

Charity number: 1170412

Samaritans Milton Keynes

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

Prepared By:

Martin Nye Limited
Chartered Certified Accountants
186 High Street
Winslow
Buckinghamshire
MK18 3DQ

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

TRUSTEES

Dawn Bisset

Nikki Dennison

Neal Andrew Taylor (resigned 06/12/2023)

Robert Arthur Webb (resigned 06/12/2023)

Sophie Lovejoy

Michael Kelly (resigned 31/12/2023)

Adrian Blair

Nikki Gregory

REGISTERED OFFICE

161 Fishermead Boulevard

Fishermead

MK6 2AB

CHARITY NUMBER

1170412

ACCOUNTANTS

Martin Nye Limited

Chartered Certified Accountants

186 High Street

Winslow

Buckinghamshire

MK18 3DQ

**ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

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FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT



FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

The trustees present their report and accounts for the year ended 31 March 2024

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was the operation of a charity shop and the provision of emotional support via telephone, e-mail and face to face contact.

STRUCTURE GOVERNANCE AND MANAGEMENT

The Trustees present their combined trustees report and directors report on the unaudited financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective from 1 January 2019).

Branch of Samaritans Milton Keynes

Trustees Report 1 April 2023 to 31 March 2024

Samaritans Milton Keynes became an independent charity affiliated to Samaritans on 1 April 2017.

The Branch Leadership team which consists of the Director, Trustees, and Deputy Directors are responsible for the leadership and management of the branch and its financial affairs.

Branch Director /Chair Trustees Nikki Dennison

Branch Treasurer/ Trustee Adrian Blair

Branch Secretary/Trustee Dawn Bisset

Trustee Sophie Lovejoy

Trustee Nikki Gregory

Deputy Director (Email) Lesley Phillips

Deputy Director (Outreach) Clair Roberts

Deputy Director (Prisons) Lynne Badr & Lavinnia Hoad

Deputy Director (Recruitment) Samantha Edmunson

Deputy Director (Shift Support) Harvey Rainbow

Deputy Director (Training) Nicole McDermott

Deputy Director (Volunteer Care) Sheila Wright

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Objectives of Samaritans Milton Keynes

The objects of the Charity are:

1. To enable persons in Milton Keynes and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night to improve their emotional health and to reduce the incidence of suicide.
2. To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
3. To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these Objects.



FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Branch Director & Chair of Trustee Report 1st April 2023 to 31st March

2024 Nikki Dennison & Mike Kelly

This reporting year saw the branch continue to grow and thrive both in terms of increasing numbers but also in the growth of the range of activities we undertook.

None of this growth and development came about by chance but had to be arranged and led by our dedicated teams of volunteers.

I should like to thank the following teams for their work and commitment in the following areas.

Recruitment and Selection. Thanks to Samantha Edmunson and Paul Standbrook and their team of dedicated interviewers. All this supported on the admin front by Dawn Bisset.

Training. Thanks to Dan Satterthwaite and his team of trainers who have led on Core training for countless volunteers. In addition, thank you to other Samaritans who have turned up mid evenings to do the dreaded Skills Practice!!

Mentoring. This is a crucial part of the training process and thanks to Emma Gray and her group of Mentors we have been able to share our expertise with our new Samaritans.

Embedding. Thanks to Claire Matthews who continued to support new volunteers through their Embedding phase as they progressed towards achieving their numbers.

Under the leadership of Nikki Dennison we began the September Side by Side initiative designed to encourage Peer Mentoring in the branch.

We also saw the adoption of a new Health and Safety Policy under Dawn's leadership.

Thank you also to the Shift Support Team who have supported volunteers to enable shifts to run.

The Branch Leadership Team have, as ever, been meeting and working in the background to ensure that all aspects of the branch have been kept functioning.

In addition, the Trustees have ensured that all is well in terms of our legal and health and safety responsibilities.

During this reporting year we said goodbye to Robert Webb from the Board of Trustees who for the past six years has been our Treasurer and much more besides. We were able to recognise his contribution to the branch at our last AGM. We also said goodbye and thank you to Neal Taylor who had served for several years as a Trustee.

It was good to welcome Adrian Blair to the substantive role as Treasurer and I want to record my thanks to him for his solid work in keeping our finances in shape.

During this year I was pleased to be able to appoint Clair Roberts as a Deputy Director for External Relations. Already Clair has been able, along with other volunteers to support the Fishermead 70 celebrations, The Baton of Hope, World Suicide Day and some postvention activities. Thanks also to Amy Hughes who has maintained our online presence by creating engaging & interactive posts on X/Twitter.

To further support our great Prison Team, led by Lynne Badr, I was pleased to be able to chair a meeting with all our team and the Woodhill Prison Governor. This was to discuss ongoing operational difficulties we were experiencing at Woodhill.

In terms of the building at Fishermead we have been able to upgrade the Ops. Room lighting and associated fire safety lights, install new external signage (thanks to Neal) agree a new carpet for the training room and a defibrillator thanks to a couple of external donations.

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

The Westcroft Charity Shop is a financial lifeline for us, and I was pleased to be able to appoint Rees Mann to be a Director on the Westcroft Board to join Jason Davies. I want to thank Rees especially for the significant amount of work he has undertaken since his appointment.

In September 2023 I announced my decision to step down as Director as from the 31st of December 2023. This was due to promised upcoming surgery. This triggered a New Director Selection Process which resulted in the appointment of Paul Standbrook as my successor.

At the request of the Regional Director, I was happy to take up the role of Interim Director when Paul decided he could not continue.

In closing I know that there are many volunteers who do so much for our branch. Please forgive me if I have not mentioned everybody. It is not intentional.

It has been a real pleasure and privilege to serve you as Director and I know that under our new Director the branch will continue to grow and flourish.

"Ordinary people doing extraordinary things". (Chad Varah)

Thank you for everything that you do. Mike Kelly



Trustees Report for Branch Secretary & Health &

Safety 1st April 2023 to 31st March 2024

Dawn Bisset

In the reporting year of 2023-2024 a new Health & Safety Policy was written & implemented for the branch including online Fire Safety training which is now a requirement for all new branch members who join. This forms part of Samaritans Central Office Health & Safety requirements.

Quotes have been gathered during the reporting year and changes made including carpeting the Training Room, emergency lighting upgrades, & Ops Room lighting upgrades. Quotes have been gathered for new CCTV, a doorbell intercom system & fire doors which are part of planned future refurbishments for the branch & will be required for any potential refurbishment & reopening of the visitor suite in the future.

The annual Branch Volunteer statistical report has been completed and returned. The Annual Branch Health & Safety, Governance & Compliance and Finance checklists were also completed and returned to Samaritans Central Office at the end of November 2023.

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Monthly Health & Safety checks were carried out routinely throughout the reporting year & recorded on displayed records in branch to ensure safety for all branch members. Certificates for all statutory Health & Safety services such as Fire Alarms, Emergency Lighting & Insurance etc were displayed in the Ops Room & also on 3 Rings.

The Branch Secretary continued to assist in administrative preparation for the Recruitment, Training, Mentoring & Branch Leadership teams.



Deputy Director Report for

Outreach 1st April 2023 to 31st March 2024

Clair Roberts

Following the pandemic, March 2023 saw the return of the Outreach to our branch. I was delighted to have been able to take our work into the community and share more about our organisation and the work we all do with the people of Milton Keynes.

The outreach team embarked on a number of projects and were able to be present at several local events and even host some of our own.

We were able to be a part of the Fishermead 50 celebrations in July of 2023 and this was the first time that our branch had a presence in the local community! Despite us being based in the area for many years, making history!

The Baton of Hope, which is a UK wide suicide initiative came through Milton Keynes in July 2023. Samaritans MK hosted the first event and started the day at the MK Rose in Campbell Park, I was joined by several speakers and our very own Lesley started the baton off on its way across the city. We were then joined by Bedford Samaritans at the Mk Dons stadium where we exhibited at the national suicide conference.

We also embarked on a mission to reach the young people of Milton Keynes and attended the Big Park Hang Out working alongside the Parks Trust. We made bracelets with the youngsters and discussed the work we do during the activity, such a rewarding way to reach the youth of today.

When it comes to our own events, we were able to hold a social in our branch and a big thank you event that accompanied our first external AGM and thank you celebration in December of 2023.



FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Deputy Director Report for Prisons

1st April 2023 to 31st March 2024

Lynne Badr & Lavinia Hoad

HMP Woodhill is a category B, high security prison in Milton Keynes.

It has been another very challenging year for HMP Woodhill. After an unannounced inspection by the Inspectorate of Prisons in late August 2023 HMP Woodhill was, urgently, put under special measures. Serious concerns were brought up about safety and staffing shortages. The level of violence and self-harm was amongst the highest in the country. As part of the special measures the prison population was reduced to approximately half with some wings closed altogether. The prison population dropped to 300 from nearly 800.

As we had run a successful Listener training course in July 2023 we had a good number of Listeners, although by the end of 2023 a number of these men had been transferred out to other establishments. Throughout this difficult time members of the Samaritans' prison team have continued to go in to support the Listeners every two weeks, in addition to attending monthly Safer Custody meetings.

HMP Springhill is a category D Open Prison in Grendon Underwood

This is a category D prison which holds between 300 and 330 men who are nearing the end of their sentence, a fairly large number go out to work daily and some also have home visits to prepare them for release. The Listener Team fluctuates from between four and seven Listeners.

Over the period 2023 - 2024 two Prison team Samaritans have regularly attended evening Listener debriefs once a month. Because a number of Listeners have been out working not all of them have managed to attend regularly but those on site during the day have built up a trusting relationship with some of the other prisoners. In addition, a member of Samaritan's prison team has attended monthly Safer Custody Meetings.

In contrast to HMP Woodhill, HMP Springhill is on the whole a much calmer and safer environment.



FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Deputy Director Report for Shift Support & Ongoing

Mentoring 1st April 2023 to 31st March 2024

Harvey Rainbow & Nikki Dennison

In the beginning half of the year we had a number of shifts at risk as shift support cover was not in place far enough ahead. Following a review of current shift support and a 'check in' to clarify if all current shift support were still happy to undertake the role, it was decided the current headcount should be sufficient to cover all shifts.

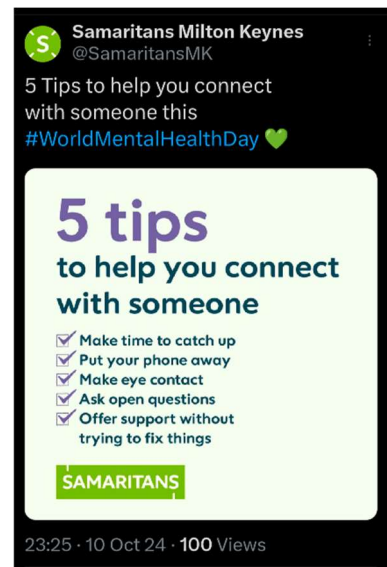
We explored, with Birmingham branch, the possibility of sharing shift support between the two branches – logistically this presented some challenges however ultimately, following feedback gathered from a number of listening volunteers and shift support randomly sampled, we decided not to go forward with this as a possible solution. This decision was driven by feedback that some volunteers might feel uncomfortable offloading to another branch, some expressed concerns about seeking advice where some branches operate in slightly different ways and that our current shift support are able to pick up common themes and providing valuable feedback to the branch which might be lost if another branch were involved.

Following a Shift Support meeting, it was agreed shift support would aim to always be a week ahead on the rota to prevent chases and ensure listening volunteers could see that shifts would run.

A significant change was introduced in August 2023 for overnight offloading – given the importance of offloads and that the new rota had more shifts ending “overnight” there was a concern about the number of volunteers who never offload in person as well as the number who forget/have to be chased to message the following day to offload. It was agreed to begin offloading at the end of every shift, regardless of finish time to give the same support on all shifts.

The shift support team also provided invaluable feedback/input into the brief for ongoing mentoring.

We re-launched ongoing mentoring in September with 'September Side by Side' this was to include all listening volunteers (with the exception of those who only do email or those currently being mentored). While not all volunteers took part on that occasion, the vast majority did, with a number deferring and completing their side by side shifts in October due to holidays. The aim of Side by Side was to fulfil the requirement to complete some form of ongoing mentoring annually while maintaining the branches ethos that no one set of volunteers are superior to any others and that this should be an opportunity to celebrate good practice.



FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Deputy Director Report for Recruitment

1st April 2023 to 31st March 2024

Samantha Edmunson & Paul Standbrook

We have continued to offer Information Days during the year, which still seem to be working really well. This gives us a chance to provide an overview of our branch and our work along with an opportunity to observe the attitudes and reactions of the Potential Volunteers in a group setting. We explore a range of issues, including the right to self- determination.

The information sessions were attended by more than 50 potential volunteers, which resulted in 35 successful interviews, with 23 people going on to complete the training.

Huge thanks to the dedicated team of volunteers who willingly give up their time to make this happen!

Deputy Director Report for Training

1st April 2023 to 31st March 2024

Nicole McDermott & Dan Satterthwaite

During the reporting period, there were 11 new trainees enrolled in April/May 2023 and 18 in October/November 2023. All of those were face-to-face, as the Covid years were thankfully over! A large proportion of those trainees remain as active volunteers in the branch now, which is great to see.

At that time, Dan leads the training team with Anne Eaglesfield, Colleen Callais and more recently Aster Mason, so a big thanks to them, as well as the many Sams who came and helped with skills practice sessions.

Some mandatory online training courses were completed by all the branch including email and safeguarding.

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

Deputy Director Report for Volunteer

Care 1st April 2023 to 31st March 2024

Sheila Wright & Nikki Gregory

Volunteer Care Lead entails keeping contact and supporting volunteers on an ongoing basis, especially those that are resting. I monitor the hours on a regular basis and try to engage with those volunteers who are struggling to maintain their hours in branch for whatever reason. This I would say has been the biggest challenge since becoming DD for volunteer care. Within the bounds of confidentiality, I keep the Director informed of any difficulties I feel our volunteers may have, in the hope that we are able to offer the best possible support. There is also close links with the training team to try and establish and maintain a relationship with the volunteers as they start their Samaritans journey at Fishermead.



PUBLIC BENEFIT

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

FINANCIAL REVIEW

The Trustees have prepared the accounts in accordance with the Statement of Recommended Practice (SORP) for Charities, which supplements the traditional income and expenditure account with a Statement of Financial Activities (SOFA) which records resources received and spent.

Net incoming resources from all funds were £5,882 (2023 - £10,030). A detailed review of the financial position is shown in the Statement of Financial Activities.

RESERVES POLICY

The Trustees' review the amount of reserves that are required to ensure that they are adequate to fulfil the charity's continuing obligations on a quarterly basis at their Management meeting.

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees propose to maintain the charity's reserves at a level, which is equivalent to twenty four months operational expenditure, having regard to its manner of operation of likely funding streams.

GOING CONCERN

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

RISK MANAGEMENT

The Trustees carry out an annual review of both the financial and operational risks that the charity may face.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Samaritans Milton Keynes is a registered charity, number 1170412, and is constituted under a Trust deed, the charity was established on 25 November 2016. The Registered Office of the charity is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

METHODS OF APPOINTMENT OR ELECTION OF TRUSTEES

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board of Trustees on 3 December 2024

Nikki Dennison
Trustee



INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAMARITANS MILTON KEYNES

I report on the accounts of the company for the year ended 31 March 2024.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINERS STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

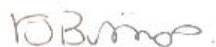
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and

to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mrs. V. J. Bishop BA(Hons) FCCA

Date: 3 December 2024



Martin Nye Limited
Chartered Certified Accountants
186 High Street
Winslow
Buckinghamshire
MK18 3DQ
01296 715000

Samaritans Milton Keynes

**Statement of Financial Activities
for the year ended 31 March 2024**

	Unrestricted funds	Restricted funds	2024 Total	2023 Total
	£	£	£	£
Income				
Income from generated funds				
Income from charitable activities	56,149	-	56,149	52,032
Total Income and endowments	<u>56,149</u>	<u>-</u>	<u>56,149</u>	<u>52,032</u>
Expenses				
Costs of generating funds				
Expenditure on Raised funds	114	-	114	141
Expenditure on Charitable activities	50,153	-	50,153	41,861
Total Expenses	<u>50,267</u>	<u>-</u>	<u>50,267</u>	<u>42,002</u>
Net gains on investments				
Net Income	5,882	-	5,882	10,030
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	<u>5,882</u>	<u>-</u>	<u>5,882</u>	<u>10,030</u>
Total funds brought forward	93,226	-	93,226	83,196
Net funds carried forward	<u>99,108</u>	<u>-</u>	<u>99,108</u>	<u>93,226</u>

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

Samaritans Milton Keynes

BALANCE SHEET AT 31 MARCH 2024

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	2	9,117	1,839
Investments	3	3	3
		<u>9,120</u>	<u>1,842</u>
CURRENT ASSETS			
Debtors (amounts falling due within one year)	4	14,601	4,797
Cash at bank and in hand		<u>85,913</u>	<u>95,754</u>
		100,514	100,551
CREDITORS: Amounts falling due within one year	5	<u>10,526</u>	<u>9,167</u>
NET CURRENT ASSETS		89,988	91,384
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>99,108</u>	<u>93,226</u>
CAPITAL AND RESERVES			
Unrestricted funds	7		
General fund		<u>99,108</u>	<u>93,226</u>
		<u>99,108</u>	<u>93,226</u>

**Approved by the board of trustees on 3 December 2024 and
signed on their behalf by**

.....
Nikki Dennison
Trustee



**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure involved following the Charities SORP (FRS102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Samaritans Milton Keynes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Donated goods are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale. Where it is not practical to measure the value of the resource with sufficient reliability, the income is included in the financial period when the resource is sold.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charity and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Going Concern

These financial statements have been prepared on the going concern basis.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1g. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	straight line 10 and 20%
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1h. Turnover

Turnover represents the invoiced value of goods and services supplied by the charity.

1i. Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

1j. Cash At Bank And In Hand

Cash at bank and in hand are basic financial assets and include cash in hand, deposits held at call with banks and other short-term liquid investments with original maturities of three months or less.

1k. Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as Basic Financial Instruments. Financial instruments are recognised in the charity's Balance Sheet when the company becomes party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at transaction value and subsequently measured at settlement value

11. Judgements And Key Sources Of Estimation Uncertainty

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both the current and future periods.

1m. Company Information

Samaritans Milton Keynes is an independent charity limited by guarantee, incorporated in England and Wales.

The registered office is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

The presentation currency is £ Sterling rounded to the nearest £1.

2. TANGIBLE FIXED ASSETS

	Long Leasehold Properties £	Plant and Machinery £	Total £
Cost			
At 1 April 2023	11,538	2,906	14,444
Additions	<u>-</u>	<u>9,346</u>	<u>9,346</u>
At 31 March 2024	<u>11,538</u>	<u>12,252</u>	<u>23,790</u>
Depreciation			
At 1 April 2023	11,538	1,067	12,605
For the year	<u>-</u>	<u>2,068</u>	<u>2,068</u>
At 31 March 2024	<u>11,538</u>	<u>3,135</u>	<u>14,673</u>
Net Book Amounts			
At 31 March 2024	<u>-</u>	<u>9,117</u>	<u>9,117</u>
At 31 March 2023	<u>-</u>	<u>1,839</u>	<u>1,839</u>

3. FINANCIAL ASSETS

	Shares in group companies and participating interests £	Total £
Cost		
At 1 April 2023	3	3
At 31 March 2024	3	3
Amortisation		
Net Book Amounts		
At 31 March 2024	3	3
At 31 March 2023	3	3

The Investment is shown at cost and relates to a 50% shareholding of the company MK Community Shop (Westcroft) Limited, donations received during the year are shown as income received in the Statement of Financial Activities.

4. DEBTORS

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	1,290	4,280
Other debtors	13,311	517
	<u>14,601</u>	<u>4,797</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	3,996	1,662
Other creditors	6,530	7,505
	<u>10,526</u>	<u>9,167</u>

6. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £0, to the company should it be wound up. At 31 March 2024 there were 5 members.

7. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
General fund	93,226	56,149	(50,267)	-	99,108
	<u>93,226</u>	<u>56,149</u>	<u>(50,267)</u>	<u>-</u>	<u>99,108</u>

8. UNRESTRICTED FUNDS - PREVIOUS YEAR

Funds brought forward amounted to £83,196, income amounted to £52,032, expenditure amounted to £42,002.

Unrestricted fund balance as at 31st March 2023 amounted to £93,226.

9. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2023 - none).

16 Trustees and volunteers were reimbursed £3,669 (2023 - 18 Trustees £3,602) in respect of mileage, and out of pocket expenses including, branch expenses, travel, housekeeping and asset purchases. Reimbursed expenses are incurred in order for Trustees and volunteers to fulfil their duties and are not considered payment for goods and services or the remuneration of a Trustee, nor do they count as any kind of personal benefit.

10. TRUSTEES' REMUNERATION AND BENEFITS

The charity relies on volunteers and has no staff.

One trustee acted as an administration assistant for the charity in a self-employed capacity and received £3,748 during the year (2023 - £2,613).

11. PAYMENT TO EXAMINER

An accrual of £1,800 (£1,500 + VAT) is included in the accounts in respect of payment to examiner (2023 - £1,800).

Samaritans Milton Keynes

**Incoming Resources
for the year ended 31 March 2024**

	2024	2023
	£	£
Incoming resources		
Incoming resources from generated funds		
Donations		
Donations	3,896	2,344
Trading income	47,915	41,852
Fundraising	259	180
Grants	<u>4,079</u>	<u>7,656</u>
	56,149	52,032
	<u>56,149</u>	<u>52,032</u>
	<u>56,149</u>	<u>52,032</u>

Samaritans Milton Keynes

**Expenses
for the year ended 31 March 2024**

	2024	2023
	£	£
Expenses		
Costs of generating funds		
Costs Of Generating Voluntary Income		
Fundraising	114	141
	<u>114</u>	<u>141</u>
	<u>114</u>	<u>141</u>
Charitable Activities		
Publicity and advertising	249	-
Travel	943	1,080
Rent	6,900	7,400
Rates and insurance	1,520	1,579
Housekeeping	4,680	3,937
Utilities	8,341	5,458
HQ Contribution	3,203	4,676
Training	317	100
Repairs and maintenance	6,574	3,891
Accountancy fees	1,800	1,800
Legal costs	2,200	2,300
General branch expenses	3,762	3,098
Administration expenses	4,277	3,183
Stationery & office supplies	351	496
Telephone	2,677	2,363
Bank charges	291	285
Depreciation of plant and machinery	2,068	215
	<u>50,153</u>	<u>41,861</u>
	<u>50,267</u>	<u>42,002</u>

We're here to listen

Call free day or night on

116 123

Email

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SAMARITANS

Samaritans Milton Keynes is a Charitable Incorporated Organisation registered in England and Wales (1170412). Our registered office is located at 161 Fishermead Boulevard, Fishermead, Milton Keynes MK6 2AB.