

Company Registration No. CE009158 (England and Wales)

SAMARITANS OF SHREWSBURY
A registered Charitable Incorporated Organisation under the
Charities Act 2011

REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

James Holyoak & Parker Limited
Chartered Accountants

SAMARITANS OF SHREWSBURY

COMPANY INFORMATION

Trustees	G Brough	(Appointed 12 May 2021)
	S Allum (Treasurer)	(Appointed 21 August 2018)
	A Tippet (Secretary)	(Resigned 10 November 2022)
	C Dean	(Resigned 10 November 2022)
	L Reeve (Director)	(Appointed 1 March 2021)
	S Forgie	(Appointed 22 June 2017)
	R Dunnill	(Resigned 17 August 2022)
	J Coward	(Appointed 10 November 2022)
	A Wishart	(Appointed 10 November 2022)
	P Curtis	(Appointed 10 November 2022)
Secretary	A Tippet	(Resigned 10 November 2022)
	P Curtis	(Secretary from 10 November 2022)
Company number	CE009158	
Charity number	1170399	
Accountants	James Holyoak & Parker Limited 1 Knights Court Archers Way Battlefield Enterprise Park Shrewsbury Shropshire SY1 3GA	

SAMARITANS OF SHREWSBURY

TRUSTEES REPORT

The Trustees present their report and accounts of the charity for the period ended 31 March 2023.

OBJECTIVES OF THE CHARITY

The charity's objects as set out in its governing document are:

To enable persons in Shrewsbury, Shropshire and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide;

To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health; and

To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these Objects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Samaritans of Shrewsbury is a Charitable Incorporated Organisation (CIO) which was registered on 25 November 2016. The charity operates as a separate independent charity although it is recognised as an affiliated branch of the national Samaritans charity.

Samaritans of Shrewsbury operates under the model constitution for Samaritan branches.

Samaritans of Shrewsbury was formed as part of the restructuring of the national Samaritans charitable company. On 1 April 2017, the assets, liabilities and activities of Shrewsbury Samaritans were transferred to Samaritans of Shrewsbury. The transfer to the new CIO had no effect on the operations of the branch and the transaction was accounted for as a charity merger. This charity remains as the sole trustee of the old unincorporated charity and incorporates all funds held by the old charity.

New trustees of the charity are elected at The Annual General Meeting each year. The members of the charity elect the elected trustees following the nomination made. The trustees may appoint (co-opt) up to two additional trustees (co-opted trustees), so long as the total number of trustees does not exceed thirteen. The Branch Director may appoint one of the other trustees as vice-director.

All trustees receive appropriate training in their duties and responsibilities. The trustees and non-trustee Deputy Directors form the Branch Leadership Team which meets bi-monthly.

The Director is responsible for the allocation of duties within the Branch.

SAMARITANS OF SHREWSBURY

TRUSTEES REPORT CONTINUED

PUBLIC BENEFIT

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

RISK MANAGEMENT

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees monitor risks to which the charity is exposed throughout the year and mitigate their potential impact. A risk register is used with risks classified between management, premises and equipment, operational, financial and external risks.

RESERVES

The trustees have examined the requirement for free reserves, i.e. those unrestricted funds not invested in tangible fixed assets, designated for specific purposes, or otherwise committed.

Consideration was given to the nature of the income and expenditure streams and the current composition of the reserves.

The trustees took particular account of the following:

- the inherent fluctuation in incoming funds
- the ongoing costs of running the branch-owned property
- the ongoing costs of maintaining key equipment

In view of this the Trustees consider that the branch should keep around 18 months' worth of expenditure in unrestricted reserves, trustees consider this to be around £45,000. They consider this is prudent in view of the nature of the core work of the branch.

Where specific work is planned, for instance, for building repair/ renovation, reserves may be required which would be allocated to specific purposes and, therefore, not included in free reserves.

This reserves policy will be reviewed annually, taking into account current forecasts of cash flows and income and expenditure budgets for the coming year.

SAMARITANS OF SHREWSBURY

TRUSTEES REPORT CONTINUED

FINANCIAL REVIEW

During the year we have seen a decrease in receipts, and even though expenditure has decreased, payments have still exceeded receipts by £9,207.

Our fund-raising team worked tirelessly throughout the year organising and supporting collections and sourcing funding from a wide range of donors.

TRUSTEES

G Brough		(Appointed 12 May 2021)
S Allum	Treasurer	(Appointed 21 August 2018)
A Tippet		(Resigned 10 November 2022)
C Dean		(Resigned 10 November 2022)
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J Coward		(Appointed 10 November 2022)
A Wishart		(Appointed 10 November 2022)
P Curtis	Secretary	(Appointed 10 November 2022)

Signed on behalf of the trustees



P Curtis

Date: 7th October 2023

SAMARITANS OF SHREWSBURY

TRUSTEES REPORT CONTINUED

DIRECTOR'S REPORT

The last financial year has been a very productive one for Samaritans of Shrewsbury. We have improved many of our areas noted as areas we wished to develop and, like most, have had to meet the challenges which have come from the rise in the cost of living. We have paid special attention to our Reserves and have been circumspect in our re prioritising of the various aspects of our work that we need to finance. I am pleased and proud to report that we have provided a consistently good service to our callers, maintained, and improved the building and extended our outreach to include more of Shropshire as the area we serve.

The change in Trustees and the new members appointed to the Branch Leadership team has been a smooth transition and our newly appointed Trustees have been very successful in their support through insightful observation. The efforts of the Branch Leadership Team to continue to provide the service which supports callers and puts volunteer well-being at its heart have been admirable.

We have worked hard this year to train many potential volunteers and have had a healthy number who have been successful. All credit must go to our training team who have trained one extra cohort of potential volunteers. This has been very successful and has meant that we have a healthy number of well-trained recruits welcomed to the branch.

In the past year we have worked hard to extend our local Outreach provision and to that end, now work in two Foodbanks in the county each week. Alongside this we deliver our Active Listening Workshop county-wide and train selected people in prison to be Listeners and we continue to work collaboratively with Bereavement service for Shropshire and the Suicide Prevention Action group. We continue to work nationally with the Missing People partnership and Network Rail.

During the year we have updated our meeting rooms to enable volunteers to have spaces to undertake their continuous development and we have updated our technology to ensure that there is clarity of voice during the calls. We have improved the security of the building and are in the process of improving the environment around the building to make it safe and accessible.

We have successfully held many hybrid meetings in our training room, with the equipment that was installed at the end of last year. This has had far reaching benefits, some of those being that volunteers do not have to travel to attend meetings, which engenders a feeling of security during the winter months and cuts down on the need for using a mode of transport. This meets our desire to be as sustainable as we can and to continue to meet our goal to be as inclusive a branch as we can. We have also improved our recycling methods and have worked for some while with the food hub to support this goal.

We are exceedingly grateful to everyone who has supported us this year. As we receive no central or government funding, we rely on kind donations and are very grateful to everyone who responds to our requests for financial support. We are able to carry on our work towards our vision that fewer people die by suicide and to be available to callers 24 hours a day through receipt of kind donations and to donors to whom we are totally indebted.

L Reeve
Director
Date: 7th October 2023



INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF SAMARITANS OF SHREWSBURY

I report on the accounts of the Charity for the year ended 31 March 2023, which are set out on pages 11 to 14.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act).

It is my responsibility to:-

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with our examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with s.130 of the Charities Act 2011 and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

James, Holyoak & Parker Ltd
1 Knights Court, Archers Way,
Battlefield Enterprise Park,
SHREWSBURY, SY1 3GA



Robert Humphreys FCA
Chartered Accountant

Date: 7th October 2023

SAMARITANS OF SHREWSBURY
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023

		<u>2023</u>	<u>2023</u>	<u>Y/e</u> <u>31/3/23</u>	<u>2022</u>	<u>2022</u>	<u>Y/e</u> <u>31/3/22</u>
<u>Note</u>		<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>	<u>Restricted</u>	<u>Unrestricted</u>	<u>Total</u>
		£	£	£	£	£	£
<u>RECEIPTS</u>							
Fundraising		-	2,694	2,694	-	8,092	8,092
Donations & Gifts		3,000	15,268	18,268	11,177	26,350	37,527
Legacy		-	500	500	-	6,130	6,130
Prison Receipt		-	6,000	6,000	-	-	-
Gift Aid		-	2,929	2,929	-	27	27
		3,000	27,391	30,391	11,177	40,599	51,776
Interest Received		-	117	117	-	7	7
Total Receipts		3,000	27,508	30,508	11,177	40,606	51,783
<u>PAYMENTS</u>							
Direct Charitable Expenditure	5	2,700	32,794	35,494	11,827	70,697	82,524
Publicity Costs	6	-	846	846	-	2,396	2,396
Management & Administration Costs	7	300	3,076	3,376	127	5,458	5,585
Total Payments		3,000	36,716	39,716	11,954	78,551	90,505
Net (payments)/receipts for the Year		-	(9,208)	(9,208)	(777)	(37,945)	(38,722)
Transfer between funds		-	-	-	-	-	-
Net movement in funds		-	(9,208)	(9,208)	(777)	(37,945)	(38,722)
<u>Reconciliation of funds</u>							
Total cash funds brought forward		-	49,233	49,233	777	87,178	87,955
Total cash funds carried forward		-	40,025	40,025	-	49,233	49,233

SAMARITANS OF SHREWSBURY
STATEMENT OF ASSETS & LIABILITIES
FOR THE YEAR ENDED 31 MARCH 2023

			Y/e			Y/e
	Note	2023	2023	31/3/23	2022	2022
		Restricted	Unrestricted	Total	Restricted	Unrestricted
		£	£	£	£	£
<u>MONETARY ASSETS</u>						
Bank Current Account		-	6,898	6,898	-	13,362
Bank Deposit Account		-	27,009	27,009	-	29,892
Gift Aid Account		-	6,118	6,118	-	5,979
		-	40,025	40,025	-	49,233

Assets retained for the
Charity's own use

Swan House - Insurance valuation		500,000
Branch Equipment - estimated current value	Unrestricted	9,000
	Restricted	10,000

Liabilities

Branch contribution to central charity	Unrestricted	1,100
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These financial statements were approved by the board of trustees and authorised for issue
On 7th October 2023, and signed on behalf of the board by:



S Allum
Treasurer

SAMARITANS OF SHREWSBURY

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

1. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees. It is the policy of the charity to reimburse in full all expenses properly incurred by volunteers relating to its charitable activities. During the year, travel expenses for the undertaking of directors duties totaling £1,315 was paid.

2. Restricted Funds

In the year £3,000 was received from the Edward Cadbury Trust which was used in full towards the property maintenance and repairs, leaving no Restricted Funds carried forward.

3. Non-Domestic rates

No payment is made for Non-Domestic rates as the charity receives mandatory and discretionary charitable relief for the total charge for the year. To date the policy has been to exclude the charge and relief from the Receipts and Payments Account.

		<u>Y/e</u> <u>31/3/23</u>	<u>Y/e</u> <u>31/3/22</u>
		£	£
4. <u>PREMISES COSTS</u>			
Rates, Insurance, Light & Heat		4,649	5,427
Printing, Stationery & Postage		1,908	806
Bank Charges		249	85
House Keeping including Repairs		10,296	6,775
Professional Fees re Property		1,380	840
Property Equipment		-	1,058
		<u>18,482</u>	<u>14,991</u>
Allocated:			
Charitable Expenditure	90%	16,634	13,492
Management and Administration	10%	1,848	1,499
		<u>18,482</u>	<u>14,991</u>

5. DIRECT CHARITABLE EXPENDITURE

		£	£
Telephone Charges		3,114	2,928
Travel & Training Costs		10,259	6,983
Premises Overheads	4	16,634	13,492
Car Parking		385	350
IT Fees and Equipment		1,382	4,064
Equipment		-	1,058
Refurbishment of Operations and Training Rooms		3,720	53,649
		<u>35,494</u>	<u>82,524</u>

SAMARITANS OF SHREWSBURY

SCHEDULE TO THE RECEIPTS & PAYMENTS ACCOUNT CONTINUED

FOR THE YEAR ENDED 31 MARCH 2023

	<u>Note</u>	<u>Y/e</u> <u>31/3/23</u> <u>Net</u>	<u>Y/e</u> <u>31/3/22</u> <u>Net</u>		
6. <u>PUBLICITY</u>		£	£		
Advertising		-	-		
Fundraising		846	2,396		
		<u>846</u>	<u>2,396</u>		
7. <u>MANAGEMENT AND ADMINISTRATION</u>		£	£		
Branch Contribution		1,528	3,732		
Independent Examiner's Fees		-	354		
AGM Costs		-	-		
Premises Overheads	4	1,848	1,499		
		<u>3,376</u>	<u>5,585</u>		
8. <u>FUND RECONCILIATION</u>					
	As at 1 April 2022	Income	Expenditure & Gains/(losses)	Transfers	As at 31 March 2023
Unrestricted:					
General reserve	49,233	27,508	(36,716)	-	40,025
Designated Funds:					
Internal Improvements	-	-	-	-	-
Total unrestricted funds	<u>49,233</u>	<u>27,508</u>	<u>(36,716)</u>	<u>-</u>	<u>40,025</u>
Restricted funds:					
Donations (see note 2)	-	3,000	(3,000)	-	-
Total restricted funds	<u>-</u>	<u>3,000</u>	<u>(3,000)</u>	<u>-</u>	<u>-</u>
Total funds	<u>49,233</u>	<u>30,508</u>	<u>(39,716)</u>	<u>-</u>	<u>40,025</u>