

## Progress report for AGM 2nd October 2024

Since our last AGM (18/7/23) we have:

- Continued to meet our charitable aims and strive for our further stability and growth. We have settled well into our new premises and continue to offer a range of arts therapies and activities throughout the week.
  - We worked with 112 children and young people providing either one to one arts therapy sessions or a place on a therapeutic arts project.
  - Key projects with CYP this year have been our core arts therapy service, *Dartmoor Frame of Mind* photography skills project with the RAMM, and some pilot arts activities in Cranbrook.
  - Our fantastic creative therapists continue to work with a diverse group of children and young people and we are offering art, music, drama and dance movement psychotherapy.
  - We are exploring how we might work closer with family members either with planned involvement in our programmes to improve family insights and dialogue or through thoughtful signposting to partner organisations (e.g. through the Family Minds Partnership which we are now a central part of).
  - We have benefited from working with our new Fundraising Officer Ellie and together we have brought in new grants including for core funding from Children in Need for a 3 year period to help with core costs and to give us more ability to focus on growth.
  - Following funding from the DCF CLASP fund to focus on suicide prevention we have piloted offering a more bespoke and extended programme to CYP for a risk of significant self harm or suicide. This learning has now led to further funding from the Lottery and we will be launching a new programme *By Your Side*: an extended arts therapy service for young people more at risk from January 25. This will involve individual sessions, with family involvement if appropriate, leading to group sessions for young people.
  - We continue to provide purchased arts therapy through adoption services and local authorities and this is an important part of us reaching more young people as well as meeting our overheads.
  - Our improvements to our electronic systems are improving and we have soon to introducing appropriate software for recording and managing safeguarding concerns.
  - We have begun to raise funds for an Operations Manager post and this will remain a focus over the next 12 months as a priority to enable us to grow and increase our reach.
  - We have continued to grow the Like Minds network with further funding from Devon Community Foundation, working with other VCSE organisations in Devon to provide CPD and networking opportunities for staff who provide therapy or counselling for CYP ([www.likemindsdevon.org](http://www.likemindsdevon.org)).
  - We have reviewed our evaluation measures and are now trialling using the Goal Based Outcome measure, alongside the CORE YP for all clients.
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- Sincere thanks must go to the generosity and skills of our Trustees as well as our development and admin team who make sure all is in order and we are planning for sustainability as well as growth.

- We have thanked Roisin for her support as a Trustee as she stepped away this year and have also welcoming Rachel as a new Trustee who brings with her a wealth of experience and insights.

Aims for the year ahead:

- To review our Board targets and continue to strive towards these.
- To continue to raise grant funds for our arts therapy service for those on lower incomes and especially those who are struggling to get the help they need.
- To continue to fundraise for the role of an Operations Manager, or similar post, to secure much needed capacity in the team.
- To continue to support and invest in staff to sustain the quality and capacity of our services.
- To explore how we can become more young person-led and have better representation from CYP and families in our service design (this forms part of our funded *By Your Side* project).
- To continue to explore how we can support the whole family more to further develop positive outcomes.
- To continue to pursue partnership working and relationship building with a view to larger bids for grants and/or to become purchased by local authorities and/or NHS.
- To broaden our range of customers when trading to secure this financial income stream.
- To review our newly chosen evaluation methods and improve our impact reporting and the communication of this.

# **YOUTH ARTS & HEALTH TRUST**

Charitable Incorporated Organisation

1170692

Annual Report and Financial Statements  
for the Year Ending 31 March 2024

**Unaudited Accounts**

**YOUTH ARTS & HEALTH TRUST  
CHARITABLE INCORPORATED ORGANISATION  
INFORMATION**

Charity Address:	Exeter Phoenix Gandy Street Exeter EX4 3LS
CIO Number	1170692
Trustees	Dr Paul Gray (Chair) Vikram Mohan Ralph Hayward Sue Shaw Roisin McCay-Hines Hugh Charles Groves Matthew Owen Daniel
Registered Office	as above
Independent Examiner	Exeter Community Accounting
Bankers:	Lloyds Bank PO Box 1000 Andover BX1 1LT

**INDEPENDENT EXAMINATION REPORT**  
**For the period ended 31st March 2024**

**Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts with accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



3 August 2024

..... Date .....

Exeter Community Accounting

**YOUTH ARTS AND HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**Statement of Financial Activities for  
Year Ended 31 March 2024**

	<b>2023/2024</b>			<b>2022/2023</b>	
<b>Income from:</b>	<b>2</b>	<b>Unrestricted</b>	<b>Designated</b>	<b>Restricted</b>	<b>Total</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Donations		98	-	-	98
Grants Received		-	-	52,408	52,408
Charitable Activities		42,062	-	-	42,062
<b>Total Income</b>		<b>42,160</b>	<b>-</b>	<b>52,408</b>	<b>94,568</b>
<b>Expenditure on:</b>					
Raising Funds		8,708	-	-	8,708
Charitable Activities		34,467	12,090	44,067	90,624
<b>Total Expenditure</b>		<b>43,175</b>	<b>12,090</b>	<b>44,067</b>	<b>99,332</b>
<b>Net Income</b>		<b>(1,015 )</b>	<b>(12,090 )</b>	<b>8,341</b>	<b>(4,764 )</b>
Transfers		6		(6 )	-
Net movement of funds		<b>(1,009 )</b>	<b>(12,090 )</b>	<b>8,335</b>	<b>(4,764 )</b>
<b>Reconciliation of funds:</b>					
Total of funds brought forward		<b>5,625</b>	<b>12,690</b>	<b>13,244</b>	<b>31,559</b>
Total funds carried forward		<b>4,616</b>	<b>600</b>	<b>21,578</b>	<b>26,794</b>

# YOUTH ARTS AND HEALTH TRUST

Charitable Incorporated Organisation No: 1170692

## BALANCE SHEET

as at 31 March 2024

	Note	2023/2024		2022/2023	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible		267		399	
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		23,313		24,833	
Debtors	7	<u>9,171</u>		<u>10,075</u>	
			32,751		35,307
<b>CURRENT LIABILITIES</b>					
Creditors: amounts falling due within one year	8	4,899		3,207	
Current Liabilities		<u>1,058</u>		<u>541</u>	
			5,957		3,748
<b>Net Current liabilities/assets</b>			26,794		31,559
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>26,794</u>		<u>31,559</u>
<b>FUNDS OF THE CHARITY</b>					
Unrestricted Funds		4,616		5,625	
Designated Fund		600		12,690	
Restricted Funds		21,578		13,244	
<b>Total funds</b>			<u>26,794</u>		<u>31,559</u>

Signed on behalf of all the trustees

\_\_\_\_\_

Print Name

\_\_\_\_\_

Date

\_\_\_\_\_

## **YOUTH ARTS & HEALTH TRUST**

**Charitable Incorporated Organisation No: 1170692**

### **NOTES TO THE FINANCIAL STATEMENTS**

**Year Ended 31 March 2024**

**Accounting Policies Statement of Compliance** The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011. The Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Going Concern** The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

**Income** All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

**Resources Expended** All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

**Charitable Activities** Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Support Costs** Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Governance costs** These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

**Tangible Fixed Assets** Individual fixed assets are initially recorded at cost. Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful economic life of that asset as follows:  
Fixtures & Fittings 25% pa straight line

**Trade debtors** Trade debtors are amounts due from customers for services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the receivables.

**Trade Creditors** Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date.

**Funds** Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.  
Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees. Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

**Cash and Cash Equivalent** Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value

#### **Depreciation**

Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful life of that asset as follows:

Fixtures and fittings	25% straight line
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**YOUTH ARTS HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**NOTES TO THE FINANCIAL STATEMENTS****Year ended 31st March 2024****Note 2**

	2023/2024			2022/2023
	Unrestricted Funds	Designated fund	Restricted Funds	Total
<b>Income</b>				<b>Total</b>
Grants Received	-	-	52,408	52,408
Donations	98	-	-	98
Other Sales	42,062	-	-	42,062
<b>Total Income</b>	<b>42,160</b>	<b>-</b>	<b>52,408</b>	<b>94,568</b>
<b>Expenditure</b>				
Arts Therapists	22,808	12,090	12,980	47,878
Art Materials	863	-	346	1,208
Travel & Subsistence	662	-	262	924
Financial Administration	3,251	-	-	3,251
Project Administration	-	-	7,770	7,770
Project Management	217	-	14,166	14,383
Charity management	6,774	-	5,076	11,850
Employer Pension Costs	840	-	-	840
Supervision	869	-	225	1,094
Organisational & Admin costs	601	-	-	601
Staff training	250	-	723	973
Advertising & Publicity	91	-	207	298
Printing Postage & Stationery	121	-	21	142
Computer costs	556	-	25	581
Rent/Lease on Building	4,039	-	2,265	6,304
Insurance	501	-	-	501
Professional services (HR)	-	-	-	-
Accountancy Services	600	-	-	600
Depreciation	133	-	-	133
<b>Total Expenditure</b>	<b>43,175</b>	<b>12,090</b>	<b>44,067</b>	<b>99,332</b>
<b>Surplus/Deficit for the year</b>	<b>(1,015 )</b>	<b>(12,090 )</b>	<b>8,341</b>	<b>(4,764 )</b>
				<b>(1,838 )</b>

**YOUTH ARTS & HEALTH TRUST****Charitable Incorporated Organisation No: 1170692****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year ended 31 March 2024****3 Independent examination fees****2023/24      2022/23**

Fees payable to the independent examiner for:

Independent examination of the financial statements

Other accountancy services

100	100
500	500
<u>600</u>	<u>600</u>

**4 Staff Numbers**

Charitable activities

Governance

Administration

0.7	0.7
0	0
0.1	0.1
<u>0.8</u>	<u>0.8</u>

No employees received employee benefits for the reporting period of more than £60,000

**5 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

**6 Tangible Fixed Assets**

	<b>Fixtures &amp; Fittings</b>
<b>Cost</b>	<b>£</b>
As at 1 April 2023	710
As at 31st March 2024	<u>710</u>
	<u>710</u>
<b>Depreciation</b>	
As at 1 April 2023	399
Charge for the period	<u>133</u>
As at 31st March 2024	532
<b>Net Book Value</b>	
As at 31st March 2024	<u><u>267</u></u>

**YOUTH ARTS & HEALTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS cont.d**

**Year Ended 31 March 2024**

**7 Debtors**

	<b>2023/24</b>	<b>2022/23</b>
	<b>£</b>	<b>£</b>
Trade Debtors	9,171	10,074
	<u>9,171</u>	<u>10,074</u>

**8 Creditors**

Amounts falling due within one year	<b>£</b>	<b>£</b>
Trade creditors	4,899	3,207
Pension Liabilities	109	119
Tax and NI	349	422
Accruals	600	-
	<u>5,957</u>	<u>3,749</u>

**9 Trustees Remuneration & Benefits**

During the year no trustees received any remuneration, or travel expenses (2022 - £0)

There were no related party transactions with trustees in the year

**YOUTH ARTS AND HEALTH TRUST**  
 Charitable Incorporated Organisation No: 1170692  
**NOTES TO THE FINANCIAL STATEMENTS**  
Year ended 31st March 2024

**Income & Expenditure by Fund**

	Unrestricted Funds	Designated Fund	Restricted Funds											Total
			Children In Need	Cranbrook Art Group	DCF Core	DCF Feel Good Grant R2	DYS Space 2	Enterprise Development Fund	ICB	Like Minds Project	Parenting Group (Awards for All)	SW Community benenfit Fund	Self Heal	
<b>Income</b>														
Donations	98	-	-	-	-	-	-	-	-	-	-	-	-	98
Grants	-	-	14,885	3,000	10,000	-	-	-	3,333	12,570	-	740	7,880	52,408
Sales	42,062		-		-	-	-	-		-	-	-	-	42,062
<b>Total Income</b>	<b>42,160</b>	<b>-</b>	<b>14,885</b>	<b>3,000</b>	<b>10,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,333</b>	<b>12,570</b>	<b>-</b>	<b>740</b>	<b>7,880</b>	<b>94,568</b>
<b>Expenditure on</b>														
Raising Funds	8,708	-	-	-	-	-	-	-	-	-	-	-	-	8,708
Charitable Activities	34,467	12,090	7,590	3,000	10,000	600	558	388	-	8,719	5,394	-	7,818	90,624
<b>Total Expenditure</b>	<b>43,175</b>	<b>12,090</b>	<b>7,590</b>	<b>3,000</b>	<b>10,000</b>	<b>600</b>	<b>558</b>	<b>388</b>	<b>-</b>	<b>8,719</b>	<b>5,394</b>	<b>-</b>	<b>7,818</b>	<b>99,332</b>
<b>Surplus/Deficit for the year</b>	<b>(1,015 )</b>	<b>(12,090 )</b>	<b>7,295</b>	<b>-</b>	<b>-</b>	<b>(600 )</b>	<b>(558 )</b>	<b>(388 )</b>	<b>3,333</b>	<b>3,851</b>	<b>(5,394 )</b>	<b>740</b>	<b>62</b>	<b>(4,764 )</b>
<b>Balance b/f 01.04.2023</b>	<b>5,625</b>	<b>12,690</b>	<b>3,142</b>	<b>-</b>	<b>-</b>	<b>586</b>	<b>580</b>	<b>388</b>	<b>-</b>	<b>2,956</b>	<b>5,392</b>	<b>-</b>	<b>200</b>	<b>31,559</b>
Transfers	6					14	(22 )				2			-
<b>Balance c/f 31.3.2024</b>	<b>4,616</b>	<b>600</b>	<b>10,437</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,333</b>	<b>6,807</b>	<b>-</b>	<b>740</b>	<b>262</b>	<b>26,794</b>

## Progress report for AGM 2nd October 2024

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  - We worked with 112 children and young people providing either one to one arts therapy sessions or a place on a therapeutic arts project.
  - Key projects with CYP this year have been our core arts therapy service, *Dartmoor Frame of Mind* photography skills project with the RAMM, and some pilot arts activities in Cranbrook.
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