

# EASTERN VALLEY FOODBANK

England & Wales · Charity number 1170433

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-11-28

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Hope Centre  
5 Pavilion Industrial Estate  
Pontypool  
Pontypool  
NP4 6NF

**Phone** 01495 760605

**Email** [info@easternvalley.foodbank.org.uk](mailto:info@easternvalley.foodbank.org.uk)

**Website** <http://easternvalley.foodbank.org.uk>

## Activities

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**Objects:** THE RELIEF OF FINANCIAL HARDSHIP AMONGST PEOPLE IN THE EASTERN VALLEY OF SOUTH WALES AND THE SURROUNDING AREA OR IN OTHER PARTS OF THE UNITED KINGDOM IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY: A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND/OR FOR DISTRIBUTION BY CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY; B) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES; AND TO PROVIDE SUCH SERVICES WITH A CHRISTIAN ETHOS, SUPPORTED BY CHURCHES IN THE AREA OF BENEFIT

**Activities:** The relief of financial hardship amongst people in the Eastern Valley of South Wales and the surrounding area by providing emergency food, toiletries and household items to individuals and families in need and signposting to other advisory services. To provide such services with a Christian ethos, supported by churches in the area of benefit.

## Classification

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- **How:** Makes Grants To Individuals
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Torfaen

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£161,168	£144,758	-	-
2023-12-31	£123,283	£121,636	-	-
2022-12-31	£175,631	£169,361	-	-
2021-12-31	£146,395	£144,572	-	-
2020-12-31	£202,346	£133,012	-	-

## Trustees

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Name	Role	Appointed
<b>Martin John Mills</b>	Chair	2023-10-20
Anthony John Hunt		2023-10-20
JEFFREY TAYLOR		2016-11-25
Judith Elizabeth Mills		2021-11-25
Peter Alan Cole		2023-10-20

**EASTERN VALLEY FOODBANK**

England & Wales - Charity number 1170433

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	January	2024		31	December	2024

## Section A Reference and administration details

**Charity name**

**Other names charity is known by**

**Registered charity number (if any)**

**Charity's principal address**

The Hope Centre, Unit 5 Pavillion Industrial Estate	
Pontypool	
Torfaen	
<b>Postcode</b>	<b>NP4 6NF</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Martin Mills	Chairman	N/A	N/A
2	Judith Mills	Secretary	N/A	N/A
3	Anthony Hunt		N/A	N/A
4	Pete Cole		N/A	N/A
5	Jeff Taylor		N/A	N/A
6				
7				
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17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Helen Leek – Foodbank Manager
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**Section B Structure, governance and management**

**Description of the charity’s trusts**

Type of governing document <small>(eg. trust deed, constitution)</small>	Trust Deed
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Details regarding Trustee selection methods etc are written in the Charity’s Constitution dated 13 <sup>th</sup> October 2015. These include: Functions and duties of Charity Trustee, Eligibility for Trusteeship, Number of Trustees, Appointment of Trustees, eligibility for trusteeship, number of trustees, appointment of trustees, information for new trustees, retirement and removal of trustees, taking of decisions by trustees, delegation by trustees, benefits and payments for trustees and connected persons and conflicts of interest and conflicts of loyalty.

**Additional governance issues (Optional information)**

<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <li>• policies and procedures adopted for the induction and training of trustees;</li> <li>• the charity’s organisational structure and any wider network with which the charity works;</li> <li>• relationship with any related parties;</li> <li>• trustees’ consideration of major risks and the system and procedures to manage them.</li> </ul>	<p>Eastern Valley Foodbank works in partnership with The Trussell Trust and operates under their guidance and governance as well as receiving significant financial support via grants for our core functions and other projects. An example of this is our financial inclusion and wellbeing project for debt relief, income maximisation and wellbeing support which they have funded for the past few years.</p> <p>Our 7 distribution centres are hosted by local churches who provide the buildings and volunteers for the drop in sessions.</p> <p>Referral into the foodbank system for emergency help is done via front line support staff across a wide variety of services. For example, the health board, council services, local charities, housing associations, schools and churches.</p> <p>On site at the distribution centres we offer wrap-around support in the form of our previously mentioned financial inclusion and wellbeing programme. Other support agencies such as housing associations also “piggy-back” off this, utilising the space where people are comfortable and familiar in order to host their own drop-in help.</p>
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**Section C Objectives and activities**

<p><b>Summary of the objects of the charity set out in its governing document</b></p>	<p>The relief of financial hardship amongst people living in the Eastern Valley of south Wales (Torfaen) and surrounding areas or in other parts of the United Kingdom in such ways as the Trustees from time-to-time think fit, in particular but not exclusively by:</p>
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- a) Providing emergency food, essential toiletries and household items to individuals and families in need and/or for distribution by charities or other organisations working to prevent or relieve poverty;
- b) Such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services: and

To provide such services with a Christian ethos, supported by churches in the area of benefit.

Provision of emergency food parcels. The parcel provide three balanced meals and day for a minimum of three days according to the number of people in the household as outlined using the food menus provided by Trussell Trust. The food provided is ambient products only with the exception of a "help yourself" fresh produce table which clients can add items of a perishable nature should they wish.

Financial inclusion and wellbeing services

Drop in support sessions at multiple distribution centres

Our constitution states that ; Nothing in this constitution shall authorise and application of the property of the CIO for the purposes which are not charitable in accordance with the guidance issued by the charity commission on public benefit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The aim of the foodbank is not just crisis intervention but also to build resilience within the community with the long-term aim of eradicating the need for foodbanks.

Our operation is made up of a warehouse for storage and management of food stocks and 7 distribution centres where local people can go for emergency food provisions. The day-to-day running is managed by 3 part-time members of staff and supported by approximately 40 volunteers.

We partner with many support agencies (both statutory and third sector) as part of our referral system and also as part of our signposting but we also operate a specific funded partnership with the following organisations to provide a financial inclusion and wellbeing project.

Christians Against Poverty (CAP)

Citizens Advice (CA)

Eastern Valley Counselling (EVC)

And we offer an advocacy service – This is aimed at removing barriers that may lead to further financial or other problems. This would include helping with paperwork, phone-calls and sometime practical assistance.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

During 2024 the foodbank issued 2680 emergency food parcels, feeding 5660 people. (52.6 tonnes of food)  
The financial inclusion and wellbeing programme supported 392 people with specific help including:  
Just short of a million pounds worth of debt was managed on behalf of clients (£422K of which was written off).  
Just over half a million pounds identified as financial gains (this could be missed benefits or overpayments in household bills etc)  
22 people received professional counselling  
33 went debt free through the programme.  
31 people attended life skills courses  
A confidence with cooking club was started which weekly hosts around 20 people.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

We try to hold reserves equivalent to a minimum of 6 months running costs however due to recent reduction in donations and grants we have not yet been in the financial position to make this possible.

**Details of any funds materially in deficit**

Future salaries and operational running costs of transport and building maintenance

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donations from supporters and grants have provided our critical income this year. Our financial inclusion and well-being projects are securely funded for now. Staffing and running costs however require more secure funding sources as increases in costs to purchase food are now using more of the monthly regular donations from supporters. This is a key issue in the financial planning for next year.

**Section F Other optional information**

Current assets (as of Dec 2024) – £133,639 this includes stock valued at £39,690, reserve funds at £52,714 and cash in hand/bank at £41,235

Receipts for the year which include general donations, grants, value of stock donated and supermarket rebates total £309,469.

Expenditure for the year total £293,182 this includes storage costs, rent and repairs, transport, overheads including salaries, grants reserved for specific purposes, food purchases and value of food distributed.

Net receipts for the year therefore totalled £16,288

Restricted funding for specific activities include CAP, CA, EVC, food hub/cooking club, advocacy salary. The current amount of restricted funding held is £54,096

Free reserves remaining to cover all other overheads are £39,734

The general reserve fund of six months running costs set by the board has now been breached as we enter the next financial period (6 months running costs is now approximately £43K)

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	MJ Mills	
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<b>Full name(s)</b>	Martin John Mills	
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<b>Position (eg Secretary, Chair, etc)</b>	Chairman	
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**Date**

29/10/25

**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2023**

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I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2024.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the applicable directions given by the Charity Commission (under section 145(5)(b) of the Act, and;
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with Section 130 of the Charities Act;
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>Receipts</b>				
General donations		25,762		28,665
Grants - General		37,096		32,315
Grants – Reserved	Note 1	94,074		55,160
Supermarket rebates		4,237		7,143
Value of food donated	Note 2	141,582		112,161
Stock revaluation	Note 3	6,719		13,304
		<b>309,469</b>		<b>248,748</b>
<b>Payments</b>				
Storage costs including repairs and rent		7,650	14,762	
Overheads incl. Salaries		50,797	47,287	
Grants – Reserved	Note 1	70,143	48,558	
Food purchased		16,168	11,029	
Value of food distributed		148,423	123,204	
		293,182	244,840	
<b>NET RECEIPTS</b>		<b>16,288</b>	<b>3,908</b>	

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	39,690		39,812	
Reserved funds	52,714		28,783	
Cash at bank and in hand	41,235		48,756	
	133,639		117,351	
		<b>133,639</b>		<b>117,351</b>
<b>NET ASSETS</b>		<b>133,639</b>		<b>117,351</b>
 <b>FUNDS</b>				
Opening balance		117,351		113,443
Net Receipts for the year		16,288		3,908
<b>TOTAL FUNDS</b>		<b>133,639</b>		<b>117,351</b>

Approved by the trustees on      October 2024 and signed on their behalf by:

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**EASTERN VALLEY FOODBANK  
NOTES TO THE ACCOUNTS  
AS AT 31 DECEMBER 2024**

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**Note 1**

**Grants – Reserved**

	<b>Inc £</b>	<b>Exp £</b>
Financial help for Foodbank users via CAP and Citizens Advice	44,352	44,352
Counselling and Life Skills help for Foodbank users	6,543	6,531
Advocacy pilot to help Foodbank users manage debt	6,240	3,120
Transport Costs	-	6,627
Resilience grants	6,939	5,000
Community Garden	-	993
Warm Hub (Winter 2023/24)	-	3,520
Facilities Improvements	30,000	-
	<b>94,074</b>	<b>70,143</b>

**Note 2**

Food donated and purchased, valued at £2.77 per kg in accordance with Trussell Trust recommendation (2023: £2.37 per kg)

**Note 3**

Revaluation of opening stock to £2.77 per kg from £2.37 per kg in 2023.

**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2023**

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I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2024.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the applicable directions given by the Charity Commission (under section 145(5)(b) of the Act, and;
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with Section 130 of the Charities Act;
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>Receipts</b>				
General donations		25,762		28,665
Grants - General		37,096		32,315
Grants – Reserved	Note 1	94,074		55,160
Supermarket rebates		4,237		7,143
Value of food donated	Note 2	141,582		112,161
Stock revaluation	Note 3	6,719		13,304
		<b>309,469</b>		<b>248,748</b>
<b>Payments</b>				
Storage costs including repairs and rent		7,650	14,762	
Overheads incl. Salaries		50,797	47,287	
Grants – Reserved	Note 1	70,143	48,558	
Food purchased		16,168	11,029	
Value of food distributed		148,423	123,204	
		293,182	244,840	
<b>NET RECEIPTS</b>		<b>16,288</b>	<b>3,908</b>	

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	39,690		39,812	
Reserved funds	52,714		28,783	
Cash at bank and in hand	41,235		48,756	
	133,639		117,351	
		<b>133,639</b>		<b>117,351</b>
<b>NET ASSETS</b>		<b>133,639</b>		<b>117,351</b>
 <b>FUNDS</b>				
Opening balance		117,351		113,443
Net Receipts for the year		16,288		3,908
<b>TOTAL FUNDS</b>		<b>133,639</b>		<b>117,351</b>

Approved by the trustees on      October 2024 and signed on their behalf by:

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\_\_\_\_\_

**EASTERN VALLEY FOODBANK  
NOTES TO THE ACCOUNTS  
AS AT 31 DECEMBER 2024**

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**Note 1**

**Grants – Reserved**

	<b>Inc £</b>	<b>Exp £</b>
Financial help for Foodbank users via CAP and Citizens Advice	44,352	44,352
Counselling and Life Skills help for Foodbank users	6,543	6,531
Advocacy pilot to help Foodbank users manage debt	6,240	3,120
Transport Costs	-	6,627
Resilience grants	6,939	5,000
Community Garden	-	993
Warm Hub (Winter 2023/24)	-	3,520
Facilities Improvements	30,000	-
	<b>94,074</b>	<b>70,143</b>

**Note 2**

Food donated and purchased, valued at £2.77 per kg in accordance with Trussell Trust recommendation (2023: £2.37 per kg)

**Note 3**

Revaluation of opening stock to £2.77 per kg from £2.37 per kg in 2023.

**EASTERN VALLEY FOODBANK**

England & Wales - Charity number 1170433

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# Accounts

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## Trustees' Annual Report for the period

From 1<sup>st</sup> January 2023 To 31<sup>st</sup> December 2023

Charity name: Eastern Valley Foodbank

Charity registration number:1170433

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The relief of financial hardship amongst people in the Eastern Valley of South Wales and the surrounding area in such ways as the trustees from time to time think fit.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Providing emergency food, essential toiletries and household items to individuals and families in need and / or for distribution by other charities or organisations working to prevent or relieve poverty. Such other means include the provision of support or signposting to relevant information and other advisory services. Such services are provided with a Christian ethos, supported by churches in the area of benefit.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>Our constitution states that : Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with the guidance issued by the Charity Commission on public benefit.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not applicable.</b>
Policy on social investment including program related investment	Para 1.38	<b>Not applicable.</b>
		<b>The charity relies largely on volunteers</b>

Contribution made by volunteers	Para 1.38	<b>working in the foodbank depot, managing the collection and maintenance of stocks and their distribution to associated organisations which also rely on volunteers and act as distribution centres for the essential food and other items.</b>
Other		<b>Young people from the Welsh BACC, Duke of Edinburgh award scheme, National STAR college and student nurses have also had the opportunity to have experience volunteering in the foodbank depot.</b>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>6097 clients were provided with essential food and other items during the twelve month period. This equated to 50,366 kg of food and other essential items being given out. Stock intake for the year totalled 46,559 kg, which included 39,042kg donated by the public and other supporting bodies and 6,784kg of purchases paid for using financial donations.</b></p> <p><b>Under our wider Financial Inclusion work, which is carried out by partners and paid staff using grants awarded from various sources listed in our accounts:</b></p> <ul style="list-style-type: none"> <li><b>: Christians Against Poverty has provided debt advice and support to 70 clients, managed £386,100 worth of debt and seen 18 people go debt free with £118,000 of their debt being written off.</b></li> <li><b>: 18 people attended our life skills courses to improve their ongoing resilience to managing life on a low income.</b></li> <li><b>: 132 clients who were referred to Citizens Advice through the foodbank resulted in £3000 of debt being managed, £405 of which was written off. Also £283,917 of financial gains were achieved through, for example, benefit advice and claim amendments.</b></li> <li><b>: 30 clients were also supported and helped through the Eastern Valley Counselling service.</b></li> </ul> <p><b>It is estimated that the combined work of our support and advice projects has resulted in approximately 115 families no longer needing to access the foodbank.</b></p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>There has been a gradual reduction in the demand for food parcels which is in line with the Trussel Trust goal of ending the need for foodbanks – Stop UK Hunger</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>Not applicable</b>
Investment performance against objectives	Para 1.41	<b>Not applicable</b>
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p><b>We are currently in a secure financial position.</b></p> <p><b>Current assets stand at £113,443, which includes Stock valued at £39,812, Reserved funds at £28,783 and Cash at bank and in hand at £48,756 .</b></p> <p><b>Receipts for the year, which include General donations, Grants, Value of stock donated and Supermarket rebates totalled £248,748.</b></p> <p><b>Expenditure for the year totalled £244,840. This includes Storage costs, rent and repairs, transport, overheads including salaries, Grants – reserved for specific purposes, Food purchased and Value of food distributed.</b></p> <p><b>Net receipts for the year therefore totalled £3,908.</b></p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p><b>Reserve grants received for specific activities include Christians Against Poverty debt advice, Citizens Advice support and Eastern Valley Counselling support are accounted for and held in reserve separate from general accounts. A general reserve fund of £31,000 for annual overhead costs has been set by the Board of Trustees.</b></p>
Amount of reserves held	Para 1.22	<p><b>Reserved Grants total : £55,160</b>  <b>Current reserved funds: £28,783</b></p>
Reasons for holding zero reserves	Para 1.22	<b>Not applicable</b>
Details of fund materially in deficit	Para 1.24	<b>Not applicable</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Not applicable</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p><b>The principle sources of funds include :</b></p> <p><b>General donations : £28,665</b>  <b>Grants for general use : £32,315</b>  <b>Grant reserved for specific projects : £55,160</b>  <b>Supermarket rebates : £7,143</b>  <b>Value of food donated (valued at £2.37 per kg in accordance with the Trussel Trust recommendation) : £112,161</b></p>
Investment policy and	Para 1.46	

objectives including any social investment policy adopted		<b>Not applicable</b>
A description of the principal risks facing the charity	Para 1.46	<b>If demands for our services continue at current levels and the requirements to purchase goods (in addition to those donated) in order to meet those needs continue to grow, we may face financial challenges in the future.</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		<b>Charitable Incorporated Organisation (CIO)</b>
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Trust Deed</b>
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Details regarding Trustee selection methods etc are written in the Charity's Constitution dated 13<sup>th</sup> October 2015. These include: Functions and Duties of Charity Trustees, Eligibility for Trusteeship, Number of Trustees, Appointment of Trustees, Information for new Trustees, Retirement and Removal of Trustees, Taking of Decisions by Trustees, Delegation by Trustees, Benefits and Payments to Trustees and Connected persons, Conflicts of Interest and Conflicts of Loyalty.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<b>See above, para 1.25</b>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Eastern Valley Foodbank
Other name the charity uses	Not applicable
Registered charity number	1170433

Charity's principal address	The Hope Centre, Unit 5, Pavilion Industrial Estate, Pontnewynydd, Pontypool, NP4 6NF

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Martin Mills	Chair		Trustee Board
2	Judith Mills	Secretary		
3	Jeff Taylor			
4	Anthony Hunt			
5	Peter Cole			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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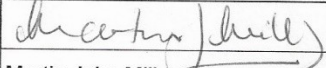
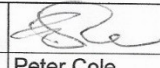
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin John Mills	Peter Cole
Position (eg Secretary, Chair, etc)	Chair	Trustee

Date

**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2023**

---

I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2023.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the applicable directions given by the Charity Commission (under section 145(5)(b) of the Act, and;
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with Section 130 of the Charities Act;
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

		<b>2023</b>		<b>2022</b>	
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>					
General donations			28,665		30,779
Grants - General			32,315		11,814
Grants – Reserved	Note 1		55,160		43,256
Supermarket rebates			7,143		3,577
Value of food donated	Note 2		112,161		86,205
Stock revaluation	Note 3		13,304		-
			<b>248,748</b>		<b>175,631</b>
<b>Payments</b>					
Trussell Trust/Others		576		576	
Transport		-		837	
Storage costs including repairs and rent		14,762		12,555	
Overheads incl. Salaries		46,711		37,918	
Grants – Reserved	Note 1	48,558		24,408	
Food purchased		11,029		3,189	
Value of food distributed		123,204		89,878	
			244,840		169,361
<b>NET RECEIPTS</b>			<b>3,908</b>		<b>6,270</b>

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2023**

	<b>2023</b>		<b>2022</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	39,812		37,552	
Reserved funds	28,783		18,848	
Cash at bank and in hand	48,756		57,044	
	113,443		113,443	
		<b>117,351</b>		<b>113,443</b>
<b>NET ASSETS</b>		<b>117,351</b>		<b>113,443</b>
 <b>FUNDS</b>				
Opening balance		113,443		107,173
Net Receipts for the year		3,908		6,270
<b>TOTAL FUNDS</b>		<b>117,351</b>		<b>113,443</b>

Approved by the trustees on      October 2024 and signed on their behalf by:

\_\_\_\_\_

\_\_\_\_\_

**EASTERN VALLEY FOODBANK  
NOTES TO THE ACCOUNTS  
AS AT 31 DECEMBER 2023**

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**Note 1**

**Grants – Reserved**

	<b>Inc £</b>	<b>Exp £</b>
Financial help for Foodbank users via CAP and Citizens Advice	43,822	31,013
Counselling and Life Skills help for Foodbank users	6,438	6,880
Transport Costs	-	8,760
Community Garden	500	1,025
Warm Hub (Winter 2023/24)	4,400	880
	<b>55,160</b>	<b>48,558</b>

**Note 2**

Food donated and purchased, valued at £2.37 per kg in accordance with Trussell Trust recommendation.

**Note 3**

Revaluation of opening stock to £2.37 per kg from £1.75 per kg in 2022.

**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2023**

---

I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2023.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the applicable directions given by the Charity Commission (under section 145(5)(b) of the Act, and;
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with Section 130 of the Charities Act;
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	<b>2023</b>		<b>2022</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>				
General donations		28,665		30,779
Grants - General		32,315		11,814
Grants – Reserved	Note 1	55,160		43,256
Supermarket rebates		7,143		3,577
Value of food donated	Note 2	112,161		86,205
Stock revaluation	Note 3	13,304		-
		<u>248,748</u>		<u>175,631</u>
<b>Payments</b>				
Trussell Trust/Others		576		576
Transport		-		837
Storage costs including repairs and rent		14,762		12,555
Overheads incl. Salaries		46,711		37,918
Grants – Reserved	Note 1	48,558		24,408
Food purchased		11,029		3,189
Value of food distributed		123,204		89,878
		<u>244,840</u>		<u>169,361</u>
<b>NET RECEIPTS</b>		<u><u>3,908</u></u>		<u><u>6,270</u></u>

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2023**

	<b>2023</b>		<b>2022</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	39,812		37,552	
Reserved funds	28,783		18,848	
Cash at bank and in hand	48,756		57,044	
	113,443		113,443	
		<b>117,351</b>		<b>113,443</b>
<b>NET ASSETS</b>		<b>117,351</b>		<b>113,443</b>
 <b>FUNDS</b>				
Opening balance		113,443		107,173
Net Receipts for the year		3,908		6,270
<b>TOTAL FUNDS</b>		<b>117,351</b>		<b>113,443</b>

Approved by the trustees on      October 2024 and signed on their behalf by:

\_\_\_\_\_

\_\_\_\_\_

**EASTERN VALLEY FOODBANK  
NOTES TO THE ACCOUNTS  
AS AT 31 DECEMBER 2023**

---

**Note 1**

**Grants – Reserved**

	<b>Inc £</b>	<b>Exp £</b>
Financial help for Foodbank users via CAP and Citizens Advice	43,822	31,013
Counselling and Life Skills help for Foodbank users	6,438	6,880
Transport Costs	-	8,760
Community Garden	500	1,025
Warm Hub (Winter 2023/24)	4,400	880
	<b>55,160</b>	<b>48,558</b>

**Note 2**

Food donated and purchased, valued at £2.37 per kg in accordance with Trussell Trust recommendation.

**Note 3**

Revaluation of opening stock to £2.37 per kg from £1.75 per kg in 2022.

**EASTERN VALLEY FOODBANK**

England & Wales - Charity number 1170433

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# Accounts

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**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2022**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2022**

---

I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2022.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the applicable directions given by the Charity Commission (under section 145(5)(b) of the Act, and;
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

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**Independent examiner's statement**

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- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>Receipts</b>				
General donations		30,779		26,416
Grants		11,814		20,567
Supermarket rebates		3,577		5,236
Grants		43,256		-
Food donated		86,205		94,176
		<b>175,631</b>		<b>146,395</b>
<b>Payments</b>				
Trussell Trust	360		330	
Transport	837		-	
Just Giving	216		198	
Storage costs	10,515		1,062	
Rent	2,040		7,800	
Overheads	37,918		32,946	
Grants paid out	24,408		4,000	
Food purchased	3,189		1,759	
Value of food distributed	89,878		96,477	
		169,361		144,572
<b>NET RECEIPTS</b>		<b>6,270</b>		<b>1,823</b>

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	37,552		41,223	
Reserved funds	18,848		-	
Cash at bank and in hand	57,043		65,950	
	113,443		107,173	
		<b>113,443</b>		<b>107,173</b>
<b>NET ASSETS</b>		<b>113,443</b>		<b>107,173</b>
<b>FUNDS</b>				
Balance at 1 January 2022		107,173		105,350
Net Receipts for the year		6,270		1,823
<b>TOTAL FUNDS</b>		<b>113,443</b>		<b>107,173</b>

Approved by the trustees on 11 October 2023 and signed on their behalf by:

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**EASTERN VALLEY FOODBANK**

England & Wales - Charity number 1170433

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# Accounts

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**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2021**

---

I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2021.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

The Charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed. It is my responsibility to:

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>Receipts</b>				
General donations		26,416		36,176
Grants		20,567		8,907
Supermarket rebates		5,236		4,480
Special COVID grants		-		17,464
Food donated		94,176		135,319
		<b>146,395</b>		<b>202,346</b>
<b>Payments</b>				
Trussell Trust	330		540	
Premises upkeep	-		646	
Just Giving	198		-	
Storage costs	1,062		-	
Rent	7,800		7,800	
Overheads	32,946		10,183	
Special COVID costs	4,000		5,374	
Food purchased	1,759		781	
Value of food distributed	96,477		107,688	
		144,572		133,012
<b>NET RECEIPTS</b>		<b>1,823</b>		<b>69,334</b>

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Stock	41,223		43,524	
Cash at bank and in hand	65,886		61,762	
	107,109		105,286	
		<b>107,109</b>		<b>105,286</b>
<b>NET ASSETS</b>		<b>107,109</b>		<b>105,286</b>
 <b>FUNDS</b>				
Balance at 1 January 2021		105,286		35,952
Net Receipts for the year		1,823		69,334
<b>TOTAL FUNDS</b>		<b>107,109</b>		<b>105,286</b>

Approved by the trustees on 29 September 2022 and signed on their behalf by:

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\_\_\_\_\_

**EASTERN VALLEY FOODBANK**

England & Wales - Charity number 1170433

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# Accounts

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**EASTERN VALLEY FOODBANK  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2020**

**CHARITY NUMBER: 1170433**

**EASTERN VALLEY FOODBANK  
INDEPENDENT EXAMINERS REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2020**

---

I report to the trustees on my examination of the accounts of Eastern Valley Foodbank for the year ended 31 December 2020.

**Respective responsibilities of trustees and examiner**

The Charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

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Signed

**Gavin Watkins FCCA  
David House  
Mill Road  
Pontnewynydd  
Pontypool  
NP4 6NG**

**EASTERN VALLEY FOODBANK  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2020**

	<b>2020</b>		<b>2019</b>	
	£	£	£	£
<b>Receipts</b>				
General donations		36,176		10,251
Grant TCBC		8,907		12,000
Supermarket rebates		4,480		3,780
Special COVID grants		17,464		-
Food donated		135,319		100,191
		<b>202,346</b>		<b>126,222</b>
<b>Payments</b>				
Trussell Trust	540		360	
Premises upkeep	646		-	
Rent	7,800		7,800	
Overheads	10,183		9,101	
Special COVID costs	5,374		-	
Food purchased	781		7,400	
Value of food distributed	107,688		97,401	
		133,012		122,062
<b>NET RECEIPTS</b>		<b>69,334</b>		<b>4,160</b>

**EASTERN VALLEY FOODBANK  
BALANCE SHEET  
AS AT 31 DECEMBER 2020**

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	<b>2020</b>		<b>2019</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>				
Stock	43,524		15,894	
Cash at bank and in hand	61,762		20,058	
	<u>105,286</u>		<u>35,952</u>	
		<b>105,286</b>		<b>35,952</b>
<b>NET ASSETS</b>		<b>105,286</b>		<b>35,952</b>
		<u><u>105,286</u></u>		<u><u>35,952</u></u>
<b>FUNDS</b>				
Balance at 1 January 2020		35,952		31,792
Net Receipts for the year		69,334		4,160
<b>TOTAL FUNDS</b>		<b>105,286</b>		<b>35,952</b>
		<u><u>105,286</u></u>		<u><u>35,952</u></u>

Approved by the trustees on 28 October 2021 and signed on their behalf by:

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