

Company registration number: 09692276
Charity registration number: 1170147

Little Hiccups

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 July 2022

Charles Best Limited
12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

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The following page does not form part of the statutory financial statements:

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Little Hiccups
Reference and Administrative Details

Charity name	Little Hiccups
Charity registration number	1170147
Company registration number	09692276
Principal office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Registered office	The Barrowbys 170 Barrowby Lane Garforth Leeds LS25 1NG
Trustee	Linsay M Medica, Trustee
Director	Ms LM Medica, Director Mrs MC Watson Pratt, Director Mr JJJ Thompson, Director Ms S Stewart, Director Mr N Davis-Attack, Director Mrs Tracy Ann Reece, Director Ms Heather Watson (appointed 18 January 2022)
Accountant	Charles Best Limited 12 Henley Close Rawdon Leeds LS19 6QB

Little Hiccups

Trustee's Report

The Charity was set up on 06 July 2009 and became a company limited by guarantee on 17 July 2015. It was entered onto the Register of Charities on 14 November 2016 with the Registered charity number 1170147.

The Directors of the company are the trustees and as listed in the Reference and Administrative Details above

The nature of the charity is to offer support to any child with a disability/additional need and their family, irrespective of nationality or religion.

We provide this in a variety of ways: Stay and Play - held on Monday mornings and Thursday afternoons at Leeds Mencap. Accessing softplay and a sensory room in a relaxed environment where families can meet others in similar situations, access information and support from therapists, counsellors and other professionals. Since lockdown we introduced a booking system to access the stay n play and we have continued this to monitor numbers as they increased, which led us to add in Monday mornings too.

Family Fun Days are organised every month and offer a wide range of activities including the hire of cinemas, private theatre companies, indoor skydiving, wall climbing, skiing, parties and local visitor attractions. Every event caters for the range of abilities/disabilities and is heavily subsidised by Little Hiccups ensuring they are all accessible to every family. We encourage the whole family to attend including siblings and our events enable families to experience a wide range of activities and to make memories together. Our events tend to sell out within the first couple of hours of being released, showing how popular and how great the demand is.

Hydrotherapy is a great benefit to many of our children but can be expensive and difficult to access. We offer hydrotherapy sessions on a seven week basis at a local Sports Centre, in partnership with Endorphins. Physiotherapists assist in the pool so the children can safely participate in the activities and the parents have all the support they require. We have been able to secure grants to cover the costs of this in the past, so we can offer the sessions at a token cost to the families, which secures their booking. However this is the final year of the Children in Need grant so we are applying for further funding to cover these sessions.

Little Hiccups has some all terrain wheelchairs, to enable families to hire for either day trips to the coast or take on holiday with them, enabling children to be able to access the parks, and the beaches as every child should be able to experience the seaside. They have also been used in emergency situations when children have a sudden need due to illness, proving we could respond considerably faster than statutory services and make life easier for the family. We are very happy to confirm, thanks to one of our fundraisers we also have two Safe Space travel beds for families to hire too. These make a great difference to families, making going away from home much less stressful, whether it's for a holiday or to visit relatives.

We offer professional Counselling to Hiccups families should they require it, due to work pressures, bereavement, relationship issues etc, due to having a child with additional needs. Counselling remains in great demand and we are grateful to be proactive in providing this, avoiding the waiting times of the statutory services.

Many families struggle to take the first step to meet others, therefore we offer an Outreach service and will meet families on a one to one basis until they are confident enough to attend Stay and Play or a Family Fun Day. This service is greatly supported by Health Visitors and other professionals and our relationship with them is growing, helping us to reach more families who need our support.

We currently support over 700 families across the region

We take pride in listening to our families and wherever possible remain flexible enough to meet their growing needs. This year we won The Queens Award for Voluntary Service, Compassionate Leeds Award and Scope Activities for Inclusive Award. We've also registered with the Fundraising Regulator.

Our board of Directors/Trustees consists of parents of children with disabilities/additional needs or people who work closely with them. Therefore we all have a great amount of experience and passion for the work we do.

Little Hiccups Trustee's Report

Small company provisions

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 24 April 2023 and signed on its behalf by:

.....

Linsay M Medica
Trustee

Independent Examiner's Report to the Trustee of Little Hiccups

I report on the accounts of the company for the year ended 31 July 2022, which are set out on pages 5 to 9.

Respective responsibilities of trustee and examiner

The trustee (who is also the director of the company for the purposes of company law) is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act ;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act ; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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Charles Best Limited

24 April 2023

12 Henley Close
Rawdon
Leeds
LS19 6QB

Little Hiccups

Statement of Financial Activities (including Income and Expenditure Account) for the Year Ended 31 July 2022

		Unrestricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£
Incoming resources				
Incoming resources from generated funds				
Voluntary income	2	53,280	53,280	20,903
Total incoming resources		<u>53,280</u>	<u>53,280</u>	<u>20,903</u>
Resources expended				
Costs of generating funds				
Costs of generating voluntary income	3	44,731	44,731	19,323
Total resources expended		<u>44,731</u>	<u>44,731</u>	<u>19,323</u>
Net movements in funds		8,549	8,549	1,580
Reconciliation of funds				
Total funds brought forward		81,400	81,400	79,820
Total funds carried forward		<u><u>89,949</u></u>	<u><u>89,949</u></u>	<u><u>81,400</u></u>

All incoming resources and resources expended derive from continuing activities.

The notes on pages 7 to 9 form an integral part of these financial statements.

Little Hiccups (Registration number: 09692276)

Balance Sheet as at 31 July 2022

		2022		2021	
	Note	£	£	£	£
Current assets					
Debtors	6	2		2	
Cash at bank and in hand		<u>89,947</u>		<u>81,398</u>	
			<u>89,949</u>		<u>81,400</u>
Net assets			<u><u>89,949</u></u>		<u><u>81,400</u></u>
The funds of the charity:					
Unrestricted funds					
Unrestricted income funds			<u>89,949</u>		<u>81,400</u>
Total charity funds			<u><u>89,949</u></u>		<u><u>81,400</u></u>

For the financial year ended 31 July 2022, the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These accounts were approved by the Trustee on 24 April 2023

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Linsay M Medica
Trustee

The notes on pages 7 to 9 form an integral part of these financial statements.

Little Hiccups

Notes to the Financial Statements for the Year Ended 31 July 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Companies Act 2006.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Further details of each fund are disclosed in note 9.

Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

2 Voluntary income

	Unrestricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations and legacies			
Appeals and donations	38,448	38,448	18,840
Fundraising Income	14,832	14,832	2,063
	<u>53,280</u>	<u>53,280</u>	<u>20,903</u>

Little Hiccups

Notes to the Financial Statements for the Year Ended 31 July 2022

..... continued

3 Total resources expended

	Donations and legacies	Total
	£	£
Direct costs		
Fundraising costs	21,310	21,310
Other fundraising costs	3,562	3,562
Other direct costs	384	384
Advertising and promotion	6,048	6,048
	<u>31,304</u>	<u>31,304</u>
Support costs		
Establishment costs	350	350
Office expenses	102	102
Printing, posting and stationery	795	795
Sundry and other costs	10,860	10,860
Advertising and promotion	1,257	1,257
Legal and professional costs	63	63
	<u>13,427</u>	<u>13,427</u>
	<u>44,731</u>	<u>44,731</u>

4 Trustee's remuneration and expenses

The trustee did not receive any remuneration during the year.

5 Taxation

The company is a registered charity and is, therefore, exempt from taxation.

Little Hiccups
Notes to the Financial Statements for the Year Ended 31 July 2022

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6 Debtors

	2022 £	2021 £
Prepayments and accrued income	<u>2</u>	<u>2</u>

7 Members' liability

The charity is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £nil towards the assets of the charity in the event of liquidation.

8 Related parties

Controlling entity

The Charity is controlled by the members who have appointed Trustees to manage the affairs of the Charity.

9 Analysis of funds

	At 1 August 2021	Incoming resources	Resources expended	At 31 July 2022
	£	£	£	£
General Funds				
Unrestricted income fund	<u>81,400</u>	<u>53,280</u>	<u>(44,731)</u>	<u>89,949</u>

10 Net assets by fund

	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£
Current assets	<u>89,949</u>	<u>89,949</u>	<u>81,400</u>
Net assets	<u>89,949</u>	<u>89,949</u>	<u>81,400</u>

Little Hiccups
Statement of financial activities by fund Year Ended 31 July 2022

	Unrestricted income fund 2022	Unrestricted income fund 2021
	£	£
Incoming resources		
Incoming resources from generated funds		
Voluntary income	53,280	20,903
Total incoming resources	<u>53,280</u>	<u>20,903</u>
Resources expended		
Costs of generating funds		
Costs of generating voluntary income	44,731	19,323
Total resources expended	<u>44,731</u>	<u>19,323</u>
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