

Company registration number: 09692276
Charity registration number: 1170147

Little Hiccups

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 July 2024

Charles Best Limited
12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

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The following page does not form part of the statutory financial statements:

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Little Hiccups
Reference and Administrative Details

Charity name	Little Hiccups
Charity registration number	1170147
Company registration number	09692276
Principal office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Registered office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Trustee	Linsay M Medica, Trustee
Director	LM Medica MC Watson Pratt JJL Thompson S Stewart N Davis-Atack TA Reece HM Watson B Williamson
Accountant	Charles Best Limited 12 Henley Close Rawdon Leeds LS19 6QB

Little Hiccups

Trustee's Report

The Charity was set up on 06 July 2009 and became a company limited by guarantee on 17 July 2015. It was entered onto the Register of Charities on 14 November 2016 with the Registered charity number 1170147.

The Directors of the company are the trustees and as listed in the Reference and Administrative details above

The nature of the charity is to offer support to any child with a disability/additional need and their family, irrespective of nationality or religion.

We provide this in a variety of ways: Stay and Play - held on Monday mornings and Thursday afternoons at Leeds Mencap. Accessing softplay and a sensory room in a relaxed environment where families can meet others in similar situations, access information and support from therapists, counsellors and other professionals. We have also added Physiotherapy access to Monday mornings, giving families the opportunity to see a paediatric neurodisability physiotherapist at highly subsidised costs. Avoiding waiting lists or when they do not quite meet enough criteria for the NHS therapists.

Family Fun Days are organised every month and offer a wide range of activities including the hire of cinemas, private theatre companies, indoor skydiving, skiing, wall climbing, parties and local visitor attractions. Every event caters for the range of abilities/disabilities and is heavily subsidised by Little Hiccups ensuring they are all accessible to every family. We encourage the whole family to attend, including siblings and our events enable families to experience a wide range of activities and to make memories together. Our events tend to sell out within the first couple of hours of being released, showing how popular and how great the demand is. We have continued to run Superhero events which is a wonderful way to learn more and celebrate how amazing our children and siblings really are. Local organisations have also played part in sponsoring these events.

Hydrotherapy is a great benefit to many of our children but can be expensive and difficult to access. We offer hydrotherapy sessions on a seven-week basis at a local Sports Centre, in partnership with Endorphins. Physiotherapists assist in the pool so the children can safely participate in the activities and the parents have all the support they require. We have been able to secure grants to cover the costs of this in the past, so we can offer the sessions at a token cost to the families which secure their booking. We have been able to secure further funds to be able to continue to provide the service and continue to apply for more.

Little Hiccups has some all-terrain wheelchairs, to enable families to hire for either day trips to the coast or take on holiday with them, enabling children to be able to access the parks, and the beaches as every child should be able to experience the seaside. They have also been used in emergency situations when children have a sudden need due to illness, proving we could respond considerably faster than statutory services and make life easier for the family. We also have two Safe Space travel beds for families to hire too. This makes a great difference to families, making going away from home much less stressful, whether it's for a holiday or to visit relatives. This year we have also added floatation devices which have enabled more children to access the pool. The equipment continues to be in good demand.

We offer professional Counselling to Hiccups families should they require it, due to work pressures, bereavement, relationship issues etc, due to having a child with additional needs. Counselling remains in great demand, and we are grateful to be proactive in providing this, avoiding the waiting times of the statutory services. We currently work with 4 different counsellors, to ensure we have the right fit for the family and their requirements.

Many families struggle to take the first step to meet others, therefore we offer an Outreach service and will meet families on a one-to-one basis until they are confident enough to attend Stay and Play or a Family Fun Day. This service is greatly supported by Health Visitors and other professionals and our relationship with them is growing, helping us to reach more families who need our support. We continue to get referrals for refugee families and non-English speaking communities.

We currently support over 1000 families across the region

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Trustee's Report

We take pride in listening to our families and wherever possible remain flexible enough to meet their growing needs. We are working closely with other organisations to ensure we continue to support in new ways, share information and enhance our families experiences. Forging partnerships with other charities and sectors of the local authorities and health.

Our board of Directors/Trustees consists of parents of children with disabilities/additional needs or people who work closely with them. Therefore, we all have a great amount of experience and passion for the work we do.

Small company provisions

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 17 April 2025 and signed on its behalf by:

.....

Linsay M Medica
Trustee

Independent Examiner's Report to the Trustee of Little Hiccups

I report on the accounts of the company for the year ended 31 July 2024, which are set out on pages 5 to 9.

Respective responsibilities of trustee and examiner

The trustee (who is also the director of the company for the purposes of company law) is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act ; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
Charles Best Limited

17 April 2025

12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

Statement of Financial Activities (including Income and Expenditure Account) for the Year Ended 31 July 2024

		Unrestricted Funds	Total Funds 2024	Total Funds 2023
	Note	£	£	£
Incoming resources				
Incoming resources from generated funds				
Voluntary income	2	112,501	112,501	129,154
Total incoming resources		<u>112,501</u>	<u>112,501</u>	<u>129,154</u>
Resources expended				
Costs of generating funds				
Costs of generating voluntary income	4	96,445	96,445	83,511
Total resources expended		<u>96,445</u>	<u>96,445</u>	<u>83,511</u>
Net movements in funds		16,056	16,056	45,643
Reconciliation of funds				
Total funds brought forward		135,592	135,592	89,949
Total funds carried forward		<u><u>151,648</u></u>	<u><u>151,648</u></u>	<u><u>135,592</u></u>

All incoming resources and resources expended derive from continuing activities.

The notes on pages 7 to 9 form an integral part of these financial statements.

Little Hiccups (Registration number: 09692276)

Balance Sheet as at 31 July 2024

		2024	2023
	Note	£	£
Current assets			
Cash at bank and in hand		152,246	136,186
Creditors: Amounts falling due within one year	7	<u>(598)</u>	<u>(594)</u>
Net current assets		<u>151,648</u>	<u>135,592</u>
Net assets		<u><u>151,648</u></u>	<u><u>135,592</u></u>
The funds of the charity:			
Unrestricted funds			
Unrestricted income funds		<u>151,648</u>	<u>135,592</u>
Total charity funds		<u><u>151,648</u></u>	<u><u>135,592</u></u>

For the financial year ended 31 July 2024, the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These accounts were approved by the Trustee on 17 April 2025

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Linsay M Medica
Trustee

The notes on pages 7 to 9 form an integral part of these financial statements.

Little Hiccups

Notes to the Financial Statements for the Year Ended 31 July 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Companies Act 2006.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Further details of each fund are disclosed in note 10.

Incoming resources

Voluntary income including donations and grants that provide core funding or are of a general nature is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

2 Voluntary income

	Unrestricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations and legacies			
Appeals and donations	92,754	92,754	99,407
Grants - other agencies	-	-	9,300
Fundraising Income	19,747	19,747	20,447
	<u>112,501</u>	<u>112,501</u>	<u>129,154</u>

Little Hiccups
Notes to the Financial Statements for the Year Ended 31 July 2024

..... continued

3 Grants receivable

	Unrestricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Grants - other agencies	-	-	9,300

4 Total resources expended

	Donations and legacies £	Total £
Direct costs		
Fundraising costs	39,143	39,143
Other fundraising costs	16,795	16,795
Other direct costs	38	38
Advertising and promotion	18,222	18,222
	<u>74,198</u>	<u>74,198</u>
Support costs		
Establishment costs	574	574
Office expenses	970	970
Printing, posting and stationery	679	679
Sundry and other costs	17,646	17,646
Advertising and promotion	2,378	2,378
	<u>22,247</u>	<u>22,247</u>
	<u>96,445</u>	<u>96,445</u>

5 Trustee's remuneration and expenses

The trustee did not receive any remuneration during the year.

6 Taxation

The company is a registered charity and is, therefore, exempt from taxation.

Little Hiccups
Notes to the Financial Statements for the Year Ended 31 July 2024

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7 Creditors: Amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	<u>598</u>	<u>594</u>

8 Members' liability

The charity is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

9 Related parties

Controlling entity

The Charity is controlled by the members who have appointed Trustees to manage the affairs of the Charity.

10 Analysis of funds

	At 1 August 2023	Incoming resources	Resources expended	At 31 July 2024
	£	£	£	£
General Funds				
Unrestricted income fund	<u>135,592</u>	<u>112,501</u>	<u>(96,445)</u>	<u>151,648</u>

11 Net assets by fund

	Unrestricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£
Current assets	152,246	152,246	136,186
Creditors: Amounts falling due within one year	<u>(598)</u>	<u>(598)</u>	<u>(594)</u>
Net assets	<u>151,648</u>	<u>151,648</u>	<u>135,592</u>

Little Hiccups
Statement of financial activities by fund Year Ended 31 July 2024

	Unrestricted income fund 2024	Unrestricted income fund 2023
	£	£
Incoming resources		
Incoming resources from generated funds		
Voluntary income	112,501	129,154
Total incoming resources	<u>112,501</u>	<u>129,154</u>
Resources expended		
Costs of generating funds		
Costs of generating voluntary income	96,445	83,511
Total resources expended	<u>96,445</u>	<u>83,511</u>
Net movements in funds	16,056	45,643
Reconciliation of funds		
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