

Charity number: 1170412

Samaritans Milton Keynes

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

Prepared By:
Martin Nye Limited
Chartered Certified Accountants
186 High Street
Winslow
Buckinghamshire
MK18 3DQ

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES

Ali Shemwell (resigned 14/08/2022)
Dawn Bisset
Neal Andrew Taylor
Robert Arthur Webb
Sophie Lovejoy (appointed 07/12/2021)
Michael Kelly (appointed 01/06/2021)
Carolyn Roberts (resigned 07/12/2021)
Nicola Pritchard (resigned 01/06/2021)

REGISTERED OFFICE

161 Fishermead Boulevard
Fishermead
MK6 2AB

CHARITY NUMBER

1170412

ACCOUNTANTS

Martin Nye Limited
Chartered Certified Accountants
186 High Street
Winslow
Buckinghamshire
MK18 3DQ

**ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

CONTENTS

	Page
Report of the Trustees	3
Independent Examiner's Statement	14
Statement of Financial Activities	16
Balance Sheet	17
Notes to the Accounts	18 to 22
Detailed Statement of Financial Activities	23

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT



The trustees present their report and accounts for the year ended 31 March 2022

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was the operation of a charity shop and the provision of emotional support via telephone, e-mail and face to face contact .

STRUCTURE GOVERNANCE AND MANAGEMENT

The Trustees present their combined trustees report and directors report on the unaudited financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and

Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective from 1 January 2019).

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Branch of Samaritans Milton Keynes

Trustees Report 1 April 2021 to 31 March 2022

Samaritans Milton Keynes became an independent charity affiliated to Samaritans on 1 April 2017.

The Branch Leadership team which consists of the Director, Trustees, and Deputy Directors are responsible for the leadership and management of the branch and its financial affairs.

Branch Director /Chair Trustees Michael Kelly

Branch Treasurer/Trustee Robert Webb

Branch Secretary/Trustee Dawn Bisset

Trustee Sophie Lovejoy

Trustee Neal Taylor

Trustee Ali Shemwell (Resigned)

Deputy Director (Volunteer Care) Nikki Gregory

Deputy Director (Prisons) Lynne Badr

Deputy Director (Training) Dan Satterthwaite

Deputy Director (Recruitment) Sophie Lovejoy

Deputy Director (Leader Support) Nicola Pritchard

Objectives of Samaritans Milton Keynes

The objects of the Charity are:

1. To enable persons in Milton Keynes and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night to improve their emotional health and to reduce the incidence of suicide.
2. To promote a better understanding in society of suicide, suicidal behaviour, and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and
3. To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these Objects.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

The Mission

Samaritans is available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide.

The Vision

Samaritans' vision is for a society in which:

- Fewer people die by suicide
- People can explore their feelings
- People can acknowledge and respect the feelings of others.

The Values

Samaritans' values are based on these beliefs:

- The importance of having the opportunity to explore difficult feelings
- That being listened to, in confidence, and accepted without prejudice, can alleviate despair and suicidal feelings
- That everyone has the right to make fundamental decisions about their own life, including the decision to die by suicide.

DIRECTOR'S REPORT for the period 1 April 2021 to 31 March 2022

This reporting year saw the appointment of Michael Kelly as Branch Director and Chair of Trustees on the 1st of June 2021. This is for a tenure of 36 months ending on the 31st of May 2024.

In October 2021, the branch underwent a Quality Inspection Review which always takes place within a few months of the appointment of a new Director. I am pleased to report that the branch received an exceptionally clean bill of health with areas for development already being identified by the Leadership Team.

I should like to place on record my thanks to my predecessor, Nicola 649 for her dedicated leadership of the branch during the prior three years, and for the detailed handover she extended to me.

The number of shift support leaders has been increased as has the number of trained mentors. This is in line with our development aims outlined in the Branch Review.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

We currently have eighty-six volunteers in the branch with projections to rise to one hundred in approximately January 2023. We have a healthy number of potential volunteers on our waiting list.

There has been a rota review with 51% of the branch responding. We will continue to review the rota into the future. It is never fixed in stone.

During the period 1 April 2021 to 31 March 2022, we have responded to 3501 emails and answered 9750 telephone calls.

Of these contacts 45.7% were male, 51.6% female. Other 4%, Unknown 2.3% and Trans 0.1%.

This is a magnificent achievement particularly significant as the branch navigated its way through the Covid pandemic.

During this year, the branch was able to relax some of the Covid regulations in the light of changing Government guidance and legislation. The branch continues to operate with caution in this area, operating some meetings still on Zoom as well as face to face meetings in the branch.

There has been significant organisational change to Samaritans this year which has been driven by Central Office progressing their new five strand strategy.

In June 2021 I hosted seven Zoom meetings outlining the new approach to Safeguarding.

Since that time, we have seen the development of the E mail and Caller Support Hub. In addition, Central Office have developed the Listening In programme across all branches. These initiatives represent a notable change in organisation and culture with which we are still grappling.

All volunteers have undertaken relevant mandatory online training in relation to these areas.

Our volunteers have responded magnificently to these challenges recognising that change is not easy for any of us.

All branch technology has been updated with the installation of Chrome boxes on each duty desk as well as the opening of the Annie Cowley Room for mentoring.

Desk headsets were replaced which has proved to be successful.

An external IT consultant has been appointed to support our development and maintenance of this area.

We were pleased to open the Annie Cowley room as another Duty Room dedicated to the training of Mentors.

The Trustees commissioned a Health and Safety inspection the results of which are continuing to be considered and implemented.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

During this year the branch Hallway, stairs, Ops. Room and training room were painted thus making the building a more pleasant place to work in.

A heritage board has been set up in the kitchen detailing the history of Samaritans in Milton Keynes over the past 40 years.

Central Office have placed restrictions on all branches in relation to Face 2 Face callers and Schools Outreach. It is expected that this will be lifted in the Spring of 2023.

Our online AGM in December was well attended where we were pleased to welcome our speaker Dave Brown from Samaritans Network Rail.

We have continued to develop sound working relationships with all the other branches in the East Midlands Region in addition to regular contact with the Director of Birmingham Branch. It is important that we share good practice and learn from each other, especially at times of great challenge.

We have good working relationships with all Samaritans Branches in the East Midlands Region.

I have attended numerous online seminars with officials at Central Office including a weekend long Council of Samaritans, an annual event focussed on strategy and leadership.

We were saddened to learn of the death of Andrea Burton who had served for many years in our Branch as a Listener, Secretary and Rota coordinator. We extend our deepest sympathies to Andrea's whole family.

The Trustees and I are incredibly grateful to Westcroft Community Shop for continuing to donate finances to us on a regular basis.

Thank you also to our volunteers who continue to be generous in their own donations to the charity shop.

I should like to thank our Trustees, and Deputy Directors who work so hard to keep the branch running. I am grateful for their dedication and commitment.

Thank you to all our Shift Support Leaders, Mentors, IT support, rota coordinator, 3R Champion and all of those who go over and above their expected 16 hours contribution per month to provide additional support to our branch. Without this we would not be able to answer one call or respond to a single E mail.

More importantly I want to pay tribute to all our dedicated volunteers who show up for their duties, finding time in their busy lives to support Samaritans.

We are all volunteers, and nobody needs to cross the threshold.

Thank you to all our ordinary people doing extraordinary things.

Mike 681 - Director / Chair of Trustees.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Branch Departmental Reports

Recruitment and Selection

Following the introduction of the central Branch Management Tool and the progression out of Covid lockdowns, we have continued cautiously with recruitment throughout 2021/22. We have conducted both face-to-face and online interviews, with a total of around 60 taking place in that year. It has taken some time for us to fully understand and implement the new BMT processes and we are currently looking at how we can learn from the interviews over the last year to implement new and improved processes moving forward.

Historically, we have been a relatively small branch, but volunteer numbers have increased nearly two-fold over the last 5 years. With a new Director being appointed, we recognised that we had rightfully previously focussed on the imminent issue of growing our branch volunteer numbers. Since achieving huge successes in growing our branch volunteer numbers beyond expectation, we now needed to renew our focus on the processes within recruitment and retention and ensure that we had the infrastructure to continue to retain higher numbers of volunteers (e.g., increasing trained mentors, shift support etc.).

In the next year, we aim to review the recruitment processes; learning from Covid and some of the benefits of the new BMT, whilst also trying to return to more of the face-to-face processes to ensure high quality interviews and the selection of exceptional new volunteers into the branch.

Sophie Lovejoy - Deputy Director / Trustee / Recruitment Lead

Training, Embedding and Mentoring

Since the last AGM there have been three Core training courses delivered, in January, May and October this year, with 12, 13 and 19 people enrolled respectively. These courses have been both online and face-to-face. As of mid-November 2022, approximately half those people are still actively engaged with MK Samaritans.

As well as Core training there have been 'Embedding' sessions, for Probationers, and ad hoc training on topics such as Shift Support and Mentoring.

Finally, there have been several mandatory online training packages that all branch members have studied individually, on topics such as Safeguarding and Email Best Practice. A big thank you to all volunteers who have helped in any way with the training in the branch.

Dan Satterthwaite - Deputy Director / Training Lead

Prisons

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

HMP Woodhill

It was another challenging year for Woodhill. We did, however, manage to continue with regular fortnightly debrief sessions with the Listeners until another lockdown put a halt to this in mid-December 2021.

During this period, we had between seven to nine active Listeners. In February 2022, Woodhill allowed two prison team members to go in and meet with the Listeners on their wings. The Listeners had been working very hard in their role and some were struggling themselves, so it was a very worthwhile visit.

In March 2022, we managed to commence a further Listener training course with eight trainees, which due to Woodhill being in semi-lockdown was an intensive, abbreviated training programme with all the men having to take a LFT before attending. I am pleased to say that training was a great success, and we added some excellent and enthusiastic Listeners to the team making a total of fifteen Listeners by end of March 2022.

Two prison team members attended a Postvention meeting at Woodhill in February with representatives from HMPPS Safety Team and a member of Central Office prison team. Woodhill was one of the pilot prisons looking at how staff and prisoners are supported after a suicide in prison. This project was funded by HMPPS. Several resources had been produced for both staff and prisoners as well as an additional module to the Listeners' training. We are pleased to report that there were no self-inflicted deaths during this period.

The Inspectorate of Prisons published a very critical report after their visit to Woodhill in November 2021. A large turnover of staff, staff shortages and several lockdowns contributed to a very unstable prison with increasing levels of violence and self-harm.

We have continued to have a good relationship with the Safer Custody team and the new Safer Custody Governor.

HMP Springhill

As an open prison, most of the Listeners at Springhill are out at work during the day which can make it difficult to arrange a convenient time to speak. Throughout this period, due to the number of covid cases, there were several lockdowns which meant that Lavinia was unable to conduct face-to-face meetings with the Listeners. Nevertheless, she very successfully, managed to keep in touch with the Listeners through regular conference calls, arranged through Springhill's Safer Custody team. Lavinia also attended several Safer Custody meetings, enabling her to keep in touch with the situation there. During this period, there were seven Listeners.

Lynne Badr - Deputy Director / Prisons Lead

Volunteer care

I took over the Volunteer care lead role in June 2021. This entails keeping contact with volunteers on an ongoing basis, especially those that are resting. I monitor the hours on a regular basis and try to support those volunteers who are struggling to maintain their hours in branch for whatever reason. Within the bounds of confidentiality, I keep the Director informed of any difficulties I feel our volunteers may have, in the hope that we are able to offer the best possible support. There is also close links with the training team to try and establish and maintain a relationship with the volunteers as they start their Samaritans journey at Fishermead.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Nikki Gregory - Deputy Director / Volunteer Care Lead

Strategy and Risk

A new five-year strategy for Samaritans, 'Tackling Suicide Together', was developed and formally signed off. The Samaritan vision that 'fewer people die by suicide' remains unchanged. The 5 main priorities of the new strategy are summarised below and have been based on conversations with volunteers (over 1000), caller advisory groups, staff and other key stakeholders.

- ACCESS: Make sure anyone who needs us can access our support
- REACH: Reach more people to let them know we're here
- IMPACT: Make our voice heard at a national, regional and local level for maximum impact
- CAPACITY: Increase our capacity to become one team of valued, diverse, skilled people
- SUSTAINABILITY: Build meaningful relationships with our supporters to ensure our sustainability

Overall, these priorities are aligned well with how we see the Milton Keynes branch developing over the next few years particularly the new e-mail service model roll out, new outreach activities, increased recruitment of volunteers (with more diversity) and a more meaningful and impactful connection with the local community.

The rest of the year looks set to be further evolution of how Samaritans operates and continues to meet its vision that 'fewer people die by suicide'.

Neal Taylor - Trustee / Strategy and Risk Lead

Secretariat

The year from 1st April 2021 – 31st March 2022 was another busy administrative year behind the scenes! Quotes were tendered for branch redecorating and new blinds. Advice from the Branch Review prompted a re-organisation of documents in 3Rings Filestore. An external security lighting review was undertaken in response to volunteers concerns and problems remedied. Servicing and maintenance checks, which help the branch adhere to statutory requirements are part of an ongoing rolling programme. These checks have continued through this AGM year. This includes fire-fighting equipment servicing, fire alarm servicing, emergency lighting, water cooler sanitisation, boiler servicing, carbon monoxide alarms, first aid kits, Data Protection checks etc, amongst others. New administrative procedures for potential volunteer applications have been implemented using the new Branch Management Tool (BMT) during this year. The process has been under constant review during that time and improvements made where possible.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Dawn Bisset - Trustee / Secretary

Shift Support

We have increased our number of trained Shift Leaders who continue to provide vital support to all volunteers whilst on shift and for download at the end of a shift.

The Shift Support Leaders are an essential element in not only providing safeguarding support to our callers but also to all our volunteers. There are plans to recruit and train more Leaders in due course.

Nicola Pritchard - Deputy Director / Shift Support

Online presence

The branch continues to have a Twitter presence with weekly posts to the forum.

Amy Hughes - Support Sam / Online Presence

PUBLIC BENEFIT

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

FINANCIAL REVIEW

The Trustees have prepared the accounts in accordance with the Statement of Recommended Practice (SORP) for Charities, which supplements the traditional income and expenditure account with a Statement of Financial Activities (SOFA) which records resources received and spent.

Net incoming resources from all funds were £4,850 (2021 - Net outgoing resources from all funds were £20,366). A detailed review of the financial position is shown in the Statement of Financial Activities.

RESERVES POLICY

The Trustees' review the amount of reserves that are required to ensure that they are adequate to fulfill the charity's continuing obligations on a quarterly basis at their Management meeting.

In the Trustees' view, the reserves should provide the charity with adequate financial stability and the means for it to meet its charitable objectives for the foreseeable future.

The Trustees propose to maintain the charity's reserves at a level, which is equivalent to twenty four months operational expenditure, having regard to its manner of operation of likely funding streams.

FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

GOING CONCERN

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

RISK MANAGEMENT

The Trustees carry out an annual review of both the financial and operational risks that the charity may face.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Samaritans Milton Keynes is a registered charity, number 1170412, and is constituted under a Trust deed, the charity was established on 25 November 2016. The Registered Office of the charity is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

METHODS OF APPOINTMENT OR ELECTION OF TRUSTEES

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for

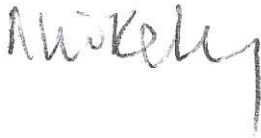
FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Board of Trustees on 22 December 2022

Michael Kelly
Trustee

A handwritten signature in dark ink, appearing to read 'Michael Kelly', written over the printed name and title.

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SAMARITANS MILTON KEYNES

I report on the accounts of the company for the year ended 31 March 2022 .

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINERS STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

INDEPENDENT EXAMINER'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

VJB

.....
Mrs. V. J. Bishop BA(Hons) FCCA
Date: 22 December 2022

Martin Nye Limited
Chartered Certified Accountants
186 High Street
Winslow
Buckinghamshire
MK18 3DQ
01296 715000

Samaritans Milton Keynes

**Statement of Financial Activities
for the year ended 31 March 2022**

			2022	<i>2021</i>
	Unrestricted funds	Restricted funds	Total	<i>Total</i>
	£	£	£	£
Income				
Income from generated funds				
Income from charitable activities	41,890	-	41,890	18,197
Total Income and endowments	41,890	-	41,890	18,197
Expenses				
Costs of generating funds				
Expenditure on Raised funds	49	-	49	193
Expenditure on Charitable activities	36,991	-	36,991	38,370
Total Expenses	37,040	-	37,040	38,563
Net gains on investments				
Net Income	4,850	-	4,850	(20,366)
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	4,850	-	4,850	(20,366)
Total funds brought forward	78,346	-	78,346	98,712
Net funds carried forward	83,196	-	83,196	78,346

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

BALANCE SHEET AT 31 MARCH 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	2	916	-
Investments	3	3	3
		<u>919</u>	<u>3</u>
CURRENT ASSETS			
Debtors (amounts falling due within one year)	4	1,341	1,864
Cash at bank and in hand		<u>89,024</u>	<u>81,796</u>
		90,365	83,660
CREDITORS: Amounts falling due within one year	5	<u>8,088</u>	<u>5,317</u>
NET CURRENT ASSETS		<u>82,277</u>	<u>78,343</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>83,196</u>	<u>78,346</u>
CAPITAL AND RESERVES			
Unrestricted funds	7		
General fund		<u>83,196</u>	<u>78,346</u>
		<u>83,196</u>	<u>78,346</u>

Approved by the board of trustees on 22 December 2022 and
signed on their behalf by


Michael Kelly
Trustee

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure involved following the Charities SORP (FRS102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Samaritans Milton Keynes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Donated goods are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale. Where it is not practical to measure the value of the resource with sufficient reliability, the income is included in the financial period when the resource is sold.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charity and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Going Concern

These financial statements have been prepared on the going concern basis.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1g. Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	straight line 10%
---------------------	-------------------

1h. Turnover

Turnover represents the invoiced value of goods and services supplied by the charity.

1i. Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of Financial Activities.

1j. Cash At Bank And In Hand

Cash at bank and in hand are basic financial assets and include cash in hand, deposits held at call with banks and other short-term liquid investments with original maturities of three months or less.

1k. Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as Basic Financial Instruments. Financial instruments are recognised in the charity's Balance Sheet when the company becomes party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at transaction value and subsequently measured at settlement value

11. Judgements And Key Sources Of Estimation Uncertainty

In the application of the company's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both the current and future periods.

1m. Company Information

Samaritans Milton Keynes is an independent charity limited by guarantee, incorporated in England and Wales.

The registered office is 161 Fishermead Boulevard, Fishermead, MK6 2AB.

The presentation currency is £ Sterling.

2. TANGIBLE FIXED ASSETS

	Long Leasehold Properties £	Plant and Machinery £	Total £
Cost			
At 1 April 2021	11,538	750	12,288
Additions	-	1,018	1,018
At 31 March 2022	<u>11,538</u>	<u>1,768</u>	<u>13,306</u>
Depreciation			
At 1 April 2021	11,538	750	12,288
For the year	-	102	102
At 31 March 2022	<u>11,538</u>	<u>852</u>	<u>12,390</u>
Net Book Amounts			
At 31 March 2022	<u>-</u>	<u>916</u>	<u>916</u>

3. FINANCIAL ASSETS

	Shares in group companies and participating interests £	Total £
Cost		
At 1 April 2021	3	3
At 31 March 2022	3	3
Amortisation		
Net Book Amounts		
At 31 March 2022	3	3
At 31 March 2021	3	3

The Investment is shown at cost and relates to a 50% share holding of the company MK Community Shop (Westcroft) Limited, donations received during the year are shown as income received in the Statement of Financial Activities.

4. DEBTORS

	2022 £	2021 £
Amounts falling due within one year:		
Other debtors	1,341	1,864
	<u>1,341</u>	<u>1,864</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	1,371	3,510
Other creditors	6,717	1,807
	<u>8,088</u>	<u>5,317</u>

6. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £0, to the company should it be wound up. At 31 March 2022 there were 6 members.

7. UNRESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
General fund	78,346	41,890	(37,040)	-	83,196
	<u>78,346</u>	<u>41,890</u>	<u>(37,040)</u>	<u>-</u>	<u>83,196</u>

8. UNRESTRICTED FUNDS - PREVIOUS YEAR

Funds brought forward amounted to £98,712, income amounted to £18,197, expenditure amounted to £38,563.

Unrestricted fund balance as at 31st March 2021 amounted to £78,346.

9. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2021 - none).

16 Trustees and volunteers were reimbursed £4,100 (2021 - 3 Trustees £782) in respect of mileage, and out of pocket expenses including, branch expenses, travel, housekeeping and asset purchases. Reimbursed expenses are incurred in order for Trustees and volunteers to fulfil their duties and are not considered payment for goods and services or the remuneration of a Trustee, nor do they count as any kind of personal benefit.

10. TRUSTEES' REMUNERATION AND BENEFITS

The charity relies on volunteers and has no staff.

One trustee acted as an administration assistant for the charity in a self-employed capacity and received £2,444 during the year (2021 - £1,744).

11. PAYMENT TO EXAMINER

An accrual of £1,800 (£1,500 + VAT) is included in the accounts in respect of payment to examiner (2021 - £850).

Samaritans Milton Keynes

**Incoming Resources
for the year ended 31 March 2022**

	2022	2021
	£	£
Incoming resources		
Incoming resources from generated funds		
Donations		
Donations	6,100	8,797
Trading income	35,175	9,215
Fundraising	56	98
Grants	559	87
	<u>41,890</u>	<u>18,197</u>
	<u>41,890</u>	<u>18,197</u>
	<u>41,890</u>	<u>18,197</u>

Samaritans Milton Keynes

**Expenses
for the year ended 31 March 2022**

	2022	<i>2021</i>
	£	<i>£</i>
Expenses		
Costs of generating funds		
Costs Of Generating Voluntary Income		
Fundraising	49	193
	<u>49</u>	<u>193</u>
	<u>49</u>	<u>193</u>
Charitable Activities		
Publicity and advertising	-	598
Travel	1,503	752
Rent	7,400	7,400
Rates and insurance	684	1,464
Housekeeping	4,136	3,854
Utilities	6,820	5,045
HQ Contribution	3,216	3,510
Training	110	17
Repairs and maintenance	3,372	8,465
Accountancy fees	1,970	850
General branch expenses	1,604	1,820
Administration expenses	2,747	1,744
Stationery & office supplies	518	792
Telephone	2,488	2,059
Bank charges	321	-
Depreciation of plant and machinery	102	-
	<u>36,991</u>	<u>38,370</u>
	<u>37,040</u>	<u>38,563</u>