



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 04	Year 2024		Day 31	Month 03	Year 2025

Section A Reference and administration details

Charity name

Peer Support and Training

Other names charity is known by

Registered charity number (if any)

1170081

Charity's principal address

14 Scott Road

Edgware

Postcode

HA8 5RA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dean Gray			
2	Leo McDonald			
3	Andrew Caesar			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Mentor, I.A.G. , Community Tutor	Dean Gray	
Research	Leo McDonald	

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution adopted in 2016
How the charity is constituted (eg. trust, association, company)	Community Interest Organisation
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed or reappointed annually

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

PEER SUPPORT & TRAINING operates within a strong governance framework and has a Constitution and a comprehensive suite of policies in place. These include Children and Vulnerable Adults Policy, an Equal Opportunities Policy, and a Health and Safety Policy, ensuring the organisation meets its legal, ethical and professional responsibilities.

PEER SUPPORT & TRAINING is firmly opposed to all forms of unlawful or unfair discrimination. We are committed to upholding human rights and promoting equality, dignity and respect for everyone connected with our organisation and the wider community.

The health, safety and welfare of our staff, volunteers, service users and partners is a core priority. We place the highest importance on maintaining safe working practices and environments, and on fulfilling our duty of care to all those who engage with our services.

Safeguarding is central to our work. PEER SUPPORT & TRAINING has a professional responsibility to protect children and vulnerable adults, and we are committed to ensuring their welfare at all times. We provide safe equipment, appropriate facilities and robust procedures so that children and vulnerable adults can participate in our courses and programmes in a secure and supportive environment.

In addition, the organisation maintains a range of supporting policies, including Risk Management, Investing, Conflict Management, Volunteering, Complaints Handling and Paying Staff, which together strengthen accountability, transparency and good practice across all areas of our work.

The Board of Trustees confirms that PEER SUPPORT & TRAINING has appropriate governance, safeguarding and risk management arrangements in place. The Trustees regularly review the organisation's policies and procedures to ensure they remain effective, compliant with current legislation. The Board is satisfied that these measures provide a strong framework to safeguard children and vulnerable adults, promote equality and inclusion, and protect the health, safety and wellbeing of all those who engage with the organisation

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Our main objective is to act as a resource for young people up to the age of 24 living in the London borough of Brent by providing advice and assistance and organising programmes of educational and other activities as a means of: • Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; • Advancing Education; • Relieving unemployment; • Providing recreational and Leisure Time Activities in the interest of social welfare for people living in the area of benefit who have need by reason of their youth age, infirmity of disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During the current reporting period, the charity has made tangible progress in strengthening its programmes, formalising partnerships, and moving from research and development into early-stage delivery. Building on the foundations set out last year, our work has continued to focus on three core areas:

Early Careers for Young People, Mental Health, and Work Experience.

Early Careers for Young People

Significant progress has been made in developing our Early Careers offer. Updated workshop content and mentoring materials developed last year have now been refined and trialled. Feedback gathered has informed further improvements, ensuring content is relevant, accessible, and aligned with current employment pathways.

In addition, we have begun to formalise mentoring approaches, clarifying learning outcomes and session structures to support future scaling.

Mental Health

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Mental health has remained a central focus of our work. During the year, the charity has deepened engagement with mental health professionals, and sector specialists to strengthen the evidence base for our programmes. This collaboration has supported the development of practical, trauma-informed programme outlines focused on awareness, early intervention, and signposting to appropriate support.

Work Experience

Progress has been made in building relationships with businesses and organisations willing to support young people through work experience and skills development opportunities. These relationships have been strengthened through meetings, discussions, and early planning activity, creating a growing network that will underpin future placements.

The charity has also begun outlining a framework for work experience activity, focusing on employability skills, confidence building, and exposure to real-world working environments. This groundwork will enable meaningful and well-supported placements in future projects.

Volunteers

Volunteers have continued to play an essential role in the charity's development. Over the reporting period, volunteers have supported a wide range of activities including administrative support, lesson planning, programme design, and participation in meetings and development sessions.

Their contribution has been particularly valuable in enabling the charity to progress programme development.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

Throughout the reporting period, the trustees have remained closely engaged in both the strategic oversight and practical development of the charity's work. Beyond their core governance responsibilities, trustees have contributed actively to shaping the charity's direction by exploring and evaluating approaches that support young people to develop skills, confidence, and employability.

Trustees have continued to build their knowledge through relevant learning opportunities, including short courses and sector briefings where available, to ensure that decision-making and programme development are informed by current research and recognised good practice.

Ongoing sector research has remained a priority, with trustees reviewing the work of comparable organisations and initiatives. This has enabled the charity to reflect on different delivery models, identify areas for refinement, and incorporate effective approaches into its own programme design. This reflective and learning-led approach supports the continuous improvement of the charity's activities and strengthens its ability to deliver meaningful public benefit.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Mental Health

Through collaboration with mental health professionals, the charity developed trauma-informed information that enhance awareness, early intervention, and access to support. These activities are aimed to improve our programmes and offer benefits to young people's mental wellbeing, equipping them with tools and resources to manage challenges effectively.

Work Experience

By building partnerships with businesses and organisations, the charity has expanded opportunities for young people to gain practical skills, confidence, and exposure to real-world workplaces.

Partnership

We have identified a small number of Charities which align with our work which we can start to network on projects going forward.

Section E

Financial review

Brief statement of the charity's policy on reserves

Any surplus funds will be used to design, develop and deliver programmes of youth orientated events and activities or to provide more outreach work for harder to reach young persons. All unused funds in relation to grant funding will be returned to the relevant funders.

Details of any funds materially in deficit**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information**

The trustees have continued to play a pivotal role in the charity's progress, contributing their time, skills, and experience to drive the organisation's mission forward. Throughout the year, they have been actively involved in shaping, planning, and reviewing programmes, ensuring that initiatives are relevant, impactful, and responsive to the needs of the young people and communities we serve.

Beyond their professional expertise, trustees have shown exceptional personal commitment by covering their own expenses, including travel, meals, and other resources, allowing the charity to focus its funds directly on programme delivery. Their dedication and hands-on engagement remain central to the charity's ongoing growth and success.

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Dean Gray

Position (eg Secretary, Chair, etc)	Chairperson	
Date	25/07/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
Peer Support and Training	

Receipts and payments accounts

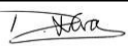
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For the period from	Period start date	To	Period end date
	4/1/2024		3/31/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
	-		-		-
	-	-	-		-
	-	-	-		-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
Donations					
	-	-	-		-
	-	-	-	-	-
Sub total	-	-	-	300	-
Total receipts	-	-	-		-
A3 Payments					
Mobile phone	-	-	-	236	-
Travel (petrol)	-	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	536	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-		-
Total payments	-	-	-		-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	504	-	-
		-	-	-
		-	-	-
	Total cash funds	504	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Dean Gray	3/31/2025