

Company registration number: 09692276
Charity registration number: 1170147

Little Hiccups

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 July 2025

Charles Best Limited
12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

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The following page does not form part of the statutory financial statements:

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Little Hiccups
Reference and Administrative Details

Charity name	Little Hiccups
Charity registration number	1170147
Company registration number	09692276
Principal office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Registered office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Trustee	Linsay M Medica, Trustee
Director	LM Medica MC Watson Pratt JJL Thompson S Stewart N Davis-Atack TA Reece HM Watson B Williamson
Accountant	Charles Best Limited 12 Henley Close Rawdon Leeds LS19 6QB

Little Hiccups

Trustee's Report

The Charity was set up on 06 July 2009 and became a company limited by guarantee on 17 July 2015. It was entered onto the Register of Charities on 14 November 2016 with the Registered charity number 1170147.

The Directors of the company are the trustees and as listed in the Reference and Administrative details above

The nature of the charity is to offer support to any child with a disability/additional need and their family, irrespective of nationality or religion.

We provide this in a variety of ways: Stay and Play - held on Monday mornings and Thursday afternoons at Leeds Mencap. Accessing softplay and a sensory room in a relaxed environment where families can meet others in similar situations, access information and support from therapists, counsellors and other professionals. We provide Physiotherapy access to Monday mornings, giving families the opportunity to see a paediatric neurodisability physiotherapist at highly subsidised costs. Avoiding waiting lists or when they do not quite meet enough criteria for the NHS therapists. Music sessions and Sensory play are all included.

Family Fun Days are organised every month and offer a wide range of activities including the hire of cinemas, private theatre companies, indoor skydiving, skiing, wall climbing, skiing, parties and local visitor attractions. Every event caters for the range of abilities/disabilities and is heavily subsidised by Little Hiccups ensuring they are all accessible to every family. We encourage the whole family to attend including siblings and our events enable families to experience a wide range of activities and to make memories together. Our events tend to sell out within the first couple of hours of being released, showing how popular and how great the demand is. We continue to run Superhero events which is a wonderful way to learn more and celebrate how amazing our children and siblings really are. Local organisations have also played in part in sponsoring these events.

We have added in regular Parent/Carer events to enable the adults to get out for some required respite and the chance to chat freely. We have subsidised the meals which means that often both parent/carers can afford to attend.

Working with the local authority and various visitor attractions, we partnered with a local artist to turn our families' drawings in to mosaics and have them displayed around the region. This provides a 'mosaic trail' highlighting accessible family friendly areas and is helping to spread the word.

Hydrotherapy is a great benefit to many of our children but can be expensive and difficult to access. We offer hydrotherapy sessions on a seven week basis at a local Sports Centre, in partnership with PT Kids. Physiotherapists assist in the pool so the children can safely participate in the activities and the parents have all the support they require. We have been able to secure grants to cover the costs of this in the past, so we can offer the sessions at a token cost to the families, which secures their booking. We have been able to secure further funds to be able to continue to provide the service, and continue to apply for more as we have a constant waiting list.

Little Hiccups has some all terrain wheelchairs, to enable families to hire for either day trips to the coast or take on holiday with them, enabling children to be able to access the parks, and the beaches as every child should be able to experience the seaside. They have also been used in emergency situations when children have a sudden need due to illness, proving we could respond considerably faster than statutory services and make life easier for the family. We also have two Safe Space travel beds for families to hire too. These make a great difference to families, making going away from home much less stressful, whether it's for a holiday or to visit relatives. This year we have also added floatation devices which have enabled more children to access the pool. The equipment continues to be in good demand.

We have launched a series of workshops, working closely with a specialist Neurodiverse Nurse, covering a range of subjects around behaviours, eating and sleeping etc. These sessions run both in person and online to make sure everyone can access them. These have been very successful and really well attended. We are working on providing more information workshops in the future.

Little Hiccups

Trustee's Report

We offer professional Counselling to Hiccups families should they require it, due to work pressures bereavement, relationship issues etc, due to having a child with additional needs. Counselling remains in great demand and we are grateful to be proactive in providing this, avoiding the waiting times of the statutory services. We currently work with 4 different counsellors, to ensure we have the right fit for the family and their requirements.

Many families struggle to take the first step to meet others, therefore we offer an Outreach service and will meet families on a one to one basis until they are confident enough to attend Stay and Play or a Family Fun Day. This service is greatly supported by Health Visitors and other professionals and our relationship with them is growing, helping us to reach more families who need our support. We continue to get referrals for refugee families and non English speaking communities and are working hard to strengthen those connections.

This year we have started to contract Noel Davis-Atack to assist with the ever growing work load and help to streamline our IT systems. Noel has been a Trustee with Little Hiccups for many years and has worked hard with us. Contracting him means we can put him to work a great deal more in the knowledge that his contribution is sustainable and he already knows our families and connections. He is working to strengthen and grow the funding streams too.

Funding has certainly been harder to come by this year although we retain Sam to apply for grants and donations which remains profitable but we have noted a downturn in funding streams as a whole. One of Noels goals will be to connect with more businesses and secure some financial contributions via corporates.

We currently support over 1500 families across the region.

We take pride in listening to our families and wherever possible remain flexible enough to meet their growing needs. We are working closely with other organisations to ensure we continue to support in new ways, share information and enhance our families experiences. Forging partnerships with other charities and sectors of the local authorities and health.

Our board of Directors/Trustees consists of parents of children with disabilities/additional needs or people who work closely with them. Therefore we all have a great amount of experience and passion for the work we do.

Small company provisions

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 19 April 2026 and signed on its behalf by:



.....
Linsay M Medica
Trustee

Independent Examiner's Report to the Trustee of Little Hiccups

I report on the accounts of the company for the year ended 31 July 2025, which are set out on pages 5 to 10.

Respective responsibilities of trustee and examiner

The trustee (who is also the director of the company for the purposes of company law) is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act ; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
Charles Best Limited

19 April 2026

12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

Statement of Financial Activities (including Income and Expenditure Account) for the Year Ended 31 July 2025

		Unrestricted Funds	Total Funds 2025	Total Funds 2024
	Note	£	£	£
Incoming resources				
Incoming resources from generated funds				
Voluntary income	2	102,984	102,984	112,501
Total incoming resources		<u>102,984</u>	<u>102,984</u>	<u>112,501</u>
Resources expended				
Costs of generating funds				
Costs of generating voluntary income	3	133,286	133,286	96,445
Total resources expended		<u>133,286</u>	<u>133,286</u>	<u>96,445</u>
Net movements in funds		(30,302)	(30,302)	16,056
Reconciliation of funds				
Total funds brought forward		151,652	151,652	135,592
Total funds carried forward		<u><u>121,350</u></u>	<u><u>121,350</u></u>	<u><u>151,648</u></u>

All incoming resources and resources expended derive from continuing activities.

The notes on pages 7 to 10 form an integral part of these financial statements.

Little Hiccups (Registration number: 09692276)

Balance Sheet as at 31 July 2025

		2025		2024	
	Note	£	£	£	£
Current assets					
Debtors	6	65		-	
Cash at bank and in hand		<u>121,285</u>		<u>152,246</u>	
			121,350		152,246
Creditors: Amounts falling due within one year	7		<u>-</u>		<u>(598)</u>
Net current assets			<u>121,350</u>		<u>151,648</u>
Net assets			<u><u>121,350</u></u>		<u><u>151,648</u></u>
The funds of the charity:					
Unrestricted funds					
Unrestricted income funds			<u>121,350</u>		<u>151,648</u>
Total charity funds			<u><u>121,350</u></u>		<u><u>151,648</u></u>

For the financial year ended 31 July 2025, the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These accounts were approved by the Trustee on 19 April 2026



.....
Lindsay M Medica
Trustee

The notes on pages 7 to 10 form an integral part of these financial statements.

Little Hiccups

Notes to the Financial Statements for the Year Ended 31 July 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Companies Act 2006.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Further details of each fund are disclosed in note 10.

Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

2 Voluntary income

	Unrestricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Donations and legacies			
Appeals and donations	67,525	67,525	92,754
Fundraising Income	35,459	35,459	19,747
	<u>102,984</u>	<u>102,984</u>	<u>112,501</u>

Little Hiccups

Notes to the Financial Statements for the Year Ended 31 July 2025

..... continued

3 Total resources expended

	Donations and legacies	Total
	£	£
Direct costs		
Fundraising costs	50,583	50,583
Other fundraising costs	27,043	27,043
Other direct costs	1,523	1,523
Advertising and promotion	19,108	19,108
	<u>98,257</u>	<u>98,257</u>
Support costs		
Establishment costs	552	552
Office expenses	651	651
Printing, posting and stationery	636	636
Sundry and other costs	29,112	29,112
Advertising and promotion	4,018	4,018
Legal and professional costs	60	60
	<u>35,029</u>	<u>35,029</u>
	<u><u>133,286</u></u>	<u><u>133,286</u></u>

4 Trustee's remuneration and expenses

The trustee did not receive any remuneration during the year.

5 Taxation

The company is a registered charity and is, therefore, exempt from taxation.

Little Hiccups
Notes to the Financial Statements for the Year Ended 31 July 2025

..... *continued*

6 Debtors

	2025 £	2024 £
Trade debtors	<u>65</u>	<u>-</u>

7 Creditors: Amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	<u>-</u>	<u>598</u>

8 Members' liability

The charity is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

Little Hiccups
Notes to the Financial Statements for the Year Ended 31 July 2025

..... *continued*

9 Related parties

Controlling entity

The Charity is controlled by the members who have appointed Trustees to manage the affairs of the Charity.

10 Analysis of funds

	At 1 August 2024	Incoming resources	Resources expended	At 31 July 2025
	£	£	£	£
General Funds				
Unrestricted income fund	151,652	102,984	(133,286)	121,350

11 Net assets by fund

	Unrestricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£
Current assets	121,350	121,350	152,246
Creditors: Amounts falling due within one year	-	-	(598)
Net assets	<u>121,350</u>	<u>121,350</u>	<u>151,648</u>

Little Hiccups
Statement of financial activities by fund Year Ended 31 July 2025

	Unrestricted income fund 2025	Unrestricted income fund 2024
	£	£
Incoming resources		
Incoming resources from generated funds		
Voluntary income	102,984	112,501
Total incoming resources	<u>102,984</u>	<u>112,501</u>
Resources expended		
Costs of generating funds		
Costs of generating voluntary income	133,286	96,445
Total resources expended	<u>133,286</u>	<u>96,445</u>
Net movements in funds	(30,302)	16,056
Reconciliation of funds		
Total funds brought forward	<u>151,652</u>	<u>135,592</u>
Total funds carried forward	<u><u>121,350</u></u>	<u><u>151,648</u></u>

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