

4M UK

England & Wales · Charity number 1170137

Details

Other names	4M, THE 4TH MUSKETEER
Status	Registered
Legal form	CIO
Registered	2016-11-11
Register	View on the Charity Commission register

Contact

Address	128B The Street Rustington West Sussex BN16 3DA
Phone	07534109935
Email	info@4muk.com
Website	www.xtremecharacterchallenge.com

Activities

Objects: TO ADVANCE THE CHRISTIAN FAITH IN THE UNITED KINGDOM AND IN SUCH OTHER PARTS OF THE WORLD AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT, IN PARTICULAR BUT NOT EXCLUSIVELY THROUGH THE HOLDING OF EVENTS AND MEETINGS WHICH INSPIRE, CHALLENGE AND BRING ABOUT POSITIVE CHANGE IN INDIVIDUALS BY TAKING THEM THROUGH MIND, BODY AND SOUL ACTIVITIES . SUCH ACTIVITIES ARE DESIGNED TO GROW THEIR CHRISTIAN FAITH AND HELP THEM MAKE POSITIVE CHANGES IN THEIR LIVES, THE LIVES OF THEIR FAMILIES THEIR COMMUNITY AND THE WIDER WORLD.

Activities: TO ADVANCE THE CHRISTIAN FAITH IN THE UK AND OTHER PARTS OF THE WORLD, THROUGH HOLDING OF EVENTS AND MEETINGS WHICH INSPIRE, CHALLENGE AND BRING POSITIVE CHANGE IN INDIVIDUALS BY TAKING THEM THROUGH MIND, BODY AND SOUL ACTIVITIES DESIGNED TO GROW THEIR CHRISTIAN FAITH AND HELP MAKE POSITIVE CHANGES IN THEIR, THEIR FAMILIES AND THEIR COMMUNITIES LIVES.

Classification

- **How:** Other Charitable Activities
- **What:** Religious Activities
- **Who:** The General Public/mankind

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£172,924	£168,336	-	-
2024-03-31	£137,326	£196,255	-	-
2023-03-31	£217,708	£205,005	-	-
2022-03-31	£206,918	£175,829	-	-
2021-03-31	£202,518	£167,661	-	-

Trustees

Name	Role	Appointed
Rev James Ray	Chair	2016-11-11
BENJAMIN JACOB		2019-01-18

4M UK

England & Wales - Charity number 1170137

Accounts

Registered Charity Number: 1170137



**Report of the Trustees and Unaudited Financial Statements
for the year ended 31st March 2025**

**4M UK
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4M UK

REPORT OF THE TRUSTEES

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and Activities

4M is a worldwide movement of men - a band of brothers - it's a group of ordinary people living extraordinary lives. Our values are built on Faith, Brotherhood, Adventure & Justice. And we want men everywhere to throw all they have into mind, body & soul adventures that will impact them and their world forever.

An XCC is a mind, body and soul adventure - an active and challenging endurance event, out in the wild. The XCC is set up like one endless day; for 72 hours men are confronted with significant physical challenges, deep comradery and profound moments of moral and spiritual input. Through the XCC process, you can find perspective; evaluate who you are and find a purpose worth living for

Public benefit

The Trustees have considered the Charity Commission guidance on public benefit and consider that the activities of the charity meet its charitable objectives and provide a benefit to the public.

Achievement and performance

The activities in the year were 3 XCC events as follows:

- Oct 24 – XCC in Wales. We had 100 participants.
- April 25 – XCC in Scotland. We had 77 participants
- May 25 – XCC in Snowdonia. We had 95 participants.
- XCC Club – Gold and Silver membership available – monthly zoom discussions with James Ray. 27 members (17 Gold, 10 Silver).

NB: Mar 25 – XCC in Northumberland was cancelled due to lack of sign ups a month before the event. Participants registered were offered a transfer to another XCC in the next 12 months, a refund (within a limited timeframe), to gift the place to a friend, or donate the place back to XCC)

Achievements

- We launched a new location to help grow our reach. This was a success and will be a regular event in May in place of the 2nd Scotland event.
- We have updated our website and branding on social media and developed a highly skilled volunteer 'marketing' team, who are passionate about XCC and championing it in professional and appropriate ways
- Core Crew member qualified as ML UK – to help our ever improving/evolving safety and risk awareness
- We launched XCC Club: a monthly online course that guides men in discovering and embodying the core principles of authentic masculinity.
- We have various initiatives to celebrate our centenary (including a national gathering and a book publication)
- New trustee Simon Court will join us to add insight, experience and a fresh approach to governance

Future plans

All 2025 XCC locations are confirmed

- recruitment is expected to grow via improved social media channels

- XCC Book likely to generate funds and interest

- Post year-end we have managed to secure some restricted grants to support this and cover the gap between the ticket cost and what someone can afford so that we can maximise the number of people on our events.

- continued development of core Crew team and specialist volunteers

- Refresh of core policies and procedures, including upgrading safeguarding and risk management policies

We'd like to specially note our thanks to our donors for their support this year, and the many volunteers who help on our events.

Financial review

4M UK's income is made up primarily from donations and event fees.

Donations, including funds reclaimed under the Gift Aid system were £100,338 (2024: £61,996). Income from charitable activities such as events and book sales were £72,426 (2024: £67,745).

Many thanks to everyone who has given generously throughout the year and to those who have organised and helped with fundraising activities.

4M UK

REPORT OF THE TRUSTEES

There was a surplus at the year-end of £4,588 (2024: deficit £58,929) after expenses totalling £168,836 (2024: £196,255)

Reserves policy

The policy of the organisation is to maintain three months running costs as reserves wherever possible. This reflects the concern of the trustees that they should maintain sufficient reserves to meet any unforeseen circumstances and in particular, to meet the organisation's obligations, in the event that the charity has to be wound up.

The year-end level of reserves is lower than the trustees would like. They are aware of the situation and are looking to build reserves in future years by organising larger numbers to attended XCC events.

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a constitution, and is a Charitable Incorporated Organisation (CIO) registered on 11th November 2016.

Recruitment and appointment of new trustees

All the trustees are already familiar with the practical work of the charity. Any new trustees will be invited and encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates.

All of the trustees give their time voluntarily and received no benefits from the charity. All payments made to related parties of the directors and key management are shown as a note to the accounts.

Induction and training of new trustees

New trustees are given an orientation pack, which briefs them on a trustee's legal obligations under charity law, the content of the governing document, the committee and decision-making process, and the most recent accounts and Annual Report.

Reference and Administration Details

Registered name

4M UK

(Working names: 4M; The 4th Musketeer)

Registered Charity number

1170137

Principal address

128B The Street

Rustington

West Sussex

BN16 3DA

Trustees

Name	Position	Appointments/Resignations
J Ray	Chair	
J Skeates		
B Jacob		

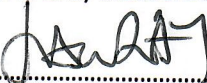
Independent Examiner

Magnus Proctor (Retired Accountant)

Lindisfarne, Landkey Road

Barnstaple, EX32 9BW

Approved by the board of trustees on 24th June 2025 and signed on its behalf by:



J Ray, Chair

4M UK

Independent examiner's report to the trustees of 4M UK

I report to the charity trustees on my examination of the accounts of 4M UK (the Trust) for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:



Magnus Proctor
Retired Accountant
Lindisfarne
Landkey Road
Barnstaple
Devon
EX32 9BW

Date: 24th June 2025

STATEMENT OF FINANCIAL ACTIVITIES
for the Year ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Income and Endowments					
Donations and legacies	2	100,338	0	100,338	69,196
Charitable activities	3	72,426	0	72,426	67,745
Investment income	4	160	0	160	385
Other income		0	0	0	0
Total Incoming Resources		172,924	0	172,924	137,326
Expenditure					
Charitable activities		168,336	0	168,336	196,255
Total Resources Expended		168,336	0	168,336	196,255
Net Incoming / (Outgoing) resources		4,588	0	4,588	(58,929)
Reconciliation of Funds					
Total Funds brought forward		1,707	0	1,707	60,636
Total Funds carried forward		6,295	0	6,295	1,707

4M UK

STATEMENT OF FINANCIAL POSITION
At 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Fixed Assets					
Tangible assets	7	379	0	379	1,762
Current Assets					
Stocks		2,138	0	2,138	3,399
Debtors and prepayments	8	10,377	0	10,377	11,057
Cash at bank		22,734	0	22,734	20,728
		<hr/>	<hr/>	<hr/>	<hr/>
		35,249	0	35,249	35,184
Current Liabilities					
Amounts falling due within one year	9	(29,333)	0	(29,333)	(35,239)
Current Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		5,916	0	5,916	(55)
Total Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		6,295	0	6,295	1,707
Funds					
Charity Funds	10	<hr/>	<hr/>	<hr/>	<hr/>
		6,295	0	6,295	1,707

The financial statements were approved by the Board of Trustees on 24th June 2025 and were signed on its behalf by:



J Ray, Chair

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2025

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees refer you to Note 14 Post Balance Sheet Event and the Trustees Annual Report concerning uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	33% on cost
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Taxation

The charity is exempt from tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where then charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

4M UK

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2025

2. Donations and Legacies

	2025	2024
	£	£
Donations	90,387	60,538
Gift Aid receivable	9,951	8,658
	<u>100,338</u>	<u>69,196</u>

3. Charitable Activities

	2025	2024
	£	£
Fees	67,949	63,170
Sale of merchandise	4,477	4,575
	<u>72,426</u>	<u>67,745</u>

4. Investment income

	2025	2024
	£	£
Interest received	160	385
	<u>160</u>	<u>385</u>

5. Expenditure on charitable activities

	2025	2024
	£	£
The operation of 4M UK	138,864	164,200
Support costs	29,472	32,055
	<u>168,336</u>	<u>196,255</u>

6. Analysis of support costs

	2025	2024
	£	£
Independent examiner	100	500
Management and accountancy fees	16,699	20,328
Bank charges	2,955	2,057
Office and IT costs	6,272	6,369
Consulting	165	0
Insurance	3,260	2,801
	<u>29,472</u>	<u>32,055</u>

7. Employee's Remuneration and Benefits

	2025	2024
	£	£
Employee's salaries	100,972	118,272
Employee's social security	4,909	5,710
Pension costs	2,252	2,252
	<u>108,133</u>	<u>126,234</u>

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2025.

Key management

The trustees consider the Key Management to be the position of the Trustees; the remuneration of which is disclosed above.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2025

8. Staff costs

	2025	2024
	No.	No.
The average monthly number of employees during the period was as follows:	3	5
No employees received emoluments in excess of £60,000.		

9. Tangible fixed Assets

	Equipment	Total
		£
Cost		
Cost brought forward	12,408	12,408
Additions	0	0
Total cost carried forward	12,408	12,408
Depreciation		
Depreciation brought forward	10,646	10,646
Charge for year	1,383	0
Total depreciation carried forward	12,029	0
Net Book Value		
At 31 March 2025	379	0
At 31 March 2024	1,762	1,762

10. Debtors

	2025	2024
	£	£
Trade debtors	50	879
Prepayments and accrued income	5,638	7,872
Other debtors	4,689	2,306
	10,377	11,057

11. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	1,200	2,442
Taxation and social security	3,296	2,749
Accruals and deferred income	24,837	30,048
	29,333	35,239

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2025

12. Movement in Funds**Unrestricted Funds**

	Balance 1 st April 2024	Income	Expenditure	Transfers	Balance 31 st March 2025
General Fund	(5,916)	172,924	(168,336)	0	(1,328)
Global Support Fund	7,623	0	(0)	0	7,623
Total Funds	1,707	172,924	(168,336)	0	6,295

Unrestricted Funds

	Balance 1 st April 2023	Income	Expenditure	Transfers	Balance 31 st March 2024
General Fund	53,128	137,326	(196,255)	(115)	(5,916)
Global Support Fund	7,508	0	(0)	115	7,623
Total Funds	60,636	137,326	(196,255)	0	1,707

The Global Support Fund is money set aside to support the global mission of 4M.

13. Related Party Disclosures

E Ray, wife of trustee, J Ray (Trustee) received a salary of £16,200 during the year. (2024: £16,200)

4M UK

The following pages do not form part of the Financial Statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	2025 £	2024 £
Income and endowments		
Donations and legacies		
Donations	90,387	60,538
Gift Aid received	9,951	8,658
Total income from donations and legacies	100,338	69,196
Charitable activities		
Fees	67,949	63,170
Sale of merchandise	4,477	4,575
Total income from charitable activities	72,426	67,745
Investment income		
Interest received	160	385
Total income from investment income	160	385
Other Income	0	0
Total incoming resources	177,924	137,326
Expenditure		
Charitable activities		
Materials for XCC	6,238	4,342
Venue Hire	0	350
Equipment hire	86	0
Food and drink for XCC	8,992	11,033
Coach hire and transportation	2,917	2,491
Merchandise	3,640	5,710
Contributions (NL)	3,117	3,474
Accommodation	219	0
Advertising and marketing	1,375	5,371
Entertainment	371	307
Salaries	100,972	118,272
Employers' national insurance costs	4,909	5,710
Staff training	508	470
Pension costs	2,252	2,252
Telephone and internet	580	493
Travel	1,305	1,537
Mileage	0	957
Depreciation	1,383	1,431
Total expenditure on charitable activities	138,864	164,200
Support costs		
Independent examiner	100	500
Management and accountancy fees	16,699	20,328
Bank charges	2,976	2,057
Office and IT costs	6,272	6,369
Consulting	165	0
Insurance	3,260	2,801
Total support costs	29,472	32,055
Total resources expended	168,336	196,255
Net incoming/(outgoing) resources	4,588	(58,929)

4M UK

England & Wales - Charity number 1170137

Accounts

Registered Charity Number: 1170137



**Report of the Trustees and Unaudited Financial Statements
for the year ended 31st March 2024**

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REPORT OF THE TRUSTEES

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

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4M is a worldwide movement of men - a band of brothers - it's a group of ordinary people living extraordinary lives. Our values are built on Faith, Brotherhood, Adventure & Justice. And we want men everywhere to throw all they have into mind, body & soul adventures that will impact them and their world forever.

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Public benefit

The Trustees have considered the Charity Commission guidance on public benefit and consider that the activities of the charity meet its charitable objectives and provide a benefit to the public.

Achievement and performance

The activities in the year were **4 XCC** events and **1 Arise UK** event as follows;

April 23 – XCC in Scotland. We had **63** participants.

May 23 – XCC in Scotland. We had **74** participants. May 22 – Arise UK in Scotland (run concurrently with XCC). We had **35** participants.

Oct 23 – XCC Wales. We had **147** participants.

Mar 24 – XCC England. We had **65** participants.

Recruitment has been varied this year as we grow into less committed times. We continue to rely on word of mouth, social media, the website and the group fire nights that are held all over the country to promote our message. We have recruited a team of committed XCC ambassadors from XCC Crew, who will be supporting the XCC Team with marketing and recruitment across their geographical area. There is no doubt that the XCC events are still incredibly impactful: the feedback is consistently high and some of the comments are stunning.

Future plans

We have a vision to see EVERY person in the UK offered an XCC place if they need one. This will need full events as well as higher recruitment and donor income to support the funding of places for those who can't afford it. To get there, we are ready if needed to grow the number of XCC events. The new location in March can hold many more guys so there is capacity to grow in that direction.

We'd like to specially note our thanks to our donors for their support this year, and the many volunteers who help on our events.

Financial review

4M UK's income is made up primarily from donations and event fees.

Donations, including funds reclaimed under the Gift Aid system were £61,196 (2023: £136,584). Income from charitable activities such as events and book sales were £67,745 (2023: £80,902).

Many thanks to everyone who has given generously throughout the year and to those who have organised and helped with fundraising activities.

There was a deficit at the year-end of £58,929 (2023: surplus £12,703) after expenses totalling £196,255 (2023: £205,005)

Reserves policy

The policy of the organisation is to maintain three months running costs as reserves wherever possible. This reflects the concern of the trustees that they should maintain sufficient reserves to meet any unforeseen circumstances and in particular, to meet the organisation's obligations, in the event that the charity has to be wound up.

The year-end level of reserves is lower than the trustees would like. They are aware of the situation and are looking to build reserves in future years by organising larger numbers to attended XCC events.

REPORT OF THE TRUSTEES

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a constitution, and is a Charitable Incorporated Organisation (CIO) registered on 11th November 2016.

Recruitment and appointment of new trustees

All the trustees are already familiar with the practical work of the charity. Any new trustees will be invited and encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates.

All of the trustees give their time voluntarily and received no benefits from the charity. All payments made to related parties of the directors and key management are shown as a note to the accounts.

Induction and training of new trustees

New trustees are given an orientation pack, which briefs them on a trustee's legal obligations under charity law, the content of the governing document, the committee and decision-making process, and the most recent accounts and Annual Report.

Reference and Administration Details

Registered name

4M UK

(Working names: 4M; The 4th Musketeer)

Registered Charity number

1170137

Principal address

16 Barwick Close

Littlehampton

West Sussex

BN16 3TT

Trustees

Name	Position	Appointments/Resignations
J Ray	Chair	
J Skeates		
B Jacob		

Independent Examiner

Magnus Proctor FFA

Lindisfarne, Landkey Road

Barnstaple, EX32 9BW

Approved by the board of trustees on 28th June 2024 and signed on its behalf by:

.....
J Ray, Chair

Independent examiner's report to the trustees of 4M UK

I report to the charity trustees on my examination of the accounts of 4M UK (the Trust) for the year ended 31st March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:



Magnus Proctor FFA
Institute of Financial Accountants
Lindisfarne
Landkey Road
Barnstaple
Devon
EX32 9BW

Date: 28th June 2024

STATEMENT OF FINANCIAL ACTIVITIES
for the Year ended 31 March 2024

		Unrestricted funds	Restricted funds	2024 Total	2023 Total
	Notes	£	£	£	£
Income and Endowments					
Donations and legacies	2	69,196	0	69,196	136,584
Charitable activities	3	67,745	0	67,745	80,902
Investment income	4	385	0	385	222
Other income		0	0	0	0
Total Incoming Resources		137,326	0	137,326	217,708
Expenditure					
Charitable activities		196,255	0	196,255	205,005
Total Resources Expended		196,255	0	196,255	205,005
Net Incoming / (Outgoing) resources		(58,929)	0	(58,929)	12,703
Reconciliation of Funds					
Total Funds brought forward		60,636	0	60,636	47,933
Total Funds carried forward		1,707	0	1,707	60,636

STATEMENT OF FINANCIAL POSITION
At 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Fixed Assets					
Tangible assets	7	1,762	0	1,762	3,123
Current Assets					
Stocks		3,399	0	3,399	2,802
Debtors	8	11,057	0	11,057	11,342
Cash at bank		20,728	0	20,728	74,827
		<hr/>	<hr/>	<hr/>	<hr/>
		35,184	0	35,184	88,971
Current Liabilities					
Amounts falling due within one year	9	(35,239)	0	(35,239)	(31,458)
Current Assets less Current Liabilities					
		<hr/>	<hr/>	<hr/>	<hr/>
		(55)	0	(55)	57,513
Total Assets less Current Liabilities					
		<hr/>	<hr/>	<hr/>	<hr/>
		1,707	0	1,707	60,636
Funds					
Charity Funds	10	<hr/>	<hr/>	<hr/>	<hr/>
		1,707	0	1,707	60,636

The financial statements were approved by the Board of Trustees on 28th June 2024 and were signed on its behalf by:

.....
 J Ray, Chair

**NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2024**

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees refer you to Note 14 Post Balance Sheet Event and the Trustees Annual Report concerning uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	33% on cost
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Taxation

The charity is exempt from tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where then charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2024

2. Donations and Legacies

	2024	2023
	£	£
Donations	60,538	117,021
Gift Aid receivable	8,658	19,563
	<u>69,196</u>	<u>136,584</u>

3. Charitable Activities

	2024	2023
	£	£
Fees	63,170	71,778
Sale of merchandise	4,575	9,124
	<u>67,745</u>	<u>80,902</u>

4. Investment income

	2024	2023
	£	£
Interest received	385	222
	<u>385</u>	<u>222</u>

5. Expenditure on charitable activities

	2024	2023
	£	£
The operation of 4M UK	164,200	178,130
Support costs	32,055	26,875
	<u>196,255</u>	<u>205,005</u>

6. Analysis of support costs

	2024	2023
	£	£
Independent examiner	500	500
Management and accountancy fees	20,328	14,891
Bank charges	2,057	1,911
Office and IT costs	6,369	5,793
Insurance	2,801	3,781
	<u>32,055</u>	<u>26,875</u>

7. Employee's Remuneration and Benefits

	2024	2023
	£	£
Employee's salaries	118,272	120,155
Employee's social security	5,710	6,368
Pension costs	2,252	2,270
	<u>126,234</u>	<u>128,793</u>

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2022.

Key management

The trustees consider the Key Management to be the position of the Trustees; the remuneration of which is disclosed above.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2024

8. Staff costs

	2024	2023
	No.	No.
The average monthly number of employees during the period was as follows:	5	5

No employees received emoluments in excess of £60,000.

9. Tangible fixed Assets

	Equipment	Total
		£
Cost		
Cost brought forward	12,388	12,388
Additions	20	20
Total cost carried forward	<u>12,408</u>	<u>12,408</u>
Depreciation		
Depreciation brought forward	9,215	9,215
Charge for year	1,431	1,431
Total depreciation carried forward	<u>10,646</u>	<u>10,646</u>
Net Book Value		
At 31 March 2024	1,762	1,762
At 31 March 2023	3,123	3,123

10. Debtors

	2024	2023
	£	£
Trade debtors	879	1,342
Prepayments and accrued income	7,872	4,522
Other debtors	2,306	5,478
	<u>11,057</u>	<u>11,342</u>

11. Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	2,442	2,585
Taxation and social security	2,749	2,630
Accruals and deferred income	30,048	26,243
	<u>35,239</u>	<u>31,458</u>

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2024

12. Movement in Funds**Unrestricted Funds**

	Balance 1st April 2023	Income	Expenditure	Transfers	Balance 31st March 2024
General Fund	53,128	137,326	(196,255)	(115)	(5,916)
Global Support Fund	7,508	0	(0)	115	7,623
Total Funds	60,636	137,326	(196,255)	0	1,707

Unrestricted Funds

	Balance 1st April 2022	Income	Expenditure	Transfers	Balance 31st March 2023
General Fund	40,425	217,708	(205,005)		53,128
Global Support Fund	7,508	0	(0)		7,508
Total Funds	47,933	217,708	(205,005)	0	60,636

The Global Support Fund is money to support the global mission of 4M

13. Related Party Disclosures

E Ray, wife of trustee, J Ray (Trustee) received a salary of £16,200 during the year. (2023: £16,200)

The following pages do not form part of the Financial Statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	2024 £	2023 £
Income and endowments		
Donations and legacies		
Donations	60,538	117,021
Gift Aid received	8,658	19,563
Total income from donations and legacies	69,196	136,584
Charitable activities		
Fees	63,170	71,778
Sale of merchandise	4,575	9,124
Total income from charitable activities	67,745	80,902
Investment income		
Interest received	385	222
Total income from investment income	385	222
Other Income	0	0
Total incoming resources	137,326	217,708
Expenditure		
Charitable activities		
Materials for XCC	4,342	7,499
Venue Hire	350	660
Equipment hire	0	324
Food and drink for XCC	11,033	10,860
Coach hire and transportation	2,491	950
Merchandise	5,710	14,290
Contributions (NL)	3,474	4,305
Advertising and marketing	5,371	5,603
Entertainment	307	564
Salaries	118,272	120,155
Employers' national insurance costs	5,710	6,368
Staff training	470	0
Pension costs	2,252	2,270
Telephone and internet	493	722
Travel	1,537	1,778
Mileage	957	475
Depreciation	1,431	1,307
Total expenditure on charitable activities	164,200	178,130
Support costs		
Independent examiner	500	500
Management and accountancy fees	20,328	14,890
Bank charges	2,057	1,911
Office and IT costs	6,369	5,793
Insurance	2,801	3,781
Total support costs	32,055	26,875
Total resources expended	196,255	205,005
Net incoming/(outgoing) resources	(58,929)	12,703

4M UK

England & Wales - Charity number 1170137

Accounts

Registered Charity Number: 1170137



**Report of the Trustees and Unaudited Financial Statements
for the year ended 31st March 2023**

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

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Independent Examiner's Report	4
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Statement of Financial position	6
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4M UK

NOTES TO THE FINANCIAL STATEMENTS for the Year ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and Activities

4M is a worldwide movement of men - a band of brothers - it's a group of ordinary people living extraordinary lives. Our values are built on Faith, Brotherhood, Adventure & Justice. And we want men everywhere to throw all they have into mind, body & soul adventures that will impact them and their world forever.

An XCC is a mind, body and soul adventure - an active and challenging endurance event, out in the wild. The XCC is set up like one endless day; for 72 hours men are confronted with significant physical challenges, deep comradery and profound moments of moral and spiritual input. Through the XCC process, you can find perspective; evaluate who you are and find a purpose worth living for

Public benefit

The Trustees have considered the Charity Commission guidance on public benefit and consider that the activities of the charity meet its charitable objectives and provide a benefit to the public.

Achievement and performance

The activities in the year were **5 XCC** events and **1 Arise UK** event as follows;

April 22 – XCC in Scotland. We had **124** participants.

May 22 – XCC in Dartmoor. We had **47** participants.

May 22 – Arise UK in Dartmoor (run concurrently with XCC). We had **54** participants.

Oct 22 – XCC Wales. We had **118** participants.

Nov 22 – XCC Dartmoor. We had **30** participants.

Mar 23 – XCC England. We had **57** participants.

Recruitment has been varied this year as we grow out of the uncertainty of COVID and into less committed times. We continue to rely on word of mouth, social media, the website and the group fire nights that are held all over the country to promote our message. There is no doubt that the XCC events are still incredibly impactful: the feedback is consistently high and some of the comments are stunning.

Future plans

We have a vision to see EVERY person in the UK offered an XCC place if they need one. This will need full events as well as higher recruitment and donor income to support the funding of places for those who can't afford it. To get there, we are ready if needed to grow the number of XCC events. The new location in March can hold many more guys so there is capacity to grow in that direction.

We'd like to specially note our thanks to our donors for their support this year, and the many volunteers who help on our events.

Financial review

4M UK's income is made up primarily from donations and event fees.

Donations, including funds reclaimed under the Gift Aid system were £136,584 (2022: £111,945). Income from charitable activities such as events and book sales were £80,902 (2022: £80,629).

Many thanks to everyone who has given generously throughout the year and to those who have organised and helped with fundraising activities.

There was a surplus at the year-end of £12,703 (2022: £31,089) after expenses totalling £205,005 (2022: £175,829)

Reserves policy

The policy of the organisation is to maintain three months running costs as reserves wherever possible. This reflects the concern of the trustees that they should maintain sufficient reserves to meet any unforeseen circumstances and in particular, to meet the organisation's obligations, in the event that the charity has to be wound up.

The year-end level of reserves is lower than the trustees would like. They are aware of the situation and are looking to build reserves in future years by organising larger numbers to attended XCC events. The charity received a sizable donation after the year end which has now enabled the charity to meet its reserves policy.

**NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023**

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a constitution, and is a Charitable Incorporated Organisation (CIO) registered on 11th November 2016.

Recruitment and appointment of new trustees

All the trustees are already familiar with the practical work of the charity. Any new trustees will be invited and encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates.

All of the trustees give their time voluntarily and received no benefits from the charity. All payments made to related parties of the directors and key management are shown as a note to the accounts.

Induction and training of new trustees

New trustees are given an orientation pack, which briefs them on a trustee's legal obligations under charity law, the content of the governing document, the committee and decision-making process, and the most recent accounts and Annual Report.

Reference and Administration Details

Registered name

4M UK

(Working names: 4M; The 4th Musketeer)

Registered Charity number

1170137

Principal address

16 Barwick Close

Littlehampton

West Sussex

BN16 3TT

Trustees

Name	Position	Appointments/Resignations
J Ray	Chair	
J Skeates		
B Jacob		

Independent Examiner

Magnus Proctor FFA

Lindisfarne, Landkey Road

Barnstaple, EX32 9BW

Approved by the board of trustees on

2023 and signed on its behalf by:


Jacr (Sep.26, 2023 09:43 GMT+1)

J Ray, Chair

4M UK

**NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023**

Independent examiner's report to the trustees of 4M UK

I report to the charity trustees on my examination of the accounts of 4M UK (the Trust) for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:



Magnus Proctor FFA
Institute of Financial Accountants
Lindisfarne
Landkey Road
Barnstaple
Devon
EX32 9BW

Date: 12th September 2023

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

STATEMENT OF FINANCIAL ACTIVITIES
for the Year ended 31 March 2023

		Unrestricted funds	Restricted funds	2023 Total	2022 Total
	Notes	£	£	£	£
Income and Endowments					
Donations and legacies	2	136,584	0	136,584	111,945
Charitable activities	3	80,902	0	80,902	80,629
Investment income	4	222	0	222	4
Other income – Government grant		0	0	0	14,340
Total Incoming Resources		217,708	0	217,708	206,918
Expenditure					
Charitable activities		205,005	0	205,005	175,829
Total Resources Expended		205,005	0	205,005	175,829
Net Incoming / (Outgoing) resources		12,703	0	12,703	31,089
Reconciliation of Funds					
Total Funds brought forward		47,933	0	47,933	16,844
Total Funds carried forward		60,636	0	60,636	47,933

4M UK

**NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023**

**STATEMENT OF FINANCIAL POSITION
At 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
Fixed Assets					
Tangible assets	7	3,123	0	3,123	3,064
Current Assets					
Stocks		2,802	0	2,802	286
Debtors	8	11,342	0	11,342	17,921
Cash at bank		74,827	0	74,827	79,468
		<hr/>	<hr/>	<hr/>	<hr/>
		88,971	0	88,971	97,675
Current Liabilities					
Amounts falling due within one year	9	(31,458)	0	(31,458)	(52,806)
Current Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		57,513	0	57,513	44,869
Total Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		60,636	0	60,636	47,933
Funds					
Charity Funds	10	<hr/>	<hr/>	<hr/>	<hr/>
		60,636	0	60,636	47,933

The financial statements were approved by the Board of Trustees on

2023 and were signed on its behalf by:


[Jacr \(Sep 26, 2023 09:43 GMT+1\)](#)
.....
J Ray, Chair

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees refer you to Note 14 Post Balance Sheet Event and the Trustees Annual Report concerning uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	33% on cost
-----------	-------------

Taxation

The charity is exempt from tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where then charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

2. Donations and Legacies

	2023	2022
	£	£
Donations	117,021	102,256
Gift Aid receivable	19,563	9,689
	<u>136,584</u>	<u>111,945</u>

3. Charitable Activities

	2023	2022
	£	£
Fees	71,778	80,292
Sale of merchandise	9,124	337
	<u>80,902</u>	<u>80,629</u>

4. Investment income

	2023	2022
	£	£
Interest received	222	4
	<u>222</u>	<u>4</u>

5. Expenditure on charitable activities

	2023	2022
	£	£
The operation of 4M UK	178,130	149,030
Support costs	26,875	26,799
	<u>205,005</u>	<u>175,829</u>

6. Analysis of support costs

	2023	2022
	£	£
Independent examiner	500	500
Management and accountancy fees	14,891	13,118
Bank charges	1,911	2,316
Office and IT costs	5,793	6,731
Insurance	3,781	4,134
	<u>26,875</u>	<u>26,799</u>

7. Employee's Remuneration and Benefits

	2023	2022
	£	£
Employee's salaries	120,155	107,712
Employee's social security	6,368	6,118
Pension costs	2,270	2,101
	<u>128,793</u>	<u>115,931</u>

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2022.

Key management

The trustees consider the Key Management to be the position of the Trustees; the remuneration of which is disclosed above.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

8. Staff costs

	2023	2022
	No.	No.
The average monthly number of employees during the period was as follows:	5	5

No employees received emoluments in excess of £60,000.

9. Tangible fixed Assets

	Equipment	Total
		£
Cost		
Cost brought forward	10,972	10,972
Additions	1,366	1,366
Total cost carried forward	<u>12,338</u>	<u>12,338</u>
Depreciation		
Depreciation brought forward	7,908	7,908
Charge for year	1,307	1,307
Total depreciation carried forward	<u>9,215</u>	<u>9,215</u>
Net Book Value		
At 31 March 2023	3,123	3,123
At 31 March 2022	3,064	3,064

10. Debtors

	2023	2022
	£	£
Trade debtors	1,342	669
Prepayments and accrued income	4,522	10,314
Other debtors	5,478	6,938
	<u>11,342</u>	<u>17,921</u>

11. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	2,585	5,097
Taxation and social security	2,630	97
Accruals and deferred income	26,243	47,612
	<u>31,458</u>	<u>52,806</u>

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2023

12. Movement in Funds**Unrestricted Funds**

	Balance 1 st April 2022	Income	Expenditure	Transfers	Balance 31 st March 2023
General Fund	40,425	217,708	(205,005)		53,128
Global Support Fund	7,508	0	(0)		7,508
Total Funds	47,933	217,708	(205,005)	0	60,636

Unrestricted Funds

	Balance 1 st April 2021	Income	Expenditure	Transfers	Balance 31 st March 2022
General Fund	9,336	206,918	(175,829)		40,425
Global Support Fund	7,508	0	(0)		7,508
Total Funds	16,844	206,918	(175,829)	0	47,933

The Global Support Fund is money to support the global mission of 4M

13. Related Party Disclosures

E Ray, wife of trustee, J Ray (Trustee) received a salary of £16,200 during the year. (2022: £16,200)

The following pages do not form part of the Financial Statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	2023 £	2022 £
Income and endowments		
Donations and legacies		
Donations	117,021	102,256
Gift Aid received	19,563	9,689
Total income from donations and legacies	136,584	111,945
Charitable activities		
Fees	71,778	80,292
Sale of merchandise	9,124	337
Total income from charitable activities	80,902	80,629
Investment income		
Interest received	222	4
Total income from investment income	222	4
Other Income – Government Grant	0	14,340
Total incoming resources	217,708	206,918
Expenditure		
Charitable activities		
Materials for XCC	7,499	3,896
Venue Hire	660	360
Equipment hire	324	133
Food and drink for XCC	10,860	9,861
Coach hire and transportation	950	1,591
Parking facility	0	5
Merchandise	14,290	154
Contributions (NL)	4,305	4,331
Advertising and marketing	5,603	12,331
Entertainment	564	(2,957)
Salaries	120,155	107,712
Employers' national insurance costs	6,368	6,118
Pension costs	2,270	2,101
Telephone and internet	722	1,177
Travel	1,778	618
Mileage	475	150
Depreciation	1,307	1,449
Total expenditure on charitable activities	178,130	149,030
Support costs		
Independent examiner	500	500
Management and accountancy fees	14,890	13,118
Bank charges	1,911	2,316
Office and IT costs	5,793	6,731
Insurance	3,781	4,134
Total support costs	26,875	26,799
Total resources expended	205,005	175,829
Net incoming/(outgoing) resources	12,703	31,089

4M UK 2023 TAR and Accounts - FINAL[25]

Final Audit Report

2023-09-26

Created:	2023-09-25
By:	Paulina Rosmiarek (paulina.rosmiarek@financebox.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAYImWXka7B-eEb0a5mLmAQL839MhbMvvJ


"4M UK 2023 TAR and Accounts - FINAL[25]" History

 Document created by Paulina Rosmiarek (paulina.rosmiarek@financebox.co.uk)


2023-09-25 - 16:59:06 GMT

 Document emailed to james@4muk.com for signature

2023-09-25 - 17:00:26 GMT

 Email viewed by james@4muk.com

2023-09-26 - 08:43:12 GMT

 Signer james@4muk.com entered name at signing as Jacr

2023-09-26 - 08:43:31 GMT

 Document e-signed by Jacr (james@4muk.com)

Signature Date: 2023-09-26 - 08:43:33 GMT - Time Source: server

 Agreement completed.

2023-09-26 - 08:43:33 GMT

4M UK

England & Wales - Charity number 1170137

Accounts

Registered Charity Number: 1170137



**Report of the Trustees and Unaudited Financial Statements
for the year ended 31st March 2022**

4M UK

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for the year ended 31 March 2022

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REPORT OF THE TRUSTEES
for the year ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and Activities

4M is a worldwide movement of men - a band of brothers - it's a group of ordinary people living extraordinary lives.

Our values are built on Faith, Brotherhood, Adventure & Justice. And we want men everywhere to throw all they have into mind, body & soul adventures that will impact them and their world forever.

An XCC is a mind, body and soul adventure - an active and challenging endurance event, out in the wild. The XCC is set up like one endless day; for 72 hours men are confronted with significant physical challenges, deep comradery and profound moments of moral and spiritual input. Through the XCC process, you can find perspective; evaluate who you are and find a purpose worth living for

Public benefit

The Trustees have considered the Charity Commission guidance on public benefit and consider that the activities of the charity meet its charitable objectives and provide a benefit to the public.

Achievement and performance

The activities in the year were **7 XCC** events and **1 Arise UK** event as follows;

May 21 – XCC for Hillsong Church in England. We had **61** participants (19 paid full price through our website shop, others part payment, free place or through Hillsong)

May 21 – XCC England. This was cancelled due to inclement weather. **40** had booked and many of those re-booked.

July 21 – XCC in Scotland. We had **70** participants.

Oct (7-10) 21 – XCC Wales. We had **74** participants.

Oct (21-24) 21 – XCC Wales. We had **26** participants.

Nov 21 – XCC England. We had **28** participants

Nov 21 – Arise UK Dartmoor [run concurrently with XCC]. We had **12** participants – run as a training exercise for potential Arise Crew.

Mar 22 – XCC England. We had **52** participants.

Recruitment has been increasing solidly (especially since we took on two more part time workers) and we were grateful to have an article in a national newspaper to help promote our cause. We have also sharpened our branding to make the logo and colour scheme fit more closely to who we are and what we do. There is no doubt that the XCC events are still incredibly impactful: the feedback is consistently high and some of the comments are stunning.

Future plans

We have a vision to see EVERY person in the UK offered an XCC place if they need one. This will need more events as well as higher recruitment and donor income to support the funding of places for those who can't afford it. To get there, we are growing the number of XCC events and doubling up the numbers on each location. A new location has been added in March and we are running more events online to help support people during the year. In addition, we are looking at beginning an activity for 'Arise' - a similar event but focused around women rather than just men as it has been to date.

We'd like to specially note our thanks to our donors for their support this year, and the many volunteers who help on our events.

Financial review

4M UK's income is made up primarily from donations and event fees.

Donations, including funds reclaimed under the Gift Aid system were £111,945 (2021: £125,041). Income from charitable activities such as events and book sales were £80,629 (2021: £53,035).

Many thanks to everyone who has given generously throughout the year and to those who have organised and helped with fundraising activities.

There was a surplus at the year-end of £31,089 (2021: £34,857) after expenses totalling £165,829 (2021: £167,661)

Reserves policy

The policy of the organisation is to maintain three months running costs as reserves wherever possible. This reflects the

4M UK

REPORT OF THE TRUSTEES

for the year ended 31 March 2022

concern of the trustees that they should maintain sufficient reserves to meet any unforeseen circumstances and in particular, to meet the organisation's obligations, in the event that the charity has to be wound up.

The year-end level of reserves is lower than the trustees would like. They are aware of the situation and are looking to build reserves in future years by organising larger numbers to attend XCC events. The charity received a sizable donation after the year end which has now enabled the charity to meet its reserves policy.

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a constitution, and is a Charitable Incorporated Organisation (CIO) registered on 11th November 2016.

Recruitment and appointment of new trustees

All the trustees are already familiar with the practical work of the charity. Any new trustees will be invited and encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates.

All of the trustees give their time voluntarily and received no benefits from the charity. All payments made to related parties of the directors and key management are shown as a note to the accounts.

Induction and training of new trustees

New trustees are given an orientation pack, which briefs them on a trustee's legal obligations under charity law, the content of the governing document, the committee and decision-making process, and the most recent accounts and Annual Report.

Reference and Administration Details

Registered name

4M UK

(Working names: 4M; The 4th Musketeer)

Registered Charity number

1170137

Principal address

16 Barwick Close

Littlehampton

West Sussex

BN16 3TT

Trustees

Name	Position	Appointments/Resignations
J Ray	Chair	
J Skeates		
B Jacob		


Independent Examiner

Magnus Proctor FFA

Lindisfarne, Landkey Road

Barnstaple, EX32 9BW

Approved by the board of trustees on 2nd December 2022 and signed on its behalf by:


.....
J Ray, Chair

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF 4M UK

Independent examiner's report to the trustees of 4M UK

I report to the charity trustees on my examination of the accounts of 4M UK (the Trust) for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:



Magnus Proctor FFA
Institute of Financial Accountants
Lindisfarne
Landkey Road
Barnstaple
Devon
EX32 9BW

Date: 17th November 2022

STATEMENT OF FINANCIAL ACTIVITIES
for the Year ended 31 March 2022


		Unrestricted funds	Restricted funds	2022 Total	2021 Total
	Notes	£	£	£	£
Income and Endowments					
Donations and legacies	2	111,945	0	111,945	125,041
Charitable activities	3	80,629	0	80,629	53,035
Investment income	4	4	0	4	7
Other income – Government grant		14,340	0	14,340	24,435
Total Incoming Resources		206,918	0	206,918	202,518
Expenditure					
Charitable activities		175,829	0	175,829	167,661
Total Resources Expended		175,829	0	175,829	167,661
Net Incoming / (Outgoing) resources		31,089	0	31,089	34,857
Reconciliation of Funds					
Total Funds brought forward		9,336	7,508	16,844	(18,013)
Total Funds carried forward		40,425	7,508	47,933	16,844

4M UK

STATEMENT OF FINANCIAL POSITION
At 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Fixed Assets					
Tangible assets	7	3,064	0	3,064	4,195
Current Assets					
Stocks		286	0	286	343
Debtors	8	17,921	0	17,921	16,110
Cash at bank		71,960	7,508	79,468	56,311
		<hr/>	<hr/>	<hr/>	<hr/>
		90,167	7,508	97,675	72,764
Current Liabilities					
Amounts falling due within one year	9	(52,806)	0	(52,806)	(60,115)
Current Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		37,361	7,508	44,869	12,649
Total Assets less Current Liabilities		<hr/>	<hr/>	<hr/>	<hr/>
		40,425	7,508	47,933	16,844
Funds					
Charity Funds	10	<hr/>	<hr/>	<hr/>	<hr/>
		40,425	7,508	47,933	16,844

The financial statements were approved by the Board of Trustees on 2nd December 2022 and were signed on its behalf by:



J Ray, Chair

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2022

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees refer you to Note 14 Post Balance Sheet Event and the Trustees Annual Report concerning uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	33% on cost
-----------	-------------

Taxation

The charity is exempt from tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where then charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2022

2. Donations and Legacies

	2022	2021
	£	£
Donations	102,256	111,892
Gift Aid receivable	9,689	13,149
	<u>111,945</u>	<u>125,041</u>

3. Charitable Activities

	2022	2021
	£	£
Fees	80,292	52,763
Sale of merchandise	337	272
	<u>80,629</u>	<u>53,035</u>

4. Investment income

	2022	2021
	£	£
Interest received	4	7
	<u>4</u>	<u>7</u>

5. Expenditure on charitable activities

	2022	2021
	£	£
The operation of 4M UK	140,030	137,399
Support costs	26,799	30,262
	<u>175,829</u>	<u>167,661</u>

6. Analysis of support costs

	2022	2021
	£	£
Independent examiner	500	500
Management and accountancy fees	13,118	18,044
Bank charges	2,316	1,519
Office and IT costs	6,731	5,814
Consultancy fees	0	0
Insurance	4,134	4,385
	<u>26,799</u>	<u>30,262</u>

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2022

7. Employee's Remuneration and Benefits

	2022	2021
	£	£
Employee's salaries	107,712	96,792
Employee's social security	6,118	5,720
Pension costs	2,101	2,042
	<u>115,931</u>	<u>104,554</u>

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2022.

Key management

The trustees consider the Key Management to be the position of the Trustees; the remuneration of which is disclosed above.

8. Staff costs

	2022	2021
	No.	No.
The average monthly number of employees during the period was as follows:	5	3

No employees received emoluments in excess of £60,000.

9. Tangible fixed Assets

	Equipment	Total £
Cost		
Cost brought forward	10,656	10,656
Additions	0	0
Total cost carried forward	<u>10,656</u>	<u>10,656</u>
Depreciation		
Depreciation brought forward	6,461	6,461
Charge for year	2,815	2,815
Total depreciation carried forward	<u>9,276</u>	<u>9,276</u>
Net Book Value		
At 31 March 2022	1,380	1,380
At 31 March 2021	4,195	4,195

10. Debtors

	2022	2021
	£	£
Trade debtors	669	669
Prepayments and accrued income	10,314	2,292
Other debtors	6,938	13,149
	<u>17,921</u>	<u>16,110</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2022

11. Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	5,097	587
Taxation and social security	97	2,865
Accruals and deferred income	47,612	56,663
	52,806	60,115

12. Movement in Funds
Unrestricted Funds

	Balance 1 st April 2021	Income	Expenditure	Transfers	Balance 31 st March 2022
General Fund	9,336	206,918	(175,829)		40,425
Global Support Fund	7,508	0	(0)		7,508
Total Funds	16,844	206,918	(175,829)	0	47,933

Unrestricted Funds

	Balance 1 st April 2020	Income	Expenditure	Transfers	Balance 31 st March 2021
General Fund	(18,013)	195,010	(167,661)		9,336
Global Support Fund	0	7,508	(0)		7,508
Total Funds	(18,013)	202,518	(167,661)	0	16,844

The Global Support Fund is money to support the global mission of 4M

13. Related Party Disclosures

E Ray, wife of trustee, J Ray (Trustee) received a salary of £16,200 during the year. (2021: £16,200)

4M UK

The following pages do not form part of the Financial Statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	2022 £	2021 £
Income and endowments		
Donations and legacies		
Donations	102,256	111,892
Gift Aid received	9,689	13,149
Total income from donations and legacies	111,945	125,041
Charitable activities		
Fees	80,292	52,763
Sale of merchandise	337	272
Total income from charitable activities	80,629	53,035
Investment income		
Interest received	4	7
Total income from investment income	4	7
Other income – Government Grant	14,340	24,435
Total incoming resources	206,918	202,518
Expenditure		
Charitable activities		
Materials for XCC	3,896	2,808
Venue Hire	360	0
Equipment hire	133	0
Food and drink for XCC	9,861	889
Coach hire and transportation	1,591	0
Parking facility	5	0
XCC Commission	0	1,689
Merchandise	154	138
Contributions (NL)	4,331	1,819
Advertising and marketing	12,331	19,989
Charitable donations	0	1,000
Entertainment	(2,957)	232
Salaries	107,712	96,792
Employers national insurance costs	6,118	5,720
Pension costs	2,101	2,042
Subscriptions	0	8
Telephone and internet	1,177	1,365
Travel - national	618	93
Mileage	150	0
Depreciation	1,449	2,815
Total expenditure on charitable activities	149,030	137,399
Support costs		
Independent examiner	500	500
Management and accountancy fees	13,118	18,044
Bank charges	2,316	1,519
Office and IT costs	6,731	5,814
Consultancy fees	0	0
Insurance	4,134	4,385
Total support costs	26,799	30,262
Total resources expended	175,829	167,661
Net incoming/(outgoing) resources	31,089	34,857

4M UK

England & Wales - Charity number 1170137

Accounts

Registered Charity Number: 1170137



**Report of the Trustees and Unaudited Financial Statements
for the year ended 31st March 2021**

4M UK

**CONTENTS OF THE FINANCIAL STATEMENTS
for the year ended 31 March 2021**

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Statement of Financial position	5
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Detailed Statement of Financial Activities	10

4M UK

REPORT OF THE TRUSTEES for the year ended 31 March 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and Activities

4M is a worldwide movement of men - a band of brothers - it's a group of ordinary people living extraordinary lives. Our values are built on Faith, Brotherhood, Adventure & Justice. And we want men everywhere to throw all they have into mind, body & soul adventures that will impact them and their world forever.

An XCC is a mind, body and soul adventure - an active and challenging endurance event, out in the wild. The XCC is set up like one endless day; for 72 hours men are confronted with significant physical challenges, deep comradery and profound moments of moral and spiritual input. Through the XCC process, you can find perspective; evaluate who you are and find a purpose worth living for

Public benefit

The Trustees have considered the Charity Commission guidance on public benefit and consider that the activities of the charity meet its charitable objectives and provide a benefit to the public.

Achievement and performance

The activities in the year were 6 XCC events as follows;

April 20 - XCC in Scotland. We had 99 participants

May 20 - XCC for Hillsong Church in Scotland. There were 31 participants through our website shop Others directly through Hillsong

June 20 - XCC did not run.

October 20 - XCC in Wales. We had 35 participants on the first and 21 on the second event due to COVID-19 restrictions

November 20 – XCC Dartmoor. This event had 29 participants due to COVID-19 restrictions

March 21 - XCC in England. This event was cancelled due to inclement weather. Many participants rebooked onto future events and all were given free access to the 'XCC Remote' product we developed early into the first lock-down.

Each event had its own merits and stories. We've seen lives changed, people opening up about struggles they don't speak to people about, carried burdens and weights have been lifted and further people such as families notice the difference the XCCs have made to the people that participated.

Recruitment following the summer in 2020 was challenging and the autumn events, although under target, were still incredibly impactful.

Future plans

We have a vision to see EVERY person in the UK offered an XCC place if they need one. This will need more events as well as higher recruitment and donor income to support the funding of places for those who can't afford it. To get there, we are growing the number of XCC events and doubling up the numbers on each location. A new location has been added in March and we are running more events online to help support people during the year. In addition, we are looking at beginning an activity for 'Arise' - a similar event but focused around women rather than just men as it has been to date.

We'd like to specially note our thanks to our donors for their support this year, and the many volunteers who help on our events.

Financial review

4M UK's income is made up primarily from donations and event fees.

Donations, including funds reclaimed under the Gift Aid system were £125,041 (2020: £78,872). Income from charitable activities such as events and book sales were £53,035 (2020: £79,977).

Many thanks to everyone who has given generously throughout the year and to those who have organised and helped with fundraising activities.

There was a surplus at the year-end of £34,857 (2020: Deficit £41,591) after expenses totalling £167,661 (2020: £200,496)

**REPORT OF THE TRUSTEES
for the year ended 31 March 2021
Reserves policy**

The policy of the organisation is to maintain three months running costs as reserves wherever possible. This reflects the concern of the trustees that they should maintain sufficient reserves to meet any unforeseen circumstances and in particular, to meet the organisation's obligations, in the event that the charity has to be wound up.

The year-end level of reserves is lower than the trustees would like. They are aware of the situation and are looking to build reserves in future years by organising larger numbers to attend XCC events. The charity received a sizable donation after the year end which has now enabled the charity to meet its reserves policy.

Structure, Governance and Management

Governing document

The charity is controlled by its governing document, a constitution, and is a Charitable Incorporated Organisation (CIO) registered on 11th November 2016.

Recruitment and appointment of new trustees

All the trustees are already familiar with the practical work of the charity. Any new trustees will be invited and encouraged to attend training sessions to familiarise themselves with the charity and the context within which it operates.

All of the trustees give their time voluntarily and received no benefits from the charity. All payments made to related parties of the directors and key management are shown as a note to the accounts.

Induction and training of new trustees

New trustees are given an orientation pack, which briefs them on a trustee's legal obligations under charity law, the content of the governing document, the committee and decision-making process, and the most recent accounts and Annual Report.

Reference and Administration Details

Registered name

4M UK

(Working names: 4M; The 4th Musketeer)

Registered Charity number

1170137

Principal address

16 Barwick Close
Littlehampton
West Sussex
BN16 3TT

Trustees

Name	Position	Appointments/Resignations
J Ray	Chair	
J Skeates		
B Jacob		

Independent Examiner

Magnus Proctor FFA
Lindisfarne, Landkey Road
Barnstaple, EX32 9BW

Approved by the board of trustees on 16th November 2021 and signed on its behalf by:

.....
J Ray, Chair

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF 4M UK

Independent examiner's report to the trustees of 4M UK

I report to the charity trustees on my examination of the accounts of 4M UK (the Trust) for the year ended 31st March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed:



Magnus Proctor FFA
Institute of Financial Accountants
Lindisfarne
Landkey Road
Barnstaple
Devon
EX32 9BW

Date: 16th November 2021

STATEMENT OF FINANCIAL ACTIVITIES
for the Year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Income and Endowments					
Donations and legacies	2	117,513	7,508	125,041	78,872
Charitable activities	3	53,035	0	53,035	79,977
Investment income	4	7	0	7	56
Other income – Government grant		24,435	0	24,435	0
Total Incoming Resources		195,010	7,508	202,518	158,905
Expenditure					
Charitable activities					
Advancement of the Christian Faith		167,661	0	167,661	200,496
Total Resources Expended		167,661	0	167,661	200,496
Net Incoming / (Outgoing) resources		27,349	7,508	34,857	(41,591)
Reconciliation of Funds					
Total Funds brought forward		(18,013)	0	(18,013)	23,578
Total Funds carried forward		9,336	7,508	16,844	(18,013)

STATEMENT OF FINANCIAL POSITION
At 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Fixed Assets					
Tangible assets	7	4,195		4,195	7,010
Current Assets					
Stocks		343		343	486
Debtors	8	10,110	6,000	16,110	16,562
Cash at bank		54,803	1,508	56,311	28,519
		<hr/>	<hr/>	<hr/>	<hr/>
		65,256	7,508	72,764	45,567
Current Liabilities					
Amounts falling due within one year	9	(60,115)	0	(60,115)	(70,591)
Current Assets less Current Liabilities					
		<hr/>	<hr/>	<hr/>	<hr/>
		5,141	7,508	12,649	(25,023)
Total Assets less Current Liabilities					
		<hr/>	<hr/>	<hr/>	<hr/>
		9,336	7,508	16,844	(18,013)
Funds					
Unrestricted Funds	10	<hr/>	<hr/>	<hr/>	<hr/>
		9,336	7,508	16,844	(18,013)

The financial statements were approved by the Board of Trustees on 16th November 2021 and were signed on its behalf by:

.....
 J Ray, Chair

**NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2021**

1. Accounting Policies

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees refer you to Note 14 Post Balance Sheet Event and the Trustees Annual Report concerning uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	33% on cost
-----------	-------------

Taxation

The charity is exempt from tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where then charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2021

2. Donations and Legacies

	2021	2020
	£	£
Donations	111,892	66,662
Gift Aid receivable	13,149	12,210
	<hr/> 125,041	<hr/> 78,872

3. Charitable Activities

	2021	2020
	£	£
Fees	52,763	78,850
Sale of merchandise	272	1,127
	<hr/> 53,035	<hr/> 79,977

4. Investment income

	2021	2020
	£	£
Interest received	7	56
	<hr/> 7	<hr/> 56

5. Expenditure on charitable activities

	2021	2020
	£	£
The operation of 4M UK	137,399	173,430
Support costs	30,262	27,066
	<hr/> 167,661	<hr/> 200,496

6. Analysis of support costs

	2021	2020
	£	£
Independent examiner	500	500
Management and accountancy fees	18,044	17,366
Bank charges	1,519	1,433
Office and IT costs	5,814	3,292
Consultancy fees	0	113
Insurance	4,385	4,362
	<hr/> 30,262	<hr/> 27,066

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2021

7. Employee's Remuneration and Benefits

	2021	2021
	£	£
Employee's salaries	96,792	95,700
Employee's social security	5,720	6,634
Pension costs	2,042	2,018
	<hr/>	<hr/>
	104,554	104,352
	<hr/>	<hr/>

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 March 2021.

Key management

The trustees consider the Key Management to be the position of the Trustees; the remuneration of which is disclosed above.

8. Staff costs

	2021	2020
	No.	No.
The average monthly number of employees during the period was as follows:	3	3

No employees received emoluments in excess of £60,000.

9. Tangible fixed Assets

	Equipment	Total
		£
Cost		
Cost brought forward	10,656	10,656
Additions	0	0
Total cost carried forward	<hr/>	<hr/>
	10,656	10,656
Depreciation		
Depreciation brought forward	3,646	3,646
Charge for year	2,815	2,815
Total depreciation carried forward	<hr/>	<hr/>
	6,461	6,461
Net Book Value		
At 31 March 2020	4,195	4,195
At 31 March 2019	7,010	7,010

10. Debtors

	2021	2020
	£	£
Trade debtors	669	669
Prepayments and accrued income	2,292	3,683
Other debtors	13,149	12,210
	<hr/>	<hr/>
	16,110	16,562
	<hr/>	<hr/>

NOTES TO THE FINANCIAL STATEMENTS
for the Year ended 31 March 2021

11. Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	587	3,817
Taxation and social security	2,865	2,403
Accruals and deferred income	56,663	64,370
	60,115	70,590

12. Movement in Funds

Unrestricted Funds

	Balance 1 st April 2020	Income	Expenditure	Transfers	Balance 31 st March 2021
General Fund	(18,013)	195,010	(167,661)		9,336
Global Support Fund	0	7,508	(0)		7,508
Total Funds	(18,013)	202,518	(167,661)	0	16,844

Unrestricted Funds

	Balance 1 st April 2019	Income	Expenditure	Transfers	Balance 31 st March 2020
General Fund	18,070	158,905	(194,988)		(18,013)
Global Support Fund	5,508	0	(5,508)		0
Total Funds	23,578	158,905	(200,496)	0	(18,013)

The Global Support Fund is money to support the global mission of 4M

13. Related Party Disclosures

E Ray, wife of trustee, J Ray (Trustee) received a salary of £16,200 during the year. (2020: £16,200)

The following pages do not form part of the Financial Statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	2021 £	2020 £
Income and endowments		
Donations and legacies		
Donations	111,892	66,662
Gift Aid received	13,149	12,210
Total income from donations and legacies	125,041	78,872
Charitable activities		
Fees	52,763	78,850
Sale of merchandise	272	1,127
Total income from charitable activities	53,035	79,977
Investment income		
Interest received	7	56
Total income from investment income	7	56
Other Income – Government Grant	24,435	0
Total incoming resources	202,518	158,905
Expenditure		
Charitable activities		
Materials for XCC	2,808	10,599
Venue Hire	0	3,260
Equipment hire	0	596
Food and drink for XCC	889	10,398
Coach hire and transportation	0	5,253
Parking facility	0	11
XCC Commission	1,689	0
Merchandise	138	1,046
Contributions (NL)	1,819	1,556
Advertising and marketing	19,989	17,952
Charitable donations	1,000	245
Refreshments	0	467
Entertainment	232	771
Salaries	96,792	95,700
Employers national insurance costs	5,720	6,634
Staff training	0	154
Pension costs	2,042	2,018
Subscriptions	8	2,109
Telephone and internet	1,365	930
Travel - national	93	1,269
Travel - international	0	10,287
Mileage	0	263
Unrealised currency losses (gains)	0	1
Realised currency losses (gains)	0	23
Depreciation	2,815	1,888
Total expenditure on charitable activities	137,399	173,430
Support costs		
Independent examiner	500	500
Management and accountancy fees	18,044	17,366
Bank charges	1,519	1,433
Office and IT costs	5,814	3,292
Consultancy fees	0	113
Insurance	4,385	4,362
Total support costs	30,262	27,066
Total resources expended	167,661	200,496
Net incoming/(outgoing) resources	34,857	(41,591)