

Charity Registration Number: 1170331

IMARA CIO

Annual Report and Financial Statements
for the Period Ended 31 March 2024

IMARA CIO

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Reference and Administrative Details

Trustees	Sarah White (formerly Taylor), Chair Charlotte Caulton-Scott Hannah Yates Maryam Khorassani Wayne Dooley Zaffira Sultana Shah Zoe Mallett
Senior Management Team	Cath Wakeman, Chief Executive Officer Darren Wells, Finance Director
Charity Registration Number	1170331
Principal Office	202 Mansfield Road Nottingham NG1 3HX
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL
Bank Details	The Co-operative Bank 1 Balloon Street Manchester M4 4BE

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Trustee's Report

The trustees present the annual report together with the financial statements of the charity for the period ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the period and since the period end were as follows:

Bea Gianquinto (resigned 20/11/2024)	Sarah White (formerly Taylor)
Charlotte Caulton-Scott	Victoria Raynor (resigned 08/01/2024)
Hannah Yates	Wayne Dooley (appointed 01/08/2024)
Maryam Khorassani	Zaffira Sultana Shah (appointed 11/06/2024)
Panmwa Samson Ochigbo (resigned 21/11/2024)	Zoe Mallett

Structure, governance and management

Nature of governance

The charity is operated under the rules of its CIO Foundation constitution, registered on 23rd November 2016. The Board of Trustees provide governance oversight and direction, leading major decisions including recruitment of key staff, significant and out-of-budget spending, and review and approval of staff pay increases. They collaborate with the charity's HR consultants to benchmark remuneration packages.

Management Structure

The Chief Executive Officer reports to the Board of Trustees, and manages the Senior Leadership Team (SLT) comprising the two Heads of Therapy Services, the Head of CHISVA Service, Business Support Lead, and Finance Director. This SLT meet weekly and works together to discuss current issues and questions, review the organisational direction, and implement decisions. An annual "strategy day" has been established in November each year to review progress, plan strategic objectives, and adjust direction for the charity. Working Groups are established to manage these strategic workstreams, headed by members of the Board and supported by members of the SLT and wider staff team.

Recruitment and appointment of trustees

When a gap is identified on the board, or a trustee informs us of their intention to step down then we seek to recruit. Advertisements are placed on relevant job boards, linked to the Imara website and social media e.g. LinkedIn. In some circumstances we will use our a recruitment agency. Applicants apply with their CV and a letter stating their skills, experience and reason for applying. Applicants are short-listed and invited to interview with the CEO, Chair and a young person from Participation group. A second stage may be for them to attend a Board meeting to meet the board of Trustees to explain their interest in the role. Successful applicants complete necessary checks i.e. DBS, references, sign up to the Imara code of conduct and the Charity Commission Trustee Eligibility Declaration and are then appointed to the Board, receiving a thorough induction from other Board members and key management personnel.

Objectives and activities

To advance the education of the public and the relevant professions with regard to child abuse (including the emotional and psychological consequences resulting from any form of abuse or neglect in childhood). To provide relief and support to survivors of abuse in particular to children, teenagers and their families. To promote and protect the physical and mental health of young people who exhibit sexually harmful behaviour.

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Trustee's Report (continued)

Objectives, strategies and activities

Imara is an independent specialist service that supports children, young people and their safe family members following a disclosure or discovery of child sexual abuse. We are a charity, and all of our services are free to access. We receive referrals directly from the local paediatric sexual assault referral centre (EMCYPAS – 0800 183 0023) and partner agencies. We are the chosen provider of therapy for children and young people aged 0-12 affected by sexual abuse in Nottingham City. We specialise in trauma and familial abuse, and we also support our clients from a legal and advocacy perspective with our CHISVA service (Children and Young People's Independent Sexual Violence Advisor) which is commissioned by the Nottinghamshire Police and Crime Commissioner.

In line with specialising in familial abuse, wherever appropriate we work with children and young people within their family unit, empowering them to access and use the resources they have within themselves and their family in order to recover from the trauma and thrive going forward. This includes working not only with the children and young people we are referred, but also their safe family members, for whom a disclosure or discovery that abuse has been occurring within their family and home can have profound and severe impacts. In 2022 we launched our Social Work Practice Team, allowing us to conduct thorough assessment and safeguarding of the complex issues facing families in our service.

Since October 2021 we have also been providing a therapeutic service for children and young people in Nottingham City who have witnessed or experienced domestic violence and abuse, commissioned by Nottingham City Council's Crime & Drugs Partnership. In 2022 we were successful in a partnership bid with other Nottingham services for Children Affected by Domestic Abuse, which allowed us to extend this service across the County, including individual therapy for young people and group work for mothers and sons followed NSPCC's evidence-based Domestic Abuse Recovering Together model.

The charity does not currently make use of Social Investment or engage in grant-making activities. It's use of volunteers is limited to specific, short-term events, usually for fundraising purposes.

Public benefit

Promoting recovery, supporting families to move forward and to rebuild relationships with their family members, local community and support networks.

Educating and empowering children, young people and families to rebuild family life and to support their engagement with education and employment.

Increase awareness and understanding of the dynamics of child sexual abuse and domestic abuse and its impact on victims and survivors to the wider public, to enable them to better support children and young people, responding appropriately to disclosures and enabling safeguarding.

Involvement with local communities offering opportunities for volunteering; universities and colleges to provide placements for trainee creative arts therapists and social work students; training and education for wider community.

Imara CIO works in partnership with all agencies involved in safeguarding children, young people and vulnerable adults to ensure everyone has comprehensive, relevant and up to date information to reduce the risks faced by children and young people.

Support with education, housing, employment, health and financial concerns for some of the most disadvantaged families in Nottingham and Nottinghamshire, at a point of crisis in their lives.

Partnership working with Police to support them to focus on their investigation and to enable young people to engage with the Criminal Justice Process and provide the best evidence if the case goes to trial.

Partnership working with regional sexual and domestic abuse services including the Crown Prosecution Service, family courts and other local third sector forums.

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Trustee's Report (continued)

Achievements and performance

From April 2023 – March 2024, Imara have supported more than 787 Families in Nottinghamshire and 1,054 Children and young people. This included over 6,865 hours direct work with children, young people, and families, including therapy sessions and CHISVA support around the criminal justice process and more than 1,750 hours of partnership working with other professionals to support and advocate for our clients (including Police, Social Care, Education, Healthcare, CICA, etc.)

Imara aims to empower and support children, young people and their safe family members to move forward from the impact of child sexual abuse and domestic abuse by offering interventions such as:

- Access to pre- and post- trial therapy, available in a range of arts therapy approaches suited to children and young people.
- Accurate and impartial information and consistent contact throughout the criminal justice process, empowering clients to understand their rights and make their own informed choices.
- Specialist support for acute trauma symptoms including anxiety and problems sleeping.
- Support with education, health, housing, and financial concern to stabilise the family following the abuse.
- Specialist risk and needs assessment, and referral to other appropriate support and services.
- A safe and supportive space for parents and carers to process their own experiences, as well as psychoeducation to understand the impact trauma may be having on their child's behaviour, development and needs.
- Opportunities to move onto, including joining the community of participation group and co-production which offers personal and professional development as well as influencing services for other survivors, helping young people to look to their future with excitement and ambition.

In terms of outcome measures, Imara uses its Tree of Growth model to assess improvement in our client's wellbeing. Results for the last year include: 73% feel more able to manage their feelings and emotions, 68% feel more able to cope when things don't go well, and 69% feel better about themselves. We also use the validated Trauma Symptoms Checklist for Children (TSCC) scale, with the following results: 74% showed a reduction in their score for post-traumatic stress, 68% showed a reduction for dissociation, 70% showed a reduction for sexual concerns, and 76% showed a reduction for depression.

We also collected and very much value client feedback. A summary for the period suggests: 87% said Imara helped them to feel better physically or emotionally, 90% said Imara helped others to take notice of what they had to say, 91% said Imara helped them to understand and feel better about the police investigation/court process, and 80% said Imara helped them to cope better with trauma reactions like flashbacks and nightmares.

Imara has continued to find creative ways of initiating innovative projects and responding to the challenge of financial uncertainties in this period. We have piloted a service for families affected by harmful sexual behaviour between siblings (HSB-S), we have worked in collaboration with two of our partners to co-deliver the Domestic Abuse Recovering Together groupwork, we have welcomed in a new Chair of Trustees, Sarah White, who has established and facilitated an annual strategy day, we have celebrated our most successful fundraising year and employed our first fundraiser, we have set in motion scaling up our education programme, alongside input from our participation group.

Closing remarks should come from one of Imara's Participation Group: *"Imara helped me through one of the toughest times of my life, my therapist helped me gain back my confidence and self-esteem. This ultimately helped me out of my abusive relationship! Because of Imara, I am the person I am today. It helped shape what I want to do with my life – which led me to choose the degree I am currently taking!"*

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Trustee's Report (continued)

Financial review

Total Income: £861,919 (2023 - 11 months: £880,630)

Total Expenditure: £1,005,268 (2023 - 11 months: £902,174)

Net Operating income: (£143,349) (2023 - 11 months: (£21,544))

After careful analysis and consideration the charity withdrew from the re-tendering process for one major contract, valued at £185,000 p.a., as it was deemed to carry an unacceptable level of financial risk. This resulted in a loss of contribution towards central costs which needed to be funded from reserves while longer-term decisions were made. The charity does not hold any material financial investments and has no outstanding pension liability.

Policy on reserves

We aim to hold reserves to cover three months operating costs. Reviewing of the policy is part of the Trustees' governance strategy on an annual basis.

At the end of the period the charity held reserves of 2.3 months operating costs (2023 - 4.1 months)

Major risks and management of those risks

Short term funding grants of one year that require us to re-apply and to seek new sources of funding. Competitive tendering processes with limited timespans, meaning uncertainty of future success. Highly competitive grant funding that has reduced our success rates. Statutory funding that does not allow for full cost recovery. This necessitates considerable external fundraising on the back of many volunteers and exceptional additional efforts outside of normal working hours from staff.

We regularly apply to various grant funders for both restricted and unrestricted funds and when successful this has enabled us to provide additional services for our clients e.g. a Trans-joy support for young people. We have increased our fundraising this year and we bring in regular small donations and fundraising with the help of our amazing supporters alongside larger donations from local organisations such as Hockley Hustle and through our Charity Art Auction and the Robin Hood marathon. We are active on social media and have grown our followers and supporter base. Imara has active Facebook, Instagram and LinkedIn pages. We have taken an ethical stand to leave X (formerly known as Twitter). Our social media supports our fundraising and is used to promote self care and campaigning events. Our website has been updated and reflects our desire to improve accessibility of the service to all children and young people.

Plans for the future

We are seeking to develop the charity in a number of ways to increase capacity and deliver on its stated aims:

- we will continue to seek funding from various sources including contract tenders and grants to expand capacity to deliver our core services to more families, including a particular focus on follow-on funding for our innovative services for Harmful Sexual Behaviour between Siblings and the Domestic Abuse Recovering Together group programme.
- in mid-2024 we secured significant funding from the National Lottery to develop the Board of Trustees and SLT, building resilience and longevity for the charity. This will include robust succession planning, leadership coaching, and training across the organisation.
- we are planning for significant growth of unrestricted funding in 2025 to replenish reserves, secure coverage of core costs, build capacity and deliver the holistic service we know works for young people and their families. This will be achieved through additional fundraising events, donation-drives, recruiting corporate partners, and expansion of traded income. To that end, we have recruited a part-time Fundraiser.

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Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

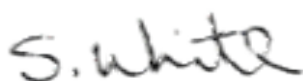
The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 23rd January 2024 and signed on its behalf by:



Sarah White

Trustee

IMARA CIO

Independent Examiner's Report to the trustees of IMARA CIO

Independent examiner's report to the trustees of Imara CIO

I report to the trustees on my examination of the accounts of Imara CIO (the Charity) for the period ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2
North West
41 Talbot Street
Nottingham

Date: 27/01/25

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Statement of Financial Activities for the Year Ended 31 March 2024

		Unrestricted	Restricted	Full Year 2024	11 Months 2023
	Note	£	£	£	£
Income and Endowments from:					
Donations and legacies	2	56,160	-	56,160	30,992
Charitable activities	3	-	787,627	787,627	839,275
Other trading activities	5	18,131	-	18,131	10,362
Total Income		<u>74,292</u>	<u>787,627</u>	<u>861,919</u>	<u>880,630</u>
Expenditure on:					
				-	
Charitable activities	6	<u>(122,590)</u>	<u>(882,678)</u>	<u>(1,005,268)</u>	<u>(902,174)</u>
Total Expenditure		<u>(122,590)</u>	<u>(882,678)</u>	<u>(1,005,268)</u>	<u>(902,174)</u>
Net income		(48,298)	(95,051)	(143,349)	(21,544)
Gross transfers between funds		<u>(2)</u>	<u>2</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(48,300)</u>	<u>(95,049)</u>	<u>(143,349)</u>	<u>(21,544)</u>
Reconciliation of funds					
Total funds brought forward		228,898	110,050	338,948	360,492
Total funds carried forward	19	<u>180,598</u>	<u>15,001</u>	<u>195,599</u>	<u>338,948</u>

All of the charity's activities derive from continuing operations during the above period.
The funds breakdown for the period is shown in note 19.

See next page for prior year comparatives

The notes on pages 12 to 22 form an integral part of these financial statements

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Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

				11 Months 2023
	Note	Unrestricted £	Restricted £	£
Income and Endowments from:				
Donations and legacies	2	30,992	-	30,992
Charitable activities	3	4,196	835,079	839,275
Other trading activities	5	10,362	-	10,362
Total Income		<u>45,550</u>	<u>835,079</u>	<u>880,630</u>
Expenditure on:				-
Charitable activities	6	<u>(17,316)</u>	<u>(884,858)</u>	<u>(902,174)</u>
Total Expenditure		<u>(17,316)</u>	<u>(884,858)</u>	<u>(902,174)</u>
Net income		28,234	(49,778)	(21,544)
Gross transfers between funds		<u>21</u>	<u>(21)</u>	<u>-</u>
Net movement in funds		28,255	(49,799)	(21,544)
Reconciliation of funds				
Total funds brought forward		200,643	159,849	360,492
Total funds carried forward	19	<u>228,898</u>	<u>110,050</u>	<u>338,948</u>

All of the charity's activities derive from continuing operations during the above period.
The funds breakdown for the period is shown in note 19.

The notes on pages 12 to 22 form an integral part of these financial statements

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Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed Assets			
Tangible Assets	12	14,104	9,035
Current Assets			
Debtors	13	73,050	279,565
Cash at bank and in hand	14	145,447	73,907
		<u>218,497</u>	<u>353,472</u>
Creditors: Amounts falling due within one year	15	(37,002)	(23,560)
Net current assets		<u>181,495</u>	<u>329,913</u>
Net assets		<u>195,599</u>	<u>338,948</u>
 Funds of the charity:			
Restricted income funds			
Restricted funds	19	15,001	110,050
Unrestricted income funds			
Unrestricted funds		<u>180,598</u>	<u>228,898</u>
Total funds	19	<u>195,599</u>	<u>338,948</u>

The financial statements on pages 8 to 22 were approved by the trustees, and authorised for issue on
 29th January 2024 and signed on their behalf by:

S. White

 Sarah White
 Trustee

The notes on pages 12 to 22 form an integral part of these financial statements

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Cash Flow Statement for the Year Ended 31 March 2024

		Full Year 2024	11 Months 2023
	Note	£	£
Cash flows from operating activities			
Net cash income		(143,349)	(21,544)
Adjustments to cash flows from non-cash items			
Depreciation		12,111	5,967
		<u>(131,238)</u>	<u>(15,577)</u>
Working capital adjustments			
(Increase)/decrease in debtors	13	206,515	(86,896)
Increase/(decrease) in creditors	15	13,442	6,582
Net cash flows from operating activities		<u>88,719</u>	<u>(95,891)</u>
Cash flows from operating activities			
Purchase of tangible fixed assets	12	<u>(17,179)</u>	<u>(6,013)</u>
Net (decrease)/increase in cash and cash equivalents		<u>71,540</u>	<u>(101,904)</u>
Cash and cash equivalents at 1 April 2023		<u>73,907</u>	<u>175,812</u>
Cash and cash equivalents at 31 March 2024		<u><u>145,447</u></u>	<u><u>73,907</u></u>
Reconciliation of net cash flow to movement in net funds			
(Decrease)/increase in cash		71,540	(101,904)
Net funds at 1 April 2023		<u>73,907</u>	<u>175,812</u>
Net funds at 31 March 2024		<u><u>145,447</u></u>	<u><u>73,907</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 12 to 22 form an integral part of these financial statements

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Imara CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

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Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Vehicles	20% straight line
IT equipment	33.33% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Full Year 2024 £	11 Months 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	16,249	16,249	1,000
Donations from individuals	17,256	17,256	14,492
Grants, including capital grants; Grants from other charities	22,656	22,656	15,500
	<u>56,160</u>	<u>56,160</u>	<u>30,992</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted Funds £	Full Year 2024 £	11 Months 2023 £
Grants	-	787,627	787,627	839,275
	<u>-</u>	<u>787,627</u>	<u>787,627</u>	<u>839,275</u>

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Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

4 Grants and donations (sum of notes 2 and 3)

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Nottinghamshire Police and Crime Commissioner	-	499,318	499,318
Nottingham University Hospital	-	197,234	197,234
Nottingham City Council	-	67,590	67,590
Bromley Trust (U)	20,000	-	20,000
BBC Children in Need	-	18,485	18,485
The Thomas Farr Charity	-	3,000	3,000
J N Derbyshire Trust	-	2,000	2,000
Sundry grants & donations	36,160	-	36,160
	<u>56,160</u>	<u>787,627</u>	<u>843,788</u>

5 Income from other trading activities

	Unrestricted General £	Full Year 2024 £	11 Months 2023 £
Fundraising & events	18,131	18,131	10,362
	<u>18,131</u>	<u>18,131</u>	<u>10,362</u>

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Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

6 Expenditure on charitable activities

	Unrestricted Funds General £	Restricted Funds £	Full Year 2024 £	11 Months 2023 £
Wages, NI & pension	89,851	687,335	777,186	707,795
Rent, room hire & utilities	1,809	55,071	56,881	48,854
External training & supervisor	1,724	39,273	40,997	29,119
Travel & subsistence	3,497	29,394	32,891	29,565
Legal & professional	383	20,478	20,861	20,305
IT & equipment	825	16,000	16,825	11,274
Depreciation	10,663	1,447	12,111	5,967
Communication	2,768	8,028	10,796	9,850
Staff training & welfare	3,150	4,043	7,193	3,759
Repair & maintenance	1,224	3,663	4,887	2,107
Consultancy & advice	108	3,878	3,986	657
Publications & subscriptions	914	2,954	3,868	1,167
Recruitment & DBS	261	3,489	3,750	6,294
Insurance	151	3,286	3,437	2,214
Supplies & stationery	2,807	273	3,080	6,393
Client activities & resources	324	2,165	2,489	1,922
Payroll fees	18	947	965	2,242
Freelance	-	810	810	4,924
Building, furniture & fixtures	556	83	639	2,997
Postage	486	60	546	434
Fundraising expenses	477	-	477	2,139
Volunteer expenses	376	-	376	1,225
Hospitality	215	-	215	918
Bank & PayPal charges	3	-	3	3
Sundry Expenses	-	-	-	50
	<u>122,590</u>	<u>882,678</u>	<u>1,005,268</u>	<u>902,174</u>

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	Full Year 2024 £	11 Months 2023 £
Depreciation of fixed assets	<u>12,111</u>	<u>5,967</u>

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

8 Staff costs

The aggregate payroll costs were as follows:

	Full Year 2024	11 Months 2023
	£	£
Staff costs during the year were:		
Wages and salaries	709,672	650,890
Social security costs	50,352	40,734
Pension costs	17,161	16,171
	<u>777,186</u>	<u>707,795</u>

The monthly average number of persons (including senior management team) employed by the charity during the

	2024 No.	2023 No.
Average number of employees	<u>36</u>	<u>45</u>

33 (2023 - 35) of the above employees participated in the Defined Contribution Pension Scheme.

Contributions to the employee pension schemes for the period totalled £17,161 (2023 - £16,171).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £46,189 (2023 - £43,065).

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting

	Full Year 2024	11 Months 2023
	£	£
Independent examination	1,370	1,000
Other financial services	-	2,272
	<u>1,370</u>	<u>3,272</u>

11 Related party transactions

There were no related party transactions in the year.

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

12 Tangible fixed assets

	Vehicles £	IT Equipment £	Total £
Cost			
At 1 April 2023	3,750	17,247	20,997
Additions	-	17,179	17,179
At 31 March 2024	<u>3,750</u>	<u>34,426</u>	<u>38,176</u>
Depreciation			
At 1 April 2023	3,000	8,962	11,962
Charge for the year	750	11,361	12,111
At 31 March 2024	<u>3,750</u>	<u>20,323</u>	<u>24,073</u>
Net book value			
At 31 March 2024	<u>750</u>	<u>13,354</u>	<u>14,104</u>
At 31 March 2023	<u>1,500</u>	<u>7,535</u>	<u>9,035</u>

13 Debtors

	2024 £	2023 £
Trade Debtors	12,875	3,531
Accrued Income	37,908	238,120
Prepayments	22,267	24,897
Other Debtors	-	13,017
	<u>73,050</u>	<u>279,565</u>

14 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	145,357	73,907
Cash in hand	89	-
Total cash and cash equivalents	<u>145,447</u>	<u>73,907</u>

15 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	9,785	1,581
Other taxation and social security	12,164	14,584
Other creditors	15,053	7,394
	<u>37,002</u>	<u>23,560</u>

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

16 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Land and buildings		
Within one year	-	9,167
Between one and five years	-	-
	<u>-</u>	<u>9,167</u>

17 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the period.

No trustees have received any reimbursed expenses or any other benefits from the charity in the period.

18 Analysis of net assets between funds

	Unrestricted General £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	14,104	-	14,104
Current assets	203,496	15,001	218,497
Current liabilities	(37,002)	-	(37,002)
Total net assets	<u>180,598</u>	<u>15,001</u>	<u>195,599</u>
	Unrestricted General £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	9,035	-	9,035
Current assets	243,422	110,050	353,472
Current liabilities	(23,560)	-	(23,560)
Total net assets	<u>228,898</u>	<u>110,050</u>	<u>338,948</u>

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

19 Funds	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General	228,898	74,292	(122,590)	(2)	180,598
Restricted funds					
CHISVA (Notts Police)	6,361	308,381	(314,742)	-	-
SARC NHS	25,158	197,234	(222,392)	-	-
MOJ DA SV (Notts Police)		109,476	(109,476)	-	-
Children's DVA Therapeutic Service (NCC)	357	67,590	(67,947)	-	-
CADA (Notts Police)	5,561	66,719	(72,280)	-	-
Letting the Future In (CIN)	2,537	18,485	(19,472)	-	1,550
Imara Early Intervention (National Lottery)	67,673	-	(67,673)	-	-
Sleep and Anxiety Practitioner (CIN)	1,850	-	(1,854)	2	(2)
Chrysalis Project (Notts Police)	-	14,742	(4,742)	-	10,000
Parent Support Groups (Thomas Farr)	-	3,000	-	-	3,000
the7stars Foundation	552	-	(100)	-	452
J N Derbyshire Trust	-	2,000	(2,000)	-	-
Total restricted funds	<u>110,050</u>	<u>787,627</u>	<u>(882,678)</u>	<u>2</u>	<u>15,001</u>
Total funds	<u><u>338,948</u></u>	<u><u>861,919</u></u>	<u><u>(1,005,268)</u></u>	<u><u>-</u></u>	<u><u>195,599</u></u>

Transfers have been made only to tidy up immaterial residual balances on fund accounts

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

The specific purposes for which the funds are to be applied are as follows:

- The CHISVA funding provides emotional, practical and advocacy support for children, young people and families through the Criminal Justice Process. Referrals to the service are for victims/survivors under the age of 18 who have disclosed sexual abuse or assault in the Nottingham City and County Area.
- The NHS SARC funding provides ten therapy sessions for each child referred to our service. These therapy sessions provide early intervention strategies to reduce acute stress symptoms, psycho-education to help children and young people to make sense of what has happened and therapy interventions to promote emotional and physical wellbeing.
- MOJ DA SV (Notts Police) - funding to provide additional CHISVA and therapeutic support to families affected by domestic abuse and sexual abuse, including systemic family therapy; specialist CHISVA role and Letting the Future In therapeutic model.
- Children's DVA Therapeutic Service - provision of therapeutic services in Nottingham City to children and young people affected by domestic abuse and building knowledge of the links between child sexual abuse and domestic abuse.
- CADA (Notts Police) - funding to support the work of a collaboration of local domestic abuse services, promoting therapeutic work with children and young people affected by domestic abuse. Three separate service delivered: individual creative arts therapies; NSPCC Domestic Abuse Recovering Together mother/child groupwork; psycho-education in primary schools through therapeutic conversations.
- Letting the Future In (CIN) - funding for therapeutic team to provide an evidence based model of therapy for children and young people.
- The National Lottery funds Imara's Early intervention service, offering therapeutic assessment and intervention and ongoing support for children, young people and vulnerable adults.
- Sleep and Anxiety Practitioner (CIN) - funding to deliver support to children with sleep and anxiety difficulties.
- Chrysalis Project (Notts Police) - funding to work with families where there has been Harmful Sexual Behaviour between Siblings (HSB-S). This includes education and outreach work as well as direct therapeutic work with both the child who has been harmed and the child who has harmed.
- Parent Support Groups (Thomas Farr) - to provide parent support groups for families involved in the service in Nottinghamshire.
- the7stars Foundation - grants for disadvantaged individuals in the service.
- J N Derbyshire Trust - to support access to services across the county of Nottinghamshire through provision of travel costs.

IMARA CIO

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

19 Funds (cont.)	Balance at 1 May 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
General	200,643	45,550	(17,316)	21	228,898
Restricted funds					
CHISVA (Notts Police)	-	289,091	(282,731)	-	6,361
SARC NHS	19,339	229,604	(223,785)	-	25,158
MOJ DA SV (Notts Police)	-	106,399	(106,394)	(5)	-
Children's DVA Therapeutic Service (NCC)	367	65,621	(65,631)	-	357
CADA (Notts Police)	-	55,972	(50,411)	-	5,561
Letting the Future In (CIN)	-	46,951	(44,414)	-	2,537
Imara Early Intervention (National Lottery)	100,039	25,641	(58,007)	-	67,673
Sleep and Anxiety Practitioner (CIN)	2,362	9,800	(10,312)	-	1,850
The Jones Charitable Trust	-	3,500	(3,500)	-	-
University of Nottingham	-	2,500	(2,500)	-	-
Co-production project (Garfield Weston)	24,155	-	(24,105)	(50)	-
Mentoring for the Future (Thomas Farr)	2,129	-	(2,135)	6	-
Scale Up (SSE)	906	-	(934)	28	-
the7stars Foundation	552	-	-	-	552
Co-production project (Awards for All)	10,000	-	(10,000)	-	-
Total restricted funds	159,849	835,079	(884,858)	(21)	110,050
Total funds	360,492	880,630	(902,174)	-	338,948