

The Dan Rhodes Foundation
(A Charitable Incorporated Organisation)

**Trustee's Annual Report
and
Financial Statements
For the year ended
31 March 2025**

Company registration No. CE008194 (England & Wales)

Registered Charity No. 1170177 (England & Wales)

Contents**Page**

Reference and administration details	3
Structure, governance and management	4
Objectives and activities	5
Achievements and performance	6
Financial review	6
Declaration	7
Accountant's report	7
Receipts and Payments	8
Statement of assets and liabilities	9
Statutory notes to the accounts	10

Reference and administration details

Name

The Dan Rhodes Foundation

Also known by: Do it for Dan

Registered office

33 King Ridding Close, Riccall, York, YO19 6RY

Charity number

1170177(England and Wales)

Company number

CE008194 (England and Wales)

Bankers

TSB. St Helen's Square, York, YO1 8QW

Accountant

Accounting Genie, 16 Bramston Gardens, Brighouse HD6 3AG

List of trustees

The directors of the charitable organisation (the charity) are its trustees for the purpose of charity law and throughout this report are referred to as the trustees. The Trustees report includes requirements of the Directors' report as required by company law.

The trustees who served during the year were as follows:

	Date of original appointment	Date of retirement or resignation
Mr Stuart Middleton (Custodian trustee)	15/11/2016	
Mrs Brenda Rhodes	15/11/2016	
Mrs Emma McAneny	15/11/2016	

Structure, Governance and Management

Governing document

The Dan Rhodes Foundation is a charitable incorporated organisation governed by its Constitution dated 15th November 2016. It is registered as a charity with the Charity Commission in England and Wales.

Appointment of trustees

The board of trustees currently consists of three members, the original founders; further trustees will be invited as and when required by the charity. The original founders will decide at the Annual General Meeting if new trustees are to be appointed.

Trustee induction and training

New trustees will undergo an induction to brief them on their legal obligations under charity and company law, the content of the Constitution, the decision-making process, the business plan and the recent financial performance of the charity.

Organisation

The trustees administer the charity and meet at least three times a year. Mr Stuart Middleton is appointed as the Custodian Trustee and makes day-to-day decisions necessary for the Charity.

Objectives and activities

The Dan Rhodes Foundation vision and mission

The aim of the Charity is to bring mental health out of the darkness by shining a light on it and raising awareness. As mental illness is hidden it takes people talking about it to bring it out into the open. We also want to promote good mental health through physical health and how having a healthy approach can help your mental health.

The Dan Rhodes Foundation activities

The charity is administered from its head office in Riccall, North Yorkshire.

The charity offers support for people suffering with mental health issues by posting support, articles, blogs, advice and points of contact for those struggling with their mental health and for their loved ones who help and support them. Funds are raised through physical challenges to support the Charity's social media presence and to support the work of the Blur Foundation and York Mind.

Main objectives for the period

This is the eighth period of operating; the main objectives were:

- Raise sufficient funds to continue to raise awareness through our social media presence
- Raise awareness of the importance of maintaining both mental and physical health through our social media accounts and through completing charitable events
- Increase the reach of the charity through social media and make a positive impact on our supporters' mental wellbeing

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Evidence shows that reaching out via social media is a proven method for educating those affected by mental health issues and in reducing stigma associated with the condition. The Charity has had feedback suggesting that our efforts have been useful in reducing the pain and suffering of those suffering with depression and anxiety.

Use of volunteers

Trustees give considerable support to the organisation on a voluntary basis and this is recognised and very much appreciated.

Achievements and Performance

Statutory declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Summary of the main achievements of the Charity for the period

It has been another difficult year for the Charity as it becomes increasingly difficult to raise money and to increase our profile in a challenging and saturated sector. Fundraising across the charity sector is becoming increasingly difficult year on year and being a small charity we are heavily dependant on a few key fundraisers and regular donators. Despite it being another year when it was difficult to raise funds through challenging physical events due to time constraints and injury, we have managed to keep things going thanks to one of the Trustees covering some of the ongoing running costs.

Increasing our reach has also been challenging again as social media companies continue to try and make organic growth difficult and push you towards paid advertising to increase your audience. Interaction has remained strong with our more dedicated followers but beyond that it is difficult to break through without having to pay for advertising. We have remained committed to regular posting but our reliance on one person running all our social media accounts remains an issue, but we haven't been able to get any help to ease this. It looks like gaining any traction will be difficult in the short term so the focus is to review our current offering and provide the best information for our loyal followers.

There is still the hope of doing more events to mark the 10th anniversary of Dan's passing but again due to the reliance on one person, who is currently struggling with injury, this could prove to be difficult. To make up for this we are looking at organising some non-physical events such as bake sales to try and raise some much needed funds.

Financial review

Reserves

At the end of the period the Charity held cash at bank of just over £76 all of which was unrestricted funds. We aim to hold at least £50 in reserves.

Funds in deficit

At the end of the period the Charity had no outstanding financial commitments.

Declaration

The trustees declare that they have approved the trustee's report above

Signed on behalf of the Charity's trustees

Mr Stuart Middleton
Custodian trustee
Date: 05.11.2025

Accountant's report

The Dan Rhodes Foundation was registered on 15th November 2016 as a Charitable Incorporated Organisation. These are the Financial Statements for year ended 31st March 2025.

The Trustees have elected to prepare the accounts under the receipts and payments basis rather than using FRS102.

It is the Trustee's responsibility to ensure the accounting records represent a true and fair view of the state of the Charity; the Trustees consider that the Charity is exempt from the audit or external verification requirements; and have not requested an audit of the accounting records. Therefore, the accuracy and completeness of the accounting records has not been verified.

The financial statements have been supplied to the Board of Trustees of The Dan Rhodes Foundation, solely for their use and Charity Commission purposes; Accounting Genie does not accept nor assume responsibility to anyone other than the Charity and its Board of Trustees for the work done or for this report.



Date: 05.11.2025
Miss Eugenie Houlder
BA FCA

16 Bramston Gardens, Brighouse, HD6 3AG

The Dan Rhodes Foundation

Receipts and Payments

For the year ending 31st March 2025

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds £	Last year £
<u>A1 Receipts</u>					
Donations	609	0	0	609	852
Merchandise	0	0	0	0	0
Misc income	0	0	0	0	0
Sponsorship	0	0	0	0	0
Subtotal	609	0	0	609	852
 <u>A2 Assets and investments sales, etc</u>	 0	 0	 0	 0	 0
 Total receipts	 609	 0	 0	 609	 852
 <u>A3 Payments</u>					
Advertising	0	0	0	0	0
Bank charges	(216)	0	0	(216)	(252)
IT	(886)	0	0	(886)	(60)
Donations made to other charities	0	0	0	0	0
Postage	0	0	0	0	(10)
Social media	0	0	0	0	0
Training	0	0	0	0	0
Equipment	0	0	0	0	0
Stock	0	0	0	0	0
Subtotal	(1,102)	0	0	(1,102)	(323)
 <u>A4 Asset and investment purchases, etc</u>	 0	 0	 0	 0	 0
 Total payments	 (1,102)	 0	 0	 (1,102)	 (323)
 Net receipts/(payments)	 (493)	 0	 0	 (493)	 530
 <u>A5 Transfers between funds</u>	 0	 0	 0	 0	 0
 <u>A6 Cash funds last year end</u>	 569	 0	 0	 569	 39
Cash funds this year end	76	0	0	76	569

The Dan Rhodes Foundation
Statement of assets and liabilities
For the year ending 31st March 2025

	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds £	Total Funds £
<u>B1 Cash funds</u>					
Cash at bank	60	0	0	60	553
Paypal	15	0	0	15	15
Total cash funds	<u>76</u>	<u>0</u>	<u>0</u>	<u>76</u>	<u>569</u>
 <u>B2 Other monetary assets</u>	 0	 0	 0	 0	 0
 <u>B3 Investment assets</u>	 0	 0	 0	 0	 0
 <u>B4 Assets retained for the Charity's own use</u>	 0	 0	 0	 0	 0
 <u>B5 Liabilities</u>	 0	 0	 0	 0	 0

Signed by two trustees on behalf of all of the trustees

Mr Stuart Middleton Date of approval

Mrs Brenda Rhodes Date of approval

1 Accounting policies

a) Statement of compliance

The financial statements have been prepared under the receipts and payments basis as gross income is less than £250,000.

The trustees consider that the charity constitutes a public benefit entity.

b) Basis period

The basis period of these financial statements is 1st April 2024 until 31st March 2025.

c) Going concern

The trustees have considered the current position and budget of the charity, and after making appropriate enquiries they have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the annual financial statements.

d) Taxation

The charity meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is exempt from taxation in accordance with the Corporation Tax Act 2010, to the extent that such income is applied exclusively for charitable purposes.

e) General information

The Charity is a Charitable Incorporated Organisation registered in England and Wales. The address of its registered offices is: 33 King Rudding Close, Riccall, York, YO19 6RY