

AIM 1	Significantly extend our reach & increase the number of YAHT clients across Devon
AIM 2	Produce a comprehensive & robust body of evidence that demonstrates the value & impact of arts therapies
AIM 3	Become a national centre of excellence in the field of arts psychotherapy, generating a mixed portfolio of revenue streams & funding income
AIM 4	Be the national centre for arts psychotherapy interventions & arts activities for children & young people in the South West
AIM 5	Become a national centre of best practice & centre of excellence in the field of arts psychotherapy
AIM 6	Be recognised & highly valued by the beneficiaries that we serve for best quality client care & professional practice



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **1 April 2021** Period start date To  
**31st March 2022** Period end date

Charity name: Youth Arts & Health Trust

Charity registration number:  
 1170692

## Objectives and Activities

The Objects of the Youth Arts and Health Trust (YAHT) are:

***The relief of sickness and the protection and promotion of good health of children and young people aged 5 to 25 years who are experiencing, at risk of, or recovering from mental health difficulties, through the provision of arts therapies and the provision of opportunities to take part in creative arts activities.***

We have further shared our vision and mission this year and we have come together under these statements to refresh our call to action:

***Our vision is that every child and young person has the opportunity to live a healthy, happy and fulfilling life.***

***Our mission is to provide high quality arts therapies and creative arts activities so children, young people and their families can develop their skills, confidence and resilience.***

***We aim to increase opportunities for those who are most in need, and in particular (but not exclusively) for children, young people and families experiencing disadvantage due to mental health difficulties.***

## **Our main activities and achievements this year:**

Our main activity continues as an Arts Therapy Service for children and young people. Our work with clients is at the centre of what we do. We have been pleased to expand our reach over the last year to provide arts therapies through post-adoption services and also with an increasing number of schools and local authorities.

A focus for the year has also been developing how we can become a more financially stable charity which is able to grow through working towards a balance of both trading and grant dependent income streams. This has enabled us to reach more children and young people as well as keep our grant funded places for those who are on lower incomes. We have continued to expand our team of arts therapists as well as retaining excellent members of the team. We have been able to expand our capacity thanks to the kind support from our funders as well as our increasing network of referring agencies.

Since working through the Covid-19 pandemic, we have retained our offer of online arts therapies when appropriate and when this enables us to reach those who could not access us otherwise (e.g due to rural location and transport difficulties). We have also enjoyed returning to face to face working and establishing a second hub in a new part of Devon. We have seen a significant increase in the number of inquiries and referrals received over the last year and also in the complexity of cases. This has led us increase training and supervision opportunities for staff.

We have provided arts and health activities, including mindful photography workshops which have enabled us to work with new partner organisations and support more young people who are experiencing, or are at risk of, mental health difficulties.

We are looking forward to continuing to strive to ensure our charity is sustainable through both grant funded service offers for those on lower incomes as well as offering purchasable interventions. We are seeking to expand the range of arts therapy modalities we can offer to better meet the needs of children, young people and families.

## **Our strategy going forward:**

YOUTH ARTS & HEALTH TRUST – AIMS – 20	
AIM 1	Significantly extend our reach & increase the number of YAHT clients
AIM 2	Produce a comprehensive & robust body of evidence that demonstrates the effectiveness of therapies / YAHT activities
AIM 3	Become financially sustainable by creating a mixed portfolio of revenue streams
AIM 4	Be the go to organisation for arts psychotherapy interventions & art therapy for young people in the South West

As a Board, we continue to work closely with our senior management and operational staff and work towards the aims as outlined on our 5-year plan above. Our body of evidence continues to grow and we review this regularly. As outlined

above we are pleased we are becoming more financially stable and able to grow. Feedback from beneficiaries remains positive and highlights the excellent work our professional arts therapists do, as well as the resilience of the children and young people we work with.

## Financial Review:

Please see the attached statement of accounts for the period in question. We are working towards increasing our reserves in the year ahead.

## Structure, Governance and Management:

This year we were pleased to welcome three new Trustees - Hugh Groves (Treasurer), Matt Daniel and Roisin McCay-Hines. They have significant experience at senior level and bring advanced skills sets in financial management, NHS medical settings, business development and partnership working. They have further strengthened our existing Board bringing useful and proactive scrutiny and support to our governance and operational team.

Significantly, we have achieved a longstanding goal which was to move our Charity Director from consultant status to a direct Trust employee. We have also expanded our administrative and finance capacities.

## Reference and Administrative details

Charity name	Youth Arts & Health Trust
Other name the charity uses	YAHT
Registered charity number	1170692
Charity's principal addresses	Our registered address is: Exeter Phoenix, Gandy Street, EXETER, EX4 3LS  We operate our main arts therapy service at: YES Centre, 39 George Street, EXETER, EX1 1DA

## Declarations

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**

--	--

**Full name(s)**

Dr Paul Lucas Gray

--

**Position (eg  
Secretary, Chair,  
etc)**

Board Chair

--

**Date**

12/30/22

---

**YOUTH ARTS & HEALTH TRUST**  
Charitable Incorporated Organisation  
1170692

Annual Report and Financial Statements  
for the Year Ending 31 March 2022

**Unaudited Accounts**

**YOUTH ARTS AND HEALTH**

**Charitable Incorporated Organisation No: 1170692**

**INDEPENDENT EXAMINATION REPORT**

**For the period ended 31st March 2022**

**Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts with accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, of the accounts to be reached.



31-Aug-22

..... Date .....

Exeter Community Accounting

**YOUTH ARTS & HEALTH TRUST  
CHARITABLE INCORPORATED ORGANISATION  
INFORMATION**

Charity Address:	Exeter Phoenix Gandy Street Exeter EX4 3LS
CIO Number	1170692
Trustees	Dr Paul Gray (Chair) Vikram Mohan Ralph Hayward Sue Shaw Roisin McCay-Hines (appointed 2021) Hugh Charles Groves Matthew Owen Daniel
Registered Office	as above
Independent Examiner	Exeter Community Accounting
Bankers:	Lloyds Bank PO Box 1000 Andover BX1 1LT

**YOUTH ARTS AND HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**Statement of Financial Activities for  
Year Ended 31 March 2022**

	2021/2022			2020/2021	
<b>Income from:</b>	<b>2</b>	Unrestricted	Restricted	Total	Total
		£	£	£	£
Donations		286		286	2,419
Grants Received			64,208	64,208	
Charitable Activities		26,220		26,220	73,370
	<b>3</b>				-
<b>Total Income</b>		<b>26,506</b>	<b>64,208</b>	<b>90,714</b>	<b>75,789</b>
<b>Expenditure on:</b>					
Charitable Activities		10,733	30,111	40,844	42,654
Governance		938	240	1,178	
Staff & Operational Costs		12,034	27,176	39,210	30,299
<b>Total Expenditure</b>		<b>23,705</b>	<b>57,527</b>	<b>81,232</b>	<b>72,953</b>
<b>Net Income</b>		<b>2,801</b>	<b>6,681</b>	<b>9,482</b>	<b>2,837</b>
Transfers		760	(760)		
Net movement of funds		3,561	5,921	9,482	2,837
<b>Reconciliation of funds:</b>					
Total of funds brought forward		6,819	17,096	23,915	21,078
Total funds carried forward		10,380	23,017	33,397	23,915



# YOUTH ARTS AND HEALTH TRUST

Charitable Incorporated Organisation No: 1170692

## BALANCE SHEET

as at 31 March 2022

	Note	2021/2022		2020/2021	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible			532		710
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		38,279		31,043	
Debtors		<u>1,224</u>		<u>1,370</u>	
			40,035		33,123
<b>CURRENT LIABILITIES</b>					
Creditors: amounts falling due within one year		<u>(6,638)</u>		<u>(9,208)</u>	
<b>Net Current liabilities/assets</b>			33,397		23,915
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>33,397</u>		<u>23,915</u>
<b>FUNDS OF THE CHARITY</b>					
Unrestricted Funds			10,380		6,819
Restricted Funds			23,017		17,096
<b>Total funds</b>			<u>33,397</u>		<u>23,915</u>

Signed on behalf of all the trustees

\_\_\_\_\_

Print Name

\_\_\_\_\_

Date

\_\_\_\_\_

## **YOUTH ARTS & HEALTH TRUST**

**Charitable Incorporated Organisation No: 1170692**

### **NOTES TO THE FINANCIAL STATEMENTS**

**Year Ended 31 March 2022**

#### **1. Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice :

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, and with the Financial Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and with the Charities Act 2011.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

##### **Incoming resources**

Income is included in the Statement of Financial Activities (Sofa) when the charity becomes entitled to the resource, it is more likely than not that the trustees will receive the income and the monetary value can be measured with sufficient reliability.

##### **Grants and Donations**

Grants and donations are only included in the Sofa when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

##### **Donated Services and Facilities**

Donated services and facilities are included in the Sofa when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

##### **Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods
- expenditure on charitable activities includes all cost incurred by the charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities

##### **Depreciation**

Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful life of that asset as follows:

Fixtures and fittings	25% straight line
-----------------------	-------------------

## **YOUTH ARTS HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

### **NOTES TO THE FINANCIAL STATEMENTS**

**Year ended 31st March 2022**

#### **Note 2**

	<b>2021/2022</b>		<b>2020/2021</b>	
	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	<b>Total</b>
<b>Income</b>				
Grants Received		64,208	64,208	67,000
Donations	286		286	2,419
Income from Schools			-	2,400
Other Sales	26,220		26,220	3,970
<b>Total Income</b>	<b>26,506</b>	<b>64,208</b>	<b>90,714</b>	<b>75,789</b>
<b>Expenditure</b>				
Arts Therapists	10,405	24,617	35,022	39,248
Art Materials	204	313	517	1,792
Travel & Subsistence	121	75	196	38
Financial Administration	4,404	-	4,404	3,186
Project Administration	260	1,763	2,023	2,265
Project Management	3,504	20,628	24,132	17,340
Charity management		1,500	1,500	-
Organisational & Admin costs	776	286	1,062	933
Staff training	950	150	1,100	1,335
Advertising & Publicity	535	5,030	5,565	50
Printing Postage & Stationery	179	1,237	1,415	3,165
Computer costs	268	-	268	-
Rent/Lease on Building	450	1,690	2,140	1,350
Insurance	533	-	533	511
Professional services	438	240	678	1,242
Accountancy Services	500	-	500	500
Depreciation	177	-	177	-
<b>Total Expenditure</b>	<b>23,705</b>	<b>57,527</b>	<b>81,232</b>	<b>72,953</b>
<b>Surplus/Deficit for the year</b>	<b>2,801</b>	<b>6,681</b>	<b>9,482</b>	<b>2,837</b>

**YOUTH ARTS & HEALTH TRUST****Charitable Incorporated Organisation No: 1170692****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year ended 31 March 2022****Independent examination fees****2021/22      2020/21**

Fees payable to the independent examiner for:

Independent examination of the financial statements

100      100

Other accountancy services

400      400

---

500      500

---

**Staff Numbers****2021/22      2020/21**

Charitable activities

0.7      0

Governance

0      0

Administration

0.1      0

---

0.8      0

---

No employees received employee benefits for the reporting period of more than £60,000

**Taxation**

The charity is a registered charity and is therefore exempt from taxation.

**Tangible Fixed Assets****Fixtures & Fittings****Cost****£**

As at 31st March 2021

710

Additions

-

Disposals

-

As at 31st March 2022

710

---

710

---

**Depreciation**

As at 31st March 2021

Charge for the period

177

Disposals

-

As at 31st March 2022

177

---

177

---

**Net Book Value**

As at 31st March 2021

As at 31st March 2022

(177)

---

533

---

**YOUTH ARTS & HEALTH TRUST**

**NOTES TO THE FINANCIAL STATEMENTS cont.d**

**Year Ended 31 March 2022**

<b>Debtors</b>	<b>2021/22</b>	<b>2020/21</b>
	<b>£</b>	<b>£</b>
Trade Debtors	1,223	1,370
	<u>1,223</u>	<u>1,370</u>

<b>Creditors</b>	<b>2021/22</b>	<b>2020/21</b>
	<b>£</b>	<b>£</b>
Amounts falling due within one year		
Trade creditors	5,829	9,208
Tax and NI	809	-
Other Creditors	-	-
	<u>6,638</u>	<u>9,208</u>

**Trustees Remuneration & Benefits**

During the year no trustees received any remuneration, or travel expenses (2021 - £0)

There were no related party transactions with trustees in the year

**YOUTH ARTS AND HEALTH TRUST**  
Charitable Incorporated Organisation No: 1170692  
**NOTES TO THE FINANCIAL STATEMENTS**  
Year ended 31st March 2022

**Income & Expenditure by Fund**

	Unrestricted Funds	Restricted Funds															Total
		Awards for All	CCSF	Coming to Terms Group	Children In Need	Community Grants	Elmgrant Trust	Enterprise Development Fund	Feel Good Grant	DCF Covid (2)	DCF Schools	Involve	Like Minds Project	Moen Westlake	SW Foundation	Self Heal	
<b>Income</b>																	
Donations	286																286
Grants				2,940	9,990	6,065	600	20,700	9,890			150	12,873		1,000		64,208
Sales	26,220																26,220
<b>Total Income</b>	<b>26,506</b>	<b>-</b>	<b>-</b>	<b>2,940</b>	<b>9,990</b>	<b>6,065</b>	<b>600</b>	<b>20,700</b>	<b>9,890</b>	<b>-</b>	<b>-</b>	<b>150</b>	<b>12,873</b>	<b>-</b>	<b>1,000</b>	<b>-</b>	<b>90,714</b>
<b>Expenditure</b>																	
Charitable Activities	10,733	1,200	114	1,590	7,445	3,480	360	4,940	6,500		3,366	90	150			875	40,844
Governance	938										240						1,178
Staff costs	9,589	440		935	2,090	1,810	120	12,450	2,651		1,477	60	793			1,200	33,615
Operational costs	2,445	1,350		415	29		120		614		623						5,596
<b>Total Expenditure</b>	<b>23,705</b>	<b>2,990</b>	<b>114</b>	<b>2,940</b>	<b>9,564</b>	<b>5,290</b>	<b>600</b>	<b>17,390</b>	<b>9,765</b>	<b>-</b>	<b>5,706</b>	<b>150</b>	<b>943</b>	<b>-</b>	<b>-</b>	<b>2,075</b>	<b>81,232</b>
<b>Surplus/Deficit for the year</b>	<b>2,801</b>	<b>(2,990 )</b>	<b>(114 )</b>	<b>-</b>	<b>426</b>	<b>775</b>	<b>-</b>	<b>3,310</b>	<b>125</b>	<b>-</b>	<b>(5,706 )</b>	<b>-</b>	<b>11,931</b>	<b>-</b>	<b>1,000</b>	<b>(2,075 )</b>	<b>9,482</b>
<b>Balance b/f 01.04.2021</b>	<b>6,819</b>	<b>3,820</b>	<b>114</b>		<b>2,474</b>	<b>1,303</b>				<b>323</b>	<b>5,960</b>			<b>183</b>		<b>2,918</b>	<b>23,915</b>
Transfers	760									(323 )	(254 )			(183 )			-
<b>Balance c/forward 31.3.2022</b>	<b>10,380</b>	<b>830</b>	<b>-</b>	<b>-</b>	<b>2,900</b>	<b>2,078</b>	<b>-</b>	<b>3,310</b>	<b>125</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>11,931</b>	<b>-</b>	<b>1,000</b>	<b>843</b>	<b>33,397</b>

**YOUTH ARTS & HEALTH TRUST**  
Charitable Incorporated Organisation  
1170692

Annual Report and Financial Statements  
for the Year Ending 31 March 2022

**Unaudited Accounts**

**YOUTH ARTS AND HEALTH**

**Charitable Incorporated Organisation No: 1170692**

**INDEPENDENT EXAMINATION REPORT**

**For the period ended 31st March 2022**

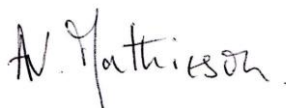
**Basis of independent examiner's report**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts with accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, no opinion can be reached.



31-Aug-22

..... Date .....

Exeter Community Accounting



**YOUTH ARTS & HEALTH TRUST  
CHARITABLE INCORPORATED ORGANISATION  
INFORMATION**

Charity Address:	Exeter Phoenix Gandy Street Exeter EX4 3LS
CIO Number	1170692
Trustees	Dr Paul Gray (Chair) Vikram Mohan Ralph Hayward Sue Shaw Roisin McCay-Hines (appointed 2021) Hugh Charles Groves Matthew Owen Daniel
Registered Office	as above
Independent Examiner	Exeter Community Accounting
Bankers:	Lloyds Bank PO Box 1000 Andover BX1 1LT

**YOUTH ARTS AND HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**Statement of Financial Activities for**  
**Year Ended 31 March 2022**

	2021/2022			2020/2021	
<b>Income from:</b>	<b>2</b>	Unrestricted	Restricted	Total	Total
		£	£	£	£
Donations		286		286	2,419
Grants Received			64,208	64,208	
Charitable Activities		26,220		26,220	73,370
	<b>3</b>				-
<b>Total Income</b>		<b>26,506</b>	<b>64,208</b>	<b>90,714</b>	<b>75,789</b>
<b>Expenditure on:</b>					
Charitable Activities		10,733	30,111	40,844	42,654
Governance		938	240	1,178	
Staff & Operational Costs		12,034	27,176	39,210	30,299
<b>Total Expenditure</b>		<b>23,705</b>	<b>57,527</b>	<b>81,232</b>	<b>72,953</b>
<b>Net Income</b>		<b>2,801</b>	<b>6,681</b>	<b>9,482</b>	<b>2,837</b>
Transfers		760	(760)		
Net movement of funds		3,561	5,921	9,482	2,837
<b>Reconciliation of funds:</b>					
Total of funds brought forward		6,819	17,096	23,915	21,078
Total funds carried forward		10,380	23,017	33,397	23,915

# YOUTH ARTS AND HEALTH TRUST

Charitable Incorporated Organisation No: 1170692

## BALANCE SHEET

as at 31 March 2022

	Note	2021/2022		2020/2021	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible			532		710
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		38,279		31,043	
Debtors		<u>1,224</u>		<u>1,370</u>	
			40,035		33,123
<b>CURRENT LIABILITIES</b>					
Creditors: amounts falling due within one year		<u>(6,638)</u>		<u>(9,208)</u>	
<b>Net Current liabilities/assets</b>			33,397		23,915
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>33,397</u>		<u>23,915</u>
<b>FUNDS OF THE CHARITY</b>					
Unrestricted Funds			10,380		6,819
Restricted Funds			23,017		17,096
<b>Total funds</b>			<u>33,397</u>		<u>23,915</u>

Signed on behalf of all the trustees

\_\_\_\_\_

Print Name

\_\_\_\_\_

Date

\_\_\_\_\_

## **YOUTH ARTS & HEALTH TRUST**

**Charitable Incorporated Organisation No: 1170692**

### **NOTES TO THE FINANCIAL STATEMENTS**

**Year Ended 31 March 2022**

#### **1. Accounting policies**

##### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice :

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, and with the Financial Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), and with the Charities Act 2011.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

##### **Incoming resources**

Income is included in the Statement of Financial Activities (Sofa) when the charity becomes entitled to the resource, it is more likely than not that the trustees will receive the income and the monetary value can be measured with sufficient reliability.

##### **Grants and Donations**

Grants and donations are only included in the Sofa when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

##### **Donated Services and Facilities**

Donated services and facilities are included in the Sofa when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

##### **Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods
- expenditure on charitable activities includes all cost incurred by the charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities

##### **Depreciation**

Depreciation is calculated so as to write off the cost of valuation of an asset, less its residual value, over the useful life of that asset as follows:

Fixtures and fittings	25% straight line
-----------------------	-------------------

**YOUTH ARTS HEALTH TRUST**

Charitable Incorporated Organisation No: 1170692

**NOTES TO THE FINANCIAL STATEMENTS****Year ended 31st March 2022****Note 2**

	<b>2021/2022</b>		<b>2020/2021</b>	
	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	<b>Total</b>
<b>Income</b>				
Grants Received		64,208	64,208	67,000
Donations	286		286	2,419
Income from Schools			-	2,400
Other Sales	26,220		26,220	3,970
<b>Total Income</b>	<b>26,506</b>	<b>64,208</b>	<b>90,714</b>	<b>75,789</b>
<b>Expenditure</b>				
Arts Therapists	10,405	24,617	35,022	39,248
Art Materials	204	313	517	1,792
Travel & Subsistence	121	75	196	38
Financial Administration	4,404	-	4,404	3,186
Project Administration	260	1,763	2,023	2,265
Project Management	3,504	20,628	24,132	17,340
Charity management		1,500	1,500	-
Organisational & Admin costs	776	286	1,062	933
Staff training	950	150	1,100	1,335
Advertising & Publicity	535	5,030	5,565	50
Printing Postage & Stationery	179	1,237	1,415	3,165
Computer costs	268	-	268	-
Rent/Lease on Building	450	1,690	2,140	1,350
Insurance	533	-	533	511
Professional services	438	240	678	1,242
Accountancy Services	500	-	500	500
Depreciation	177	-	177	-
<b>Total Expenditure</b>	<b>23,705</b>	<b>57,527</b>	<b>81,232</b>	<b>72,953</b>
<b>Surplus/Deficit for the year</b>	<b>2,801</b>	<b>6,681</b>	<b>9,482</b>	<b>2,837</b>

**YOUTH ARTS & HEALTH TRUST****Charitable Incorporated Organisation No: 1170692****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year ended 31 March 2022****Independent examination fees****2021/22      2020/21**

Fees payable to the independent examiner for:

Independent examination of the financial statements

100      100

Other accountancy services

400      400

---

500      500

---

**Staff Numbers****2021/22      2020/21**

Charitable activities

0.7      0

Governance

0      0

Administration

0.1      0

---

0.8      0

---

No employees received employee benefits for the reporting period of more than £60,000

**Taxation**

The charity is a registered charity and is therefore exempt from taxation.

**Tangible Fixed Assets****Fixtures & Fittings****Cost****£**

As at 31st March 2021

710

Additions

-

Disposals

-

As at 31st March 2022

710

---

710

---

**Depreciation**

As at 31st March 2021

Charge for the period

177

Disposals

-

As at 31st March 2022

177

---

177

---

**Net Book Value**

As at 31st March 2021

As at 31st March 2022

(177)

---

533

---

**YOUTH ARTS & HEALTH TRUST****NOTES TO THE FINANCIAL STATEMENTS cont.d****Year Ended 31 March 2022**

<b>Debtors</b>	<b>2021/22</b>	<b>2020/21</b>
	<b>£</b>	<b>£</b>
Trade Debtors	1,223	1,370
	<u>1,223</u>	<u>1,370</u>

<b>Creditors</b>	<b>2021/22</b>	<b>2020/21</b>
	<b>£</b>	<b>£</b>
Amounts falling due within one year		
Trade creditors	5,829	9,208
Tax and NI	809	-
Other Creditors	-	-
	<u>6,638</u>	<u>9,208</u>

**Trustees Remuneration & Benefits**

During the year no trustees received any remuneration, or travel expenses (2021 - £0)

There were no related party transactions with trustees in the year

**YOUTH ARTS AND HEALTH TRUST**  
Charitable Incorporated Organisation No: 1170692  
**NOTES TO THE FINANCIAL STATEMENTS**  
Year ended 31st March 2022

**Income & Expenditure by Fund**

	Unrestricted Funds	Restricted Funds															Total
		Awards for All	CCSF	Coming to Terms Group	Children In Need	Community Grants	Elmgrant Trust	Enterprise Development Fund	Feel Good Grant	DCF Covid (2)	DCF Schools	Involve	Like Minds Project	Moen Westlake	SW Foundation	Self Heal	
<b>Income</b>																	
Donations	286																286
Grants				2,940	9,990	6,065	600	20,700	9,890			150	12,873		1,000		64,208
Sales	26,220																26,220
<b>Total Income</b>	<b>26,506</b>	<b>-</b>	<b>-</b>	<b>2,940</b>	<b>9,990</b>	<b>6,065</b>	<b>600</b>	<b>20,700</b>	<b>9,890</b>	<b>-</b>	<b>-</b>	<b>150</b>	<b>12,873</b>	<b>-</b>	<b>1,000</b>	<b>-</b>	<b>90,714</b>
<b>Expenditure</b>																	
Charitable Activities	10,733	1,200	114	1,590	7,445	3,480	360	4,940	6,500		3,366	90	150			875	40,844
Governance	938										240						1,178
Staff costs	9,589	440		935	2,090	1,810	120	12,450	2,651		1,477	60	793			1,200	33,615
Operational costs	2,445	1,350		415	29		120		614		623						5,596
<b>Total Expenditure</b>	<b>23,705</b>	<b>2,990</b>	<b>114</b>	<b>2,940</b>	<b>9,564</b>	<b>5,290</b>	<b>600</b>	<b>17,390</b>	<b>9,765</b>	<b>-</b>	<b>5,706</b>	<b>150</b>	<b>943</b>	<b>-</b>	<b>-</b>	<b>2,075</b>	<b>81,232</b>
<b>Surplus/Deficit for the year</b>	<b>2,801</b>	<b>(2,990 )</b>	<b>(114 )</b>	<b>-</b>	<b>426</b>	<b>775</b>	<b>-</b>	<b>3,310</b>	<b>125</b>	<b>-</b>	<b>(5,706 )</b>	<b>-</b>	<b>11,931</b>	<b>-</b>	<b>1,000</b>	<b>(2,075 )</b>	<b>9,482</b>
<b>Balance b/f 01.04.2021</b>	<b>6,819</b>	<b>3,820</b>	<b>114</b>		<b>2,474</b>	<b>1,303</b>				<b>323</b>	<b>5,960</b>			<b>183</b>		<b>2,918</b>	<b>23,915</b>
Transfers	760									(323 )	(254 )			(183 )			-
<b>Balance c/forward 31.3.2022</b>	<b>10,380</b>	<b>830</b>	<b>-</b>	<b>-</b>	<b>2,900</b>	<b>2,078</b>	<b>-</b>	<b>3,310</b>	<b>125</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>11,931</b>	<b>-</b>	<b>1,000</b>	<b>843</b>	<b>33,397</b>