ABBY'S HEROES

England & Wales · Charity number 1170676

Details

Status	Registered
Legal form	Other
Registered	2016-12-12
Register	View on the Charity Commission register

Contact

Address	1 Talisman Business Centre Duncan Rd Park Gate Southampton Hampshire SO31 7GA
Phone	02381 103103
Email	info@abbys-heroes.org
Website	www.abbys-heroes.org

Activities

Objects: THE RELIEF OF SICKNESS AND SUFFERING AND THE PROMOTION OF HEALTH OF CHILDREN AND YOUNG ADULTS DURING AND AFTER THE DIAGNOSIS AND TREATMENT OF CANCER BY THE ONCOLOGY DEPARTMENTS AT SOUTHAMPTON GENERAL HOSPITAL, AND THEIR FAMILIES, BY THE PROVISION OF PRACTICAL AND FINANCIAL HELP INCLUDING SUPPORT FOR MEMORY MAKING

Activities: Supporting children, teenagers, young adults and their families, across the South Coast of England, having been diagnosed with cancer, and being treated at Southampton General Hospital. We offer financial and practical support through grant giving, and also we help families with the opportunity to make some family memories.

Classification

- **How:** Makes Grants To Individuals, Provides Other Finance
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, People With Disabilities

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Geography

- Dorset
- Hampshire
- Isle Of Wight
- West Sussex
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£716,224	£606,299	£550,427	7
2023-11-30	£549,666	£562,338	£440,502	7
2022-11-30	£452,993	£399,356	-	-
2021-11-30	£323,939	£268,171	-	-
2020-11-30	£268,353	£200,537	-	-

Trustees

Name	Role	Appointed
Alexandra Clare Wood		2019-03-07
Antony Waghorn		2024-01-15
Helen Green		2022-05-16
KATHRYN MARY GOODYER		2016-11-21
Kiele Carter		2022-02-18
Lorna Ford		2019-03-07
Louise Hewlett		2022-05-16
Lynne Squibb		2016-11-21

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ABBY'S HEROES

England & Wales - Charity number 1170676

Accounts



Annual Report and Financial Statements for the year ended 30 November 2024

Registered Charity No. 1170676

www.abbysheroes.org

Abby's Heroes

CONTENTS PAGE

	Page
Legal and Administrative Details	3
Trustees Report	4
Independent Examiners Report	13
Financial Statements	14
Notes to the Financial Statements	17

Legal and Administrative information

Charity Number:	1170676
Registered Office:	1 Talisman Business Centre Duncan Road Park Gate Southampton Hampshire SO31 7GA
Trustees:	Rachel Darke (Chair) Lynne Squibb (Vice) Katie Goodyer Lorna Ford Alex Wood Kiele Carter Helen Green Louise Hewlett Anthony Waghorn Appointed 15th January 2024
Patron:	James Ward-Prowse, West Ham Football Club
Principal Bankers:	Lloyds Bank 413 Bitterne Rd Bitterne Southampton SO18 1DA
Independent Examiner:	Knight Goodhead Limited 7 Bournemouth Road Chandler's Ford, Eastleigh Hampshire SO53 3DA

The Board of Trustees of Abby's Heroes presents its report and accounts for the year ended 30th November 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Abby's Heroes is a registered charity, number 1170676 and is governed by its Governing Document which was adopted on 21st November 2016. Abby's Heroes was founded following the death of Abby Randall, aged 11 from Ewing's Sarcoma to provide help for young children suffering with cancer and their families. Over the years, the charity has made a substantial number of grants to children and their families needing urgent financial support.

The Board of Trustees ("the Board") is responsible for the overall governance of Abby's Heroes. The number of Trustees cannot be fewer than three. The Recruitment and Selection Process is the responsibility of the Board, using a transparent Trustee recruitment process approved by the full Board. Trustees are appointed for a two-year term, after which they may seek re-election for further periods, subject to a two-thirds majority vote by the Board. Trustees are bound by a signed Code of Conduct and on joining, undergo an Induction Programme suitable to their needs. Training on external and organisational issues is provided throughout the year. All Trustees give their time freely and no trustee remuneration is paid.

The Board meets regularly throughout the year and is responsible for setting an appropriate strategy for the Charity. It also ensures that relevant performance measures are in place. The Board receives regular reports on all aspects of the Charity's work. The Trustees delegate responsibility for the day-to-day administration of the charity to the CEO/Founder who liaises regularly with the Chair.

RISK MANAGEMENT

The Trustees have considered the major risks to which the charity is exposed and have reviewed those risks. Systems and procedures are in place to manage any risk. Adequate insurance policies are in place to cover Business All Risks, Employers', Public, Products and Trustees Liability.

OBJECTIVES AND PRINCIPAL ACTIVITIES OF ABBY'S HEROES

Abby's Heroes endeavours to achieve its objective to improve the lives of children with cancer throughout the Wessex Region by providing support services to children and young people diagnosed with cancer and the hospital who are working to care, treat and support those and young people. This comprises of two Units at University Hospital Southampton – the Piam Brown Ward which is the Regional Centre for Paediatric Oncology and Haematology for under 18's and the Teenage and Young Adult Unit (for Young People aged 16 to 24 at the time of diagnosis) which both cover the Wessex area. This extensive geographical area provides treatment for children living in Hampshire and Isle of Wight, Dorset, West Sussex, Surrey, Berkshire, Wiltshire and the Channel Islands.

Our objectives, as set out in our Governing document are:

- The relief of sickness and suffering and the promotion of health of children and young adults during and after the diagnosis and treatment of cancer by the oncology departments at Southampton General Hospital, and their families, by the provision of practical and financial help including support for memory making.

OUR ACTIVITIES

Abby's Heroes exists because when a child is diagnosed with cancer, it has a devastating impact on the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment

and beyond. To assist with this, Abby's Heroes supports families with a range of practical measures and programmes to help families going through the harsh reality of childhood cancer.

Over the year, we have continued to develop new initiatives to help families and further details are outlined under the Achievements heading.

PUBLIC BENEFIT

The Trustees have paid due regard to the Charity Commission guidance on public benefit. The activities of the charity are available to all beneficiaries irrespective of capacity, ethnicity, faith or socio-economic environment. A referral process is in place to ensure that those who meet the criteria are offered support by the Trust. The Trustees have complied with their duty on public benefit with regard to exercising their powers and duties as illustrated in the aims and objectives set out above.

VOLUNTEERS

Abby's Heroes has the support of network of volunteers who give their time and energy to help us achieve our aims and objectives through assisting at fundraising events. They work throughout the region organising small but nonetheless essential events.

GRANTS POLICY

Our grant awards help families with the additional and unexpected costs of caring for a child with cancer. They are available to families normally resident in the United Kingdom, whose child or young person is under 25 years old at the time of diagnosis and is receiving curative treatment or palliative care for childhood cancer at University Hospital Southampton. Each application is considered on its own merits and Trustees monitor the value of the awards made.

Grant requests can be for a variety of reasons as we will consider referrals that will directly benefit the child and/or the family. We recognise there is a multi-disciplinary team of professionals involved in the care of the child and their family and we will respect any recommendations they make in order to assist and support the family in the best possible way.

We will consider applications which will directly benefit the child/young person and their family.

i. Grant requests may be considered for a variety of reasons such as towards rent/mortgage payments, travel costs to hospital, everyday living costs, memory making, car/household repairs, counselling, additional therapy. This list is not exhaustive and each application will be considered on its own merits.
ii. Applications for a contribution towards travel costs may be considered for treatment overseas where this treatment is endorsed by their Consultant.
iii. Any grant approved should be used for the purpose it has been awarded.

We will consider requests to support bereaved families with additional costs not covered under the Children's Funeral Fund or if the young person is over the age of 18. In addition, we will consider applications up to 6 months after bereavement for costs such as memory making, together with living costs until parents are able to return to work.

ACHIEVEMENTS FOR THE YEAR

When the charity started in 2016, in the first year we awarded 40 grants totalling £28,980 and this was the only support we offered. However, 8 years on, through listening to parents, consulting with healthcare professional and other charities, we now offer 12 main projects which address the wide range of needs faced by children and young people diagnosed with cancer and those of their families by adopting a holistic approach to improve the wellbeing of the whole family. We are now proud to support the entire family from

the start of their journey with childhood cancer, through treatment and beyond.

Our Financial Hardship Grants Scheme remains central to our mission and awards grants to individual families urgently needing funds to help them through the difficulties inherent in having a child undergoing treatment for cancer. Decisions on grant approvals continues to be a high priority for Trustees, with most agreed within a few hours of the request being received. The reasons for the grant requests are numerous and include items such as rent or mortgage payments as one or both parents might not be able to work while the child is in hospital, additional travel costs to hospital, food, household bills or sadly help towards funeral costs.

During the course of the financial year, we awarded 255 grants to families for much needed financial support with the total awarded of £131,223 with an average of £515 per grant. Referrals continued to cover all counties in the Wessex Region, although families' resident in Hampshire (42%) and Dorset (22%) are the areas of highest demand. The grants awarded for the two wards for the different age group were 63% for 0-16 year olds and 37% for 16-24 year olds.

We continued to provide End of Treatment Awards for children and Young People to acknowledge the gruelling treatment and invasive procedures they have gone through as well as all the missed special occasions they have been too unwell to join in. Each child or Young Person will "Ring the Bell" to mark the End of Treatment and we give an award of £200 to spend as they wish. We gave 58 Awards, a slight increase on the previous year (51 – 2023) We are very pleased to share in the families' enjoyment of this treat and will continue with this project for the next financial year.

The Welfare Packs for parents of newly diagnosed children are now an established project and continue to help ease the financial pressure of living at the hospital for the initial few weeks. Feedback from parents indicates these are so well received by parents and provide much need support to families in the early days following a child's diagnosis.

Our initiative of providing food to the children's cancer ward continues as only 15% of hospitals feed parents when they are staying overnight with their child in hospital and this has a significant impact of the cost of staying in hospital for parents. From feedback from parents and staff, we know the difference this makes to families in meeting a practical need as well as significantly boosting morale, so we continued to deliver sandwiches, fruit and treats, together with a weekly pizza delivery and ready meals bringing some variety, change to hospital routines and a treat for children and parents. In addition, we provide a well-stocked snack cupboard so that parents always have something to eat as too often their focus is looking after their child and forgetting to look after themselves as well.

As part of our Day's Out Programme, we had trips to Legoland, Chitty Chitty Bang Bang and Stranger Things which was very much enjoyed by the children, young people and their families. In addition, we hosted our first Sibling Days at Calshot Activity Centre, which were attended by 49 siblings. Siblings of children with a cancer diagnosis face their own emotional challenges and can feel overlooked, as their routines are disrupted and they are often shuffled between different family members while their parents are in hospital with their brother or sister. We organised this day to recognise the impact of the diagnosis on them and provide a chance for them to have fun, connect with others in similar situations, and feel supported and acknowledged during a difficult time. We plan to have further Siblings events in 2025.

Our Family Support Workers are based on the Children's Cancer Ward at University Hospital Southampton. We carried out a Parents Survey is November 2024 and a staggering 95% of parents reported the Family Support Workers had improved their child's and the parents stay in hospital with 87% feeling the FSW's had reduced their stress as well as loneliness and isolation. The Family Support Workers are Abby's Heroes employees and are based on the ward for 6 days a week. They are able to identify any financial stresses

within a family and apply for a grant from Abby's Heroes to support them. They are there to support families in any way they can – whether this is practically, emotionally, socially or financially.

To address the mental health needs of our beneficiaries, we funded approximately 138 counselling sessions for Young People and the families of children and young people. The Counselling Service allows for families to quickly access support when they are ready to start to process everything they have gone through. In addition, the Play Therapy Service was provided for children to help them express, explore and process the feelings they have been unable to vocalise following their treatment.

We developed our relationships with Grandparents throughout the year with a variety of events including an Afternoon Tea, several coffee mornings and a Christmas lunch get together. From the feedback we have received, we know that Grandparents have hugely valued the opportunity to talk with other Grandparents who truly understand and are able to share in each other's experiences. We plan to run further events in 2025 for Grandparents so they know they are not alone and Abby's Heroes is there to support them as well as their families.

In summary, 2024 has been another highly successful year for supporting children, young people, and their families. As we reflect on the year, we feel an immense sense of pride in the positive and lasting difference the charity has made for so many families facing the overwhelming uncertainty and emotional strain that comes with a child's cancer diagnosis. The support we have been able to offer has helped ease the burden for these families, allowing them to focus on what matters most during an incredibly difficult time.

We are pleased to have stayed firmly on course, successfully maintaining and delivering our planned charitable activities while remaining responsive to the changing and emerging needs of our beneficiaries. Our ability to adapt quickly to these shifts has been vital, and we have continued to explore and implement new initiatives that provide additional layers of support for children and their families. This proactive approach has allowed us to enhance the services we offer, ensuring that we are continually meeting the diverse needs of those we serve.

It is essential for us to continue responding with flexibility, creativity, and resourcefulness, finding new ways to sustain and expand our services, even when faced with financial constraints. The demand for our support is not diminishing, and as the needs of our beneficiaries change, we must ensure we are equipped to meet them.

FINANCIAL REVIEW

Without any government funding, Abby's Heroes depends entirely on the generosity of individual and corporate supporters to deliver crucial support to children diagnosed with cancer and their families. Many families express that, without our help, they would have struggled to manage the immense financial strain caused by their child's diagnosis. The Trustees acknowledge that our support is only possible when adequate funds are available, making a commitment to robust income-generating initiatives essential. This remains a key objective for the Trust moving forward.

This has been another successful year for fundraising, and we are thrilled to have been able to offer a diverse range of events that appeal to various interests and audiences, including exciting additions like the Firewalk and Spinnaker Tower Abseil. Our long-standing events, such as the ABP Southampton, Golf Day, and Afternoon Tea, continue to be well-loved and provide a strong source of income. However, the standout moment in our fundraising calendar was raising £40,000 at our Dinner Dance. We are immensely grateful to everyone who contributed to making this event such a tremendous success including the generosity of our guests and donors of some fantastic auction prizes!

We experienced a remarkable 88% increase in income from Charitable Trusts and Foundations, both for restricted and unrestricted funds, thanks to the generous support of a wide range of funders. This growth in funding has been vital to our continued success, and we are deeply grateful for the trust and commitment shown by these organisations. As we move forward, we are dedicated to further developing this area of income generation, recognising its importance in sustaining and expanding our programmes and services in the years ahead. However, we are mindful that this funding stream is not guaranteed, especially given the potential fluctuations and changes within the trust funding landscape. Shifts in funder priorities, economic conditions, and the increasing competitive nature of grant applications mean that we cannot take this source of income for granted. Each application is the result of careful planning, research, and effort, and every successful grant requires significant work to secure. While we are encouraged by the positive outcomes, we remain committed to continually strengthening our approach to this type of fundraising, ensuring that we remain resilient and adaptable in the face of any challenges.

We were fortunate to secure restricted funds specifically designated for Family Support Worker roles, offering a valuable opportunity to strengthen our service delivery and better support families in need. While we had the funding and were eager to proceed, progress was hindered by delays in renewing the required Honorary and Secondment Contracts with UHS, which are essential for external staff to work at the Hospital while employed by another organisation. Over the year, we engaged constructively with senior colleagues at UHS to help move the process forward. However, despite regular communication and our continued efforts, the contracts were not finalised by the end of the financial year. These delays were completely outside our control and not due to any lack of preparation or intent on our part. As a result, we were unable to recruit for a key role that would have had a meaningful impact on the support available to families, as outlined in our previous Annual Report. Some of the restricted funds allocated for this purpose remain unspent and will be carried forward into the 2024/25 accounts. We hope that this situation will be resolved as soon as possible in the next financial year.

In January 2024, we conducted a review of the Play Therapy Service after evaluating the number of children seen by Play Therapists in the previous financial year, whose roles were funded through a Service Level Agreement (SLA) with UHS. Upon reviewing the service, we concluded that it was not providing the value for money we had hoped for or that the Service was not seeing sufficient numbers of children to justify providing the Service in this way. As a result, we notified UHS that we would be suspending funding for these positions. Following this decision, we opted to restructure the Play Therapy Service to align it more closely with the model used for our Counselling Service. Instead of relying on therapists based in a specific location, we began sourcing self-employed Play Therapists from various locations across the Wessex Region to set up a Panel of Play Therapists. This change resulted in significant financial savings for the charity, as we no longer had the expense of renting space in a Central Southampton location. It also allowed us to provide a much more accessible, localised service to families by offering therapy closer to their homes or, in some cases, within their school environments. This approach proved to be not only more cost-effective but also far more convenient for families, making it easier for them to access support where they needed it most.

As a result of the substantial saving on the Play Therapy Service and the inability to recruit to the Family Support Worker roles as outlined above, as well as a prudent start to the financial year and successful fundraising year, it resulted in a surplus of £109,925.

Despite the ongoing global challenges and the uncertainties we have faced, we are proud to report that Abby's Heroes has shown remarkable resilience, quickly adapting to the changing environment and continuing to make meaningful progress. Our ability to respond with agility and determination has allowed us to not only maintain our core services but also expand our reach and impact.

We are especially pleased to highlight that we have again provided the largest number of financial hardship grants to families to date. This achievement underscores our commitment to supporting those in need, ensuring that families facing difficult circumstances receive the vital assistance they require promptly with compassion and understanding.

RESERVES POLICY

The purpose of the reserves is to secure the future of our services and long-term obligation to families. They also provide protection against unexpected events and fluctuations in income.

The Trustees have considered the risks and needs of the charity and have set a Reserves Policy which requires:

- Reserves be maintained for a period of unforeseen difficulty at a level which ensures that Abby's Heroes core activity could continue.
- A proportion of Reserves be maintained in a readily realisable form.

Having taken all the above into consideration, the Board of Trustees agreed that the most appropriate level of Reserves required to meet the above risks, together with our charitable activities and commitments, was 3 months' charitable activities and 3 month's operational costs. A review of our Reserves Policy was performed to reflect the financial demands of the charity and to ensure the Reserves Policy is fit for the future given its growth, current and forecast level of activity.

In order to minimise financial risk, the charity has distributed its Reserves and designated funds to a number of different accounts in line with the FSCS guidelines.

THE FUTURE

We are immensely proud of our reputation for making a significant and meaningful impact of the lives of the children and families we support. We help a diverse range of people from a wide geographical area with different life experiences with one thing in common – the harsh reality of the physical, psychological, economic and social consequences of childhood cancer. The Trustees have pledged to continue to develop our services to provide help to families in the most practical, preventative and original way to enable families to cope with the challenges they face.

As reported last year, we will continue to drive our plans to expand our Family Support Service to offer more support to families when they aren't in hospital or at other specialist hospitals like Great Ormond Street or University College London Hospital as Bone Marrow Transplants and Radiotherapy/Proton Beam Therapy are not available at Southampton as parents told us they wanted and needed this additional support. As soon as we have the necessary Honorary Contract and Secondment Agreement from UHS, we want to be able to employ a 3rd Family Support Worker which will allow us to extend our support to continue our care when families have left the safety of the hospital and have to adapt to difference circumstances at home or in a new hospital. If we are unsuccessful with our targeted approaches for charitable trust funding or our forecasted income doesn't come to fruition, we will delay the roll out of our Community Family Support Service provision until such time that sufficient income is forthcoming.

After reviewing the support we provide when a child or young person is diagnosed, we plan to introduce an Early Days Gift in 2025 to help families manage the wide range of expenses they face immediately after receiving the devastating news. We view this as an important additional layer of support to assist with unexpected costs such as parking, travel, extra meals and entertainment for their sick child or young person. Our goal is for this initiative to make an immediate difference, offering swift financial relief while families navigate the emotional and practical challenges of adjusting to the diagnosis and the difficult journey ahead.

We recognise that, in order to continue growing the charity and expanding the support we provide, it is essential to recruit a Corporate Fundraiser, as our current team is operating at maximum capacity. While we understand that increasing staff in the short term will raise our operating costs, we see it as a necessary and strategic investment which should become self-funding within a relatively short period of time. This will help drive our income generation, which, in turn, provides the financial foundation for the continuation and growth of our charitable activities. This investment will ensure that we can continue to serve more families, develop new initiatives and expand the impact of our work in the long term. Ultimately, it is a crucial step towards securing the sustainability and success of the charity which is fit for the future.

The commitment, dedication, and togetherness of our staff team and Trustees, putting children and families at the heart of everything we do, is truly what makes us who we are as an organisation. We continue to aim to reach all children, young people and their families receiving treatment under University Hospital Southampton by providing a range of financial, practical and emotional support at any point of their journey. We are proud of all that has been achieved over the last 8 years in Abby's name and know there is still so much more we can do to help in the here and now as well as beyond. The support we have received from all those associated with the charity allows us to celebrate the unfailing generosity of our supporters and gives us hope that we will be there to support many more families crossing the threshold of the Children's Cancer Unit or the Teenage and Young Unit at University Hospital Southampton.

STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS AND CORPORATE GOVERNANCE

The Trustees are responsible for their Annual Report and for the preparing of the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice and for ensuring they give a true and fair view of the incoming resources and the application of resources of the Charity during the year, and of the state of affairs as at the end of the financial period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates which are reasonable and prudent;
- state whether the applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for safeguarding the assets of the Charity and for their proper application as required by charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively;
- proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- the Charity complies with relevant laws and regulations.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by the Board of Trustees. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss. They include:

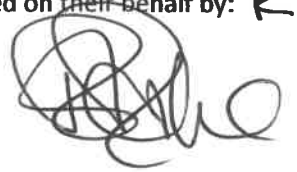
- a strategic plan and annual budget approved by the Trustees
- regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews
- delegation of day-to-day management authority and segregation of duties
- identification and management of risks

DISCLOSURE OF INFORMATION TO INDEPENDENT ACCOUNTANTS

With regard to the preparation of this Annual Report and Accounts:

- As far as each Trustee is aware, there is no relevant audit information of which the Charity's Independent Accountants are unaware.
- Each Trustee has taken all the steps a Trustee might reasonably be expected to have taken to be aware of relevant information and to establish that the Charity's Independent Accountants are aware of that information.

This report was approved by the Trustees on 21/07/25 and signed on ~~their~~ behalf by: R. DARKE



INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF ABBY'S HEROES

I report to the trustees on my examination of the accounts of Abby's Heroes for the period ended 30 November 2024, which are set out on pages 14 to 26.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act 2011 and are eligible for an independent examination, I report in respect of my examination of the trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire, SO53 3DA

Dated: 5 August 2025

ABBY'S HEROES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2024

	Notes	Unrestricted funds	Designated funds	Restricted funds	2024	2023
INCOME		£	£	£	£	£
Donations and legacies	3	569,272	300	139,648	709,220	542,330
Investment income		7,004	-	-	7,004	7,336
TOTAL INCOME		**576,276**	**300**	**139,648**	**716,224**	**549,666**
EXPENDITURE						
Raising funds	4	108,977	15,475	-	124,452	115,537
Charitable activities	5	142,699	68,394	123,098	334,191	313,204
Administration costs	6	(13,551)	156,812	4,395	147,656	133,597
TOTAL EXPENDITURE		**238,125**	**240,681**	**127,493**	**606,299**	**562,338**
NET INCOME/(EXPENDITURE) FOR YEAR BEFORE TRANSFERS		**338,151**	**(240,381)**	**12,155**	**109,925**	**(12,672)**
TRANSFERS BETWEEN FUNDS		(172,753)	164,746	8,007	-	-
NET INCOME/(EXPENDITURE)		**165,398**	**(75,635)**	**20,162**	**109,925**	**(12,672)**
TOTAL FUND BALANCES BROUGHT FORWARD		152,587	272,655	15,260	440,502	453,174
TOTAL FUND BALANCES CARRIED FORWARD		**317,985**	**197,020**	**35,422**	**550,427**	**440,502**

The notes on pages 16 to 26 form part of these financial statements.

ABBY'S HEROES

PRIOR YEAR COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2023

	Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds 2023
INCOME		£	£	£	£
Donations and legacies		440,897	10,875	90,558	542,330
Investment income		7,336	-	-	7,336
TOTAL INCOME		**448,233**	**10,875**	**90,558**	**549,666**
EXPENDITURE					
Raising funds		23,759	61,171	30,607	115,537
Charitable activities		130,144	92,730	90,330	313,204
Administration costs		12,459	117,652	3,486	133,597
TOTAL EXPENDITURE		**166,362**	**271,553**	**124,423**	**562,338**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**281,871**	**(260,678)**	**(33,865)**	**(12,672)**
TRANSFERS BETWEEN FUNDS		(236,119)	241,993	(5,874)	-
NET (EXPENDITURE) / INCOME		**45,752**	**(18,685)**	**(39,739)**	**(12,672)**
TOTAL FUND BALANCES BROUGHT FORWARD		106,835	291,340	54,999	453,174
TOTAL FUND BALANCES CARRIED FORWARD		**152,587**	**272,655**	**15,260**	**440,502**

ABBY'S HEROES

BALANCE SHEET AT 30 NOVEMBER 2024

	Notes	£	2024 £	£	2023 £
FIXED ASSETS					
Intangible assets	8		15,359		17,279
Tangible assets	9		1,793		1,195
			17,152		**18,474**
CURRENT ASSETS					
Debtors	10	11,151		18,936	
Cash at bank and in hand		553,578		406,496	
		564,729		425,432	
CREDITORS: amounts falling due within one year	11	(31,454)		(3,404)	
NET CURRENT ASSETS			533,275		422,028
NET ASSETS			**550,427**		**440,502**
FUNDS					
Restricted funds	12		35,422		15,260
Unrestricted - general funds	13		317,985		152,587
Unrestricted - designated funds	13		197,020		272,655
TOTAL FUNDS	14		**550,427**		**440,502**

Approved by the Trustees on and signed on their behalf by 31/07/25



Rachel Darke
Trustee

ABBY'S HEROES

CASHFLOW STATEMENT FOR THE YEAR ENDED 30 NOVEMBER 2024

	Notes	2024 £	2023 £
NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	2	141,802	(31,842)
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		7,004	7,336
CASH FLOWS FROM INVESTING ACTIVITIES			
Intangible asset addition		-	(19,199)
Fixed asset additions		(1,724)	-
NET CASH FLOW	1	147,082	(43,705)
Change in cash and cash equivalents in the year		147,082	(43,705)
Cash and cash equivalent at start of the year		406,496	450,202
Cash and cash equivalents at the end of the year		553,578	406,497

NOTES TO THE CASHFLOW STATEMENT FOR THE YEAR ENDED 30 NOVEMBER 2024

1 NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	2024 £	2023 £
Net movement in funds for the year	109,925	(12,672)
Interest received	(7,004)	(7,336)
Depreciation and amortisation	3,046	2,794
Decrease/(Increase) in debtors	7,785	(14,670)
Increase in creditors	28,050	40
Net cash flow from operating activities	141,802	(31,842)

2 ANALYSIS OF CASH AND CASH EQUIVALENTS	2024 £	2023 £
Cash at bank and in hand	553,578	406,496
	553,578	406,496

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

(c) Fund accounting

Funds held by the charity are either:

- Unrestricted funds: These are funds that can be used in accordance with the charitable objects at the discretion of the Trustees.
- Designated funds: These are funds which have been designated by the Trustees for a particular purpose.
- Restricted funds: These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(d) Incoming resources

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of grants, donations, legacies and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Resources are deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(e) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. It includes any VAT paid.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

1 ACCOUNTING POLICIES (continued)

(f) Depreciation of intangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer software	10% Straight Line

(g) Depreciation of tangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer & Equipment	25% Straight Line
Fixtures & Fittings	25% Straight Line

(h) Pension costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either Other Debtors or Other Creditors at the year end.

2 LEGAL STATUS

The charity was registered on 12 December 2016 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charity is Unit 18, Basepoint Centres, Andersons Road, Southampton, Hampshire, SO14 5FE.

3 INCOME ANALYSIS

	Total 2024 £	Total 2023 £
Donations		
Donations received	666,665	514,491
Gift Aid recoverable	42,555	27,839
	709,220	**542,330**

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

4 RAISING FUNDS

	Total 2024 £	Total 2023 £
Fund Raising Expenses	76,490	68,053
Promotional Merchandise	7,493	17,713
Employment Costs	38,799	29,190
Pension Costs	1,670	581
	124,452	**115,537**

5 CHARITABLE ACTIVITIES

	Total 2024 £	Total 2023 £
Grants, Gifts and Donations	221,594	214,760
Wellbeing - Piam Brown Ward	30,765	32,715
Counselling	6,905	9,285
Training Bereavement and Wellbeing	2,354	5,816
Travel	1,364	2,515
Employment costs	71,209	48,113
	334,191	**313,204**

6 ADMINISTRATION COSTS

	Total 2024 £	Total 2023 £
Employment costs	89,277	89,191
Insurance	2,689	2,474
Accountancy Fees	1,800	1,950
Miscellaneous Expenses	4,069	2,560
Storage	1,972	1,460
Telephone	1,610	1,922
Motor Expenses	3,498	4,374
Repairs & Renewals	440	-
Rent	19,818	15,792
Rates	358	-
Training	1,155	808
IT Costs	8,063	744
Advertising and Marketing	5,209	1,372
Postage, Printing and Stationery	2,307	4,967
Consulting	720	
Legal	-	2,052
Subscriptions	1,625	1,137
Depreciation	3,046	2,794
	147,656	**133,597**

Included above are amounts due to the independent examiners in relation to independent examination of £1,800 (2023: £1,620).

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

7 STAFF COSTS

	Total 2024 £	Total 2023 £
Salaries and wages	181,051	155,770
Social security costs	10,890	8,027
Pension costs	8,209	3,278
Total staff costs	**200,150**	**167,075**

The average number of staff employed during the period was 7 (2023: 7).

No employee received emoluments of £60,000 or more during this period or the prior year.

Two members of key management received a total of £95,673 (2023: £85,834) in remuneration for the year.

8 INTANGIBLE ASSETS

	Intangible Asset £	£	Total £
COST			
At beginning of period	19,199		19,199
Additions	-		-
Disposals	-		-
At the end of period	**19,199**		**19,199**
DEPRECIATION			
At beginning of period	1,920		1,920
Charge for period	1,920		1,920
Eliminated on disposals	-		-
At end of period	**3,840**	-	**3,840**
NET BOOK VALUE			
At end of period	**15,359**	-	**15,359**
At beginning of period	17,279	-	17,279

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

9 TANGIBLE ASSETS

	Computer & Equipment	Fixtures & Fittings	Total
	£	£	£
COST			
At beginning of period	3,983	-	3,983
Additions	-	1,724	1,724
Disposals	-	-	-
At the end of period	**3,983**	**1,724**	**5,707**
DEPRECIATION			
At beginning of period	2,788	-	2,788
Charge for period	695	431	1,126
Eliminated on disposals	-	-	-
At end of period	**3,483**	**431**	**3,914**
NET BOOK VALUE			
At end of period	**500**	**1,293**	**1,793**
At beginning of period	1,195	-	1,195

10 DEBTORS

	2024	2023
	£	£
Other debtors	8,572	6,866
Prepayments and accrued income	2,579	12,070
	11,151	**18,936**

11 CREDITORS: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	700	-
Tax and social security	2,187	-
Accruals	27,406	2,708
Other creditors	1,161	696
	31,454	**3,404**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

12 RESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
Restricted Funds					
Clinical Psychologist	4,618	16,500	(19,614)	-	1,504
Counselling Service	1,979	2,500	(6,905)	2,426	-
Family Support Worker	-	24,648	(12,310)	-	12,338
Rent & Storage	-	5,000	(4,395)	-	605
Welfare Packs	8,663	18,000	(16,050)	-	10,613
Care & Comfort Bags	-	13,500	(3,138)	-	10,362
Wellbeing	-	37,000	(37,581)	581	-
Shopping vouchers	-	22,500	(27,500)	5,000	-
			-		
	15,260	**139,648**	**(127,493)**	**8,007**	**35,422**

Clinical Psychologist
Funds received from donors specifically to employ a Clinical Psychologist

Counselling Service
Funds held for provision of a counselling service

Family Support Worker
Funds held by Abby's Heroes from donor specifically for a Family Support Worker.

Rent & Storage
Funds received from donors specifically for rent and storage.

Welfare Packs
Funds restricted for Welfare Packs for newly diagnosed children and Young People on the Children's Cancer Ward and Teenage and Young Adult Ward

Care & Comfort Bags
Funds held for Care and Comfort Bags which provide emergency provisions for parents.

Wellbeing
Funds held for Wellbeing Projects on the Children's Cancer Ward.

Shopping vouchers
Funds held for Supermarket Shopping Vouchers for emergency food provision.

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

13 UNRESTRICTED FUNDS	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
General funds	152,587	576,276	(238,125)	(172,753)	317,985
Total General Funds	**152,587**	**576,276**	**(238,125)**	**(172,753)**	**317,985**
Designated Funds:					
Financial Hardship Grants	66,900	-	(19,650)		47,250
Welfare Packs	7,500	-	-	(3,000)	4,500
Christmas Vouchers	7,000	-	-	(7,000)	-
Charitable Activities	375		-	1,575	1,950
End of Treatment Awards	6,000	-	(3,000)	-	3,000
Events	19,048	-	-	(7,948)	11,100
Operational Costs	116,878	-	(164,305)	124,894	77,467
Taxi Service	900	-	(1,364)	944	480
Fundraising Platform	2,400	-	(7,982)	7,532	1,950
Counselling Service	6,000	-	(3,000)	-	3,000
Parents Room	600	-	(210)	-	390
Pizza and picnic	-	300	-	(300)	-
Bereavement and Wellbeing Training	1,400	-	(2,354)	2,354	1,400
Days Out	1,134	-	(13,361)	18,227	6,000
Family Support Worker	20,050	-	(6,798)	(1,492)	11,760
Play Therapy Service	3,870	-	(18,201)	16,731	2,400
Wellbeing	12,600	-	-	(6,981)	5,619
Care and comfort bags	-	-	(94)	1,744	1,650
Magazine subscription	-	-	(67)	169	102
Play Specialist	-	-	-	5,063	5,063
Printing and stationery - PB	-	-	(295)	370	75
Shopping vouchers	-	-	-	6,864	6,864
Provision for office repairs				5,000	5,000
Total Designated Funds	**272,655**	**300**	**(240,681)**	**164,746**	**197,020**

Financial Hardship Grants
Funds designated to fund the Financial Hardship Grants Scheme

Welfare packs
Funds designated for Welfare Packs for newly diagnosed children and Young People on the Children's Cancer Ward and Teenage and Young Adult Ward

Christmas Vouchers
Funds designated for Gift Cards for families at Christmas which the charity has supported with a Financial Grant during the year

Charitable Activities
Funds designated for Charitable Activities

End of Treatment Awards
Funds designated for End of Treatment Awards

Events
Funds designated for Events

Operational Costs
Funds designated for Operational costs

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

UNRESTRICTED FUNDS (continued)

Taxi Service
Funds held to assist families with the cost of travel to and from hospital

Fundraising Platform
Funds designated to assist with the maintenance of the Fundraising platform

Counselling Service
Funds designated for the provision of the Counselling Service

Parents Room
Funds designated for the parents room costs within the hospital

Bereavement and Wellbeing Training
Funds designated for Bereavement and Wellbeing Training Days for Ward Staff

Days Out
Funds designated to provide trips to the Theatre etc under Days Out Programme

Family Support Worker
Funds designated for employment of Family Support Worker

Play Therapy Service
Funds designated for Play Therapy Service

Wellbeing
Funds designated to provide emergency food, snack boxes and toiletries for Parents on the Children's Cancer Ward

Pizza and Picnic
Funds designated to provide food to Children's Cancer Ward to children and their families.

Care & Comfort Bags
Funds held for Care and Comfort Bags which provide emergency provisions for parents.

Magazine subscription
Provision of monthly magazine subscriptions for the Children's Cancer Ward.

Play specialist
Provision of a play specialist to support children undergoing treatment.

Printing and stationery - PB
Provision of printing and stationery for Abby's Heroes in relation to the Children's Cancer Ward

Shopping vouchers
Funds held for Supermarket Shopping Vouchers for emergency food provision.

Provision for office repairs
As part of our lease, we will need to make good any changes or repairs at the end of the tenancy so we were advised to include this so something long the lines of - Provision for repairs and making good at the end of the tenancy.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2024

14 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2024 £
As at 30 November 2024				
Intangible Fixed Assets	15,359			15,359
Tangible Fixed Assets	1,793	-	-	1,793
Current Assets	332,287	197,020	35,422	564,729
Current Liabilities	(31,454)	-	-	(31,454)
Total Net Assets	**317,985**	**197,020**	**35,422**	**550,427**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2023 £
As at 30 November 2023				
Intangible Fixed Assets	17,279	-	-	17,279
Tangible Fixed Assets	1,195	-	-	1,195
Current Assets	137,517	272,655	15,260	425,432
Current Liabilities	(3,404)	-	-	(3,404)
Total Net Assets	**152,587**	**272,655**	**15,260**	**440,502**

14 RELATED PARTY TRANSACTIONS

The trustees received no remuneration during this or the prior period.

During the year one trustee was reimbursed expenses incurred on behalf of the charity of £20 (2023: none).

ABBY'S HEROES

England & Wales - Charity number 1170676

Accounts



Annual Report and Financial Statements for the year ended 30 November 2023

Registered Charity No. 1170676

www.abbysheroes.org

Abby's Heroes

CONTENTS PAGE

	Page
Legal and Administrative Details	3
Trustees Report	4 -11
Independent Examiners Report	12
Financial Statements	13-15
Notes to the Financial Statements	16-25

Legal and Administrative information

Charity Number:	1170676
Registered Office:	Unit 18 Basepoint Centre Andersons Road Southampton Hampshire SO14 5FE
Trustees:	Rachel Darke (Chair) Lynne Squibb (Vice) Teresa Butler (Resigned 20th July 2023) Katie Goodyer Fran Little (Resigned 20th July 2023) Lorna Ford Alex Wood Kiele Carter Helen Green Louise Hewlett Antony Waghorn (Appointed 15th January 2024)
Patron:	James Ward-Prowse, West Ham United Football Club
Principal Bankers:	Lloyds Bank 413 Bitterne Rd Bitterne Southampton SO18 1DA
Independent Examiner:	Knight Goodhead Limited 7 Bournemouth Road Chandler's Ford, Eastleigh Hampshire SO53 3DA

TRUSTEES REPORT FOR THE YEAR ENDED 30 NOVEMBER 2023

The Board of Trustees of Abby's Heroes presents its report and accounts for the year ended 30th November 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Abby's Heroes is a registered charity, number 1170676 and is governed by its Governing Document which was adopted on 21st November 2016. Abby's Heroes was founded following the death of Abby Randall, aged 11 from Ewing's Sarcoma to provide help for young children suffering with cancer and their families. Over the years, the charity has made a substantial number of grants to children and their families needing urgent financial support.

The Board of Trustees ("the Board") is responsible for the overall governance of Abby's Heroes. The number of Trustees cannot be fewer than three. The Recruitment and Selection Process is the responsibility of the Board, using a transparent Trustee recruitment process approved by the full Board. Trustees are appointed for a two-year term, after which they may seek re-election for further periods, subject to a two-thirds majority vote by the Board. Trustees are bound by a signed Code of Conduct and on joining, undergo an Induction Programme suitable to their needs. Training on external and organisational issues is provided throughout the year. All Trustees give their time freely and no trustee remuneration is paid.

The Board meets regularly throughout the year and is responsible for setting an appropriate strategy for the Charity. It also ensures that relevant performance measures are in place. The Board receives regular reports on all aspects of the Charity's work. The Trustees delegate responsibility for the day-to-day administration of the charity to the CEO/Founder who liaises regularly with the Chair.

RISK MANAGEMENT

The Trustees have considered the major risks to which the charity is exposed and have reviewed those risks. Systems and procedures are in place to manage any risk. Adequate insurance policies are in place to cover Business All Risks, Employers', Public, Products and Trustees Liability.

OBJECTIVES AND PRINCIPAL ACTIVITIES OF ABBY'S HEROES

Abby's Heroes endeavours to achieve its objective to improve the lives of children with cancer throughout the Wessex Region by providing support services to children and young people diagnosed with cancer and the hospital who are working to care, treat and support those and young people. This comprises of two Units at University Hospital Southampton – the Piam Brown Ward which is the Regional Centre for Paediatric Oncology and Haematology for under 18's and the Teenage and Young Adult Unit (for Young People aged 16 to 24 at the time of diagnosis) which both cover the Wessex area. This extensive geographical area provides treatment for children living in Hampshire and Isle of Wight, Dorset, West Sussex, Surrey, Berkshire, Wiltshire and the Channel Islands.

Our objectives, as set out in our Governing document are:

- The relief of sickness and suffering and the promotion of health of children and young adults during and after the diagnosis and treatment of cancer by the oncology departments at Southampton General Hospital, and their families, by the provision of practical and financial help including support for memory making.

OUR ACTIVITIES

Abby's Heroes exists because when a child is diagnosed with cancer, it has a devastating impact on the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, Abby's Heroes supports families with a range of practical measures and programmes to help families going through the harsh reality of childhood cancer.

Over the year, we have continued to develop new initiatives to help families and further details are outlined under the Achievements heading.

PUBLIC BENEFIT

The Trustees have paid due regard to the Charity Commission guidance on public benefit. The activities of the charity are available to all beneficiaries irrespective of capacity, ethnicity, faith or socio-economic environment. A referral process is in place to ensure that those who meet the criteria are offered support by the Trust. The Trustees have complied with their duty on public benefit with regard to exercising their powers and duties as illustrated in the aims and objectives set out above.

VOLUNTEERS

Abby's Heroes has the support of network of volunteers who give their time and energy to help us achieve our aims and objectives through assisting at fundraising events. They work throughout the region organising small but nonetheless essential events.

GRANTS POLICY

Our grant awards help families with the additional and unexpected costs of caring for a child with cancer. They are available to families normally resident in the United Kingdom, whose child or young person is under 25 years old at the time of diagnosis and is receiving curative treatment or palliative care for childhood cancer at University Hospital Southampton. Each application is considered on its own merits and Trustees monitor the value of the awards made.

Grant requests can be for a variety of reasons as we will consider referrals that will directly benefit the child and/or the family. We recognise there is a multi-disciplinary team of professionals involved in the care of the child and their family and we will respect any recommendations they make in order to assist and support the family in the best possible way.

We will consider applications which will directly benefit the child/young person and their family.

i. Grant requests may be considered for a variety of reasons such as towards rent/mortgage payments, travel costs to hospital, everyday living costs, memory making, car/household repairs, counselling, additional therapy. This list is not exhaustive and each application will be considered on its own merits.
ii. Applications for a contribution towards travel costs may be considered for treatment overseas where this treatment is endorsed by their Consultant.
iii. Any grant approved should be used for the purpose it has been awarded.

We will consider requests to support bereaved families with additional costs not covered under the Children's Funeral Fund or if the young person is over the age of 18. In addition, we will consider applications up to 6 months after bereavement for costs such as memory making, together with living costs until parents are able to return to work.

ACHIEVEMENTS FOR THE YEAR

When the charity started in 2016, in the first year we awarded 40 grants totalling £28,980 and this was the only support we offered. However, 7 years on, through listening to parents, consulting with healthcare professional and other charities, we now offer 11 main projects which address the wide range of needs

faced by children and young people diagnosed with cancer and those of their families by adopting a holistic approach to improve the wellbeing of the whole family. We are now proud to support the entire family from the start of their journey with childhood cancer, through treatment and beyond.

Our Financial Hardship Grants Scheme remains central to our mission and awards grants to individual families urgently needing funds to help them through the difficulties inherent in having a child undergoing treatment for cancer. Decisions on grant approvals continues to be a high priority for Trustees, with most agreed within a few hours of the request being received. The reasons for the grant requests are numerous and include items such as rent or mortgage payments as one or both parents might not be able to work while the child is in hospital, additional travel costs to hospital, food, household bills or sadly help towards funeral costs.

During the course of the financial year, we awarded 257 grants to families for much needed financial support which was an increase of 5% on 2022, with the total awarded of £127,809 with an average of £497 per grant. Referrals continued to cover all counties in the Wessex Region, although families' resident in Hampshire (58%) and Dorset (15%) are the areas of highest demand. Usually the balance of grants awarded for the two wards for the different age group (0-16 and 16-24) is a fairly even split. However due to changes in the way we process the grants through our own bespoke portal and Young Lives versus Cancer no longer processing the grants on our behalf, we saw a significant decrease in the amount of grants awarded to the Teenage and Young Adult (TYA) as we do not have an Abby's Heroes member of staff on this ward to advise patients of our support. This dropped from 47% from the Teenage and Young Adult Unit to 30% in reported financial year. We have addressed this by increasing the information available to Young People on the TYA so they are aware they are eligible to access our services and support. We will review this further in 2024.

We continued to provide End of Treatment Awards for children and Young People to acknowledge the gruelling treatment and invasive procedures they have gone through as well as all the missed special occasions they have been too unwell to join in. Each child or Young Person will "Ring the Bell" to mark the end of Treatment and we give an award of £200 to spend as they wish. We gave 51 Awards, an slight decrease on the previous year (58 – 2022) We are very pleased to share in the families' enjoyment of this treat and will continue with this project for the next financial year.

The Welfare Packs for parents of newly diagnosed children are now an established project and continue to help ease the financial pressure of living at the hospital for the initial few weeks. Feedback from parents indicates these are so well received by parents and provide much needed support to families in the early days following a child's diagnosis.

Our initiative of providing food to the children's cancer ward continues as only 15% of hospitals feed parents when they are staying overnight with their child in hospital and this has a significant impact of the cost of staying in hospital for parents. From feedback from parents and staff, we know the difference this made to families in meeting a practical need as well as significantly boosting morale, so we continued to deliver sandwiches, fruit and treats, together with a weekly pizza delivery and ready meal bringing some variety, change to hospital routines and a treat for children and parents. In addition, we provide a well-stocked snack cupboard so that parents always have something to eat as too often their focus is looking after their child and forgetting to look after themselves as well.

We are proud to have undertaken a complete refurbishment of one of the rooms on the Piam Brown Ward for the sole purpose of providing families a place to escape and decompress if they need time to themselves or to be able to eat a meal away from their child. We know that there are times when families need a place to seek refuge in, let their emotions out and breathe. The original Parents Room was requisitioned during COVID for staff due to social distancing and not returned for this purpose after the pandemic so Abby's Heroes were really keen to be able to provide this facility for parents again. Parents have been delighted to

have a dedicated space on the ward which is a non clinical space and doesn't feel like they are in hospital. It is already making a difference to so many families as we have been able to provide laundry facilities to parents staying on the ward for long periods for the first time in 7 years.

As part of our Day's Out Programme, we have had trips to Harry Potter Studios and Charlie and the Chocolate Factory in Southampton which was very much enjoyed by the children and their families. Further trips to other shows and day's out are planned for 2024.

Our Family Support Workers are based on the Children's Cancer Ward at University Hospital Southampton We carried out a Parents Survey is October 2023 and a staggering 91% of parents reported the Family Support Workers had improved their child's and the parents stay in hospital with 78% feeling the FSW's had reduced their stress and 76% loneliness and isolation. The two Part Time Family Support Workers are Abby's Heroes employees and are based on the ward for 6 days a week. The Family Support Workers are able to identify any financial stresses within a family and apply for a grant from Abby's Heroes to support them. They are there to support families in any way they can – whether this is practically, emotionally, socially or financially.

To support training in Paediatric Oncology at UHS, we agreed to fund training days for staff – one centred around Compassion Fatigue and Self Care and the other a Bereavement Study Day. The wellbeing day was facilitated by an excellent external speaker and staff found the day so beneficial. We were fortunate to have the support of several bereaved siblings who agreed to speak at the Bereavement Training Day to give staff an insight into the death of their brother or sister. These days offered a unique and invaluable insight into palliative care and bereavement. Staff found it so valuable to get a sibling's perspective and a safe space to ask questions.

To address the mental health needs of our beneficiaries, we funded approximately 180 counselling sessions for Young People and the families of children and young people. In addition, the Play Therapy Service was set up to see children to help them express, explore and process the feelings they have been unable to vocalise following their treatment.

In summary, 2023 has been another strong year supporting children, young people and their families and we look back with great pride at the difference the charity has made to so many families facing an uncertain future with the challenges a child's cancer diagnosis brings. We are pleased to have remained firmly on course by delivering our planned charitable activities, adapting quickly to the changing landscape and needs of our beneficiaries, as well as continuing to explore new initiatives for additional layers of support for children and their families. However, we know that is a tricky economic climate for many and acknowledge that we may continue to face challenges in the foreseeable future due to the cost of living crisis for our beneficiaries as well as our supporters.

FINANCIAL REVIEW

With no government funding, Abby's Heroes relies totally on the generosity of individual and corporate supporters to provide vital support to children diagnosed with cancer and their families. Families often say that without Abby's Heroes support they would not have been able to cope with the enormous financial stress the diagnosis brought. Trustees recognise that Abby's Heroes support is only available where sufficient funds are forthcoming, so a commitment to strong income generating activities is essential and remains the objective of the Trust.

It has been another strong year for fundraising and we are delighted that to have been able to offer a full calendar of events to appeal to a range of interests and audiences. Our regular events such as the ABP Southampton, Golf Day and Afternoon Tea continue to be popular and bring in a good source of income.

However, the highlight for the fundraising calendar was raising nearly £40,000 at our Dinner Dance. We are incredibly grateful to everyone who helped make it such a success.

We saw an increase of 21% in our Charitable Trusts and Foundations income for both restricted and unrestricted funds from Global's Make Some Noise, Wates Family Enterprise Trust and Friends Fighting Cancer to name a few. We are so grateful for this avenue of funding and plan to continue to develop this area of income generation in the coming years.

A slight shortfall of £12,672 emerged as an unexpected opportunity arose to renovate a space to be transformed into a dedicated Parents Room. Since pre-COVID times, parents lacked such a facility, making it a crucial initiative for Abby's Heroes to support, as deemed by the Trustees. Moreover, expenses increased for our Wellbeing Project to support families when they are staying on the children's cancer ward and we initiated the Play Therapy Service. These initiatives epitomise Abby's Heroes' mission, and the Trustees were happy to allocate funds from our existing resources to support them.

Despite the ongoing challenges in the world around us, we are proud to report that Abby's Heroes has responded, adapted quickly and continued to move forward. It is pleasing to acknowledge that Abby's Heroes has provided the largest number of financial hardship grants to families, whilst still maintaining a growth in income which will allow an extension and development of projects for forthcoming years.

In order to minimise financial risk, the charity has distributed its Reserves and designated funds to a number of different accounts in line with the FSCS guidelines.

RESERVES POLICY

The purpose of the reserves is to secure the future of our services and long-term obligation to families. They also provide protection against unexpected events and fluctuations in income.

The Trustees have considered the risks and needs of the charity and have set a Reserves Policy which requires:

- Reserves be maintained for a period of unforeseen difficulty at a level which ensures that Abby's Heroes core activity could continue.
- A proportion of Reserves be maintained in a readily realisable form.

Having taken all the above into consideration, the Board of Trustees agreed that the most appropriate level of Reserves required to meet the above risks, together with our charitable activities and commitments, was 6 months' charitable activities and 6 month's operational costs. A review of our Reserves Policy was performed to reflect the financial demands of the charity and to ensure the Reserves Policy is fit for the future given its growth, current and forecast level of activity.

Supporters of the charity are asked to note that, although the charity appears to hold significant reserves, 65% of these funds are designated or restricted to fund projects planned for 2024 and staffing required to fund our charitable activities.

THE FUTURE

We are immensely proud of our reputation for making a significant and meaningful impact of the lives of the children and families we support. We help a diverse range of people from a wide geographical area with different life experiences with one thing in common – the harsh reality of the physical, psychological, economic and social consequences of childhood cancer. The Trustees have pledged to continue to develop our services to provide help to families in the most practical, preventative and original way to enable families to cope with the challenges they face.

In 2024, as part of our findings in our Parent's Survey last year, we plan to expand our Family Support Service to offer more support to families when they aren't in hospital or at other specialist hospitals like Great Ormond Street or University College London Hospital as Bone Marrow Transplants and Radiotherapy/Proton Beam Therapy are not available at Southampton as parents told us they wanted and needed this additional support. We want to be able to employ a 3rd Family Support Worker which will allow us to extend our support to continue our care when families have left the safety of the hospital and have to adapt to difference circumstances at home or in a new hospital. If we are unsuccessful with our targeted approaches for charitable trust funding or our forecasted income doesn't come to fruition, we will delay the roll out of our Community Family Support Service provision until such time that sufficient income is forthcoming.

Grandparents often offer much needed support and comfort to families, help with childcare, washing and so much more. We want to extend our support to them and plan to host an event to get together in 2024 and find out what they need, socialise with others, speak to our team about our services or just sit and enjoy a cup of tea. We will then be able to develop our support around this moving forward.

As part of our commitment to provide new initiatives and additional layers of support to families, we will continue dialogue with senior leadership in Paediatric Oncology at UHS to identify further needs which the NHS/UHS are unable to meet and can only be considered and delivered with charity funding.

The cost-of-living crisis has continued to affect the charity over the reported financial year. However, we were in a strong position to face this, due to a successful year in 2021/2022 which provided financial stability in an ever-evolving world. With a loyal following of supporters and funding from Charitable Trusts and Foundations, strong leadership, an ability to adapt quickly and respond effectively, and dedicated staff we have seen a 21% increase in income. We are hopeful that the new financial year will bring new opportunities to enable us to maintain our existing support at the same time as developing our services further to support families affect by childhood cancer. However, we are mindful of the economic situation, the impact of the cost of living increases and that many employees from corporate supporters continue to work from home which can impact the amount they raise so appreciate that charity income may level in 2024.

The commitment, dedication, and togetherness of our staff team and Trustees, putting children and families at the heart of everything we do, is truly what makes us who we are as an organisation. We continue to aim to reach all children, young people and their families receiving treatment under University Hospital Southampton by providing a range of financial, practical and emotional support at any point of their journey. We are proud of all that has been achieved over the last 7 years in Abby's name and know there is still so much more we can do to help in the here and now as well as beyond. The support we have received from all those associated with the charity allows us to celebrate the unfailing generosity of our supporters and gives us hope that we will be there to support many more families crossing the threshold of the Children's Cancer Unit or the Teenage and Young Unit at University Hospital Southampton.

STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS AND CORPORATE GOVERNANCE

The Trustees are responsible for their Annual Report and for the preparing of the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice and for ensuring they give a true and fair view of the incoming resources and the application of resources of the Charity during the year, and of the state of affairs as at the end of the financial period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates which are reasonable and prudent;
- state whether the applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for safeguarding the assets of the Charity and for their proper application as required by charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively;
- proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- the Charity complies with relevant laws and regulations.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by the Board of Trustees. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss. They include:

- a strategic plan and annual budget approved by the Trustees
- regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews
- delegation of day-to-day management authority and segregation of duties
- identification and management of risks

DISCLOSURE OF INFORMATION TO INDEPENDENT ACCOUNTANTS

With regard to the preparation of this Annual Report and Accounts:

- As far as each Trustee is aware, there is no relevant audit information of which the Charity's Independent Accountants are unaware.
- Each Trustee has taken all the steps a Trustee might reasonably be expected to have taken to be aware of relevant information and to establish that the Charity's Independent Accountants are aware of that information.

This report was approved by the Trustees on 8/5/24 and signed on their behalf by:



Rachel Darke
Trustee

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF ABBY'S HEROES

I report to the trustees on my examination of the accounts of Abby's Heroes for the period ended 30 November 2023, which are set out on pages 13 to 25.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act 2011 and are eligible for an independent examination, I report in respect of my examination of the trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire, SO53 3DA

Dated: 9 July 2024

ABBY'S HEROES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2023

	Notes	Unrestricted funds	Designated funds	Restricted funds	2023	2022
INCOME		£	£	£	£	£
Donations and legacies	3	440,897	10,875	90,558	542,330	449,859
Investment income		7,336	-	-	7,336	3,133
TOTAL INCOME		**448,233**	**10,875**	**90,558**	**549,666**	**452,993**
EXPENDITURE						
Raising funds	4	23,759	61,171	30,607	115,537	139,143
Charitable activities	5	130,144	92,730	90,330	313,204	228,074
Administration costs	6	12,459	117,652	3,486	133,597	32,139
TOTAL EXPENDITURE		**166,362**	**271,553**	**124,423**	**562,338**	**399,356**
NET INCOME/(EXPENDITURE) FOR YEAR BEFORE TRANSFERS		**281,871**	**(260,678)**	**(33,865)**	**(12,672)**	**53,636**
TRANSFERS BETWEEN FUNDS		(236,119)	241,993	(5,874)	-	-
NET INCOME/(EXPENDITURE)		**45,752**	**(18,685)**	**(39,739)**	**(12,672)**	**53,636**
TOTAL FUND BALANCES BROUGHT FORWARD		106,835	291,340	54,999	453,174	399,538
TOTAL FUND BALANCES CARRIED FORWARD		**152,587**	**272,655**	**15,260**	**440,502**	**453,174**

The notes on pages 16 to 24 form part of these financial statements.

ABBY'S HEROES

PRIOR YEAR COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2022

	Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds 2022
INCOME		£	£	£	£
Donations and legacies		385,311	-	64,548	449,859
Charitable activities		-	-	-	-
Investment income		3,133	-	-	3,133
TOTAL INCOME		**388,445**	**-**	**64,548**	**452,993**
EXPENDITURE					
Raising funds		121,975	1,776	15,392	139,143
Charitable activities		3,129	196,138	28,807	228,074
Administration costs		24,547	-	7,592	32,139
TOTAL EXPENDITURE		**149,651**	**197,914**	**51,791**	**399,356**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**238,793**	**(197,914)**	**12,757**	**53,636**
TRANSFERS BETWEEN FUNDS		(258,618)	258,618	-	-
NET (EXPENDITURE) / INCOME		**(19,825)**	**60,704**	**12,757**	**53,636**
TOTAL FUND BALANCES BROUGHT FORWARD		126,660	230,636	42,242	399,538
TOTAL FUND BALANCES CARRIED FORWARD		**106,835**	**291,340**	**54,999**	**453,174**

ABBY'S HEROES

BALANCE SHEET AT 30 NOVEMBER 2023

	Notes	£	2023 £	£	2022 £
FIXED ASSETS					
Intangible assets	8		17,279		-
Tangible assets	9		1,195		2,069
			18,474		**2,069**
CURRENT ASSETS					
Debtors	10	18,936		4,266	
Cash at bank and in hand		406,496		450,202	
		425,432		454,468	
CREDITORS: amounts falling due within one year	11	(3,404)		(3,364)	
NET CURRENT ASSETS			422,028		451,105
NET ASSETS			**440,502**		**453,174**
FUNDS					
Restricted funds	12		15,260		54,999
Unrestricted - general funds	13		152,587		106,835
Unrestricted - designated funds	13		272,655		291,340
TOTAL FUNDS	14		**440,502**		**453,174**

Approved by the Trustees on
and signed on their behalf by

Rachel Darke
Trustee

ABBY'S HEROES

CASHFLOW STATEMENT FOR THE YEAR ENDED 30 NOVEMBER 2023

	Notes	2023 £	2022 £
NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	2	(31,843)	50,908
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		7,336	3,133
CASH FLOWS FROM INVESTING ACTIVITIES			
Intangible asset addition		(19,199)	-
Fixed asset additions		-	(1,998)
NET CASH FLOW	1	(43,706)	52,043
Change in cash and cash equivalents in the year		(43,706)	52,043
Cash and cash equivalent at start of the year		450,202	398,159
Cash and cash equivalents at the end of the year		406,496	450,202

NOTES TO THE CASHFLOW STATEMENT FOR THE YEAR ENDED 30 NOVEMBER 2023

1 NET CASH FLOW PROVIDED BY OPERATING ACTIVITIES	£	£
Net movement in funds for the year	(12,672)	53,636
Interest received	(7,336)	(3,133)
Depreciation and amortisation	2,794	875
(Increase) In debtors	(14,670)	(2,107)
Increase in creditors	40	1,637
Net cash flow from operating activities	(31,843)	50,908

2 ANALYSIS OF CASH AND CASH EQUIVALENTS	2023 £	2022 £
Cash at bank and in hand	406,496	450,202
	406,496	450,202

3 ANALYSIS OF CHANGES IN NET DEBT	At 1 Dec 2022	Cash flows	At 30 Nov 2023
Cash at bank and in hand	450,202	(43,706)	406,496
	450,202	(43,706)	406,496

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

(c) Fund accounting

Funds held by the charity are either:

- Unrestricted funds: These are funds that can be used in accordance with the charitable objects at the discretion of the Trustees.
- Designated funds: These are funds which have been designated by the Trustees for a particular purpose.
- Restricted funds: These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(d) Incoming resources

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of grants, donations, legacies and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Resources are deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(e) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. It includes any VAT paid.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

1 ACCOUNTING POLICIES (continued)

(f) Depreciation of intangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer software	10% Straight Line

(g) Depreciation of tangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer & Equipment	25% Straight Line
Fixtures & Fittings	25% Straight Line

(h) Pension costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either Other Debtors or Other Creditors at the year end.

2 LEGAL STATUS

The charity was registered on 12 December 2016 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charity is Unit 18, Basepoint Centres, Andersons Road, Southampton, Hampshire, SO14 5FE.

3 INCOME ANALYSIS

	Total 2023 £	Total 2022 £
Donations		
Donations received	514,491	408,305
Gift Aid recoverable	27,839	41,554
	542,330	**449,859**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

	Total 2023 £	Total 2022 £
4 RAISING FUNDS		
Fund Raising Expenses	68,053	33,812
Promotional Merchandise	17,713	10,590
Printing and Stationery	-	2,813
Postage and Carriage	-	590
Consultancy Fees	-	9,266
Legal	-	358
IT Costs	-	3,726
Subscriptions	-	1,179
Employment Costs	29,190	63,954
Pension Costs	581	1,678
Travel	-	1,776
Advertising and Marketing	-	9,401
	115,537	**139,143**

	Total 2023 £	Total 2022 £
5 CHARITABLE ACTIVITIES		
Grants, Gifts and Donations	214,760	191,812
Wellbeing - Piam Brown Ward	32,715	17,623
Clinical Psychologist	-	183
Counselling	9,285	11,326
Training Bereavement and Wellbeing	5,816	-
Travel	2,515	
Employment costs	48,113	7,130
	313,204	**228,074**

	Total 2023 £	Total 2022 £
6 ADMINISTRATION COSTS		
Employment costs	89,191	12,003
Insurance	2,474	1,702
Accountancy Fees	1,950	1,770
Miscellaneous Expenses	2,560	736
Storage	1,460	1,218
Telephone	1,922	1,269
Motor Expenses	4,374	2,844
Rent	15,792	3,925
Training	808	5,798
IT Costs	744	-
Advertising and Marketing	1,372	-
Postage, Printing and Stationery	4,967	-
Legal	2,052	-
Subscriptions	1,137	-
Depreciation	2,794	875
	133,597	**32,139**

Included above are amounts due to the independent examiners in relation to independent examination of £1,620 (2022: £1,380).

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

7 STAFF COSTS

	Total 2023 £	Total 2022 £
Salaries and wages	155,770	81,686
Social security costs	8,027	1,402
Pension costs	3,278	1,678
Total staff costs	**167,075**	**84,765**

The average number of staff employed during the period was 7 (2022: 3).

No employee received emoluments of £60,000 or more during this period or the prior year.

Two members of key management received a total of £85,534 (2022: £62,552) in wages for the year.

8 INTANGIBLE ASSETS

	Intangible Asset £	£	Total £
COST			
At beginning of period	-		-
Additions	19,199		19,199
Disposals	-		-
At the end of period	**19,199**		**19,199**
DEPRECIATION			
At beginning of period	-		-
Charge for period	1,920		1,920
Eliminated on disposals	-		-
At end of period	**1,920**	**-**	**1,920**
NET BOOK VALUE			
At end of period	**17,279**	**-**	**17,279**
At beginning of period	-	-	-

9 TANGIBLE ASSETS

	Computer & Equipment	Fixtures & Fittings	Total
	£	£	£
COST			
At beginning of period	3,983	-	3,983
Additions	-	-	-
Disposals	-	-	-
At the end of period	**3,983**	-	**3,983**
DEPRECIATION			
At beginning of period	1,914	-	1,914
Charge for period	874	-	874
Eliminated on disposals	-	-	-
At end of period	**2,788**	-	**2,788**
NET BOOK VALUE			
At end of period	**1,195**	-	**1,195**
At beginning of period	2,069	-	2,069

10 DEBTORS

	2023	2022
	£	£
Other debtors	6,866	3,358
Prepayments and accrued income	12,070	909
	18,936	**4,266**

11 CREDITORS: amounts falling due within one year

	2023	2022
	£	£
Accruals	2,708	2,856
Other creditors	696	508
	3,404	**3,364**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

12 RESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
Restricted Funds					
Clinical Psychologist	4,618			-	4,618
Financial Grants	-	1,000	(1,000)		-
Dinner Dance	6,860	19,099	(25,959)	-	-
Counselling Service	-	2,279	(300)	-	1,979
Play Therapy Service	29,065	8,000	(37,065)	-	-
Golf Day	2,552	13,708	(4,648)	(11,612)	-
Family Support Worker	6,004	27,792	(33,796)	-	-
Bereavement and Wellbeing Training	1,414	2,580	(3,994)	-	-
Rent & Storage	3,486	-	(3,486)	-	-
Welfare Packs	1,000	16,100	(14,175)	5,738	8,663
	54,999	**90,558**	**(124,423)**	**(5,874)**	**15,260**

Clinical Psychologist
Funds received from donors specifically to employ a Clinical Psychologist

Financial Grants
Funds received from donor specifically to be used to pay a Hardship Grant

Dinner Dance
Funds held by Abby's Heroes as deposits paid by guests.

Counselling Service
Funds held for provision of a counselling service

Play Therapy Service
Funds held for provision of a Play Therapy Service.

Golf Day
Fund held by Abby's Heroes for event which was postponed due to the death of Her Majesty the Queen.

Family Support Worker
Funds held by Abby's Heroes from donor specifically for a Family Support Worker.

Bereavement and Wellbeing Training
Funds held for the provision of training.

Rent & Storage
Funds received from donors specifically for rent and storage.

Welfare Packs
Funds restricted for Welfare Packs for newly diagnosed children and Young People on the Children's Cancer Ward and Teenage and Young Adult Ward

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

13 UNRESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
General funds	106,835	448,233	(166,362)	(236,119)	152,587
Total General Funds	**106,835**	**448,233**	**(166,362)**	**(236,119)**	**152,587**
Designated Funds:					
Financial Hardship Grants	73,867	-	(6,967)		66,900
Welfare Packs	4,920	-	-	2,580	7,500
Christmas Vouchers	6,650	-	(13,740)	14,090	7,000
Charitable Activities				375	375
End of Treatment Awards	5,900	-	(10,200)	10,300	6,000
Events	-	-		19,048	19,048
Operational Costs	147,603	-	(172,811)	142,086	116,878
Taxi Service	1,121	-	(2,164)	1,943	900
Fundraising Platform	-	-	(6,012)	8,412	2,400
Counselling Service	12,625	-	(8,985)	2,360	6,000
Parents Room	-	2,398	(2,398)	600	600
Pizza and picnic		8,477	(6,904)	(1,573)	-
Bereavement and Wellbeing Training	1,200	-	(1,822)	2,022	1,400
Days Out	2,679	-	(6,218)	4,673	1,134
Family Support Worker	553	-	(3,744)	23,241	20,050
Play Therapy Service	24,785	-	(3,530)	(17,385)	3,870
Wellbeing	9,437	-	(26,058)	29,221	12,600
Total Designated Funds	**291,340**	**10,875**	**(271,553)**	**241,993**	**272,655**

Financial Hardship Grants
Funds designated to fund the Financial Hardship Grants Scheme

Welfare packs
Funds designated for Welfare Packs for newly diagnosed children and Young People on the Children's Cancer Ward and Teenage and Young Adult Ward

Christmas Vouchers
Funds designated for Gift Cards for families at Christmas which the charity has supported with a Financial Grant during the year

Charitable Activities
Funds designated for Charitable Activities

End of Treatment Awards
Funds designated for End of Treatment Awards

Events
Funds designated for Events

Operational Costs
Funds designated for Operational costs

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

UNRESTRICTED FUNDS (continued)

Taxi Service
Funds held to assist families with the cost of travel to and from hospital

Fundraising Platform
Funds designated to assist with the maintenance of the Fundraising platform

Counselling Service
Funds designated for the provision of the Counselling Service

Parents Room
Funds designated for the parents room costs within the hospital

Bereavement and Wellbeing Training
Funds designated for Bereavement and Wellbeing Training Days for Ward Staff

Days Out
Funds designated to provide trips to the Theatre etc under Days Out Programme

Family Support Worker
Funds designated for employment of Family Support Worker

Play Therapy Service
Funds designated for Play Therapy Service

Wellbeing
Funds designated to provide emergency food, snack boxes and toiletries for Parents on the Children's Cancer Ward

Pizza and Picnic
Funds designated to provide food to Children's Cancer Ward to assist with the variety of menu options to children and their families.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2023

14 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2022 £
As at 30 November 2023				
Intangible Fixed Assets	17,279			17,279
Tangible Fixed Assets	1,195	-	-	1,195
Current Assets	137,517	272,655	15,260	425,432
Current Liabilities	(3,404)	-	-	(3,404)
Total Net Assets	**152,587**	**272,655**	**15,260**	**440,502**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2021 £
As at 30 November 2022				
Tangible Fixed Assets	2,069	-	-	2,069
Current Assets	181,590	230,636	42,242	454,468
Current Liabilities	(3,364)	-	-	(3,364)
Total Net Assets	**180,296**	**230,636**	**42,242**	**453,174**

14 RELATED PARTY TRANSACTIONS

The trustees received no remuneration during this or the prior period.

During the year no trustees were reimbursed expenses incurred on behalf of the charity (2022: none).

ABBY'S HEROES

England & Wales - Charity number 1170676

Accounts



Annual Report and Financial Statements for the year ended 30 November 2022

Registered Charity No. 1170676

www.abbysheroes.org

Abby's Heroes

CONTENTS PAGE

	Page
Legal and Administrative Details	3
Trustees Report	4
Independent Examiners Report	12
Financial Statements	13
Notes to the Financial Statements	16

Legal and Administrative information

Charity Number:	1170676
Registered Office:	Unit 18 Basepoint Centre Andersons Road Southampton Hampshire SO14 5FE
Trustees:	Rachel Darke (Chair) Lynne Squibb (Vice) Teresa Butler Katie Goodyer Fran Little (resigned 4th July 2023) Lorna Ford Alex Wood Kiele Carter Helen Green (Appointed 16th May 2022) Louise Hewlett (Appointed 16th May 2022)
Patron:	James Ward-Prowse, Southampton Football Club
Principal Bankers:	Lloyds Bank 413 Bitterne Rd Bitterne Southampton SO18 1DA
Independent Examiner:	Knight Goodhead Limited 7 Bournemouth Road Chandler's Ford, Eastleigh Hampshire SO53 3DA

The Board of Trustees of Abby's Heroes presents its report and accounts for the year ended 30th November 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)

STRUCTURE, GOVERNANCE AND MANAGEMENT

MANAGEMENT

Abby's Heroes is a registered charity, number 1170676 and is governed by its Governing Document which was adopted on 21st November 2016. Abby's Heroes was founded following the death of Abby Randall, aged 11 from Ewing's Sarcoma to provide help for young children suffering with cancer and their families. Over the years, the charity has made a substantial number of grants to children and their families needing urgent financial support.

THE BOARD

The Board of Trustees ("the Board") is responsible for the overall governance of Abby's Heroes. The number of Trustees cannot be fewer than three. The Recruitment and Selection Process is the responsibility of the Board, using a transparent Trustee recruitment process approved by the full Board. Trustees are appointed for a two-year term, after which they may seek re-election for further periods, subject to a two-thirds majority vote by the Board. Trustees are bound by a signed Code of Conduct and on joining, undergo an Induction Programme suitable to their needs. Training on external and organisational issues is provided throughout the year. All Trustees give their time freely and no trustee remuneration is paid.

The Board meets regularly throughout the year and is responsible for setting an appropriate strategy for the Charity. It also ensures that relevant performance measures are in place. The Board receives regular reports on all aspects of the Charity's work.

DELEGATION

The Trustees delegate responsibility for the day-to-day administration of the charity to the CEO/Founder who liaises regularly with the Chair.

RISK MANAGEMENT

The Trustees have considered the major risks to which the charity is exposed and have reviewed those risks. Systems and procedures are in place to manage any risk. Adequate insurance policies are in place to cover Business All Risks, Employers', Public, Products and Trustees Liability.

OBJECTIVES AND PRINCIPAL ACTIVITIES OF ABBY'S HEROES

OBJECTIVES

Abby's Heroes endeavours to achieve its objective to improve the lives of children with cancer throughout the Wessex Region by providing support services to children and young people diagnosed with cancer and the hospital who are working to care, treat and support those and young people. This comprises of two Units at University Hospital Southampton – the Piam Brown Ward which is the Regional Centre for Paediatric Oncology and Haematology for under 18's and the Teenage and Young Adult Unit (for Young People aged 16 to 24 at the time of diagnosis) which both cover the Wessex area. This extensive geographical area provides treatment for children living in Hampshire and Isle of Wight, Dorset, West Sussex, Surrey, Wiltshire and the Channel Islands.

Our objectives, as set out in our Governing document are:

- The relief of sickness and suffering and the promotion of health of children and young adults during and after the diagnosis and treatment of cancer by the oncology departments at Southampton General Hospital, and their families, by the provision of practical and financial help including support for memory making.

OUR ACTIVITIES

Abby's Heroes exists because when a child is diagnosed with cancer, it has a devastating impact on the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, Abby's Heroes supports families with a range of practical measures and programmes to help families going through the harsh reality of childhood cancer.

Over the year, we have continued to develop new initiatives to help families and further details are outlined under the Achievements heading.

PUBLIC BENEFIT

The Trustees have paid due regard to the Charity Commission guidance on public benefit. The activities of the charity are available to all beneficiaries irrespective of capacity, ethnicity, faith or socio-economic environment. A referral process is in place to ensure that those who meet the criteria are offered support by the Trust. The Trustees have complied with their duty on public benefit with regard to exercising their powers and duties as illustrated in the aims and objectives set out above.

VOLUNTEERS

Abby's Heroes has the support of network of volunteers who give their time and energy to help us achieve our aims and objectives through assisting at fundraising events. They work throughout the region organising small but nonetheless essential events.

GRANTS POLICY

Our grant awards help families with the additional and unexpected costs of caring for a child with cancer. They are available to families normally resident in the United Kingdom, whose child or young person is under 25 years old at the time of diagnosis and is receiving curative treatment or palliative care for childhood cancer at University Hospital Southampton. Each application is considered on its own merits and Trustees monitor the value of the awards made.

Grant requests can be for a variety of reasons as we will consider referrals that will directly benefit the child and/or the family. We recognise there is a multi-disciplinary team of professionals involved in the care of the child and their family and we will respect the recommendations/requests they make in order to assist and support the family in the best possible way.

We will consider applications which will directly benefit the child/young person and their family.

i. Grant requests may be considered for a variety of reasons such as towards rent/mortgage payments, travel costs to hospital, everyday living costs, memory making, car/household repairs, counselling, additional therapy. This list is not exhaustive and each application will be considered on its own merits.
ii. Applications for a contribution towards travel costs may be considered for treatment overseas where this treatment is endorsed by their Consultant.
iii. Applications may be considered for inadvertent overpayment of any benefit which needs to be repaid, provided there is no legal or criminal investigation.
iv. Any grant approved should be used for the purpose it has been awarded.

We will consider requests to support bereaved families with additional costs not covered under the Children's Funeral Fund or if the young person is over the age of 18. In addition, we will consider applications up to 6 months after bereavement for costs such as counselling, memory making, together with living costs until parents are able to return to work.

ACHIEVEMENTS FOR THE YEAR

Abby's Heroes is a proactive, unique and forward-thinking charity which has seen substantial growth since it was set up in 2016 following the death of Abby. We are working hard to meet the needs of families facing the consequences of childhood cancer and are constantly looking to develop new initiatives to support families.

Our primary function is to award grants to individual families urgently needing funds to help them through the difficulties inherent in having a child undergoing treatment for cancer. Decisions on grant approvals continues to be a high priority for Trustees, with most agreed within a few hours of the request being received from the YLvC (Young Lives versus Cancer, formerly CLIC Sargent) Social Workers at the Hospital. The reasons for the grant requests are numerous and include items such as rent or mortgage payments as one or both parents might not be able to work while the child is in hospital, additional travel costs to hospital or sadly help towards funeral costs. The Social Workers at the hospital provide an effective system of referral and validation of the family's needs.

During the course of the financial year, we awarded 234 grants to families for much needed financial support which was an increase of 35% on 2021, with the total awarded of £140,503. There was an increase of 53% in the value of the grants awarded with an average of £591 per grant. Referrals continued to cover all counties in the Wessex Region, although families' resident in Hampshire (52.5%) and West Sussex (16.5%) remain the areas of highest demand. Grants within the various age ranges were fairly balanced although 47% of awards were made to young people and/ or their families under the care of the Teenage and Young Adult Unit.

We continued to provide End of Treatment Awards for children and Young People to acknowledge the gruelling treatment and invasive procedures they have gone through as well as all the missed special occasions they have been too unwell to join in. Each child or Young Person will "Ring the Bell" to mark the end of Treatment and we give an award of £200 to spend as they wish. We gave 58 Awards, an increase on the previous year (47 – 2021) We are very pleased to share in the families' enjoyment of this treat and will continue with this project for the next financial year.

The Welfare Packs for parents of newly diagnosed children continued to be most welcomed as they help ease the financial pressure of living at the hospital for the initial few weeks. It was agreed that this will be part of planned expenditure for future years. Feedback from parents as well as YLvC Social Workers indicates these are so well received by parents and provide much need support to families in the early days following a child's diagnosis.

Following the success of our COVID-19 initiative of providing food to the children's cancer ward when parents were not able to leave to get vital supplies until the child was discharged from hospital, a decision was made to continue this programme in 2021/2022. From feedback from parents and staff, we learnt the difference this made to families in meeting a practical need as well as significantly boosting morale, so we continued to deliver sandwiches, fruit and treats from a well-known store once a week, together with a weekly pizza delivery and ready meal bringing some variety, change to hospital routines and a treat for children and parents. In addition, as parents are not fed in hospital, we provide a well-stocked snack box so that parents always have something to eat as too often their focus is looking after their child and forgetting to look after themselves as well.

As part of our Day's Out Programme, we have had trips to see Matilda in London and The Lion King in Southampton which was very much enjoyed by the children and their families. Further trips to other shows and day's out are planned for 2023.

After extensive discussions with the multi-disciplinary team for Paediatric Oncology, and approval by the Trustees, it was agreed that Abby's Heroes would fund and provide a Family Support Worker for the Piam Brown Ward. Negotiations have taken place for a Service Level Agreement (SLA) with University Hospital Southampton (UHS) to establish a formal agreement regarding the responsibilities of UHS and Abby's Heroes. We were therefore delighted to recruit to this role in Autumn 2022 and the role has been so well received by both patients, families and the staff on Piam Brown Ward. The two Part Time Family Support Workers are Abby's Heroes employees and are based on the ward for 6 days a week. As the role has developed, the Family Support Workers are able to identify any financial stresses within a family and apply for a grant from Abby's Heroes to support them. They are there to support families in any way they can – whether this is practically, emotionally, socially or financially.

In addition, funding for a Play Therapy service was agreed by Trustees in June 2021 but despite our very best efforts to drive this forward, extensive delays with University Hospital Southampton agreeing the SLA, the service was disappointingly not up and running in 2022. However, we are pleased to advise that these roles have been appointed to and are due to commence in Spring 2023.

To support training in Paediatric Oncology at UHS, we agreed to fund three training days for staff – one centred around Compassion Fatigue and Self Care and two Bereavement Study Days. The wellbeing day was facilitated by an excellent external speaker and staff found the day so beneficial. We were fortunate to have the support of several bereaved parents who agreed to speak at the Bereavement Training Day to give staff an insight into the death of their child. These days offered a unique and invaluable insight into palliative care and bereavement. Staff found it so valuable to get a parent's perspective and a safe space to ask questions.

In summary, 2022 has been a strong year for the charity and we can look back with great pride and satisfaction at the transformational journey our charity has been on over the last year. We are thrilled to have remained firmly on course by delivering our planned charitable activities, adapting quickly to the changing landscape and needs of our beneficiaries, as well as continuing to explore new initiatives for additional layers of support for children and their families. So far, we have risen above the adversity of the pandemic but acknowledge that we may continue to face these challenges in the foreseeable future due to the cost of living crisis.

FINANCIAL REVIEW

With no government funding, Abby's Heroes relies totally on the generosity of individual and corporate supporters to provide vital support to children diagnosed with cancer and their families. Families often say that without Abby's Heroes support they would not have been able to cope with the enormous financial stress the diagnosis brought. Trustees recognise that Abby's Heroes support is only available where sufficient funds are forthcoming, so a commitment to strong income generating activities is essential and remains the objective of the Trust.

It has been a strong year for fundraising and we are delighted that our calendar of events was able to return to pre-pandemic levels for the first time. We had a large number of participants for the ABP Southampton 5k,10k, half and full marathon and this provided an excellent source of income for the start of the year. We held our first Dragon Boat Race in June and this was well supported, again offering good levels of income. Sadly due to the death of Her Majesty the Queen, the Golf Day was postponed at very short notice and has been rescheduled for April 2023. The highlight of our fundraising was the Vietnam to Cambodia Cycle Event which had been postponed for 2½ years due to the pandemic. We had 30 cyclists take part in November

2022 and who raised nearly £60,000 in sponsorship. It was an incredible event with many highs and lows but due to its huge success, another overseas trip is planned for 2024.

Despite the ongoing challenges in the world around us, we are proud to report that Abby's Heroes has responded, adapted quickly and continued to move forward. It is pleasing to acknowledge that Abby's Heroes has provided the largest number of financial hardship grants to families and End of Treatment Awards to date, whilst still maintaining a growth in income which will allow an extension and development of projects for forthcoming years.

In order to minimise financial risk, the charity has distributed its Reserves and designated funds to a number of different accounts in line with the FSCS guidelines.

RESERVES POLICY

The purpose of the reserves is to secure the future of our services and long-term obligation to families. They also provide protection against unexpected events and fluctuations in income.

The Trustees have considered the risks and needs of the charity, identifying the following areas:

- Funds to allow for an increased number of children diagnosed with cancer, and their families being referred for a Financial Hardship Grant due to the new role of Family Support Worker based on the Ward;
- UK or worldwide events which will impact on the charity's fundraising capability such as act of terrorism, natural disaster or pandemic;
- Covering any unforeseen day to day operational costs such as temporary staff to cover staff illness/absence as this would impact on the charity's ability to raise funds;
- Sufficient to protect it from the risk of insolvency or serious disruption to its charitable work

The Trustees set a Reserves Policy which requires:

- Reserves be maintained for a period of unforeseen difficulty at a level which ensures that Abby's Heroes core activity could continue.
- A proportion of Reserves be maintained in a readily realisable form.

Having taken all the above into consideration, the Board of Trustees agreed that the most appropriate level of Designated Reserves required to meet the above risks, together with our charitable activities and commitments, was £291,340 which reflects 6 months operational costs and charitable activities, plus any unspent Restricted Funds and deposits made for the Dinner Dance and Golf Day. A further review will be performed in 2023 to reflect on the financial demands of the charity and to ensure the Reserves Policy is fit for the future given its growth, current and forecast level of activity. The effects of the COVID-19 Pandemic and subsequent reduction in expected income made the Trustees adopt a cautious approach to the Reserves Policy for the last few years as they recognised that a robust plan was needed due to financial uncertainties. The Trustees are satisfied that the remaining balance on general funds is adequate to enable the charity to continue to fulfil its objectives.

Supporters of the charity are asked to note that, although the charity appears to hold significant reserves, 76% of these funds are designated or restricted to fund the new roles and projects planned for 2023.

THE FUTURE

We are immensely proud of our reputation for making a significant and meaningful impact of the lives of the children and families we support. We help a diverse range of people from a wide geographical area with different life experiences with one thing in common – the harsh reality of the physical, psychological,

economic and social consequences of childhood cancer. Moving forward, the Trustees have pledged to continue to develop our services to provide help to families in the most practical, preventative and original way to enable families to cope with the challenges they face.

As part of our commitment to provide new initiatives and additional layers of support to families, we will continue dialogue with senior leadership in Paediatric Oncology at UHS to identify further needs which the NHS/UHS are unable to meet and can only be considered and delivered with charity funding.

The cost-of-living crisis and the continued fallout from the COVID-19 pandemic has continued to affect the charity over the reported financial year. However, we were in a strong position to face this, due to a successful year in 2020/2021 which provided financial stability in an ever-evolving world. With a loyal following of supporters and funding from Charitable Trusts and Foundations, strong leadership and an ability to adapt quickly and respond effectively, we have been able to significantly mitigate the loss of potential income and withstand the consequences. We are hopeful that the new financial year will bring new opportunities to enable us to maintain our existing support at the same time as developing our services further to support families affect by childhood cancer. However, we are mindful of the economic situation, the impact of the cost of living increases and that many employees from corporate supporters are still working from home which can impact the amount they raise so appreciate that charity income may level in 2023.

The commitment, dedication, and togetherness of our staff team and Trustees, putting children and families at the heart of everything we do, is truly what makes us who we are as an organisation. We continue to aim to reach all children, young people and their families receiving treatment under University Hospital Southampton by providing a range of financial, practical and emotional support at any point of their journey. We are proud of all that has been achieved over the last 6 years in Abby's name and know there is still so much more we can do to help in the here and now as well as beyond. The support we have received from all those associated with the charity allows us to celebrate the unfailing generosity of our supporters and gives us hope that we will be there to support many more families crossing the threshold of the Children's Cancer Unit or the Teenage and Young Unit at University Hospital Southampton.

STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS AND CORPORATE GOVERNANCE

The Trustees are responsible for their Annual Report and for the preparing of the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice and for ensuring they give a true and fair view of the incoming resources and the application of resources of the Charity during the year, and of the state of affairs as at the end of the financial period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates which are reasonable and prudent;
- state whether the applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for safeguarding the assets of the Charity and for their proper application as required by charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively;
- proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- the Charity complies with relevant laws and regulations.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by the Board of Trustees. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss. They include:

- a strategic plan and annual budget approved by the Trustees
- regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews
- delegation of day-to-day management authority and segregation of duties
- identification and management of risks

DISCLOSURE OF INFORMATION TO INDEPENDENT ACCOUNTANTS

With regard to the preparation of this Annual Report and Accounts:

- As far as each Trustee is aware, there is no relevant audit information of which the Charity's Independent Accountants are unaware.
- Each Trustee has taken all the steps a Trustee might reasonably be expected to have taken to be aware of relevant information and to establish that the Charity's Independent Accountants are aware of that information.

This report was approved by the Trustees on 20/12/23 and signed on their behalf by:



Rachel Darke
Trustee

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF ABBY'S HEROES

I report to the trustees on my examination of the accounts of Abby's Heroes for the period ended 30 November 2022, which are set out on pages 13 to 23.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act 2011 and are eligible for an independent examination, I report in respect of my examination of the trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire, SO53 3DA

Dated: 21 July 2023

ABBY'S HEROES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2022

	Notes	Unrestricted funds	Designated funds	Restricted funds	2022	2021
INCOME		£	£	£	£	£
Donations and legacies	3	385,311	-	64,548	449,859	316,378
Charitable activities	3	-	-	-	-	5,974
Investment income		3,133	-	-	3,133	1,587
TOTAL INCOME		**388,445**	**-**	**64,548**	**452,993**	**323,939**
EXPENDITURE						
Raising funds	4	121,975	1,776	15,392	139,143	87,815
Charitable activities	5	3,129	196,138	28,807	228,074	172,264
Administration costs	6	24,547	-	7,592	32,139	8,092
TOTAL EXPENDITURE		**149,651**	**197,914**	**51,791**	**399,356**	**268,171**
NET INCOME FOR YEAR BEFORE TRANSFERS		**238,793**	**(197,914)**	**12,757**	**53,636**	**55,768**
TRANSFERS BETWEEN FUNDS		(258,618)	258,618	-	-	-
NET (EXPENDITURE) / INCOME		**(19,825)**	**60,704**	**12,757**	**53,636**	**55,768**
TOTAL FUND BALANCES BROUGHT FORWARD		126,660	230,636	42,242	399,538	343,770
TOTAL FUND BALANCES CARRIED FORWARD		**106,835**	**291,340**	**54,999**	**453,174**	**399,538**

The notes on pages 16 to 23 form part of these financial statements.

ABBY'S HEROES

PRIOR YEAR COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2021

	Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds 2021
INCOME		£	£	£	£
Donations and legacies		232,438	-	83,940	316,378
Charitable activities		5,974	-	-	5,974
Investment income		1,587	-	-	1,587
TOTAL INCOME		**239,999**	**-**	**83,940**	**323,939**
EXPENDITURE					
Raising funds		64,561	3,400	19,854	87,815
Charitable activities		10,677	131,133	30,454	172,264
Administration costs		8,092	-	-	8,092
TOTAL EXPENDITURE		**83,330**	**134,533**	**50,308**	**268,171**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**156,669**	**(134,533)**	**33,632**	**55,768**
TRANSFERS BETWEEN FUNDS		(154,832)	178,334	(23,502)	-
NET (EXPENDITURE) / INCOME		**1,837**	**43,801**	**10,130**	**55,768**
TOTAL FUND BALANCES BROUGHT FORWARD		124,823	186,835	32,112	343,770
TOTAL FUND BALANCES CARRIED FORWARD		**126,660**	**230,636**	**42,242**	**399,538**

ABBY'S HEROES

BALANCE SHEET AT 30 NOVEMBER 2022

	Notes	£	2022 £	£	2021 £
FIXED ASSETS					
Tangible assets	8		2,069		946
CURRENT ASSETS					
Debtors	9	4,266		2,159	
Cash at bank and in hand		450,202		398,160	
		454,468		400,319	
CREDITORS: amounts falling due within one year	10	(3,364)		(1,727)	
NET CURRENT ASSETS			451,105		398,592
NET ASSETS			**453,174**		**399,538**
FUNDS					
Restricted funds	11		54,999		42,242
Unrestricted - general funds	12		106,835		126,660
Unrestricted - designated funds	12		291,340		230,636
TOTAL FUNDS	13		**453,174**		**399,538**

Approved by the Trustees on 20/7/23
and signed on their behalf by

Rachel Darke
Trustee

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

(c) Fund accounting

Funds held by the charity are either:

- Unrestricted funds: These are funds that can be used in accordance with the charitable objects at the discretion of the Trustees.
- Designated funds: These are funds which have been designated by the Trustees for a particular purpose.
- Restricted funds: These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(d) Incoming resources

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of grants, donations, legacies and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Resources are deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(e) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. It includes any VAT paid.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

1 ACCOUNTING POLICIES (continued)

(f) Depreciation of tangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer & Equipment	25% Straight Line
Fixtures & Fittings	25% Straight Line

(g) Pension costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either Other Debtors or Other Creditors at the year end.

2 LEGAL STATUS

The charity was registered on 12 December 2016 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charity is Unit 20, Basepoint Centres, Andersons Road, Southampton, Hampshire, SO14 5FE.

3 INCOME ANALYSIS

	Total 2022 £	Total 2021 £
Donations		
Donations received	408,305	316,378
Gift Aid recoverable	41,554	-
	449,859	**316,378**
Charitable activities		
COVID grant	-	-
COVID furlough income	-	5,974
	-	**5,974**

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

4 RAISING FUNDS

	Total 2022 £	Total 2021 £
Fund Raising Expenses	33,812	30,938
Promotional Merchandise	10,590	-
Printing & Stationery	2,813	332
Postage and Carriage	590	596
Consultancy Fees	9,266	17,997
IT Costs	3,726	272
Subscriptions	1,179	48
Employment Costs	63,954	29,892
Pension Costs	1,678	709
Travel	1,776	1,397
Advertising/Marketing	9,401	5,634
	139,143	**87,815**

5 CHARITABLE ACTIVITIES

	Total 2022 £	Total 2021 £
Grants, gifts and donations	191,812	135,342
Wellbeing - Piam Brown Ward	17,623	16,115
Clinical Psychologist	183	15,417
Counselling	11,326	5,390
Employment costs	7,130	-
	228,074	**172,264**

6 ADMINISTRATION COSTS

	Total 2022 £	Total 2021 £
Employment costs	12,003	-
Insurance	1,702	458
Accountancy Fees	1,770	1,380
Miscellaneous Expenses	736	800
Storage	1,218	2,098
Telephone	1,269	945
Motor Expenses	2,844	-
Rent	3,925	1,915
Training	5,798	-
Depreciation	875	496
	32,139	**8,092**

Included above are amounts due to the independent examiners in relation to independent examination of £1,380 (2021: £1,770).

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

7 STAFF COSTS

	Total 2022 £	Total 2021 £
Salaries and wages	81,686	29,892
Social security costs	1,402	-
Pension costs	1,678	709
Total staff costs	**84,765**	**30,601**

The average number of staff employed during the period was 3 (2021: 1).

No employee received emoluments of £60,000 or more during this period or the prior year.

Two members of key management received a total of £62,552 (2021: £29,892) in wages for the year.

8 TANGIBLE ASSETS

	Computer & Equipment £	Fixtures & Fittings £	Total £
COST			
At beginning of period	1,985	1,166	3,151
Additions	1,998	-	1,998
Disposals	-	-	-
At the end of period	**3,983**	**1,166**	**5,149**
DEPRECIATION			
At beginning of period	1,039	1,166	2,205
Charge for period	875	-	875
Eliminated on disposals	-	-	-
At end of period	**1,914**	**1,166**	**3,080**
NET BOOK VALUE			
At end of period	**2,069**	**-**	**2,069**
At beginning of period	946	-	946

9 DEBTORS

	2022 £	2021 £
Other debtors	3,358	159
Prepayments and accrued income	909	2,000
	4,266	**2,159**

10 CREDITORS: amounts falling due within one year

	2022 £	2021 £
Accruals	2,856	1,589
Other creditors	508	138
	3,364	**1,727**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

11 RESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
Restricted Funds					
Clinical Psychologist	4,618		-	-	4,618
3 Peaks 2021	5,278		(5,278)	-	-
Vietnam 2021	3,600		(3,600)	-	-
Dinner Dance	-	7,235	(375)	-	6,860
Counselling Service	11,246		(11,246)	-	-
Play Therapy Service	12,500	16,565		-	29,065
Days Out	5,000		(5,000)	-	-
Golf Day	-	2,860	(308)	-	2,552
Family Support Worker		13,896	(7,892)		6,004
Admin Assistant		7,500	(7,500)		-
Bereavement and Wellbeing Training		6,516	(5,102)		1,414
Rent & Storage		5,976	(2,490)		3,486
Wellbeing		3,000	(3,000)		-
Welfare packs		1,000	-		1,000
	42,242	**64,548**	**(51,791)**	**-**	**54,999**

Clinical Psychologist
Funds received from donors specifically to employ a Clinical Psychologist

3 Peaks 2021
Funds held by Abby's Heroes for this event which had been postponed until 2022.

Vietnam 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2022. Due to the delay in the event, some funds were refunded to donors however replacement attendees will be sourced post year end.

Dinner Dance
Funds held by Abby's Heroes as deposits paid by guests.

Counselling Service
Funds held for provision of a counselling service

Play Therapy Service
Funds held for provision of a Play Therapy Service.

Days Out
Tickets purchased for a visit to the theatre postponed to 2022.

Golf Day
Fund held by Abby's Heroes for event which was postponed due to the death of Her Majesty the Queen.

Family Support Worker
Funds held by Abby's Heroes from donor specifically for a Family Support Worker.

Admin Assistant
Funds held by Abby's Heroes from donor specifically for an Admin Assistant.

RESTRICTED FUNDS (continued)

Bereavement and Wellbeing Training
Funds held for the provision of training.

Rent & Storage
Funds received from donors specifically for rent and storage.

Wellbeing
Funds held by Abby's Heroes from donor specifically for Wellbeing.

12 UNRESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
General funds	126,660	388,445	(149,651)	(258,618)	106,835
Total General Funds	**126,660**	**388,445**	**(149,651)**	**(258,618)**	**106,835**
Designated Funds:					
Financial Hardship Grants	120,000	-	(140,503)	94,370	73,867
Welfare packs	13,320	-	(7,650)	(750)	4,920
Christmas vouchers	12,000	-	(14,840)	9,490	6,650
End of Treatment Awards	9,600	-	(11,600)	7,900	5,900
Clinical Psychologist	23,990	-	(183)	(23,807)	-
Operational costs	21,726	-	-	125,877	147,603
Taxi service	2,400	-	(1,776)	497	1,121
Snack boxes	1,200	-	-	(1,200)	-
Counselling service	12,000	-	(80)	705	12,625
Picnic and pizzas	14,400	-	-	(14,400)	-
Bereavement and Wellbeing Training	-	-	-	1,200	1,200
Days Out	-	-	-	2,679	2,679
Family Support Worker	-	-	(52)	605	553
Play Therapy Service	-	-	(6,607)	31,392	24,785
Wellbeing	-	-	(14,623)	24,060	9,437
Total Designated Funds	**230,636**	**-**	**(197,914)**	**258,618**	**291,340**

Financial Hardship Grants
Funds designated to fund the Financial Hardship Grants Scheme

Welfare packs
Funds designated for Welfare Packs for newly diagnosed children and Young People on the Children's Cancer Ward and Teenage and Young Adult Ward

Christmas vouchers
Funds designated for Gift Cards for families at Christmas which the charity has supported with a Financial Grant during the year

End of Treatment Awards
Funds designated for End of Treatment Awards

Clinical Psychologist
Funds designated to employ Clinical Psychologist for Siblings

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

UNRESTRICTED FUNDS (continued)

Operational costs
Funds designated for Operational Costs

Taxi Service
Funds held to assist families with the cost of travel to and from hospital

Snack Boxes
To ensure the continued provision of food and snacks to the ward when it is difficult for the families to leave the ward to obtain these items

Counselling Service
Funds designated for the provision of the Counselling Service

Picnic & Pizzas
Weekly delivery of food to parents on the ward.

Bereavement and Wellbeing Training
Funds designated for Bereavement and Wellbeing Training Days for Ward Staff

Days Out
Funds designated to provide trips to the Theatre etc under Days Out Programme

Family Support Worker
Funds designated for employment of Family Support Worker

Play Therapy Service
Funds designated for Play Therapy Service

Wellbeing
Funds designated to provide emergency food, snack boxes and toiletries for Parents on the Children's Cancer Ward

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2022

13 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2022 £
As at 30 November 2022				
Tangible Fixed Assets	2,069	-	-	2,069
Current Assets	108,129	291,340	54,999	454,468
Current Liabilities	(3,364)	-	-	(3,364)
Total Net Assets	**106,835**	**291,340**	**54,999**	**453,174**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2021 £
As at 30 November 2021				
Tangible Fixed Assets	946	-	-	946
Current Assets	127,441	230,636	42,242	400,319
Current Liabilities	(1,727)	-	-	(1,727)
Total Net Assets	**126,660**	**230,636**	**42,242**	**399,538**

14 RELATED PARTY TRANSACTIONS

The trustees received no remuneration during this or the prior period.

During the year no trustees were reimbursed expenses incurred on behalf of the charity (2021: none).

ABBY'S HEROES

England & Wales - Charity number 1170676

Accounts



Annual Report and Financial Statements for the year ended 30 November 2021

Registered Charity No. 1170676

www.abbysheroes.org

Abby's Heroes

CONTENTS PAGE

	Page
Legal and Administrative Details	3
Trustees Report	4
Independent Examiners Report	11
Financial Statements	12
Notes to the Financial Statements	15 - 21

Legal and Administrative information

Charity Number:	1170676
Registered Office:	Unit 20 Basepoint Centre Andersons Road Southampton Hampshire SO14 5FE
Trustees:	Rachel Darke (Chair) Lynne Squibb (Vice) Teresa Butler Katie Goodyer Fran Little Lorna Ford Melanie Bone (resigned 12th October 2021) Alex Wood Kiele Carter (appointed 12th October 2021)
Patron:	James Ward-Prowse, Southampton Football Club
Principal Bankers:	Lloyds Bank 413 Bitterne Rd Bitterne Southampton SO18 1DA
Independent Examiner:	Knight Goodhead Limited 7 Bournemouth Road Chandler's Ford, Eastleigh Hampshire SO53 3DA

Trustees Annual Report

The Board of Trustees of Abby's Heroes presents its report and accounts for the year ended 30th November 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

STRUCTURE, GOVERNANCE AND MANAGEMENT

MANAGEMENT

Abby's Heroes is a registered charity, number 1170676 and is governed by its Governing Document which was adopted on 21st November 2016. Abby's Heroes was founded following the death of Abby Randall, aged 11 from Ewing's Sarcoma to provide help for young children suffering with cancer and their families. Over the years, the charity has made a substantial number of grants to children and their families needing urgent financial support.

THE BOARD

The Board of Trustees ("the Board") is responsible for the overall governance of Abby's Heroes. The number of Trustees cannot be fewer than three. The Recruitment and Selection Process is the responsibility of the Board, using a transparent Trustee recruitment process approved by the full Board. Trustees are appointed for a two-year term, after which they may seek re-election for further periods, subject to a two-thirds majority vote by the Board. Trustees are bound by a signed Code of Conduct and on joining, undergo an Induction Programme suitable to their needs. Training on external and organisational issues is provided throughout the year. All Trustees give their time freely and no trustee remuneration is paid.

The Board meets regularly throughout the year and is responsible for setting an appropriate strategy for the Charity. It also ensures that relevant performance measures are in place. The Board receives regular reports on all aspects of the Charity's work.

DELEGATION

The Trustees delegate responsibility for the day-to-day administration of the charity to the CEO/Founder who liaises regularly with the Chair.

RISK MANAGEMENT

The Trustees have considered the major risks to which the charity is exposed and have reviewed those risks. Systems and procedures are in place to manage any risk. Adequate insurance policies are in place to cover Business All Risks, Employers', Public, Products and Trustees Liability.

OBJECTIVES AND PRINCIPAL ACTIVITIES OF ABBY'S HEROES

OBJECTIVES

Abby's Heroes endeavours to achieve its objective to improve the lives of children with cancer throughout the Wessex Region by providing support services to children and young people diagnosed with cancer and the hospital who are working to care, treat and support those and young people. This comprises of two Units at University Hospital Southampton – the Piam Brown Ward which is the Regional Centre for Paediatric Oncology and Haematology for under 18's and the Teenage and Young Adult Unit (for Young People aged 16 to 24 at the time of diagnosis) which both cover the Wessex area. This extensive geographical area provides treatment for children living in Hampshire and Isle of Wight, Dorset, West Sussex, Surrey, Wiltshire and the Channel Islands.

Our objectives, as set out in our Governing document are:

- The relief of sickness and suffering and the promotion of health of children and young adults during and after the diagnosis and treatment of cancer by the oncology departments at Southampton General Hospital, and their families, by the provision of practical and financial help including support for memory making.

OUR ACTIVITIES

Abby's Heroes exists because when a child is diagnosed with cancer, it has a devastating impact on the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, Abby's Heroes supports families with a range of practical measures and programmes to help families going through the harsh reality of childhood cancer.

Over the year, we have continued to develop new initiatives to help families and further details are outlined under the Achievements heading.

PUBLIC BENEFIT

The Trustees have paid due regard to the Charity Commission guidance on public benefit. The activities of the charity are available to all beneficiaries irrespective of capacity, ethnicity, faith or socio-economic environment. A referral process is in place to ensure that those who meet the criteria are offered support by the Trust. The Trustees have complied with their duty on public benefit with regard to exercising their powers and duties as illustrated in the aims and objectives set out above.

VOLUNTEERS

Abby's Heroes has the support of network of volunteers who give their time and energy to help us achieve our aims and objectives through assisting at fundraising events. They work throughout the region organising small but nonetheless essential events.

GRANTS POLICY

Our grant awards help families with the additional and unexpected costs of caring for a child with cancer. They are available to families normally resident in the United Kingdom, whose child or young person is under 25 years old at the time of diagnosis and is receiving curative treatment or palliative care for childhood cancer at University Hospital Southampton. Each application is considered on its own merits and Trustees monitor the value of the awards made.

Grant requests can be for a variety of reasons as we will consider referrals that will directly benefit the child and/or the family. We recognise there is a multi-disciplinary team of professionals involved in the care of the child and their family and we will respect the recommendations/requests they make in order to assist and support the family in the best possible way.

We will consider applications which will directly benefit the child/young person and their family.

i. Grant requests may be considered for a variety of reasons such as towards rent/mortgage payments, travel costs to hospital, everyday living costs, memory making, car/household repairs, counselling, additional therapy. This list is not exhaustive and each application will be considered on its own merits.
ii. Applications for a contribution towards travel costs may be considered for treatment overseas where this treatment is endorsed by their Consultant.
iii. Applications may be considered for inadvertent overpayment of any benefit which needs to be repaid, provided there is no legal or criminal investigation.
iv. Any grant approved should be used for the purpose it has been awarded.

We will consider requests to support bereaved families with additional costs not covered under the Children's Funeral Fund or if the young person is over the age of 18. In addition, we will consider applications up to 6 months after bereavement for costs such as counselling, memory making, together with living costs until parents are able to return to work.

ACHIEVEMENTS FOR THE YEAR

Abby's Heroes is a proactive, unique and forward-thinking charity which has seen substantial growth since it was set up in 2016 following the death of Abby. We exist because when a child is diagnosed, it has a devastating impact of the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, we support families with a range of practical measures and programmes. We are working hard to meet the needs of families facing the consequences of childhood cancer and are constantly looking to develop new initiatives to support families.

Our primary function is to award grants to individual families urgently needing funds to help them through the difficulties inherent in having a child undergoing treatment for cancer. Decisions on grant approvals continues to be a high priority for Trustees, with most agreed within a few hours of the request being received from the YLvC (Young Lives versus Cancer, formerly CLIC Sargent) Social Workers at the Hospital. The reasons for the grant requests are numerous and include items such as rent or mortgage payments as one or both parents might not be able to work while the child is in hospital, additional travel costs to hospital or sadly help towards funeral costs. The Social Workers at the hospital provide an effective system of referral and validation of the family's needs.

During the course of the financial year, we awarded 172 grants to families for much needed financial support which was an increase of 12% on 2020 with the total awarded of £91,390. There was an increase of 11% in the value of the grants awarded with an average of £531 per grant. Referrals continued to cover all counties in the Wessex Region, although families resident in Hampshire (46.5%) and West Sussex (24.5%) remain the areas of highest demand. Grants within the various age ranges were fairly balanced although 39% of awards were made to young people and/ or their families under the care of the Teenage and Young Adult Unit.

We continued to provide End of Treatment Awards to acknowledge the gruelling treatment and invasive procedures they have gone through as well as all the missed special occasions they have been too unwell to join in. Each child will "Ring the Bell" to mark the end of Treatment and we give each child a £200 to spend as they wish. We gave 47 Awards, a significant increase on the previous year (17 – 2020) as many children were unable to celebrate by visiting the ward due to the ongoing pandemic so, when restrictions lifted, children were able to visit. We are very pleased to share in the families' enjoyment of this treat and will continue with this project for the next financial year.

The Welfare Packs for parents of newly diagnosed children continued to be most welcomed as they help ease the financial pressure of living at the hospital for the initial few weeks. It was agreed that this will be part of planned expenditure for future years. Feedback from parents as well as YLvC Social Workers indicates these are so well received by parents and provide much need support to families in the early days following a child's diagnosis.

Following the success of our COVID-19 initiative of providing food to the children's cancer ward when parents were not able to leave to get vital supplies until the child was discharged from hospital, a decision was made to continue this programme in 2020/2021. From feedback from parents and staff, we learnt the difference this made to families in meeting a practical need and significantly boosting morale, so continued to deliver sandwiches, fruit and treats from a well-known store once a week, together with a weekly pizza delivery bringing some variety, change to hospital routines and a treat for children and parents.

As part of our Day's Out Programme, we had previously purchased tickets for The Lion King for October 2020 at The Mayflower Theatre in Southampton for families to enjoy some precious family time together when they are well enough. However due to COVID-19, this has been postponed until 2022 and the tickets purchased will be valid for the planned performance then.

After extensive discussions with the multi-disciplinary team for Paediatric Oncology, and approval by the Trustees, it was agreed that Abby's Heroes would fund a Family Support Worker for the Piam Brown Ward. Negotiations have taken place for a Service Level Agreement (SLA) with University Hospital Southampton (UHS) to establish a formal agreement regarding the responsibilities of UHS and Abby's Heroes. Following a successful grant application, we secured funding for the role which, after some delay due to operational reasons at UHS, we hope to recruit in Spring 2022.

In summary, 2021 has been another year like no other with the ongoing COVID-19 pandemic. However, we are very proud to have remained firmly on course by delivering our planned charitable activities, adapting quickly to the rapidly changing landscape and needs of our beneficiaries, as well as continuing to explore new initiatives for additional layers of support for children and their families. So far, we have risen above the adversity of the pandemic but acknowledge that we may continue to face these challenges in the foreseeable future.

FINANCIAL REVIEW

With no government funding, Abby's Heroes relies totally on the generosity of individual and corporate supporters to provide vital support to children diagnosed with cancer and their families. Families often say that without Abby's Heroes support they would not have been able to cope with the enormous financial stress the diagnosis brought. Trustees recognise that Abby's Heroes support is only available where sufficient funds are forthcoming, so a commitment to strong income generating activities is essential and remains the objective of the Trust.

Yet again it was a challenging year due to the lockdown restrictions and effects of COVID-19 pandemic which meant that it was not possible to hold any fundraising events until August 2021, which is 8 months into our financial year. However, many events were held between August and November 2021 which culminated in a very successful Charity Ball. This event raised over £25,000 due to the unwavering support of our supporters and the kindness of many businesses and organisations who donated so generously to make it such a success. With the postponement of other fundraising events, due to government restrictions, such as The Three Peaks Challenge, a Vietnam to Cambodia Cycle, the Alresford Watercress Festival, these have now been rescheduled for 2022 and it is hoped they will be enjoyable and fruitful events for the charity and participants.

Despite the difficulties of COVID-19, we are proud to report that Abby's Heroes has responded to those challenges, adapted and continued to move forward. It is pleasing to acknowledge that Abby's Heroes has provided the largest number of financial hardship grants to families and End of Treatment Awards to date, whilst still maintaining a growth in income which will allow an extension and development of projects for forthcoming years.

In order to minimise financial risk, the charity has distributed its Reserves and designated funds to a number of different accounts in line with the FSCS guidelines.

RESERVES POLICY

The purpose of the reserves is to secure the future of our services and long-term obligation to families. They also provide protection against unexpected events and fluctuations in income.

The Trustees have considered the risks and needs of the charity, identifying the following areas:

- Funds to allow for an increased number of children diagnosed with cancer, and their families being referred for a Financial Hardship Grant due to the new role of Family Support Worker based on the Ward;
- UK or worldwide events which will impact on the charity's fundraising capability such as act of terrorism, natural disaster or pandemic;
- Covering any unforeseen day to day operational costs such as temporary staff to cover staff illness/absence as this would impact on the charity's ability to raise funds;
- Sufficient to protect it from the risk of insolvency or serious disruption to its charitable work

The Trustees set a Reserves Policy which requires:

- Reserves be maintained for a period of unforeseen difficulty at a level which ensures that Abby's Heroes core activity could continue.
- A proportion of Reserves be maintained in a readily realisable form.

Having taken all the above into consideration, the Board of Trustees agreed that the most appropriate level of Reserves required to meet the above risks, together with our charitable activities and commitments, should be £260400 which reflects 6 months operational costs and 12 months charitable activities, plus any unspent Restricted Funds and deposits made by participants to take part in the Three Peaks Challenge and Vietnam to Cambodia Ride postponed in 2020 due to COVID pandemic. A further review will be performed in 2022 to reflect on the effects of COVID-19 and to ensure the Reserves Policy is fit for the future given the charity's growth, current and forecast level of activity.

THE FUTURE

We are immensely proud of our reputation for making a significant and meaningful impact of the lives of the children and families we support. We help a diverse range of people from a wide geographical area with different life experiences with one thing in common – the harsh reality of the physical, psychological, economic and social consequences of childhood cancer. Moving forward, the Trustees have pledged to continue to develop our services to provide help to families in the most practical, preventative and original way to enable families to cope with the challenges they face.

As part of our commitment to provide new initiatives and additional layers of support to families, we plan to fund two new roles for 2022. Firstly, this is a Family Support Worker who will be based on the Paediatric Oncology Ward and provide practical and social support to families. Secondly, we plan to fund a Play Therapist who will be available to work with children generally between the age of 3-12. Through the child's play, the Therapist will explore and help make sense of difficult life experiences, feelings, and emotions. We have been successful in securing some charitable trust funding towards both roles and will continue to seek additional funding for future years for this purpose.

COVID-19 has, without doubt, affected the growth, income and planned activities of the charity over the reported financial year. However, we were in a strong position to face the fallout, due to a successful year in 2020/2021 which provided financial stability in an ever-evolving world. With a loyal following of supporters and funding from Charitable Trusts and Foundations, strong leadership and an ability to adapt quickly and respond effectively, we have been able to significantly mitigate the loss of potential income and withstand the dire consequences of the virus. We are hopeful that the new financial year will bring new opportunities to enable us to maintain our existing support at the same time as developing our services further to support families affect by childhood cancer.

STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS AND CORPORATE GOVERNANCE

The Trustees are responsible for their Annual Report and for the preparing of the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice and for ensuring they give a true and fair view of the incoming resources and the application of resources of the Charity during the year, and of the state of affairs as at the end of the financial period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates which are reasonable and prudent;
- state whether the applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for safeguarding the assets of the Charity and for their proper application as required by charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively;
- proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- the Charity complies with relevant laws and regulations.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by the Board of Trustees. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss. They include:

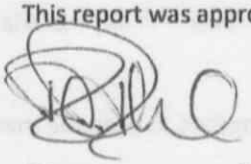
- a strategic plan and annual budget approved by the Trustees
- regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews
- delegation of day-to-day management authority and segregation of duties
- identification and management of risks

DISCLOSURE OF INFORMATION TO INDEPENDENT ACCOUNTANTS

With regard to the preparation of this Annual Report and Accounts:

- As far as each Trustee is aware, there is no relevant information of which the Charity's Independent Accountants are unaware.
- Each Trustee has taken all the steps a Trustee might reasonably be expected to have taken to be aware of relevant information and to establish that the Charity's Independent Accountants are aware of that information.

This report was approved by the Trustees on 16/05/22 and signed on their behalf by:



RACHEL DARKE
CHAIR

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF ABBY'S HEROES

I report to the trustees on my examination of the accounts of Abby's Heroes for the period ended 30 November 2021, which are set out on pages 12 to 21.

Responsibilities and basis of report

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act 2011 and are eligible for an independent examination, I report in respect of my examination of the trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

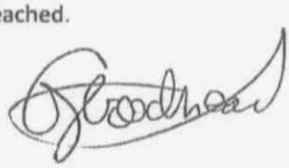
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire, SO53 3DA

Dated: 27 July 2022

ABBY'S HEROES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2021

	Notes	Unrestricted funds	Designated funds	Restricted funds	2021	2020
INCOME		£	£	£	£	£
Donations and legacies	3	232,438	-	83,940	316,378	251,435
Charitable activities	3	5,974	-	-	5,974	14,868
Investment income		1,587	-	-	1,587	2,050
TOTAL INCOME		**239,999**	**-**	**83,940**	**323,939**	**268,353**
EXPENDITURE						
Raising funds	4	64,561	3,400	19,854	87,815	68,884
Charitable activities	5	10,677	131,133	30,454	172,264	125,144
Administration costs	6	8,092	-	-	8,092	6,509
TOTAL EXPENDITURE		**83,330**	**134,533**	**50,308**	**268,171**	**200,537**
NET INCOME FOR YEAR BEFORE TRANSFERS		**156,669**	**(134,533)**	**33,632**	**55,768**	**67,816**
TRANSFERS BETWEEN FUNDS		(154,832)	178,334	(23,502)	-	-
NET (EXPENDITURE) / INCOME		**1,837**	**43,801**	**10,130**	**55,768**	**67,816**
TOTAL FUND BALANCES BROUGHT FORWARD		124,823	186,835	32,112	343,770	275,954
TOTAL FUND BALANCES CARRIED FORWARD		**126,660**	**230,636**	**42,242**	**399,538**	**343,770**

The notes on pages 15 to 21 form part of these financial statements.

ABBY'S HEROES

PRIOR YEAR COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2020

	Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds 2020
INCOME		£	£	£	£
Donations and legacies		199,611	-	51,824	251,435
Charitable activities		14,868	-	-	14,868
Investment income		2,050	-	-	2,050
TOTAL INCOME		**216,529**	**-**	**51,824**	**268,353**
EXPENDITURE					
Raising funds		43,334	17,225	8,325	68,884
Charitable activities		19,460	82,809	22,875	125,144
Administration costs		6,509	-	-	6,509
TOTAL EXPENDITURE		**69,303**	**100,034**	**31,200**	**200,537**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**147,226**	**(100,034)**	**20,624**	**67,816**
TRANSFERS BETWEEN FUNDS		(100,460)	94,534	5,926	-
NET (EXPENDITURE) / INCOME		**46,766**	**(5,500)**	**26,550**	**67,816**
TOTAL FUND BALANCES BROUGHT FORWARD		78,057	192,335	5,562	275,954
TOTAL FUND BALANCES CARRIED FORWARD		**124,823**	**186,835**	**32,112**	**343,770**

ABBY'S HEROES

BALANCE SHEET AT 30 NOVEMBER 2021

	Notes	£	2021 £	£	2020 £
FIXED ASSETS					
Tangible assets	8		946		662
CURRENT ASSETS					
Debtors	9	2,159		6,386	
Cash at bank and in hand		398,160		338,077	
		400,319		344,463	
CREDITORS: amounts falling due within one year	10	(1,727)		(1,355)	
NET CURRENT ASSETS			398,592		343,108
NET ASSETS			**399,538**		**343,770**
FUNDS					
Restricted funds	11		42,242		32,112
Unrestricted - general funds	12		126,660		124,823
Unrestricted - designated funds	12		230,636		186,835
TOTAL FUNDS	13		**399,538**		**343,770**

Approved by the Trustees on 16/05/22
and signed on their behalf by

Rachel Darke
Trustee

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

(c) Fund accounting

Funds held by the charity are either:

- Unrestricted funds: These are funds that can be used in accordance with the charitable objects at the discretion of the Trustees.
- Designated funds: These are funds which have been designated by the Trustees for a particular purpose.
- Restricted funds: These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(d) Incoming resources

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of grants, donations, legacies and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Resources are deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(e) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. It includes any VAT paid.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

1 ACCOUNTING POLICIES (continued)

(f) Depreciation of tangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer & Equipment	25% Straight Line
Fixtures & Fittings	25% Straight Line

(g) Pension costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either Other Debtors or Other Creditors at the year end.

2 LEGAL STATUS

The charity was registered on 12 December 2016 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charity is Unit 20, Basepoint Centres, Andersons Road, Southampton, Hampshire, SO14 5FE.

3 INCOME ANALYSIS

	Total 2021 £	Total 2020 £
Donations		
Donations received	316,378	251,435
	316,378	**251,435**
Charitable activities		
COVID grant	-	10,000
COVID furlough income	5,974	4,868
	5,974	**14,868**

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

4 RAISING FUNDS

	Total 2021 £	Total 2020 £
Fund Raising Expenses	30,938	10,211
Promotional Merchandise	-	6,692
Printing & Stationery	332	364
Postage and Carriage	596	702
Consultancy Fees	17,997	16,400
IT Costs	272	993
Subscriptions	48	229
Employment Costs	29,892	29,676
Pension Costs	709	703
Travel	1,397	2,295
Advertising/Marketing	5,634	619
	87,815	**68,884**

5 CHARITABLE ACTIVITIES

	Total 2021 £	Total 2020 £
Grants, gifts and donations	135,342	110,780
Wellbeing - Piam Brown Ward	16,115	11,164
Clinical Psychologist	15,417	3,200
Counselling	5,390	-
	172,264	**125,144**

6 ADMINISTRATION COSTS

	Total 2021 £	Total 2020 £
Insurance	458	383
Accountancy Fees	1,380	1,350
Miscellaneous Expenses	800	408
Storage	2,098	1,151
Telephone	945	230
Motor Expenses	-	10
Rent	1,915	2,146
Training	-	239
Depreciation	496	592
	8,092	**6,509**

Included above are amounts due to the independent examiners in relation to independent examination of £1,380 (2020: £1,350).

	Total 2021 £	Total 2020 £
7 STAFF COSTS		
Salaries and wages	29,892	29,676
Social security costs	-	-
Pension costs	709	703
Total staff costs	**30,601**	**30,379**

The average number of staff employed during the period was 1 (2020: 1).

No employee received emoluments of £60,000 or more during this period or the prior year.

8 TANGIBLE ASSETS

	Computer & Equipment £	Fixtures & Fittings £	Total £
COST			
At beginning of period	1,205	1,166	2,371
Additions	780	-	780
Disposals	-	-	-
At the end of period	**1,985**	**1,166**	**3,151**
DEPRECIATION			
At beginning of period	543	1,166	1,709
Charge for period	496	-	496
Eliminated on disposals	-	-	-
At end of period	**1,039**	**1,166**	**2,205**
NET BOOK VALUE			
At end of period	**946**	**-**	**946**
At beginning of period	662	-	662

9 DEBTORS	2021 £	2020 £
Other debtors	159	171
Prepayments and accrued income	2,000	6,215
	2,159	**6,386**

10 CREDITORS: amounts falling due within one year	2021 £	2020 £
Accruals	1,589	1,217
Other creditors	138	138
	1,727	**1,355**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

11 RESTRICTED FUNDS

	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
Restricted Funds					
Grants payable	-	4,000	(4,000)	-	-
End of Treatment Awards	6,400	-	(6,400)	-	-
Clinical Psychologist	11,800	6,118	(13,300)	-	4,618
3 Peaks 2021	5,278	-	-	-	5,278
Vietnam 2021	-	3,600	-	-	3,600
Charity Ball 2021	8,634	34,722	(19,854)	(23,502)	-
Counselling Service	-	18,000	(6,754)	-	11,246
Play Therapist	-	12,500	-	-	12,500
Days Out	-	5,000	-	-	5,000
	32,112	**83,940**	**(50,308)**	**(23,502)**	**42,242**

Grants payable
Funds received from donors specifically for grants to beneficiaries

End of Treatment Awards
Funds received from donors specifically to award at the end of treatment.

Clinical Psychologist
Funds received from donors specifically to employ a Clinical Psychologist, contracted through NHS, agreed by Trustees and started in September 2020.

3 Peaks 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2022.

Vietnam 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2022. Due to the delay in the event, some funds were refunded to donors however replacement attendees will be sourced post year end.

Charity Ball 2021
Funds held by Abby's Heroes for this postponed event which has now been held in 2021.

Counselling Service
Funds held for provision of a counselling service

Play Therapist
Funds held towards provision of a play therapist.

Days Out
Tickets purchased for a visit to the theatre now postponed to 2022

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

12 UNRESTRICTED FUNDS	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
General funds	124,823	239,999	(83,330)	(154,832)	126,660
Total General Funds	**124,823**	**239,999**	**(83,330)**	**(154,832)**	**126,660**
Designated Funds:					
Grants payable	108,000	-	(131,133)	143,133	120,000
Welfare packs	14,000	-	-	(680)	13,320
Christmas vouchers	13,000	-	-	(1,000)	12,000
End of Treatment Awards	6,600	-	(3,400)	6,400	9,600
Clinical Psychologist	45,235	-	-	(21,245)	23,990
Operational costs	-	-	-	21,726	21,726
Taxi service	-	-	-	2,400	2,400
Snack boxes	-	-	-	1,200	1,200
Counselling service	-	-	-	12,000	12,000
Picnic and pizzas	-	-	-	14,400	14,400
Total Designated Funds	**186,835**	**-**	**(134,533)**	**178,334**	**230,636**

Grants payable
Estimated designated funds for grants payable in the next year.

Welfare packs
Welfare packs for the ward for one year.

Christmas vouchers
Designated funds for families the charity has supported through the year.

End of Treatment Awards
Funds designated to award at the end of treatment.

Clinical Psychologist

Funds designated to employ a Clinical Psychologist, contracted through NHS, agreed by Trustees and started in September 2020.

Taxi Service
Funds held to assist families with the cost of travel to and from hospital

Snack Boxes
To ensure the continued provision of food and snacks to the ward when it is difficult for the families to leave the ward to obtain these items

Counselling Service
To help fund the provision of counciling service for the year

Picnic & Pizzas
Weekly delivary of food to parents on the ward. Parents are not fed by NHS and are often left hungry due to costs and physically not being able to leave their child's bedside.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2021

13 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2021 £
As at 30 November 2021				
Tangible Fixed Assets	946	-	-	946
Current Assets	127,441	230,636	42,242	400,319
Current Liabilities	(1,727)	-	-	(1,727)
Total Net Assets	**126,660**	**230,636**	**42,242**	**399,538**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2020 £
As at 30 November 2020				
Tangible Fixed Assets	662	-	-	662
Current Assets	125,516	186,835	32,112	344,463
Current Liabilities	(1,355)	-	-	(1,355)
Total Net Assets	**124,823**	**186,835**	**32,112**	**343,770**

14 RELATED PARTY TRANSACTIONS

The trustees received no remuneration during this or the prior period.

During the year no trustees were reimbursed expenses incurred on behalf of the charity (2020: none).

ABBY'S HEROES

England & Wales - Charity number 1170676

Accounts



Annual Report and Financial Statements for the year ended 30 November 2020

Registered Charity No. 1170676

www.abbysheroes.org

Abby's Heroes

CONTENTS PAGE

	Page
Legal and Administrative Details	3
Trustees Report	4
Independent Examiners Report	12
Financial Statements	13
Notes to the Financial Statements	16

Legal and Administrative information

Charity Number:	1170676
Registered Office:	Unit 20 Basepoint Centre Andersons Road Southampton Hampshire SO14 5FE
Trustees:	Rachel Darke (Chair) Lynne Squibb (Vice) Teresa Butler Katie Goodyer Fran Little Lorna Ford Melanie Bone Alex Wood
Patron:	James Ward-Prowse, Southampton Football Club
Principal Bankers:	Lloyds Bank 413 Bitterne Rd Bitterne Southampton SO18 1DA
Independent Examiner:	Knight Goodhead Limited 7 Bournemouth Road Chandler's Ford, Eastleigh Hampshire SO53 3DA

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 NOVEMBER 2020

The Board of Trustees of Abby's Heroes presents its report and accounts for the year ended 30th November 2020. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

STRUCTURE, GOVERNANCE AND MANAGEMENT

MANAGEMENT

Abby's Heroes is a registered charity, number 1170676 and is governed by its Governing Document which was adopted on 21st November 2016. Abby's Heroes was founded following the death of Abby Randall, aged 11 from Ewing's Sarcoma to provide help for young children suffering with cancer and their families. Over the years, the charity has made a substantial number of grants to children and their families needing urgent financial support.

THE BOARD

The Board of Trustees ("the Board") is responsible for the overall governance of Abby's Heroes. The number of Trustees cannot be fewer than three. The Recruitment and Selection Process is the responsibility of the Board, using a transparent Trustee recruitment process approved by the full Board. Trustees are appointed for a two-year term, after which they may seek re-election for further periods, subject to a two-thirds majority vote by the Board. Trustees are bound by a signed Code of Conduct and on joining, undergo an Induction Programme suitable to their needs. Training on external and organisational issues is provided throughout the year. All Trustees give their time freely and no trustee remuneration is paid.

The Board meets regularly throughout the year and is responsible for setting an appropriate strategy for the Charity. It also ensures that relevant performance measures are in place. The Board receives regular reports on all aspects of the Charity's work.

DELEGATION

The Trustees delegate responsibility for the day-to-day administration of the charity to the CEO/Founder who liaises regularly with the Chair.

RISK MANAGEMENT

The Trustees have considered the major risks to which the charity is exposed and have reviewed those risks. Systems and procedures are in place to manage any risk. Adequate insurance policies are in place to cover Business All Risks, Employers', Public, Products and Trustees Liability.

OBJECTIVES AND PRINCIPAL ACTIVITIES OF ABBY'S HEROES

OBJECTIVES

Abby's Heroes endeavours to achieve its objective to improve the lives of children with cancer throughout the Wessex Region by providing support services to children and young people diagnosed with cancer and the hospital who are working to care, treat and support those and young people. This comprises of two Units at University Hospital Southampton – the Piam Brown Ward which is the Regional Centre for Paediatric Oncology and Haematology for under 18's and the Teenage and Young Adult Unit (for Young People aged 16 to 24 at the time of diagnosis) which both cover the Wessex area. This extensive geographical area provides treatment for children living in Hampshire and Isle of Wight, Dorset, West Sussex, Surrey, Wiltshire and the Channel Islands.

Our objectives, as set out in our Governing document are:

- The relief of sickness and suffering and the promotion of health of children and young adults during and after the diagnosis and treatment of cancer by the oncology departments at Southampton General Hospital, and their families, by the provision of practical and financial help including support for memory making.

OUR ACTIVITIES

Abby's Heroes exists because when a child is diagnosed with cancer, it has a devastating impact on the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, Abby's Heroes supports families with a range of practical measures and programmes to help families going through the harsh reality of childhood cancer.

Over the year, we have continued to develop new initiatives to help families and further details are outlined under the Achievements heading.

PUBLIC BENEFIT

The Trustees have paid due regard to the Charities Commission guidance on public benefit. The activities of the charity are available to all beneficiaries irrespective of capacity, ethnicity, faith or socio-economic environment. A referral process is in place to ensure that those who meet the criteria are offered support by the Trust. The Trustees have complied with their duty on public benefit with regard to exercising their powers and duties as illustrated in the aims and objectives set out above.

VOLUNTEERS

Abby's Heroes has the support of network of volunteers who give their time and energy to help us achieve our aims and objectives through assisting at fundraising events. They work throughout the region organising small but nonetheless essential events.

GRANTS POLICY

Our grant awards help families with the additional and unexpected costs of caring for a child with cancer. They are available to families normally resident in the United Kingdom, whose child or young person is under 25 years old at the time of diagnosis and is receiving curative treatment or palliative care for childhood cancer at University Hospital Southampton. Each application is considered on its own merits and Trustees monitor the value of the awards made.

Grant requests can be for a variety of reasons as we will consider referrals that will directly benefit the child and/or the family. We recognise there is a multi-disciplinary team of professionals involved in the care of the child and their family and we will respect the recommendations/requests they make in order to assist and support the family in the best possible way.

We will consider applications which will directly benefit the child/young person and their family.

i. Grant requests may be considered for a variety of reasons such as towards rent/mortgage payments, travel costs to hospital, everyday living costs, memory making, car/household repairs, counselling, additional therapy. This list is not exhaustive and each application will be considered on its own merits.
ii. Applications for a contribution towards travel costs may be considered for treatment overseas where this treatment is endorsed by the Consultant.
iii. Applications may be considered for inadvertent overpayment of any benefit which needs to be repaid, provided there is no legal or criminal investigation.
iv. Any grant approved should be used for the purpose it has been awarded.

We will consider requests to support bereaved families with additional costs not covered under the Children's Funeral Fund or if the young person is over the age of 18. In addition, we will consider applications up to 6 months after bereavement for costs such as counselling, memory making, together with living costs until parents are able to return to work.

ACHIEVEMENTS FOR THE YEAR

Abby's Heroes is a proactive, unique and forward-thinking charity which has seen substantial growth since it was set up in 2016 following the death of Abby. We exist because when a child is diagnosed, it has a devastating impact of the physical, financial and emotional health and wellbeing of the whole family, both during and after treatment and beyond. To assist with this, we support families with a range of practical measures and programmes. We are working hard to meet the needs of families facing the consequences of childhood cancer and are constantly looking to develop new initiatives to support families.

Our main function is to award grants to individual families urgently needing funds to help them through the difficulties inherent in having a child undergoing treatment for cancer. Decisions on grant approvals continues to be a high priority for Trustees, with most agreed within a few hours of the request being received from the CLIC Sargent Social Workers at the Hospital. The reasons for the grant requests are numerous and include items such as rent or mortgage payments as one or both parents might not be able to work while the child is in hospital, additional travel costs to hospital or sadly help towards funeral costs. The Social Workers at the hospital provide an effective system of referral and validation of the family's needs.

It was a very challenging year due to the effect of COVID-19 pandemic which started in March 2020. In the early days of the pandemic, we had expected an onslaught of grant applications due to the number of references we were seeing at the end of February/beginning of March 2020 due to so many families needing to shield or were being affected financially by the virus. We took urgent and immediate proactive steps such as reviewing our Reserves Policy and Grants Policy to ensure that we were able to accommodate the number of referrals from CLIC Sargent. However, in reality, this didn't come to fruition as the CLIC Sargent Social Workers had to work from home, rather than being based on the children's cancer ward and, as a consequence, had less contact with families. Initially, we saw a lower number of grant applications than in previous years month on month which continued until late Spring. Grant applications did not start to increase until August 2020 when the CLIC Sargent Social Worker returned to a limited service on the ward. However, by the end of the financial year, we had awarded 154 grants to families which was a slight increase of 4% on 2019 although lower than expected due to the pandemic but still totalling over £85,000 in much needed support to families. Referrals continued to be come from all counties in the Wessex Region although families resident in Hampshire, Dorset and West Sussex remain the areas of highest demand. Grants within the various age ranges were fairly balanced although 36% of awards were made to young people and/ or their families under the care of the Teenage and Young Adult Unit.

Another effect of the pandemic resulted in families on the ward being required to stay in the child's room at all times. Parents were unable to socialise with other parents on the ward and were not able to leave to get vital supplies until the child was discharged from hospital. In an effort to meet this immediate practical need and boost morale amongst the children, parents and staff, we started an Abby's Heroes Picnic Lunch service where we delivered sandwiches, fruit and treats from a well-known store once a week. In addition, we arranged for pizzas to be delivered once a week to bring some variety and change to hospital routines! We provided much needed new toys for the Playroom as well as individual activities for children and parents to relieve the boredom from extended days and long nights in hospital. All these additions had not proposed as part of Abby's Heroes Plan for the year but due to the exceptional circumstances resulting from COVID-19 and the need to quickly adapt, they were much needed purchases to support the ward. This was an additional expense of just over £11,000.

We continued to provide End of Treatment Awards to acknowledge the gruelling treatment and invasive procedures they have gone through as well as all the missed special occasions they have been too unwell to join in. Each child will "Ring the Bell" to mark the end of Treatment and we give each child a £200 to spend as they wish. We gave 17 Awards which was a dramatic reduction on the previous year but was again due to the pandemic as families did not visit the ward for this celebration due to the risks involved. However, these families will visit in the coming months for their Ceremony and it is anticipated there will be many overdue Awards being given. We are very pleased to share in the families' enjoyment of this treat and will continue with this project for the next financial year.

Following the success of the pilot programme for Welfare Packs for parents of newly diagnosed children to help ease the financial pressure of living at the hospital for the initial few weeks, it was agreed that this will continue and will be part of planned expenditure for the year. Feedback from parents as well as CLIC Sargent Social Workers indicates these have been very well received by parents and provide much need support to families in the early days following a child's diagnosis.

As part of our Day's Out Programme, we had previously purchased tickets for The Lion King for October 2020 at The Mayflower Theatre in Southampton for families to enjoy some precious family time together when they are well enough. However due to COVID-19, this has been postponed until 2022 and the tickets purchased will be valid for the planned performance then.

In the financial year 2018/19, Abby's Heroes committed to the funding of a Part Time Clinical Psychologist for the Siblings of Children with Cancer, a pioneering approach to support families and understood to be a first in England. Following a recruitment and selection process, we were delighted to appoint to the role, with the postholder taking up the position in late September 2020. Regular reviews of the work will be carried out during the two-year appointment and from early discussions, this is proving to be a vital as a much-needed intervention and support to siblings. We will continue to evaluate the value to the beneficiaries and will report further in the next Annual Report.

In summary, 2020 proved to be an incredibly challenging year and not one which anyone could have foreseen. However, we are very proud to have remained firmly on course by delivering our planned charitable activities, adapting quickly to the changing environment and needs of our beneficiaries, and have risen above the adversity of the pandemic. We acknowledge that the forthcoming year may continue to present further challenges as the impact of COVID-19 is realised and we may continue to face these challenges in the foreseeable future.

FINANCIAL REVIEW

With no government funding, Abby's Heroes relies totally on the generosity of individual and corporate supporters to provide vital support to children diagnosed with cancer and their families. Families often say that without Abby's Heroes support they would not have been able to cope with the enormous financial stress the diagnosis brought. Trustees recognise that Abby's Heroes support is only available where sufficient funds are forthcoming, so a commitment to strong income generating activities is essential and remains the objective of the Trust.

Despite the challenges of a difficult year as a result of the COVID-19 pandemic, the charity continues to go from strength to strength and had been successful in gaining a number of new Corporate Partnerships in 2019/2020. However, COVID-19 affected Corporate Partners' ability to hold fundraising events due to staff working from home, furlough or closure and any donations received in this way were potentially lower than the Corporate Partner would expect. Many of our current partners have agreed to extend the partnership to the end of 2021.

The COVID-19 pandemic had a dramatic effect on the expected income from planned fundraising events as almost all were postponed or cancelled due to the government restrictions imposed. This was devastating as several new events were had been planned such as The Three Peaks Challenge, a Vietnam to Cambodia Cycle, the Alresford Watercress Festival, together with our Charity Ball which would have resulted in significant income for the charity. However due to the loyal following of supporters and exploring new income streams from Charitable Trusts and Foundations, we were able to significantly mitigate the loss of this income to ensure the continued financial stability of the charity. We were fortunate to have several successful applications for funding for the part time Clinical Psychologist for Siblings of Children with Cancer, resulting in over £16500 being secured from Charitable Trusts. Working to identify further sources of charitable trust funding will continue as part of our strategy to diversify our income streams for 2020/2021.

In order to minimise financial risk, the charity has distributed its Reserves and designated funds to a number of different accounts in line with the FSCS guidelines.

RESERVES POLICY

The purpose of the reserves is to secure the future of our services and long-term obligation to families. They also provide protection against unexpected events and fluctuations in income.

The Trustees have considered the risks and needs of the charity, identifying the following areas:

- Funds to allow for the increased number of children diagnosed with cancer. Through a Freedom of Information request, it has been identified that there was a significant increase in the number of children and young people needing treatment at University Hospital Southampton on the previous year;
- UK or worldwide events which will impact on the charity's fundraising capability such as act of terrorism, natural disaster or pandemic;
- Covering any unforeseen day to day operational costs such as temporary staff to cover staff illness/absence as this would impact on the charity's ability to raise funds;
- Sufficient to protect it from the risk of insolvency or serious disruption to its charitable work

The Trustees set a Reserves Policy which requires:

- Reserves be maintained for a period of unforeseen difficulty at a level which ensures that Abby's Heroes core activity could continue.
- A proportion of Reserves be maintained in a readily realisable form.

Having taken all the above into consideration, the Board of Trustees agreed that the most appropriate level of Reserves required to meet the above risks, together with our charitable activities and commitments, should be £185000 which reflects 6 months operational costs and 12 months charitable activities. A further detailed review will be performed in early 2021 to reflect on the effects of COVID-19 and to ensure the Reserves Policy is fit for the future given the charity's growth, current and forecast level of activity.

THE FUTURE

We are immensely proud of our reputation for making a significant and meaningful impact of the lives of the children and families we support. We help a diverse range of people from a wide geographical area with different life experiences with one thing in common – the harsh reality of the physical, psychological, economic and social consequences of childhood cancer. Moving forward, the Trustees have committed to continue to our develop services to provide help to families in the most practical, preventative and original way to enable families to cope with the challenges they face.

COVID-19 has without doubt affected the growth, income and planned activities of the charity over the reported financial year. However, we were in a strong position to face the fallout, due to a successful year in 2019/2020 which provided financial stability in an ever-evolving world. With strong leadership and an ability to adapt quickly and respond effectively, we have been able to withstand the dire consequences of the virus and are hopeful that the new financial year will bring new opportunities to enable us to develop our services further to support families affect by childhood cancer.

STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE FINANCIAL STATEMENTS AND CORPORATE GOVERNANCE

The Trustees are responsible for their Annual Report and for the preparing of the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice and for ensuring they give a true and fair view of the incoming resources and the application of resources of the Charity during the year, and of the state of affairs as at the end of the financial period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates which are reasonable and prudent;
- state whether the applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for safeguarding the assets of the Charity and for their proper application as required by charity law, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems and controls, financial and otherwise, to provide reasonable assurance that:

- the Charity is operating efficiently and effectively;
- proper records are maintained and financial information used within the Charity, or for publication, is reliable;
- the Charity complies with relevant laws and regulations.

Internal controls over all forms of commitment and expenditure continue to be refined to improve efficiency. Processes are in place to ensure that performance is monitored and that appropriate management information is prepared and reviewed regularly by the Board of Trustees. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss. They include:

- a strategic plan and annual budget approved by the Trustees
- regular consideration by the Trustees of financial results, variances from budgets, non-financial performance indicators and benchmarking reviews
- delegation of day-to-day management authority and segregation of duties
- identification and management of risks

DISCLOSURE OF INFORMATION TO INDEPENDENT ACCOUNTANTS

With regard to the preparation of this Annual Report and Accounts:

- As far as each Trustee is aware, there is no relevant audit information of which the Charity's Independent Accountants are unaware.
- Each Trustee has taken all the steps a Trustee might reasonably be expected to have taken to be aware of relevant information and to establish that the Charity's Independent Accountants are aware of that information.

This report was approved by the Trustees on 20/08/21 and signed on their behalf by: 

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF ABBY'S HEROES

I report to the trustees on my examination of the accounts of Abby's Heroes for the period ended 30 November 2020, which are set out on pages 13 to 22.

Responsibilities and basis of report
As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

Having satisfied myself that the accounts of the Charity are not required to be audited under the Charities Act 2011 and are eligible for an independent examination, I report in respect of my examination of the trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Dated: 24 August 2021

C J Goodhead FCA
Knight Goodhead Limited
Chartered Accountants

7 Bournemouth Road
Chandler's Ford, Eastleigh
Hampshire, SO53 3DA

ABBY'S HEROES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 NOVEMBER 2020

	Notes	Unrestricted funds	Designated funds	Restricted funds	2020	2019
INCOME		£	£	£	£	£
Donations and legacies	3	194,646	-	56,789	251,435	302,991
Charitable activities	3	14,868	-	-	14,868	-
Investment income		2,050	-	-	2,050	1,339
TOTAL INCOME		**211,564**	**-**	**56,789**	**268,353**	**304,330**
EXPENDITURE						
Raising funds	4	43,334	17,225	8,325	68,884	78,382
Charitable activities	5	19,460	82,809	22,875	125,144	114,873
Administration costs	6	6,509	-	-	6,509	7,063
TOTAL EXPENDITURE		**69,303**	**100,034**	**31,200**	**200,537**	**200,318**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**142,261**	**(100,034)**	**25,589**	**67,816**	**104,012**
TRANSFERS BETWEEN FUNDS		(100,460)	94,534	5,926	-	-
NET (EXPENDITURE) / INCOME		**41,801**	**(5,500)**	**31,515**	**67,816**	**104,012**
TOTAL FUND BALANCES BROUGHT FORWARD		83,022	192,335	597	275,954	171,942
TOTAL FUND BALANCES CARRIED FORWARD		**124,823**	**186,835**	**32,112**	**343,770**	**275,954**

The notes on pages 16 to 22 form part of these financial statements.

ABBY'S HEROES

PRIOR YEAR COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2019

	Notes	Unrestricted funds	Designated funds	Restricted funds	Total funds 2019
INCOME		£	£	£	£
Donations and legacies		299,947	-	3,044	302,991
Investment income		1,339	-	-	1,339
TOTAL INCOME		**301,286**	**-**	**3,044**	**304,330**
EXPENDITURE					
Raising funds		76,755	-	1,627	78,382
Charitable activities		114,053	-	820	114,873
Administration costs		7,063	-	-	7,063
TOTAL EXPENDITURE		**197,871**	**-**	**2,447**	**200,318**
NET INCOME FOR PERIOD BEFORE TRANSFERS		**103,415**	**-**	**597**	**104,012**
TRANSFERS BETWEEN FUNDS		(192,335)	192,335	-	-
NET (EXPENDITURE) / INCOME		**(88,920)**	**192,335**	**597**	**104,012**
TOTAL FUND BALANCES BROUGHT FORWARD		171,942	-	-	171,942
TOTAL FUND BALANCES CARRIED FORWARD		**83,022**	**192,335**	**597**	**275,954**

ABBY'S HEROES

BALANCE SHEET AT 30 NOVEMBER 2020

	Notes	£	2020 £	£	2019 £
FIXED ASSETS					
Tangible assets	8		662		534
CURRENT ASSETS					
Debtors	9	6,386		538	
Cash at bank and in hand		338,077		277,835	
		344,463		278,373	
CREDITORS: amounts falling due within one year	10	(1,355)		(2,953)	
NET CURRENT ASSETS			343,108		275,420
NET ASSETS			343,770		275,954
FUNDS					
Restricted funds	11		32,112		597
Unrestricted - general funds	12		124,823		83,022
Unrestricted - designated funds	12		186,835		192,335
TOTAL FUNDS	13		343,770		275,954

Approved by the Trustees on and signed on their behalf by

. 20/08/21

Rachel Darke
Trustee

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

1 ACCOUNTING POLICIES

(a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

(b) Going concern

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

(c) Fund accounting

Funds held by the charity are either:

- Unrestricted funds: These are funds that can be used in accordance with the charitable objects at the discretion of the Trustees.
- Designated funds: These are funds which have been designated by the Trustees for a particular purpose.
- Restricted funds: These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

(d) Incoming resources

All income is included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Donations and legacies are received by way of grants, donations, legacies and gifts and are included in full in the Statement of Financial Activities when receivable. Grants, when entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Investment income is included when receivable.

Resources are deferred when, at the end of an accounting period, they have been received but the charity has yet to become unconditionally entitled to them.

(e) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. It includes any VAT paid.

Costs are apportioned in line with the income received from that source during the period.

Charitable activities expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

1 ACCOUNTING POLICIES (continued)

(f) Depreciation of tangible fixed assets

Depreciation is provided on fixed assets to spread the cost over the estimated useful lives of the relevant assets at the following rates:

Computer & Equipment	25% Straight Line
Fixtures & Fittings	25% Straight Line

(g) Pension costs

Contributions in respect of the company's defined contribution scheme are charged to the Statement of Financial Activities for the year in which they are payable to the scheme. Differences between contributions payable and contributions actually paid in the year are shown as either Other Debtors or Other Creditors at the year end.

2 LEGAL STATUS

The charity was registered on 12 December 2016 with the Charity Commission in England and Wales. The charity is a public benefit entity.

The registered office of the charity is Unit 20, Basepoint Centres, Andersons Road, Southampton, Hampshire, SO14 5FE.

3 INCOME ANALYSIS

	Total 2020 £	Total 2019 £
Donations		
Donations received	251,435	302,991
	251,435	**302,991**
Charitable activities		
COVID grant	10,000	-
COVID furlough income	4,868	-
	14,868	**-**

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

4 RAISING FUNDS

	Total 2020 £	Total 2019 £
Fund Raising Expenses	10,211	33,126
Promotional Merchandise	6,692	18,027
Printing & Stationery	364	2,341
Postage and Carriage	702	325
Consultancy Fees	16,400	9,520
Legal	-	2,335
IT Costs	993	181
Subscriptions	229	361
Employment Costs	29,676	9,590
Pension Costs	703	305
Travel	2,295	706
Advertising/Marketing	619	1,565
	68,884	**78,382**

5 CHARITABLE ACTIVITIES

	Total 2020 £	Total 2019 £
Grants, gifts and donations	110,780	114,873
Wellbeing - Piam Brown Ward	11,164	-
Clinical Psychologist	3,200	-
	125,144	**114,873**

6 ADMINISTRATION COSTS

	Total 2020 £	Total 2019 £
Insurance	383	261
Accountancy Fees	1,350	2,064
Miscellaneous Expenses	408	1,089
Storage	1,151	341
Telephone	230	69
Motor Expenses	10	572
Repairs & Renewals	-	370
Rent	2,146	800
Training	239	380
Depreciation	592	1,117
	6,509	**7,063**

Included above are amounts due to the independent examiners in relation to independent examination of £1,350 (2019: £2,064).

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

7 STAFF COSTS

	Total 2020 £	Total 2019 £
Salaries and wages	29,676	9,590
Social security costs	-	-
Pension costs	703	305
Total staff costs	**30,379**	**9,895**

The average number of staff employed during the period was 1 (2019: 1).

No employee received emoluments of £60,000 or more during this period or the prior year.

8 TANGIBLE ASSETS

	Computer & Equipment £	Fixtures & Fittings £	Total £
COST			
At beginning of period	485	1,166	1,651
Additions	720	-	720
Disposals	-	-	-
At the end of period	**1,205**	**1,166**	**2,371**
DEPRECIATION			
At beginning of period	242	875	1,117
Charge for period	301	291	592
Eliminated on disposals	-	-	-
At end of period	**543**	**1,166**	**1,709**
NET BOOK VALUE			
At end of period	**662**	**-**	**662**
At beginning of period	243	291	534

9 DEBTORS

	2020 £	2019 £
Other debtors	171	406
Prepayments	6,215	132
	6,386	**538**

10 CREDITORS: amounts falling due within one year

	2020 £	2019 £
Accruals	1,217	2,820
Other creditors	138	133
	1,355	**2,953**

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

11 RESTRICTED FUNDS	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
Restricted Funds					
Toyota Fund - Taxi Service	597	-	(597)	-	-
Grants payable	-	10,000	(10,000)	-	-
Welfare packs	-	8,075	(8,075)	-	-
End of Treatment Awards	-	8,000	(1,600)	-	6,400
Clinical Psychologist	-	15,000	(3,200)	-	11,800
3 Peaks 2021	-	1,100	(622)	4,800	5,278
Vietnam 2021	-	4,397	(5,523)	1,126	-
Charity Ball 2021	-	10,217	(1,583)	-	8,634
	597	**56,789**	**(31,200)**	**5,926**	**32,112**

Toyota Fund - Taxi Service
Funds received from donors specifically for transportation for beneficiaries for medical appointments, etc.

Grants payable
Funds received from donors specifically for grants to beneficiaries

Welfare packs
Welfare packs for the ward for one year.

End of Treatment Awards
Funds received from donors specifically to award at the end of treatment.

Clinical Psychologist
Funds received from donors specifically to employ a Clinical Psychologist, contracted through NHS, agreed by Trustees and started in September 2020.

3 Peaks 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2021.

Vietnam 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2021. Due to the delay in the event, some funds were refunded to donors however replacement attendees will be sourced post year end.

Charity Ball 2021
Funds held by Abby's Heroes for this event which has now been postponed until 2021.

ABBY'S HEROES

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

12 UNRESTRICTED FUNDS	Funds b/fwd £	Income £	Expenditure £	Transfers £	Funds c/fwd £
General funds	83,022	211,564	(69,303)	(100,460)	124,823
Total General Funds	**83,022**	**211,564**	**(69,303)**	**(100,460)**	**124,823**
Designated Funds:					
Grants payable	108,000	-	(82,809)	82,809	108,000
Welfare packs	13,500	-	(3,065)	3,565	14,000
Christmas vouchers	13,000	-	(12,960)	12,960	13,000
End of Treatment Awards	7,800	-	(1,200)	-	6,600
Clinical Psychologist	45,235	-	-	-	45,235
3 Peaks 2020	4,800	-	-	(4,800)	-
Total Designated Funds	**192,335**	**-**	**(100,034)**	**94,534**	**186,835**

Grants payable
Estimated designated funds for grants payable in the next year.

Welfare packs
Welfare packs for the ward for one year.

Christmas vouchers
Designated funds for families the charity has supported through the year.

End of Treatment Awards
Funds designated to award at the end of treatment.

Clinical Psychologist

Funds designated to employ a Clinical Psychologist, contracted through NHS, agreed by Trustees and started in September 2020.

3 Peaks 2020
Funds held by Abby's Heroes for this event which has now been postponed until 2021. This has been reclassified as a restricted fund in the current year to reflect the nature of the funding received from attendees.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2020

13 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2020 £
As at 30 November 2020				
Tangible Fixed Assets	662	-	-	662
Current Assets	125,516	186,835	32,112	344,463
Current Liabilities	(1,355)	-	-	(1,355)
Total Net Assets	**124,823**	**186,835**	**32,112**	**343,770**

	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds 2019 £
As at 30 November 2019				
Tangible Fixed Assets	534	-	-	534
Current Assets	85,441	192,335	597	278,373
Current Liabilities	(2,953)	-	-	(2,953)
Total Net Assets	**83,022**	**192,335**	**597**	**275,954**

14 RELATED PARTY TRANSACTIONS

The trustees received no remuneration during this or the prior period.

During the year no trustees were reimbursed expenses incurred on behalf of the charity (2019: none).