



**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

CONTENTS

	Page
Trustees' Annual Report	1 - 4
Statement of financial activities	5
Balance sheet	6
Notes to the financial Statements	7 - 8
Independent Examiner's report	9

SUICIDE CRISIS
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 DECEMBER 2022

1. TRUSTEES

The following served as trustees during the year:

Allan Fawlk - Chair
Joy Hibbins - Chief Executive
John Price - Treasurer
Tim Miles - Deputy Chair
Hilary Rawles – resigned, June 2022

Trustees are also directors for the purposes of company law. No trustee received any remuneration.

2. STRUCTURE, MANAGEMENT AND GOVERNANCE

Nature of Governing Document

Suicide Crisis is a company limited by guarantee, not having a share capital. It is governed by a memorandum and articles. The company registered as a charity with the Charity Commission for England and Wales on 29 November 2016, registration number 1170444.

Registered office

The registered office is 1b Oxford Street, Cheltenham, GL52 6DT.

Members

The only members are the trustees. Each member undertakes to pay an amount not exceeding £1.00 towards liabilities in the event of the charity being dissolved.

Recruitment and Appointment of Directors

Directors are recruited with a view to diversity, sound experience in a related field or professional expertise in a relevant area.

Risk Policy

It is the policy of the directors to review all risks on at least an annual basis. Each review seeks to establish that all risks are documented and that steps to mitigate such risks are established and executed. As a result of this process, the trustees are satisfied that residual risks are minimal.

3. OBJECTS, AIMS AND ACTIVITIES

The directors refer to the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Objects

The charity's objects ('Objects') are specifically restricted to the following:

- 1) to provide services to support people who are in or at risk of suicidal crisis and to provide services to support people who have experienced recent or historic psychological trauma
- 2) to set up and participate in suicide prevention initiatives

Activities and achievements in year

Suicide Crisis is a registered charity that works nationally and locally on suicide prevention initiatives.

Our award-winning Suicide Crisis Centre in Gloucestershire continued its lifesaving work during 2022. We provide face to face support to individuals in crisis. Our model of service is a combination of Suicide Crisis Centre, home visits and emergency phone lines for clients under our care. This means that in addition to providing support at our Crisis Centre, we provided home visits for individuals in suicidal crisis who were too distressed, too traumatised or too unwell (mentally or physically) to travel to see us, and they needed to be supported in their own home. Most clients remain under our care for a period of several weeks. All clients under our care survived.

The methods, approach and ethos that we use at our Suicide Crisis Centre continued to draw attention across the UK. The British Transport Police once again invited us to provide online suicide prevention awareness training for its police officers, as they did in 2021. The training was accessible to British Transport Police officers across England, Wales and Scotland.

We also provided suicide prevention training for staff in NHS Trusts in different parts of the UK.

In 2022 NHS Health Education England expressed interest in our work and subsequently asked us to give a presentation about our methods, ethos and approach (and the way we work at our Suicide Crisis Centre) for the NHS Health Education England Mental Health Crisis Workforce. This workforce includes psychiatric professionals who work in mental health crisis services in different parts of the UK, including crisis teams, and clinicians working in emergency services. Our presentation to the workforce was titled: "A Different Approach To Supporting People In Crisis: The Suicide Crisis Centre".

As a result of this presentation to the mental health crisis workforce, NHS Health Education England expressed interest in further collaborative work with our charity (in terms of our providing suicide prevention training for staff who work with individuals in crisis) and we are

continuing to explore this as NHS Health Education England merges with NHS England during 2022/2023.

In terms of our parliamentary work, our CEO was invited to attend and contribute to several meetings of the All Party Parliamentary Group (APPG) on Suicide and Self Harm prevention. The APPG includes MPs from all the main political parties.

As a result of her contributions at these meetings, she was approached to attend meetings of the All Party Parliamentary Group on Complex Needs and Dual Diagnosis. She will attend meetings of this group in 2023. She was also invited to attend the All Party Parliamentary Group on Refugees with a particular focus on mental health support and services for refugees. Our founder and CEO spoke at several national conferences about suicide prevention and mental health. She was a speaker at The Mental Health Today Live 2022 conference in June. Her talk was titled "How To Create Innovative And Impactful Suicide Crisis Services". She also spoke at national conferences specifically for NHS staff, often focusing on more specialist topics, including her presentation on "Supporting Individuals In Crisis After Traumatic Events." She was also invited to speak about supporting individuals who are experiencing psychosis after traumatic events.

During 2022, it was clear that clients at our Suicide Crisis Centre were being severely impacted by the cost of living crisis. When we visited clients in their own homes, many of them had little or no food and were leaving the heating off, because they could not afford it. This was impacting on their physical and mental health. We made an urgent application for a grant so that we could buy emergency food supplies and electric heated blankets for clients who needed them, and we were extremely grateful that this grant was approved. The combination of a pandemic followed by a cost of living crisis has had a very severe impact on vulnerable individuals, increasing the need for our crisis services.

In 2022 we took on the lease for new premises for our Suicide Crisis Centre, having found a building in a central location (easily accessible by public transport) that was nevertheless in a quieter location and which provided the safe, tranquil and calm atmosphere that is so important for individuals in crisis. The building's larger rooms also provide space for us to run support groups or enable support groups to meet there, including carers' support groups. Additionally, we will be running psycho-education groups in 2023, where clients, carers and professionals can learn from psychologists (and other clinicians and therapists) about responses to trauma and different mental health diagnoses.

Throughout 2023 we were extremely grateful to the clinical advisers (including our advising psychiatrist) who provided information, support and advice to our team at the Suicide Crisis Centre. All our psychiatric and clinical advisers are unpaid volunteers.

4. FUTURE PLANS

The team at our Suicide Crisis Centre will continue to work tenaciously to ensure that all clients under our care survive. Their approach is to "do everything we can for each individual to ensure that they survive."

We will also respond to the continuing national interest in the methods, approach and ethos that we use at our Suicide Crisis Centre and we will continue to share information about how we work, and why this enables all our clients to survive under our care.

We will also continue to contribute at a national level on suicide prevention initiatives.

5. FINANCIAL REVIEW

General

The charity is heavily reliant on the work of its many volunteers, several of whom work directly with clients. The efforts of these individuals help keep expenditure to a minimum.

The results for the year are given in the Statement of Financial Activities which shows a sound surplus.

Reserves Policy

Reserves are held to ensure the charity is well placed to meet future demands on its resources. The balance on general funds at the year-end was £204,920.

6. STATEMENT OF DIRECTORS' RESPONSIBILITIES

The Directors (who are also known as trustees) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in business.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Directors

30 July 2023
John Price
Trustee

SUICIDE CRISIS

STATEMENT OF FINANCIAL ACTIVITIES YEAR ENDED 31 DECEMBER 2022

	Notes	2022			2021		
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		Fund	Funds	Funds	Fund	Funds	Funds
		£	£	£	£	£	£
Income from:							
Donations	3	58,393	5,000	63,393	86,199	5,200	91,399
Investments		325	-	325	20	-	20
Total		58,718	5,000	63,718	86,219	5,200	91,419
Expenditure on:							
Charitable activities	4	44,768	5,000	49,768	14,707	5,200	19,907
Total		44,768	5,000	49,768	14,707	5,200	19,907
Net income (expenditure)		13,950	-	13,950	71,512	-	71,512
Reconciliation of funds:							
Funds brought forward		190,970	-	190,970	119,458	-	119,458
Funds carried forward		204,920	-	204,920	190,970	-	190,970

SUICIDE CRISIS

(Company number 8326320)

BALANCE SHEET**AS AT 31 DECEMBER 2022**

	2022	2021
	£	£
Current assets		
Cash at bank and in hand	204,920	190,970
	<hr/>	<hr/>
Net assets	204,920	190,970
	<hr/>	<hr/>
Represented by:		
Accumulated funds:		
General fund	204,920	190,970
	<hr/>	<hr/>

For the year ended 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

These accounts were approved by the trustees on 30 July 2023 and are signed on their behalf by:

John Price
Treasurer

SUICIDE CRISIS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 DECEMBER 2022

1. Company information

The company is limited by guarantee, registered in England and Wales; it is also a registered charity whose activities are intended to be for the public benefit.

2. Accounting Policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), as amended by Update Bulletin 1 published in February 2016 and in accordance with company law.

This is the first time that the accounts have been presented in accordance with FRS 102. The only material change in accounting policies is in relation to donations as disclosed below. This had no impact on reserves.

Going concern

After making enquiries, the directors are not aware of any material uncertainties that cast doubt on going concern and have a reasonable expectation that the Company will be able to continue its activities for the foreseeable future, and at least twelve months from the date of approval of these accounts. Accordingly, they have continued to adopt the going concern basis in the financial statements.

Income

Voluntary income, including donations under Gift Aid are recognised as income when received. Where applicable, associated income tax recovery is recognised when the recovery is receivable. Grants, where related to performance, are recognised as income when the right to income is earned. Interest is recognised as income when receivable.

Donations in kind received, being the rent free use of premises, are valued based on the value of the gift to the charity included as income; a corresponding amount is then recognised in expenditure in the period of receipt. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

Expenditure

Costs of activities in furtherance of the charity's objects comprise those costs incurred by the charity as a result of the delivery of its service.

SUICIDE CRISIS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 DECEMBER 2022

3. Donations

	2022			2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Donations	48,113	-	48,113	78,360
Grants	7,700	5,000	12,700	5,200
Gift aid	2,580	-	2,580	7,839
	58,393	5,000	63,393	91,399

Restricted income: The restricted income during 2022 was from Barnwood Trust to help meet the rental costs of the premises acquired during the year.

4. Expenditure on charitable activities

	2022			2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Premises	31,305	5,000	36,305	5,899
Other	13,463	-	13,463	14,008
	44,768	5,000	49,768	19,907

No remuneration was paid to trustees. An honorarium of £1,000 was paid to Chief Executive Joy Hibbins to recognise her extraordinary commitment to the charity. Expenses paid to trustees amounted to £340.

5. Commitments

The Charity is committed to paying rental costs on its premises of £34,920 per annum (including VAT). The lease expires on 31 January 2025.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUICIDE CRISIS

I report on the accounts of Suicide Crisis ('the Company') for the year ended 31 December 2022 which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes.

Responsibilities and basis of the report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination;
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

AW Imrie FCCA
Woodmancote, Gloucestershire

30 July 2023