BE ENRICHED ELEMENTS

England & Wales · Charity number 1170219

Details

Other names	Be Enriched
Status	Registered
Legal form	CIO
Registered	2016-11-16
Register	View on the Charity Commission register

Contact

Address	98 Charlmont Road London SW17 9AB
Phone	07397288160
Email	hello@be-enriched.org
Website	www.be-enriched.org

Activities

Objects: 1. TO PREVENT AND RELIEVE POVERTY AND TO RELIEVE AND ASSIST PEOPLE FROM SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES WHO ARE IN NEED BY REASON OF FINANCIAL HARDSHIP BY DELIVERING FREE COMMUNITY MEALS AND BY ADVANCING HEALTH AND NUTRITION EDUCATION FOR THE PUBLIC BENEFIT.2. TO RELIEVE, ASSIST AND PROVIDE SUPPORT FOR PEOPLE IN NEED BY REASON OF DISABILITY OR OTHER DISADVANTAGE BY PROVIDING FREE THERAPEUTIC SESSIONS FOR THE PUBLIC BENEFIT.3. FOR THE PUBLIC BENEFIT, TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE, AND TO ADVANCE EDUCATION THROUGH EXPEDITIONS CARRIED OUT IN THE UK AND ABROAD FOR THE PURPOSE OF PROVIDING EXPERIENTIAL LEARNING AND NON-FORMAL EDUCATION AND DEVELOPING INDIVIDUAL COMPETENCIES, SKILLS AND UNDERSTANDING4. FOR THE PUBLIC BENEFIT, TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, FINANCIAL HARDSHIP OR SOCIAL OR ECONOMIC DISADVANTAGE AND TO ADVANCE EDUCATION THROUGH LEARNING OPPORTUNITIES AND NON-FORMAL EDUCATION AND MENTORING PROGRAMMES FOR AND WITH YOUNG PEOPLE, WHICH PROMOTE PARTICIPATION AND INTEGRATION IN SOCIETY AND THE DEVELOPMENT OF KEY PERSONAL SKILLS.

Activities: We are known as Be Enriched. We enrich community through food. Our projects strengthen community through food, build community, and provide skills training. We bring people together, share knowledge and cultivate long-standing relationships.

Downloaded from opencharities.uk/ew/1170219

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Lambeth
- Southwark
- Wandsworth

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£474,660	£330,180	-	-
2023-09-30	£273,307	£324,756	-	-
2022-09-30	£260,799	£232,381	-	-
2021-09-30	£191,691	£168,113	-	-
2020-09-30	£219,000	£199,000	-	-

Trustees

Name	Role	Appointed
Dr Sanchia Alasia	Chair	2026-03-26
Adelynne Obaduyi Akinola		2018-11-19
Alice Reid		2023-06-09
Katy Gallagher		2023-08-31
Rohan Mistry		2023-10-30
Sian Williams		2023-11-17
TERENCE MITCHISON		2016-11-16

Downloaded from opencharities.uk/ew/1170219

BE ENRICHED ELEMENTS

England & Wales - Charity number 1170219

Accounts

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

CHARITY COMMISSION FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/10/2023 **Period start date** **To** 31/09/2024 **Period end date**

Charity name: Be Enriched Elements

Charity registration number: 1170219

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	• To prevent and relieve poverty, and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship, by delivering free community meals and by advancing health and nutrition education for the public benefit. • To relieve, assist and provide support for people in need by reason of disability or disadvantage by providing free therapeutic sessions for the public benefit • For the public benefit, to relieve those in need by reason of youth, age, financial hardship or other disadvantage, and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competencies, skills and understanding. • For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social of economic disadvantage and to advance education through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the	Para 1.17 and 1.19	Food Bus project HAF programme

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

activities, projects or services identified in the accounts.		Community Canteens Volunteering to encourage employment and support education
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of a/airs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to: • select suitable accounting policies and apply them consistently; observe the methods and principles in the Charities SORP (FRS 102); • make judgments and accounting estimates that are reasonable and prudent; • state whether applicable accounting standards have been followed, subject to any material departure

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We had a total of 954 volunteers during the reporting period. 6% increase in volunteer numbers from previous reporting period. 24 corporate volunteer partners. Our volunteers helped us cook and serve over 12,000 plates of food from our community canteens.
Other		

Achievements and Performance

	SORP reference	

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The food bus project has expanded as we launched our food float – an all-electric milk float used now to drive food into hard-to-reach areas so more residents can purchase low-cost groceries. The food bus project ran 160 stops in 5 new locations and saw a 300% increase in fruit and vegetable sales. The team also ran successful HAF projects, feeding children during school holidays. 159 children attended our HAF summer clubs, taking part in activities and making their own food. Our three canteen sessions ran smoothly, with 145 sessions conducted during the reporting period. We served 12,000 plates of food to our guests. 89% of guests reported making new friendships at the canteens and reported an increased intake of fruit and vegetables from those attending.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted funds, designated funds and tangible fixed assets. Reserve amount equates to 3 months running costs.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income was derived from primarily grants. The charity also received funds through several fundraising campaigns and donation pages.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Association Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We have an open application to the public involving a cover letter and a CV. Appointments are made after an interview with the Chair and CEO and confirmed at the subsequent Trustee meeting. The charity is managed by a unitary board of trustees. The Executive trustee is the CEO. The Nonexecutive trustees are appointed by the other trustees.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Major decisions are made by the Charity Trustees at quarterly Board Meetings. Day to day management of the Charity's affairs and line management of staff is delegated to the Chief Executive Officer.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	The charity has a shared staffing agreement with Brixton People's Kitchen.
Other		

Reference and Administrative details

Charity name	Be Enriched Elements
Other name the charity uses	Be Enriched
Registered charity number	1170219
Charity's principal address	98 Charlmont Road London SW179AB

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Coulson			
2	Terence Mitchison			
3	Alice Reid			
4	Katy Gallagher			
5	Adelynne Akinola			
6	Rohan Mistry			
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Docusign Envelope ID: 82F16600-9EFD-4A1A-81C8-28FDD3B5EF83

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	DocuSigned by: Rohan Mistry 987636E32960439...	Signed by: Sarah Coulson DA04B5D2C0004FA...
Full name(s)	Rohan Mistry	Sarah Coulson
Position (eg Secretary, Chair, etc)	Treasurer - Trustee	Chair
Date	30/07/2025	30/07/2025

CHARITY COMMISSION FOR ENGLAND AND WALES

Be Enriched Elements			Charity No (if any)	1170219	
Annual accounts for the period					
Period start date	10/1/2023	To	Period end date	9/30/2024	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	113,141	335,028	-	448,169	249,798
Charitable activities	S02	-	20,051	-	20,051	19,376
Other trading activities	S03	6,183	-	-	6,183	18
Investments	S04	257	-		257	772
Separate material item of income	S05	-	-	-	-	3,344
Other	S06	-	-	-	-	-
Total	S07	119,581	355,079	-	474,660	273,308
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	2,119
Charitable activities	S09	-	330,180	-	330,180	322,636
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	-	330,180	-	330,180	324,755
Net income/(expenditure) before investment gains/(losses)	S13	119,581	24,899	-	144,480	- 51,447
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	119,581	24,899	-	144,480	- 51,447
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	- 75,000	75,000	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	44,581	99,899	-	144,480	- 51,447
Reconciliation of funds:						
Total funds brought forward	S21	-	80,643	-	80,643	-
Total funds carried forward	S22	44,581	180,542	-	225,123	80,643

Docusign Envelope ID: 1184BA4F-1DFA-43A5-B6D2-084EC306CA77

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	87,182	-	-	87,182	80,616
Total current assets	B10	87,182	-	-	87,182	80,616
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	87,182	-	-	87,182	80,616
Total assets less current liabilities	B13	87,182	-	-	87,182	80,616
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	87,182	-	-	87,182	80,616
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18		-		-	-
Unrestricted funds	B19	87,182		-	87,182	80,616
Revaluation reserve	B20				-	
Total funds	B21	87,182		-	87,182	80,616

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
DocuSigned by: Rohan Mistry 987636E32960439...	Rohan Mistry	25/07/2025
Signed by: Sarah Coulson DA04B5D2C0004FA...	Sarah Coulson	25/07/2025

Section C Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or
The accounts have been prepared in accordance with:

- and with* [ ] the Statement of Recommended Practice: Accounting and Reporting by Charities
- and with* [ ] the Financial Reporting Standard applicable in the United Kingdom and Republic of
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the

An explanation as to those factors that	
Disclosure of any uncertainties that make the	
Where accounts are not prepared on a going	

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy	
(iii) the amount of the adjustment for each line affected	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*		* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or	
(iii) where practicable, the effect of the change in one or	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*		* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the	
(iii) the amount of the correction at the beginning of the	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).			✓
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	☒		
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	☒		
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	☒		
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			☒
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	✓		
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓		
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓
Settlement of insurance	Insurance claims are only included in the SoFA when the general income recognition			

		Yes	No	N/a
Settlement of insurance claims	criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts			✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date			✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	✓		

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	☒		
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5		✓	
	They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.		✓	
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.			✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.			✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.			✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		
	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash			

Current asset investments

equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

	✓	

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
		✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Section C **Notes to the accounts** **(cont)**

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	112,802	-	-	112,802	25,953
	Gift Aid	339	-	-	339	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	335,028	-	335,028	223,843
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	113,141	335,028	-	448,169	249,796
Charitable activities:	Group corporate volunteering		20,051	-	20,051	22,720
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	20,051	-	20,051	22,720
Other trading activities:		-	-	-	-	-
	Food Bus	6,183	-	-	6,183	17
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	6,183	-	-	6,183	17
Income from investments:	Interest income	257	-	-	257	772
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	257	-	-	257	772
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		119,581	355,079	-	474,660	273,305

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Section C **Notes to the accounts** **(cont)**

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1	Lambeth Council	3,760
Government grant 2		-
Government grant 3		-
Other		-
	Total	3,760

	Description	Last year £
Government grant 1	NHS	40,000
Government grant 2	Wandsworth Council - Cost of Living	9,810
Government grant 3		-
Other		-
	Total	49,810

	This year	Last year
Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.		

	This year	Last year
Please give details of other forms of government assistance from which the charity has directly benefited.		

Section C **Notes to the accounts** **(cont)**

Note 6 Analysis of expenditure

Analysis	This year Unrestricted funds	This year Restricted income funds	This year Endowment funds	This year Total funds £	Last year Unrestricted funds	Last year Restricted income funds	Last year Endowment funds	Last year Total funds £
Expenditure on raising funds:								
Incurred seeking donations	-	-	-	-	-	2,199	-	2,199
Incurred seeking legacies	-	-	-	-	-	-	-	-
Incurred seeking grants	-	-	-	-				-
Operating membership schemes and social lotteries	-	-	-	-				-
Staging fundraising events	-	-	-	-				-
Fudraising agents	-	-	-	-				-
Operating charity shops	-	-	-	-				-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-				-
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	-	-	-	-				-
Investment management costs:	-	-	-	-				-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	-	-	-	-	-	2,199	-	2,199
Expenditure on charitable activities:								
	-	330,180	-	330,180	-	322,636	-	322,636
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	-	330,180	-	330,180	-	322,636	-	322,636
Separate material item of expense								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-
Other								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	-	-	-	-	-	-	-	-
TOTAL EXPENDITURE	-	330,180	-	330,180	-	324,835	-	324,835

Other information:

Analysis of expenditure on charitable activities

	This year	Last year

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	TBC	700
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	-	-

Section C Notes to the accounts (cont)

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	185,176	148,059
Social security costs	49,607	36,649
Pension costs (defined contribution scheme)	16,426	11,348
Other employee benefits	-	-
Total staff costs	251,209	196,056

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

	This year £	Last year £
Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	36,194	30,194

11.2 Average head count in the year

The parts of the charity in which the employees work	This year Number	Last year Number
Fundraising	1	-
Charitable Activities	6	6
Governance	6	4
Other	1	-
Total	14	10

11.3 Ex-gratia payments to employees and others (excluding trustees)
Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	
This year	
Last year	

Please state the legal authority or reason for making the payment	
This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)	This year	Last year
	£	**£**
	-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	This year	Last year
	£	£
Total amount of payment	-	-

The nature of the payment (cash, asset etc.)		

	This year	Last year
	£	£
The extent of redundancy funding at the balance sheet date	-	-

Please state the accounting policy for any redundancy or termination payments		

Section C Notes to the accounts (cont)

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	16,426	11,348

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	**Full recovery costs included in all salary fundraising activity**

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Section C Notes to the accounts (cont)

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	
Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

	This year	Last year
the effective date of the revaluation		
the name of independent valuer, if applicable		
the methods applied and significant assumptions		
the carrying amount that would have been recognised had the assets been carried under the cost model.	-	-

14.6 Other disclosures

	This year	Last year
	£	£
(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.	-	-
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	-	-
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.		

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Section C Notes to the accounts (cont)

Note 18 Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

	This year	Last year
	£	£
18.2 Please specify the carrying amount of any stocks pledged as security for liabilities		

Section C	Notes to the accounts	(cont)

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	87,182	80,616
Other	-	-
Total	87,182	80,616

INDEPENDENT EXAMINER'S REPORT

TO THE COUNCIL OF TRUSTEES OF BE ENRICHED ELEMENTS

We report on the accounts of the charity for the year ended 30 September 2024, which is set out in the Financial Statements and Notes pages.

We have examined the Balance Sheet and the Receipts and Payments Account of Be Enriched Elements for the year to 30 September 2024. This account has been prepared in accordance with the Financial Reporting Standard for Smaller Entities and under historical cost convention.

Respective Responsibility of the Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Council of Trustees consider that an audit is not required for the year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility (i) to examine the accounts under section 43 of the 1993 Act; (ii) to follow procedures in the General Directions given the Charity Commissioners under section 43(7)(b) and (iii) to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements.

have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Danso MBA, MSc, FCCA, FFA, FIPA
Anthony Michael & Associates Ltd
Accountant & Management Consultants
147 Wells Way, London SE5 7SZ

22 July 2025

BE ENRICHED ELEMENTS

England & Wales - Charity number 1170219

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Be Enriched Elements			1170219	
Annual accounts for the period				
Period start date	01/10/2022	To	30/09/2023	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	25,954	223,844	-	249,798	215,060
Charitable activities	S02	19,376	-	-	19,376	44,415
Other trading activities	S03	18	-	-	18	-
Investments	S04	772	-		772	206
Separate material item of income	S05	3,344	-	-	3,344	220
Giftaid	S06		-	-	-	898
Total	S07	49,463	223,844	-	273,307	260,799
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	2,119		-	2,119	6,785
Charitable activities	S09		322,636	-	322,636	225,596
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	2,119	322,636	-	324,756	232,381
Net income/(expenditure) before investment gains/(losses)	S13	47,344	- 98,792	-	- 51,448	28,418
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	47,344	- 98,792	-	- 51,448	28,418
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	47,344	- 98,792	-	- 51,448	28,418
Reconciliation of funds:						
Total funds brought forward	S21	33,299	98,792	-	132,091	
Total funds carried forward	S22	80,643	- 0	-	80,643	28,418

Section B Balance sheet

	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Intangible assets (Note 15)	B01		-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	80,616		-	80,616	132,091
Total current assets	B10	80,616	-	-	80,616	132,091
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	80,616	-	-	80,616	132,091
Total assets less current liabilities	B13	80,616	-	-	80,616	132,091
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15		-	-	-	-
Total net assets or liabilities	B16	80,616	-	-	80,616	132,091
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18		-		-	-
Unrestricted funds	B19	80,616		-	80,616	132,091
Revaluation reserve	B20				-	
Total funds	B21	80,616	-	-	80,616	132,091

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Rohan Mistry	30/07/2024

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**no change**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Section C Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	☒	

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*		* -Tick as appropriate
No*	☒	

Please disclose:

(i) the nature of the prior period error;	21-22
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	B09 - cash in hand reported at £388,000. 11.1 Staff costs reported as £90.885
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	***BO9 Cash in hand corrected to £131,000. 11.2 Staff costs corrected to 167004***

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).			✓
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or	♦		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	☒		
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the [illegible] recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	☒		
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			☒
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	✓		
				✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓		
Income from interest	This is included in the accounts when receipt is probable and the			

		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	☒		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	☒		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			☒
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.			✓

2.4 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	☒		
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5		✓	
	They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used		✓	
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair			

	value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
		Yes	No	N/a
				✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
				✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
				✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
				✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		✓		
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due	Yes	No	N/a
			✓	
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
				✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE	

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	25,953	-	-	25,953	32,463
	Gift Aid		-	-	-	898
	Legacies	-	-	-	-	-
	General grants provided by government/other charities		223,843	-	223,843	215,060
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	25,953	223,843	-	249,796	248,421
Charitable activities:	Group corporate volunteering	19,376	-	-	19,376	3,590
		-	-	-	-	-
		-	-	-	-	-
	Other	3,344	-	-	3,344	-
	Total	22,720	-	-	22,720	3,590
Other trading activities:		-	-	-	-	-
	Food Bus	17	-	-	17	1,254
			-	-	-	-
	Other	-	-	-	-	-
	Total	17	-	-	17	1,254
Income from investments:	Interest income	772	-	-	772	-
	Dividend income	-	-	-	-	-
			-	-	-	-
	Other	-	-	-	-	-
	Total	772	-	-	772	-
Separate material item of income:			-	-	-	-
			-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		49,463	223,843	-	273,306	253,265

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

£215060 of government grants provided to deliver COVID projects

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1	NHS	40,000
Government grant 2	Wandsworth Council - cost of living	9,810
Government grant 3		-
Other		-
	Total	49,810

	Description	Last year £
Government grant 1	Greater London Authority - Good Growth Fund	21,000
Government grant 2	Wandsworth Council - Food Bus	2,950
Government grant 3		-
Other		-
	Total	23,950

	This year	Last year
Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.	None	None

	This year	Last year
Please give details of other forms of government assistance from which the charity has directly benefited.	None	None

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	Total volunteer = 915 during the reporting period. Be Enriched has observed a notable uptick in volunteer participation and consistency across our various projects. The cumulative effect of these advancements is evident in the data, with a commendable 56% increase in combined volunteer numbers recorded across our canteens.Honoring Our Volunteers Recognizing the invaluable contributions of our volunteers has been a key priority for Be Enriched. In recognition of her dedication and significant contributions to our organisation, we nominated Bridget for a Wandsworth Civic Award. We are delighted to announce that she was awarded this prestigious accolade, highlighting her exceptional commitment to our mission. A Positive Experience for All The canteens have continued to be spaces where individuals can gain vital skills. Our canteens been host to students from Kingston and Wimbledon who have gained skills and confidence in kitchen, but also with communicating with people from all different walks of life. These students have been so pleasure to have at the canteens!	

Section C	Notes to the accounts	(cont)

Note 6 Analysis of expenditure

Analysis	This year Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Last year Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:				£				£
Incurred seeking grants	2,119	-	-	2,119	6,765			6,765
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	2,119	-	-	2,119	6,765	-	-	6,765
Expenditure on charitable activities:								
Charitable activities	-	322,636	-	322,636	-	225,596	-	225,596
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	-	322,636	-	322,636	-	225,596	-	225,596
Separate material item of expense								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-
Other								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	-	-	-	-	-	-	-	-
TOTAL EXPENDITURE	2,119	322,636	-	324,755	6,765	225,596	-	232,361

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Last year Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	TBC	650
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	-	-

Section C Notes to the accounts (cont)

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	148,059	167,004
Social security costs	36,649	9,333
Pension costs (defined contribution scheme)	11,348	3,492
Other employee benefits		
Total staff costs	196,056	179,829

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

0

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

No employees received benefits of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-
	0	

	This year	Last year
	£	£
Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	30,194	25,137

11.2 Average head count in the year

The parts of the charity in which the employees work	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	6	10
Governance	4	2
Other	-	-
Total	10	12

11.3 Ex-gratia payments to employees and others (excluding trustees)
Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	
This year	
Last year	

Please state the legal authority or reason for making the payment	
This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)	This year £	Last year £
	-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	This year	Last year
	£	£
Total amount of payment	-	-
The nature of the payment (cash, asset etc.)		

	This year	Last year
	£	£
The extent of redundancy funding at the balance sheet date	-	-
Please state the accounting policy for any redundancy or termination payments		

Section C Notes to the accounts (cont)

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	11,348	9,333

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	**Full recovery costs included in all salary fundraising activity**	**Full recovery costs included in all salary fundraising activity**

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Section C	Notes to the accounts	(cont)

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	80,616	132,091
Other	-	-
Total	80,616	132,091

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	30194	682	-	-	30,876

Please give details of why remuneration or other employment benefits were paid. — CEO Is A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment. — N/A

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	25,137	801	-	-	25,938

Please give details of why remuneration or other employment benefits were paid. — CEO Is A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment. — N/A

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	*TRUE*

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	0	0

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)	*TRUE*

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	

Last year

There have been no related party transactions in the reporting period (True or False) | *TRUE*

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

INDEPENDENT EXAMINER'S REPORT

TO THE COUNCIL OF TRUSTEES OF BE ENRICHED ELEMENTS

We report on the accounts of the charity for the year ended 30 September 2023, which is set out in the Financial Statements and Notes pages.

We have examined the Balance Sheet and the Receipts and Payments Account of Be Enriched Elements for the year to 30 September 2023. This account has been prepared in accordance with the Financial Reporting Standard for Smaller Entities and under historical cost convention.

Respective Responsibility of the Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Council of Trustees consider that an audit is not required for the year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility (i) to examine the accounts under section 43 of the 1993 Act; (ii) to follow procedures in the General Directions given the Charity Commissioners under section 43(7)(b) and (iii) to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements.

have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Danso MBA, MSc, FCCA, FFA, FIPA
Anthony Michael & Associates Ltd
Accountant & Management Consultants
147 Wells Way, London SE5 7SZ

30 July 2024

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From
Period start date 01/10/2022
To
Period end date 30/09/2023

Charity name: Be Enriched Elements

Charity registration number: 1172019

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	• To prevent and relieve poverty, and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship, by delivering free community meals and by advancing health and nutrition education for the public benefit. • To relieve, assist and provide support for people in need by reason of disability or disadvantage by providing free therapeutic sessions for the public benefit • For the public benefit, to relieve those in need by reason of youth, age, financial hardship or other disadvantage, and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competencies, skills and understanding. • For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social of economic disadvantage and to advance education through learning opportunities and non-formal education and mentoring

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

		programmes for and with young people, which promote participation and integration in society and the development of key personal skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Food Bus project The canteens project Volunteering to support education and employment
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of a/airs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to: • select suitable accounting policies and apply them consistently; observe the methods and principles in the Charities SORP (FRS 102); • make judgments and accounting estimates that are reasonable and prudent; • state whether applicable accounting standards have been followed, subject to any material departure

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We had a total of 41 corporate volunteering sessions (18 of these sessions in 2022) Overall, 913 volunteers (both Corporates and individuals) attended canteen sessions in the reporting period. Volunteer numbers increased significantly compared to the

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

		previous year with 600 volunteers.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The expansion of our community canteen project, now running an extra canteen in Clapham. This has enabled us to extend our services to more residents in South London. Residents now have better access to a healthy hot meal and have enriched lives by creating space for new connections and relationships to be grown. Our community canteens are now more secure in terms of funding, as we have increased the capacity for corporate volunteer sessions. This finically supports our services greatly. The Food Bus has been able to run a more regular and varied schedule by the end of the reporting period, meaning we are able to reach more residents and provide an affordable shopping alternative. This helps residents with food security, and healthier options. This has been especially noticed in the Queen Mary Hospital stop on Tuesdays where we can provide produce to both staff and patients.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance	Para 1.41	

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

against objectives		
Other		

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Financial Review

Review of the charity's financial position at the end of the period		
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted funds, designated funds and tangible fixed assets.
Amount of reserves held	Para 1.22	£80,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income was derived from primarily grants. The charity also received funds through several fundraising campaigns and donation pages.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Association Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We have an open application to the public involving a cover letter and a CV. Appointments are made after an interview with the Chair and CEO and confirmed at the subsequent Trustee meeting. The charity is managed by a unitary board of trustees. The Executive trustee is the CEO. The Non-executive trustees are appointed by the other trustees.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Major decisions are made by the Charity Trustees at quarterly Board Meetings. Day to day management of the Charity's affairs and line management of staff is delegated to the Chief Executive Officer.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	The charity has a shared staffing agreement with Brixton People's Kitchen.
Other		

Reference and Administrative details

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Charity name	Be Enriched Elements
Other name the charity uses	Be Enriched
Registered charity number	1170219
Charity's principal address	98 Charlmont Road London SW17 9AB

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Coulson			
	Terence Mitchison			
3	Alice Reid		09/06/2023 - 30/09/2023	
4	Katy Gallagher		31/08/2023 - 30/09/2023	
5	Kemi Akinola			
6	Ruby Barnett			
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Docusign Envelope ID: 385CC89F-01F1-45FC-9426-C243238A19BF

Funds held as custodian trustees on behalf of others

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above
Signed on behalf of the charity's trustees

Signature(s)	DocuSigned by: Terence Mitchison E7C5DCF3C55D436...	DocuSigned by: Rohan Mistry 987636E32960439...
Full name(s)	Terence Mitchison	Rohan Mistry
Position (eg Secretary, Chair, etc)	Treasurer	
Date	30/07/2024	

BE ENRICHED ELEMENTS

England & Wales - Charity number 1170219

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st October 2021 Period start date To 30th September 2022 Period end date

Charity name: Be Enriched Elements

Charity registration number: 1170219

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	1. To prevent and relieve poverty and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship by delivering free community meals and by advancing health and nutrition education for the public benefit. 2. To relieve those in need by reason of disability or social or economic disadvantage by providing free therapeutic sessions for the public benefit. 3. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competences, skills and understanding. 4. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education

		through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Canteens project, The Wandsworth Food Bus, The Wandsworth Food Partnership, Work experience and volunteering **See attached Annual report**
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Charity law requires the trustees to approve financial statements for each financial year which give a true and fair view of the state of affairs of the charity including the incoming resources and expenditure for the purposes of the charity's objects. The trustees are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities. There were no serious incidents requiring any report to the Charity Commission.

Additional information (optional)
You may choose to include further statements where relevant about:

Contribution made by volunteers	Para 1.38	650 regular volunteer attendances helped the charity to run the canteens project cooking approx. 4000 meals over the year **See attached Annual report**

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In the year ending 30th September 2022 the charity delivered the Canteens project in Tooting and Elephant and Castle for 150 weekly beneficiaries; four 6 month placements for kickstart; and ran the Food bus project across Lambeth and Wandsworth. **See Attached Annual report for further information**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Be Enriched's main expenditure was on staff costs amounting to £167,000. There were 10 salaried employees and 5 interns and 1 contractor
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted funds, designated funds and tangible fixed assets.
Amount of reserves held	Para 1.22	Total assets at the end of the period amounted to £28,400

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income was derived from primarily grants and then individual public donations. The charity is aiming to diversify it's income while control and reduce costs and continuing to meet its key objectives.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation with voting members other than its charity trustees **('Association' Model Constitution)**
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Be Enriched is a Charitable Incorporated Organisation (CIO) with a Constitution approved by the Charity Commission.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The charity is managed by a unitary board of trustees. The Executive trustee is the CEO. The Non-executive trustees are appointed by the other trustees.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's organisational structure and any wider network with which the charity works	Para 1.51	Major decisions are made by the Charity Trustees at regular Board Meetings. Day to day management of the Charity's affairs and line management of staff is delegated to the Chief Executive Officer.
Relationship with any related parties	Para 1.51	The charity has a shared staffing agreement with Brixton People's Kitchen

Reference and Administrative details

Charity name	Be Enriched Elements
Other name the charity uses	Be Enriched
Registered charity number	1170219
Charity's principal address	International House 6, Canterbury Crescent London SW9 7QD
Chief Executive	Kemi Akinola

The Trustees declare that they have approved the Trustees' Annual Report .

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	A Akinola	
Position (eg Secretary, Chair, etc)	Trustee	
Date	01/01/2023	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah	Chair		
2	Ngoc			
3	Terence Mitchison	Treasurer		
4	Adelynne Akinola	Executive Trustee		
5	Orlando Whetherd			
6	Ruby Barnett	Secretary		
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

CHARITY COMMISSION FOR ENGLAND AND WALES

Be Enriched Elements			1170219		
Annual accounts for the period					
Period start date	10/1/2021	To	9/30/2022		

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	-	215,060	-	215,060	191,515
Charitable activities	S02	44,415	-	-	44,415	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	206	-		206	-
Separate material item of income	S05	220	-	-	220	-
Giftaid	S06	898	-	-	898	-
Total	S07	45,739	215,060	-	260,799	191,515
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	6,785		-	6,785	8,286
Charitable activities	S09		225,596	-	225,596	159,827
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	6,785	225,596	-	232,381	168,113
Net income/(expenditure) before investment gains/(losses)	S13	38,954	- 10,536	-	28,418	23,402
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	38,954	- 10,536	-	28,418	23,402
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	38,954	- 10,536	-	28,418	23,402
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	38,954	- 10,536	-	28,418	23,402

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01		-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	179,856	208,275	-	388,131	-
Total current assets	B10	179,856	208,275	-	388,131	-
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	179,856	208,275	-	388,131	-
Total assets less current liabilities	B13	179,856	208,275	-	388,131	-
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	179,856	208,275	-	388,131	-
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18		-		-	-
Unrestricted funds	B19			-	-	-
Revaluation reserve	B20				-	
Total funds	B21	-	-	-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
T. A. Mitchison	Terence Anthony Mitchison	25/08/2023
Sarah Coulson	Sarah Coulson	29/08/2023

Section C Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the change in accounting policy;	Accrual accounts required
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	Turnover increase
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	***Not applicable***

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**Accrual accounts required owing to turnover increase**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Note 2 **Accounting policies**

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).			✓
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.			✓
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	✓		
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	✓		
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	✓		
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓		
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.			✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	✓		
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.			✓

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.			✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5		✓	
	They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.		✓	
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.			✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.			✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.			✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments

The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
	✓	

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
		✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	32,463	-	-	32,463	-
	Gift Aid	898	-	-	898	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities		215,060	-	215,060	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	33,360	215,060	-	248,420	-
Charitable activities:	Group corporate volunteering	3,590	-	-	3,590	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	3,590	-	-	3,590	-
Other trading activities:		-	-	-	-	-
	Food Bus	1,254	-	-	1,254	-
			-	-	-	-
	Other	-	-	-	-	-
	Total	1,254	-	-	1,254	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
			-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		38,205	215,060	-	253,265	-

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)	
Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.	
Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.	
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)	

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1	Greater London Authority - Good Growth Fund	21,000
Government grant 2	Wandsworth Council - Food Bus	2,950
Government grant 3		-
Other		-
	Total	23,950

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.	None	None

	This year	Last year
Please give details of other forms of government assistance from which the charity has directly benefited.	None	None

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	Castle canteen had some regular volunteers and corporate groups attended the session as individual volunteers. Two corporate companies supported the sessions by referring their colleagues to attend the session. Their consistent support helped the canteen to increase the number of volunteers and delivered the session successfully. Total Number of Volunteers: 271 Tooting canteen hosted both regular volunteers and saw an increased numbers of new volunteers who attended the sessions after March (post-pandemic). We also hosted eight corporate group sessions in Tooting canteen, each with at least six new volunteers per occasion. Individual Volunteers: 280 Corporate Volunteers: 8 groups/66 volunteers Total Number of Volunteers: 346	

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	TBC	-
Assurance services other than audit or independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	-	-

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	90,885	126,920
Social security costs	9,333	5,342
Pension costs (defined contribution scheme)	3,492	1,746
Other employee benefits	429	1,124
Total staff costs	104,139	135,131

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

No employees received benefits of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-
	0	

	This year	Last year
	£	£
Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	25,137	18,780

11.2 Average head count in the year

The parts of the charity in which the employees work	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	10	9
Governance	2	2
Other	-	-
Total	12	11

11.3 Ex-gratia payments to employees and others (excluding trustees)
Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	
This year	
Last year	

Please state the legal authority or reason for making the payment	
This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)	This year £	Last year £
	-	-

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

Is this wo

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	3,492	1,746

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.		

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Section C Notes to the accounts (cont)

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	12,000	2,500	14,500
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	12,000	2,500	14,500

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	12,000	2,500	14,500
Net book value at the end of the year	-	-	12,000	2,500	14,500

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
	-	-
Trade debtors	10,117.6	6,101.3
Prepayments and accrued income	-	-
Other debtors	10,117.6	6,101.3
Total		

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	1,893.6	5,000.0
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	1,893.6	5,000.0

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	99,158	81,314
Other	-	-
Total	99,158	81,314

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	25,137	801	-	-	25,938
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid. — CEO ID A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment. — N/A

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
ADELYNNE AKINOLA	GOVERNING DOCUMENT	18,780	593	-	-	19,373
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid. — CEO ID A MEMBER OF THE BOARD OF TRUSTEES and is paid in thier role as CEO

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment. — N/A

BE ENRICHED

Annual Report

OCT 2021-SEPT 2022

'Enriching communities through food'

CHARITY OVERVIEW

Charity Name: Be Enriched Elements

Charity No: 1170219

Charity Incorporation date: 16 November 2016

Trustees Annual Report for period
1 October 2021 to 30 September 2022

Trustees for period: Ngoc Nguyen, Orlando Wethered, Sarah Coulson, Terence Mitchison

CEO: Kemi Akinola

Accountant: Pamela Kappa, Smart PA

International House, 6th Floor, 6 Canterbury Crescent, London SW9 7QD
Hello@be-enriched.org

CHARITABLE OBJECTIVES

- To prevent and relieve poverty, and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship, by delivering free community meals and by advancing health and nutrition education for the public benefit.

- To relieve, assist and provide support for people in need by reason of disability or disadvantage by providing free therapeutic sessions for the public benefit

- For the public benefit, to relieve those in need by reason of youth, age, financial hardship or other disadvantage, and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competencies, skills and understanding.

- For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social of economic disadvantage and to advance education through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.

EXECUTIVE SUMMARY

The 2021-2022 period marked a phase of growth and adaptation for Be Enriched, as we remain committed to addressing the challenges faced by the communities we serve. Like many small organisations, we navigated the aftermath of COVID-19 and confronted the ongoing pressures of the cost of living crisis, affecting both our beneficiaries and ourselves.

During this time, Be Enriched underwent significant transformations to meet the increasing needs of our communities. As part of this evolution, we are in the process of crafting a new five year strategy, which addresses the changing world and the environment we find ourselves in.

Our vision for the future is centred around creating a world buzzing with connections, where people, community, and planet are connected in positive, meaningful, and practical ways. As we approached the conclusion of our 9th year of operation, our primary goal is to forge stronger and more connected communities while alleviating the impact of poverty on marginalised individuals. We aim to achieve this by leveraging our years of experience and reputable standing to provide support and empowerment in two key areas: food access and addressing holiday hunger.

At Be Enriched, we remain steadfast in our commitment to being a diverse organization that fosters unity, promotes knowledge-sharing, and encourages skill sharing and learning.

We are immensely proud of our efforts in supporting five new learners through the Kickstart program, facilitating their entry into the workforce, with some choosing to stay with our organization.

As we look to the future, we cannot ignore the concerning widening inequality gap and the escalating demand for our services. Unfortunately, the UK government has chosen to maintain benefits at an all-time low, failing to keep up with inflation and adequately cover basic needs. In response, we have collaborated with partners on numerous occasions during this period to challenge the reduction of the £20 'uplift' in benefits, advocate for the extension of free school meals for families with no recourse to public funds (NRPF) and to increase the value of Healthy Start vouchers, which have a significant impact on countless lives.

I extend my heartfelt gratitude to all the volunteers, donors, and partners who have supported, donated, and commissioned our services. With your invaluable contributions, we can work together to build a well-connected and supported world, where we can make a lasting difference in the lives of those we serve.

With gratitude

Kemi A

FOUNDER/ CEO

TABLE OF CONTENTS

1. What We Do
2. Community Canteens
3. Food Bus
4. Wandsworth Food Partnership
5. Volunteering
6. Collaboration and Funding
7. Media and Communications
8. The Future

WHAT WE DO?

Welcome to Be Enriched's Annual Impact Report. Our efforts are driven by the belief that by breaking bread together, we can break down barriers of social isolation and cultivate a sense of belonging and understanding.

With a firm commitment to strengthening communities, we have embraced the challenges and triumphs of the past year, all while nurturing bonds that bridge divides.

How we deliver this:

- Community Canteens
- The Food Bus project
- Wandsworth Food Partnership





COMMUNITY CANTEENS

Our community canteens have been a beacon of hope and nourishment, providing a welcoming space for individuals to connect, build relationships, and share in the joy of a nutritious meal. From October 2021 to September 2022, Be Enriched proudly operated two canteens: Castle Canteen in Elephant & Castle and Tooting Canteen (formerly Graveney) in Tooting Broadway. Despite the challenges posed by COVID-19, we remained resilient, ensuring our guests' well-being and the continuity of our vital services.

Adapting Amidst COVID:
The COVID-19 pandemic brought unprecedented challenges, compelling us to adapt to new limitations until March 2022. Despite these obstacles, our canteens persevered, operating every week with a steadfast commitment to nourishing our guests' bodies and souls during these trying times.

Growing Community Impact:
As the aftermath of COVID-19 and the Cost of Living Crisis unfolded, we witnessed a notable rise in the number of visitors seeking support from our canteens throughout 2022. Our doors remained open, and our services expanded to meet the increasing demand for food security and community connection.



Castle Canteen's Growth:
Throughout 2022, Castle Canteen experienced remarkable growth. At the end of 2021, the canteen welcomed an average of 15-20 guests per session. Today, we proudly serve an average of 25-30 guests per session, a testament to our dedication in catering to the needs of our community.

Tooting Canteen's Milestone:
Tooting Canteen, celebrating its nine years of operation in 2022, continued to be a beacon of support and friendship. The canteen experienced an impressive growth rate, currently hosting an average of 30-35 visitors per session, proving our commitment to nurturing lasting connections.

Farewell to Battersea Canteen:
It is with a heavy heart that we bid farewell to Battersea Canteen. Due to the owners' decision to sell the property, we made the difficult decision to permanently shut down the canteen. We extend our gratitude to all the guests, volunteers, and supporters who made Battersea Canteen a place of warmth and compassion throughout its journey.















THE FOOD BUS

In November 2021, the Food Bus embarked on its remarkable journey, bringing hope and fresh produce to marginalised areas in Wandsworth and Lambeth. As a converted double-decker bus, it serves as a symbol of accessibility and affordability, ensuring that nutritious food is within reach for all. This section highlights our achievements, challenges, and plans for the future as we continue our mission to make a positive impact on the communities we serve.

Overcoming Challenges and Fostering Relationships:
Shortly after our triumphant launch, the Food Bus faced unexpected mechanical issues, leading to a six-month hiatus for repairs. Despite this setback, our dedicated team kept their connections alive with the communities we serve. Collaborating with Brixton Peoples Kitchen, we organized Holiday Activities and Food (HAF) for children and families in receipt of Free School Meals. Additionally, we provided essential food parcels to Wandsworth residents through the Wandsworth Family Food fund, ensuring that no one went hungry during this time of need.

Making a Splash at Local Festivals:
When the Food Bus hit the road again in the summer of 2022, we were eager to bring joy and nourishment to our communities. At Brockwell Bounce, a vibrant family festival in Lambeth, we partnered with Brixton Peoples Kitchen and Too Good To Go UK, hosting food workshops and an unforgettable supper club. We also attended summer fetes with two of the schools we work with, Henry Fawcett and Allen Edwards Primary Schools, further strengthening our bonds with the youth and their families.

THE FOOD BUS
BY BE ENRICHED

Summer of Nourishment and Creativity:
July and August 2022 were particularly eventful for the Food Bus team. In collaboration with Brixton Peoples Kitchen, we organized a week-long Summer HAF, providing meals to 135 children and their parents. During this time, we held engaging workshops on food, drama, and arts & crafts, fostering creativity and learning. Our team took the children on exciting excursions to both Battersea and Burgess Park, enriching their experiences. The collaboration with various members of our community brought storytelling, puppet shows, salsa classes, and Makaton lessons, further adding to the magic of the Summer HAF.

Next Steps and Aspirations:
As we look to the future, the Food Bus remains steadfast in its commitment to creating lasting impact. Our next goal is to increase our returning customer rate, aiming to support 50 individuals at each bus stop, culminating in 250 customers per week. By fostering stronger ties with our community partners, schools, and local organizations, we believe we can achieve this ambitious target.








WILD COUNTRY ORGANICS
Coriander £2.00






THE FOOD BUS
FOOD BUS
HALF TERM
KIDS
CLUB
FREE HOT
FOOD



WANDSWORTH FOOD PARTNERSHIP

The Food Partnership's unwavering commitment to its goals and objectives shone brightly during the reporting period. We remained steadfast in our mission to create positive change and address pressing societal issues. This section highlights some of our notable accomplishments and endeavors that have made a tangible impact on the communities we serve.

Completion of the Food Roots Programme:
A major milestone for the Food Partnership was the successful completion of the Food Roots programme. This achievement represents our dedication to fostering sustainable and resilient food systems. Through collaborative efforts, we laid the groundwork for lasting change and a healthier, more equitable future.

Catch-Up Events and Inspiring On-Site Visits:
During the reporting period, the Food Partnership actively participated in catch-up events and conducted on-site visits to commendable food projects across London. Witnessing the transformative work of organizations like the Granville Kitchen inspired us, reaffirming the importance of collaborative action to address food insecurity.

Confronting the Cost-of-Living Crisis:
In November 2021, a pivotal meeting convened the Food Partnership to delve into critical societal issues. The cost-of-living crisis, compounded by challenges stemming from the COVID-19 pandemic's aftermath, took center stage. Joined by organisations Feeding Britain and SW Leap, we engaged in insightful discussions on their efforts to tackle this pressing matter.

Elevating the Healthy Start Scheme:
A key priority during the reporting period was elevating the visibility of the Healthy Start Scheme. This vital program plays a crucial role in enhancing public health and well-being. To amplify its impact, the Food Partnership collaborated with Sustain and co-signed an open letter addressed to the Health Secretary. This letter emphasized the pressing issues surrounding the Healthy Start system and expressed concerns about the government's insufficient promotion of this essential scheme.

Gratitude and Looking Ahead:
None of these accomplishments would have been possible without the collective effort of our partners, stakeholders, and dedicated team. We extend our heartfelt gratitude to everyone who contributed to the Food Partnership's success during this reporting period.
As we look ahead, we remain committed to our mission and vision. Our journey to create resilient, sustainable, and equitable food systems continues. Together, we will rise to the challenges before us and build a brighter future for all.





WANDSWORTH FOOD Partnership

Castle Canteen

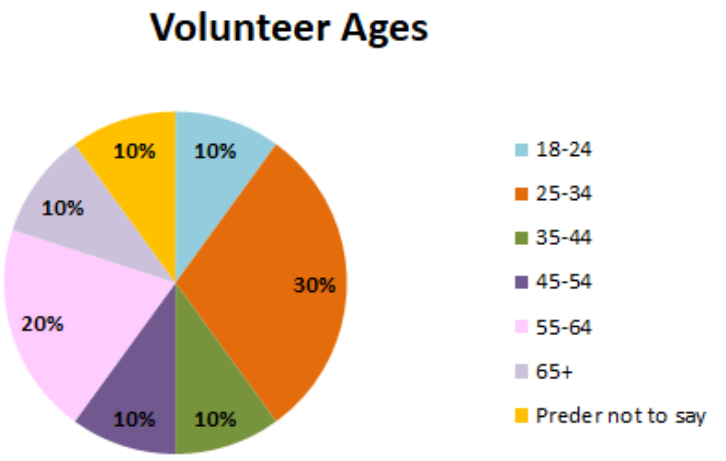
The canteen had some regular volunteers and corporate groups attended the session as individual volunteers. AECOM and Spokemead supported the sessions by referring their colleagues to attend the session. Their consistent support helped the canteen to increase the number of volunteers and delivered the session successfully.

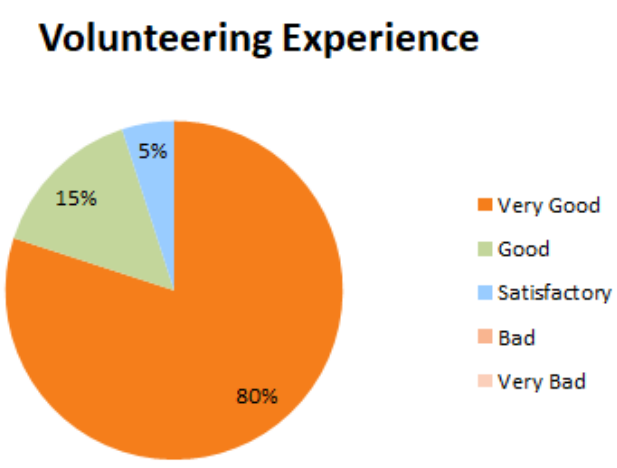
- Total Number of Volunteers: 271

Tooting Canteen

The canteen hosted both regular volunteers and saw an increased numbers of new volunteers who attended the sessions after March (post-pandemic). We also hosted eight corporate group sessions in Tooting canteen, each with at least six new volunteers per occasion.

- Individual Volunteers: 280
- Corporate Volunteers: 8 groups/66 volunteers
- Total Number of Volunteers: 346







"I love your canteens initiative. Inspired so many people to do volunteering that never thought of doing before! BIG THANK YOU"

“Felt part of a team doing good things. Nice friendly people."

"It is a meaningful work, nice time to work together."

"Be Enriched staff and volunteers have a very positive attitude and look to make a positive impact on people's lives."



Customers attend from all walks of life, some attend for the company and to meet people but they also attend because they are trying to rebuild their lives, e.g. recovering from alcoholism or drug addiction, and the Centre offers a friendly face and a chat, and most importantly no one is there to judge them.



“ The overall experience was great. All staff were helpful and engaging. The head chef was inspiring and created a fun day for us volunteers. Seeing the impact the canteen makes to those who attend was the best part - services like Be Enriched are so important and being a part of it for one day was an incredibly valuable experience.”

"I had a great day helping the local community with a work colleague."

"It was a fun day, produced a great service."

COLLABORATION AND CORPORATES

In our engagement with Be Enriched, we have been fortunate to garner significant support from a variety of stakeholders including corporate entities, local colleges, universities, and other organisations. These invaluable collaborations have provided substantial assistance to our projects.

Corporates

- Newton Europe
- Mayfair Capital
- Blackstone
- Waypoint
- Braze
- Liberty Global
- Axa
- Baringa

Schools/Colleges

- Southwark College
- Orchard Hill College
- LSE
- SBC Youth Group
- UnityWorks

Funders

- Feeding Britain
- Lambeth Council
- City Hall Mayor of London's Incubator Fund
- UNLTD

MEDIA AND COMMUNICATIONS

During the specified timeframe, our operations were bolstered by the invaluable contributions of three Communication Interns. These individuals were sourced through the Kickstarter program, a platform designed to extend a six-month employment opportunity to individuals aged 18 to 25 who are recipients of Universal Credit.

Our presence on social media underwent significant expansion, evidenced by our consistent achievement of an average of two daily posts. Notably, we ventured into the realm of TikTok, complementing our existing suite of social media platforms. Moreover, we directed particular attention to LinkedIn, leveraging its potential to engage corporate volunteers effectively. This concerted digital effort was particularly instrumental in propelling our fundraising initiatives forward. Remarkably, our December Christmas campaign yielded over £5,000 in donations, a sum further augmented by matching funds secured for each contribution received.

Our online presence extended to the enhancement of our website, where we focused on improving the visual appeal and comprehensive detailing of numerous pages, as well as the introduction of new sections. These additions encompassed dedicated segments housing Cost-of-Living guidance, health-conscious yet affordable recipes, and a dedicated blog section.

The media landscape also bore witness to our organization's prominence. Be Enriched garnered attention from prominent sources, including a feature on BBC News, participation in three separate radio interviews, and a successful podcast appearance that even brought a donation in support of our endeavors.

A testament to our impactful work was the recognition accorded to the Food Bus, which received high commendation in the Social Value Awards. Additionally, one of our most dedicated volunteers earned distinction through the Wandsworth Civic Award, underscoring their exemplary commitment.

Throughout this period, our success was underpinned by the generous support of our funders. We extend our gratitude to entities such as Feeding Britain, Lambeth Council, City Hall Mayor of London's Incubator Fund, and UNLTD, whose contributions played an indispensable role in enabling our continued operations and accomplishments.



THE FUTURE

As we reflect upon the unexpected challenges posed by the prolonged pandemic, Be Enriched stands resolute, having transformed adversity into an opportunity for growth. The increased engagement with our projects during this time exemplifies the critical role Be Enriched plays in nourishing both bodies and spirits within our communities.

Be Enriched is embarking on a deliberate transition from emergency response to a sustainable model of operation. This shift not only ensures the longevity of our efforts but also enables us to enhance our impact through a more strategic approach.

Amidst our evolution, the heartbeat of our efforts remains the Food Bus. This mobile haven of nourishment and community will persist as a symbol of our dedication to reaching those most in need of our services.

The road ahead is one illuminated by the collective resilience of our community, the dedication of our team, and the potential for transformative impact. Armed with the experiences of the past, the wisdom of our partnerships, and the fervor of our mission, we stride into the future with optimism and purpose.

BE ENRICHED

INDEPENDENT EXAMINER'S REPORT

TO THE COUNCIL OF TRUSTEES OF BE ENRICHED ELEMENTS

We report on the accounts of the charity for the year ended 30 September 2022, which is set out in the Financial Statements and Notes pages.

We have examined the Balance Sheet and the Receipts and Payments Account of Be Enriched Elements for the year to 30 September 2022. This account has been prepared in accordance with the Financial Reporting Standard for Smaller Entities and under historical cost convention.

Respective Responsibility of the Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Council of Trustees consider that an audit is not required for the year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. It is my responsibility (i) to examine the accounts under section 43 of the 1993 Act; (ii) to follow procedures in the General Directions given the Charity Commissioners under section 43(7)(b) and (iii) to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

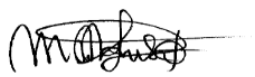
In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements:

- to keep accounting records and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements.

have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Michael Danso MBA, MSc, FCCA, FFA, FIPA
Anthony Michael & Associates Ltd
Accountant & Management Consultants
147 Wells Way, London SE5 7SZ

10 October 2023

BE ENRICHED ELEMENTS

England & Wales - Charity number 1170219

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

01/10/2020 Period start date To From Period end date 30/09/2021

Charity name: Be Enriched Elements

Charity registration number: 1170219

Objectives and Activities

	SORP reference	

Summary of the purposes of the charity as set out in its governing document	Para 1.17	1. To prevent and relieve poverty and to relieve and assist people from socially and economically disadvantaged communities who are in need by reason of financial hardship by delivering free community meals and by advancing health and nutrition education for the public benefit. 2. To relieve those in need by reason of disability or social or economic disadvantage by providing free therapeutic sessions for the public benefit. 3. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education through expeditions carried out in the UK and abroad for the purpose of providing experiential learning and non-formal education and developing individual competences, skills and understanding. 4. For the public benefit, to relieve those in need by reason of youth, age, financial hardship or social or economic disadvantage and to advance education through learning opportunities and non-formal education and mentoring programmes for and with young people, which promote participation and integration in society and the development of key personal skills.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Community Canteens Providing hot meals and a safe space where members of the community can come together. The Food Bus A converted double-decker bus which takes healthy, affordable produce into areas of South London where residents have very limited access to fresh produce. Wandsworth Food Partnership A collective and alliance of individuals, businesses, organisations, local authority etc who come together to improve the lives of residents in the borough, and to make the food system more sustainable.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Statement of Trustees' responsibilities The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to: select suitable accounting policies and apply them consistently; observe the methods and principles in the Charities SORP (FRS 102); make judgments and accounting estimates that are reasonable and prudent; state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; prepare the financial statements on the going concern basis unless it is inappropriate to do so The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are

		also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Additional information (optional)

:You may choose to include further statements where relevant about

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Community Canteens The canteens continued to work throughout the constant-changing COVID restrictions. They continued on their work from the previous year, distributing hot meals and food parcels to residents in the surrounding areas. Once the canteens were able to open, they welcomed back their communities with open arms. The canteens received very positive feedback from recipients of our food aid and were very grateful they were able to come back in person, as it reduced the high levels of loneliness and social isolation in the communities. Wandsworth Food Partnership The partnership began on the London Food Roots Incubator programme, learning from experts and their peers on how to grow from the connections and collaborative work conducted throughout the pandemic. The partnership also helped create the 'Worrying About Money?' leaflet, alongside several local organisations and the Independent Food Aid Network. This helps residents find information on income maximisation. The Food Bus The Food Bus was able to launch, after severe delays due to COVID. The team spent time in these delays engaging with local schools and the communities in which the bus would attend when it would be launched. The bus team also worked hard to support the food aid delivery work of Be Enriched throughout the pandemic.

Additional information (optional)

:You may choose to include further statements where relevant about

	Para 1.41	Achievements against objectives set
	Para 1.41	Performance of fundraising activities against objectives set
	Para 1.41	Investment performance against objectives
		Other

Financial Review

General reserves carried forward: £23,578 Reserves: £50,054.7 Total assets: £85,757.22	Para 1.21	Review of the charity's financial position at the end of the period
The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted funds, designated funds and tangible fixed assets.	Para 1.22	Statement explaining the policy for holding reserves stating why they are held
Reserves held: £50,054.7	Para 1.22	Amount of reserves held
n/a	Para 1.22	Reasons for holding zero reserves
n/a	Para 1.24	Details of fund materially in deficit
n/a	Para 1.23	Explanation of any uncertainties about the charity continuing as a going concern

Additional information (optional)
:You may choose to include further statements where relevant about

	Para 1.47	The charity's principal sources of funds (including any fundraising)
	Para 1.46	Investment policy and objectives including any social investment policy adopted
	Para 1.46	A description of the principal risks facing the charity

		Other

Structure, Governance and Management

		Description of charity's :trusts
Constitution	Para 1.25	Type of governing document (trust deed, royal charter)
Constitution of a Charitable Incorporated Organisation with voting members other than its charity trustees (‘Association’ Model Constitution)	Para 1.25	How is the charity ?constituted (e.g unincorporated association, CIO)
The Members of the CIO are individuals, representatives of Organisations or representatives of beneficiary groups ; who undertake to act in good faith to further the purposes of the CIO. The affairs of the CIO are managed by the Charity Trustees. There must be at least three Trustees. The Members or Trustees may appoint new Trustees at any time. Decisions are made by simple majority of votes at a meeting of Trustees or by resolution made in writing or in electronic form and agreed by all Trustees. Induction of Trustees is overseen by the Chair. Day to day management of the Charity's affairs and line management of staff is delegated to the Chief Executive Officer, Ms. Kemi Akinola.	Para 1.25	Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

Additional information (optional)
:You may choose to include further statements where relevant about

	Para 1.51	Policies and procedures adopted for the induction and training of trustees
	Para 1.51	The charity's organisational structure and any wider network with which the charity works

	Para 1.51	Relationship with any related parties
		Other

Reference and Administrative details

Be Enriched Elements	Charity name
	Other name the charity uses
1170219	Registered charity number
98 Charlmont Road Tooting, London SW179AB	Charity’s principal address

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sarah Coulson	Chair		
2	Terence Mitchison	Treasurer		
3	Ngoc Nguyen			
4	Orlando Wethered			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

		Director name

Name of trustees holding title to property belonging to the charity

	Dates acted if not for whole year	**Trustee name**

Funds held as custodian trustees on behalf of others

	Description of the assets held in this capacity
	Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects
	Details of arrangements for safe custody and segregation of such assets from the charity's own assets

Additional information (optional)

Names and addresses of advisers (Optional information)

Address	Name	Type of adviser

Name of chief executive or names of senior staff members (Optional information)

Kemi Akinola (CEO)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

		Signature(s)
Ruby Barnett	Sarah Coulston	**Full name(s)**
Secretary	Chair	**Position (eg Secretary, Chair, etc)**
	29/07/2022	**Date**

CHARITY COMMISSION FOR ENGLAND AND WALES

3e Enriched Elements			No (if any)
Receipts and payments accounts			**CC16a**
For the period from	01.10.2020	**To**	30.09.2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising and workshops	65,503	0	-	65,503	88,387
Grants & Furlough		126,012	-	126,012	167,881
Intrest from investment	177		-	177	
Asset transfer from CLG			-	-	
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total *(Gross income for AR)*	65,679	126,012	-	191,691	256,268
A2 Asset and investment sales, (see table).					
		-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	65,679	126,012	-	191,691	256,268
A3 Payments					
Charitable activities	159,827		-	159,827	173,855
Fundraising Costs		8,286	-	8,286	10,780
			-	-	-
			-	-	-
			-	-	-

			-	-	-
			-	-	-
			-	-	-
			-	-	-
Sub total	**159,827**	**8,286**	**-**	**168,113**	**184,635**

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	**-**	**-**	**-**	**-**	**-**
Total payments	**159,827**	**8,286**	**-**	**168,113**	**184,635**
Net of receipts/(payments)	**- 94,148**	**117,726**	**-**	**23,578**	**71,633**
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	**- 94,148**	**117,726**	**-**	**23,578**	**71,633**

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Hand	**- 94,148**	**117,726**	**-**
		-	-	-
		-	-	-
	Total cash funds	**- 94,148**	**117,726**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

Other Monetary Assets		10,118	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computers and other Equipment		1,718	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	

		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Be Enriched Elements		
On accounts for the year ended	30 September 2021	**Charity no (if any)**	1170219
Set out on pages	1 of 1 (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

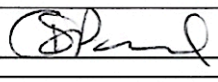
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	29 July 2022
Name:	Denise S Paul		
Relevant professional qualification(s) or body (if any):	Member of Institute of Risk Management (IRM)		
Address:	Flat 2, Copeland House Garratt Lane,		

BE ENRICHED ELEMENTS

England & Wales - Charity number 1170219

Accounts

BE ENRICHED

Annual Report

OCT 2019-SEPT 2020

'Enriching community through food'

CHARITY NO: 1170219:





CHARITY OVERVIEW

Charity name: Be Enriched Elements

Charity No: 1170219

Charity Incorporation date: 16 November 2016

Trustees Annual Report for period 1 October 2019 to 30 September 2020

Trustees for period: Ngoc Nguyen, Orlando Wethered, Sarah Coulson, Anya Chetse, Terence Mitchison

CEO: Kemi Akinola

Accountant: P A Consulting

International House, 6th Floor, 6 Canterbury Crescent, London SW9 7QD
Hello@be-enriched.org

CHARITABLE OBJECTS

1. TO PREVENT AND RELIEVE POVERTY, AND TO RELIEVE AND ASSIST PEOPLE FROM SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES WHO ARE IN NEED BY REASON OF FINANCIAL HARDSHIP, BY DELIVERING FREE COMMUNITY MEALS AND BY ADVANCING HEALTH AND NUTRITION EDUCATION FOR THE PUBLIC BENEFIT.

2. TO RELIEVE, ASSIST AND PROVIDE SUPPORT FOR PEOPLE IN NEED BY REASON OF DISABILITY OR OTHER DISADVANTAGE BY PROVIDING FREE THERAPEUTIC SESSIONS FOR THE PUBLIC BENEFIT.

3. FOR THE PUBLIC BENEFIT, TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE, AND TO ADVANCE EDUCATION THROUGH EXPEDITIONS CARRIED OUT IN THE UK AND ABROAD FOR THE PURPOSE OF PROVIDING EXPERIENTIAL LEARNING AND NON-FORMAL EDUCATION AND DEVELOPING INDIVIDUAL COMPETENCIES, SKILLS AND UNDERSTANDING

4. FOR THE PUBLIC BENEFIT, TO RELIEVE THOSE IN NEED BY REASON OF YOUTH, AGE, FINANCIAL HARDSHIP OR SOCIAL OR ECONOMIC DISADVANTAGE AND TO ADVANCE EDUCATION THROUGH LEARNING OPPORTUNITIES AND NON-FORMAL EDUCATION AND MENTORING PROGRAMMES FOR AND WITH YOUNG PEOPLE, WHICH PROMOTE PARTICIPATION AND INTEGRATION IN SOCIETY AND THE DEVELOPMENT OF KEY PERSONAL SKILLS.

TABLE OF CONTENTS

1. What we do
2. CEO overview
3. Community Canteens
4. Covid-19
5. Beneficiaries
6. Wandsworth Food Partnership
7. Food Bus
8. Volunteering
9. Corporate partnerships
10. The future

WHAT WE DO?

Be Enriched is a charity based in South London that enriches community using food as the catalyst.

We believe that by coming together we can support each the with the skills and knowledge within the community.

We are doing this through these projects:

- Community Canteen
- Wandsworth Food Partnership
- Healthy Holidays
- CooksForce
- Training for young people and those excluded





'Enriching community through food'

CEO OVERVIEW

Still feeling the shockwaves and devastation of a global pandemic that began a few months before this report ends, it's difficult to reflect on the year 2019-2020.

However, despite the circumstances, Be Enriched has had a good year regarding our project delivery and finances. We have managed to weather the storm and come out with very little damage.

Throughout 2019-2020 the Be Enriched team worked tirelessly to fulfil our core mission- to enrich the community through food. We have done this in various ways, for example, community lunches, reducing sugar intake, projects with schools and emergency food bags (that we are still currently providing). The team continued to keep in touch with everyone affected by social isolation and ill health.

We have increased our reach by working with 20 beneficiaries during the year and provided many voluntary placements, including for children and young people. We worked in the London boroughs of Wandsworth, Lambeth, Southwark, Hammersmith, Kensington and Fulham to deliver community meals through the canteens project, cooking classes, our CooksForce project and SugarSmart, and through the Wandsworth Food Partnership.

December 2019, unknowingly the final time in the subsequent 15 months that we would have an in-real-life celebration, was a joyous affair with live music, dancing and Christmas lunches with all the trimmings. This was attended by some of our older guests, who have visited Be Enriched since the start, as well as some who have received support for substance misuse and are in recovery. Santa came delivering gifts which were donated through our strong corporate partnerships.

Despite the delay and continuous adaptation to the new environment, Be Enriched has been able to thrive and grow. I'm confident in the sustainability of our future.

Kemi Akinola - Founder/CEO

THE CANTEEN'S PROJECT

Be Enriched operates three Community Canteens across Southwark, Lambeth and Wandsworth. These are community meals which reduce social isolation of those excluded from society.



The canteen operated as usual with 6-8 volunteers and 25-40 guests each week. We held a Christmas party on 20th Dec 2019. Guests enjoyed a traditional Christmas dinner, Christmas songs and a present from 'Santa'.

Battersea Canteen
Battersea Canteen hosted 120 volunteers, including corporate groups, at its regular Tuesday and Christmas Canteens.Paused April 2020, due to the pandemic.



Castle Canteen
Castle Canteen hosted 120 volunteers, including corporate groups, at its regular Monday and Christmas Canteens.
Paused April 2020, due to the pandemic.



Graveney Canteen
Graveney hosted 115 volunteers, including corporate groups, at its regular Friday and Christmas Canteens.
In April 2020, Graveney had to close its doors to lunch guests, but instead became a local food hub to serve the community in Wandsworth. As part of South London's COVID-19 Pandemic Emergency Response, an operational kitchen and food parcel distribution service were set up, to serve Wandsworth residents.

'My mum was so pleased to receive the vegetable biryani last night. Knowing she is receiving freshly cooked vegetarian food is reassuring.'

David, 39

'Having the fresh items in the food parcels has already helped- and the cooked meals have made it easier to feed kids during the holidays. '

Steven, 45





'Lots of thanks for six weeks of help !'

Ally, 61

'The fresh produce has really been helpful'

Emma, 48



COVID-19

In December 2019 the effects of COVID-19 started to change the way we thought about our work.
Once the virus was established in the UK most of Be Enriched's Projects had to close, in line with NHS guidance and in the interests of public safety.
Most of the vulnerable people Be Enriched Supports were advised to shield.
Many food aid providers were overwhelmed as they had to support more households than usual.



To tackle the effects of COVID to the community, Be Enriched partnered with Brixton People's Kitchen and facilitated projects providing food for those in need from March 2019- September 2020.
Be Enriched worked closely with volunteers in Lambeth and Wandsworth. Be Enriched adapted quickly pausing all sit in community meals and providing a home delivery service to up to 200 people a week in the height of need.





BENEFICIARIES

Be Enriched supported single parent families; elderly and vulnerable people living alone, people with serious underlying health conditions, people who were shielding; people in recovery, new parents, families with no recourse to public funds; carers and the recently unemployed.

In the period prior to the pandemic, Be Enriched worked with a regular group of 80 people every week through the Canteens project and other opportunities such as offering work experience and training for people with learning needs.

During the lockdown period, 20 beneficiaries who were already known to Graveney Canteen consistently received support. The majority of other beneficiaries were new, referred by Wandsworth and Lambeth council, Citizens Advice, Social services and Hestia, as well as self-referrals.

Two former beneficiaries moved on to volunteering at Graveney Canteen Kitchen, during the lockdown gaining transferable skills, in line with our theory of change,

WANDSWORTH FOOD PARTNERSHIP

Sugarsmart Campaign

Wandsworth Food Partnership's SugarSmart campaign delivered a programme of digital content in July 2020, to inform the community in Wandsworth of the risks of sugar and empower them to make healthier decisions. Video content produced by Healthcare Professionals highlighted: what sugar does to the body, provided advice on how to cut down sugar intake, and lead a healthier lifestyle.
SugarSmart partnered with a number of chefs to produce video cookery demonstrations of healthier alternatives to snacks that normally contain a high sugar content.
It also worked with with Refill and regularly promoted the Wandsworth smartphone app and online map of refill points in the area.





London Food Roots Incubator

The Mayor of London is committed to supporting partnerships and chose the Wandsworth Food Partnership and ten other organisations to work with the London Food Roots Incubator over 2021 to tackle the issue of food insecurity in our borough over six months.

THE FOOD BUS

The Food Bus is an innovative project delivering affordable, fresh and stor cupboard foods to people affected by low income or who are geographically disadvantaged.

It is the first converted double decker bus of its kind in the UK. It has a green grocer and commercial kitchen on the bottom floor and a cafe on the top deck. The refit complies with ULEZ guidance and the design utilises solar.

Because of the pandemic the project has been delayed due to ongoing engine issues. The Food Bus van is planned to be used in the meantime

'I'm happy we have the opportunity to work with the local community and that we can positively impact our communities lives providing access to healthy and affordable food.'







VOLUNTEERING

The events towards the end of 2019-2020 meant Be Enriched needed to do a volunteer recruitment drive because of the significant increase in demand food aid and support.

In April 2020, our regular volunteering opportunities were replaced with an online appeal for volunteers. This was to help prepare food parcels and provide a home-delivery service to those shielding at home, as part of the Lambeth and Wandsworth emergency response contract, resulting in over 500 new volunteers signing up. This resulted in our largest every recruitment exercise with all inductions taking place online and the creation of new temporary volunteer roles.

8 volunteer call-handlers were recruited and trained to man the referrals helpline on weekdays, using web-based telephone service.
40+ volunteers trained to prepare and pack meals and grocery parcels
60+ Volunteers: walkers, drivers and cyclists delivering the food

Impact and Value of Volunteer Contribution

- 400 regular volunteer attendances helped us to run our three Community Canteens during the period, up until the first Lockdown
- 800 volunteer attendances supported the Graveney Canteen to deliver the pandemic response operation from Apr - Sep 2020.
- 6,000 volunteer hours were given for the period Sep-2019 to Oct-2020. This equates to an economic market value of at least £250,000 (based on National Minimum Wage hourly rate calculation)



'The canteen is now a major part of my weekly routine and something I genuinely look forward to every week. The social side of volunteering is amazing - we always have a laugh and enjoy a good chat while we prepare and cook the meals.'

DARCY





'Volunteering is a great way to contribute to your local community and help balance out some of the inequalities that exist within it. It also breaks down barriers between various groups of people in the same community that might not otherwise meet. '

LEE

'I would love to volunteer again and hopefully in a situation where we do spend more time with the people we are helping so we can get to know each other better.'

DARRYL





'I wanted to get involved and make a difference. It is also great fun. Everyone I have met has been a joy and volunteering will be part of my life for as long as I am able to do it. '

TRISH

CORPORATE PARTNERSHIPS



Be Enriched continued to work with corporate volunteer groups over the pandemic. These valuable partnerships support the Canteen's Project and ensure their sustainability. These groups bring valued expertise and ideas into the canteens by cooking and befriending beneficiaries.

Due to the pandemic, and the closure of our Canteens, in person volunteering was paused with the aim to recommence in line with government guidelines.

THE FUTURE

The past year has been taxing for us all, constantly having to learn and adapt to change.

Looking forward, Be Enriched will be moving away from the emergency food to build on what we have learned and skills gained to innovate and develop a sustainable long term structure and solution to local food insecurity.

Be Enriched will be working with the GLA and IFAN supporting the Cash First model to help people move towards financial and food security in a dignified way.

We are embedding and strengthening the practice of integrating food support and 'cash first' approaches across all projects.

BE ENRICHED

CHARITY COMMISSION FOR ENGLAND AND WALES

Receipts and payments accounts

CC16a

For the period from		To	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising and workshops	52,181	0	-	52,181	35,189
Grants	73,436	130,651	-	204,087	15,979
Intrest from investment			-	-	4
Asset transfer from CLG			-	-	24,700
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total (Gross income for AR)	125,617	130,651	-	256,268	75,872
A2 Asset and investment sales, (see table).					
		-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	125,617	130,651	-	256,268	75,872
A3 Payments					
Charitable activities	142,228	31,627	-	173,855	66,721
Fundraising Costs		10,780	-	10,780	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
Sub total	142,228	42,408	-	184,636	66,721
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	142,228	42,408	-	184,636	66,721
Net of receipts/(payments)	- 16,611	88,243	-	71,633	9,151
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 16,611	88,243	-	71,633	9,151

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Hand	- 16,611	88,243	-
		-	-	-
		-	-	-
	Total cash funds	- 16,611	88,243	-

(agree balances with receipts and payments account(s))

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets Other Monetary Assets	-	6,101	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computers and other Equipment		1,658	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
T. A. Mitchison	TERENCE A. MITCHISON	10/03/22

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Be Enriched Elements		
On accounts for the year ended	30/09/2020	**Charity no (if any)**	1170219
Set out on pages	N/A (remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 09 / 2020**.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

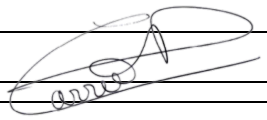
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	04/03/2022
Name:	Dominique Carrie		
Relevant professional qualification(s) or body (if any):			
Address:	Flat 10, 27 Lenox Road, London N4 3NR		

Section B	Disclosure
	Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	