

Spennymoor Youth and Community Association

Annual Report / Annual Accounts

January 2020 – December 2020



Spennymoor Youth and
Community Association

Looking back over the last 12 months with the people, partners and volunteers who have been part of our activities and services, this report highlights some of the key achievements, challenges and progress made.

This year, our aims have been:

- To grow our programme of activities for children, young people, adults and older people;
- To increase involvement from more volunteers;
- And to meet the unexpected challenges of COVID and COVID restrictions.

1) Activities and the people who have benefited from the project



We have been able to support 1,564 people

- 529 children up to the age of 10 years;
- 78 young people aged 11 to 17 years;
- 424 adults
- 60 adults aged 50 years and over
- 443 people through intergenerational and family activities
- 30 residents regularly volunteering as part of our community activities

Target group	Activity	Individual beneficiaries	Activity
Children 0-10	Kalma Baby	10 babies, 20 toddlers and parents/grandparents	Fortnightly Baby, toddler and junior yoga (6 weeks to 12 years). Physical and mental development, confidence building, relaxation and mindfulness. Social interaction and improved wellbeing for parents and grandparents.
	Start Sporty (2.5-5years)	9 children and parents/grandparents	Weekly sessions for children 2.5-3.5 years. Pre school introduction to multi-sports and development designed to get children school ready using the Youth Physical Development Model.
	Hartbeeps	30 babies, 30 children and parents/grandparents	Weekly multi-sensory parent and child teaching through music classes for pre-school and nursery age children; new born, baby and toddler sessions.
	Little Movers	12 babies, 10 children and parents/grandparents	Twice weekly parent and child fun, healthy activity dance to improve confidence, self-esteem, movement skills, growth and development for babies and toddlers.
	Mini Moors football	25 children and parents/grandparents	Weekly Sunday football skill sessions for 2-6 years with Spennymoor Youth FC. Promoting social skills and fundamental movement development.
	Baby Ballers	14 children	Weekly Friday football skill sessions for 3-4 years with MD Physical Education & Coaching.
	Mini Dribblers	14 children	Weekly Friday football skill sessions for 5-7 years.
	Juniors	20 children	Weekly term time youth session for children aged 8-10 years offering peer-led arts, crafts, play and food. Improving confidence and social skills alongside youth worker mentoring and support.
	Inters	20 children	Traditional centre-based youth sessions. Weekly for children aged 10-12 years, designed to boost confidence and self-esteem with youth worker support.
	Learning Together	8 young people	Weekly learning catch up sessions at Tudhoe and Spennymoor delivered by tutors with youth worker support. For children aged 5-11 years with a focus on learning skills, maths, English and wellbeing.
	Steelpan sessions	26 young people	Weekly lunch club sessions for North Park Primary students designed to build

			confidence and teamwork through music and learning.
	Meditation	20 young people	Weekly session with North Park Primary students promoting mindfulness and wellbeing.
Young People 11-17	Chillax	14 children	Public Health funded mental wellbeing group for young people aged 11 years plus offering youth work team mentoring, support and social activities including arts and crafts with Daisy Arts and peer-led food and games.
	Duke of Edinburgh Award and Spenny Reflections	6 young people and 4 adults	Accredited Duke of Edinburgh Award programme for young people aged 13 years plus. Group members took part in our Heritage Lottery funded Spenny Reflections project during the year.
	RushHour	14 young people	Weekly youth sessions designed to engage harder to reach young people aged 11 years plus through street games and sport via sports coach and our youth work team. With food provided, the sessions promote physical and mental wellbeing.
Adults	Adult Learning	8 adults	Adult learning delivered through Durham County Council. Formal learning offering literacy and numeracy qualifications throughout the year as COVID restrictions have allowed.
	Slimming World	50 adults	Weekly sessions from both centres supporting group members to eat healthily, lose weight and live more active lifestyles. Sessions provide social contact, motivation and confidence building support.
	Walk Durham	5 adults	Weekly walking group led by Centre friend Gary Lane as part of Durham County Council's walking group network. The group is attended by over 50s, tackling social isolation and improving mental and physical wellbeing.
	Manhealth	13 adults	Weekly sessions for men with lived mental health experience, building confidence to talk openly about mental health and ways to manage and improve wellbeing.
	Survive and Thrive	12 adults	A support group for residents with lived mental health experience delivered by local authority recovery workers with

			weekly sessions offering 1:1 mentoring, counselling and group activities to tackle social isolation, improve confidence and mental wellbeing. The group has 12 regular attendees with ten members aged 50 years plus.
	Growing Together Community Allotment	6 adults	A volunteer-led community garden for Spennymoor and Tudhoe allowing residents to grow together. Sponsored by GAS Foundation, produce grown is used by residents and directed towards local people in need and our food projects.
	Hearts & Minds	5 adults	A weekly volunteer-led support group for women who have survived domestic abuse. Support is given to the group's organiser by The Cornforth Partnership.
	You're not alone, pick up the phone	311 adults and families	Volunteer support helpline for residents living in the Spennymoor area affected by COVID restrictions including emergency parcels delivered to help people stay safe and stay at home during lockdown and isolation.
Over 50s	The Community Takeaway	60 adults	Twice weekly hot nutritious meals cooked on site by our Community Takeaway Team and delivered directly to residents affected by COVID isolation.
Intergenerational and family activities	Cooking Together	101 young people and parents/grandparents	Recipe bags and holiday hunger food delivered to Spennymoor area families encouraging child-led family cooking with online demonstration and snack bags included.
	Carve a pumpkin and Light Up Spennymoor	73 young people and parents/grandparents	290 households also took part in the Spennymoor area pumpkin trail and Christmas lantern trail.
	Doorstep Santa visits	34 children and parents	In place of traditional Christmas activities during lockdown, the Centres undertook doorstep Santa visits to children and older residents living in Spennymoor and Tudhoe.
	School holiday free meals	27 children	Making use of our community kitchen, volunteers prepared school holiday meals targeted at children on free school meals

2) How we have involved people, partners and volunteers in developing and delivering our activities



This year we have continued to involve local people and partners in developing and delivering a wider programme of activities from both community centres.

The amazing community response to COVID encouraged a large group of residents to volunteer as part of our emergency parcel project and The Community Takeaway.

Lockdown and furlough allowed younger residents, who would otherwise have had work commitments, to get involved as part of a community grass roots response to the pandemic as volunteer shoppers, packers and drivers.

2,300 parcels have been delivered so far helping adults and families stay at home and stay safe.

Our other large project in response to COVID, The Community Takeaway, has created 5 local jobs and has delivered 2,966 hot meals to some of our most vulnerable and isolated residents in Spennymoor, Tudhoe and surrounding communities.

Julie is one of our regular volunteers who now works from home as a procurement manager for a large international company. Having delivered emergency parcels on a weekly basis, is now an important part of The Community Takeaway Team, using her free time between work to deliver

meals and supporting staff as needed. We've also been supported by a 21 year old restaurant worker on furlough, local councillors and a nursery teaching assistant to name just a few of the people who have been regularly involved over the last year. The difference that all of our volunteers, management committee members, trustees and growing staff team make is fantastic and appreciated.

Following an initial 6 month grant from the Government's Coronavirus Community Support Fund distributed by the National Lottery Community Fund a further 12 months of funding has been secured from Spennymoor Area Action Partnership which will commence April 2021.

Residents supported have included elderly people in their 80's and 90's without support, who wouldn't otherwise cook for themselves, are not online and unable to shop due to disability, COVID isolation/shielding or other particular circumstances.

We have also been able to help families isolating and shielding including those affected by COVID related redundancy or reduced hours and income.

Typical of the feedback received in response to the work of the volunteers;

"I am extremely grateful to all who have helped. I am 80 years of age with a lung condition and this is the first time in my life that I have had any help and I am so grateful."

3) Working with the people we planned to



Over the last twelve months, we have continued to build on partnership working, at the same time as working with new partners to fund new activities which respond to local needs and what has proved successful to date. Funding secured in project year 2 includes:

Organisation	Activity/project	Funding secured
Spennymoor Area Action Partnership	Learning Together	£33,973
Livin	School Holiday Activities 2020	£2,475
Co-op Community Fund ASDA	Spennymoor building improvements	£1,118 £300
Public Health	Chillax CREE and CREE plus	£4,000
Resolve Care County Durham Community Foundation	Emergency parcels and COVID helpline	£2,200 £3,000
Employability Durham	Kitchen Assistant employability grant x 2	£4,000
Spennymoor AAP / Department of Education Fun and Food	Holiday Activities with Healthy Food	£2,784
County Durham Community Foundation	SYACA hall curtains and new storage	£5,000
National Lottery Community Fund	COVID support uplift	£9,671
Spennymoor Town Council	Tudhoe Community Centre signage	£330
ABL Health	SYACA room storage	£500
		Total: £154,852

4) Engaging with diverse groups of people



We've been able to engage with a more diverse group of residents this year by offering a wider range of activities including more specialist services around mental health, care and support.

The centre is now busy through the week and at weekends, we have a general offer for all ages; babies, toddlers, children, families, adults and older residents in addition to activities which meet particular needs such as holiday hunger, social isolation, learning disabilities, mental health, addiction recovery and domestic abuse.

Over the last twelve months we have worked with a range of partners to fill the gap in our provision for babies and toddlers. Adding weekly sessions of Get Sporty, Little Movers and Hartbeeps to Kalma Baby, so that families can access sessions of dance, music and yoga.

Start Sporty, Baby Ballers Mini Ballers, Mini Moors and Kicks with Premier Education, MD Physical Education & Coaching, Spennymoor Town Youth FC and Foundation of Light have added sport and physical development to our offer for toddlers, children and young people between both community venues.

For children and young people, funding has been secured to sustain our core programme of youth sessions via our youth work team including, Monday Night Youth session, the Duke of Edinburgh Award, Chillax CREE group, Inters and Juniors ensuring we have good quality youth provision for primary age children up to teenagers.

We have regular pop-up sessions during the school holidays including Summer Camp, Carve a Pumpkin and doorstep Santa visits to both families and older residents during lock down.

To help us engage a wider audience through the COVID restrictions, we delivered crafts, recipe bags and food to encourage intergenerational creativity and cooking in the home as part of tackling holiday hunger.

Illustrating the people we are now reaching, one comment from a mother with two boys aged 6 and 11, one with autism and one who is non verbal told us,

“My boys helped make our Spaghetti lasagne. We added mince meat, garlic mushrooms, herb and spices. It was delicious. Thank you very much for our food and snack packs. They are very much appreciated.”

5) Building improvements



Grant funding matched by the National Lottery Community Fund has allowed us to continue improving both community venues and the facilities on offer.

We have been able to create a new training space which will be used as part of our new 12 month Learning Together project designed to help children and adults catch up or upskill with learning and training activities.

We have completed the decorating programme at the Centre using a decorator and materials supplied by Community Repaint. Hall curtains have been re-hung to improve sound proofing, new storage cupboards have been added and a container purchased to improve storage for groups and activities.

New tables, chairs and an interactive screen have all added to the quality and experience of centre users.

6) Promoting the project



Over the last 12 months more people are using the centre and the project has reached and helped others out in the community who are now aware of what we do and how can help.

Spenny Reflections secured Heritage Lottery Funding to celebrate 50 years of Spennymoor Youth and Community Centre since its opening in 1969. With photographer Keith Bailey, some of the Centre's young people were able to explore memories with older residents who had used the

building and lived in Spennymoor through the decades. An exhibition and film again helped promote the project to a wider audience. Doreen Ridley who took part in the project shares her memories via the link below:

<https://youtu.be/iXTV3m2pIPU>

We've continued to build our online presence, creating project specific facebook pages and promoting new Communities Together activities under #themes of:

#Growing Together

Our community garden is now producing food which we are directing towards residents and using as part of The Community Takeaway project. Great Annual Savings is sponsoring the garden and are funding a tool store, polytunnel and signage as well as looking to recruit more volunteers to help maintain and develop the garden further.

#Cooking Together

The Community Takeaway is providing hot nutritious meals to Spennymoor, Tudhoe and surrounding communities twice weekly.

During lockdown periods, recipe bags have been delivered to families to encourage family cooking. Simple healthy recipes along with snacks and food have been delivered to 101 children and young people as part of tackling school holiday hunger.

#Eating Together

Emergency parcels to help residents stay at home and stay safe during the pandemic and food surplus distributed weekly to families in need via our Fareshare membership.

Over the last 12 months we have identified an audience of largely older, isolated and vulnerable residents, providing them with emergency food parcels and then hot meals. In September we will launch our Community Café and make use of our community vehicle to bring some of these residents into the Centres to eat together and socialise.

Our volunteers have also used the school holidays over the last year to get hot meals out to families. Targeted at children on free school meals, we've been able to get 65 meals out to children in Spennymoor and Tudhoe during the year.

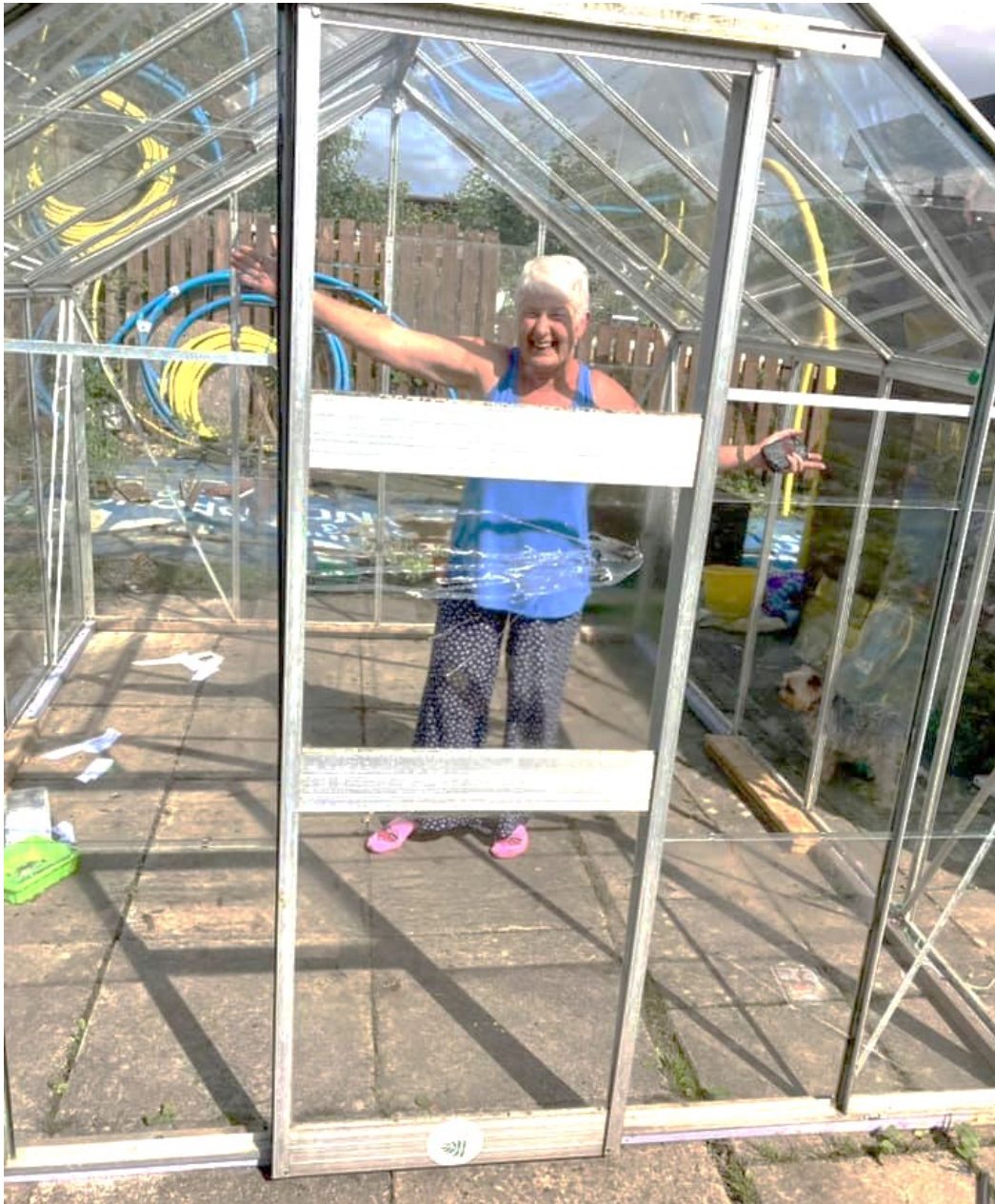
#Learning Together

Funding for 12 months of learning activities and learning resources to help Spennymoor and Tudhoe area children (Key Stages 1 & 2) in particular, with learning catch. We are developing a programme in partnership with the Spennymoor cluster of schools and Tudhoe Colliery Primary School for extra-curricular activity. So far weekly Learning Together sessions promoting learning

skills, Maths and English as well as weekly Relax Kids sessions which looks at emotions and wellbeing are providing free access for families to local tutors.

We have also continued our partnerships with Steelpan, Adult Learning and Learning Curve as well as new adult learning opportunities planned.

7) The difference this is making



We have provided a focus for partnership and community working. The response to the Covid pandemic has shown the difference the project can make when put to the test and the strength of our communities in rising to the challenge.

At the same time continuing to keep the project on track, developing our programme of activities and establishing both venues at the heart of the communities they serve has been a real achievement.

Feedback from project users continues to be good, with residents reporting positive life changes; improved confidence and wellbeing (physical and mental) in response to the activities we are now able to deliver for all ages and our target groups.

8) Successes and what we are most proud of this year



In a year that we could not have predicted, the COVID pandemic has shown our communities at their best, with residents coming together to help and protect others. We are most proud of being able to help co-ordinate this response, working with the Helping Spennymoor initiative and the Spennymoor Community Outreach volunteers.

While our emergency parcel project and The Community Takeaway have been a big part of what we've achieved in year two, we are also proud to have been able to deliver a wider range of activities for adults and families as restrictions have allowed.

The centre is nearing full capacity with activities supporting all of our target groups; babies, toddlers, children, adults and older residents.

Activities include dance, music, exercise, gardening, crafts, cooking, youth groups, mental health, domestic abuse & wellbeing support, sport, meditation, slimming groups and care and support services.



In memory of John Charlton



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Management Committee

Barbara Graham – Chairperson

Neil Foster – Secretary

Wayne Gibson – Treasurer

Committee Members:

John Charlton

Dianna Charlton

Jim Graham

Staff:

Community Development Worker Michael Fishwick (National Lottery Community Fund)

Children and Young People's Workers – Spennymoor

Chris Milner

Claire Peat

Katie Summerson

Caretaker Val Richardson

Community Take Away Staff (National Lottery / Government Funding)

Pat Lawton – Cook

Katya Edwards – Assistant Cook

Stephen Cutler – Driver

Special thanks must go to all the VOLUNTEERS who have supported the association over the past 12 months. Well done everyone.

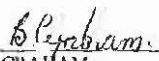
SPENNYMOOR YOUTH & COMMUNITY ASSOCIATION
RECEIPTS AND PAYMENTS ACCOUNT-YEAR ENDED 31 DECEMBER 2020

RECEIPTS	2020	2019	PAYMENTS	2020	2019
PayPal Income	7840	18	Cleaning	7571	4131
Trindon Grange Community		581	Gas & Electric	4965	5162
			Water	752	624
Rental Income	4328	7000	Building Insurance	702	716
Canteen		1390	Insurance		639
Youth Club Resources	4221	822	Telephone	344	82
Citizens Sessions	3000	3000	Office/General Admin Expenses	222	162
			Sundry Expenses	492	385
			Accountancy Charges	354	354
			T V License	153	190
CDCP Food Products/Hall			Repairs and Renewals	1902	254
Project/Covid 19 Comm Takeaway	88033		Canteen Purchases	1680	841
Reaching Community	60488	53070	Bank Charges	54	73
			Affiliation Fees	282	445
AAP Learning/Making Links	43977		AAP Learning Together/AAP Covid	6296	
Sundry Income		1689	Computers/ICT	6935	1708
Pool Table Income	4856		Youth Club Activities	11448	2998
			Grants Expenses	430	
Net Profit Income	31591	19344	Photocopier Expenses	604	529
Uncategorized Income	900	1079	Charity Expenses	488	1572
Grants	35728		Wages Expenses	64441	42099
			Advertising	154	205
			D of B Expenses	608	210
			Reaching Communities	34213	2186
			PayPal Fees	20	1
			Petty Cash		154
			DBS Checks		175
			CDCP Hall/Covid 19 Food packs	17055	
			Covid 19 Take Away	45182	
			Uncategorized Expenses	3449	
Excess of Payments - over Receipts			Excess of Receipts - over Payments	74184	22323
	284562	88193		284562	88193

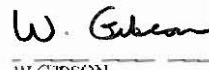
SPENNYMOOR YOUTH & COMMUNITY ASSOCIATION
SUMMARY

	2020	2019		2020	2019
Balance as at 01.01.20	90015	67492	Balance as at 31.12.20		
<u>Less</u> Excess of Payments over receipts for the Year	-	-	Unity Trust Bank	161359	87988
			Debtors	11158	1829
			Creditor	(8618)	(102)
<u>Plus</u> Excess of Receipts Over payments for the Year	74184	22523	Cash in Hand	300	300
	<u>164199</u>	<u>90015</u>		<u>164199</u>	<u>90015</u>

Approved by


B GRAHAM
Chairperson


COUNCELLOR N FOSTER
Secretary


W GIBSON
Treasurer

We have compiled these unaudited accounts from the books and records of Spennymoor Youth & Community Association and from information given to us. We have not performed an audit therefore we do not express any opinion on the financial information.

22 Whitworth Terrace
Spennymoor DL16 7LD

Smith & Co
Chartered Accountants
11th August 2021



Better for everyone



In partnership with
**THE NATIONAL LOTTERY
COMMUNITY FUND**