

CATTs (Cancer Awareness for Teens & Twenties)

TRUSTEES' ANNUAL REPORT AND ACCOUNTS
for the year ended 31 August 2022

Registered Charity Number 1170750

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Trustees Information & Administrative Details

Trustees

The trustees and officers serving during the financial year 2021/22 were as follows:

John Barton	Chair Person
Jack Broadley	Treasurer
Lucy Swithenbank	Trustee
Angela Lawrence	Trustee
Subodh Tailor	Trustee
George Sutton	Trustee
Nick Pearson	Trustee
Ethan McLaughlin	Trustee
Vasiliki Kiparoglou	Trustee
Dave Purkiss	Trustee

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in the accounts.

Principal Office 2.06 Centurion House
129 Deansgate
Manchester
M3 3WR

Independent Examiner Nicole Gray (MAAT)
NG Community Accounting
Jubilee House
Lincoln Road
Doddington
Lincoln Road
LN6 4RS

Trustees Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 August 2022.

Structure, Governance and Management

Nature of Governing Document

Cancer Awareness for Teens and Twenties (CATs) is a Charitable Incorporated Organisation (CIO) and is 1170750 established by constitution as dated 20th July 2017 (amended 12th March 2020). Its registered charity number is 1170750.

Recruitment and Appointment of Charity Trustees

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Objectives and Activities

“To preserve and protect good health in particular amongst young people, but not exclusively, by using innovative ways to engage with young people as a means to increase their knowledge of the signs and symptoms of cancer, decrease the delay in seeking medical help and working with universities and other organisations including the medical profession to raise awareness of cancer in young people in such ways as the trustees shall

CATs is committed to raising awareness of the signs and symptoms of cancer in young people (15-29) – our core beneficiaries - through the development and delivery of face-to-face interactive workshops, virtually delivered workshops and the creation of digital materials and creating communities using social media. In working with young people in a range of settings including schools, youth groups, universities and workplaces, along with contact with health and education professionals, CATs continued this work in 2021-22 working across a range of projects.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Summary of Achievements 2021/22

CATTs (Cancer Awareness for Teens Twenties)

2021/22 was a transitional year for CATTs as an organisation, with changes to funding, staffing and the trustee board as part of the natural evolution of a small charity, and in some cases accentuated by the ongoing effects of the Covid-19 pandemic. We ended the year with a stable financial footing and an NHS contract to deliver awareness workshops in North East London.

This piece of work for North East London Cancer Alliance (NELCA) was awarded in March 2022 after working with the project and commissioning team to build a proposal for the delivery of a series of in-person, interactive cancer awareness workshops for Year 10 and 11 students (KS4) across the London Borough of Redbridge. Project development and recruitment took place through the summer of 2022, with the new School Engagement Officer taking post in November and our first sessions being delivered in December 2022.

The 2021/22 Financial Year saw the organisation begin to move forward from our funding period with the National Lottery Community Fund. The team prepared an extensive report looking back at our achievements during the 3 years of this grant, which despite the interruption caused by the Covid-19 pandemic saw CATTs establish itself in the cancer charity community, widen our presence across universities and develop a HQ function that allowed us to successfully deliver our first NHS contract in Salford, and in turn the NELCA work.

In transitioning from our Lottery funding the Trustees and staff team have focussed on developing a diverse set of funding streams. We have applied to a range of small grant making bodies and have continued to seek corporate partnerships. We were happy to be the nominated charity for House Digital, a north-west based digital marketing agency and our relationship with Sofology continued through the 2021/22 Financial Year, and in total across the 3 years generated £37,081 of income before coming to an end in November 2022. We are incredibly grateful for the work of the Sofology staff team and the generosity of their customers.

Winter 2021/22 saw CATTs go through a recruitment process for new Trustees to fill vacancies that had arisen in the preceding year. CATTs are proud to have worked with the Young Trustees Movement to become a champion of young people joining charities in non-executive roles and approached the process with a desire to ensure that we were open to candidates from a wide range of backgrounds. 4 of the 5 Trustees appointed in this round were under 30 and reflective of our beneficiary group (15-29). This approach will be repeated for future recruitment and we have share our approach across the young persons cancer

The Board would like to express its thanks to Trustee colleagues who have left CATTs in the last 12 months and in particular to James Adams, the founder of CATTs and our first Chair. We are proud to be able to continue the work James began in spreading cancer awareness messages in a fun and engaging way to young people across England.

Moving into 2022/23

Prudent financial management in previous years has allowed CATTs to operate in 2021/22 without the major funder of previous years and through the year have adapted to the positive departure of a young staff team moving to a range of roles elsewhere with the experience developed with CATTs.

CATTs (Cancer Awareness for Teens Twenties)

We have transitioned to a part-time staffing model and continue to deliver awareness work and maintain our position in a crowded cancer charity environment while lowering the overall cost base.

CATTs are working with the pro-bono team at Costello Medical to develop a new 5-year strategy for 2023-28. This is a wide ranging and key piece of work that will set the organisational direction within the wider post-Covid healthcare environment.

As an organisation we are looking to continue to expand our influence in the NHS and education marketplace to ensure that cancer awareness for 15-29 year olds remains a priority despite the continuing headwinds of an uncertain economy and a cost-of-living crisis and the impact this has on charitable giving. We will continue to strive to ensure our cancer awareness messages reach our audience and hope to play a key role in the sector in the coming year.

Financial Review

During the year the charity received donations totalling £17,764 (2021 - £30,135) and grants totalling £25,610 (2021 - £84,968).

The total unrestricted income was £18,314 (2021 - £27,800) and the total unrestricted expenditure was £54,578 (2021 - £12,321). The total restricted income was £25,610 (2021 - £87,303) and the total restricted expenditure was £9,560 (2021 - £106,111).

Further details of the charity's financial performance can be found in the Receipts and Payments accounts on page 7 and the Statement of Assets and Liabilities on page 8.

The funds at the end of the year were unrestricted £24,255 (2021 - £60,519) and restricted funds £23,030 (2021 - £6,981).

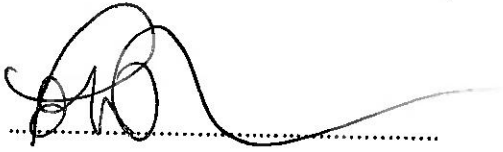
Policy on Reserves

The aim of the reserves policy is to ensure that the charity's ongoing and future activities are reasonably protected from unexpected fluctuations in income and expenditure. The Board reviewed the reserves policy and agreed that a minimum level of unrestricted general funds to cover three months running costs should be held, and is appropriate given the risks faced by the charity and the sustainability of its different income streams. Free reserves at the year end were £24,255.

Going Concern

The trustees are satisfied that the charity remains a going concern for a period in excess of twelve months.

The annual report was approved by the trustees of the charity on 30/6/2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'John C W Barton', written over a horizontal dotted line.

John C W Barton
Chairman

Independent Examiner's Report to the Trustees

I report to the trustees on my examination of the accounts of CATTs (Cancer Awareness for Teens & Twenties) for the year ended 31st August 2022, which are set out on pages 7-9.

Responsibilities and basis of the report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the Act. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters.

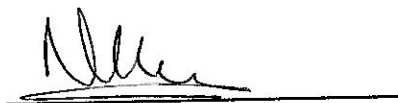
Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- a) accounting records were not kept in accordance with section 130 of the Act or
- b) the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Nicole Gray
NG Community Accounting Services
Jubilee House
Lincoln Road
Doddington
Lincoln
LN6 4RS

28th June 2023

CATTs (Cancer Awareness for Teens Twenties)

RECEIPTS AND PAYMENTS ACCOUNT
for the year ended 31st August 2022

	Unrestricted Funds	Restricted & Endowment Funds	Total 21/22	Total 20/21
Receipts				
Donations & Legacies	17,764	-	17,764	30,135
Grants	-	25,610	25,610	84,968
Income from Charitable Services	550	-	550	-
Total Receipts	18,314	25,610	43,923	115,103
Payments				
Cost of Merchandise	-	318	318	2,294
Direct Expenses	1,405	-	1,405	1,180
Advertising & Marketing	1,825	953	2,778	6,670
Audit & Accountancy Fees	693	70	763	971
Sundries	-	-	-	96
Postage	146	14	160	72
Insurance	536	-	536	595
Professional Fees	85	-	85	463
Rent	3,610	840	4,450	5,328
Salaries	31,438	5,468	36,907	90,501
HMRC Payments	11,106	-	11,106	3,684
Staff Training	162	-	162	200
Pension Costs	2,031	679	2,710	1,966
Subscriptions	985	156	1,141	2,444
Staff Expenses	150	119	269	1,968
Printing & Stationary	137	60	197	-
Telephone & Internet	267	60	327	-
Total Payments	54,578	8,736	63,313	118,432
Asset and Investment Purchases	-	824	824	-
Total Payments	54,578	9,560	64,138	118,432
Net Cash Inflow / Outflow	- 36,264	16,049 -	20,214	- 3,329
Balance brought forward	60,519	6,981	67,500	70,829
Balance carried forward	24,255	23,030	47,286	67,500

CATTs (Cancer Awareness for Teens Twenties)

Statement of assets and liabilities for the year ended 31 August 2022

	Unrestricted Funds	Restricted & Endowment Funds	
£	£		
Cash Funds			
Bank current account	23,990	23,030	
Pleo Account	266	-	
	<u>24,256</u>	<u>23,030</u>	47,286

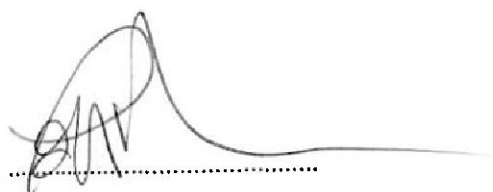
	Unrestricted Funds	Restricted & Endowment Funds	
£	£		
Other Monetary Assets			
Fixed Assets	212	19,474	
Total	<u>212</u>	<u>19,474</u>	19,686

Investment Assets	Fund Un/Restricted	Cost £	Current Value £
	-	-	-
	-	-	-

Assets retained for the Charity's own use	Fund Un/Restricted	Cost £	Current Value £
	-	-	-
	-	-	-

Liabilities	Fund Un/Restricted	Cost £	Current Value £
	-	-	-
	-	-	-

Approved by the trustees of the charity on 30/6/2023 and signed on its behalf by:



John CW Barton
Chairman

CATTs (Cancer Awareness for Teens Twenties)

Notes to the Financial Statements for the Year Ended 31 August 2022

1. Accounting Policies

This year and for future years the Trustees have decided to adopt the Receipts & Payments method in preparing the Financial Statements. Therefore "Expenditure" does not include the accrual for the Independent Examiner's fee for the year.

The Trustees consider that this is appropriate for an organisation the size of LIPU-UK and ensures that the financial statements are easily understood by the members and other users.

All figures refer to the period 1st September 2021 to 31st August 2022

2. Trustees Remuneration and Expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

3. Independent Examiner's Remuneration

	2022	2021
	£	£
Examination of Financial Statements	325	625

4. Taxation

The charity is a registered charity and is therefore exempt from taxation.

5. Relation Party Transactions

There were no related party transactions in the year.

