

Charity number: 1170412

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**Samaritans Milton Keynes**

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**UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

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**Prepared By:**  
Martin Nye Limited  
Chartered Certified Accountants  
186 High Street  
Winslow  
Buckinghamshire  
MK18 3DQ

**FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES**

Ali Shemwell (resigned 14/08/2022)  
Dawn Bisset  
Neal Andrew Taylor  
Robert Arthur Webb  
Sophie Lovejoy  
Michael Kelly  
Adrian Blair (appointed 07/12/2022)

**REGISTERED OFFICE**

161 Fishermead Boulevard  
Fishermead  
MK6 2AB

**CHARITY NUMBER**

1170412

**ACCOUNTANTS**

Martin Nye Limited  
Chartered Certified Accountants  
186 High Street  
Winslow  
Buckinghamshire  
MK18 3DQ

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**Samaritans Milton Keynes**

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**ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**

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FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT



Annual Report 2022-23

**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

The trustees present their report and accounts for the year ended 31 March 2023

**PRINCIPAL ACTIVITIES**

The principal activity of the charity in the year under review was the operation of a charity shop and the provision of emotional support via telephone, e-mail and face to face contact.

**STRUCTURE GOVERNANCE AND MANAGEMENT**

The Trustees present their combined trustees report and directors report on the unaudited financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective from 1 January 2019).

**Branch of Samaritans Milton Keynes**

**Trustees Report 1 April 2022 to 31 March 2023**

Samaritans Milton Keynes became an independent charity affiliated to Samaritans on 1 April 2017.

The Branch Leadership team which consists of the Director, Trustees, and Deputy Directors are responsible for the leadership and management of the branch and its financial affairs.

Branch Director /Chair Trustees Michael Kelly

Branch Treasurer/Trustee Robert Webb

Shadow Treasurer/ Trustee Adrian Blair

Branch Secretary/Trustee Dawn Bisset

Trustee Sophie Lovejoy

Trustee Neal Taylor

Deputy Director (Volunteer Care) Nikki Gregory

Deputy Director (Prisons) Lynne Badr

Deputy Director (Training) Dan Satterthwaite

Deputy Director (Recruitment) Sophie Lovejoy



**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

**Objectives of Samaritans Milton Keynes**

**The objects of the Charity are:**

1. To enable persons in Milton Keynes and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night to improve their emotional health and to reduce the incidence of suicide.
2. To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
3. To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these Objects.



FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT

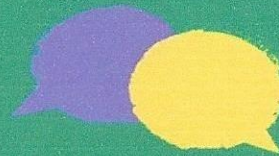
# SAMARITANS

## Our vision



Every life lost to suicide is a tragedy, and our vision is that fewer people die by suicide.

## Our mission



To be there for anyone who needs someone. To give people ways to cope and be there for others. And to campaign to make suicide prevention a priority.

## Our values



### Listening

Exploring feelings alleviates distress and helps people to reach a better understanding of their situation and the options open to them.

### Confidentiality

If people feel safe, they are more likely to be open about their feelings.

### Non-judgmental

We want people to be able to talk to us without fear of prejudice or rejection.

### People making their own decisions

We believe that people have the right to find their own solution and that telling people what to do takes responsibility away from them.

### Human contact

Giving people time, undivided attention and empathy meets a fundamental emotional need and reduces distress and despair.



FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT

Branch Director & Chair of Trustee Report 1st April 2022

– 31st March 2023

**Mike Kelly**

It has been another remarkably busy year in the Branch as we continued to grow and develop the service to our Callers.

It is pleasing to note that throughout this Reporting period we were able to confirm that our Key Areas for Development from our Branch Review in October 2021 were fully met.

The Branch has continued to experience healthy growth in terms of the number of Volunteers and has had successful Recruitment and selection events. It is encouraging that there is no shortage of people wanting to become Samaritans. We have a waiting list of applicants.

We have had several Core training cohorts pass through this year. I should like to thank the Training Team led by Dan and the Mentoring team led by Emma. Thanks also to the volunteers who have generously given their time to additional training within this area.

We have continued to increase the number of Shift Support colleagues who play a vital role in ensuring that all our volunteers are supported when they are on shift. My thanks to all our Shift Support colleagues and to Nikki D who coordinates this work.

We continued to work with our local prisons at HMP Woodhill and Grendon and Springhill. Prisons are under significant pressure, and this has reflected upon our ability to deliver a consistent training program to potential prison volunteers. Thank you for the dedication of our Prison Team under Lynne's leadership who have shown remarkable tenacity often against all the odds.

Our numbers of ESOS and ESOB trained volunteers has grown which has enabled us to support postvention work in local schools and railway stations.

The Branch has delivered several talks about Samaritans to local companies as part of their mental health programs and a Podcast with Sodexo on the theme of Men's Mental Health.

I attended the Council of Samaritans in Birmingham across the weekend of the 9th of September 2022 and numerous other Zoom events as part of the Director role.

We were honored to organise the World Suicide Day event held at Milton Keynes Rose on the 8th of September which was attended by the local Mayor and High Sheriff of Buckingham.

The Branch has received many thousand calls and e mails during this period. We have been designated a Transition Branch for E mails reflective of the large volume that we undertake and of the high quality we produce.

During this reporting period the branch has received:

**Incoming Calls. 10,111 Outbound Calls 55 E Mails 3,274**

In the light of Central Office guidance, we took the decision to discontinue Face-to-Face Callers. The Branch Leadership Team felt that this decision should be reviewed after a one year period in the light of potential increased capacity.

There has been significant ongoing organisational change to Samaritans this year which has been driven by Central Office progressing their new five strand strategy. We have done our best to keep up with this. I want to thank all Volunteers for their patience with this and their willingness to adapt as best they can. Some of this has been challenging as we implement change.



**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

I am pleased to report that we have begun to develop closer links with the local Fishermead Community and have visited all the leaders of the various groups on the estate. Our Volunteers have supported food donations to the local food bank.

During this year we were able to fit new blinds into the Ops. Room to improve the ambience for our volunteers.

We now have a smart new Perspex Volunteer photo board which was funded by donations in memory of the late Andrea Burton. This Board has been dedicated to Andrea's memory.

During this year we began to investigate new Ground Floor accommodation. However, everywhere we looked proved too expensive for us. Following a meeting with the Trustees and Milton Keynes City Council Chief Executive we were able to negotiate a renewed 12-year lease that falls within our financial capability. I am grateful to the Council for their ongoing support of Samaritans in Milton Keynes and also to my fellow Trustees that helped with this.

We have installed a Stairlift into the branch which will be of use to our volunteers and to potential recruits. I wish to place on record my thanks to Dawn, our Branch Secretary, for her unwavering help with this and to Milton Keynes City Council for their approval and financial help.

We held a successful and enjoyable branch social on the 21st May which was attended by the Mayor of Milton Keynes. At this event we were proud to celebrate the extraordinarily long service of both Josephine and Peter 61. It was good also to have Mat Shephard, our Regional Director with us for the celebrations.

We have continued to develop sound working relationships with all the other branches in the East Midlands Region. It is important that we share good practice and learn from each other, especially at times of great challenge.

The Trustees and I are incredibly grateful to Westcroft Community Shop for continuing to donate finances to us on a regular basis. As you know Westcroft is vital to our financial health.

I should like to thank Peter Male who has been a Samaritans Director at the shop for all his sterling work over the years. My thanks to Jason who is also a Samaritans Director on the Board.

I should also like to express my thanks to David McCullagh who has for many years functioned as the Chair of the Westcroft Board. These roles are invisible to most of us but essential to the Branch.

Thank you also to our volunteers who continue to be generous in their own donations to the charity shop. Jonathan unfailingly continues to collect and deliver our donations to the shop every month and I thank him for this.

I should like to thank our Trustees, and Deputy Directors who work so hard to keep the branch running. I am grateful for their dedication and commitment.

Thank you to all our Shift Support Leaders, Mentors, IT Support, Rota Coordinator, DBS Coordinator, and all of those who go over and above expectations to provide additional support to our branch. Thanks also go to Emma for leading and training all our mentors. Claire has provided embedding training sessions for new Sams and I thank you for this. Without this wide and varied support from so many of our volunteers we would not be able to answer one call or respond to a single E mail.

FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT

Moreover, I want to pay tribute to all our resolute volunteers who show up for their duties, finding time in their busy lives to support our Branch and our Callers.

A special thanks to all the families and loved ones of our volunteers who put up with so much.

**"Ordinary people doing extraordinary things." - Chad Varah, Founder of Samaritans**





**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

Deputy Director Report for Recruitment 1st April 2022 – 31st March 2023

**Sophie Lovejoy & Paul Standbrook**

During the course of this year we have carried out a thorough review of our recruitment process. The revised process which is now in place has been informed by our learning from the restrictions imposed by Covid as well as embracing the benefits (and challenges) of the new BMT. The new process incorporates information events hosted in branch along with face-to-face interviews.

Our target was to reach 100 volunteers in the branch and our recruitment over this year has worked towards this target. We are now focused on having quality training sessions twice per year with a larger number of trainees.

Deputy Director Report for Training 1st April 2022 – 31st March 2023

**Dan Satterthwaite**

Since the last AGM there have been two Core training courses delivered, in June and October 2022, with 13 and 18 people enrolled respectively. The January 2023 course was cancelled, as part of a move from 3 to 2 courses a year. These courses were both face-to-face. As of mid November just less than half of those people are still actively engaged with MK Samaritans.

As well as Core training there have been 'Embedding' sessions, for Probationers.

Finally, there have been several mandatory online training packages that all branch members have studied individually, on topics such as Data Security.

Deputy Director Report for Prisons 1st April 2022 – 31st March 2023

**Lynne Badr**

HMP Woodhill - It was another challenging year for Woodhill due primarily to a severe lack of staff with inexperienced poorly trained prison officers who did not seem to understand the role of Listeners.

We did, however, continue to run the Listener scheme and during the period April to December 2022 had a good number of excellent and enthusiastic Listeners who were quite active in their role despite the staffing issues. However, by January 2023 we lost several Listeners through transferring to other prisons or suspensions. With the continued staffing issues, we were unable to hold any training sessions and the Listeners we did have were not being used to their full potential. Both the Listeners and Prison team members became very demoralised and in March 2023 the situation was so serious that consideration was being given as to whether the scheme should be suspended. To find a way forward a meeting was held in the branch with Mike our branch director, Woodhill's No. 1 Governor, Woodhill's Safer Custody Governor and prison team members Sheena 410, Peter 536 and Lynne 637 to discuss these issues.

This was a difficult time for us all, but the prison team members believed that with the critical situation in the prison it was even more important that the scheme should continue. During this time, we continued to meet with the Listeners every two weeks and attended monthly Safer Custody meetings.



**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

Sadly, there were two self-inflicted deaths in July 2022. The staffing issues have contributed to a very unstable prison with increasing levels of violence and self-harm.

HMP Springhill is an open prison so most Listeners are out at work during the day which can make it difficult to arrange a convenient time for Listener support meetings. Due to a number of Covid outbreaks, prison team members were not allowed in and it was not until December 2022 that face to face meetings with the Listeners were able to recommence. Nevertheless, Lavinia 399 very successfully managed to keep in touch with the Listeners throughout this period with regular conference calls, arranged through Springhill's Safer Custody team. In December 2022 Nikki 685 joined the prison team and, with Lavinia, attended monthly meetings with the Listeners. Listener numbers during this period ranged from five to six. Lavinia also attended monthly Safer Custody meetings from December 2022.

Deputy Director Report for Volunteer Care 1st April 2022 – 31st March 2023

**Nikki Gregory**

Volunteer Care Lead entails keeping contact with volunteers on an ongoing basis, especially those that are resting. I monitor the hours on a regular basis and try to support those volunteers who are struggling to maintain their hours in branch for whatever reason. This has been particularly challenging during this past year, I am unsure of the reasons why, but our rota has suffered as a result. Within the bounds of confidentiality, I keep the Director informed of any difficulties I feel our volunteers may have, in the hope that we are able to offer the best possible support. There is also close links with the training team to try and establish and maintain a relationship with the volunteers as they start their Samaritans journey at Fishermead.

Deputy Director Report for Shift Support and ongoing Mentoring 1st April 2022 – 31st March 2023

**Nikki Denison**

In the beginning half of 2023, a number of shifts were at risk as shift support cover was not in place far enough ahead. Following a review of current shift support and a 'check in' to clarify if all current shift support were still happy to undertake the role, it was decided the current headcount should be sufficient to cover all shifts.

We explored, with Birmingham branch, the possibility of sharing shift support between the two branches – logistically this presented some challenges however ultimately, following feedback gathered from several listening volunteers and shift support randomly sampled, we decided not to go forward with this as a possible solution. This decision was driven by feedback that some volunteers might feel uncomfortable offloading to another branch, some expressed concerns about seeking advice where some branches operate in slightly different ways and that our current shift support are able to pick up common themes and providing valuable feedback to the branch which might be lost if another branch were involved.

Much work has been carried out through 2023 in reviewing and improving the rota with the aim of decreasing shift dropouts. A review of ongoing mentoring was also completed in this time and the new September Side-by-Side was launched in September 2023, these developments will be reported in the next AGM report.

FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT

Trustees Report for Secretariat 1<sup>st</sup> April 2022 – 31<sup>st</sup> March 2023

**Dawn Bisset**

During the reporting year of 1st April 2022 to 31st March 2023, Health & Safety has been a big focus for the branch secretary whilst continuing to provide administrative support to Deputy Directors. This year saw the installation of the new Ops Room blinds. Quotes were tendered for a stairlift, and the project of installation was overseen through to its first use. The stairlift investigations prompted a thorough health & safety and fire risk review supported by Bucks Fire Service. The outcomes of which led to a few changes including the sleeping accommodation being withdrawn from the branch as the current fire alarm system is not loud enough to be used to wake a sleeping person. The Fire Service review also highlighted the need for Fire safety Training for branch volunteers, which was completed during this year. It also raised several action points which are proposed for further investigation in 2024 including a fire door risk assessment. This will tie in with a review of health & safety requirements for the branch to be able to offer face-to-face services to callers in the future.

Ongoing health & safety checks were monitored and reviewed by the branch secretary each month including amongst others: first aid kits, carbon monoxide alarm, servicing of fire alarms and fire safety equipment, boiler, emergency lighting etc. The outcomes of these checks are fed back to SCO in the Annual Branch review which is completed at the end of November each year. These checks highlighted the need for upgraded first aid kits to accommodate larger gatherings of people in the branch. New larger first aid kits were provided during that AGM year. A policy review timetable was set up to ensure that all policies are reviewed and amended regularly as part of an ongoing cycle of review to help keep the branch practices in line with SCO expectations and statutory regulations.

Trustees Report for Strategy & Risk 1st April 2022 – 31st March 2023

**Neal Taylor**

'Samaritans vision that 'fewer people die by suicide' remains unchanged. The 5 main priorities of the new strategy are summarised below:

- **ACCESS:** Make sure anyone who needs us can access our support
- **REACH:** Reach more people to let them know we're here
- **IMPACT:** Make our voice heard at a national, regional and local level for maximum impact
- **CAPACITY:** Increase our capacity to become one team of valued, diverse, skilled people
- **SUSTAINABILITY:** Build meaningful relationships with our supporters to ensure our sustainability

The local Milton Keynes Branch has continued to support the new e-mail service model roll out, implemented new outreach activities, increased recruitment of volunteers and is building a more meaningful and impactful connection with the local community.



FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES' REPORT

However, like most organisations, the wider Samaritans organisation has had to respond to the cost-of-living crisis, rising organisational costs and a drop in income for 2022/23. As a result, savings targets have been identified aimed at reducing operational costs plus certain activities have been streamlined, delayed and in some case stopped.

The rest of the year is about supporting the evolution of how Samaritans operates plus communicating and delivering in year priorities, so that Samaritans continues to meet its vision that 'fewer people die by suicide'.

Branch Support Report 1st April 2022 – 31st March 2023

**Peter Male**

A statement from the Samaritans Director at Westcroft Community Shop, Milton Keynes Samaritans Milton Keynes wishes to acknowledge the indirect financial support it receives from Milton Keynes Community Foundation through the rent subsidies the Foundation grants to MK Community Shop (Westcroft) Ltd. from which company we receive donations annually.

**Amy Hughes**

The branch would like to thank Amy for maintaining our online presence via Twitter thus ensuring the Samaritans mission is kept in the public forum.





**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

**PUBLIC BENEFIT**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

**FINANCIAL REVIEW**

The Trustees have prepared the accounts in accordance with the Statement of Recommended Practice (SORP) for Charities, which supplements the traditional income and expenditure account with a Statement of Financial Activities (SOFA) which records resources received and spent.

Net incoming resources from all funds were £10,030 (2022 - £4,850). A detailed review of the financial position is shown in the Statement of Financial Activities.

**RESERVES POLICY**

The Trustees' review the amount of reserves that are required to ensure that they are adequate to fulfill the charity's continuing obligations on a quarterly basis at their Management meeting.

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

The Trustees propose to maintain the charity's reserves at a level, which is equivalent to twenty four months operational expenditure, having regard to its manner of operation of likely funding streams.

**GOING CONCERN**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

**RISK MANAGEMENT**

The Trustees carry out an annual review of both the financial and operational risks that the charity may face.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Samaritans Milton Keynes is a registered charity, number 1170412, and is constituted under a Trust deed, the charity was established on 25 November 2016. The Registered Office of the charity is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

**METHODS OF APPOINTMENT OR ELECTION OF TRUSTEES**

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

**STATEMENT OF TRUSTEES RESPONSIBILITIES**

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;

**FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT**

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for

safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**This report was approved by the Board of Trustees on 1<sup>st</sup> December 2023**

**Michael Kelly**  
Trustee

*Maire W. Kelly*

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**INDEPENDENT EXAMINER'S STATEMENT**

**FOR THE YEAR ENDED 31 MARCH 2023**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAMARITANS MILTON KEYNES**

I report on the accounts of the company for the year ended 31 March 2023 .

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

**BASIS OF INDEPENDENT EXAMINERS STATEMENT**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**INDEPENDENT EXAMINERS STATEMENT**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

**INDEPENDENT EXAMINER'S STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2023**

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*VJB*

.....  
Mrs. V. J. Bishop BA(Hons) FCCA  
Date: 1<sup>st</sup> December 2023

Martin Nye Limited  
Chartered Certified Accountants  
186 High Street  
Winslow  
Buckinghamshire  
MK18 3DQ  
01296 715000

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**Samaritans Milton Keynes**

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**Statement of Financial Activities  
for the year ended 31 March 2023**

	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
<b>Income</b>				
Income from generated funds	52,032	-	52,032	41,890
Income from charitable activities	<u>52,032</u>	<u>-</u>	<u>52,032</u>	<u>41,890</u>
<b>Total Income and endowments</b>				
<b>Expenses</b>				
Costs of generating funds	141	-	141	49
Expenditure on Raised funds	41,861	-	41,861	36,991
Expenditure on Charitable activities	<u>42,002</u>	<u>-</u>	<u>42,002</u>	<u>37,040</u>
<b>Total Expenses</b>				
<b>Net gains on investments</b>	10,030	-	10,030	4,850
<b>Net Income</b>				
<b>Gains/(losses) on revaluation of fixed assets Net movement in funds:</b>	<u>10,030</u>	<u>-</u>	<u>10,030</u>	<u>4,850</u>
<b>Net income for the year</b>	83,196	-	83,196	78,346
Total funds brought forward	<u>93,226</u>	<u>-</u>	<u>93,226</u>	<u>83,196</u>
<b>Net funds carried forward</b>				

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities



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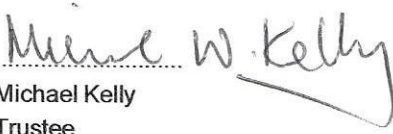
Samaritans Milton Keynes

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**BALANCE SHEET AT 31 MARCH 2023**

	Notes	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	2	1,839	916
Investments	3	3	3
		<u>1,842</u>	<u>919</u>
<b>CURRENT ASSETS</b>			
Debtors (amounts falling due within one year)	4	4,797	1,341
Cash at bank and in hand		<u>95,754</u>	<u>89,024</u>
		100,551	90,365
<b>CREDITORS: Amounts falling due within one year</b>	5	<u>9,167</u>	<u>8,088</u>
<b>NET CURRENT ASSETS</b>		<u>91,384</u>	<u>82,277</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>93,226</u>	<u>83,196</u>
<b>CAPITAL AND RESERVES</b>			
<b>Unrestricted funds</b>	7		
General fund		<u>93,226</u>	<u>83,196</u>
		<u>93,226</u>	<u>83,196</u>

Approved by the board of trustees on 1<sup>st</sup> December 2023 and signed on their behalf by

  
Michael Kelly  
Trustee

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**1. ACCOUNTING POLICIES**

**1a. Basis Of Accounting**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure involved following the Charities SORP (FRS102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Samaritans Milton Keynes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

**1b. Incoming Resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Donated goods are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale. Where it is not practical to measure the value of the resource with sufficient reliability, the income is included in the financial period when the resource is sold.

**1c. Resources Expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**1d. Allocation And Apportionment Of Costs**

All costs relate to the single activity of the charity and are recognised accordingly.

#### **1e. Fund Accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

#### **1f. Going Concern**

These financial statements have been prepared on the going concern basis.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### **1g. Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives. Plant and Machinery straight line 10%

#### **1h. Turnover**

Turnover represents the invoiced value of goods and services supplied by the charity.

#### **1i. Investments**

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

#### **1j. Cash At Bank And In Hand**

Cash at bank and in hand are basic financial assets and include cash in hand, deposits held at call with banks and other short-term liquid investments with original maturities of three months or less.

#### **1k. Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as Basic Financial Instruments. Financial instruments are recognised in the charity's Balance Sheet when the company becomes party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at transaction value and subsequently measured at settlement value



## 11. Judgements And Key Sources Of Estimation Uncertainty

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both the current and future periods.

### 1m. Company Information

Samaritans Milton Keynes is an independent charity limited by guarantee, incorporated in England and Wales.

The registered office is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

The presentation currency is £ Sterling rounded to the nearest £1.

## 2. TANGIBLE FIXED ASSETS

	Long Leasehold Properties £	Plant and Machinery £	Total £
<b>Cost</b>			
At 1 April 2022	11,538	1,768	13,306
Additions	-	1,138	1,138
At 31 March 2023	11,538	2,906	14,444
<b>Depreciation</b>			
At 1 April 2022	11,538	852	12,390
For the year	-	215	215
At 31 March 2023	11,538	1,067	12,605
<b>Net Book Amounts</b>			
At 31 March 2023	-	1,839	1,839
At 31 March 2022	-	916	916

### 3. FINANCIAL ASSETS

	Shares in group companies and participating interests £	Total £
<b>Cost</b>		
At 1 April 2022	3	3
At 31 March 2023	3	3
<b>Amortisation</b>		
<b>Net Book Amounts</b>		
At 31 March 2023	3	3
At 31 March 2022	3	3

The Investment is shown at cost and relates to a 50% share holding of the company MK Community Shop (Westcroft) Limited, donations received during the year are shown as income received in the Statement of Financial Activities.

### 4. DEBTORS

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	4,280	-
Other debtors	517	1,341
	<u>4,797</u>	<u>1,341</u>

### 5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	1,662	1,371
Other creditors	7,505	6,717
	<u>9,167</u>	<u>8,088</u>

## **6. LIMITED BY GUARANTEE**

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £0, to the company should it be wound up. At 31 March 2023 there were 6 members.

## **7. UNRESTRICTED FUNDS**

	<b>Brought forward</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Transfers</b>	<b>Carried forward</b>
	£	£	£	£	£
General fund	83,196	52,032	(42,002)	-	93,226
	<u>83,196</u>	<u>52,032</u>	<u>(42,002)</u>	<u>-</u>	<u>93,226</u>

## **8. UNRESTRICTED FUNDS - PREVIOUS YEAR**

Funds brought forward amounted to £78,346, income amounted to £41,890, expenditure amounted to £37,040. Unrestricted fund balance as at 31st March 2022 amounted to £83,196.

## **9. RELATED PARTY TRANSACTIONS**

There were no related party transactions during the year (2022 - none).

18 Trustees and volunteers were reimbursed £3,602 (2022 - 16 Trustees £4,100) in respect of mileage, and out of pocket expenses including, branch expenses, travel, housekeeping and asset purchases. Reimbursed expenses are incurred in order for Trustees and volunteers to fulfil their duties and are not considered payment for goods and services or the remuneration of a Trustee, nor do they count as any kind of personal benefit.

## **10. TRUSTEES' REMUNERATION AND BENEFITS**

The charity relies on volunteers and has no staff.

One trustee acted as an administration assistant for the charity in a self-employed capacity and received £2,613 during the year (2022 - £2,444).

## **11. PAYMENT TO EXAMINER**

An accrual of £1,800 (£1,500 + VAT) is included in the accounts in respect of payment to examiner (2022 - £1,800).



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**Samaritans Milton Keynes**

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**Incoming Resources  
for the year ended 31 March 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources</b>		
<b>Incoming resources from generated funds</b>		
<b>Donations</b>		
Donations	2,344	6,100
Trading income	41,852	35,175
Fundraising	180	56
Grants	<u>7,656</u>	<u>559</u>
	52,032	41,890
	<u>52,032</u>	<u>41,890</u>
	<u>52,032</u>	<u>41,890</u>

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**Samaritans Milton Keynes**

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**Expenses  
for the year ended 31 March 2023**

	2023	2022
	£	£
<b>Expenses</b>		
<b>Costs of generating funds</b>		
<b>Costs Of Generating Voluntary Income</b>		
Fundraising	141	49
	<u>141</u>	<u>49</u>
	<u>141</u>	<u>49</u>
<b>Charitable Activities</b>		
Travel	1,080	1,503
Rent	7,400	7,400
Rates and insurance	1,579	684
Housekeeping	3,937	4,136
Utilities	5,458	6,820
HQ Contribution	4,676	3,216
Training	100	110
Repairs and maintenance	3,891	3,372
Accountancy fees	1,800	1,970
Legal costs	2,300	-
General branch expenses	3,098	1,604
Administration expenses	3,183	2,747
Stationery & office supplies	496	518
Telephone	2,363	2,488
Bank charges	285	321
Depreciation of plant and machinery	215	102
	<u>41,861</u>	<u>36,991</u>
	<u>42,002</u>	<u>37,040</u>