

## **Structure, Governance and Management**

**Governing Document:** Constitution adopted July 2016.

**Form of charity:** Unincorporated association.

**Selection of Trustees:** Trustees are appointed or re-appointed every three years at the Annual General Meeting held in July.

**Additional Governance Issues:** Membership of One Life Autism Support Group (One Life) is open to all, regardless of age. The Trustees oversee the day-to-day running of the Charity. The Trustees seek the views of members and volunteers in deciding the activities to be run. There is a child protection policy in place. D.B.S. checks are carried out and other checks are carried out in line with statutory requirements. One Life works with other statutory and voluntary groups within the area. All Trustees give their time voluntarily and receive no remuneration or receive other benefits.

### **Summary of the Objectives of this Charity is as follows:**

“The promotion of social inclusion among Adults, Young People and children who are socially excluded from society, or parts of society, as a result of being Autistic by: 1. providing education and information to support and enable parents / carers, of Autistic children to maximise educational opportunities for their children; 2. raising public awareness of the issues affecting individuals with Autism, both generally and in relation to their social exclusion; 3. providing workshops, forums, advocacy and general support; 4. providing recreational facilities and opportunities for Adults, young people and children with Autism .”

### **Summary of Main Activities Undertaken for the Public Benefit:**

In planning our activities for the year, we kept in mind the Charity Commission Guidance on public benefit at our trustees meetings. The main activities are as follows:

- Community Training café and Food Cupboard.

- Design of personal development of our volunteers and member.
- A programme of activities for children and young adults.
- Signposting and advocacy.

These activities benefit our volunteers and members by developing their self-confidence and social skills, their practical employment and life skills, providing opportunities to become volunteers. We welcome all, regardless of personal background, faith, gender, or other circumstances. We are grateful for the many hours volunteers have spent listening to and encouraging our community. Without this valuable contribution of time, energy, and expertise we would not have been able to achieve so much.

### **Summary of Main Achievements of the Charity during the year.**

Various fundraising events were held throughout the year. At Christmas the children had meals with Santa. Great fun was had by children, parents and carers. Other events included car boot sales and Christmas market. The cost of living crisis, Winter fuel cuts for our pensioners, benefit migration and homelessness has seen our advocacy service increase again this year, and there has been a rise in referrals for autism assessment. This year we have instigated 'food cupboard' for those living on the poverty line. There has been an increase throughout the year, reaching 490 people in February. The Community Café has been a huge success due to the hard work of our volunteers, gaining 5 stars for food hygiene. The financial support we have received from outside donations has been phenomenal. Thank you so much for raising funds for One Life. Thank you for the grants we have received, making such a difference to the lives of our members. A huge thank you for all our volunteers who do a sterling job.

### **Future Plans:**

This coming year we plan to enable a struggling community to flourish, with events and activities continuing to build autism awareness and isolation issues. We look forward to working with Earthwatch on the allotment scheme. We will be setting up our Mother & Baby group in September for our new Mums as well as promoting our food Cupboard and Christmas events.

**Declaration:**

**The Trustees declare that they have approved the Trustee's Report above.**

**Signed on behalf of the Charity's trustees:**

**Signature**.....*S. E. Gibbons*.....

**Full name**.....*Susan Elaine Gibbons*.....

**Position**.....*Chair*.....

**Date**.....*01-07-2025*.....

**ONE LIFE AUTISM SUPPORT GROUP**

**RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2025**

<b><u>RECEIPTS</u></b>	£	£
SHOP AND CAFÉ SALES (INCL. BINGO RECEIPTS)	11,528.29	
DONATIONS AND SPONSORSHIPS	2,121.49	
BLAENAU GWENT BOROUGH COUNCIL GRANTS	6,060.27	
THE WATERLOO FOUNDATION GRANT	5,000.00	
MORRISONS GRANT	1,000.00	
MAIN GRANT	15,440.00	
HALL HIRE	2,848.00	
FUNDRAISING	211.00	
<b>TOTAL RECEIPTS FOR THE YEAR</b>		<b>44,209.05</b>
<b><u>PAYMENTS</u></b>		
PET CARE	1,137.41	
REFUSE COLLECTIONS AND CLEANING COSTS	1,519.69	
EQUIPMENT REPAIRS AND RENEWALS	5,593.36	
PREMISES REPAIRS, RENEWALS AND MAINTENANCE	4,238.70	
TELEPHONE AND INTERNET	1,256.74	
WATER RATES	511.51	
GROUND RENT	10.00	
HEAT, LIGHT AND POWER	6,471.24	
INSURANCES	1,946.20	
FOOD PURCHASES AND REFERESHMENTS	6,812.22	
PRINTING, POSTAGE, PACKAGING AND SOFTWARE	1,165.27	
TRAVEL COSTS	20.00	
BANK AND CREDIT CARD CHARGES	421.73	
ACCOUNTANCY	540.00	
BINGO/RAFFLE PRIZES	2,228.23	
STAFF TRAINING	4,064.12	
EVENTS AND FUNDRAISING	790.44	
DBS CHECKS	150.00	
VOLUNTEERS EXPENSES	350.38	
<b>TOTAL PAYMENTS FOR THE YEAR</b>		<b>39,227.24</b>
<b>SURPLUS OF RECEIPTS OVER PAYMENTS FOR YEAR</b>		<b>4,981.81</b>

**ONE LIFE AUTISM SUPPORT GROUP**

**RECONCILIATION OF FUNDS STATEMENT - YEAR ENDED 31ST MARCH 2025**

**RECONCILIATION OF FUNDS**

	£
OPENING BALANCE AT BANK (01/04/2024)	11,446.24
OPENING CASH IN HAND (01/04/2024)	-
ADD TOTAL RECEIPTS FOR THE YEAR	<u>44,209.05</u>
	55,655.29
LESS TOTAL PAYMENTS FOR THE YEAR	<u>39,227.24</u>
	<u><b>16,428.05</b></u>
CLOSING BALANCE AT BANK (31/03/2025)	16,428.05
CLOSING CASH IN HAND (31/03/2025)	-
	<u><b>16,428.05</b></u>

We have examined the books and records of One Life Autism Support Group. In our opinion the attached Receipts and Payments Account and Reconciliation of Funds Statement for the year ended 31st March 2025 give a true and fair view of the Receipts and Payments of the Group for the year ended on that date and have been prepared with Standard Accountancy Practices.

DATE        **23rd April 2025**

**GARRY WHITE AND COMPANY  
CHARTERED CERTIFIED ACCOUNTANTS  
24 JAMES STREET  
EBBW VALE  
BLAENAU GWENT  
NP23 6JG**

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