

## Secretary Report 2023

### Membership and Communication

This year we can consider ourselves fully returned on all fronts and a case of managing the massive increase in membership that just keeps coming and the demands on our services. Mainly because it is now all online and membership is easier to record and also easier to apply for. We also require families to be registered to access any of our events now whereas before we were reliant on tracking them down to complete a paper version.

Stay n Play is remaining steady and we have increased our sessions to twice a week to fulfil demand. Family Fun Days were also still selling out in minutes with waiting lists being quite large for some of the more popular events (parties and Christmas events mainly) - We have started tracking the numbers on the waiting list (see KPI's) so we can assess if we need to expand this service. We believe that the boost in numbers for membership is also due to lack of access to services and huge waiting lists. Families are desperate for support and are turning to Charities like Little Hiccups.

*Membership Numbers can be found in Appendix 1*

*Family Fun Days numbers (including Waiting List) can be found in Appendix 2*

### New Direction / Expansion

The majority of Family Fun Days have expanded back to the bigger events although we are still trying to do a range of activities to suit all abilities and ages. Some of the events aimed at the younger ones will be smaller in numbers. The Parent/Carer events are continuing. These are every three months and are popular at the moment with 12-19 at every event.

Stay n Play has remained popular and in the last few months increasingly so. We've opened a second slot on Monday morning which has allowed access to several new families. Both sessions remain popular so we are currently opening up the Sensory Room and Soft Play room at the same time. We have continued to ask



Little Hiccups, c/o The Barrowbys, 170 Barrowby Lane, Garforth, Leeds, LS25 1NG

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Registered Charity No: 1170147 Company Limited by Guarantee No: 9692276

people to book on so we can monitor numbers. We are expecting numbers to decrease slightly in September again when a number will start school.

The Buggies are still in use and this year will be their most popular year for usage. They have been for a service and remain in very good condition. We have a couple of companies/Charities who hire them out to show to families for potential purchases and this helps with the funding. The Travel Beds are also available for hire and are used less often but are invaluable to some families.

After the trial ended for the Physio Assessments which were held every two weeks run at the same time as Stay n Play sessions, the session popularity did drop. I believe this is due to the initial demand being fulfilled. We are continuing to run but less often and making sure that we run them during the holidays so that all parents are able to attend. This has increased the demand again and all slots are being filled. Feedback is 100% positive.

Hydrotherapy is continuing to run and remains a service that is high in demand. Because of this, we have moved to 'Needs Led' rather than 'First come, first served' to ensure the slots are going to the children that need it the most. The Children in Need Grant has not been renewed and I have been applying for grants to continue the service. Prices have gone up and the cost of Hydro for 1 year has risen from £10k to £14k (last time prices were reviewed was 2019).

We have reopened our Educational/Informative Courses for parents and have started with a set by Laura Heldfeld around Autism and Juniper Tree for Sensory Integration. These are increasing in popularity as word spreads and repeat bookings. Courses are now selling out. We have a few others planned such as with Guide Dogs.

We have been fortunate to have our team expanded by a number of volunteers: Carla Bland, Laura Beckett, Hannah Davies and Shamila Hanif. All have different areas of expertise and are proving to be invaluable.

Next year, we will need to consider a steady income and create fun and exciting fundraising challenges that comply with government regulations. The Professional Fundraising has returned to pre-Covid levels and is bringing in a steady income.

We've also remained prominent in West Yorkshire CANN and the new Leeds Parent Carer Forum have started to tackle issues in the wider community such as EHCP's and Early Years Support. This year we have been awarded The Charity Excellence Framework Quality Mark.

*Incident Report Updates can be found in Appendix 3*

Miriam Watson-Pratt

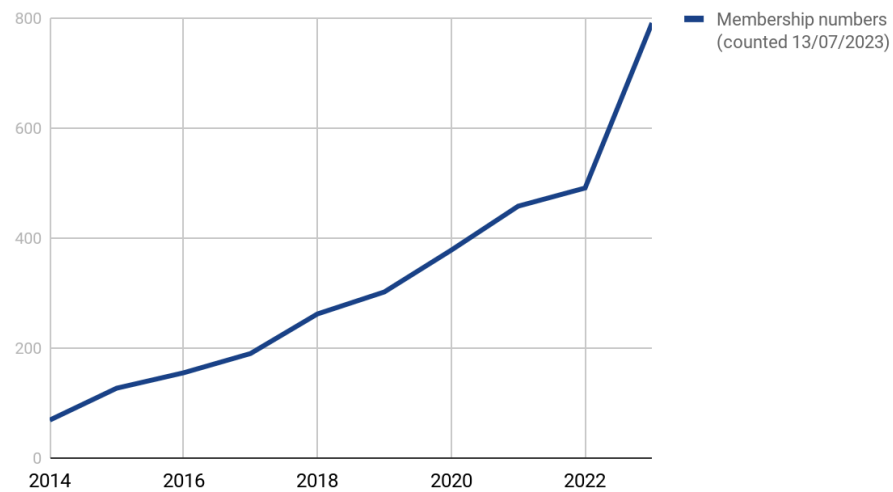
Secretary

## **Appendix 1**

### **Membership numbers (counted 7/05/2023)**

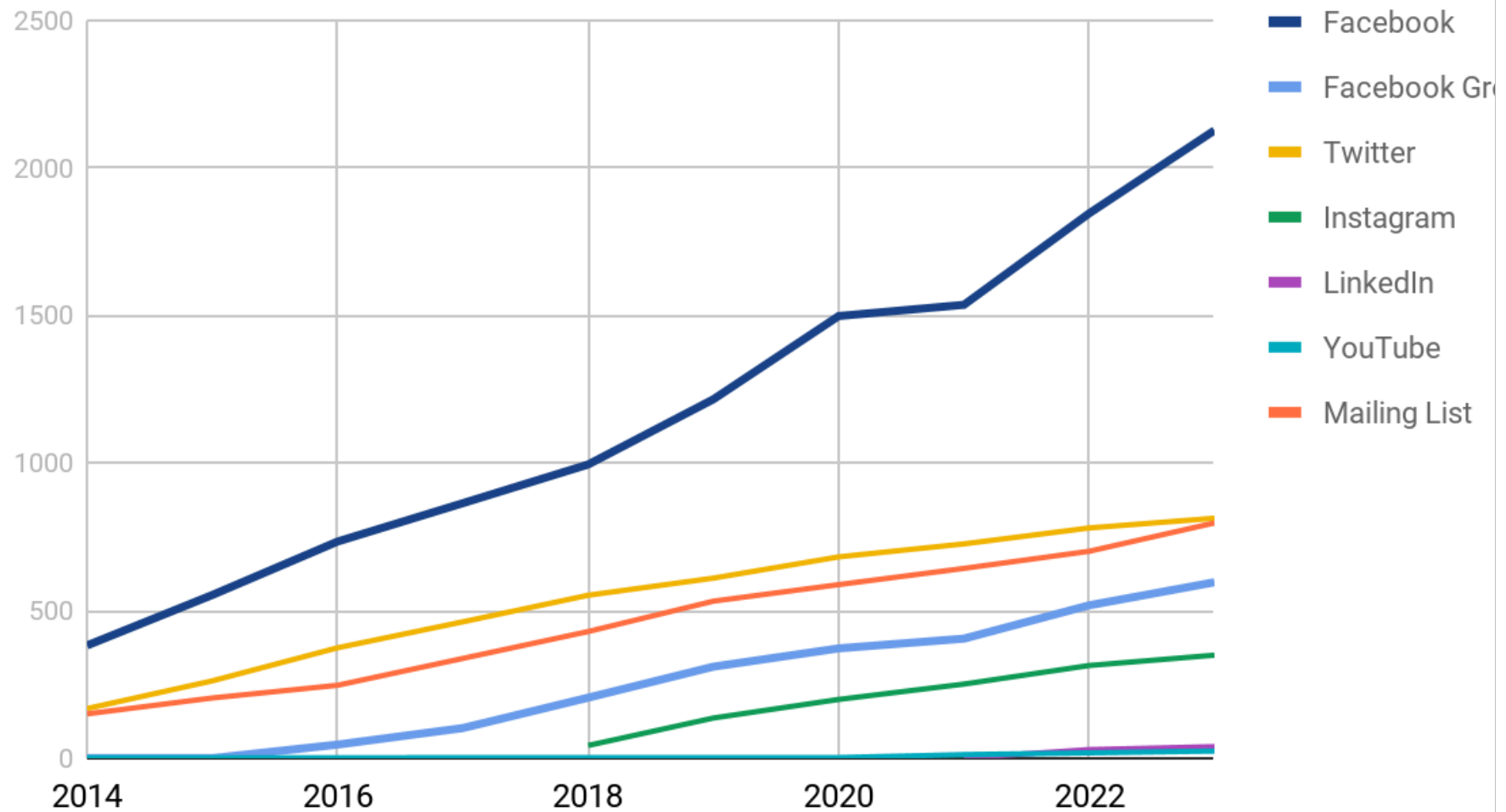
Attendin g Member s	2018	%inc	2019	%inc	2020	%inc	2021	%inc	2022	%inc	2023	%inc
Comple ted Registrat ion Forms	311	+66%	-	-	-	-	-	-				
Families on Contact Form	262	+38%	302	+13%	360	+19%	360	0%				
Online Registrat ion					18	+100%	80	344%	491	+514%	791	+61%

Points scored



Social Media	2018	%inc	2019	%inc	2020	%inc	2021	%inc	2022	%inc	2023	%inc
Facebook	995	+15%	1216	+18%	1498	+23%	1536	2.5%	1846	+20%	2127	+15%
Facebook Group	205	+101%	310	+34%	372	+20%	405	8.9%	518	+25%	596	+15%
Twitter	552	+19%	610	+9.5%	682	+12%	726	6%	780	+7%	813	+4%
Google+	49	n/a	Closed	n/a	Closed	n/a	Closed	n/a	Closed	n/a	Closed	n/a
Instagram	43 reopene d account	0%	138	+69%	199	+44%	251	26.1%	314	+25%	349	+11%
LinkedIn	-	-	-	-	-	-	1	100%	29	+2800%	39	+34%
Blogger	60 posts  15,936 views	+30% posts +65% views	82 posts  19,675 views	+27% posts +19% views	Closed - on website	n/a	Closed - on website	n/a	Closed	n/a	Closed	n/a
YouTube	2	0%	2	0%	2	0%	12	500%	18	+50%	24	+33%
Mailing List	429	+27%	532	+24%	588	+10%	643	9.3%	701	+89%	797	+13%

## Points scored



## Appendix 2 – Breakdown of Family Fun Day events for last 5 years (full figures are stored if needed)

*These figures represent the amount booked not attended.*

	2018	2019	2020	2021	2022	2023
<b>Jan</b>	-	<b>Adventures at Clip n Climb:</b> Adult: 69 Children: 86 <i>Total: 155</i>	<b>Fundraising and Adventures at Clip n Climb:</b> Adult: 58 Child: 69 <i>Total: 127</i>	<b>Cancelled due to Covid-19</b>	<b>Pottery Painting</b> Adult: 32 Children: 39 <i>Total: 71</i>  <i>Waiting List: 2 families</i>	<b>Sensory Party at Lush</b> Adult: 25 Children: 30 <i>Total: 55</i>  <i>Waiting List: 3 families</i>  <b>Parent/Carer: Escape Room</b> Total: 16
<b>Stay n Play</b>			Adult: 9 Children: 9 <i>Total: 19</i>	<b>Cancelled due to Covid-19</b>	Adult: 17 Children: 15 <i>Total: 32</i>	Adult: 34 Children: 38 <i>Total: 72</i>
<b>Feb</b>	<b>The Deep in Hull</b> Adults: 58 Children: 63 <i>Total: 121</i>	<b>Soft Play at Kidzone</b> Adult: 41 Children: 49 <i>Total: 90</i>	<b>Family Photoshoot</b> <i>Families: 18</i>	<b>Cancelled due to Covid-19</b>	<b>Skateboarding/Scooters at LS10</b> Adult: n/a Children: 30 <i>Total: 30</i>  <i>Waiting List: 0 families</i>  <b>Parent/Carer - Pottery and prosecco</b> <i>Total: 19</i>	<b>Trip to Eureka</b> Adult: 23 Children: 28 <i>Total: 51</i>  <i>Waiting List: 0 families</i>
<b>Stay n Play</b>			Adult: 16 Children: 26 <i>Total: 42</i>	<b>Cancelled due to Covid-19</b>	Adult: 30 Children: 33 <i>Total: 63</i>	Adult: 39 Children: 51 <i>Total: 90</i>
<b>March</b>	<b>Family Photoshoot</b>	<b>Family</b>	<b>Lush:</b>	<b>Cancelled due to</b>	<b>Bowling at</b>	<b>Circus Skills</b>

	April 15th (rearranged) and March 22nd: 18 families	<b>Photoshoot:</b> 10th and 17th March: 18 families	<i>Children - 23</i> <i>Adults - 24</i> <i>Total 47</i>	<b>Covid-19</b>	<b>Barnsley Bowl</b> <i>Total 67</i> <i>Waiting List: 1 family</i>	Adult: 37 Children: 20 <i>Total: 57</i> <i>Waiting List: 0</i> <i>families</i>  <b>Course: Intro to</b> <b>Autistic Children,</b> <b>Distress</b> <b>Behaviours and</b> <b>Providing Support</b> In person: 5 Online:4
<b>Stay n Play</b>			Adult: 6 Children: 7 <i>Total:13</i>	<b>Cancelled due to</b> <b>Covid-19</b>	Adult: 46 Children:49 <i>Total: 95</i>	Adult: 26 Children: 27 <i>Total: 53</i>
<b>April</b>	<b>Indoor Skydiving</b> <b>at Airkix</b> Adults: 40 Children: 39 <i>Total: 79</i>	<b>Relaxed Session at</b> <b>Lush</b> Adult: 22 Children: 18 <i>Total: 40</i>	<b>Cancelled due to</b> <b>Covid-19</b>	<b>Cancelled due to</b> <b>Covid-19</b>	<b>Soft Play at Kid</b> <b>Zone</b> <i>Adults: 55</i> <i>Children:57</i> <i>Total: 112</i> <i>Waiting List: 1 family</i>  <b>Parent/Carer: Axe</b> <b>Throwing</b> <i>Total: 14</i>	<b>Stockeld</b> Adult: 69 Children:79 <i>Total: 148</i> <i>Waiting List: 21</i> <i>families</i>  <b>Parent/Carer</b> <b>Event: Pottery</b> <b>Making</b> 14 booked  <b>Course: Boundary</b> <b>Setting and</b> <b>Challenging</b> <b>Behaviour</b> In person: 17 Online: 10

<b>Stay n Play</b>			<b>Cancelled due to Covid-19</b>	Adult: 12 Children: 11 <i>Total: 23</i>	Adult: 56 Children: 54 <i>Total: 110</i>	Adult: 32 Children: 36 <i>Total: 68</i>
<b>May</b>	<b>Ponderosa Rural Therapeutic Park</b> Adults: 56 Children: 52 <i>Total: 108</i>	<b>Cannon Hall Farm</b> Adult: 51 Children: 49 <i>Total: 100</i>	<b>Cancelled due to Covid-19</b>	<b>This Green Moon Forest School</b> Adult: 17 Children: 13 Under 5: 0  <i>Waiting List: 5 families</i>	<b>Ice Skating at Planet Ice</b> Adult: 53 Children: 58 <i>Total: 111</i>  <i>Waiting List: 0 families</i>	<b>Canal Boats</b> Adult: 23 Children: 20 <i>Total: 43</i>  <i>Waiting List: 13 families</i>  <b>Eid Party</b> Adult: 38 Children: 39 <i>Total: 77</i>  <i>Waiting List: 3 families</i>  <b>2023 05 03 In-Person: Autistics and Food Course: Part 1: It's so Much More than Picky Eating</b>  In Person:7 Online: 7
<b>Stay n Play</b>			<b>Cancelled due to Covid-19</b>	Adult: 13 Children: 15 <i>Total: 28</i>	Adult: 56 Children: 54 <i>Total: 110</i>	Adult: 37 Children:39 <i>Total: 76</i>
<b>June</b>	<b>Soft Play at KidZone</b> Adult: 37 Children: 39 <i>Total: 76</i>	<b>Forest School</b> Adult: 35 Children: 48 <i>Total: 83</i>	<b>Cancelled due to Covid-19</b>	<b>-Cancelled due to Covid-19</b>	<b>Mini Music Gig</b> <i>Total: 70</i>  <i>Waiting List: 0 families</i>	<b>Watersports 50 booked</b>  Adults: 19 Children: 31 <i>Total: 50</i>  <i>Waiting List: 5 families</i>



						<b>Parent/Carer Event: Lush</b> 15 Booked 13 attendees 10 on waiting list  <b>Course: Part 2: It's so Much More than Picky Eating</b>  In Person:8 Online: 4  <b>Juniper Tree - Sensory Training</b> In Person: 15
<b>Stay n Play</b>			<b>Cancelled due to Covid-19</b>	Adult: 17 Children: 14 <i>Total: 31</i>	Adult: 58 Children: 53 <i>Total: 111</i>	Adult: 78 Children: 70 <i>Total: 148</i>
<b>July</b>	<b>Creepy Crawly</b> Adult: 71 Children: 79 <i>Total: 150</i>	<b>Party - Circus themed</b> Adults: 95 Children: 95 <i>Total - 190</i>	<b>Cancelled due to Covid-19</b>	<b>Cancelled due to Covid-19</b>	<b>Party - Space themed</b> Adults: 99 Children: 96 <i>Total - 195</i>  <i>Waiting List: 5 families</i>	<b>Birthday Party: Bugs</b> Adult: 93 Children:89 <i>Total: 182</i>  <i>Waiting List: 0 families (but waiting list temporary broke)</i>  <b>Course: Toilet Talk! Supporting Your Child with Toileting and a Look at Constipation</b>  In Person: 8 Online:

<b>Stay n Play</b>		Adult: 11 Children: 13 <i>Total: 24</i>	<b>Cancelled due to Covid-19</b>	Adults 26 Children: 33 <i>Total: 59</i>	Adult: 37 Children: 38 <i>Total: 75</i>	Adult: Children: <i>Total:</i>
<b>Aug</b>	<b>Children's Tea Party at Iveridge Hall</b> Adult: 47 Children: 41 <i>Total: 88</i>	<b>No event due to Hiccups Holiday</b>	<b>Cancelled due to Covid-19</b>	<b>Children's Tea Party at Iveridge Hall</b> Adult: 41 Children: 30 <i>Total: 71</i>  <i>Waiting List: 8 families</i>  <b>Parent/Carer Escape Room</b> <i>Total: 12</i>	<b>Superhero Day</b>  Adults: 60 Children: 58 <i>Total - 118</i>  <i>Waiting List: 0 families</i>	
<b>Stay n Play</b>		Adult: 19 Children: 20 <i>Total: 39</i>	<b>Cancelled due to Covid-19</b>	Adults 18 Children: 29 <i>Total: 47</i>	Adult: 32 Children: 29 <i>Total: 61</i>	
<b>Sept</b>	<b>Bowling at Bansley Bowl</b> Adult: 20 Children: 29 <i>Total: 49</i>	<b>Rainbow Factory</b> Adults: 30 Children: 28 <i>Total - 58</i>	<b>Cancelled due to Covid-19</b>	<b>Growing Zone</b> Adult: 25 Children: 25 <i>Total: 7</i>  <i>Waiting List: 1 family</i>  <b>Parent/Carer Jamacian Night</b> <i>Total: 14</i>	<b>Lazerzone</b>  Adults: 17 Children: 23 <i>Total: 40</i>  <i>Waiting List: 1 family</i>	
<b>Stay n Play</b>		Adult: 5 Children: 5 <i>Total: 10</i>	Adults 3 Children: 3 <i>Total: 6</i>	Adults 26 Children: 16 <i>Total: 42</i>	Adult: 21 Children: 25 <i>Total: 46</i>	
<b>Oct</b>	<b>Canal Boating with the Safe Anchor Trust</b> Adult: 37	<b>Skiing with Disability Sports</b> Adult: 26 Child: 52	<b>Cancelled due to Covid-19</b>	<b>Stockeld Park - Halloween Adventure</b> <i>Adults: 51</i>	<b>Yorkshire Wildlife Park</b>  Adults: 99	

	Children: 33 <i>Total: 70</i>	<i>Total: 78</i>		Children: 49 <i>Total: 100</i>  <i>Waiting List: 17 families</i>	Children: 96 <i>Total: 197</i>  <i>Waiting List: 6 families</i>  <b>Parent/Carer: Cocktail Making Class</b> <i>Total: 20</i>	
<b>Stay n Play</b>		Adult: 3 Children: 2 <i>Total: 5</i>	Adults 11 Children: 12 <i>Total: 23</i>	Adult: 23 Children: 22 <i>Total: 45</i>	Adult: 24 Children: 35 <i>Total: 59</i>	
<b>Nov</b>	<b>Smallfoot at the Showcase Cinema</b> Adult: 48 Children: 66 <i>Total: 114</i>	<b>Abominable at the Showcase Cinema</b> Adults: 45 Children: 56 <i>Total: 101</i>	<b>Cancelled due to Covid-19</b>	<b>Ron's Gone Wrong at the Showcase Cinema</b> Adults: 44 Children: 54 <i>Total: 98</i>  <i>Waiting List: 2 families</i>	<b>Cinema - Lyle Lyle Crocodile</b> Adults: 59 Children: 61 <i>Total: 121</i>  <i>Waiting List: 1 family</i>	
<b>Stay n Play</b>		Adult: 9 Children: 12 <i>Total: 21</i>	<b>Cancelled due to Covid-19</b>	Adult: 26 Children: 26 <i>Total: 52</i>	Adult: 29 Children: 29 <i>Total: 58</i>	
<b>Dec</b>	<b>Sundown Adventureland</b> Adult: 140 Children: 144 <i>Total: 284</i>  <i>Also Sundown run one this year</i>  <b>Christmas Party:</b> Adult: 106 Children: 108	<b>Sundown Adventureland</b> Adult: 100 Children: 106 <i>Total: 206</i>  <b>Christmas Party</b> Adult: 106 Children: 109 <i>Total: 215</i>	<b>Cancelled due to Covid-19</b>	<b>Sundown Adventureland</b> Adult: 100 Children: 100 <i>Total: 200</i>  <i>Waiting List: 14 families</i>  <b>Christmas Party</b> Adult: 107 Children: 97	<b>Sundown Adventureland</b> Adult: 94 Children: 102 <i>Total: 196</i>  <i>Waiting List: 19 families</i>  <b>Garforth Musical Panto - Sleeping</b>	

	Total: 214			Total: 204 Waiting List: 17 families	<b>Beauty</b> Total: 24 Waiting List: 0 families  <b>Growing Zone Christmas Party</b> Adult: 21 Children: 21 Total: 42  Waiting List: 0 families  <b>Christmas Party</b> Adult: 84 Children: 91 Total: 175  Waiting List: 18 families	
Stay n Play		Adult: Children: Total:	Adults 7 Children: 6 Total: 13	Adult: 15 Children: 18 Total: 33	Adult: 11 Children: 12 Total: 23	

**Appendix 3**  
**Incident Report Updates**

	<b>Exclusions</b>	<b>Hate Incidents</b>	<b>Health &amp; Safety</b>	<b>Complaints/Grievances</b>	<b>Data incidents/breaches</b>
<b>2022-2023</b>	0	0	2	1	0
	<p>Health and Safety - 06/03/2023 Child had tonic clonic seizure for less than 1 minute. Suspected cause was overheating.</p> <p>Unofficial Complaint/concern - 06/03/2023 Concern over another parent's behaviour. Rules of Stay n Play emailed out to remind everyone</p> <p>Health and Safety - 11/05/2023 Child had tonic clonic seizure for less than 1 minute. Suspected cause was overheating.</p>				

# AGM Treasurer Report

Accounts for 2021 - 2022 have been audited and submitted (report attached)

A few key points -

INCOME	£53,280
EXPENDITURE	£44,731
<b>CLEARED</b>	<b>£8,548</b>

Events over 2021-2022

INCOME	£5,350
EXPENDITURE	£18,928
<b>OVERALL COST</b>	<b>- £13,578</b>

Event Costings (details attached)

Xmas 21 Party	- £999
July 22 Birthday Party	- £3,616
Superhero 2022	£144

Raising Funds

ONLINE FUNDING	£6,642	
DONATIONS	£38,447	£45,089
COST TO RAISE FUNDS		£4,904
<b>OVERALL FUNDING</b>		<b>£40,185</b>

Hire of all terrain Buggies during 21/22

COST	- £152
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We have now transitioned over to Quickbooks for the accounts, which brings us up- to date in the world of tech! And I am aiming to be able to have the Annual accounts audited by August instead of the following April.

We continue to run with clear funds each year, not as a profit as such but ensuring we still have the money coming in to keep us sustainable. The fact we have a clear £8k this year gives us the opportunity to look at increasing the event places and invest in possible other services/assistance, while remaining sustainable.

The number of families needing our support is continually increasing and one of our main goals is to remain sustainable and grow at a steady and secure rate, always ensuring the families are at the heart of everything we do and we can continue to be there for them.

#### Accounts to Date - 26th July 2023

Bank Balance	£133,537
PayPal (incudes Ball bookings)	£8426
<b>TOTAL</b>	<b>£141,963</b>

Company registration number: 09692276  
Charity registration number: 1170147

# Little Hiccups

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 July 2023

Charles Best Limited  
12 Henley Close  
Rawdon  
Leeds  
LS19 6QB



## **Little Hiccups**

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**Little Hiccups**  
**Reference and Administrative Details**

<b>Charity name</b>	Little Hiccups
<b>Charity registration number</b>	1170147
<b>Company registration number</b>	09692276
<b>Principal office</b>	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
<b>Registered office</b>	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
<b>Trustee</b>	Linsay M Medica, Trustee
<b>Director</b>	LM Medica MC Watson Pratt JL Thompson S Stewart N Davis-Attack TA Reece HM Watson B Williamson (appointed 26 July 2023)
<b>Accountant</b>	Charles Best Limited 12 Henley Close Rawdon Leeds LS19 6QB

## **Little Hiccups**

### **Trustee's Report**

The Charity was set up on 06 July 2009 and became a company limited by guarantee on 17 July 2015. It was entered onto the Register of Charities on 14 November 2016 with the Registered charity number 1170147.

The Directors of the company are the trustees and as listed in the Reference and Administrative Details above

The nature of the charity is to offer support to any child with a disability/additional need and their family, irrespective of nationality or religion.

We provide this in a variety of ways: Stay and Play - held on Monday mornings and Thursday afternoons at Leeds Mencap. Accessing softplay and a sensory room in a relaxed environment where families can meet others in similar situations, access information and support from therapists, counsellors and other professionals. We have also added Physiotherapy access to Monday mornings, giving families the opportunity to see a paediatric neurodisability physiotherapist at highly subsidised costs. Avoiding waiting lists or when they do not quite meet enough criteria for the NHS therapists.

Family Fun Days are organised every month and offer a wide range of activities including the hire of cinemas, private theatre companies, indoor skydiving, skiing, wall climbing, skiing, parties and local visitor attractions. Every event caters for the range of abilities/disabilities and is heavily subsidised by Little Hiccups ensuring they are all accessible to every family. We encourage the whole family to attend including siblings and our events enable families to experience a wide range of activities and to make memories together. Our events tend to sell out within the first couple of hours of being released, showing how popular and how great the demand is. We have introduced Superhero events this year, supported by Zurich's charitable organisation which has been a wonderful way to learn more and celebrate how amazing our children and siblings really are. Local organisations have also played in part in sponsoring these events.

Hydrotherapy is a great benefit to many of our children but can be expensive and difficult to access. We offer hydrotherapy sessions on a seven week basis at a local Sports Centre, in partnership with Endorphins. Physiotherapists assist in the pool so the children can safely participate in the activities and the parents have all the support they require. We have been able to secure grants to cover the costs of this in the past, so we can offer the sessions at a token cost to the families, which secures their booking. As our final year of funding from Children in Need comes to an end we have been able to secure further funds to be able to continue to provide the service, and continue to apply for more.

Little Hiccups has some all terrain wheelchairs, to enable families to hire for either day trips to the coast or take on holiday with them, enabling children to be able to access the parks, and the beaches as every child should be able to experience the seaside. They have also been used in emergency situations when children have a sudden need due to illness, proving we could respond considerably faster than statutory services and make life easier for the family. We also have two Safe Space travel beds for families to hire too. These make a great difference to families, making going away from home much less stressful, whether it's for a holiday or to visit relatives. The equipment continues to be in good demand.

We offer professional Counselling to Hiccups families should they require it, due to work pressures, bereavement, relationship issues etc, due to having a child with additional needs. Counselling remains in great demand and we are grateful to be proactive in providing this, avoiding the waiting times of the statutory services. We currently work with 4 different counsellors, to ensure we have the right fit for the family and their requirements.

Many families struggle to take the first step to meet others, therefore we offer an Outreach service and will meet families on a one to one basis until they are confident enough to attend Stay and Play or a Family Fun Day. This service is greatly supported by Health Visitors and other professionals and our relationship with them is growing, helping us to reach more families who need our support.

We currently support over 850 families across the region

## **Little Hiccups**

### **Trustee's Report**

We take pride in listening to our families and wherever possible remain flexible enough to meet their growing needs. We are working closely with other organisations to ensure we continue to support in new ways, share information and enhance our families experiences. Forging partnerships with other charities and sectors of the local authorities and health.

Our board of Directors/Trustees consists of parents of children with disabilities/additional needs or people who work closely with them. Therefore we all have a great amount of experience and passion for the work we do.

#### **Small company provisions**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 18 April 2024 and signed on its behalf by:

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Linsay M Medica  
Trustee

## **Independent Examiner's Report to the Trustee of Little Hiccups**

I report on the accounts of the company for the year ended 31 July 2023, which are set out on pages 5 to 10.

### **Respective responsibilities of trustee and examiner**

The trustee (who is also the director of the company for the purposes of company law) is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act ; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....  
Charles Best Limited

18 April 2024

12 Henley Close  
Rawdon  
Leeds  
LS19 6QB

## Little Hiccups

### Statement of Financial Activities (including Income and Expenditure Account) for the Year Ended 31 July 2023

		Unrestricted Funds	Total Funds 2023	Total Funds 2022
	Note	£	£	£
<b>Incoming resources</b>				
Incoming resources from generated funds				
Voluntary income	2	129,154	129,154	53,280
Total incoming resources		<u>129,154</u>	<u>129,154</u>	<u>53,280</u>
<b>Resources expended</b>				
Costs of generating funds				
Costs of generating voluntary income	4	83,511	83,511	44,731
Total resources expended		<u>83,511</u>	<u>83,511</u>	<u>44,731</u>
Net movements in funds		45,643	45,643	8,549
<b>Reconciliation of funds</b>				
Total funds brought forward		89,949	89,949	81,400
Total funds carried forward		<u><u>135,592</u></u>	<u><u>135,592</u></u>	<u><u>89,949</u></u>

All incoming resources and resources expended derive from continuing activities.

The notes on pages 7 to 10 form an integral part of these financial statements.

**Little Hiccups (Registration number: 09692276)**

**Balance Sheet as at 31 July 2023**

		2023		2022	
	Note	£	£	£	£
<b>Current assets</b>					
Debtors	7	-		2	
Cash at bank and in hand		<u>136,186</u>		<u>89,947</u>	
			136,186		89,949
<b>Creditors: Amounts falling due within one year</b>	8		<u>(594)</u>		<u>-</u>
<b>Net current assets</b>			<u>135,592</u>		<u>89,949</u>
<b>Net assets</b>			<u><u>135,592</u></u>		<u><u>89,949</u></u>
<b>The funds of the charity:</b>					
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>135,592</u>		<u>89,949</u>
<b>Total charity funds</b>			<u><u>135,592</u></u>		<u><u>89,949</u></u>

For the financial year ended 31 July 2023, the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These accounts were approved by the Trustee on 18 April 2024

.....  
Linsay M Medica  
Trustee

The notes on pages 7 to 10 form an integral part of these financial statements.

## Little Hiccups

### Notes to the Financial Statements for the Year Ended 31 July 2023

#### 1 Accounting policies

##### Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Companies Act 2006.

##### Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Further details of each fund are disclosed in note 11.

##### Incoming resources

Voluntary income including donations and grants that provide core funding or are of a general nature is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

##### Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

##### Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### 2 Voluntary income

	Unrestricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Donations and legacies</b>			
Appeals and donations	99,407	99,407	38,448
Grants - other agencies	9,300	9,300	-
Fundraising Income	20,447	20,447	14,832
	<u>129,154</u>	<u>129,154</u>	<u>53,280</u>



**Little Hiccups**  
**Notes to the Financial Statements for the Year Ended 31 July 2023**

..... continued

**3 Grants receivable**

	<b>Unrestricted Funds £</b>	<b>Total Funds 2023 £</b>	<b>Total Funds 2022 £</b>
Grants - other agencies	9,300	9,300	-

**4 Total resources expended**

	<b>Donations and legacies £</b>	<b>Total £</b>
<b>Direct costs</b>		
Fundraising costs	37,763	37,763
Other fundraising costs	14,416	14,416
Other direct costs	68	68
Advertising and promotion	14,502	14,502
	<u>66,749</u>	<u>66,749</u>
<b>Support costs</b>		
Establishment costs	596	596
Office expenses	516	516
Printing, posting and stationery	515	515
Sundry and other costs	13,041	13,041
Advertising and promotion	1,688	1,688
Legal and professional costs	406	406
	<u>16,762</u>	<u>16,762</u>
	<u>83,511</u>	<u>83,511</u>

**5 Trustee's remuneration and expenses**

The trustee did not receive any remuneration during the year.

**6 Taxation**

The company is a registered charity and is, therefore, exempt from taxation.

**Little Hiccups**  
**Notes to the Financial Statements for the Year Ended 31 July 2023**

..... *continued*

**7 Debtors**

	2023 £	2022 £
Prepayments and accrued income	-	2

**8 Creditors: Amounts falling due within one year**

	2023 £	2022 £
Accruals and deferred income	594	-

**9 Members' liability**

The charity is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

**Little Hiccups**  
**Notes to the Financial Statements for the Year Ended 31 July 2023**

..... *continued*

**10 Related parties**

**Controlling entity**

The Charity is controlled by the members who have appointed Trustees to manage the affairs of the Charity.

**11 Analysis of funds**

	At 1 August 2022	Incoming resources	Resources expended	At 31 July 2023
	£	£	£	£
<b>General Funds</b>				
Unrestricted income fund	89,949	129,154	(83,511)	135,592

**12 Net assets by fund**

	Unrestricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£
Current assets	136,186	136,186	89,949
Creditors: Amounts falling due within one year	(594)	(594)	-
Net assets	<u>135,592</u>	<u>135,592</u>	<u>89,949</u>

**Little Hiccups**  
**Statement of financial activities by fund Year Ended 31 July 2023**

	Unrestricted income fund 2023	Unrestricted income fund 2022
	£	£
<b>Incoming resources</b>		
Incoming resources from generated funds		
Voluntary income	129,154	53,280
Total incoming resources	<u>129,154</u>	<u>53,280</u>
<b>Resources expended</b>		
Costs of generating funds		
Costs of generating voluntary income	83,511	44,731
Total resources expended	<u>83,511</u>	<u>44,731</u>
Net movements in funds	45,643	8,549
<b>Reconciliation of funds</b>		
Total funds brought forward	89,949	81,400
Total funds carried forward	<u><u>135,592</u></u>	<u><u>89,949</u></u>

This page does not form part of the statutory financial statements.