

**REGISTERED COMPANY NUMBER: 08326320 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1170444**

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31 December 2023**  
**for**  
**Suicide Crisis**

Dalton Pardoe Limited  
Chartered Accountants  
794 High Street  
Kingswinford  
West Midlands  
DY6 8BQ

## **Suicide Crisis**

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## **Suicide Crisis**

### **Report of the Trustees for the Year Ended 31 December 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The directors refer to the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

##### **Objectives**

The charity's objects ('Objects') are specifically restricted to the following:

- 1) to provide services to support people who are in or at risk of suicidal crisis and to provide services to support people who have experienced recent or historic psychological trauma;
- 2) to set up and participate in suicide prevention initiatives.

##### **Activities and achievements in year**

In this year we marked the tenth anniversary of our award-winning Suicide Crisis Centre. We first started providing a suicide crisis service in 2013.

We continued to be invited to share information across the UK about the ethos, approach and methods which are used at our Suicide Crisis Centre. The charity continued to have a national impact.

In February we were invited to speak about the work of our Suicide Crisis Centre in the House of Lords. It was an event that focused on inequalities. The feedback we received afterwards was excellent.

In the early part of the year, we also worked with a national homelessness charity that was creating suicide prevention resources for their staff across the UK.

We also continue to work with a GP surgery in the West Midlands to co-create a suicide prevention training module for receptionists in GP surgeries. Receptionists are usually the first point of contact for individuals in crisis. The plan is to make the training package available to GP surgeries across the UK.

We were interviewed for a Daily Mail feature about men and suicide in February. Our focus was on the challenges men find in seeking help and how we need to provide flexible ways for them to make the first contact with a crisis service.

In May we were invited to give a talk at an NHS conference, focusing on suicide prevention, in South West London.

In the autumn our founder and CEO was invited to be a speaker at an online learning event "Student Lives Matter" - a suicide prevention learning event for university staff across the UK.

We donated copies of The Suicide Prevention Pocket Guidebook (a book written by the CEO of our charity) to Ukrainian libraries via Book Aid UK. These libraries have become "social hubs" where local people can come together.

We also donated copies of The Suicide Prevention Pocket Guidebook to paramedics and trainee paramedics in the UK.

Having started the year at the House of Lords, we were invited to speak in the House of Commons as the year drew to an end. Our founder and CEO was invited to speak to a Parliamentary Select Committee in December. They were carrying out an inquiry into Men's Health. The high suicide rate among men was one of their areas of focus. It was an opportunity to share important evidence provided by our male clients.

## **Suicide Crisis**

### **Report of the Trustees for the Year Ended 31 December 2023**

#### **OBJECTIVES AND ACTIVITIES**

##### **Safeguarding**

The charity provides services to adults at risk. All volunteers who work with such clients have passed the appropriate Enhanced DBS check. They also have safeguarding training. We also ask trustees/directors to have an appropriate DBS check.

We have not become aware of any serious incidents which need reporting.

#### **FINANCIAL REVIEW**

##### **General**

The charity is heavily reliant on the work of its volunteers, several of whom work directly with clients. The efforts of these individuals help keep expenditure to a minimum. Six volunteers, excluding the trustees, worked for us this year. We have no salaried employees. We paid an honorarium to our CEO in this financial year (£1,000 on 6th March 2023) and last financial year for her unpaid work for our charity over the previous decade, but we recognise that this cannot be a regular payment in future years.

The financial statements show total income received in the year of £34,120 in-comparison to £63,718 in 2022.

Expenditure for the year totalled £44,566 resulting in a net deficit for the year of £10,446 (£13,950 surplus : 2022).

As a result funds reduced over the year by £10,446 from £204,920 to £194,474.

##### **Income from donations**

The largest donation from any individual was £1,000. The largest from any related party was £100. The total identifiable as being from outside the UK (many online donations are anonymous) was £1,434.64.

##### **Reserves policy**

Reserves are held to ensure the charity is well placed to meet future demands on its resources, given that we have no reliably predictable sources of income.

We intend to draw upon our reserves to enable us to progress with the new Suicide Crisis Centre for Learning, which will be a long-term project over several years. Without significant reserves, we could not contemplate the setting up of this new Learning Centre.

#### **FUTURE PLANS**

The charity intends to broaden its activities in the future, particularly in relation to education, learning and research. We intend to work increasingly as a national charity. As part of this, we are planning to set up a Suicide Crisis Centre of Learning which will focus on:

- a) sharing suicide prevention techniques widely;
- b) providing opportunities for study and wider learning, to broaden and deepen the understanding of suicidal feelings;
- c) study and research in relation to suicide and suicide prevention;
- d) an exploration of methods and approaches used within psychiatric services and an examination of whether and where changes could be made to save more lives;
- e) encouraging new ideas and innovative thinking in relation to suicide prevention.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

It is preferred that trustees (directors) have experience (lived and/or professional) relevant to our work. Currently all but one of our trustees has such experience.

##### **Members**

The only members are the trustees. Each member undertakes to pay an amount not exceeding £1.00 towards liabilities in the event of the charity being dissolved.

## **Suicide Crisis**

### **Report of the Trustees for the Year Ended 31 December 2023**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Risk policy**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees regularly review risks to the charity's future both at and between board meetings and consider ways to mitigate them.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

08326320 (England and Wales)

##### **Registered Charity number**

1170444

##### **Registered office**

16 Cranleigh House

West Barnes Lane

London

SW20 0BE

##### **Trustees**

Ms J Hibbins (Chief Executive)

A Fawik (Chair)

T Miles (Deputy Chair and Acting Treasurer)

Ms V Isaac (appointed 11.8.23)

Ms S J White (appointed 18.8.23)

J Price (Treasurer) (resigned 30.8.23)

##### **Independent Examiner**

Dalton Pardoe Limited

Chartered Accountants

794 High Street

Kingswinford

West Midlands

DY6 8BQ

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 September 2024 and signed on its behalf by:

**T. Miles**

T Miles - Trustee

**Independent Examiner's Report to the Trustees of  
Suicide Crisis**

**Independent examiner's report to the trustees of Suicide Crisis ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Colin Dalton FCA

Dalton Pardoe Limited  
Chartered Accountants  
794 High Street  
Kingswinford  
West Midlands  
DY6 8BQ

20 September 2024

## Suicide Crisis

### Statement of Financial Activities for the Year Ended 31 December 2023

	Notes	Unrestricted fund £	Restricted fund £	31.12.23 Total funds £	31.12.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		32,440	-	32,440	63,393
Investment income	2	1,680	-	1,680	325
<b>Total</b>		<b>34,120</b>	<b>-</b>	<b>34,120</b>	<b>63,718</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Expenses		44,566	-	44,566	49,768
<b>NET INCOME/(EXPENDITURE)</b>		<b>(10,446)</b>	<b>-</b>	<b>(10,446)</b>	<b>13,950</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		204,920	-	204,920	190,970
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>194,474</b>	<b>-</b>	<b>194,474</b>	<b>204,920</b>

The notes form part of these financial statements

# Suicide Crisis

## Balance Sheet 31 December 2023

	Notes	Unrestricted fund £	Restricted fund £	31.12.23 Total funds £	31.12.22 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		195,254	-	195,254	204,920
<b>CREDITORS</b>					
Amounts falling due within one year	5	(780)	-	(780)	-
<b>NET CURRENT ASSETS</b>		<u>194,474</u>	<u>-</u>	<u>194,474</u>	<u>204,920</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>194,474</u>	<u>-</u>	<u>194,474</u>	<u>204,920</u>
<b>NET ASSETS</b>		<u>194,474</u>	<u>-</u>	<u>194,474</u>	<u>204,920</u>
<b>FUNDS</b>	6				
Unrestricted funds				194,474	204,920
<b>TOTAL FUNDS</b>				<u>194,474</u>	<u>204,920</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 September 2024 and were signed on its behalf by:

**T. Miles**

T Miles - Trustee

The notes form part of these financial statements



## Suicide Crisis

### Notes to the Financial Statements for the Year Ended 31 December 2023

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. INVESTMENT INCOME

	31.12.23	31.12.22
	£	£
Deposit account interest	<u>1,680</u>	<u>325</u>

#### 3. TRUSTEES' REMUNERATION AND BENEFITS

The following trustees received an honorarium from the charity:

J. Hibbins (CEO) £1,000 (£1,000 : 2022)

## Suicide Crisis

### Notes to the Financial Statements - continued for the Year Ended 31 December 2023

#### 3. TRUSTEES' REMUNERATION AND BENEFITS - continued

##### Trustees' expenses

Trustees were reimbursed for expenses in the year amounting to £716.92 (2022 : £1,125.04)

J. Price £169.00 Costs relating to a fund-raising challenge

T. Miles £6.49 Postage and packaging for books to be sent out

£13.00 Companies House fee

£120.40 Finance course (NCVO)

£408.03 Travel and accommodation for meetings in Cheltenham

#### 4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	58,393	5,000	63,393
Investment income	325	-	325
<b>Total</b>	<b>58,718</b>	<b>5,000</b>	<b>63,718</b>
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Expenses	44,768	5,000	49,768
 <b>NET INCOME</b>	<b>13,950</b>	<b>-</b>	<b>13,950</b>
 <b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	190,970	-	190,970
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<b>204,920</b>	<b>-</b>	<b>204,920</b>

# Suicide Crisis

## Notes to the Financial Statements - continued for the Year Ended 31 December 2023

### 5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23 £	31.12.22 £
Accrued expenses	780	-

### 6. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	204,920	(10,446)	194,474
<b>TOTAL FUNDS</b>	<b>204,920</b>	<b>(10,446)</b>	<b>194,474</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	34,120	(44,566)	(10,446)
<b>TOTAL FUNDS</b>	<b>34,120</b>	<b>(44,566)</b>	<b>(10,446)</b>

### Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	190,970	13,950	204,920
<b>TOTAL FUNDS</b>	<b>190,970</b>	<b>13,950</b>	<b>204,920</b>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	58,718	(44,768)	13,950
Restricted funds			
Barnwood Trust	5,000	(5,000)	-
<b>TOTAL FUNDS</b>	<b>63,718</b>	<b>(49,768)</b>	<b>13,950</b>

## Suicide Crisis

### Notes to the Financial Statements - continued for the Year Ended 31 December 2023

#### 6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
<b>Unrestricted funds</b>			
General fund	190,970	3,504	194,474
<b>TOTAL FUNDS</b>	<u>190,970</u>	<u>3,504</u>	<u>194,474</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	92,838	(89,334)	3,504
<b>Restricted funds</b>			
Barnwood Trust	5,000	(5,000)	-
<b>TOTAL FUNDS</b>	<u>97,838</u>	<u>(94,334)</u>	<u>3,504</u>

#### 7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

## Suicide Crisis

### Detailed Statement of Financial Activities for the Year Ended 31 December 2023

	31.12.23 £	31.12.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	30,630	48,113
Gift aid	1,810	2,580
Grants	-	12,700
	<u>32,440</u>	<u>63,393</u>
<b>Investment income</b>		
Deposit account interest	1,680	325
	<u>34,120</u>	<u>63,718</u>
<b>Total incoming resources</b>		
	<u>34,120</u>	<u>63,718</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
IT and telephone	1,462	614
Books	316	1,619
Travel	853	587
Premises expenses	36,283	36,305
Other expenses	4,872	10,643
	<u>43,786</u>	<u>49,768</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Independent examiners fee	780	-
	<u>44,566</u>	<u>49,768</u>
<b>Total resources expended</b>		
	<u>44,566</u>	<u>49,768</u>
<b>Net (expenditure)/income</b>	<u>(10,446)</u>	<u>13,950</u>

This page does not form part of the statutory financial statements