

## **CHAIR'S REPORT**

### **2021/22 Report for The Burrough Harmony Centre**

#### **An overview**

As national Covid restrictions lifted in early Spring, we were once again able to open our doors at the Harmony Centre to offer mental health services. This was a relief to our members, even though throughout lockdown, we kept Harmony services available through virtual forms of communications including telephone, video-conferencing and social media, reaching new people as a successful provider of:

- crisis mental health support for the local Bridport communities,
- continuing support to our members mainly via telephone contact (and outside activities when lockdown restrictions allowed),
- the Community Front Room (CFR) for Bridport and the surrounding area, via non-face to face contacts, mainly via the telephone but also through NHS Attend Anywhere.

Harmony's financial position remains secure, thanks to the continuing financial support of the Graham Burrough Trust via Dorset Community Foundation and Alice Ellen Cooper Dean for Harmony Drop-In services. The Community Front Rooms (CFR) continue to be commissioned by the NHS under contract with Bournemouth Church Housing Association (BCHA) for West Dorset. Earlier this year we heard that these services will be extended for another year to Spring 2023.

#### **Developing new services**

About one in eight people in West Dorset care for a close family members or friend who cannot always manage without their support. They might look after someone with a physical disability, long term health condition, mental health issue or a problem with substance misuse. This work can have a significant impact on a carers' own mental health. In a recent national survey of over 5,000 carers, 71% of carers reported that they have poor physical or mental health, with 55% suffering from depression because of their caring role. So this year, we started a Carer's Support Group to help carers. The group has grown and flourished; it is a valuable addition to the services that Harmony offers.

Similarly, Harmony have started a group to support people who have been bereaved. The loneliness of bereavement can lead a loved one to mental health problems such as anxiety and depression. As well as Harmony's own practical knowledge of mental health and wellbeing, the group benefits from support from Ammonite Health Partnership, A G Down, Funeral Directors and Weldmar Hospice.

Harmony works with other charities to support young people. For example, we have collaborated with ASCape, a small local grassroots support group for autistic

and socially anxious young people aged 18 – 25 years old and their families.

We are planning a New Mums' Group next year and will continue to look at how we can coordinate better with other organisations providing services for local people suffering poor mental health.

Covid lockdown accelerated our investment in, and use of, technology, and we refreshed our Facebook page and website (<https://www.harmonydropin.org.uk/>) to make our services available to more people.

## **Our Supporters**

I am grateful to everyone who has supported us over the year, large and small, including our staff and volunteers. Our work could not be done without the financial support of;

- The Alice Ellen Cooper Dean Foundation
- Dorset Community Foundation
- Dorset Council
- Bridport Town Council

## **My thanks**

Finally, I would like to thank all our members, staff, volunteers and trustees for their hard work and support throughout the year. Their coordinated response to the challenges posed by Covid-19 continues to be exceptional.

Jane Brennan  
Chairperson



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
The Burroughs Harmony Centre

No (if any)  
1170086

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2021

To

Period end date  
31/03/2022

### Section A Receipts and payments

	Unrestricted funds	Restricted funds Harmony Drop-in	Restricted Funds Community Front Room	Total funds	Previous year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
Harmony Drop-in					
Dorset Community Foundation		4,980		4,980	6,950
Postcode Local trust		14,700		14,700	-
The Grace Trust		1,000		1,000	-
Bridport 50+ Forum		3,000		3,000	-
Alice Ellen Cooper Dean Foundation		20,000		20,000	-
Charities Aid Foundation		-		-	29,820
Covid-19 response fund			-	-	9,900
National Lottery		-		-	9,925
The Clothworkers Foundation		-		-	4,500
Bridport Town Council	142			142	300
Dorset Council		3,000		3,000	1,749
Bournemouth Churches Housing Association contract			83,160	83,160	86,757
Donations	4,720			4,720	7,128
Bank interest	631		-	631	110
<b>Sub total (Gross income for AR)</b>	<b>5,493</b>	<b>46,680</b>	<b>83,160</b>	<b>135,333</b>	<b>157,139</b>
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>5,493</b>	<b>46,680</b>	<b>83,160</b>	<b>135,333</b>	<b>157,139</b>
A3 Payments					
Staff		48,205	72,761	120,966	107,664
Rent			9,360	9,360	9,460
Services		4,463		4,463	3,352
equipment		279		279	10,768
Admin +insurance	6,134	3,866	1,785	11,785	16,159
Activities	2,781			2,781	838
misc.		663	369	1,032	2,210
<b>Sub total</b>	<b>8,915</b>	<b>57,476</b>	<b>84,275</b>	<b>150,666</b>	<b>150,451</b>
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>8,915</b>	<b>57,476</b>	<b>84,275</b>	<b>150,666</b>	<b>150,451</b>
<b>Net of receipts/(payments)</b>	<b>- 3,422</b>	<b>- 10,796</b>	<b>- 1,115</b>	<b>- 15,333</b>	<b>6,688</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,093	72,480	4,840	87,413	80,725
<b>Cash funds this year end</b>	<b>6,671</b>	<b>61,684</b>	<b>3,725</b>	<b>72,080</b>	<b>87,413</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds Harmony Drop-in to nearest £	Restricted Funds Community Front Room to nearest £
<b>B1 Cash funds</b>				
	NatWest bank	5,603	6,574	3,624
	Charity bank	631	55,110	-
	Equals card	372	-	-
	cash	65	-	101
	<b>Total cash funds</b>	<b>6,671</b>	<b>61,684</b>	<b>3,725</b>

(agree balances with receipts and payments account(s))

OK

OK

OK

### B2 Other monetary assets

Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

### B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

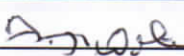
### B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Laptops	restricted	8,819	-
mobile phones	restricted	1,200	-
		-	-
		-	-
		-	-
		-	-
		-	-

### B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A J WILLIAMS	29/06/2022



## **Independent Examiner's Report to the Trustees of The Burrough Harmony Trust**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31<sup>st</sup> March 2022 which are set out on pages 1 to 2.

### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr. M. J. Cridland B.A (Hons) F.C.A

ICAEW

Scott Vevers Ltd  
Chartered Accountants  
65 East Street  
Bridport  
Dorset  
DT6 3LB

Date: 30/06/22



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FOR ENGLAND AND WALES

Charity Name  
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	-	-	-
	-	-	-
	-	-	-

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		-	-
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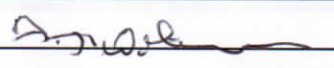
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		-	
		-	
		-	
		-	
		-	

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Signature

Print Name

Date of approval



A J WILLIAMS

29/06/2022



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