

Charity Registration No. 1170086

The Harmony Centre

Chair's Report And Financial Statements

For The Year Ended 31 March 2024

The Harmony Centre

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The Harmony Centre
Legal and Administrative Information

Trustees	Rachel Coney (Chair) (appointed 24 October 2023) Jill Mason (Treasurer) Ragnhild Banton (appointed 30 November 2023) Anne Bark (appointed 30 November 2023) Jane Brennan (resigned 30 November 2023) Alison Cliffe Rosalind Copson Andrew Hutchinson Tegwyn Jones (resigned 30 November 2023) Helen Wright (appointed 18 April 2023)
Charity registered number	1170086
Registered office	Unit 1 and 2 Edwards Tower Building St Michaels Trading Estate Bridport Dorset DT6 3RR
Independent Examiner	Mr. M. J. Cridland B.A. (Hons) F.C.A. Scott Vevers Ltd Chartered Accountants and Registered Auditors 65 East Street Bridport Dorset DT6 3LB

The Harmony Centre
Chair's Report for the Year Ended 31 March 2024

Throughout this year Harmony has continued to deliver a comprehensive programme of drop-in activities, we have completed another successful year of our contract with the NHS to provide crisis support and suicide prevention through the Community Front Room service and the team staged a great partnership event, "And Breathe", in October to celebrate what we do, and to raise awareness and reduce stigma around mental health.

Harmony Drop-in was accessed 1,590 times

Drop-In Attended	
Monday Drop-In;	335
Leons Exercise Class;	217
Allotment;	132
Wednesday Drop-In;	402
Friday Wellbeing;	363
Bereavement Group Monthly	72

Bridport Community Front Room was accessed 2,736 times

The service was open for 52 weeks of the year Thursday – Sunday

Contact	
Face to Face	1987
Telephone	550
Attend Anywhere	199

The outcomes reported by those who use our services include:

- Improved self-esteem and confidence
- Reduced isolation
- Reduced anxiety
- Mental health & wellbeing improved
- Improved self-care

This has been enabled by the generous support of a wide range of funders – local and national, large and small, and we would like to take this opportunity to thank them all. However the most significant developments have been those enabled by the support of the National Lottery Communities Fund, whose funds have started to make a real difference to how we work this year. Previously, every aspect of the charity's work was managed by one full time employee, Trustees were providing operational support on a voluntary basis, and the systems underpinning our excellent front line services had not kept pace with the growth in the activity we were delivering, or the levels of funding needed to support those. So, with the support of the National Lottery and our other very generous funders, 2023/24 has been a year of change.

In the Autumn we completed a staff restructure. Our long term service manager was promoted to CEO – a part time role in which she can focus on our strategic development, innovation and partnership building and we created two new posts (Operational Manager

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Chair's Report for the Year Ended 31 March 2024

and Administrator) to oversee all aspects of the day to day operational management of the organisation.

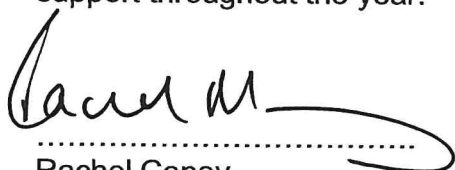
This additional capacity enabled us to plan a move to larger more accessible premises on the nearby St Michael's Trading Estate. I look forward to reporting next year on our successful relocation and the impact this has had on our staff and the outcomes they can deliver for our beneficiaries.

The National Lottery grant also enabled us to computerise our financial management systems in readiness for the 24/25 financial year – this will improve the efficiency of our day to day administration and will improve the data underpinning our ongoing fundraising.

Another new development which we have been busy laying the foundations for this year, and which I look forward to reporting on next year, is the implementation of a comprehensive data management system. This will provide us with much needed intelligence from which we can drive forward service improvements, new service developments and our fundraising.

This year has also seen some changes in our Trustee team. I was delighted to take on the position of Chair at our AGM in November 2023, and we are very grateful to Anne Bark for joining us as our new Secretary, and to Ragn Banton for bringing her wealth of public sector service management expertise to our team. It was with sadness, and sincere thanks, that we said goodbye to Jane Brennan and Tegwyn Jones, and we wish them both well.

As ever, we could do nothing without the dedication and skill of our staff, volunteers and the support of our wider community, and I would like to thank them for their unwavering support throughout the year.



.....
Rachel Coney
Chairperson

Date 15/10/24

The Harmony Centre
Trustees' Report for the Year Ended 31 March 2024

The trustees present their report together with the financial statements of the charity for the year ended 31 March 2024.

OBJECTIVES

For the public benefit, the relief of persons suffering from, or recovering from mental health problems by providing support, information and activities helping them further their recovery and integrate into the community. The education of the public in matters pertaining to such people.

FINANCIAL REVIEW

Total incoming resources for the year were £218,237 (2023: £192,696) and net deficit was £16,222 (2023 surplus: £27,478).

Total funds at 31 March 2024 were £83,336 (2023: £99,558) including restricted funds of £3,166 (2023: £25,029).

Reserves Policy

The trustees consider the appropriate level of free reserves they should retain is six months of the committed expenditure of the charity. This is based on the charity's size and the level of financial commitments held. The trustees aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity was registered with the Charity Commission in November 2016 and amended by resolution on 30 August 2017.

On 10 April 2024 the members approved the change of name from The Burrough Harmony Centre.

Trustees

The board of trustees are currently made up of 8 Trustees who are listed on page 1. Generally, trustees are the chair, treasurer and other board members.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required under Charity law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the financial activities of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;

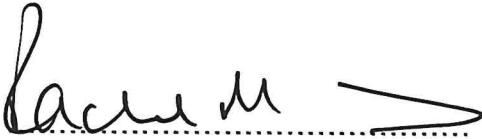
The Harmony Centre

Trustees' Report for the Year Ended 31 March 2024

- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. The Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for ensuring that the charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against loss or unauthorised use and to prevent and detect fraud and other irregularities.

The annual report was approved by the trustees of the charity on 15/10/24 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Rachel Coney', followed by a horizontal line.

Rachel Coney
Chairperson

The Harmony Centre

Independent Examiners' Report to the Trustees for the Year Ended 31 March 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 7 to 8.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Marcus Cridland BA (Hons) FCA
Scott Vevers Ltd
Chartered Accountants and Registered Auditors
65 East Street
Bridport
Dorset DT6 3LB

Date: 21/10/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
The Harmony Centre

No (if any)
1170086

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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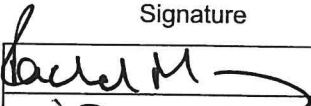
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Previous year
Alice Ellen Cooper Dean Foundation	-	-	-	-	25,000
Bournemouth Churches Housing Association contract	116,496	-	-	116,496	124,120
Bridport Folk Fest	3,000	-	-	3,000	-
Bridport Town Council	-	500	-	500	-
Dorset Community Action	-	800	-	800	-
Dorset Community Foundation	-	-	-	-	6,200
Dorset Council	-	2,000	-	2,000	-
The Edward Gostlin Fund	-	-	-	-	5,000
Garfield Weston Foundation	-	-	-	-	10,000
National Lottery Community Fund	-	84,687	-	84,687	9,970
NHS CT Comm	-	-	-	-	3,000
The Sir Jules Thorne	-	-	-	-	2,000
Valentines Fund	-	5,000	-	5,000	-
Other donations	3,455	396	-	3,851	6,774
Fundraising	378	-	-	378	-
Bank interest	1,525	-	-	1,525	632
Sub total (Gross income for AR)	124,854	93,383	-	218,237	192,696
A2 Asset and investment sales, (see table).	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	124,854	93,383	-	218,237	192,696
A3 Payments					
Staff	92,304	64,832	-	157,136	135,180
Rent	-	12,405	-	12,405	9,360
Services	12,619	11,764	-	24,383	3,866
Equipment	-	198	-	198	-
Admin and insurance	14,100	20,561	-	34,661	9,081
Activities	-	5,486	-	5,486	5,957
Miscellaneous	190	-	-	190	1,774
Sub total	119,213	115,246	-	234,459	165,218
A4 Asset and investment purchases, (see table)	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	119,213	115,246	-	234,459	165,218
Net of receipts/(payments)	5,641	(21,863)	-	(16,222)	27,478
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	74,529	25,029	-	99,558	72,080
Cash funds this year end	80,170	3,166	-	83,336	99,558

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	NatWest bank	25,188	-	-
	Charity bank	54,732	3,166	-
	Equals card	106	-	-
	cash	144	-	-
	Total cash funds	80,170	3,166	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Laptops	restricted	8,819	-
	mobile phones	restricted	1,200	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Rachel Coney	15/10/24
J S mason	Jill Mason	15/10/24