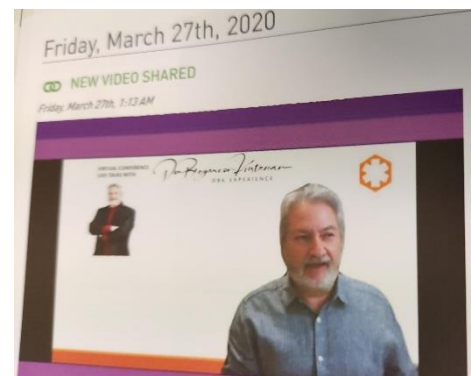
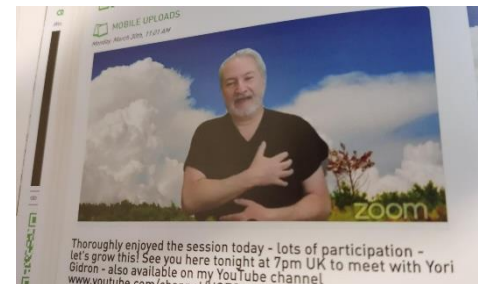
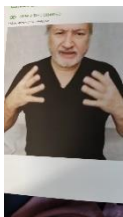




2020 – Annual Report

1. 2020 was a difficult year worldwide – Corona Pandemic hit everyone hard and Heads Up CIO was no exception.
2. **January 2020** – Community workshop – in person – From Trauma to Triumph given by Dov Benyaacov-Kurtzman and Malcom Firth
3. **February 2020** – Dov Benyaacov-Kurtzman participated in NHS training – Co-Production – Getting it right.
4. **February** – New executive steering group was created
5. **March – December** - daily live video community service sessions created and delivered on social media and zoom by Dov Benyaacov-Kurtzman to help the public and professionals cope with then lockdown and pandemic. Leading Psychologists were also recruited to be on the community sessions to offer their expertise and wisdom.
6. **June 2020** - Christian Wakeford MP – Bury South recognises Heads Up activity on his website.
7. **October** – A mental health virtual talk/workshop given to BIG -Bury Involvement Group
8. **December 2020** – Trustees Annual Meeting





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Heads Up CIO

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date

To

Period end date

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	1,791	-	-	1,791	183
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,791	-	-	1,791	183
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,791	-	-	1,791	183
A3 Payments					
Telephone/Internet	15	-	-	15	15
Advertising & Marketing	14	-	-	14	442
Small value equipment	315	-	-	315	-
Travel & Subsistence	-	-	-	-	483
Events & Information	333	-	-	333	247
Books & Stationery	347	-	-	347	26
Legal & Professional	360	-	-	360	2,454
Computer Costs	139	-	-	139	71
Accountancy	532	-	-	532	749
Sub total	2,055	-	-	2,055	4,487
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,055	-	-	2,055	4,487
Net of receipts/(payments)	- 264	-	-	- 264	- 4,304
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,693	-	-	4,693	8,997
Cash funds this year end	4,429	-	-	4,429	4,693

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	