	-	-
Disposals	-	-	-	-	-	-	-	-
<b>At the end of year</b>	<b>251,484</b>	<b>96,517</b>	<b>57,980</b>	<b>405,981</b>	<b>251,484</b>	<b>96,517</b>	<b>57,980</b>	<b>405,982</b>
<b>Accumulated depreciation</b>								
At the start of the year	5,354	34,844	50,984	91,182	5,102	32,914	48,651	86,668
Charge for the year	252	1,930	1,748	3,930	252	1,930	2,332	4,514
Disposals	-	-	-	-	-	-	-	-
<b>At the end of the year</b>	<b>5,606</b>	<b>36,774</b>	<b>52,733</b>	<b>95,113</b>	<b>5,354</b>	<b>34,844</b>	<b>50,984</b>	<b>91,182</b>
<b>Net Book Value</b>								
At start of the year	246,130	61,673	6,997	314,800	246,382	63,603	9,329	319,314
<b>At the end of the year</b>	<b>245,878</b>	<b>59,743</b>	<b>5,247</b>	<b>310,868</b>	<b>246,130</b>	<b>61,673</b>	<b>6,997</b>	<b>314,800</b>



### Leasehold land and buildings

The leasehold interest in Unit 1-3 Dubarry House was acquired under a transfer of undertaking from the predecessor charity on 1<sup>st</sup> April 2017.

The predecessor charity had acquired a 999-year lease in the property from 24th June 2003 for a premium of £250,000. Legal fees related to this transaction were £1,484. These costs are included in the cost of leasehold land.

Any expenditure on improvements to the leasehold buildings were added to the cost of the leasehold land and buildings.

The leasehold land is being amortised over the life of the lease.

The leasehold building is being depreciated at 2% of cost on a straight-line basis.

### Note 8. Fixed asset investments

	CAF ESG	CAF Fixed interest fund	CAF Equity fund	CAF ESG	Total
	2025	2024	2024	2024	2024
	£	£	£	£	£
Value at start of year	44,785	30,473	44,099	-	74,572
Additions	23,000	-	-	44,696	44,696
Disposals	-	(30,086)	(44,696)	-	(74,782)
Gain/(Loss) on disposal	-	(387)	597	-	210
Gain/(Loss) on revaluation	(984)	-	-	89	89
<b>Value at end of year</b>	<b>66,801</b>	<b>-</b>	<b>-</b>	<b>44,785</b>	<b>44,785</b>

### Note 9. Debtors

	2025	2024
	£	£
Prepayments & accrued income	906	1,286
Other debtors	165	-
<b>Total</b>	<b>1,071</b>	<b>1,286</b>

### Note 10. Current asset investments

	2025	2024
	£	£
Short term cash investments	59,237	51,981
<b>Total</b>	<b>59,237</b>	<b>51,981</b>



**Note 11. Cash at bank and in hand**

	2025	2024
	£	£
Cash at bank and on hand	26,975	42,382
<b>Total</b>	<b>26,975</b>	<b>42,382</b>

**Note 12. Creditors: amounts falling due within 1 year**

	2025	2024
	£	£
Accruals & deferred income	12,256	10,438
Other creditors	-	-
<b>Total</b>	<b>12,256</b>	<b>10,438</b>

**Note 13. Analysis of net assets between funds**

	Unrestricted	Restricted	Total
	2025	2025	2025
	£	£	£
Tangible assets	310,868	-	310,868
Investments	66,801	-	66,801
Net current assets	74,906	121	75,027
<b>Total net assets</b>	<b>452,575</b>	<b>121</b>	<b>452,696</b>

	Unrestricted	Restricted	Total
	2024	2024	2024
	£	£	£
Tangible assets	314,800	-	314,800
Investments	44,785	-	44,785
Net current assets	81,812	3,399	85,211
<b>Total net assets</b>	<b>441,396</b>	<b>3,399</b>	<b>444,796</b>



## Note 14. Movement in funds

	at 1/4/2024 £	Income £	(Expenses) £	Transfers £	Gains/ losses £	at 31/3/2025 £
<b>Total unrestricted funds</b>	<b>441,398</b>	<b>72,894</b>	<b>(60,733)</b>		<b>(984)</b>	<b>452,575</b>
Restricted Funds						
Major Donor Fund [Note 15]	3,399	-	(3,399)	-	-	-
Volunteer Thank You Fund [Note 18]	-	1,000	(879)	-	-	121
<b>Total Restricted</b>	<b>3,399</b>	<b>1,000</b>	<b>(4,277)</b>	<b>-</b>	<b>-</b>	<b>121</b>
<b>Total</b>	<b>444,797</b>	<b>73,894</b>	<b>(65,009)</b>	<b>-</b>	<b>(984)</b>	<b>452,696</b>

## Movement in funds prior year

	at 1/4/2023 £	Income £	(Expenses) £	Transfers £	Gains/ losses £	at 31/3/2024 £
<b>Total unrestricted funds</b>	<b>466,410</b>	<b>25,536</b>	<b>(55,994)</b>	<b>5,146</b>	<b>299</b>	<b>441,398</b>
Restricted Funds						
Major Donor Fund [Note 15]	4,696	-	(1,298)	-	-	3,399
NHS Suicide Prevention Fund [Note 16]	4,980	-	-	(4,980)	-	-
Prison Fund [Note 17]	-	2,522	(2,356)	(166)	-	-
<b>Total Restricted</b>	<b>9,676</b>	<b>2,522</b>	<b>(3,654)</b>	<b>(5,146)</b>	<b>-</b>	<b>3,399</b>
<b>Total</b>	<b>476,086</b>	<b>28,058</b>	<b>(59,648)</b>	<b>-</b>	<b>299</b>	<b>444,797</b>

## Note 15. Restricted funds – Major donor fund

The charity received a restricted donation of £37,500 in 2020-21 which was given by a major donor for various community projects with a focus on young people.

During 2024-25 the balance of the fund £3,399 was spent on a short film for young people 'A Call'.

During 2023-24 £97 was spent on services related to the SHUSH animated films for schools, and £1,200 on a social cut of the film for young people 'Behind these eyes'.



#### **Note 16. Restricted funds – NHS Suicide Prevention fund**

The charity made a successful application for a £9,980 grant in 2020 from the Sussex Suicide Prevention Fund. It was awarded for a project to develop three short 'Listeners Save Lives' films with HMP Lewes. They aimed to address the fact that prisoners are particularly vulnerable to suicide and self-harm during the first 3 days after arriving in prison.

A good start was made with HMP Lewes and Gusto Film. However, a combination of COVID restrictions and prison staff shortages stalled the project. The SCC also produced a film with broadly similar objectives for use in prisons throughout the country.

Given the ongoing difficulties with staff shortages and the release of the centrally prepared film, during 2023-24 it was concluded, in conjunction with the HMP Lewes, that it would not be worthwhile to continue with the project.

The charity contacted the Suicide Prevention Project Officer to whom the grant application had been submitted in September 2020 about how the balance of the funds should be used. We obtained approval that the charity could keep the funds and repurpose them for suicide prevention activity.

The Trustees decided to apply these funds towards the costs of the '*Behind These Eyes*' project. As a result, there was a transfer of the remaining balance of the fund £4,980 from restricted to unrestricted funds in 2023-24.

#### **Note 17. Restricted funds – Prison Fund**

Funds are received to cover all or part of the costs of our work in HMP Lewes to provide emotional support. SCC receive a grant from the Ministry of Justice: HMPPS and allocate amounts to relevant Samaritans branches. Following information received in March 2025 from SCC, this income is no longer treated as restricted. Accordingly, this income and the related expenditure is dealt with as unrestricted from 2024-25.

#### **Note 18. Volunteer Thank You Fund**

£1,000 of an anonymous donation received in 2024-25 was restricted for use on a celebration for the outgoing Director and his deputies to mark the end of his tenure as Director. All the volunteers in the branch were invited and this celebration was also a thank you to them. During 2024-25 £879 was spent. The balance of £121 will be spent on similar thank you events in future.

#### **Note 19. Transactions with related parties**

During the year payments in total of £318 (2023-24: £36) were made to 4 Trustees (2023-24: 1) to reimburse travel and other out of pocket expenses. There were no other transactions undertaken with related parties.