

# WEST NORFOLK WALKING FOR HEALTH

England & Wales · Charity number 1170052

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-11-07

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 3 Heather Close  
North Wootton  
King's Lynn  
Norfolk  
PE30 3RH

**Phone** 01553 631394

**Email** [margaretd@btinternet.com](mailto:margaretd@btinternet.com)

**Website** [westnorfolkwalkingforhealth.org.uk](http://westnorfolkwalkingforhealth.org.uk)

## Activities

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**Objects:** THE OBJECT OF THE CIO IS TO PROMOTE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING AND PROMOTING A PROGRAMME OF HEALTH WALKS ACROSS WEST NORFOLK THAT ENCOURAGES PEOPLE TO TAKE UP AND MAINTAIN THIS EXERCISE.

**Activities:** Provide structured, supervised walks for those who wish to improve and then maintain their health in a social setting.

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

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- Norfolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,095	£2,414	-	-
2024-03-31	£1,095	£2,414	-	-
2023-03-31	£709	£1,550	-	-
2022-03-31	£1,291	£1,907	-	-
2021-03-31	£987	£511	-	-

## Trustees

Name	Role	Appointed
Andrew Stephen Turner		2025-07-14
Beverley Ann Mussett		2024-10-07
John Miller Priddle		2019-01-28
Josephine Allan		2024-03-11
Julie Turner		2024-10-07
Linda Christine Steed		2024-10-07
Margaret Hawley Doubleday		2026-03-22
Susan Marion Garrod		2024-12-09

**WEST NORFOLK WALKING FOR HEALTH**

England & Wales - Charity number 1170052

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# Accounts

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**WEST NORFOLK WALKING FOR HEALTH**  
Registered Charity 1170052

**TRUSTEES' REPORT**  
1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025

TRUSTEES

Mr D Mace	chair and secretary
Mrs B Mussett	treasurer
Mr J Priddle	
Mrs L Barker	

PERFORMANCE

The charity carried on providing free supervised walks. Overall the number of walkers is increasing, particularly in the less able group, whereas some walks have fewer numbers.

FINANCIAL REVIEW

Funds have decreased this year, although more so than expected. The trustees are confident that the financial situation is sufficient to enable the charity to continue in the near to mid term without needing to raise income.

RESERVES

The trustees see no need to to establish reserves as the charity has no employees premises.

FUTURE PLANS

There are no future plans as the charity is dependent on the numbers of walkers, and the ability to provide leaders, neither of which can be foreseen.

Signed.....  
David Mace

date.....

# WEST NORFOLK WALKING FOR HEALTH

## ANNUAL ACCOUNT

1st April, 2024 to 31st March, 2025

Expenditure	2414	Income	1095
(excess of expenditure over income)	(1319)		
	.....		.....
	£1095		£1095

## BALANCE SHEET

1st April, 2024 to 31st March, 2025

Balance brought forward	12077		
Income for year	1095		
Expenditure for year		2414	
Balance carried forward		10758	
	.....	.....	
	£13173	£13172	

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# Accounts

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# WEST NORFOLK WALKING FOR HEALTH

Registered Charity 1170052

## TRUSTEES' REPORT 1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024

Trustees

Mr D Mace chair and secretary

Mr D Hume treasurer

Mrs L Barker

Mr J Priddle

Mr C Brock

Mrs J Allan

### **PERFORMANCE**

Walk attendances have plateaued although new people are coming forward. Despite attempts with health professionals to encourage participation, we have had very little response.

### **FINANCIAL REVIEW**

Another year of expenditure in excess of income. The trustees see no need at present to not continue with the current arrangements, but are monitoring the situation.

### **RESERVES**

The trustees are not in a position to establish reserves, however as there are neither employees nor property they are not deemed necessary.

### **FUTURE PLANS**

It is not possible plan anything specific as the charity is meeting the needs of the current numbers, and the future is dependent on the attendances and the ability to recruit volunteer leaders.

Signed on behalf of the trustees

David Mace

**WEST NORFOLK WALKING  
FOR HEALTH**

**Registered Charity 1170052**

**Annual Account  
1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024**

Expenditure	2414	Income	1095
Excess of (expenditure) over income	(1319)		
	-----		-----
	£1095		£1095

**Balance Sheet  
1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024**

Balance brought forward	12,077	Expenditure for year	2,414
Income for year	1,095	Balance carried forward	10,758
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	£13,172		£13,172

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**WEST NORFOLK WALKING FOR HEALTH**  
Registered Charity 1170052

**TRUSTEES' REPORT**  
1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023

TRUSTEES

Mr D Mace	chair and secretary
Mr D Hume	treasurer
Mr J Priddle	
Mrs L Barker	
Mrs A Roffe	

PERFORMANCE

The charity carried on providing free supervised walks. Overall the number of walkers is increasing, particularly in the less able group, whereas some walks have fewer numbers.

FINANCIAL REVIEW

Funds have decreased this year, although more so than expected. The trustees are confident that the financial situation is sufficient to enable the charity to continue in the near to mid term without needing to raise income.

RESERVES

The trustees see no need to to establish reserves as the charity has no employees premises.

FUTURE PLANS

There are no future plans as the charity is dependent on the numbers of walkers, and the ability to provide leaders, neither of which can be foreseen.

Signed.....  
David Mace

date.....

**End of year Balance sheet (Draft)**

	Expenditure						
	Leader Mileage	Leader Non mileage	Website	Insurance	Other	Printing	Total
<b>April 2021 - March 2022</b>	£687.25	£244.47	£726	£124.87	£23.99	£100.16	<b>£1906.74</b>
<b>Comments</b>		Batteries - £8.49 High Viz - £164.58 Refresh - £71.40			OS Maps - £23.99		
<b>April 2022 - March 2023</b>	£1417.65	£52.82	£216	£193.36	£105.99	£21.30	<b>£2007.12</b>
<b>Comments</b>		Batteries - £26.85 High Viz - £4.99 Boots - £20.98			Flowers - £82 OS Maps - £23.99		

	Income			
	West Norfolk Wins	Pop Up Contribution	Miscellaneous	Total
<b>April 2021 -March 2022</b>	£791	£500		<b>£1291</b>
<b>Comments</b>				
<b>April 2022 -March 2023</b>	£553.50		£155	<b>£708.50</b>
<b>Comments</b>			Barclays payment - £150 Donation - £5	

	Bank Balance			
	Starting Balance	Expenditure	Income	Ending Balance
<b>April 2021 -March 2022</b>	£13990.83	£1906.74	£1291	£13375.09
<b>April 2022 -March 2023</b>	£13375.09	£2007.12	£708.50	£12076.47

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# WEST NORFOLK WALKING FOR HEALTH

Registered Charity

1170052

## TRUSTEES' REPORT

1<sup>ST</sup> April 2020 to 31<sup>st</sup> March 2021

### TRUSTEES

Mr D Mace chair and secretary

Mrs S Collier treasurer

Mrs L Barker

Mr J Priddle

### PERFORMANCE

The walks schedule was affected badly by the pandemic but many walkers organised very small unofficial groups as allowed, so continuing the spirit of the organisation. When possible official walks have taken place.

### FINANCIAL REVUE

Once again funds have increased thanks to a local lottery, and the trustees will reduce the funds if a benefit to the scheme is shown.

### RESERVES

The trustees do not see the need to establish reserves as income is greater than expenditure, there are no paid personnel and there is no property.

### FUTURE PLANS

The trustees cannot plan anything specific as the current situation is meeting the needs of the walkers. New routes will be sought when possible.

Signed on behalf of the trustees

David Mace



