

Charity Registration No. 1170086

Company Registration No. CE008142 (England and Wales)

THE HARMONY CENTRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



THE HARMONY CENTRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A West	(Appointed 9 July 2024)
	A Bark (Secretary)	
	R Banton	
	R Coney (Chair)	
	H Wright	
	N Rawlings (Treasurer)	(Appointed 18 April 2025)
	E Pearce	(Appointed 3 June 2025)
Charity number (England and Wales)	1170086	
Company number	CE008142	
Principal address	Unit 1 and 2 Edwards Tower Building St. Michaels Trading Estate Bridport Dorset DT6 3RR	
Registered office	Unit 1 and 2 Edwards Tower Building St. Michaels Trading Estate Bridport Dorset DT6 3RR	
Independent examiner	Lentells Limited Ash House Cook Way Bindon Road Taunton Somerset TA2 6BJ	

THE HARMONY CENTRE

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THE HARMONY CENTRE

CHAIRMAN'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2025

Harmony has had another very successful year, and this report outlines the highlights for the period April 2024-March 2025.

We completed our move into new premises on St Michael's estate in May 2024, and were honoured to have The Lord Lieutenant of Dorset in attendance at the opening event, who used the occasion formally to present us with the King's Award for Volunteering which we were granted late in the previous financial year. In his citation he said:

"Bridport and its surrounds are lucky to have such a locally created and run service which helps a broad spectrum of clients to live better lives and often rescues them from the downward spiral of serious mental illness....it is an extraordinarily successful initiative in the critical area of mental health and represents the very best of voluntary excellence."

We used that occasion to celebrate our 10th birthday and to pay tribute to our founders – particularly Ros Copson, who stepped down as a Trustee during the year, but remains a regular and welcome presence in the centre and continues to fundraise and advocate for us whenever she can.

In the Autumn of 2024, we secured a new NHS contract for provision of the Access Wellbeing service across West Dorset. Much of the year was dominated by the process of working with our partners to put together a successful tender, and then recruiting staff, preparing the space for them to work from in Bridport and securing the partnerships we needed in order to operate this service in Lyme Regis, Beaminster and Maiden Newton. We look forward to reporting in depth in a year's time on how the first year of that new service has gone, and the difference it has made to people's lives.

In March we promoted Tracey Bovingdon to take on the role of Chief Executive of Harmony, when our longstanding CEO, Caroline Gamble, decided to take her very well-earned retirement.

Our financial position requires a constant focus on fundraising, and we started the year knowing we needed to raise approximately £80k in year, in order to deliver our planned activity for the year. I am delighted to report that we achieved this and we would particularly like to thank:

All our individual donors and supporters

Everyone who has rattled a tin on our behalf

A G Down Limited

Albert Gubay Charitable Foundation

Alice Ellen Cooper Dean Charitable Foundation

Bridport Charities

Bridport Christian Gift

Bridport Hat Festival

Carpet World Bridport

Dorset Community Foundation

Dorset Council

Garfield Weston Foundation

National Lottery Communities Fund

Porter Dodson LLP

Sir Jules Thorn Charitable Trust

St Mary's Church

Story Traders

We also spent much of 24/25 working hard behind the scenes to make the charity more robust. We held a very successful charity planning day with our staff and volunteers in September, and this led directly to further improvements to our staff structure so that each of our three services (Community Front Room, Drop In and Access Wellbeing) now has its own manager, our administrator role has been upgraded to a much needed Business Manager and our CEO is now a full time post.

We have had our first full year managing our finances digitally, with the very successful move to using an online accounting system, generously funded by the National Lottery. Alongside the changes to our staff structure, this has improved our governance and financial controls and significantly reduced the risks we previously faced, when we were reliant on a volunteer Treasurer for almost all aspects of our financial management.

THE HARMONY CENTRE

CHAIRMAN'S STATEMENT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

We have also started to use our new database, Charity Log, to enable us to improve the evaluation of our services. We are not yet where we want to be in terms of measuring the impact of our services, but we are heading in the right direction and look forward to being able to share further improvements next year.

We have full year figures for The Community Front Room. It opened 201 times in the year, 83 people used the service, between them attending 1736 times, meaning on average each user needed our support, whilst in crisis, approximately 20 times during the year. We cannot know for certain where those people would have turned if we had not been there when they needed us, but we do know from what they have told us that we continue to be, very literally, a lifeline for many of them. In their own words:

"With out the CFR I wouldn't be here"

"Have valued having people that really listen and ask pertinent questions"

"They helped me to find light at the end of the tunnel"

" This place should be the first place you go too, before you get to the point that you need to go to hospital"

We also know that 157 adults used one or more Drop-in services on a regular basis in the second half of the year, and that of them:

113 Reported improved mental health or wellbeing

100 Reported better access to services or support

90 Reported increased self-esteem and confidence

85 Reported increased interpersonal (social, communication and relationship) skills

71 Reported a reduction of stress, anxiety and/or symptoms of depression

66 Reported increased resilience or self-care

57 Reported improved social networks

38 Reported an increased sense of belonging in their community and in personal aspirations and goals

3 Now volunteer regularly, work or are in work experience

Our volunteer team grew to 15, and we want to thank them all for their contribution. Many of them bring lived experience of mental ill-health, and this is invaluable in enabling them to support those accessing our services. We also continue to be an important source of employment for people with lived experience of poor mental health.

None of this would have been possible without the hard work and commitment of those volunteers and staff, and the ongoing dedication of our team of Trustees. I would like to finish by thanking them all.



Rachel Conney

Signed on 17 October 2025 @ 09:26

Chairman

Date:

THE HARMONY CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

The charity's objects are for the public benefit, the relief of persons suffering from, or recovering from, mental health problems by providing support, information and activities helping them further their recovery and integrate into the community. The education of the public in matters pertaining to such people.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

During the year the charity has run:

- 1) The Community Front Room service. This is a crisis service provided 52 weeks a year to any adult aged 18 or over who wishes to access it. It is provided under contract to the NHS through a subcontract with Bournemouth Churches Housing Association.
- 2) A programme of Drop-in activities. This is a year round programme of day time activities designed to provide support with recovery for those struggling with their mental health. It is entirely funded by grants and donations and is available to any adult aged 18 or over who wishes to access it.
- 3) An ongoing series of activities designed to reduce stigma around mental health and to raise awareness of the support services available in the local area to those in need.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Financial review

Total incoming resources for the year were £378,465 (2024: £218,237) and the net surplus was £60,330 (2024: £16,222 deficit).

Total funds at 31 March 2025 were £153,685 (2024: £93,355) including restricted funds of £3,166 (2024: £3,166).

The 2025 accounts have been prepared on an accruals basis, the comparative figures were prepared on a cash basis.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a registered charity.

THE HARMONY CENTRE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

A West	(Appointed 9 July 2024)
A Bark (Secretary)	
R Banton	
R Coney (Chair)	
A Cliffe	(Resigned 1 September 2025)
H Wright	
R Copson	(Resigned 12 November 2024)
A Hutchinson	(Resigned 19 March 2025)
N Rawlings (Treasurer)	(Appointed 18 April 2025)
E Pearce	(Appointed 3 June 2025)

Recruitment and appointment of trustees

Trustees were recruited by open advertisement in local media, and were appointed in line with the Charity's Trustee Recruitment Policy.

The charity is a registered charity, first registered on 8 November 2016. The constitution was amended on 30 August 2017 and on 10 April 2024.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees' report was approved by the Board of Trustees.



Rachel Coney
Signed on 17 October 2025 @ 09:26

Chair

Date:

THE HARMONY CENTRE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE HARMONY CENTRE

I report to the trustees on my examination of the financial statements of The Harmony Centre (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

J M Farkas ACA

Ash House
Cook Way
Bindon Road
Taunton
Somerset
TA2 6BJ
Date:



Jodie Farkas

Countersigned on 17 October 2025 @ 09:29

THE HARMONY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	175,212	1,557	176,769	91,520	8,696	100,216
Charitable activities	4	199,829	-	199,829	116,496	-	116,496
Investments	5	1,867	-	1,867	1,525	-	1,525
Total income		<u>376,908</u>	<u>1,557</u>	<u>378,465</u>	<u>209,541</u>	<u>8,696</u>	<u>218,237</u>
Expenditure on:							
Charitable activities	6	<u>316,578</u>	<u>1,557</u>	<u>318,135</u>	<u>200,734</u>	<u>33,725</u>	<u>234,459</u>
Total expenditure		<u>316,578</u>	<u>1,557</u>	<u>318,135</u>	<u>200,734</u>	<u>33,725</u>	<u>234,459</u>
Net income/(expenditure) and movement in funds		60,330	-	60,330	8,807	(25,029)	(16,222)
Reconciliation of funds:							
Fund balances at 1 April 2024		<u>93,355</u>	<u>-</u>	<u>93,355</u>	<u>84,548</u>	<u>25,029</u>	<u>109,577</u>
Fund balances at 31 March 2025		<u>153,685</u>	<u>-</u>	<u>153,685</u>	<u>93,355</u>	<u>-</u>	<u>93,355</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE HARMONY CENTRE

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		8,929		10,019
Current assets					
Debtors	12	2,200		-	
Cash at bank and in hand		177,077		83,230	
		179,277		83,230	
Creditors: amounts falling due within one year	13	(34,521)		106	
Net current assets			144,756		83,336
Total assets less current liabilities			153,685		93,355
The funds of the charity					
Unrestricted funds	15		153,685		93,355
			153,685		93,355

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on



Rachel Conery
Signed on 17 October 2025 @ 09:26

Chair

Company registration number CE008142 (England and Wales)

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The Harmony Centre is a Charitable Incorporated Organisation incorporated in England and Wales. The registered office is Unit 1 and 2 Edwards Tower Building, St. Michaels Trading Estate, Bridport, Dorset, DT6 3RR.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Where contracted income is received in advance of the services being provided, the income is deferred and released upon delivery of those services.

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	175,212	1,557	176,769	91,520	8,696	100,216

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Charitable income		
Services provided under contract	199,829	116,496

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,867	1,525

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities

	Charitable expenditure 2025 £	Charitable expenditure 2024 £
Direct costs		
Staff costs	213,684	157,136
Depreciation and impairment	2,530	-
Light & heat	3,734	-
Repairs & maintenance	23,564	24,581
Activities	34,497	5,486
Sustenance	2,492	-
Travelling	649	-
Advertising	1,211	-
Staff entertainment	434	-
Bank charges	257	190
Rent	24,292	12,405
Staff training	4,370	-
	<u>311,714</u>	<u>199,798</u>
Share of support and governance costs		
Support	243	34,661
Governance	6,178	-
	<u>318,135</u>	<u>234,459</u>
Analysis by fund		
Unrestricted funds	316,578	200,734
Restricted funds	1,557	33,725
	<u>318,135</u>	<u>234,459</u>

7 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	3,451	-
Depreciation of owned tangible fixed assets	2,530	-
	<u>3,451</u>	<u>-</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	15	15

Employment costs

	2025 £	2024 £
Wages and salaries	198,980	157,136
Social security costs	7,790	-
Other pension costs	6,914	-
	213,684	157,136

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Plant and equipment £
Cost	
At 1 April 2024	10,019
Additions	1,440
	11,459
At 31 March 2025	
Depreciation and impairment	
Depreciation charged in the year	2,530
	2,530
At 31 March 2025	
Carrying amount	
At 31 March 2025	8,929
At 31 March 2024	10,019

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	45	-
Prepayments and accrued income	2,155	-
	<u>2,200</u>	<u>-</u>

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	3,475	-
Trade creditors	8,134	-
Other creditors	21,172	(106)
Accruals and deferred income	1,740	-
	<u>34,521</u>	<u>(106)</u>

14 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	6,914	-

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	<u>93,355</u>	<u>376,908</u>	<u>(316,578)</u>	<u>153,685</u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	<u>84,548</u>	<u>209,541</u>	<u>(200,734)</u>	<u>93,355</u>

THE HARMONY CENTRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

15 Unrestricted funds

(Continued)

In the accounts to 31 March 2024, the charity treated the funds received from the National Lottery as a restricted fund. The trustees have since reviewed the conditions attached to the funding and an amendment has been made to the comparative information to classify the National Lottery funding as unrestricted.

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

17 Change of accounting basis

The accounts for the year to 31 March 2025 have been prepared on an accruals basis where as the comparatives were prepared on the cash basis. Appropriate adjustments have been made in the year to account for this transition.

THE HARMONY CENTRE
HARMONY MENTAL WELLBEING
DETAILED STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

	Unrestricted	Restricted	Total
	<u>funds</u>	<u>funds</u>	
Incoming resources from generated funds	<u>2025</u>	<u>2025</u>	<u>2025</u>
Donations and legacies			
A G Down Limited	-	396	396
Albert Gubay Charitable Fund	15,000	-	15,000
Alice Ellen Cooper Dean Charitable Foundation	10,000	-	10,000
Bridport Charities	500	-	500
Bridport Christian Gift	450	-	450
Carpet World Bridport	5,500	-	5,500
Dorset Community Foundation	30,249	-	30,249
Dorset Council	10,200	-	10,200
Garfield Weston Foundation	20,000	-	20,000
Lottery Community Fund	71,688	-	71,688
Porter Dodson LLP	150	-	150
Porter Dodson LLP	1,307	-	1,307
Sir Jules Thorn Charitable Trust	2,500	-	2,500
St Marys Church	200	-	200
Story Traders	150	-	150
Other donations	2,572	1,161	3,733
Fundraising income	<u>4,746</u>	<u>-</u>	<u>4,746</u>
	175,212	1,557	176,769
Charitable activities	199,829	-	199,829
Investment Income	1,867	-	1,867
Total incoming resources	376,908	1,557	378,465
Resources expended			
Mental health support services			
Staff costs	213,684	-	213,684
Staff entertainment	434	-	434
Staff training	4,370	-	4,370
Advertising	1,211	-	1,211
Repairs & maintenance	16,577	1,161	17,738
Travelling	649	-	649
Utilities	3,734	-	3,734
Computer running costs	7,177	-	7,177
Insurance and admin	1,384	-	1,384
Bank charges	257	-	257
Depreciation	2,530	-	2,530
Activities	34,101	396	34,497
Rent	<u>24,292</u>	<u>-</u>	<u>24,292</u>
	310,400	1,557	311,957
Total charitable expenditure	310,400	1,557	311,957
Governance costs	6,178	-	6,178
Total resources expended	316,578	1,557	318,135
Net movement in funds	60,330	-	60,330
Fund balances at 1 April 2024	<u>93,355</u>	<u>-</u>	<u>93,355</u>
Fund balances at 31 March 2025	<u>153,685</u>	<u>-</u>	<u>153,685</u>