



**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

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SUICIDE CRISIS
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 DECEMBER 2021

1. TRUSTEES

The following served as trustees during the year:

Allan Fawlk - Chair
Joy Hibbins - Chief Executive
John Price - Treasurer
Tim Miles - Deputy Chair
Hilary Rawles – resigned June 2022

Trustees are also directors for the purposes of company law. No trustee received any remuneration.

2. STRUCTURE, MANAGEMENT AND GOVERNANCE

Nature of Governing Document

Suicide Crisis is a company limited by guarantee, not having a share capital. It is governed by a memorandum and articles. The company registered as a charity with the Charity Commission for England and Wales on 29 November 2016, registration number 1170444.

Registered office

The registered office is 1b Oxford Street, Cheltenham, GL52 6DT.

Members

Each member undertakes to pay an amount not exceeding £1.00 towards liabilities in the event of the charity being dissolved.

Recruitment and Appointment of Directors

Directors are recruited with a view to diversity, sound experience in a related field or professional expertise in a relevant area.

Risk Policy

It is the policy of the directors to review all risks on at least an annual basis. Each review seeks to establish that all risks are documented and that steps to mitigate such risks are established and executed. As a result of this process, the trustees are satisfied that residual risks are minimal.

3. OBJECTS, AIMS AND ACTIVITIES

The directors refer to the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Objects

The charity's objects ('Objects') are specifically restricted to the following:

- 1) to provide services to support people who are in or at risk of suicidal crisis and to provide services to support people who have experienced recent or historic psychological trauma
- 2) to set up and participate in suicide prevention initiatives

Activities and achievements in year

Suicide Crisis is a registered charity that works nationally and locally on suicide prevention initiatives.

We run an award-winning Suicide Crisis Centre which provides face to face support to individuals in suicidal crisis. We provide a combination of Suicide Crisis Centre, home visits and emergency phone lines for clients under our crisis service.

We adapted our crisis service during the pandemic. During the lockdowns, our ability to provide home visits to individuals in suicidal crisis became even more important. We continued to provide a face to face crisis service throughout the pandemic.

Each time a new lockdown was announced during the pandemic, we saw a significant increase in the numbers of people seeking to access our suicide crisis service.

All clients survived under our care. Since our services started in 2013, no client has died by suicide while under our care. Most clients remain under our crisis service for a period of weeks.

The methods, approach and ethos that we use at our Suicide Crisis Centre continued to draw attention across the UK. The British Transport Police invited us to provide online suicide prevention awareness training for its police officers. The training was accessible to British Transport Police officers across England, Wales and Scotland.

We also provided free online suicide prevention training for other organisations and charities, and for carers' organisations and groups in different parts of the UK.

The founder and CEO of Suicide Crisis had a suicide prevention guidebook published in September 2021. It was available from most bookshops and it became a number 1 bestseller in its suicide prevention category on Amazon. **"The Suicide Prevention Pocket Guidebook: How To Support Someone Who Is Having Suicidal Feelings"** was written to assist anyone supporting a friend, family member or work colleague in a suicidal crisis, and it is equally

relevant for professionals working with individuals in crisis. Our CEO requested that all her author royalties from sales of the book went to our charity.

Reviews of the book on Amazon included: *“If I was having suicidal thoughts, this is a book that I really hope the person supporting me has read”* and *“Every health centre, public and college library should have a copy of this book.”*

Later in 2021 we worked with staff in prisons across the UK to ensure that free copies of “The Suicide Prevention Pocket Guidebook” were available in prison libraries, medical units and prison chapels.

In October 2021 the Suicide Crisis Centre won a national award: the **“Most Innovative Mental Health Intervention”** award at the UK Mental Health and Wellbeing Awards 2021.

The judges felt that the impact Suicide Crisis is having is “very clear” and they were impressed with the “commitment to helping people survive suicidal crisis”.

The judging panel included Directors from the Tavistock and Portman NHS Foundation Trust, and the Surrey and Borders Partnership NHS Foundation Trust, as well as from the University of Southampton and leaders of mental health charities.

The CEO of Suicide Crisis accepted the award via video link. She paid tribute to the charity’s “strong and wonderful team, who are so dedicated.” She commented that the award was particularly meaningful at this time, because the team had continued to provide a face-to-face crisis service throughout the pandemic.

The CEO of our charity attended meetings of the All Party Parliamentary Group (APPG) on suicide and self-harm prevention. The APPG includes MPs from all the main political parties. Our CEO will be attending these APPG meetings regularly in order to raise issues of national significance relating to suicide prevention.

4. FUTURE PLANS

Our team will continue to work tenaciously to ensure that all clients under our care survive. Their approach is to “do everything we can for each individual to ensure that they survive.”

Towards the end of the year we were asked to provide training for professionals working in psychiatric services in an NHS Trust in London. This will be delivered in 2022.

At the end of the year, we found new premises for a Suicide Crisis Centre in the centre of Cheltenham which will be available to us 24 hours a day, 365 days a year. The lease started at the end of January 2022 and is a significant financial commitment. It is important for us to have a Crisis Centre that is available for clients at all times of the day or night. As well as providing rooms for clients in crisis to be supported, there is office space within the new premises which will enable us to work on national suicide prevention initiatives, as well as local initiatives.

5. FINANCIAL REVIEW

General

The charity is heavily reliant on the work of its many volunteers, eight of whom work directly with clients. The efforts of these individuals help keep expenditure to a minimum.

The results for the year are given in the Statement of Financial Activities which shows a sound surplus.

Reserves Policy

Reserves are held to ensure the charity is well placed to meet future demands on its resources. In particular, the trustees anticipate that some reserves may be used over the coming twelve months in obtaining new operating premises. The balance on general funds at the year-end was £190,970.

6. STATEMENT OF DIRECTORS' RESPONSIBILITIES

The Directors (who are also known as trustees) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in business.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company, and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the Directors

31 August 2022
John Price
Trustee

SUICIDE CRISIS

STATEMENT OF FINANCIAL ACTIVITIES

(Incorporating an income and expenditure account)

YEAR ENDED 31 DECEMBER 2021

		2021			2020
		Restricted £	Unrestricted £	Total £	Unrestricted and total £
Income from	Note				
Donations	3	5,200	86,199	91,399	66,852
Investments		-	20	20	-
Total		5,200	86,219	91,419	66,852
Expenditure on					
Charitable activities	4	5,200	14,707	19,907	15,518
Total		5,200	14,707	19,907	15,518
Net income for the year		-	71,512	71,512	51,334
Funds brought forward		-	119,458	119,458	68,124
Funds carried forward		-	190,970	190,970	119,458

SUICIDE CRISIS

(Company number 8326320)

BALANCE SHEET**AS AT 31 DECEMBER 2021**

	2021	2020
	£	£
Current assets		
Cash at bank and in hand	190,970	119,458
	<hr/>	<hr/>
Net assets	190,970	119,458
	<hr/>	<hr/>
Represented by:		
Accumulated funds:		
General fund	<u>190,970</u>	<u>119,458</u>

For the year ended 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

These accounts were approved by the trustees on 31 August 2022 and are signed on their behalf by:

John Price
Treasurer

SUICIDE CRISIS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 DECEMBER 2021

1. Company information

The company is limited by guarantee, registered in England and Wales; it is also a registered charity whose activities are intended to be for the public benefit.

2. Accounting Policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), as amended by Update Bulletin 1 published in February 2016 and in accordance with company law.

This is the first time that the accounts have been presented in accordance with FRS 102. The only material change in accounting policies is in relation to donations as disclosed below. This had no impact on reserves.

Going concern

After making enquiries, the directors are not aware of any material uncertainties that cast doubt on going concern and have a reasonable expectation that the Company will be able to continue its activities for the foreseeable future, and at least twelve months from the date of approval of these accounts. Accordingly, they have continued to adopt the going concern basis in the financial statements.

Income

Voluntary income, including donations under Gift Aid are recognised as income when received. Where applicable, associated income tax recovery is recognised when the recovery is receivable. Grants, where related to performance, are recognised as income when the right to income is earned. Interest is recognised as income when receivable.

Donations in kind received, being the rent free use of premises, are valued based on the value of the gift to the charity included as income; a corresponding amount is then recognised in expenditure in the period of receipt. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

Expenditure

Costs of activities in furtherance of the charity's objects comprise those costs incurred by the charity as a result of the delivery of its service.

SUICIDE CRISIS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 DECEMBER 2021

3. Donations

	2021			2020
	Restricted	Unrestricted	Total	Unrestricted and total
	£	£	£	£
Donations in cash	5,200	77,910	83,110	66,002
Gift aid	-	7,839	7,839	-
Donation in kind - rent free premises	-	450	450	850
	<u>5,200</u>	<u>86,199</u>	<u>91,399</u>	<u>66,852</u>

Restricted income: a grant of £5,200 was received from the Carers Gloucestershire Legacy Fund towards the provision of a Mental Health Support Worker. This was fully expended in the year.

4. Expenditure on charitable activities

	2021			2020
	Restricted	Unrestricted	Total	Unrestricted and total
	£	£	£	£
Premises - payments made	-	5,449	5,449	5,449
Premises - received as donation	-	450	450	850
Other	5,200	8,808	14,008	9,219
	<u>5,200</u>	<u>14,707</u>	<u>19,907</u>	<u>15,518</u>

No remuneration was paid to trustees

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUICIDE CRISIS

I report on the accounts of Suicide Crisis ('the Company') for the year ended 31 December 2021 which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes.

Responsibilities and basis of the report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with my examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination;
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

AW Imrie FCCA
Woodmancote, Gloucestershire

31 August 2022