

**JACOB ABRAHAM FOUNDATION
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Jacob Abraham Foundation Contents

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Jacob Abraham Foundation

Trustees' Report For The Year Ended 31 March 2025

The trustees present their report and the financial statements for the year ended 31 March 2025.

Objectives and Activities

Aims and Objectives

The objects are suicide intervention (1:1 counselling for vulnerable adults and school children), suicide prevention (training and education) and postvention (bereavement support). This reporting year, the Jacob Abraham Foundation continued delivering on all three objects.

JAF is fully aware of the Charity Commission's guidelines on public benefit when we planned our activities every year. JAF took the summary of the object and produced these objectives to drive us:

- Suicide Brief Intervention Training (prevention).
- Support families and friends bereaved through suicide (postvention).
- 1:1 counselling for suiciding people (intervention).

During this reporting year, the JAF's contribution to the reduction of suicides and general mental health education, was recognised through partnerships and collaborations with over 40 other organisations and government agencies. Suicide bereavement services continued to grow in Gwent. Founder Nicola Abraham was recognised for her activities in the public benefit with the award of an MBE.

The JAF has contributed towards the Co-Alc Alliance that is a collaboration between charities and academics at The University of South Wales, to better understand the relationship with cocaine, alcohol and suicide, to make more people aware of the risk of sudden death and suicide when cocaine and alcohol are metabolised in the liver.

JAF was still heavily involved with Play Therapy for children bereaved through suicide, recognising the pressures on children and providing them with coping strategies to last a life-time.

All trustees are aware of the declaration and all meetings have the items above on the standing agenda as the main order of business.

All trustees are aware of the guidance issued by the commission on public benefit.

Public Benefit

The Jacob Abraham Foundation aims to help prevent suicide through direct interventions with vulnerable people, raise awareness on mental health / suicide issues, promote positive mental health and support people bereaved through suicide in Wales.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Objectives, strategies and activities

The charity's main achievements this year was to continue to build on the success of previous years to fulfil the charity objectives and help vulnerable people.

Members of the Jacob Abraham Foundation advise the Welsh Government on suicide strategy and are involved in numerous local and national charities and bodies to advise on the provision of suicide services. The JAF's reputation continues to grow, especially with services to local health trusts and the Gwent Police.

The recruitment of professional and dedicated staff has enabled the JAF to make a measurable and lasting impact. During the reporting period, the charity has saved dozens of lives, supported hundreds of individuals who are bereaved or vulnerable due to suicide, and educated thousands of people to better understand suicide prevention and effective intervention.

The JAF has also invested in targeted educational initiatives addressing the heightened suicide risk associated with cocaine and alcohol use, helping to raise awareness among those most affected. In addition, the charity has broadened its preventative work by organising community events focused on key contributing factors such as gambling, menopause, and relationship breakdowns. The introduction of Play Therapy to JAF's range of services has provided children bereaved by suicide with valuable coping mechanisms and emotional support.

The charity actively seeks feedback across all its services to ensure quality and continual improvement. Feedback received during the reporting period has been overwhelmingly positive, reaffirming that JAF's approach meets the needs of those it supports. Ongoing feedback also highlights that JAF continues to lead the way in suicide prevention training, intervention, and bereavement support. The charity's bespoke Suicide Brief Intervention Training, developed from the lived experiences and professional expertise of its staff, has successfully equipped many individuals within the local community with the knowledge and confidence to respond effectively.

By reducing the suicide rate the JAF are saving the economy millions of pounds and preventing the needless suffering of 100s of people.

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Jacob Abraham Foundation Trustees' Report (continued) For The Year Ended 31 March 2025

Objectives, strategies and activities - continued

Hannah Lawton, Chief Inspector of Gwent Police has been assisting the charity and is in the process of becoming a trustee. This reflects our growing partnership with Police Forces, specifically Gwent, and the role that both organisations can play in reducing the suicide rate and raising awareness.

The Gwent Project provides suicide bereavement support with 84 vulnerable people being helped through 43 Police referrals. Furthermore, JAF were allocated £25k by the Aneurin Bevan Health Trust for the service and £20k from the National Lottery for bereavement services.

The JAF were also involved with the Blackwood mural project at the Chartist Bridge to help reduce suicide rates locally. A poem was written to commemorate the mural project and the JAF were instrumental in planning and local education workshops.

Bryn Morgan also met Julie Morgan AM at the Senedd to discuss the national bereavement services and how the smaller local charities were having to pick up much of the tasking despite the national service being in place.

Furthermore, the JAF is now accredited as an ASSIST training provider, which is a global leading standard in suicide prevention training. This provides us with an industry recognised training course and the ability to generate income.

Nicola Abraham, the JAF founder, was awarded an MBE, by Princess Ann at Windsor Palace, for her work in suicide prevention and education. The bittersweet moment was recognition of Nicola's drive and commitment to reducing suicide nationally and it shows that the work of the JAF employees has been recognised at the highest level

Grant making policies

No grantmaking or investing was made by the charity. Volunteer contributions were growing again post-pandemic. In this period our main goals were: the recruitment of experienced counsellors, development of a safe working environment and establishing all services to fulfil the objectives in our bid to the National Lottery.

Financial Review

Financial Position

The National Lottery, People and Places funding, has provided the much-needed funding and stability for the charity to provide all three services until the end of 2026. Securing the funding was critical for the charity and will provide the funding to provide services and look for more sustainable funding going forward.

The Jacob Abraham Foundation's ongoing award of the Gwent Project has provided further dedicated funding to allow the charity to deliver valuable services in Gwent and demonstrate the ability to be a partner to local government services.

The JAF's expenditure is overwhelmingly on staff salaries and office rental costs. The office provides a place of work, an area for training and a safe place for 1:1 services. The salary expenditure is crucial for the staff to provide the key objectives and will always be the main source of expenditure.

The funds are held in the charity bank account and a high interest savings account. Trustees have no plans to invest the funds but regularly monitor the savings rates to get the best return on investment without risking the capital.

JAF organised and ad hoc fundraising has once again played a heart-warming part in funding the JAF. The public support and constant stream of activities shows how much support the local community has for the JAF.

Funding from the National Lottery has been vital to the continued success of the charity and the grants will enable it to look for means to be long term self-sufficient. Local fund-raising efforts are always welcome and comforting that the local community recognise our place in their lives. However, we need sustainable funding and contracts with Public Health Wales and partnerships with Gwent Police are encouraging going forward. Life in the charity sector is tough for a small organisation but the feedback from our users keeps us motivated and encouraged for the future.

Reserves Policy

The charity aimed to hold at least £100,000 in reserves to cover salary commitments.

Plans for future periods

Aims and key objectives for future periods

The Jacob Abraham Foundation is always at capacity. This once again demonstrates that the demand for suicide prevention services are huge. Small charities face constant struggles to maintain funding to provide life-saving services. The JAF is proud of its services in the reporting period, despite the toll it can take on employees. The daily work, the product of lived experiences, and ground breaking new training and research into the cocaine/alcohol/suicide relationship, shows what inspirational service the employees provide.

Jacob Abraham Foundation Trustees' Report (continued) For The Year Ended 31 March 2025

Structure, Governance and Management

Nature of governing document

Jacob Abraham Foundation is an Charitable Incorporated Organisation (CIO) governed by its' constitution adopted on the 7th November 2016.

Recruitment and appointment of trustees

Trustees' are identified and elected by the existing Board in accordance with the charity's constitution.

Induction and training of trustees

All major risks are discussed and addressed in regular trustee meetings. Risks to employees and vulnerable persons are dealt with through monthly clinical supervision and safeguarding policies. The induction and training of new trustees will be dealt with in accordance with the Charity Commission, 'Get to know your charity' pack.

The JAF has recruited another trustee in Aran Cook, who brings a lot of passion, encouragement and energy to the team.

Organisational structure

The Jacob Abraham Foundation (JAF) is a member of the National Suicide Prevention Alliance, UK. JAF has become members of Suicide, Self-Harm Steering Group (Public Health Wales) and the Welsh Government Cross Party Group and Welsh National Advisory Group.

JAF is organised through a management group of senior employees who meet monthly. Trustees are invited to attend the regular management meetings. Trustees meet at least 5 times per annum and will meet on an ad hoc basis to discuss strategic, financial or employee issues.

Major risks and management of those risks

Safeguarding

JAF has numerous safeguarding policies which include a child safeguarding statement, a charity safeguarding policy, health and safety, data protection, equal opportunities, lone working, volunteers' policy, complaints procedure and confirmation of liability insurance.

Risks to employees and vulnerable persons

All major risks are discussed and addressed in regular trustee meetings. Risks to employees and vulnerable persons are dealt with through monthly clinical supervision and safeguarding policies. The induction and training of new trustees will be dealt with in accordance with the Charity Commission, 'Get to know your charity' pack.

The JAF are looking to recruit new trustees to assist with future aspirations.

Reference and Administrative Details

Trustees

Ms O Gaskell
Ms R Smart
Mr M C Hole
Mr D Abraham
Mr I Gardiner
Mr A Cook

Other Personnel

Mrs Nicola Abraham - Senior Management / Leadership Team

Charity Number

1170063

Principal Address

Unit 1, Block A, Regents Court
Nettlefold Road
Ocean Park
Cardiff
CF24 5JQ

**Jacob Abraham Foundation
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Independent Examiner

Mr Andrew Hill FCCA ACA DChA BFP ACCA
HSJ Accountants Ltd
Severn House
Hazell Drive
Newport
NP10 8FY

**Jacob Abraham Foundation
Trustees' Report (continued)
For The Year Ended 31 March 2025**

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charity and to enable them to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Mr M C Hole

Trustee
29 January 2026

Jacob Abraham Foundation
Independent Examiner's Report to the Trustees of Jacob Abraham Foundation
For The Year Ended 31 March 2025

I report to the trustees on my examination of the accounts of Jacob Abraham Foundation (the Trust) for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

Since the Trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and contents of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Andrew Hill FCCA ACA DChA BFP ACCA

29 January 2026
Severn House
Hazell Drive
Newport
NP10 8FY

**Jacob Abraham Foundation
Statement of Financial Activities
For The Year Ended 31 March 2025**

				2025	2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	36,101	-	36,101	52,053
Charitable activities:	4				
Suicide prevention and intervention		-	264,867	264,867	178,975
		<u>36,101</u>	<u>264,868</u>	<u>300,969</u>	<u>231,028</u>
EXPENDITURE ON:					
Charitable activities:	7				
Suicide prevention and intervention		(4,523)	(236,413)	(240,936)	(202,517)
		<u>31,578</u>	<u>28,455</u>	<u>60,033</u>	<u>28,511</u>
NET INCOME					
		<u>31,578</u>	<u>28,455</u>	<u>60,033</u>	<u>28,511</u>
NET MOVEMENT IN FUNDS					
RECONCILIATION OF FUNDS:					
Total funds brought forward		<u>187,379</u>	<u>-</u>	<u>187,379</u>	<u>158,868</u>
TOTAL FUNDS CARRIED FORWARD	16	<u><u>218,957</u></u>	<u><u>28,455</u></u>	<u><u>247,412</u></u>	<u><u>187,379</u></u>

The notes on pages 10 to 15 form part of these financial statements.

Jacob Abraham Foundation
Comparative Statement of Financial Activities
For The Year Ended 31 March 2025

				2024
		Unrestricted	Restricted	Total
	Notes	funds	funds	funds
		£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	52,053	-	52,053
Charitable activities:	4			
Suicide prevention and intervention		-	178,975	178,975
		<u>52,053</u>	<u>178,975</u>	<u>231,028</u>
EXPENDITURE ON:				
Charitable activities:	7			
Suicide prevention and intervention		(732)	(201,785)	(202,517)
NET INCOME		<u>51,322</u>	<u>(22,811)</u>	<u>28,511</u>
Transfers between funds	16	5,159	(5,159)	-
NET MOVEMENT IN FUNDS		<u>56,481</u>	<u>(27,970)</u>	<u>28,511</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		130,898	27,970	158,868
TOTAL FUNDS CARRIED FORWARD	16	<u><u>187,379</u></u>	<u><u>-</u></u>	<u><u>187,379</u></u>

The notes on pages 10 to 15 form part of these financial statements.

**Jacob Abraham Foundation
Statement of Financial Position
As At 31 March 2025**

				2025	2024
		Unrestricted	Restricted	Total	Total
	Notes	funds	funds	funds	funds
		£	£	£	£
FIXED ASSETS					
Tangible Assets	12	641	-	641	606
		641	-	641	606
CURRENT ASSETS					
Debtors	13	2,209	-	2,209	1,876
Cash at bank and in hand		220,499	28,455	248,954	187,650
		222,708	28,455	251,163	189,526
Creditors: Amounts Falling Due Within One Year	14	(4,392)	-	(4,392)	(2,753)
NET CURRENT ASSETS (LIABILITIES)		218,316	28,455	246,771	186,773
TOTAL ASSETS LESS CURRENT LIABILITIES		218,957	28,455	247,412	187,379
NET ASSETS		218,957	28,455	247,412	187,379
FUNDS OF THE CHARITY					
Restricted Funds				28,455	-
Unrestricted Funds				218,957	187,379
TOTAL FUNDS	16			247,412	187,379

On behalf of the board



Mr M C Hole

Trustee

29 January 2026

The notes on pages 10 to 15 form part of these financial statements.

Jacob Abraham Foundation

Notes to the Financial Statements

For The Year Ended 31 March 2025

1. General Information

Jacob Abraham Foundation is an unincorporated charity registered with the Charity Commission, registered charity number 1170063. The principal address is Unit 1, Block A, Regents Court, Nettlefold Road, Ocean Park, Cardiff, CF24 5JQ.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities Act 2011.

Jacob Abraham Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

2.2. Exemption From Preparing Consolidated Financial Statements

The charity has taken advantage of the exemption under section 139 of the Charities Act 2011 not to prepare consolidated accounts. The financial statements present information about the charity as an individual entity and not about its group.

2.3. Going Concern Disclosure

The trustees have not identified any material uncertainties related to events or conditions that may cast significant doubt about the charity's ability to continue as a going concern.

2.4. Significant judgements and estimations

In the application of the company's accounting policies, the director is required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period the revision and future periods where the revisions affects both current and future periods

2.5. Incoming Resources

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

2.6. Donated Goods and Services

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

2.7. Resources Expended

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

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Jacob Abraham Foundation
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

2.7. Resources Expended - continued

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

2.8. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	33% straight line
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2.9. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

2.10. Taxation

The charity is exempt from tax as all its income is charitable and applied for charitable purposes.

2.11. Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2.12. Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3. Income from Donations and Legacies

2025	2024
Unrestricted funds	Unrestricted funds
£	£
36,101	52,053

Donations and gifts

4. Income from Charitable Activities

2025	2024
Restricted funds	Restricted funds
£	£
264,867	178,975

Suicide prevention and intervention

Grants, included above, are as follows:

Jacob Abraham Foundation
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

5. Government Grants

Government grants recognised in the accounts were as follows:

	2025	2024
	£	£
Independent examiner fees Examination of the financial statements	1,284	1,056
Other governance costs	462	390
	<u>1,746</u>	<u>1,446</u>

6. Net Income/(Expenditure)

The net income is stated after charging/(crediting):

	2025	2024
	£	£
Reorganisation expenditure	1,365	-
Depreciation of tangible fixed assets - owned	523	732
	<u>1,888</u>	<u>732</u>

7. Analysis of Expenditure

		2025
	Activities undertaken directly	Support costs (see note 8)
	£	£
Suicide prevention and intervention	201,939	38,997
	<u>201,939</u>	<u>38,997</u>

		2024
	Activities undertaken directly	Support costs (see note 8)
	£	£
Suicide prevention and intervention	175,670	26,847
	<u>175,670</u>	<u>26,847</u>

8. Support Costs

	2025
	Suicide prevention and intervention
	£
Premises expenses	26,175
General administration	10,553
Depreciation	523
Governance costs	1,746
	<u>38,997</u>

Jacob Abraham Foundation
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

	2024
	Suicide prevention and intervention
	£
Premises expenses	15,021
General administration	9,648
Depreciation	732
Governance costs	1,446
	<u>26,847</u>

9. Independent Examiner's Remuneration

	2025	2024
	£	£
Independent examination of the financial statements	<u>1,284</u>	<u>1,056</u>

10. Staff Costs

Staff costs were as follows:

	2025	2024
	£	£
Wages and salaries	143,843	129,295
Social security costs	11,915	11,486
Other pension costs	4,309	3,872
	<u>160,067</u>	<u>144,653</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025	2024
	No	No
Suicide Prevention & Intervention	<u>7</u>	<u>5</u>

11. Average Number of Employees

Average number of employees during the year was: 7 (2024: 5)

Jacob Abraham Foundation
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

12. Tangible Assets

	Computer Equipment £
Cost	
As at 1 April 2024	2,438
Additions	558
As at 31 March 2025	<u>2,996</u>
Depreciation	
As at 1 April 2024	1,832
Provided during the period	523
As at 31 March 2025	<u>2,355</u>
Net Book Value	
As at 31 March 2025	<u>641</u>
As at 1 April 2024	<u>606</u>

13. Debtors

	2025 £	2024 £
Due within one year		
Prepayments and accrued income	2,209	1,876

14. Creditors: Amounts Falling Due Within One Year

	2025 £	2024 £
Pension control	3,192	1,697
Accruals	1,200	1,056
	<u>4,392</u>	<u>2,753</u>

15. Pension Commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £4,309 (2024: £3,872).

At the statement of financial position date contributions of £NIL were due to the fund and are included in creditors.

Jacob Abraham Foundation
Notes to the Financial Statements (continued)
For The Year Ended 31 March 2025

16. Movement in Funds

	As at 1 April 2024	Income	Expenditure	As at 31 March 2025
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	187,379	36,101	(4,523)	218,957
Restricted funds				
Restricted funds	-	264,868	(236,413)	28,455
Total funds	<u>187,379</u>	<u>300,969</u>	<u>(240,936)</u>	<u>247,412</u>

	As at 1 April 2023	Income	Expenditure	Transfers	As at 31 March 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	130,898	52,053	(731)	5,159	187,379
Restricted funds					
Restricted funds	27,970	178,975	(201,786)	(5,159)	-
Total funds	<u>158,868</u>	<u>231,028</u>	<u>(202,517)</u>	<u>-</u>	<u>187,379</u>

The specific purposes for which the funds are to be applied are as follows:

The National Lottery and Zurich gives grants to organisations in the UK to help improve their communities, with money going to community groups, health, education and environment projects.

17. Transactions with Trustees

During the year the charity made the following transactions with trustees:

Mr David Abraham

During the year the charity made salary payments totalling £25,025 to Mrs N Abraham, the wife of Mr David Abraham.

This remuneration was paid to Mrs N Abraham having sought authority to do so from the Charity Commission. No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

No trustee expenses have been incurred.

18. Related Party Disclosures

There have been no related party transactions during the year.

Jacob Abraham Foundation
Detailed Statement of Financial Activities
For The Year Ended 31 March 2025

	2025	2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	36,101	52,053
	<u>36,101</u>	<u>52,053</u>
Charitable Activities:		
Suicide prevention and intervention		
Grants	264,867	178,975
	<u>264,867</u>	<u>178,975</u>
	300,969	231,028
EXPENDITURE ON:		
Charitable Activities:		
Suicide prevention and intervention		
Direct costs	(27,451)	(19,248)
Wages and salaries	(143,843)	(129,295)
Employers NI	(11,915)	(11,486)
Employers pensions - defined contribution schemes	(4,309)	(3,872)
Temporary staff	(5,112)	(5,079)
Staff entertaining expenses	(1,365)	-
Staff training costs	(7,944)	(6,690)
Rent	(18,577)	(14,428)
Light and heat	(7,598)	(593)
Travel and subsistence costs	(1,497)	(1,028)
Computer software, consumables and maintenance	(2,680)	(2,283)
Repairs, renewals and maintenance	(995)	(1,205)
Insurance	(717)	(132)
Printing, postage and stationery	(225)	(1,220)
Telecommunications and data costs	(3,068)	(1,973)
Subscriptions	(642)	(746)
Charitable donations	(518)	(350)
Sundry expenses	(211)	(711)
Depreciation of computer equipment	(523)	(732)
Independent examiner's fees	(1,284)	(1,056)
Bank fees	(462)	(390)
	<u>(240,936)</u>	<u>(202,517)</u>
	(240,936)	(202,517)
NET INCOME	<u>60,033</u>	<u>28,511</u>