

Charity registration number: 1170331

Imara CIO

Annual Report and Financial Statements
for the Year Ended 30 April 2022

Community Accounting Plus
Units 1 & 2
North West
41 Talbot Street
Nottingham
NG1 5GL

Imara CIO

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Imara CIO

Reference and Administrative Details

Trustees	Bea Giaquinto, Co-Chair Maryam Khorassani, Co-Chair Charlotte Caulton-Scott Hannah Yates Zoe Mallett Victoria Raynor, Safeguarding Trustee Panmwa Samson Ochigbo, Treasurer
Senior Management Team	Cath Wakeman, Chief Executive Officer
Charity Registration Number	1170331
Principal Office	202 Mansfield Road Nottingham NG1 3HX
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Imara CIO

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 30 April 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Bea Giaquinto
Maryam Khorassani
Charlotte Caulton-Scott
Hannah Yates
Zoe Mallett (appointed 17 November 2022)
Victoria Raynor (appointed 13 January 2023)
Panmwa Samson Ochigbo (appointed 25 January 2023)
Jennifer Everitt (resigned 31 December 2022)
Biswanath Parida (resigned 21 October 2022)
Mark Ball (resigned 18 March 2022)
Helena Czapska (resigned 11 November 2021)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO Foundation constitution, registered on 23rd November 2016.

Recruitment and appointment of trustees

At recruitment applicants are required to complete a Skills Audit, in order to provide an overview of relevant skills and any gaps on the Board.

When a gap is identified on the board, or a trustee informs us of their intention to step down then we seek to recruit.

Advertisements placed on Reach volunteering; Do It.Org and Nottingham Community Voluntary Service, linked to Imara website and social media e.g. LinkedIn. We also make use of Getting on Board for resources and guidance.

Applicants complete a Skills Audit, CV and a letter stating their reason for applying.

Applicants are short-listed and invited to interview with CEO and a relevant Trustee to explain their interest in the role and discuss their experience for the role.

Successful applicants attend a board meeting and complete necessary checks i.e. DBS, references, sign up to the Imara code of conduct and the Charity Commission Trustee Eligibility Declaration and are then appointed to the Board.

Objectives and activities

Objects and aims

To advance the education of the public and relevant professions with regard to child abuse (including the emotional and psychological consequences resulting from any form of abuse or neglect in childhood) and to provide relief and support to survivors of abuse in particular to children, teenagers and their families.

To promote and protect the physical and mental health of young people, who exhibit sexually harmful behaviour.

Imara CIO

Trustees' Report (continued)

Objectives, strategies and activities

Imara forms part of the referral pathway for children and young people who have disclosed child sexual abuse and have accessed East Midlands Children and Young People's Sexual Assault Service. A referral to Imara from EMCYPSAS leads to:

Therapeutic assessment of children and young people who are victims and survivors of child sexual abuse and of their safe family members. Timely access to pre-trial therapy based on CPS guidelines.

Therapeutic interventions, including psycho-education; teaching early intervention strategies; trauma processing and creative arts therapy sessions; Support to improve disrupted sleep and reduce anxiety symptoms. Provision of evidence based therapeutic programme: Letting the Future In; Children's Accelerated Trauma Technique (CATT);.

Support from Children and Young People's Independent Sexual Violence Advisors (CHISVA) to provide legal and advocacy support throughout the Criminal Justice Process. Provision of support with housing, education, employment, finances and benefits, health, to support family members to recover and to engage with other voluntary and statutory organisations. Ongoing contact through the police investigation and the judicial process, including support through any trial.

Education and training to the safeguarding network around the child and young person; promoting health and wellbeing of children, young people and families, to empower them through their recovery.

Referral on to appropriate support agencies if required, including any safeguarding concerns.

Additional ongoing support provided through our:

Mentoring scheme, matching young people aged 13-24 with volunteer mentors;

Our participation group for young people with lived experience to meet weekly and to help Imara to develop and design services for children and young people, e.g. social media takeover; recruitment and selection; inclusive language on website and leaflets.

Provision of 12 week recovery groups for young people aged over 18 years.

Since September 2021 Imara CIO has provided therapeutic services to children affected by domestic abuse. Our referrals come from local domestic abuse services and we work closely in partnership with other voluntary and statutory organisations to deliver these services. Our therapy approach includes therapeutic assessment involving safe parent; individual creative arts therapy sessions; Domestic Abuse Recovering Together groupwork.

Public benefit

Promoting recovery, supporting families to move forward and to rebuild relationships with their family members, local community and support networks after experiencing the trauma of child sexual abuse and/or domestic abuse.

Educating and empowering children, young people and families to rebuild family life and to support their engagement with education and employment.

Increase awareness and understanding of the dynamics of child sexual abuse and domestic abuse and its impact on victims and survivors to the wider public, to enable them to better support children and young people, responding appropriately to disclosures and enabling safeguarding.

Involvement with local communities, universities and colleges to provide placements for trainee creative arts therapists and social work students; participation group co-production for young people who are experts by experience; volunteering within the mentoring scheme; training and education for wider community.

Imara CIO works in partnership with all agencies involved in safeguarding children, young people and vulnerable adults to ensure everyone has comprehensive, relevant and up to date information to reduce the risks faced by children and young people.

Support with education, housing, employment, health and financial concerns for some of the most disadvantaged families in Nottingham and Nottinghamshire, at a point of crisis in their lives.

Partnership working with Police to support them to focus on their investigation and to enable children and young people to engage with the Criminal Justice Process and provide the best evidence if the case goes to trial.

Partnership working with regional sexual violence services including the Crown Prosecution Service and other local third sector forums.

Imara CIO

Trustees' Report (continued)

Involvement with national partnerships e.g. Supporting Excellence run by Lime Culture, Bluestar Project in collaboration with The Green House and Emma Harewood consultancy, and national focus groups with young people e.g. ONS, to improve practice and processes nationally through education and shared practice.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

Imara continued to provide a specialist service to children and young people following a disclosure or discovery of child sexual abuse. Over the year we have received 341 referrals into our therapy service through the sub-contract to the tender for the East Midlands Children and Young Persons Sexual Assault Service. They are entitled to then receive 10 therapy sessions and wider support to safe family members. A percentage of these accepted further therapeutic support, some for the NSPCC evidence based model, Letting the Future In, that Imara has been accredited to provide as one of the national early adopters.

244 children and young people have been referred into the CHISVA service over the year and our 6 CHISVA's continue to develop their skills and experience, completing additional specialist training. Imara is independently accredited by Lime Culture as meeting the Quality Standards for Independent Sexual Violence Adviser Services.

29 children and young people were referred into our therapeutic service for children affected by domestic abuse. Over this period we have worked directly with 991 individuals, 663 of these individuals were children & young people aged 0-18 and 248 were adults aged 19+.

The board of trustees has had some changes over the year, when the Chair left, the role was taken up by two co-chairs; our staff team has grown with additional funding for CHISVA and therapy services; we have worked with volunteers, interns and pro-bono volunteers, to offer value added services to our clients.

Our services have expanded to allow us to remain responsive to the restrictions imposed due to Covid-19 and we continue to work in a hybrid way, using our Imara premises and other venues in the County, as well as working from home when required.

Our sleep and anxiety practitioner continues to deliver a separate project supporting children, young people and family members to help them to deal with these particularly challenging issues arising from their traumatic experiences.

We work closely with professionals and have supported children and families with safeguarding concerns, including a significant number re self harm; through the Criminal Justice Process and with a host of issues relating to housing, employment, compensation, education, benefits and debt.

We are most proud of the achievements of children and young people who, in spite of everything they are dealing with, walk through the doors of Imara, engage with us, share their thoughts and feelings through words, pictures, behaviours, play, dance and music, remain engaged with the police investigation, including for some children being required to attend court and give evidence at a criminal trial.

We are an energetic, vibrant team of committed, creative and experienced practitioners who innovate in order to stay relevant, purposeful and sustainable in difficult times. This has been evidenced in our initial response to Covid-19 and moving beyond the pandemic.

The team show resourcefulness and resilience in continuing to adapt to the changing demands faced by our client group i.e. children and young people coping with high levels of mental health issues e.g. suicidal ideation and self harming; increased access to online grooming and exploitation.

Clients and individuals who are experts by experience get involved in various transformative ways: employees; trustees; volunteers; recruitment and selection process; research participants; fundraising events e.g. art exhibition; planning and delivering training.

Imara is committed to reviewing and revising our work, we are now reviewing the mentoring scheme considering what we learnt and how we will move this forward as the mentors move on after a year's involvement with the scheme.

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Trustees' Report (continued)

The team are challenged to remain relevant and focused on our client group. We have excellent, established links with our partners in the statutory and voluntary sector and are well respected as specialists in our field.

Training: Employees and practitioners have accessed a wide range of training, both in-service training, external training and CPD training e.g. Creative Arts Supervision Diploma; Help to Grow leadership programme; Children's Accelerated Trauma Training (CATT); Domestic Abuse Recovering Together training; online safeguarding.

Financial review

Total Income: £914,393 (2021: £717,296)

Total Expenditure: £864,274 (2021: £620,101)

Net Operating income : £50,119 (£2021: £97,195)

Policy on reserves

We aim to hold reserves to cover three months operating costs. Reviewing of the policy is part of the Trustees' governance strategy on an annual basis.

Major risks and management of those risks

Funding

Short term funding grants of one year that require us to constantly re-apply and to seek new sources of funding. Competitive tenders with OPCC and NHSE coming up for retendering in 2023.

We continue to apply for various grant funding pots to enable us to provide value added services for our community of interest, whether that is children, young people and safe family members who have recently been referred in or whether that is young people who are moving forward and are choosing to stay involved with the service to support the design and development of the service through co-production.

We have enhanced our wellbeing support to the staff team through our wellbeing policy and the introduction of wellbeing days available to all staff at individual request.

We have developed our fundraising strategy for the year and in spite of the pandemic we have continued to bring in regular small donations and fundraising with the help of our amazing supporters.

We continue to be active on social media and have grown our followers and supporter base. Imara has active Facebook, Instagram, Twitter and LinkedIn pages. This supports our fundraising and is used to promote self care, mental health awareness and campaigning events. Our website has been reviewed and has undergone a revamp, we are mindful of improving accessibility of the service to all children and young people, particularly those who are hard to reach. The development of the diversity group supports us with outreach to wider communities; raising awareness within the service and externally, promoting and celebrating the diversity of our community of interest.

Imara CIO

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on and signed on its behalf by:

.....

Bea Giaquinto
Trustee

Imara CIO

Independent Examiner's Report to the trustees of Imara CIO

Independent examiner's report to the trustees of Imara CIO

I report to the trustees on my examination of the accounts of Imara CIO (the Charity) for the year ended 30 April 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2
North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

Imara CIO

Statement of Financial Activities for the Year Ended 30 April 2022

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	63,473	-	63,473	37,651
Charitable activities	3	9,633	836,893	846,526	678,087
Other trading activities	5	4,394	-	4,394	1,558
Total Income		<u>77,500</u>	<u>836,893</u>	<u>914,393</u>	<u>717,296</u>
Expenditure on:					
Charitable activities	6	<u>(42,772)</u>	<u>(821,502)</u>	<u>(864,274)</u>	<u>(620,101)</u>
Total Expenditure		<u>(42,772)</u>	<u>(821,502)</u>	<u>(864,274)</u>	<u>(620,101)</u>
Net income		34,728	15,391	50,119	97,195
Gross transfers between funds		<u>(7,315)</u>	<u>7,315</u>	-	-
Net movement in funds		27,413	22,706	50,119	97,195
Reconciliation of funds					
Total funds brought forward		<u>94,782</u>	<u>187,051</u>	<u>281,833</u>	<u>184,638</u>
Total funds carried forward	19	<u>122,195</u>	<u>209,757</u>	<u>331,952</u>	<u>281,833</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 19.

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	37,651	-	37,651
Charitable activities	3	8,690	669,397	678,087
Other trading activities	5	1,558	-	1,558
Total Income		<u>47,899</u>	<u>669,397</u>	<u>717,296</u>
Expenditure on:				
Charitable activities	6	<u>(22,963)</u>	<u>(597,138)</u>	<u>(620,101)</u>
Total Expenditure		<u>(22,963)</u>	<u>(597,138)</u>	<u>(620,101)</u>
Net income		24,936	72,259	97,195
Gross transfers between funds		<u>(1,556)</u>	<u>1,556</u>	-
Net movement in funds		23,380	73,815	97,195
Reconciliation of funds				
Total funds brought forward		<u>71,402</u>	<u>113,236</u>	<u>184,638</u>
Total funds carried forward	19	<u>94,782</u>	<u>187,051</u>	<u>281,833</u>

The notes on pages 11 to 21 form an integral part of these financial statements.

Imara CIO

(Registration number: 1170331) Balance Sheet as at 30 April 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	12	8,989	2,250
Current assets			
Debtors	13	164,128	42,984
Cash at bank and in hand	14	<u>175,812</u>	<u>247,028</u>
		339,940	290,012
Creditors: Amounts falling due within one year	15	<u>(16,977)</u>	<u>(10,429)</u>
Net current assets		<u>322,963</u>	<u>279,583</u>
Net assets		<u><u>331,952</u></u>	<u><u>281,833</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds	19	209,757	187,051
Unrestricted income funds			
Unrestricted funds		<u>122,195</u>	<u>94,782</u>
Total funds	19	<u><u>331,952</u></u>	<u><u>281,833</u></u>

The financial statements on pages 8 to 21 were approved by the trustees, and authorised for issue on and signed on their behalf by:

.....
Bea Giaquinto
Trustee

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Cash Flow Statement for the Year Ended 30 April 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash income		50,119	97,195
Adjustments to cash flows from non-cash items			
Depreciation		4,495	750
		54,614	97,945
Working capital adjustments			
(Increase)/decrease in debtors	13	(121,144)	19,478
Increase in creditors	15	6,548	2,413
Net cash flows from operating activities		(59,982)	119,836
Cash flows from investing activities			
Purchase of tangible fixed assets	12	(11,234)	-
Net (decrease)/increase in cash and cash equivalents		(71,216)	119,836
Cash and cash equivalents at 1 May		247,028	127,192
Cash and cash equivalents at 30 April		175,812	247,028
Reconciliation of net cash flow to movement in net funds			
(Decrease)/increase in cash		(71,216)	119,836
Net funds at 1 May 2021		247,028	127,192
Net funds at 30 April 2022		175,812	247,028

All of the cash flows are derived from continuing operations during the above two periods.

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Imara CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Vehicles	20% straight line
IT equipment	33.33% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

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Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	38,473	38,473	31,631
Donations from individuals	25,000	25,000	-
Grants, including capital grants;			
Government grants	-	-	6,020
	63,473	63,473	37,651

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Sales & fees	9,633	-	9,633	8,690
Grants	-	836,893	836,893	669,397
	9,633	836,893	846,526	678,087

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

4 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds £
Awards for All	-	10,000	10,000
BBC Children in Need	-	33,276	33,276
National Lottery Community Fund	-	113,657	113,657
Bromley Trust	15,000	-	15,000
Masonic Charitable Trust	10,000	-	10,000
Local Giving	8,671	-	8,671
J. N. Derbyshire Trust	-	4,000	4,000
Nottinghamshire Police and Crime Commissioner	-	361,567	361,567
Nottingham University Hospital	-	223,517	223,517
The Thomas Farr Charity	-	3,000	3,000
Garfield Weston Foundation	-	25,000	25,000
Sundry grants & donations	3,802	-	3,802
CAST	-	2,616	2,616
Chris Pugh	25,000	-	25,000
the7stars Foundation	-	260	260
Nottingham City Council	-	60,000	60,000
Arnold Clark Community Fund	1,000	-	1,000
	<u>63,473</u>	<u>836,893</u>	<u>900,366</u>

5 Income from other trading activities

	Unrestricted General £	Total 2022 £	Total 2021 £
Fundraising & events	<u>4,394</u>	<u>4,394</u>	<u>1,558</u>
	<u>4,394</u>	<u>4,394</u>	<u>1,558</u>

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Communication	838	8,670	9,508	7,439
Consultancy & advice	-	200	200	1,770
External training & supervisor	1,888	59,207	61,095	34,998
Freelance	-	19,308	19,308	9,421
Fundraising expenses	3,205	50	3,255	178
Hospitality	-	40	40	(224)
Insurance	607	1,260	1,867	2,395
Legal & professional	2,050	28,657	30,707	23,928
Recruitment & DBS	-	3,218	3,218	446
Rent, room hire & utilities	1,833	44,141	45,974	36,416
Repair & maintenance	144	2,885	3,029	4,644
Supplies & stationery	1,001	3,778	4,779	6,161
Wages, NI & pension	24,854	610,321	635,175	468,381
Travel & subsistence	678	13,542	14,220	1,571
Commission expenses	-	-	-	20
Sundry expenses	-	77	77	-
IT & equipment	1,647	9,236	10,883	6,226
Payroll fees	512	2,470	2,982	510
Publications & subscriptions	537	3,443	3,980	5,150
Staff training & welfare	140	806	946	1,605
Volunteer expenses	-	335	335	36
Depreciation	750	3,745	4,495	750
Client activities & resources	-	3,217	3,217	6,016
Bank & PayPal charges	3	2	5	832
Postage	14	561	575	303
Building, furniture & fixtures	2,071	2,333	4,404	1,129
	<u>42,772</u>	<u>821,502</u>	<u>864,274</u>	<u>620,101</u>

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>4,495</u>	<u>750</u>

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

8 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	574,674	431,967
Social security costs	45,011	25,181
Pension costs	15,490	11,233
	<u>635,175</u>	<u>468,381</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	<u>26</u>	<u>21</u>

25 (2021 - 21) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £15,490 (2021 - £11,233).

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £51,224 (2021 - £49,904).

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	925	825
Other financial services	1,660	1,557
	<u>2,585</u>	<u>2,382</u>

11 Related party transactions

There were no related party transactions in the year.

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

12 Tangible fixed assets

	Vehicles £	Computer equipment £	Total £
Cost			
At 1 May 2021	3,750	-	3,750
Additions	-	11,234	11,234
	<u>3,750</u>	<u>11,234</u>	<u>14,984</u>
At 30 April 2022	<u>3,750</u>	<u>11,234</u>	<u>14,984</u>
Depreciation			
At 1 May 2021	1,500	-	1,500
Charge for the year	750	3,745	4,495
	<u>2,250</u>	<u>3,745</u>	<u>5,995</u>
At 30 April 2022	<u>2,250</u>	<u>3,745</u>	<u>5,995</u>
Net book value			
At 30 April 2022	<u>1,500</u>	<u>7,489</u>	<u>8,989</u>
At 30 April 2021	<u>2,250</u>	<u>-</u>	<u>2,250</u>

13 Debtors

	2022 £	2021 £
Prepayments	24,881	17,758
Other debtors	139,247	25,226
	<u>164,128</u>	<u>42,984</u>

14 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	175,812	247,028

15 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	2,324	7,603
Other taxation and social security	10,543	-
Other creditors	4,110	2,826
	<u>16,977</u>	<u>10,429</u>

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

16 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2022 £	2021 £
Land and buildings		
Within one year	27,500	27,500
Between one and five years	9,167	36,667
	<u>36,667</u>	<u>64,167</u>

17 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

18 Analysis of net assets between funds

	Unrestricted		2022 Total funds
	General £	Restricted £	£
Tangible fixed assets	8,989	-	8,989
Current assets	130,183	209,757	339,940
Current liabilities	(16,977)	-	(16,977)
Total net assets	<u>122,195</u>	<u>209,757</u>	<u>331,952</u>
	Unrestricted		2021 Total funds
	General £	Restricted £	£
Tangible fixed assets	2,250	-	2,250
Current assets	95,517	194,495	290,012
Current liabilities	(2,985)	(7,444)	(10,429)
Total net assets	<u>94,782</u>	<u>187,051</u>	<u>281,833</u>

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

19 Funds

	Balance at 1 May 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2022 £
Unrestricted funds					
<i>General</i>					
General	94,782	77,500	(42,772)	(7,315)	122,195
Restricted funds					
Open Mic' Project (People's Health)	5,900	-	-	(5,900)	-
Imara Early Intervention (National Lottery)	106,157	113,657	(69,867)	-	149,947
CHISVA (Notts Police)	-	361,567	(378,171)	16,604	-
Letting the Future In (HFC)	5,923	-	(6,255)	332	-
SARC NHS	31,955	223,517	(236,133)	-	19,339
Step Up (Boots)	389	-	-	(389)	-
Gardening project (Browne Jacobson)	1,481	-	-	(1,481)	-
MOJ Covid grant	547	-	(547)	-	-
Scale Up (SSE)	5,132	-	(4,226)	-	906
Catalyst	-	2,616	(2,616)	-	-
Mentoring project (Youth Fund)	1,256	-	(1,256)	-	-
SSBC	1,023	-	(1,048)	25	-
Letting the Future In (CIN)	24,775	23,476	(48,721)	470	-
Sleep and Anxiety Practitioner (CIN)	2,221	9,800	(9,659)	-	2,362
the7stars Foundation	292	260	-	-	552
Letting the Future In (J.N. Derbyshire)	-	4,000	(4,000)	-	-
Children's DVA Therapeutic Service	-	60,000	(57,287)	(2,346)	367
Co-production project (Garfield Weston)	-	25,000	(845)	-	24,155
Mentoring for the Future (Thomas Farr)	-	3,000	(871)	-	2,129
Co-production project (Awards for All)	-	10,000	-	-	10,000
Total restricted funds	<u>187,051</u>	<u>836,893</u>	<u>(821,502)</u>	<u>7,315</u>	<u>209,757</u>
Total funds	<u>281,833</u>	<u>914,393</u>	<u>(864,274)</u>	<u>-</u>	<u>331,952</u>

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

The transfer from the Children's DVA Therapeutic Service fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

The transfer from the General fund to the Letting the Future In (HFC), CHISVA (Notts Police), SSBC and Letting the Future In (CIN) funds is to cover the deficit on these activities.

The transfers from the Open Mic' Project (People's Health), Step Up (Boots) and Gardening project (Browne Jacobson) funds to the General fund relates to activities which have ceased, and the release of any restrictions on the use of these funds.

The specific purposes for which the funds are to be applied are as follows:

- The 'Open Mic' project is funded by the People's Health Trust and offers a group space for young people to meet to play musical instruments, sing and write songs alongside musicians and therapists. They will also produce and record their material as a group.
- The National Lottery funds Imara's Early intervention service, offering therapeutic assessment and intervention and ongoing support for children, young people and vulnerable adults.
- The CHISVA funding provides emotional, practical and advocacy support for children, young people and families through the Criminal Justice Process. Referrals to the service are for victims/survivors under the age of 18 who have disclosed sexual abuse or assault in the Nottingham City and County Area.
- Help For Children funding is for the development of an evidence based therapeutic model 'Letting the Future In' in partnership with NSPCC.
- The NHS SARC funding provides ten therapy sessions for each child referred to our service. These therapy sessions provide early intervention strategies to reduce acute stress symptoms, psycho-education to help children and young people to make sense of what has happened and therapy interventions to promote emotional and physical wellbeing.
- Gardening project (Browne Jacobson) - to support families and children to grow together through small family group workshops.
- Step up (Boots) - funding for a volunteer co-ordinator to support the promotion of volunteering at Imara and to recruit and build our volunteer base.
- Letting the Future In (CIN, J.N. Derbyshire) - funding for therapeutic team to provide an evidence based model of therapy for children and young people.
- Sleep and Anxiety Practitioner (CIN) - funding to deliver support to children with sleep and anxiety difficulties.
- Mentoring project (Youth Fund) - start-up and delivery of Mentoring project.
- MOJ Covid - additional funding for the service in response to Covid-19, providing resources for premises to reduce Covid risks and providing funding for salaries-CHISVA and Therapy.
- Scale Up (SSE) - matched funding re trading income over a 12 month period whilst CEO attending Scale up Programme, designed to build sustainability in organisation.
- Catalyst - training and equipment to build our digital capacity.
- SSBC - provision of music groups for small children and parents, delivered by Rainbow Stripes.
- the7stars Foundation - grants for disadvantaged individuals and a Covid grant for additional resources for children at Imara.
- Children's DVA Therapeutic Service - provision of therapeutic services in Nottingham City to children and young people affected by domestic abuse and building knowledge of the links between child sexual abuse and domestic abuse.
- Co-production project (Garfield Weston, Awards for All) - facilitating our participation group of young people who are experts by experience to grow and develop the group, building skills and expertise.
- Mentoring for the Future (Thomas Farr) - support to our volunteer mentoring partnerships, empowering young mentees to move forward and achieve their potential.

Imara CIO

Notes to the Financial Statements for the Year Ended 30 April 2022 (continued)

These are the figures for the previous accounting period and are included for comparative purposes

	Balance at 1 May 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2021 £
Unrestricted funds					
<i>General</i>					
General	71,402	47,899	(22,963)	(1,556)	94,782
Restricted					
Open Mic' Project (People's Health)	4,701	1,575	(376)	-	5,900
Imara Early Intervention (National Lottery)	63,783	99,318	(56,944)	-	106,157
CHISVA (Notts Police)	-	185,749	(186,015)	266	-
Letting the Future In (HFC)	10,503	13,125	(17,705)	-	5,923
SARC NHS	5,490	194,099	(167,634)	-	31,955
Step Up (Boots)	1,907	-	(1,518)	-	389
Gardening project (Browne Jacobson)	1,481	-	-	-	1,481
MOJ Covid grant	(45)	36,540	(35,948)	-	547
Scale Up (SSE)	(329)	7,000	(1,539)	-	5,132
Catalyst	-	8,286	(9,576)	1,290	-
Wheatcroft	3,674	-	(3,674)	-	-
Covid (HFC)	-	16,436	(16,436)	-	-
Covid response (National Lottery)	-	28,557	(28,557)	-	-
Mentoring project (Youth Fund)	12,659	-	(11,403)	-	1,256
SSBC	-	5,996	(4,973)	-	1,023
Letting the Future In (CIN)	446	68,684	(44,355)	-	24,775
Sleep and Anxiety Practitioner (CIN)	8,966	3,032	(9,777)	-	2,221
the7stars Foundation	-	1,000	(708)	-	292
Total restricted funds	<u>113,236</u>	<u>669,397</u>	<u>(597,138)</u>	<u>1,556</u>	<u>187,051</u>
Total funds	<u><u>184,638</u></u>	<u><u>717,296</u></u>	<u><u>(620,101)</u></u>	<u><u>-</u></u>	<u><u>281,833</u></u>