

## Progress report for AGM 18th November 2025

Since our last AGM (2/10/24) we have:

- Continued to meet our charitable aims and strive for our further stability and growth. We have been able to prepare for growth in our capacity by welcoming our Operations and Clinical Lead Sami Goulding, made possible by the hard work of the team including Ellie, Pete and the Board in fundraising and sustainability planning. We have moved into new and larger premises at Exeter Library which is more suitable for our wide age range from 5 to 25, with accessible rooms and now our own 1:1 and group rooms as a base for our work. We have been delighted to grow our therapy team and welcome new therapists, expanding our offer of creative therapies.
- We have navigated some challenging clinical and financial times with the reductions to the Adoption Support Fund having a negative impact of some of the most vulnerable young people and families we support. We should feel proud of how we have worked together to reflect on and implement strategies to try and reduce these negative effects as well as advocate for change.
- We continue to grow relationships and partnerships with other voluntary sector, NHS and schools partners, predominately through the Family Minds Partnership and this has been recognised by further commissioned of our Progressions arts therapy programme, now being delivered in it's second iteration in Honiton and Exeter.
- We worked with 74 children and young people providing either one to one arts therapy sessions, a place in an arts therapy group or a place on a therapeutic arts project. This number is slightly lower than last year and is a reflection of how we have worked more intensively with some young people with more complex needs for longer periods (e.g. *By Your Side*), as well as gaps in therapy due to ASF funding pauses and no RAMM photography groups in last year.
- Key projects with CYP this year have been our core arts therapy service, *By Your Side* arts therapy programme for young people more at risk of suicidal thoughts, and our first regular arts activity group the *Young Arts Club* for those aged 8-12 and experiencing difficulties with mental health, social relationships and/or transitions.
- Our fantastic creative therapists continue to work with a diverse group of children and young people and we are offering art, music, drama, dance movement psychotherapy and now play therapy also.
- We have benefited from working with our Fundraising Officer Ellie and together we have brought in new grants including for core funding from the Postcode Lottery as well as some project specific funding and donations for businesses.
- We continue to provide purchased arts therapy through adoption services and local authorities and this is an important part of us reaching more young people as well as meeting our overheads. We wish to strive towards growing and sustaining our earned income streams and are exploring options including offering paid for therapy groups via Devon's Family Hubs triage pathway and also projects through the Prevent team.
- We would like to grow our professional training offerings and have submitted a proposal to Devon to deliver further Anxiety & Me skills sharing and resource training or school staff.
- **Sincere thanks must go to the generosity and skills of our Trustees as well as our development and admin team who make sure all is in order and we are planning for sustainability as well as growth.** We welcomed Zara this year as a new Trustee who brings with her a wealth of experience and insights and has been supporting Laura with social media and youth representation. We would like to thank Matt who stepped down as Trustee after a committed and helpful period in this role.

**Our aims for the year ahead include:**

- To review our Board targets and continue to strive towards these.
- To continue to raise grant funds for our arts therapy service for those on lower incomes and especially those who are struggling to get the help they need.
- Growing our reach to help more children, young people and families, including a firm presence in East Devon.
- Building sustainable income streams with a broad range of customers as well as continuing to raise grants and donations.
- Developing our evaluation and impact reporting and to explore research options with Exeter University and/or other potential partners.
- Increasing our co-designing of projects with young people and families and to continue offering more groups as well as 1:1 programmes.
- Continuing to build on how we support and develop our staff team, to sustain quality and capacity.
- To continue to explore how we can support the whole family more to further develop positive outcomes.
- To continue to pursue partnership working and relationship building with a view to larger bids for grants and/or to become purchased by local authorities and/or NHS.

# **YOUTH ARTS & HEALTH TRUST**

Charitable Incorporated Organisation

1170692

Annual Report and Financial Statements  
for the Year Ending 31 March 2025

**Unaudited Accounts**

**YOUTH ARTS & HEALTH TRUST  
CHARITABLE INCORPORATED ORGANISATION  
INFORMATION**

Charity Address:	Exeter YES 22 Cathedral Yard Exeter EX1 1HB
CIO Number	1170692
Trustees	Dr Paul Gray (Chair) Rachel Miller (appointed July 2024) Ralph Hayward Hugh Charles Groves
Registered Office	as above
Independent Examiner	Exeter Community Accounting
Bankers:	Lloyds Bank PO Box 1000 Andover BX1 1LT

**INDEPENDENT EXAMINATION REPORT**  
**For the period ended 31st March 2025**

**Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts with accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



27 October 2025

..... Date .....

Exeter Community Accounting

**YOUTH ARTS & HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**Statement of Financial Activities for  
Year Ended 31 March 2025**

	<b>2024/2025</b>			<b>2023/2024</b>	
<b>Income from:</b>	<b>2</b>	<b>Unrestricted</b>	<b>Designated</b>	<b>Restricted</b>	<b>Total</b>
		<b>£</b>		<b>£</b>	<b>£</b>
Donations		583		-	583
Grants Received		6,850		77,580	84,430
Charitable Activities		38,777		11,940	50,717
<b>Total Income</b>		<b>46,210</b>	<b>-</b>	<b>89,520</b>	<b>135,730</b>
<b>Expenditure on:</b>					
Raising Funds		5,418		-	5,418
Charitable Activities		40,690		47,840	88,530
<b>Total Expenditure</b>		<b>46,108</b>	<b>-</b>	<b>47,840</b>	<b>93,948</b>
<b>Net Income</b>		<b>102</b>		<b>41,680</b>	<b>41,782</b>
Transfers		600	(600 )		-
Net movement of funds		702	-	41,680	42,382
<b>Reconciliation of funds:</b>					
Total of funds brought forward		5,216		21,578	26,794
Total funds carried forward		5,918	-	63,258	69,176

# YOUTH ARTS & HEALTH TRUST

Charitable Incorporated Organisation No: 1170692

## BALANCE SHEET

as at 31 March 2025

	Note	2024/2025		2023/2024	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible			133		267
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		56,535		23,313	
Debtors	7	<u>17,815</u>		<u>9,171</u>	
			74,484		32,751
<b>CURRENT LIABILITIES</b>					
Creditors: amounts falling due within one year	8	5,136		4899	
Current Liabilities		<u>173</u>		<u>1058</u>	
			5,309		5,957
<b>Net Current liabilities/assets</b>			69,176		26,794
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u><u>69,176</u></u>		<u><u>26,794</u></u>
<b>FUNDS OF THE CHARITY</b>					
Unrestricted Funds		5,918		4,616	
Designated Fund		-		600	
Restricted Funds		63,258		21,578	
<b>Total funds</b>		<u><u>69,176</u></u>		<u><u>26,794</u></u>	

Signed on behalf of all the trustees

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Print Name

\_\_\_\_\_

Date

\_\_\_\_\_

## **YOUTH ARTS & HEALTH TRUST**

**Charitable Incorporated Organisation No: 1170692**

### **NOTES TO THE FINANCIAL STATEMENTS**

**Year Ended 31 March 2025**

**Accounting Policies Statement of Compliance** The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Going Concern** The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

**Income** All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

**Resources Expended** All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

**Charitable Activities** Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Support Costs** Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Governance costs** These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

**Tangible Fixed Assets** Individual fixed assets are initially recorded at cost. Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful economic life of that asset as follows:  
Fixtures & Fittings 25% pa straight line

**Trade debtors** Trade debtors are amounts due from customers for services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the receivables.

**Trade Creditors** Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date.

**Funds** Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.  
Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees. Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

**Cash and Cash Equivalent** Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value

#### **Depreciation**

Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful life of that asset as follows:

Fixtures and fittings	25% straight line
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**YOUTH ARTS & HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**NOTES TO THE FINANCIAL STATEMENTS****Year ended 31st March 2025****Note 2**

	<b>2024/2025</b>		<b>2023/2024</b>	
	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	<b>Total</b>
<b>Income</b>				
Grants Received	6,850	77,580	84,430	52,408
Donations	583		583	98
Sales	38,777	11,940	50,717	42,062
<b>Total Income</b>	<b>46,210</b>	<b>89,520</b>	<b>135,730</b>	<b>94,568</b>
<b>Expenditure</b>				
Arts Therapists	20,938	14,158	35,096	47,878
Art Materials	243	193	436	1,208
Travel & Subsistence	627	150	777	924
Financial Administration	4,022	-	4,022	3,251
Project Administration	340	4,888	5,228	7,770
Project Management	1,280	8,781	10,061	14,383
Charity management	6,651	11,340	17,991	11,850
Employer Pension Costs	664	-	664	840
Supervision	788	979	1,766	1,094
Fundraising	5,418	-	5,418	-
Organisational & Admin costs	324	794	1,117	601
Staff training	75	2,044	2,119	973
Advertising & Publicity	202		202	298
Printing Postage & Stationery	278	25	303	142
Computer costs	1,037	561	1,598	581
Rent/Lease on Building	1,274	3,929	5,202	6,304
Insurance	533	-	533	501
Professional services (HR)	683	-	683	-
Accountancy Services	600	-	600	600
Depreciation	133	-	133	133
<b>Total Expenditure</b>	<b>46,108</b>	<b>47,840</b>	<b>93,948</b>	<b>99,332</b>
<b>Surplus/Deficit for the year</b>	<b>102</b>	<b>41,680</b>	<b>41,782</b>	<b>(4,764 )</b>

**YOUTH ARTS & HEALTH TRUST****Charitable Incorporated Organisation No: 1170692****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year ended 31 March 2025****3 Independent examination fees****2024/2025      2023/24**

Fees payable to the independent examiner for:

Independent examination of the financial statements

Other accountancy services

100	100
500	500
<u>600</u>	<u>600</u>

**4 Staff Numbers**

Charitable activities

Governance

Administration

1.3	0.7
0	0
0.1	0.1
<u>1.4</u>	<u>0.8</u>

No employees received employee benefits for the reporting period of more than £60,000

**5 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

**6 Tangible Fixed Assets****Fixtures & Fittings****Cost****£**

As at 1 April 2024

As at 31st March 2025

710
<u>710</u>
<u>710</u>

**Depreciation**

As at 1 April 2024

Charge for the period

As at 31st March 2025

532
<u>133</u>
<u>665</u>

**Net Book Value**

As at 31st March 2025

<u><u>133</u></u>
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**7 Debtors****2024/2025      2023/24****£****£**

Trade Debtors

17,815	9,171
<u>17,815</u>	<u>9,171</u>

**8 Creditors**

Amounts falling due within one year

Trade creditors

Pension Liabilities

Tax and NI

Accruals

<b>£</b>	<b>£</b>
5,136	4,899
109	109
64	349
-	600
<u>5,309</u>	<u>5,358</u>

**YOUTH ARTS & HEALTH TRUST****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year Ended 31 March 2025**

<b>9 Restricted Funds</b>	<b>Balance at end of period 31/3/2024</b>	<b>Incoming resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Balance at end of period 31/3/2025</b>
Designated Fund	600	-	-	(600 )	-
Children in Need	10,437	14,885	(13,724 )		11,598
ICB	3,333	-	(3,333 )		-
Like Minds Project	6,807	-	(4,453 )		2,354
SW Community Benefit Fund	740	-	(414 )		326
Self Heal	262	-	(262 )		-
Devon County Council	-	8,240	(6,921 )		1,319
Awards for All	-	19,950	(5,377 )		14,573
Arts together Group	-	12,005	(879 )		11,126
CLASP	-	10,000	(6,800 )		3,200
Operation Manager	-	14,000	(2,285 )		11,715
Progressions	-	10,440	(3,393 )		7,047
	<b>22,179</b>	<b>89,520</b>	<b>(47,840 )</b>		<b>63,258</b>

**10 Description of Restricted Funds 2024-2025**

A4A Lottery/BYS	By Your Side - Work around suicide prevention
Arts Together Group	Arts Together Group - Arts therapy Group Work
CLASP	CLASP - Work around suicide prevention
Children in Need	Children in Need - Core funding
DCC/SHA Grant	Arts therapy sessions waiting list
ICB (deleted)	ICB - schools based therapeutic interventions
Like Minds Project	Like Minds - 3rd sector mental health organisation network
Ops Manager	Ops Manager - Fundraising towards an operations manager post
Progressions	Progressions - schools based therapeutic work
SW Community Benefit Fund	South West Community Benefit Fund - Art materials

**11 Trustees Remuneration & Benefits**

During the year no trustees received any remuneration, or travel expenses (2024 - £0)

There were no related party transactions with trustees in the year