



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st October 2021
Period end date

Period start date To 30th September 2022

Charity name: Be Enriched Elements

Charity registration number: 1170219

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none">1. To prevent and relieve poverty and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship by delivering free community meals and by advancing health and nutrition education for the public benefit.2. To relieve those in need by reason of disability or social or economic disadvantage by providing free therapeutic sessions for the public benefit.3. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competences, skills and understanding.4. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education

		through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Canteens project, The Wandsworth Food Bus, The Wandsworth Food Partnership, Work experience and volunteering See attached Annual report
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Charity law requires the trustees to approve financial statements for each financial year which give a true and fair view of the state of affairs of the charity including the incoming resources and expenditure for the purposes of the charity's objects. The trustees are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities. There were no serious incidents requiring any report to the Charity Commission.

Additional information (optional)

You may choose to include further statements where relevant about:

Contribution made by volunteers	Para 1.38	650 regular volunteer attendances helped the charity to run the canteens project cooking approx. 4000 meals over the year See attached Annual report
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In the year ending 30th September 2022 the charity delivered the Canteens project in Tooting and Elephant and Castle for 150 weekly beneficiaries; four 6 month placements for kickstart; and ran the Food bus project across Lambeth and Wandsworth.</p> <p>See Attached Annual report for further information</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Be Enriched's main expenditure was on staff costs amounting to £167,000. There were 10 salaried employees and 5 interns and 1 contractor
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted funds, designated funds and tangible fixed assets.
Amount of reserves held	Para 1.22	Total assets at the end of the period amounted to £28,400

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income was derived from primarily grants and then individual public donations. The charity is aiming to diversify it's income while control and reduce costs and continuing to meet its key objectives.
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation with voting members other than its charity trustees ('Association' Model Constitution)
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Be Enriched is a Charitable Incorporated Organisation (CIO) with a Constitution approved by the Charity Commission.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The charity is managed by a unitary board of trustees. The Executive trustee is the CEO. The Non-executive trustees are appointed by the other trustees.

Additional information (optional)

You may choose to include further statements where relevant about:


The charity's organisational structure and any wider network with which the charity works	Para 1.51	Major decisions are made by the Charity Trustees at regular Board Meetings. Day to day management of the Charity's affairs and line management of staff is delegated to the Chief Executive Officer.
Relationship with any related parties	Para 1.51	The charity has a shared staffing agreement with Brixton People's Kitchen

Reference and Administrative details

Charity name	Be Enriched Elements
Other name the charity uses	Be Enriched
Registered charity number	1170219
Charity's principal address	International House 6, Canterbury Crescent London SW9 7QD
Chief Executive	Kemi Akinola

The Trustees declare that they have approved the Trustees’ Annual Report .

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	A Akinola	
Position (eg Secretary, Chair, etc)	Trustee	

Date	01/01/2023
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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah	Chair		
2	Ngoc			
3	Terence Mitchison	Treasurer		
4	Adelynne Akinola	Executive Trustee		
5	Orlando Whetherd			
6	Ruby Barnett	Secretary		
8				
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Be Enriched Elements		1170219		
Annual accounts for the period				
Period start date	10/1/2021	To	9/30/2022	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	-	215,060	-	215,060	191,515
Charitable activities	S02	44,415	-	-	44,415	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	206	-	-	206	-
Separate material item of income	S05	220	-	-	220	-
Giftaid	S06	898	-	-	898	-
Total	S07	45,739	215,060	-	260,799	191,515
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	6,785	-	-	6,785	8,286
Charitable activities	S09	-	225,596	-	225,596	159,827
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	6,785	225,596	-	232,381	168,113
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	38,954	- 10,536	-	28,418	23,402
Net income/(expenditure)	S14	-	-	-	-	-
Extraordinary items	S15	38,954	- 10,536	-	28,418	23,402
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	38,954	- 10,536	-	28,418	23,402
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	38,954	- 10,536	-	28,418	23,402

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01		-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)		B09	179,856	208,275	-	388,131	-
Total current assets		B10	179,856	208,275	-	388,131	-
Creditors: amounts falling due within one year	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	179,856	208,275	-	388,131	-
Total assets less current liabilities		B13	179,856	208,275	-	388,131	-
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	179,856	208,275	-	388,131	-
Funds of the Charity							
Endowment funds (Note 27)		B17	-			-	-
Restricted income funds (Note 27)		B18		-		-	-
Unrestricted funds		B19			-	-	-
Revaluation reserve		B20				-	
Total funds		B21	-	-	-	-	-
Signed by one or two trustees on behalf of all the trustees			Signature		Print Name		Date of approval dd/mm/yyyy
			T. A. Mitchison		Terence Anthony Mitchison		25/08/2023
			Sarah Coulson		Sarah Coulson		29/08/2023

Section C **Notes to the accounts**

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

☒

*-Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Not applicable

Disclosure of any uncertainties that make the going concern assumption doubtful;

Not applicable

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*

☒

*-Tick as appropriate

No*

☐

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	Accrual accounts required
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	Turnover increase
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	Not applicable

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*

☒

*-Tick as appropriate

No*

☐

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*

☒

*-Tick as appropriate

No*

☐

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Accrual accounts required owing to turnover increase

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure)
as restated _____

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Government grants	The charity has received government grants in the reporting period	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Support costs	The charity has incurred expenditure on support costs.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least <input type="text"/>	Yes	No	N/a
	They are valued at cost.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Intangible fixed assets	The depreciation rates and methods used are disclosed in note 9.2.	Yes	No	N/a
	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	They are valued at cost.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	They are valued at cost.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
	✓	

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
		✓

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	32,463	-	-	32,463	-
	Gift Aid	898	-	-	898	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	215,060	-	215,060	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	33,360	215,060	-	248,420	-
Charitable activities:	Group corporate volunteering	3,590	-	-	3,590	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	3,590	-	-	3,590	-
Other trading activities:		-	-	-	-	-
	Food Bus	1,254	-	-	1,254	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,254	-	-	1,254	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		38,205	215,060	-	253,265	-

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4 **Analysis of receipts of government grants**

	Description	This year £
Government grant 1	Greater London Authority - Good Growth Fund	21,000
Government grant 2	Wandsworth Council - Food Bus	2,950
Government grant 3		-
Other		-
	Total	23,950

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	None	None

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	None	None

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.	
---	--

<p>Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.</p>	<p>Castle canteen had some regular volunteers and corporate groups attended the session as individual volunteers. Two corporate companies supported the sessions by referring their colleagues to attend the session. Their consistent support helped the canteen to increase the number of volunteers and delivered the session successfully.</p> <p>Total Number of Volunteers: 271</p> <p>Tooting canteen hosted both regular volunteers and saw an increased numbers of new volunteers who attended the sessions after March (post-pandemic). We also hosted eight corporate group sessions in Tooting canteen, each with at least six new volunteers per occasion.</p> <p>Individual Volunteers: 280</p> <p>Corporate Volunteers: 8 groups/66 volunteers</p> <p>Total Number of Volunteers: 346</p>
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Section C**Notes to the accounts****Note 10** Details of certain items of expenditure**10.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
TBC	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 11 **Paid employees**
Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	90,885	126,920
Social security costs	9,333	5,342
Pension costs (defined contribution scheme)	3,492	1,746
Other employee benefits	429	1,124
Total staff costs	104,139	135,131

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

No employees received benefits of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-
	0	

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year	Last year
£	£
25,137	18,780

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	10	9
Governance	2	2
Other	-	-
Total	12	11

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year £	Last year £
-	-

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

Is this wo

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year £	Last year £
Amount of contributions recognised in the SOFA as an expense	3,492	1,746

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

--	--

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

Section C**Notes to the accounts****(cont)****Note 14 Tangible fixed assets***Please complete this note if the charity has any tangible fixed assets***14.1 Cost or valuation**

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	12,000	2,500	14,500
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	12,000	2,500	14,500

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	12,000	2,500	14,500
Net book value at the end of the year	-	-	12,000	2,500	14,500

Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
10,117.6	6,101.3
-	-
10,117.6	6,101.3

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

This year	Last year
£	£
1,893.6	5,000.0
-	-
-	-
-	-
Total 1,893.6	5,000.0

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
99,158	81,314
-	-
99,158	81,314

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	25,137	801	-	-	25,938
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

CEO ID A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

N/A

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	18,780	593	-	-	19,373
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

CEO ID A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

N/A



Annual Report

OCT 2021-SEPT 2022

'Enriching communities through food'

CHARITY OVERVIEW

Charity Name: Be Enriched Elements

Charity No: 1170219

Charity Incorporation date: 16 November 2016

Trustees Annual Report for period
1 October 2021 to 30 September 2022

Trustees for period: Ngoc Nguyen, Orlando
Wethered, Sarah Coulson, Terence Mitchison

CEO: Kemi Akinola

Accountant: Pamela Kappa, Smart PA

International House, 6th Floor, 6 Canterbury
Crescent, London SW9 7QD
Hello@be-enriched.org

CHARITABLE OBJECTIVES

- To prevent and relieve poverty, and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship, by delivering free community meals and by advancing health and nutrition education for the public benefit.
- To relieve, assist and provide support for people in need by reason of disability or disadvantage by providing free therapeutic sessions for the public benefit
- For the public benefit, to relieve those in need by reason of youth, age, financial hardship or other disadvantage, and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competencies, skills and understanding.
- For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.


EXECUTIVE SUMMARY

The 2021-2022 period marked a phase of growth and adaptation for Be Enriched, as we remain committed to addressing the challenges faced by the communities we serve. Like many small organisations, we navigated the aftermath of COVID-19 and confronted the ongoing pressures of the cost of living crisis, affecting both our beneficiaries and ourselves.

During this time, Be Enriched underwent significant transformations to meet the increasing needs of our communities. As part of this evolution, we are in the process of crafting a new five year strategy, which addresses the changing world and the environment we find ourselves in.

Our vision for the future is centred around creating a world buzzing with connections, where people, community, and planet are connected in positive, meaningful, and practical ways. As we approached the conclusion of our 9th year of operation, our primary goal is to forge stronger and more connected communities while alleviating the impact of poverty on marginalised individuals. We aim to achieve this by leveraging our years of experience and reputable standing to provide support and empowerment in two key areas: food access and addressing holiday hunger.

At Be Enriched, we remain steadfast in our commitment to being a diverse organization that fosters unity, promotes knowledge-sharing, and encourages skill sharing and learning.



We are immensely proud of our efforts in supporting five new learners through the Kickstart program, facilitating their entry into the workforce, with some choosing to stay with our organization.

As we look to the future, we cannot ignore the concerning widening inequality gap and the escalating demand for our services. Unfortunately, the UK government has chosen to maintain benefits at an all-time low, failing to keep up with inflation and adequately cover basic needs. In response, we have collaborated with partners on numerous occasions during this period to challenge the reduction of the £20 'uplift' in benefits, advocate for the extension of free school meals for families with no recourse to public funds (NRPF) and to increase the value of Healthy Start vouchers, which have a significant impact on countless lives.

I extend my heartfelt gratitude to all the volunteers, donors, and partners who have supported, donated, and commissioned our services. With your invaluable contributions, we can work together to build a well-connected and supported world, where we can make a lasting difference in the lives of those we serve.

With gratitude

Kemi A

FOUNDER/ CEO



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2. Community Canteens
3. Food Bus
4. Wandsworth Food Partnership
5. Volunteering
6. Collaboration and Funding
7. Media and Communications
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BEENRICHED



WHAT WE DO?

Welcome to Be Enriched's Annual Impact Report. Our efforts are driven by the belief that by breaking bread together, we can break down barriers of social isolation and cultivate a sense of belonging and understanding.

With a firm commitment to strengthening communities, we have embraced the challenges and triumphs of the past year, all while nurturing bonds that bridge divides.

How we deliver this:

- Community Canteens
- The Food Bus project
- Wandsworth Food Partnership



COMMUNITY CANTEENS

Our community canteens have been a beacon of hope and nourishment, providing a welcoming space for individuals to connect, build relationships, and share in the joy of a nutritious meal. From October 2021 to September 2022, Be Enriched proudly operated two canteens: Castle Canteen in Elephant & Castle and Tooting Canteen (formerly Graveney) in Tooting Broadway. Despite the challenges posed by COVID-19, we remained resilient, ensuring our guests' well-being and the continuity of our vital services.

Adapting Amidst COVID:

The COVID-19 pandemic brought unprecedented challenges, compelling us to adapt to new limitations until March 2022. Despite these obstacles, our canteens persevered, operating every week with a steadfast commitment to nourishing our guests' bodies and souls during these trying times.

Growing Community Impact:

As the aftermath of COVID-19 and the Cost of Living Crisis unfolded, we witnessed a notable rise in the number of visitors seeking support from our canteens throughout 2022. Our doors remained open, and our services expanded to meet the increasing demand for food security and community connection.



Castle Canteen's Growth:

Throughout 2022, Castle Canteen experienced remarkable growth. At the end of 2021, the canteen welcomed an average of 15-20 guests per session. Today, we proudly serve an average of 25-30 guests per session, a testament to our dedication in catering to the needs of our community.

Tooting Canteen's Milestone:

Tooting Canteen, celebrating its nine years of operation in 2022, continued to be a beacon of support and friendship. The canteen experienced an impressive growth rate, currently hosting an average of 30-35 visitors per session, proving our commitment to nurturing lasting connections.

Farewell to Battersea Canteen:

It is with a heavy heart that we bid farewell to Battersea Canteen. Due to the owners' decision to sell the property, we made the difficult decision to permanently shut down the canteen. We extend our gratitude to all the guests, volunteers, and supporters who made Battersea Canteen a place of warmth and compassion throughout its journey.





THE FOOD BUS

In November 2021, the Food Bus embarked on its remarkable journey, bringing hope and fresh produce to marginalised areas in Wandsworth and Lambeth. As a converted double-decker bus, it serves as a symbol of accessibility and affordability, ensuring that nutritious food is within reach for all. This section highlights our achievements, challenges, and plans for the future as we continue our mission to make a positive impact on the communities we serve.

Overcoming Challenges and Fostering Relationships:

Shortly after our triumphant launch, the Food Bus faced unexpected mechanical issues, leading to a six-month hiatus for repairs. Despite this setback, our dedicated team kept their connections alive with the communities we serve.

Collaborating with Brixton Peoples Kitchen, we organized Holiday Activities and Food (HAF) for children and families in receipt of Free School Meals. Additionally, we provided essential food parcels to Wandsworth residents through the Wandsworth Family Food fund, ensuring that no one went hungry during this time of need.

Making a Splash at Local Festivals:

When the Food Bus hit the road again in the summer of 2022, we were eager to bring joy and nourishment to our communities. At Brockwell Bounce, a vibrant family festival in Lambeth, we partnered with Brixton Peoples Kitchen and Too Good To Go UK, hosting food workshops and an unforgettable supper club. We also attended summer fetes with two of the schools we work with, Henry Fawcett and Allen Edwards Primary Schools, further strengthening our bonds with the youth and their families.



THE FOOD BUS
BY BE ENRICHED

Summer of Nourishment and Creativity:

July and August 2022 were particularly eventful for the Food Bus team. In collaboration with Brixton Peoples Kitchen, we organized a week-long Summer HAF, providing meals to 135 children and their parents. During this time, we held engaging workshops on food, drama, and arts & crafts, fostering creativity and learning. Our team took the children on exciting excursions to both Battersea and Burgess Park, enriching their experiences. The collaboration with various members of our community brought storytelling, puppet shows, salsa classes, and Makaton lessons, further adding to the magic of the Summer HAF.

Next Steps and Aspirations:

As we look to the future, the Food Bus remains steadfast in its commitment to creating lasting impact. Our next goal is to increase our returning customer rate, aiming to support 50 individuals at each bus stop, culminating in 250 customers per week. By fostering stronger ties with our community partners, schools, and local organizations, we believe we can achieve this ambitious target.





WANDSWORTH FOOD PARTNERSHIP

The Food Partnership's unwavering commitment to its goals and objectives shone brightly during the reporting period. We remained steadfast in our mission to create positive change and address pressing societal issues. This section highlights some of our notable accomplishments and endeavors that have made a tangible impact on the communities we serve.

Completion of the Food Roots Programme:

A major milestone for the Food Partnership was the successful completion of the Food Roots programme. This achievement represents our dedication to fostering sustainable and resilient food systems. Through collaborative efforts, we laid the groundwork for lasting change and a healthier, more equitable future.

Catch-Up Events and Inspiring On-Site Visits:

During the reporting period, the Food Partnership actively participated in catch-up events and conducted on-site visits to commendable food projects across London. Witnessing the transformative work of organizations like the Granville Kitchen inspired us, reaffirming the importance of collaborative action to address food insecurity.

Confronting the Cost-of-Living Crisis:

In November 2021, a pivotal meeting convened the Food Partnership to delve into critical societal issues. The cost-of-living crisis, compounded by challenges stemming from the COVID-19 pandemic's aftermath, took center stage. Joined by organisations Feeding Britain and SW Leap, we engaged in insightful discussions on their efforts to tackle this pressing matter.

Elevating the Healthy Start Scheme:

A key priority during the reporting period was elevating the visibility of the Healthy Start Scheme. This vital program plays a crucial role in enhancing public health and well-being. To amplify its impact, the Food Partnership collaborated with Sustain and co-signed an open letter addressed to the Health Secretary. This letter emphasized the pressing issues surrounding the Healthy Start system and expressed concerns about the government's insufficient promotion of this essential scheme.

Gratitude and Looking Ahead:

None of these accomplishments would have been possible without the collective effort of our partners, stakeholders, and dedicated team. We extend our heartfelt gratitude to everyone who contributed to the Food Partnership's success during this reporting period.

As we look ahead, we remain committed to our mission and vision. Our journey to create resilient, sustainable, and equitable food systems continues. Together, we will rise to the challenges before us and build a brighter future for all.



Castle Canteen

The canteen had some regular volunteers and corporate groups attended the session as individual volunteers. AECOM and Spokemead supported the sessions by referring their colleagues to attend the session. Their consistent support helped the canteen to increase the number of volunteers and delivered the session successfully.

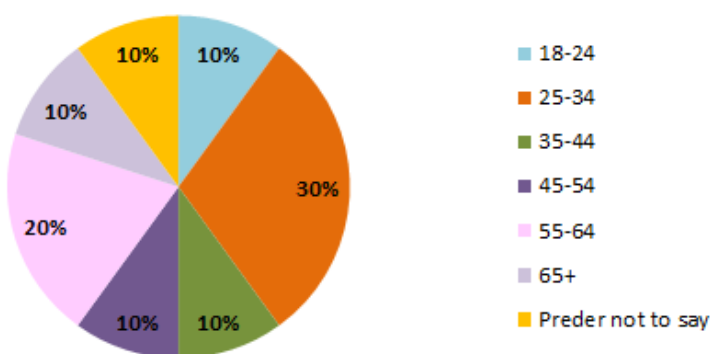
- Total Number of Volunteers: 271

Tooting Canteen

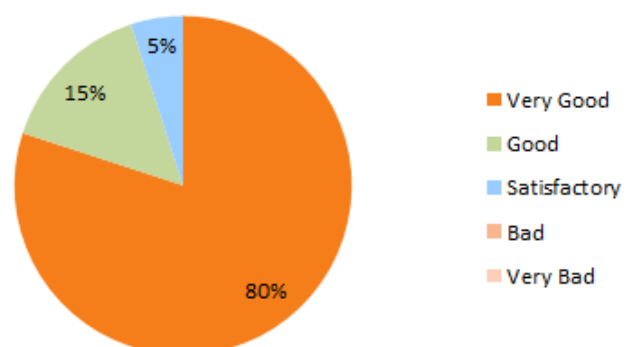
The canteen hosted both regular volunteers and saw an increased numbers of new volunteers who attended the sessions after March (post-pandemic). We also hosted eight corporate group sessions in Tooting canteen, each with at least six new volunteers per occasion.

- Individual Volunteers: 280
- Corporate Volunteers: 8 groups/66 volunteers
- Total Number of Volunteers: 346

Volunteer Ages



Volunteering Experience



"Felt part of a team doing good things. Nice friendly people."

"It is a meaningful work, nice time to work together."

"I love your canteens initiative. Inspired so many people to do volunteering that never thought of doing before! BIG THANK YOU"

"Be Enriched staff and volunteers have a very positive attitude and look to make a positive impact on people's lives."

Customers attend from all walks of life, some attend for the company and to meet people but they also attend because they are trying to rebuild their lives, e.g. recovering from alcoholism or drug addiction, and the Centre offers a friendly face and a chat, and most importantly no one is there to judge them.



" The overall experience was great. All staff were helpful and engaging. The head chef was inspiring and created a fun day for us volunteers. Seeing the impact the canteen makes to those who attend was the best part - services like Be Enriched are so important and being a part of it for one day was an incredibly valuable experience."

"It was a fun day, produced a great service."
"I had a great day helping the local community with a work colleague."

COLLABORATION AND CORPORATES

In our engagement with Be Enriched, we have been fortunate to garner significant support from a variety of stakeholders including corporate entities, local colleges, universities, and other organisations. These invaluable collaborations have provided substantial assistance to our projects.

Corporates

- Newton Europe
- Mayfair Capital
- Blackstone
- Waypoint
- Braze
- Liberty Global
- Axa
- Baringa

Schools/Colleges

- Southwark College
- Orchard Hill College
- LSE
- SBC Youth Group
- UnityWorks

Funders

- Feeding Britain
- Lambeth Council
- City Hall Mayor of London's Incubator Fund
- UNLTD

MEDIA AND COMMUNICATIONS

During the specified timeframe, our operations were bolstered by the invaluable contributions of three Communication Interns. These individuals were sourced through the Kickstarter program, a platform designed to extend a six-month employment opportunity to individuals aged 18 to 25 who are recipients of Universal Credit.

Our presence on social media underwent significant expansion, evidenced by our consistent achievement of an average of two daily posts. Notably, we ventured into the realm of TikTok, complementing our existing suite of social media platforms. Moreover, we directed particular attention to LinkedIn, leveraging its potential to engage corporate volunteers effectively. This concerted digital effort was particularly instrumental in propelling our fundraising initiatives forward. Remarkably, our December Christmas campaign yielded over £5,000 in donations, a sum further augmented by matching funds secured for each contribution received.

Our online presence extended to the enhancement of our website, where we focused on improving the visual appeal and comprehensive detailing of numerous pages, as well as the introduction of new sections. These additions encompassed dedicated segments housing Cost-of-Living guidance, health-conscious yet affordable recipes, and a dedicated blog section.

The media landscape also bore witness to our organization's prominence. Be Enriched garnered attention from prominent sources, including a feature on BBC News, participation in three separate radio interviews, and a successful podcast appearance that even brought a donation in support of our endeavors.

A testament to our impactful work was the recognition accorded to the Food Bus, which received high commendation in the Social Value Awards. Additionally, one of our most dedicated volunteers earned distinction through the Wandsworth Civic Award, underscoring their exemplary commitment.

Throughout this period, our success was underpinned by the generous support of our funders. We extend our gratitude to entities such as Feeding Britain, Lambeth Council, City Hall Mayor of London's Incubator Fund, and UNLTD, whose contributions played an indispensable role in enabling our continued operations and accomplishments.



THE FUTURE

As we reflect upon the unexpected challenges posed by the prolonged pandemic, Be Enriched stands resolute, having transformed adversity into an opportunity for growth. The increased engagement with our projects during this time exemplifies the critical role Be Enriched plays in nourishing both bodies and spirits within our communities.

Be Enriched is embarking on a deliberate transition from emergency response to a sustainable model of operation. This shift not only ensures the longevity of our efforts but also enables us to enhance our impact through a more strategic approach.

Amidst our evolution, the heartbeat of our efforts remains the Food Bus. This mobile haven of nourishment and community will persist as a symbol of our dedication to reaching those most in need of our services.

The road ahead is one illuminated by the collective resilience of our community, the dedication of our team, and the potential for transformative impact. Armed with the experiences of the past, the wisdom of our partnerships, and the fervor of our mission, we stride into the future with optimism and purpose.



INDEPENDENT EXAMINER'S REPORT

TO THE COUNCIL OF TRUSTEES OF BE ENRICHED ELEMENTS

We report on the accounts of the charity for the year ended 30 September 2022, which is set out in the Financial Statements and Notes pages.

We have examined the Balance Sheet and the Receipts and Payments Account of Be Enriched Elements for the year to 30 September 2022. This account has been prepared in accordance with the Financial Reporting Standard for Smaller Entities and under historical cost convention.

Respective Responsibility of the Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Council of Trustees consider that an audit is not required for the year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility (i) to examine the accounts under section 43 of the 1993 Act; (ii) to follow procedures in the General Directions given the Charity Commissioners under section 43(7)(b) and (iii) to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement


In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements.

have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Danso MBA, MSc, FCCA, FFA, FIPA
Anthony Michael & Associates Ltd
Accountant & Management Consultants
147 Wells Way, London SE5 7SZ

10 October 2023