

**One Life Autism Support Group**  
**Trustees Annual Report for the Period**  
**From July 2023 to July 2024**

**Charity Name:** One Life Autism Support Group.

**Registered Charity No.:** 1170379

**Charity's Principal Address:** The Log Cabin, Hilltop, off Darby Crescent,  
Ebbw Vale. NP23 6QG

**Names of the Charity Trustees who manage the Charity**

1. Susan Gibbons, Chair
2. Venessa Ives
3. Sarah Thomas
4. Lean Honeyfield, Secretary
5. Karima Honeyfield
6. Chloe Davies, Treasurer
7. Caroline Heal
8. Michelle Stevens
9. Kate Reader

**Structure, Governance and Management**

**Governing Document:** Constitution adopted July 2016.

**Form of charity:** Unincorporated association.

**Selection of Trustees:** Trustees are appointed or re-appointed every three years at the Annual General Meeting held in July.

**Additional Governance Issues:** Membership of One Life Autism Support Group (One Life) is open to all, regardless of age. The Trustees oversee the day-to-day running of the Charity. The Trustees seek the views of members and volunteers in deciding the activities to be run. There is a child protection policy in place. D.B.S. checks are carried out and other checks are carried out in line with statutory requirements. One Life works with other statutory and voluntary groups within the area. All Trustees give their time voluntarily and receive no remuneration or receive other benefits.

**Summary of the Objectives of this Charity is as follows:**

“The promotion of social inclusion among Adults, Young People and children who are socially excluded from society, or parts of society, as a result of being Autistic by: 1. providing education and information to support and enable parents / carers, of Autistic children to maximise educational opportunities for their children; 2. raising public awareness of the issues affecting individuals with Autism, both generally and in relation to their social exclusion; 3. providing workshops, forums, advocacy and general support; 4. providing recreational facilities and opportunities for Adults, young people and children with Autism .”

**Summary of Main Activities Undertaken for the Public Benefit:**

In planning our activities for the year, we kept in mind the Charity Commission Guidance on public benefit at our trustees meetings. The main activities are as follows:

- Community Training café.
- Design of personal development of our volunteers and member.
- A programme of activities for children and young adults.
- Signposting and advocacy.

These activities benefit our volunteers and members by developing their self-confidence and social skills, their practical employment and life skills, providing opportunities to become volunteers. We welcome all, regardless of personal background, faith, gender, or other circumstances. We are grateful for the many hours volunteers have spent listening to and encouraging our community. Without this valuable contribution of time, energy, and expertise we would not have been able to achieve so much.

**Summary of Main Achievements of the Charity during the year.**

We are very grateful for the grants and fundraising that took part throughout the year. In December we were able to put in Christmas events for 250 children and their parents. Through the hard work of our volunteers we were able to provide housing for two owls from the Owl Sanctuary and to increase our flock of ducks and chickens. After many years of striving to obtain funding for our car park we were finally able to resurface this area. As Trustees we would like to thank all those who put in so many hours to work in the grounds

and café and to those who gave up their time to provide advocacy service for members.

**Future Plans:**

This coming year we plan to enable a struggling community to flourish, with events and activities continuing to build autism awareness.

**Declaration:**

**The Trustees declare that they have approved the Trustee's Report above.**

**Signed on behalf of the Charity's trustees:**

Signature.....*S. E. Gibbons*.....

Full name.....*Susan Gibbons*.....

Position.....*Chair*.....

Date.....*18/07/2024*.....

**ONE LIFE AUTISM SUPPORT GROUP**

**RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2024**

<b><u>RECEIPTS</u></b>	£	£
SHOP AND CAFÉ SALES (INCL. BINGO RECEIPTS)	19,875.90	
DONATIONS AND SPONSORSHIPS	3,470.82	
BLAENAU GWENT BOROUGH COUNCIL GRANTS	1,778.00	
ALBERT HUNT GRANT	2,180.00	
GAVO GRANTS	12,105.00	
TAI CALON GRANT	3,500.00	
THE WATERLOO FOUNDATION GRANT	5,000.00	
MORRISONS GRANT	4,000.00	
CLOTH WORKERS FOUNDATION GRANT	9,800.00	
NATIONAL GRID GRANT	4,000.00	
FUNDRAISING	2,243.59	
FETE/OTHER INCOME	3,061.16	
<b>TOTAL RECEIPTS FOR THE YEAR</b>		<b>71,014.47</b>
<b><u>PAYMENTS</u></b>		
PET CARE	2,469.17	
REFUSE COLLECTIONS AND CLEANING COSTS	3,061.16	
EQUIPMENT REPAIRS AND RENEWALS	8,391.90	
PREMISES REPAIRS, RENEWALS AND MAINTENANCE	30,557.76	
TELEPHONE	1,009.68	
WATER RATES	575.54	
GROUND RENT	10.00	
HEAT, LIGHT AND POWER	6,510.45	
INSURANCES	1,811.02	
FOOD PURCHASES AND REFERESHMENTS	14,530.45	
PRINTING, POSTAGE, PACKAGING AND SOFTWARE	819.59	
SANTAS GROTTO/ XMAS SHOP	1,811.67	
TRAVEL COSTS	721.75	
BANK AND CREDIT CARD CHARGES	426.98	
ACCOUNTANCY	480.00	
BINGO/RAFFLE PRIZES	2,113.71	
CONSUMABLE TOOLS AND CLOTHING	268.22	
ADVERTISING/WEBSITE COSTS	1,048.50	
STAFF TRAINING	1,446.60	
EVENTS AND FUNDRAISING	4,581.78	
CHARITY DONATION	109.99	
PARTIES/DAYS OUT	84.90	
VOLUNTEERS EXPENSES	859.46	
<b>TOTAL PAYMENTS FOR THE YEAR</b>		<b>83,700.28</b>
<b>EXCESS OF PAYMENTS OVER RECEIPTS FOR YEAR</b>		<b><u>(12,685.81)</u></b>

**ONE LIFE AUTISM SUPPORT GROUP**

**RECONCILIATION OF FUNDS STATEMENT - YEAR ENDED 31ST MARCH 2024**

<b><u>RECONCILIATION OF FUNDS</u></b>	£
OPENING BALANCE AT BANK (01/04/2023)	23,557.34
OPENING CASH IN HAND (01/04/2023)	574.71
ADD TOTAL RECEIPTS FOR THE YEAR	<u>71,014.47</u>
	95,146.52
LESS TOTAL PAYMENTS FOR THE YEAR	<u>83,700.28</u>
	<b><u>11,446.24</u></b>
CLOSING BALANCE AT BANK (31/03/2024)	11,446.24
CLOSING CASH IN HAND (31/03/2024)	-
	<b><u>11,446.24</u></b>

We have examined the books and records of One Life Autism Support Group. In our opinion the attached Receipts and Payments Account and Reconciliation of Funds Statement for the year ended 31st March 2024 give a true and fair view of the Receipts and Payments of the Group for the year ended on that date and have been prepared with Standard Accountancy Practices.

*Steve Drake*

DATE      21st May 2024

GARRY WHITE AND COMPANY  
CHARTERED CERTIFIED ACCOUNTANTS  
24 JAMES STREET  
EBBW VALE  
BLAENAU GWENT  
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