SOULSCAPE

England & Wales · Charity number 1169989

Details

Other names	WORKINGHAM AREA SCHOOL'S CHRISTIAN WORKERS TRUST
Status	Registered
Legal form	CIO
Registered	2016-11-02
Register	View on the Charity Commission register

Contact

Address	Soulscape The Emmbrook School Emmbrook Road Wokingham Berkshire
Phone	07909082062
Email	contact@soulscape.org.uk
Website	www.soulscape.org.uk

Activities

Objects: 4.1.TO ADVANCE THE CHRISTIAN FAITH IN ACCORDANCE WITH THE STATEMENT OF FAITH, PARTICULARLY AMONGST CHILDREN AND YOUNG PEOPLE IN SCHOOLS AND OTHER EDUCATIONAL ESTABLISHMENTS; AND4.2.TO ADVANCE EDUCATION IN ACCORDANCE WITH CHRISTIAN PRINCIPLES IN SUCH WAYS AS THE CHARITY TRUSTEES MAY FROM TIME TO TIME DECIDE.

Activities: Around 100 Trust volunteers drawn from the churches across Wokingham are involved in activities to support the local schools in helping their students deal with the pressures they face from stress at school, bullying, sexual pressures and bleak employment prospects. These services are given from a Christian moral and spiritual perspective where appropriate.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training, Religious Activities
- **Who:** Children/young People, The General Public/mankind

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Geography

- Wokingham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£85,669	£75,241	-	-
2024-08-31	£88,725	£88,472	-	-
2023-08-31	£74,990	£83,928	-	-
2022-08-31	£94,694	£80,879	-	-
2021-08-31	£67,091	£57,805	-	-
2020-08-31	£49,818	£73,115	-	-

Trustees

Name	Role	Appointed
Clare Kathleen Hooper		2024-12-12
David Graham Clarke		2023-02-08
Rev Sam Christopher Tanna-Korn		2025-10-09

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SOULSCAPE

England & Wales - Charity number 1169989

Accounts

Registered Charity Number 1169989

The King's Award for Voluntary Service
The MBE for volunteer groups

soulscape

CREATING SPACE TO EXPLORE LIFE







ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2025

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CREATING SPACE TO EXPLORE LIFE

REFERENCE AND ADMINISTRATIVE DETAILS FOR SOULSCAPE

Soulscape is a Charity registered in England and under number 1169989.

Soulscape began on 10 January 1996 as the Wokingham Area Schools' Christian Workers Trust, established to support young people in schools and the wider community. Over time, our work grew and evolved, leading to the creation of Soulscape as a Charitable Incorporated Organisation on 2 November 2016.

With the approval of the Charity Commission, all assets and responsibilities were transferred to Soulscape, and the original Trust has now been formally closed and removed from the register.

Today, Soulscape continues this legacy, guided by our Constitution dated 24 October 2016, as we support and journey with children and young people creating space for them to explore life.

Board of Trustees
Sarah Burbedge (resigned August 2025)
Geoffrey Hulme (Treasurer)
Jonathan Newport (resigned June 2025)
Nick Hudson (resigned June 2025)
Railton Blyth (resigned September 2024)
Dave Clarke
Clare Hooper (appointed December 2024)

Executive team
Nick Barnett (CEO)
Michelle McLeish (Relationships and Operations Manager)
Graham Preston (Finance & Resources Manager)

Charity address
The Emmbrook School, Emmbrook Road, Wokingham RG41 1JP
Bankers
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ
Solicitors
Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA
Examiner
Geoffrey Hulme, 25 Wiltshire Road, Wokingham, Berkshire, RG40 1TS



TRUSTEES REPORT

The trustees submit the annual report and the audited financial statements of Soulscape for the year ended 31 August 2025.

The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

The objectives of the Charity are to empower children and young people's to flourish and live full and positive lives, developing resilience towards the pressures that they face, discovering new ways to think and express themselves, so they are transformed and equipped to transform their world; and to encourage and support the teaching and learning of Christian faith, values and spirituality in schools.

Soulscape is a charity committed to supporting children and young people's physical, mental and spiritual wellbeing. We work with schools, children and young people themselves, and other stakeholders in a partnership of mutual respect, input and benefit. Rooted in and inspired by Christian values but serving those of all faiths and none, Soulscape's approach is rooted in a conviction about the dignity and value of every child and young person, and that each child and young person should be the object of unconditional love and acceptance.

At Soulscape, we create space for children and young people to explore real-life stories — and to share their own. We invite honest conversations, helping them hear different perspectives and reflect on what they believe and value.

Through creative media, we enable children and young people to express their thoughts and feelings on the issues that matter most to them. As they take part, we encourage active learning, confidence and a sense of ownership over their journey.

Our heart is to see children and young people grow into who they are made to be - resilient in the face of pressure, secure in their identity and empowered to live out their full potential.

PURPOSE AND AIMS

Soulscape works in partnership with schools to create space for children and young people to explore the issues that matter most to them. We listen carefully to what they are facing and walk alongside them, offering opportunities to reflect, express themselves and discover their own voice.

THE PRESSURE

Being a teenager has always had its challenges, but for children and young people today, the pressure can feel constant. Social expectations don't switch off, and online life can follow them everywhere. Bullying can reach into their homes, while academic demands continue to grow.

With pressure to keep up appearances, stay constantly connected, achieve, look a certain way, say the 'right' things, and support those around them, many children and young people are carrying more than ever before.

THE CONSEQUENCES

We are seeing the impact of this pressure in the lives of children and young people every day. Mental health challenges have risen significantly, and many children and young people are struggling to cope.

Even for those who may not reach a point of crisis, there is often very little space to pause, to breathe, reflect and make sense of who they are becoming. Yet this space is a vital part of growing up.

OUR AIM IS TO CREATE SPACE

Children and young people don't need another voice telling them what to think or how to fix themselves. Instead of adding to the noise, Soulscape creates space - space to slow down, to be heard, and to explore life's bigger questions.

We offer opportunities for children and young people to reflect on their experiences, connect with what's going on inside and use their voice. In that space, they can begin to make sense of their world and discover who they are.

THE CHARITY DOES THIS BY:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Berkshire to run an effective PSHE and RE curriculum.

Young people in 2024/25 encountered numerous mental health challenges influenced by social, economic, and technological factors.

These challenges include:

- Increased screen time and social media usage: This has led to comparison culture, cyberbullying, body image issues, fear of missing out, pressure to curate a 'perfect' online life, and exposure to distressing global news and misinformation.
- Academic and career pressures: Rising competition for jobs and university placements creates stress and anxiety. Economic uncertainty and the cost-of-living crisis make future planning overwhelming, while the pressure to excel in exams and extracurricular activities can contribute to burnout.
- Financial stress: Young people struggle with rising rent, student debt, and inflation, impacting their mental well-being and leading to feelings of being 'stuck.'
- Post-pandemic effects: Many young people find it difficult to rebuild in-person social skills. Remote learning and work have reduced face-to-face interactions, and the breakdown of traditional community support systems leaves young people feeling isolated.
- Lack of mental health services: Long waiting lists and a shortage of mental health services leave many without professional help, while stigma continues to hinder open conversations about struggles with anxiety, depression, and other conditions.
- Concerns about climate change and environmental issues: These contribute to stress, helplessness, and eco-anxiety. The feeling that governments and corporations are not doing enough can lead to frustration and existential distress.
- Pressures surrounding gender identity, sexual orientation, and cultural identity: These complicate self-expression, especially in an increasingly polarized social and political landscape.
- Wars, political instability, and global conflicts: These create a sense of insecurity and stress. Constant exposure to crisis news contributes to emotional fatigue and distress.

A survey conducted by NHS England, supported by data from the Office for National Statistics, shows that in 2023 around one in five children and young people aged 8 to 25 were likely to be experiencing a mental health condition.

This figure has been increasing since 2017, particularly among those aged 17 to 19.

- Recent NHS data indicates that the number of children and young people being referred to emergency and urgent mental health services continues to rise. Many of these young individuals face long waits for support, sometimes for months or even years.
- According to the Office for National Statistics, suicide remains one of the leading causes of death among young people, particularly among boys and young men.
- Research highlights that self-harm remains a significant concern among children and young people, especially those with probable mental health conditions, where rates are considerably higher.
- Research by YoungMinds shows that the rising cost of living in the UK is putting significant pressure on the mental health of children and young people, with a large majority expressing concern about their ability to earn enough to support themselves.
- We continue to see these challenges and their impact on children and young people's mental health through our work in Berkshire schools. With demand on local mental health services remaining extremely high, and long waiting times for support, it has never been more important for Soulscape to provide Tier 1 early intervention and prevention services and to promote wellbeing.





Early support can make a life-changing difference for young people. Yet many schools are facing increasing pressure, reduced budgets, fewer universal services, and the ongoing demand to evidence academic outcomes - all while responding to growing mental health needs. It's an overwhelming challenge, and one that continues to leave gaps in care.

This is where Soulscape steps in.

Our staff and volunteers are uniquely placed to notice when a young person is struggling and to respond with compassion, care and practical support. Whether walking alongside them directly or connecting them with the right support, we aim to ensure no young person feels alone or overlooked.

Over the past year, we've had the privilege of journeying with over 5,000 young people across more than 30 schools, delivering ten different projects: REAL, Revive, Object, Mind The Gap, More Inside Out, Fuse, Cake, Give & Take, Mentoring and The Lounge. In addition to this, we were supported many of the 105,000 young people at Reading Festival, contributing over 2,016 volunteer hours on site.

Each conversation, each safe space, each moment of connection matters and together, they are helping to shape a future where every young person can thrive.



OUR PROJECTS

REAL stands for **R**elationships, **E**steem, **A**spiration and **L**ifestyle. REAL lessons provide space for young people to explore real-life issues that concern them; for example, 'How to cultivate good relationships by the decisions they make', 'consent', 'sending or receiving nudes' and 'reflecting on their self-esteem'.

REvive helps schools bring the RE curriculum to life.

Our church walking tours support the year 7 curriculum and bring a real sense of community as school staff, students, Soulscape staff, Soulscape volunteers and local churches join to visit churches in Wokingham.

Mind The Gap is a Soulscape project designed to help young people make a happy and successful transition from primary to secondary school. For more than ten years, Mind The Gap has provided support for thousands of young people – through this project, we have now worked with almost all the current secondary school students in Wokingham Town and more in the wider area.

Fuse is all about being part of a community. It's an ideal project for Year 7 as young people start their journey in a new school community, giving space to think about what being part of a community looks like and what that means. A project about caring for ourselves and others! We explore what it means to be kind and to care of ourselves and others, as well as how the ways we communicate can impact all of us within a community.

Festival Republic have introduced AIR Hubs to Reading Festival which is mostly attended by 15 to 21 year olds. The purpose of the AIR Huns is to provide Assistance, Information and Response to those attending the festival, running 24 hours a day for 6 days. Soulscape has been running Air Hubs for the past 2 years at Reading Festival and in addition to assistance, information and response, provides wellbeing support to festival goers, many of whom can feel overwhelmed.

More Inside Out was created to support young people, focusing on their wellbeing and enabling them to express themselves through art without necessarily having to find the words. Art is widely recognised as a therapeutic process across a range of mental health needs as well as a means of building a sense of community. The aim is to work with Year 6 students who will be transitioning to Secondary School and need a boost of self-confidence, may struggle with anxieties, have a fear of failure and/or struggle to express themselves.

CAKE is Care And Kindness in Education. Teachers spend a lot of time with young people and are often under a lot of pressure in their role. Food is something that brings people together and on cake day in schools, staff enjoy gathering together in the staff room. Our teams of bakers produce wonderful homemade bakes to deliver to the schools. A practical way to show kindness, letting staff know they're appreciated.

The Lounge is a space within school to "come as you are" and step away from the pressure. The Lounge is run by our trained volunteers and Soulscape staff, who are on hand to chat with any student who wants to talk. It's a space to share what's on your mind, process what you're feeling, or just to take some time out from the pressure and relax. We believe that creating a space like this within school is the ideal scenario, as all the young people are already there and can easily access it. Our experience is that school can be a pressurised place and young people really value a place to rest and reflect during the day.

Give &Take engages students in creative, interactive discussions about what people might offer to give them – and what they might take in return; giving love and respect or taking advantage; how giving drugs to others can take away their freedom. Using video and conversation, we explore positive life narratives, decision-making, and resisting peer pressure. We don't lecture; instead, we encourage self-expression and critical thinking. The goal is to help students build aspirations and consider alternative lifestyles. By addressing risks early, we aim to prevent future vulnerability to exploitation and addiction, fostering resilience and awareness through collaboration, creativity and meaningful dialogue rather than authority-led instruction.

Soulscape's trained mentors work with students in primary and secondary schools. It's an opportunity for young people to be supported one-on-one, prioritise their mental wellbeing and personal development, and talk through whatever is on their mind before it becomes a bigger problem. Many studies have shown that a stable, trusting relationship with a significant adult is the biggest factor determining how well a young person navigates through life. Parents, carers and teachers are obvious potential role models and sources of support, but not every young person has these in place.

Object explores the issues around pornography through classroom discussion.The thought-provoking presentation examines the issues raised by the increasing and instant availability of pornographic images on the internet and the damaging effects this may have in young people's lives and relationships.

Our CEO and Operations Manager remain active in local advisory groups, Wokingham SACRE (the Standing Advisory Council on Religious Education); Community and Faith Sector Steering Group – Children, Young People and Families; and Chaplaincy And Schools Work Around Reading

We continue to outsource our communication to FreshOl Ltd, a digital agency, who meet all of the charities marketing, social media, website, publishing and other needs.

FEEDBACK FROM STAFF AND STUDENTS

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

'You know they will be kind to you'
year 8 pupil

'It was a place to think about what's in your heart. You don't usually do that at school'
yr 9 pupil

'Pornography is having an increasing impact on the lives of young people. Not just young men but women as well'
Headteacher, The Holt School

'I liked the fact that Mind The Gap was there just for the children'
Parent

'was a child again with no worries'
year 7 response to PAUSE

'What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom.'
Head of RE, St. Crispins.

'PAUSE came at just the right time after all the stress of exams'
year 9 teacher

'Being a Christian might make you think about decisions you make'
year 7 pupil

'Our students were fully absorbed and engage during the Object presentation.'
Head of RE, Forest School

PLANS FOR THE FUTURE

Our future focus is on reaching more young people earlier with the support they need to thrive. We know that early, relationship-based intervention makes a real difference, so we are committed to expanding access to this support while continuing to listen carefully to young people. Through regular forums and feedback opportunities, we will ensure that their voices shape our work, keeping our projects relevant, responsive, and effective in addressing the challenges they face.

A key part of this vision is the continued growth of The Lounge, building on its success by expanding its presence in schools and strengthening it as a core model of support. By creating more safe, welcoming spaces where young people feel known, understood, and connected, we aim to reduce isolation and improve emotional wellbeing. Alongside this, we will deepen our work in Reading and across Berkshire, developing stronger partnerships with schools and collaborating with other organisations to play a leading role in supporting young people's mental health across the region.

Strong partnerships and financial sustainability will be essential to achieving this growth. We will continue to work closely with churches to recruit volunteers, strengthen community support, and increase funding opportunities. At the same time, we will diversify our income through business partnerships, grant funding, and stronger relationships with local authorities. Together, these steps will help create a resilient foundation for the future, enabling us to reach more young people, build resilience, reduce loneliness, and offer hope for the years ahead.

PUBLIC BENEFIT

The Trustees have complied with the Charity Commission's guidance on public benefit and remain confident that the charity's work delivers a positive and meaningful impact for young people and the wider community. Through its activities, the charity seeks to improve wellbeing, build resilience, and support young people in navigating the challenges they face.

The charity achieves its objectives primarily through its work in schools across Berkshire, providing early, relationship-based support to young people dealing with issues such as stress, bullying, relationships, and other pressures. By creating safe and supportive environments, the charity helps students feel listened to, valued, and better equipped to make positive choices in their lives.

Alongside this, the charity supports the wider life of schools through Religious Education, offering opportunities for young people to explore questions of faith, values, and spirituality in an open and inclusive way. Regular feedback from students and school staff ensures that programmes remain relevant and effective, enabling the charity to adapt its work and respond to the changing needs of young people

FINANCIAL REVIEW

The Charity's bank balance closed at £30.7k, an increase of £10.4k from the opening balance of £20.3k, this represents 4.9 months of average costs and is above our target of holding at least two months of operating costs.

Adjusting the cashflow for accruals and receivables, the net income for the year was a surplus of £21.4k. Compared to the previous year surplus of £2.3k this was a increase of £19.1k, due to a reduction in operating costs of £13.9k and an increase in Income of £5.2k.

The £13.9k operating cost reduction was due mainly to a £12k reduction in personnel costs and direct wages, reflecting the decision made during the previous year to reduce permanent staff from 3 to 1 and to buy in skilled resources as required for delivery to schools. The £5.2k income increase was due increases of £6.5k from churches, £7k from schools, and £6k from chargeable events, offset by a £12k reduction in individual giving.

REMUNERATION POLICY FOR KEY MANAGEMENT PERSONNEL

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually..

INVESTMENT POLICY

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

FUNDRAISING POLICY

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

RESERVES POLICY AND GOING CONCERN

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving.

RISK

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITES

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

INDEPENDENT EXAMINER

Geoffrey Hulme was appointed as the charity's examiner during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 18 June 2026 and signed by:



Dave Clarke
Trustee

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SOULSCAPE

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The
charity's Trustees consider that: an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act); and an independent examination is needed.

INDEPENDENT EXAMINER'S RESPONSIBILITY

It is my responsibility to:

- Examine the accounts under section L44 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair' view and the report is limited to the matters set out in the statement below.

FINANCIAL STATEMENT

CHARITY COMMISSION FOR ENGLAND AND WALES

SOULSCAPE CIO	1169989	CC16a

Receipts and payments accounts

For the period from	01/09/2024	To	31/08/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Total Sponsoring Churches	27,514	-	-	27,514	21,042
Regular Giving	7,084	-	-	7,084	19,146
Regular Giving - Gift aided	12,576	-	-	12,576	11,818
Donations from Organisations	500	-	-	500	1,200
Other Fund Raising	1,901	-	-	1,901	3,437
Grants	7,065	-	-	7,065	8,000
Schools	23,024	-	-	23,024	18,623
Chargeable events/Items	5,006	-	-	5,006	5,100
Bank Interest	998	-	-	998	360
***Sub total** (Gross income for AR)*	85,669	-	-	85,669	88,725
Total receipts	85,669	-	-	85,669	88,725
A3 Payments					
Total Personnel Costs	60,433	-	-	60,433	74,103
Direct Wages	1,690	-	-	1,690	-
Training and Travel	85	-	-	85	4,962
Project Resources	1,814	-	-	1,814	1,521
Office and Telephones	162	-	-	162	698
Stationery and office supplies	124	-	-	124	305
Insurance	578	-	-	578	560
Computer Equipment & Software	809	-	-	809	916
D & B Checks	749	-	-	749	426
Volunteer Appreciation/Expenses	195	-	-	195	110
Payroll Agency Charges	415	-	-	415	331
Communication & Publicity	7,345	-	-	7,345	3,699
Miscellaneous	311	-	-	311	111
Fundraising Expenses	468	-	-	468	669
Bank Charges	63	-	-	63	60
Sub total	75,241	-	-	75,241	88,472
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	75,241	-	-	75,241	88,472
Net of receipts/(payments)	10,428	-	-	10,428	253
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	20,275	-	-	20,275	20,021
Cash funds this year end	30,703	-	-	30,703	20,275

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CAF Cash	1,536	-	-
	CAF Gold	29,017	-	-
	Petty Cash	150	-	-
	Total cash funds	30,703	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Accounts Receivable	13,525	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Sundry Accruals	Unrestricted	-	
	Deferred Income	Unrestricted	-	
	Pay as You Earn	Unrestricted	775	
	NEST Control	Unrestricted	438	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		J Caplin	1st June 2026

NOTES:

1. BASIS OF ACCOUNTS

These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES

The following church charities supported the Trust during the year

Parish of Finch and California
St Pauls Church
All Saints Church
Finchampstead Baptist Church
Kings Church
St Sebastians Church
Wokingham Baptist Church
Woosehill Community Church

3. PERSONNEL COSTS

Employee numbers of one.

4. OTHER ASSETS AND LIABILITIES

There are no other significant assets or liabilities

The accounts and statement of assets and liabilities relate to the year ended 31 August 2025 are as approved by the trustees.'

Signed .....(Trustee) Date 18 June 2026

Jeremy Caplin
Soulscape Treasurer

Use of our report

This report is made solely to the charity's trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

revive

cake

THE LOUNGE

MIND THE GAP



GIVE + TAKE

Mentoring

'OBJECT'
Truth. Life. Love. Losses.

PAUSE

More Inside Out

Fuse

Inside Out

REAL

Registered Charity Number 1169989

The King's Award for Voluntary Service

The MBE for volunteer groups

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soulscape
CREATING SPACE TO EXPLORE LIFE

REFERENCE AND ADMINISTRATIVE DETAILS FOR SOULSCAPE

Soulscape is a Charity registered in England and under number 1169989.

Soulscape is a Charity registered in England and under number 1169989. It was originally a Charitable Trust known as Wokingham Area School's Christian Workers Trust, which was registered on 10 January 1996; charity number 1051870.

On 2 November 2016, Soulscape was registered with the Charity Commission as a Charitable Incorporated Organisation and, following approval of the Charity Commission, the assets and liabilities of Wokingham Area School's Christian Workers Trust were transferred to Soulscape.

Wokingham Area School's Christian Workers Trust has now ceased and been removed from the Charity Commission register. Soulscape is governed by its Constitution dated 24 October 2016.

Board of Trustees
Sarah Burbedge (Chair of Trustees)
Geoffrey Hulme (Treasurer)
Jonathan Newport
Nick Hudson
Railton Blyth
Dave Clarke

Executive team
Nick Barnett (CEO)
Michelle McLeish (Operations Manager)
Graham Preston (Finance & Resources Manager)

Charity address
The Emmbrook School, Emmbrook Road, Wokingham RG41 1JP
Bankers
CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ
Solicitors
Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA
Independent Examiner
Phil Nixon, 28 Luckley Wood, Wokingham, Berkshire, RG41 2EW



TRUSTEES REPORT

The trustees submit the annual report and the independently examined financial statements of Soulscape for the year ended 31 August 2023.

The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

The objectives of the Charity are to empower young people to flourish and live full and positive lives, developing resilience towards the pressures that they face, discovering new ways to think and express themselves, so they are transformed and equipped to transform their world; and to encourage and support the teaching and learning of Christian faith, values and spirituality in schools.

Soulscape is a charity committed to supporting young people's physical, mental and spiritual wellbeing. We work with schools, the young people themselves, and other stakeholders in a partnership of mutual respect, input and benefit. Rooted in and inspired by Christian values but serving those of all faiths and none, Soulscape's approach is rooted in a conviction about the dignity and value of every young person, and that each young person should be the object of unconditional love and acceptance.

Soulscape brings real-life stories, and encourages young people to share their own, giving them space to hear and think about different opinions and perspectives. We use the creative arts to help young people express their true thoughts and feelings on the topics that most concern them. Through this active learning and empowerment, we aim to see young people transformed, resilient against the pressures around them, developing their own identities and living out their potential.

PURPOSE AND AIMS

The charity works in partnership with schools to give young people the space they need to explore the issues that they have identified as affecting them.

THE PRESSURE

Being a teenager has always been tough. But for today's young people, peer pressure happens around the clock, bullying invades their own homes, and exam pressures at school have ratcheted up. With pressure to keep up appearances online, be available 24/7, perfect (and share) their bodies, get the best grades, think and say the 'right' thing, and support their families too, teenagers live with a huge amount of stress.

THE CONSEQUENCES

The Charity is seeing a mental health epidemic in our young people. The number of teenagers with mental health problems has doubled in the last 20 years. In 2018, more than a fifth of 14-year-old girls said they had self-harmed. And for those who do not become ill, there is little time and space at school or home to switch off, breathe, reflect, and form their own opinions and ideas – something that is a crucial part of adolescence.

OUR AIM IS TO CREATE SPACE

Young people don't need yet another voice telling them what to think and do. Rather than pile more pressure onto them ("do these ten things to feel better"), the Charity believes in creating space away from it all. Space to reflect, to ask big questions, to explore what's going on inside, and to creatively express their own ideas.

THE CHARITY DOES THIS BY:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Berkshire to run an effective PSHE and RE curriculum.

Young people in 2024/25 encountered numerous mental health challenges influenced by social, economic, and technological factors.

These challenges include:

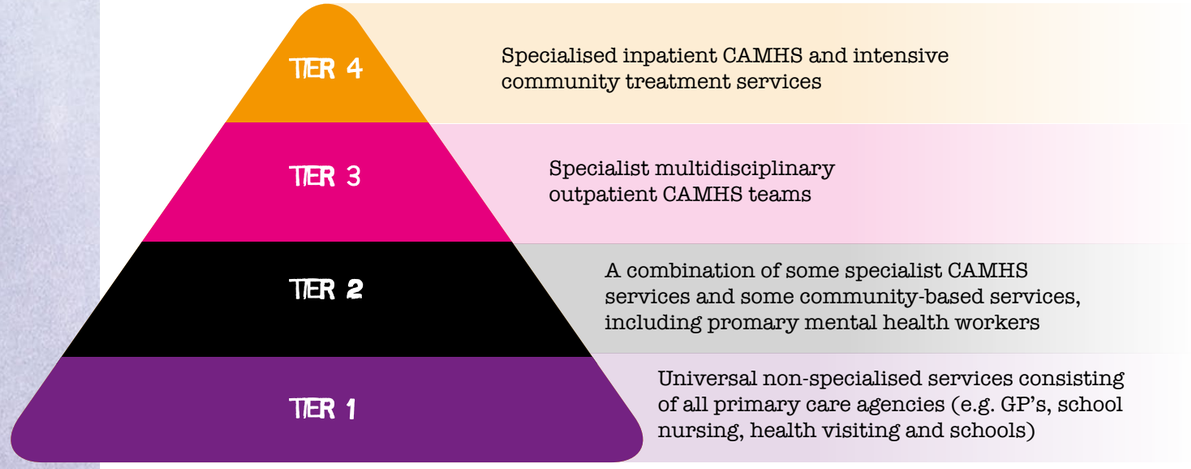
- Increased screen time and social media usage: This has led to comparison culture, cyberbullying, body image issues, fear of missing out, pressure to curate a 'perfect' online life, and exposure to distressing global news and misinformation.
- Academic and career pressures: Rising competition for jobs and university placements creates stress and anxiety. Economic uncertainty and the cost-of-living crisis make future planning overwhelming, while the pressure to excel in exams and extracurricular activities can contribute to burnout.
- Financial stress: Young people struggle with rising rent, student debt, and inflation, impacting their mental well-being and leading to feelings of being 'stuck.'
- Post-pandemic effects: Many young people find it difficult to rebuild in-person social skills. Remote learning and work have reduced face-to-face interactions, and the breakdown of traditional community support systems leaves young people feeling isolated.
- Lack of mental health services: Long waiting lists and a shortage of mental health services leave many without professional help, while stigma continues to hinder open conversations about struggles with anxiety, depression, and other conditions.
- Concerns about climate change and environmental issues: These contribute to stress, helplessness, and eco-anxiety. The feeling that governments and corporations are not doing enough can lead to frustration and existential distress.
- Pressures surrounding gender identity, sexual orientation, and cultural identity: These complicate self-expression, especially in an increasingly polarized social and political landscape.
- Wars, political instability, and global conflicts: These create a sense of insecurity and stress. Constant exposure to crisis news contributes to emotional fatigue and distress.

A survey conducted by Young Minds reveals that in 2023, one in five children and young people aged eight to 25 were likely experiencing a mental health condition.

This figure has been increasing since 2017, particularly among those aged 17 to 19.

- Between 2023 and 2024, the number of children and young people referred to emergency mental healthcare increased by 10%. Many of these young individuals have faced long waits on NHS support lists, sometimes for months or even years.
- In 2022, suicide was the leading cause of death for individuals aged 5 to 35 in England, with approximately three-quarters of these cases involving boys or young men.
- Nearly one-third (32.8%) of 17 to 24-year-olds have either self-harmed or attempted to do so at some point in their lives. This percentage rises dramatically to 69.5% among young people with a probable mental health condition.
- The rising cost of living in the UK is putting significant pressure on the mental health of young people, with a staggering 90% expressing concerns about their ability to earn enough money to support themselves
- We continue to see the challenges and the impact on young people's mental health as we work with them in Berkshire schools. With the demand on mental health services in Berkshire reaching crisis point with more than 5,800 young people being referred for mental health support during 2024 and a waiting time of 89 weeks for a first appointment, it has never been more important for Soulscape to provide Tier 1 early intervention and prevention services for young people and to promote their wellbeing.





Early intervention is crucial for young people; however, with decreasing school budgets and cuts to universal services, along with the pressure to demonstrate positive outcomes in student achievement, schools are feeling overwhelmed by the increasing mental health needs of their students. This has created a significant gap that is being addressed by Soulscape.

The staff and volunteers at Soulscape are well-positioned and equipped to identify and provide effective early support for young people at risk of negative outcomes. They either offer the necessary support or direct individuals to other available services.

During this year we have had the privilege of working with 4,797 young people in 21 schools delivering 9 projects, REAL, Revive, Object, Mind The Gap, More inside Out, Pause, Mentoring and The Lounge. We also worked with some of the 105,000 young people at Reading Festival, over 122 hours with 54 volunteers.



OUR PROJECTS

REAL stands for Relationships, Esteem, Aspiration and Lifestyle. REAL lessons provide space for young people to explore real-life issues that concern them; for example 'body image and the media', 'what makes me unique', or the 'consequences of sexting'.

REvive workshops are not sit-down classes but instead offer a variety of active and stimulating activities that challenge and question, helping to bring the RE curriculum to life. From sharing real-life stories and points of view, to getting out and about visiting different places of worship, the aim is to awaken curiosity and interest and to create space for young people to explore a wide range of ideas and opinions.

Mind The Gap is a Soulscape project designed to help young people make a happy and successful transition from primary to secondary school. For the past ten years, Mind The Gap has provided support for thousands of young people – through this project, we have now worked with almost all the current secondary school students in Wokingham Town and more in the wider area.

Object explores the issues around pornography through classroom discussion. The thought-provoking presentation examines the issues raised by the increasing and instant availability of pornographic images on the internet and the damaging effects this may have in young people's lives and relationships.

FUSE is all about being part of a community. It's a project for Year 5 and up, where we explore what it means to be kind to and care for ourselves and others within a community. Feeling part of a good community is important for young people for many reasons. We think it's important that young people raised in an individualistic culture and encouraged to focus on their own personal goals and dreams also have space to consider what it means to exist in a community – something bigger than just themselves. We'd like to see our young people grow up understanding the balance between rights and responsibilities.

PAUSE is Soulscape's interactive prayer space for young people at school. Carving out space during the busy school day for personal reflection and prayer, it invites young people of all faiths and none to think about what and who is important in their lives. There are opportunities to remember people loved and lost, opportunities to explore hopes and dreams and opportunities to recognise and let go of regrets. PAUSE is primarily a space for personal exploration, time to 'be', an opportunity to stop looking at the clock

More Inside Out was created to support young people, focusing on their wellbeing and enabling them to express themselves through art without necessarily having to find the words. Art is widely recognised as a therapeutic process across a range of mental health needs as well as a means of building a sense of community. The aim is to work with Year 6 students who will be transitioning to Secondary School and need a boost of self-confidence, may struggle with anxieties, have a fear of failure and/or struggle to express themselves.

Festival Republic have introduced AIR Hubs to Reading Festival which is mostly attended by 15 to 21 year olds. The purpose of the AIR Huns is to provide Assistance, Information and Response to those attending the festival, running 24 hours a day for 6 days. Soulscape has been running Air Hubs for the past 2 years at Reading Festival and in addition to assistance, information and response, provides wellbeing support to festival goers, many of whom can feel overwhelmed.

The Lounge is a space within school to "come as you are" and step away from the pressure. The Lounge is run by our trained volunteers and Soulscape staff, who are on hand to chat with any student who wants to talk. It's a space to share what's on your mind, process what you're feeling, or just to take some time out from the pressure and relax. We believe that creating a space like this within school is the ideal scenario, as all the young people are already there and can easily access it. Our experience is that school can be a pressurised place and young people really value a place to rest and reflect during the day.

CAKE is Care And Kindness in Education. Teachers spend a lot of time with young people and are often under a lot of pressure in their role. Food is something that brings people together and on cake day in schools, staff enjoy gathering together in the staff room. Our teams of bakers produce wonderful homemade bakes to deliver to the schools. A practical way to show kindness, letting staff know they're appreciated.

Soulscape's trained mentors work with students in primary and secondary schools. It's an opportunity for young people to be supported one-on-one, prioritise their mental wellbeing and personal development, and talk through whatever is on their mind before it becomes a bigger problem. Many studies have shown that a stable, trusting relationship with a significant adult is the biggest factor determining how well a young person navigates through life. Parents, carers and teachers are obvious potential role models and sources of support, but not every young person has these in place.

Give &Take engages students in creative, interactive discussions about what people might offer to give them – and what they might take in return; giving love and respect or taking advantage; how giving drugs to others can take away their freedom. Using video and conversation, we explore positive life narratives, decision-making, and resisting peer pressure. We don't lecture; instead, we encourage self-expression and critical thinking. The goal is to help students build aspirations and consider alternative lifestyles. By addressing risks early, we aim to prevent future vulnerability to exploitation and addiction, fostering resilience and awareness through collaboration, creativity and meaningful dialogue rather than authority-led instruction.

Our CEO and Operations Manager remain active in local advisory groups, Wokingham SACRE (the Standing Advisory Council on Religious Education); Community and Faith Sector Steering Group – Children, Young People and Families; and Chaplaincy And Schools Work Around Reading

We continue to outsource our communication to FreshOl Ltd, a digital agency, who meet all of the charities marketing, social media, website, publishing and other needs.

FEEDBACK FROM STAFF AND STUDENTS

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

'You know they will be kind to you'
year 8 pupil

'It was a place to think about what's in your heart. You don't usually do that at school'
yr 9 pupil

'Pornography is having an increasing impact on the lives of young people. Not just young men but women as well'
Headteacher, The Holt School

'I liked the fact that Mind The Gap was there just for the children'
Parent

'was a child again with no worries'
year 7 response to PAUSE

'What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom.'
Head of RE, St. Crispins.

'PAUSE came at just the right time after all the stress of exams'
year 9 teacher

'Being a Christian might make you think about decisions you make'
year 7 pupil

'Our students were fully absorbed and engage during the Object presentation.'
Head of RE, Forest School

PLANS FOR THE FUTURE

We are confident in the effectiveness of our projects and recognize the ongoing need for their implementation in schools. However, we are committed to thoroughly reviewing each project to ensure its continued relevance. To facilitate this, we will maintain our young people's forums, which provide a platform for young individuals to express their concerns and for us to discuss how our projects can address these issues.

Our Lounge project has gained significant traction in schools, as it resembles group mentoring, and we view this as a promising area for growth. Additionally, we are focused on building partnerships with churches to secure volunteers and funding necessary for our expansion.

In response to the positive feedback from schools in Reading, we plan to broaden our impact by launching more projects in that area, aiming to continue establishing ourselves as a charity serving the entire Berkshire region. We are dedicated to raising awareness of Soulscape and our initiatives, ensuring we are included in discussions about young people's wellbeing in Berkshire.

We have cultivated strong relationships with various charities, both locally and nationally, and we intend to continue this collaborative approach.

Lastly, we aim to enhance our financial stability by exploring alternative funding sources, including business partnerships, local authority support, and grants.

PUBLIC BENEFIT

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is defined in our objectives (see above) and these are achieved principally by supporting local schools in helping students to deal with life pressures e.g. stress at school, bullying, sexual pressures and drugs.

The Charity also supports the Religious Education curriculum in schools by encouraging and supporting the teaching and learning of Christian faith, values and spirituality. All services are rooted in and inspired by Christian values but serving those of all faiths and none.

The Charity receives feedback from students and staff of the schools it visits in Berkshire to enable it to create new activities and to update/tailor current workshops/activities to keep them relevant.

FINANCIAL REVIEW

The Charity's bank balance closed at £20.3k, marginally up from the opening balance of £20.0k, this represents 2.7 months of average costs and is above our target of holding at least two months of operating costs.

The Charities Commission accounts show a net of cash receipts and payments of £253. Adjusting this for timing differences by using accruals the current year shows a positive net income of £2.3k, which is a £6.8k improvement on the net loss of £4.5k in the previous year.

Gross income increased over the previous year by £11.6k due to £6k of MoreArts grant, £3.2k donations from other organisations, and a £3k increase from our services provided to the Festival Republic Reading festival.

Expenditure increased over the previous year by £4.9k due to £3k increase in salaries and £3.6k of Internet Marketing. During the year the staffing model changed, moving tasks from staff to paid or voluntary support, resulting in a reduction of permanent staff numbers from three to one.

REMUNERATION POLICY FOR KEY MANAGEMENT PERSONNEL

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually..

INVESTMENT POLICY

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

FUNDRAISING POLICY

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

RESERVES POLICY AND GOING CONCERN

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving.

RISK

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

STATEMENT OF TRUSTEES' RESPONSIBILITES

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

INDEPENDENT EXAMINER

Philip John Nixon was appointed as the charity's examiner during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 12 June 2025 and signed by:



Sarah Burbedge
Chair of Trustees

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF SOULSCAPE

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees of	**Soulscape CIO**		
On accounts for the year ended	**31 August 2024**	**Charity no (if any)**	**1169989**
Set out on pages	**attached**		

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above Charitable Incorporated Organisation ("CIO") for the year ended 31 August 2024.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Philip John Nixon	**Date:**	15/06/2025
Name:	Philip John Nixon		
Relevant professional qualification(s) or body	F.C.A.		
Address:	28 Luckley Wood, Wokingham, Berkshire. RG41 2EW		

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FINANCIAL STATEMENT

soulscape
CREATING SPACE TO EXPLORE LIFE

CHARITY COMMISSION FOR ENGLAND AND WALES

SOULSCAPE CIO			1169989	CC16a

Receipts and payments accounts

For the period from	01/09/2023	To	31/08/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Total Sponsoring Churches	21,042	-	-	21,042	25,047
Regular Giving	19,146	-	-	19,146	17,582
Regular Giving - Gift aided	11,818	-	-	11,818	11,442
Donations from Organisations	1,200	-	-	1,200	-
Other Fund Raising	3,437	-	-	3,437	2,103
Grants	8,000	-	-	8,000	1,330
Schools	18,623	-	-	18,623	15,157
Chargeable events/Items	5,100	-	-	5,100	2,100
Bank Interest	360	-	-	360	229
Sub total *(Gross income for AR)*	88,725	-	-	88,725	74,990
Total receipts	88,725	-	-	88,725	74,990
A3 Payments					
Total Personnel Costs	74,103	-	-	74,103	76,217
Direct Wages	-	-	-	-	-
Training and Travel	4,962	-	-	4,962	1,298
Project Resources	1,521	-	-	1,521	1,179
Office and Telephones	698	-	-	698	888
Stationery and office supplies	305	-	-	305	584
Insurance	560	-	-	560	534
Computer Equipment & Software	916	-	-	916	1,187
D & B Checks	426	-	-	426	406
Volunteer Appreciation/Expenses	110	-	-	110	51
Payroll Agency Charges	331	-	-	331	359
Communication & Publicity	3,699	-	-	3,699	562
Miscellaneous	111	-	-	111	572
Fundraising Expenses	669	-	-	669	31
Bank Charges	60	-	-	60	60
Sub total	88,472	-	-	88,472	83,928
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	88,472	-	-	88,472	83,928
Net of receipts/(payments)	253	-	-	253	- 8,938
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	20,021	-	-	20,021	28,960
Cash funds this year end	20,275	-	-	20,275	20,021

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CAF Cash	1,422	-	-
	CAF Gold	18,703	-	-
	Petty Cash	150	-	-
	Total cash funds	20,275	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	**Restricted funds**	**Endowment funds**
	Details	**to nearest £**	**to nearest £**	**to nearest £**
B2 Other monetary assets	Accounts Receivable	2,835	-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B3 Investment assets			-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	**Fund to which liability relates**	**Amount due (optional)**	**When due (optional)**
B5 Liabilities	Sundry Accruals	Unrestricted	520	
	Deferred Income	Unrestricted	-	
	Pay as You Earn	Unrestricted	775	
	NEST Control	Unrestricted	219	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		G J Hulme	

NOTES:

1. BASIS OF ACCOUNTS

These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES

The following church charities supported the Trust during the year

Parish of Finch and California
St Pauls Church
Wokingham Free Church Burial Ground
Finchampstead Baptist Church
Kings Church
St Sebastians Church
Wokingham Baptist Church
Woosehill Community Church

3. PERSONNEL COSTS

Employee numbers reduced from three to one during the year.

4. OTHER ASSETS AND LIABILITIES

There are no other significant assets or liabilities

The accounts and statement of assets and liabilities relate to the year ended 31 August 2024 are as approved by the trustees.

Signed G J Hulme (Trustee) Date 12 June 2025

Geoff Hulme
Soulscape Treasurer

revive

cake

THE LOUNGE

MIND THE GAP



GIVE + TAKE

Mentoring

'OBJECT'
Truth. Life. Love. Losses.

PAUSE

More Inside Out

Fuse

Inside Out

REAL

Registered Charity Number 1169989

soulscape

CREATING SPACE TO EXPLORE LIFE

The King's Award for Voluntary Service
The MBE for volunteer groups

Designed and produced by Fresh01.com

SOULSCAPE

England & Wales - Charity number 1169989

Accounts

Registered Charity Number 1169989

SOULSCAPE

Annual report and financial statements

For the year ended 31 August 2023

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Board of Trustees

Sarah Burbedge (Chair of Trustees)

Geoffrey Hulme (Treasurer)

Jonathan Newport

Nick Hudson

Railton Blyth

Dave Clarke (February 2023)

Executive team

Nick Barnett (CEO)

Michelle McLeish (Operations Manager)

Graham Preston (Finance & Resources Manager)

Charity address

2nd Floor, Seymour House, The Courtyard, Denmark Street, Wokingham, RG40 2AZ

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Solicitors

Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA

Auditor

Phil Nixon, 28 Luckley Wood, Wokingham, Berkshire, RG41 2EW

Trustees report

The trustees submit the annual report and the audited financial statements of Soulscape for the year ended 31 August 2023. The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The objectives of the Charity are to empower young people to flourish and live full and positive lives, developing resilience towards the pressures that they face, discovering new ways to think and express themselves, so they are transformed and equipped to transform their world; and encourage and support the teaching and learning of Christian faith, values and spirituality in schools.

Soulscape is a charity committed to supporting young people's physical, mental and spiritual wellbeing. We work with schools, the young people themselves, and other stakeholders in a partnership of mutual respect, input and benefit. Rooted in and inspired by Christian values but serving those of all faiths and none, Soulscape's approach is rooted in a conviction about the dignity and value of every young person, and that each young person should be the object of unconditional love and acceptance.

Soulscape brings real-life stories, and encourages young people to share their own, giving them space to hear and think about different opinions and perspectives. We use the creative arts to help young people express their true thoughts and feelings on the topics that most concern them. Through this active learning and empowerment, we aim to see young people transformed, resilient against the pressures around them, developing their own identities and living out their potential.

Purpose and aims

The charity works in partnership with schools to give young people the space they need to explore the issues that they have identified as affecting them.

The Pressure

Being a teenager has always been tough. But for today's young people, peer pressure happens around the clock, bullying invades their own homes, and exam pressures at school have ratcheted up. With pressure to keep up appearances online, be available 24/7, perfect (and share) their bodies, get the best grades, think and say the 'right' thing, and support their families too, teenagers live with a huge amount of stress.

The Consequences

The Charity is seeing a mental health epidemic in our young people. The number of teenagers with mental health problems has doubled in the last 20 years. In 2018, more than a fifth of 14-year-old girls said they had self-harmed. And for those who do not become ill, there is little time and space at school or home to switch off, breathe, reflect, and form their own opinions and ideas – something that is a crucial part of adolescence.

Our aim is to create space

Young people don't need yet another voice telling them what to think and do. Rather than pile more pressure onto them ("do these ten things to feel better"), the Charity believes in creating space away from it all. Space to reflect, to ask big questions, to explore what's going on inside, and to creatively express their own ideas.

The Charity does this by:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Berkshire to run an effective PSHE and RE curriculum.

Achievements and performance

During this past year we have experienced geo-political instability, the shocking evidence of the climate crisis and witnessed major international conflict. This has impacted everyone, particularly as we struggle with the lasting impacts of the pandemic and the worsening cost-of-living crisis.

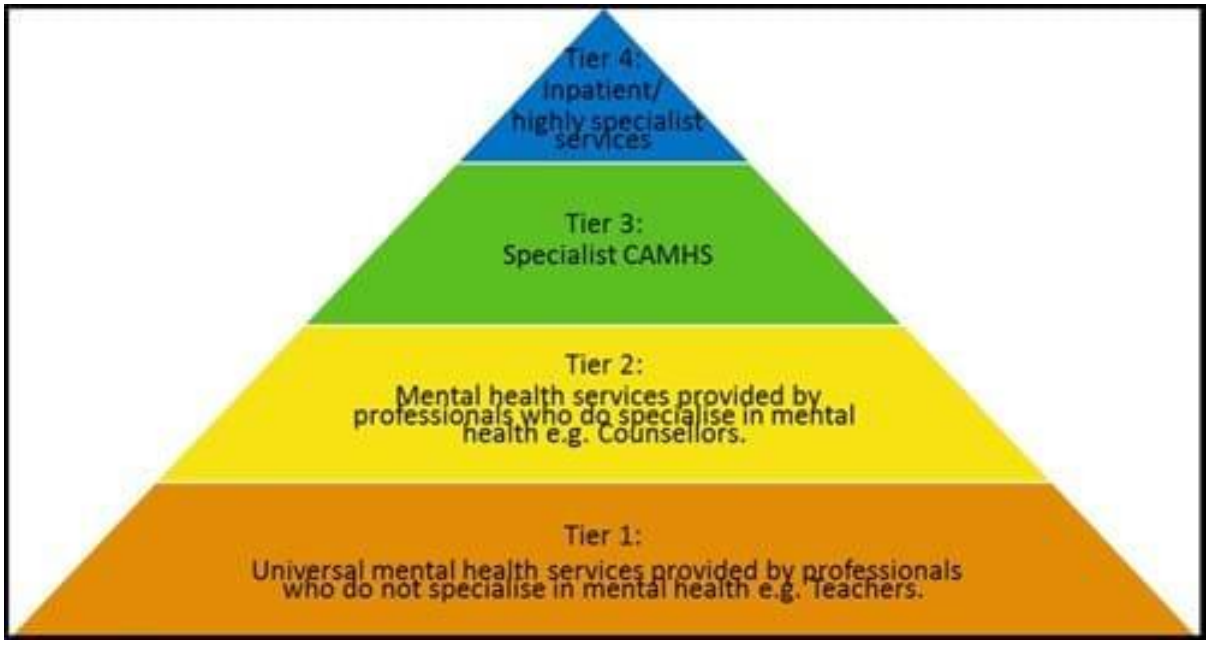
It is therefore of no surprise that the mental health of young people has been massively impacted by all of this. It has becoming increasingly difficult for them to manage their relationships, employment and education since they are up against obstacles that make life feel uncertain and challenging.

Consequently, an unprecedented number of young people are being referred to mental health services, and many are not receiving the help they need. The pressure is even greater for those young people with a pre-existing mental health problem or racialized and marginalized groups.

The NHS has reported that:

- Last year's saw an increasing demand for mental health support, with record-high numbers of children and young people struggling with their mental health.
- Almost 4 million 7-24 year olds in England have a probable or possible mental health disorder.
- New emergency referrals to crisis care teams for 0-18 year olds were higher in March 2023 than any other point since records began, at 1,102.
- Overall, new emergency referrals to crisis care teams for children aged 18 and under were up 10% from the year before, to 9,640.
- There were 494,415 open referrals to children and young people's mental health services in December 2022 - the highest since records began.

We have seen the impact of this on young people's mental health as we work with them in Berkshire schools. With the demand on mental health services in Berkshire reaching crisis point (Berkshire Children and Adolescent Mental Health Service having a waiting time of more than two years) it has never been more important for Soulscape to provide Tier 1 early intervention and prevention services for young people and to promote their wellbeing.



Early intervention is so very important for young people but with dwindling school budgets and universal service cuts, coupled with the demand to show positive outcomes in pupil attainment, schools feel overwhelmed by the growing mental health needs of their students and a gap has arisen – a gap that is met by Soulscape.

Soulscape staff and volunteers are ideally place and well equipped to identify and provide effective early support for young people who are at risk of poor outcomes, and to either provide the support they need or signpost to other services.

During this year we have had the privilege of working with 4,700 young people in 30 schools delivering 10 projects, REAL, Revive, Object, Mind The Gap, More inside Out, Care, Pause, Mentoring, The Lounge and Reading Festival.

REAL

REAL stands for Relationships, Esteem, Aspirations, and Lifestyle. These workshops allow space for students to reflect and think through for themselves the areas of relationships, self-esteem, sex education to consider life choices. Through story discussion and reflection, they explore skills for building strong and positive relationships

REvive is a programme that supports the RE Curriculum, creating space for students to explore new ideas for themselves. Soulscape aims to challenge, surprise, inform & empower students to think independently, running drop down days, for whole year groups, where Christians share their stories and what motivates them, putting their faith into action, looking at the issues of poverty, prison ministry, persecution, Christian pilgrimage, evangelism, the world church, etc… Soulscape also organises walking tours, where young people can visit local churches to hear about their beliefs, history and community engagement.

MIND THE GAP (MTG) is a transition project helping year 6 to make a happy journey to secondary school. Teams go into Primary Schools and meet with Year 6 pupils. They talk about how to make friends, run team building activities and talk to the students about what to expect when starting Secondary School. Staff run parent's evenings as part of MTG with the aim of helping parents of Year 6 pupils appreciate the challenges and opportunities faced by starting Secondary School

Object explores the issues around pornography through theatre and peer led discussion. The thought-provoking theatre presentation tours secondary school to examine the issues raised by the increasing and instant availability of pornographic images on the internet and the damaging effects this may have in young people's lives and relationships.

CARE stands for Creation, Awareness, Recycling and Educating. It is a creative project addressing the anxiety and passion that young people have about climate change and the environment and putting them to good use. In collaboration with a local artist, the Charity uses creative art to help young people express their worries and passions and to make a difference by educating the people around them.

FUSE is all about being part of a community. It's a project for Year 5 and up, where we explore what it means to be kind to and care for ourselves and others within a community. Feeling part of a good community is important for young people for many reasons. We think it's important that young people raised in an individualistic culture and encouraged to focus on their own personal goals and dreams also have space to consider what it means to exist in a community – something bigger than just themselves. We'd like to see our young people grow up understanding the balance between

More Inside Out was created to support young people, focusing on their wellbeing and enabling them to express themselves through art without necessarily having to find the words. Art is widely recognised as a therapeutic process across a range of mental health needs as well as a means of building a sense of community. The aim is to work with Year 6 students who will be transitioning to Secondary School and need a boost of self-confidence, may struggle with anxieties, have a fear of failure and/or struggle to express themselves.

The Lounge is a space within school to “come as you are” and step away from the pressure. The Lounge is run by our trained volunteers and Soulscape staff, who are on hand to chat with any student who wants to talk. It’s a space to share what’s on your mind, process what you’re feeling, or just to take some time out from the pressure and relax.

Soulscape’s volunteer mentors work with students in primary and secondary schools. It’s an opportunity for young people to be supported one-on-one, prioritise their mental wellbeing and personal development, and talk through whatever is on their mind before it becomes a bigger problem.

PAUSE is Soulscape’s interactive prayer space for young people at school. Carving out space during the busy school day for personal reflection and prayer, it invites young people of all faiths and none to think about what and who is important in their lives. There are opportunities to remember people loved and lost, opportunities to explore hopes and dreams and opportunities to recognise and let go of regrets. PAUSE is primarily a space for personal exploration, time to ‘be’, an opportunity to stop looking at the clock

Festival Republic have introduced AIR Hubs to Reading Festival. The purpose of the AIR Huns is to provide Assistance, Information and Response to those attending the festival, running 24 hours a day for 6 days. Soulscape was approached by Festival Republic to run one of these Hubs due to its reputation with young people’s wellbeing

CAKE is Care And Kindness in Education. Teachers spend a lot of time with young people and are often under a lot of pressure in their role. Food is something that brings people together and on cake day in schools, staff enjoy gathering together in the staff room. Our teams of bakers produce wonderful homemade bakes to deliver to the schools. A practical way to show kindness, letting staff know they're appreciated.

This year we continue to collaborate with Reading College where some of their Y12 & Y13 students supported delivery of our More Inside Out project, using art to work with Y6 students who might find transition to secondary school more challenging.

We were also invited by Kingston University to support their Creative Project Management course by being a client to which they could pitch a project. We were in good company with other potential clients, the BBC and the Government. This was an enriching experience for both the students and Soulscape.

During the Spring we were pleased to partner with Reading University through their internship scheme to work with a fundraiser. Fundraising is an area where we need support, and it was good to be working with Reading University.

Also during the Spring, we were honored to be visited by The Mayor of Wokingham, Cllr Caroline Smith, who was able to meet our core team and learn of the work and impact of Soulscape.

We were invited to speak at the Youth in Mind Berkshire Conference 2023 in June, where we were able to share about the impact of our work with young people in schools. It is noteworthy that Soulscape is now considered an authority when discussing young people's wellbeing.

This year, our CEO and Operations Manager successfully completed the Counselling and Psychotherapy Central Awarding Body Level 2 Certificate in Counselling Skills and

our Operations Manager continue to successfully complete the Level 3 Certificate in Counselling Theory.

Our CEO and Operations Manager remain active in local advisory groups, Wokingham SACRE (the Standing Advisory Council on Religious Education); Community and Faith Sector Steering Group – Children, Young People and Families; and Chaplaincy And Schools work Around Reading

We continue to outsource our communication to FRESH01, a digital agency, who meet all of the charities marketing, social media, website, publishing and other needs.

We have maintained our twice termly vlogs (starting during the COVID pandemic and as a direct result of lockdown) to our supporters to maintain engagement. This is a position action that has flowed from the pandemic and is one that we are likely to maintain going forward.

Feedback from Staff and Students

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

"What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom." - Head of RE, St. Crispins.

"*Our students were fully absorbed and engage during the Object presentation."* - Head of RE, Forest School

"Pornography is having an increasing impact on the lives of young people. Not just young men but women as well" - Headteacher, The Holt School

"Being a Christian might make you think about decisions you make" - year 7 pupil.

"I liked the fact that Mind The Gap was there just for the children"- Parent.

“You know they will be kind to you" - year 8 pupil

"PAUSE came at just the right time after all the stress of exams" - year 9 teacher

"I was a child again with no worries" year 7 response to PAUSE.

"*It was a place to think about what's in your heart. You don't usually do that at school".* - yr 9 pupil

Plans for the future

We remain confident about the effectiveness of our projects and the need within schools for delivery of the same. That said, we continue with our full review of each project to ensure that it remains relevant. To help us achieve this, we will continue with our young people's forums, a space where we can ask young people what worries them and discuss the charities' response through our projects.

Our Lounge project has particular traction with schools due to the nature of the session being akin to group mentoring and we see this as an area of growth. Also, building relationships with churches to help meet our need for volunteers and funding to support growth.

Following very warm responses from Reading schools, we intend to extend our reach by delivering projects in Reading, establishing ourselves as a Berkshire wide charity. We continue to raise awareness of Soulscape and the work that we do, being part of the conversation when young people's wellbeing is discussed in Berkshire.

We have built strong relationships with other charities both locally and nationally and intend to continue to do this.

Finally, we plan to build financial resilience but exploring alternative funding streams through business, local authority funding and grants.

Public benefit

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is defined in our objectives (see above) and these are achieved principally by supporting local schools in helping students to deal with life pressures e.g. stress at school, bullying, sexual

pressures and drugs. The Charity also supports the Religious Education curriculum in schools to both advance the Christian faith and education. All services are delivered (where appropriate) from a Christian moral and spiritual perspective.

The Charity receives feedback from students and staff of the schools it visits in the Wokingham area to enable it to create new activities and to update/tailor current workshops/clubs/activities to keep them relevant.

Financial Review

The Charity's bank balance decreased during the year from an opening balance of £29.0k to close the year at £20.0k, this represents 2.6 months of costs and is above our target of holding at least two months of operating costs.

Net of receipts (payments) showed an outflow of £8.9k compared to an inflow in the previous year of £13.8k. Net Income (Net Receipts adjusted for accruals and prepayments) showed a deficit of £4.5k, which is a decrease of £14.6k over the £10.1k surplus achieved in the previous year.

Compared to the previous year, Gross income reduced by £11.1k mainly due to the ending of £6k of restricted income from the previous year, and the ending of £6.8k of a Government DWP employee subsidy. Total Expenditure increased by £3.5k of which £5.1k was an increase in Personnel costs due to the addition of a part-time Lounge and Mentoring Leader, and a reduction of £1.5k in other costs.

The increase in staff allowed a continuation of growth in our delivery capability. We are still looking to fill a role for fundraising.

Remuneration policy for key management personnel

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually.

Investment policy

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by

the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

Fundraising policy

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

Reserves policy and going concern

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving.

Risk

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

Statement of Trustees' responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditor

Ian Phillips was appointed as the charity's auditor during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 4 June 2024 and signed by:



Sarah Burbedge

Chair of Trustees

Independent Auditor’s Report to the Trustees of Soulscape

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act) and

That an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section L44 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. lt also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair' view and the report is limited to the matters set out in the statement below.

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees of	**Soulscape**		
On accounts for the year ended	**31 August 2023**	**Charity no (if any)**	**1169989**
Set out on pages	**attached**		

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above Charitable Incorporated Organisation ("CIO") for the year ended 31 August 2023.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Philip J Nixon	**Date:**	2/6/2024
Name:	Philip John Nixon		
Relevant professional qualification(s) or body	F.C.A.		
Address:	28 Luckley Wood, Wokingham, Berkshire. RG41 2EW		

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Financial Statement

CHARITY COMMISSION FOR ENGLAND AND WALES

SOULSCAPE CIO	1169989	CC16a

Receipts and payments accounts

For the period from	01/09/2022	To	31/08/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Total Sponsoring Churches	25,047	-	-	25,047	27,891
Regular Giving	17,582	-	-	17,582	22,691
Regular Giving - Gift aided	11,442	-	-	11,442	12,917
Donations from Organisations	-	-	-	-	5,798
Other Fund Raising	2,103	-	-	2,103	5,101
Grants	-	1,330	-	1,330	1,000
Schools	15,157	-	-	15,157	18,987
HMRC Coronavirus JRS grant	-	-	-	-	-
Chargeable events/Items	2,100	-	-	2,100	292
Bank Interest	229	-	-	229	17
***Sub total** (Gross income for AR)*	73,660	1,330	-	74,990	94,694
Total receipts	73,660	1,330	-	74,990	94,694
A3 Payments					
Total Personnel Costs	74,887	1,330	-	76,217	71,663
Artists Costs	-	-	-	-	-
Training and Travel	1,298	-	-	1,298	2,194
Project Resources	1,179	-	-	1,179	1,292
Office and Telephones	888	-	-	888	336
Stationery and office supplies	584	-	-	584	68
Insurance	534	-	-	534	518
Computer Equipment & Software	1,187	-	-	1,187	872
D & B Checks	406	-	-	406	265
Volunteer Appreciation/Expenses	51	-	-	51	66
Payroll Agency Charges	359	-	-	359	347
Communication & Publicity	562	-	-	562	1,309
Miscellaneous	572	-	-	572	660
Fundraising Expenses	31	-	-	31	1,196
Bank Charges	60	-	-	60	93
Sub total	82,598	1,330	-	83,928	80,879
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	82,598	1,330	-	83,928	80,879
Net of receipts/(payments)	- 8,938	-	-	- 8,938	13,815
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	28,960	-	-	28,960	15,145
Cash funds this year end	20,021	-	-	20,021	28,960

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CAF Cash	2,545	-	-
	CAF Gold	17,326	-	-
	Petty Cash	150	-	-
	Total cash funds	20,021	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	**Restricted funds**	**Endowment funds**
	Details	**to nearest £**	**to nearest £**	**to nearest £**
B2 Other monetary assets	Accrued Income	900	-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B3 Investment assets			-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	**Fund to which liability relates**	**Amount due (optional)**	**When due (optional)**
B5 Liabilities	Sundry Accruals	Unrestricted	-	
	Deferred Income	Unrestricted	500	
	NEST Control	Unrestricted	231	
	Pay as You Earn	Unrestricted	886	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	GJHulme	G J Hulme	12/01/2024

Notes:

1. BASIS OF ACCOUNTS

These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES

The following church charities supported the Trust during the year

Shinfield Baptist Church
All Saints Church
St Pauls Church
Wokingham Free Church Burial Ground
Finchampstead Baptist Church
Parish of Finch and California
Kings Church

St Sebastians Church
Wokingham Baptist Church
Woosehill Community Church

3. PERSONNEL COSTS

These payments are for three employees and one tractor working on a part-time basis

4. OTHER ASSETS AND LIABILITIES

There are no other significant assets or liabilities

The accounts and statement of assets and liabilities relate to the year ended 31 August 2023 are as approved by the trustees.

Signed  .....(Trustee) Date .....12/01/24.....

Geoff Hulme
Soulscape Treasurer

Use of our report

Use of our report This report is made solely to the charity's trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

SOULSCAPE

England & Wales - Charity number 1169989

Accounts

Registered Charity Number 1169989

SOULSCAPE

Annual report and financial statements

For the year ended 31 August 2022

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Reference and administrative details for Soulscape

Soulscape is a Charity registered in England and under number 1169989. It was originally a Charitable Trust known as Wokingham Area School's Christian Workers Trust, which was registered on 10 January 1996; charity number 1051870. On 2 November 2016, Soulscape was registered with the Charity Commission as a Charitable Incorporated Organisation and, following approval of the Charity Commission, the assets and liabilities of Wokingham Area School's Christian Workers Trust were transferred to Soulscape. Wokingham Area School's Christian Workers Trust has now ceased and been removed from the Charity Commission register. Soulscape is governed by its Constitution dated 24 October 2016.

Board of Trustees

Jonathan Newport (Chair of Trustees)

Geoffrey Hulme (Treasurer)

Sarah Burbedge

Nick Hudson

Railton Blyth

Executive team

Nick Barnett (CEO)

Michelle McLeish (Operations Manager)

Graham Preston (Finance & Resources Manager)

Charity address

2nd Floor, Seymour House, The Courtyard, Denmark Street, Wokingham, RG40 2AZ

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Solicitors

Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA

Auditor

Ian Phillips, 47 Manor Road, Wokingham, Berkshire, RG41 4AR

Trustees report

The trustees submit the annual report and the audited financial statements of Soulscape for the year ended 31 August 2022. The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The objectives of the Charity are to advance the Christian faith in accordance with the Statement of Beliefs appearing in the Charity's Constitution and advance education in accordance with Christian principles, particularly amongst children and young people in the schools and other educational establishments in Wokingham, Berkshire and the surrounding area and in such other parts of the United Kingdom or the world as the Trustees determine.

The Charity achieves these objectives by employing workers who possess the necessary skills and training to run activities within schools. The Charity currently has a pool of approximately 100 volunteers, drawn from many sources including churches across Wokingham, who support schools by delivering activities that help their students deal with the pressures they face from stress at school, bullying, sexual pressures and bleak employment prospects.

Purpose and aims

The charity works in partnership with schools to give young people the space they need to explore the issues that they have identified as affecting them.

The Pressure

Being a teenager has always been tough. But for today's young people, peer pressure happens around the clock, bullying invades their own homes, and exam pressures at school have ratcheted up. With pressure to keep up appearances online, be available 24/7, perfect (and share) their bodies, get the best grades, think and say the 'right' thing, and support their families too, teenagers live with a huge amount of stress.

The Consequences

The Charity is seeing a mental health epidemic in our young people. The number of teenagers with mental health problems has doubled in the last 20 years. In 2018, more than a fifth of 14-year-old girls said they had self-harmed. And for those who do not become ill, there is little time and space at school or home to switch off, breathe, reflect, and form their own opinions and ideas – something that is a crucial part of adolescence.

Our aim is to create space

Young people don't need yet another voice telling them what to think and do. Rather than pile more pressure onto them ("do these ten things to feel better"), the Charity believes in creating space away from it all. Space to reflect, to ask big questions, to explore what's going on inside, and to creatively express their own ideas.

The Charity does this by:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Berkshire to run an effective PSHE and RE curriculum.

Achievements and performance

The world has materially changed following the global pandemic, and this is never more evident than with the impact on young people mental health. In January 2021, Young Minds undertook a survey of 2,438 young people aged 13-25 concluding that:

'The pandemic has had a devastating impact on many of the young people we heard from – some told us that they are deeply anxious, have started self-harming again, are having panic attacks, or are losing motivation and hope for the future. We know that some young people will be dealing with multiple pressures, especially those who have been bereaved or experienced other trauma during this time.

When asked what the main pressures were during the current lockdown, respondents mostly spoke of loneliness and isolation, concerns about school, college or university work and a breakdown in routine. Many young people also expressed fears about the future, and although some were optimistic about the vaccine rollout, others were concerned that easing restrictions too soon could lead to further restrictions in the future.' [1]Young Minds, "Coronavirus: Impact on young people with mental health needs" 2021.



We have experienced this devastating impact on mental health during our regular contact with young people, parents and teachers through this academic year. Our response has been to reach out to more young people that ever before with projects targeted to support their emotional, physical and spiritual wellbeing, offering tier 1 support to the most in need, early intervention in schools.

During this year we have had the privilege of working with 4,488 young people in 27 schools delivering 8 projects, REAL, Revive, Object, Mind The Gap, More inside Out, Care, Pause, Mentoring and The Lounge. These are phenomenal numbers, particularly having regard to the fact that we are still emerging from the COVID 19 pandemic.

REAL stands for Relationships, Esteem, Aspirations, and Lifestyle. These workshops allow space for students to reflect and think through for themselves the areas of relationships, self-esteem, sex education to consider life choices. Through story discussion and reflection, they explore skills for building strong and positive relationships

REvive is a programme that supports the RE Curriculum, creating space for students to explore new ideas for themselves. Soulscape aims to challenge, surprise, inform & empower students to think independently, running drop down days, for whole year groups, where Christians share their stories and what motivates them, putting their faith into action, looking at the issues of poverty, prison ministry, persecution, Christian pilgrimage, evangelism, the world church, etc… Soulscape also organises walking tours, where young people can visit local churches to hear about their beliefs, history and community engagement.

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Object explores the issues around pornography through theatre and peer led discussion. The thought-provoking theatre presentation tours secondary school to examine the issues raised by the increasing and instant availability of pornographic images on the internet and the damaging effects this may have in young people's lives and relationships.

CARE stands for Creation, Awareness, Recycling and Educating. It is a creative project addressing the anxiety and passion that young people have about climate change and the environment and putting them to good use. In collaboration with a local artist, the Charity uses creative art to help young people express their worries and passions and to make a difference by educating the people around them.

More Inside Out was created to support young people, focusing on their wellbeing and enabling them to express themselves through art without necessarily having to find the words. Art is widely recognised as a therapeutic process across a range of mental health needs as well as a means of building a sense of community. The aim is to work with Year 6 students who will be transitioning to Secondary School and need a boost of self-confidence, may struggle with anxieties, have a fear of failure and/or struggle to express themselves. Furthermore, by working with Soulscape, the young people will start building relationships, making the link with Mind the Gap for before and after the Summer.

The Lounge is a space within school to “come as you are” and step away from the pressure. The Lounge is run by our trained volunteers and Soulscape staff, who are on hand to chat with any student who wants to talk. It’s a space to share what’s on your mind, process what you’re feeling, or just to take some time out from the pressure and relax.

Soulscape’s volunteer mentors work with students in primary and secondary schools. It’s an opportunity for young people to be supported one-on-one, prioritise their mental wellbeing and personal development, and talk through whatever is on their mind before it becomes a bigger problem.

PAUSE is Soulscape’s interactive prayer space for young people at school. Carving out space during the busy school day for personal reflection and prayer, it invites young people of all faiths and none to think about what and who is important in their lives. There are opportunities to remember people loved and lost, opportunities to explore hopes and dreams and opportunities to recognise and let go of regrets. PAUSE is primarily a space for personal exploration, time to ‘be’, an opportunity to stop looking at the clock

Soulscape continues to support the school staff in a practical way by serving coffee and cake, either weekly or fortnightly in four schools. The result of us investing time with the staff and serving them has been to build a stronger relationship of trust and create more opportunities within those schools. The cakes are baked by volunteers from the churches around Wokingham.

Also this year, 10 members of our staff team and volunteers undertook training as youth mental health first aiders with Mental Health First Aid England to enable us to better support young people and recognise the early signs of poor mental health.

We were able to support the teaching staff at a local secondary school with teacher training on mental health and wellbeing, and to exhibit at the Youth in Mind Reading Conference 2022.

During June we ran our Pause project as part of the Wellbeing Day at Wellington College, an event providing pupils, staff and parents with the chance to pause and prioritise wellbeing as they approach the end of a busy summer term. During the same month we also let the Sunday morning service at Wokingham Baptist Church, focusing on the work of the charity and highlighting the need for wellbeing support for young people in Wokingham.

Nick Barnett joined Wokingham SACRE, the Standing Advisory Council on Religious Education. The 1988 Education Act required each education authority to set up of a SACRE, advising the local authority on matters related to Religious Education and Collective Worship in schools. Michelle McLeish joined the Voluntary, Community and Faith Sector Steering Group – Children, Young People and Families, a group aimed at providing collective wraparound support for young people in Wokingham.

Communication is important for any Charity that relies on fund raising and publicising what we do and how we do it. Soulscape has moved its communications to FRESH01, a digital agency, who meet all of the charities marketing, social media, website, publishing and other needs.

We have maintained our twice termly vlogs (starting during the COVID pandemic and as a direct result of lockdown) to our supporters to maintain engagement. This is a position action that has flowed from the pandemic and is one that we are likely to maintain going forward.

Feedback from Staff and Students

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

"What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom." - Head of RE, St. Crispins.

"*Our students were fully absorbed and engage during the Object presentation."* - Head of RE, Forest School

"Pornography is having an increasing impact on the lives of young people. Not just young men but women as well" - Headteacher, The Holt School

"Being a Christian might make you think about decisions you make" - year 7 pupil.

"I liked the fact that Mind The Gap was there just for the children"- Parent.

"You know they will be kind to you" - year 8 pupil

"PAUSE came at just the right time after all the stress of exams" - year 9 teacher

"I was a child again with no worries" year 7 response to PAUSE.

"*It was a place to think about what's in your heart. You don't usually do that at school".* - yr 9 pupil

Plans for the future

We remain confident about the effectiveness of our projects and the need within schools for delivery of the same. That said, we propose a full and brutal review of each project to ensure that it remains relevant. To help us achieve this, we will continue with our young people's forums, a space where we can ask young people what worries them and discuss the charities response through our projects.

Increasing our delivery as we emerge from the Covid pandemic is a key driver for us as is increasing our reach within local schools. We wish Soulscape to be the 'go to' charity for young people's wellbeing in schools in Berkshire and to be part of the conversation when this is discussed. Coupled with this, we want to build relationships with other charities, particularly those occupying a complementary space.

We plan to build our coffee and cake in schools as a project and brand delivery as it fits with the charity's mission of providing a reflecting space for teachers in the staff room during a busy school day.

Finally, we plan to build financial resilience but exploring alternative funding streams through business, local authority funding and grants.

Public benefit

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is defined in our objectives (see above) and these are achieved principally by supporting local schools in helping students to deal with life pressures e.g. stress at school, bullying, sexual pressures and drugs. The Charity also supports the Religious Education curriculum in schools to both advance the Christian faith and education. All services are delivered (where appropriate) from a Christian moral and spiritual perspective.

The Charity receives feedback from students and staff of the schools it visits in the Wokingham area to enable it to create new activities and to update/tailor current workshops/clubs/activities to keep them relevant.

Financial Review

The Charity's bank balance increased during the year from an opening balance of £15.1k to close the year at £29.0k, this represents 3.5 months of costs and is above our target of holding at least two months of operating costs. Net Income for the year showed a surplus of £10.1k, which is an increase of £2.8k over the £7.2k achieved in the previous year. Our target for the year was to recruit a paid school's worker and achieve a breakeven budget.

Compared to the previous year, Gross income, Expenses, and Net Income all increased by 38%. The Expenditure increase of £22.2k included the addition of a paid school's worker, funded for the first half of the year by a DWP Kickstart scheme (funding to create new jobs, shown as Donation from Organisations under the Income section) and some pay inflation. Other expenses increased due to additional training, project costs, office equipment, and items for the new office at Seymour House (keys, taps, kitchen stuff etc.). The Income increase of £24.9k included a 26% increase in church income, 37% increase in giving, the DWP Kickstart £5.8k payment for new job creation. Fundraising resumed following COVID and this brought in £5.1k gross, £3.9k net. Support from Schools showed a 51% increase. Restricted funds are two items, regular giving to help fund the CEO role, and a Tesco grant to support the Groundwork Mentoring project.

This year saw a significant growth in our delivery capability matched by a growth in our funding sources, however fundraising takes a lot of planning and we recognise the need for a dedicated fund raiser

Remuneration policy for key management personnel

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually.

Investment policy

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

Fundraising policy

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

Reserves policy and going concern

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving.

Risk

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

Statement of Trustees' responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditor

Ian Phillips was appointed as the charity's auditor during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 7 June 2023 and signed by:



Sarah Burbedge

Chair of Trustees

Independent Auditor's Report to the Trustees of Soulscape

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act) and

That an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section L44 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair' view and the report is limited to the matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section L30 of the Charities Act;

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Ian Phillips

Name: Ian Phillips ACA

Date: 29 June 2023

Relevant professional qualification(s) or body: ICAEW

Address: 47 Manor Road, Wokingham, Berkshire, RG41 4AR

Financial Statement

CHARITY COMMISSION FOR ENGLAND AND WALES

SOULSCAPE CIO	1169989	CC16a

Receipts and payments accounts

For the period from	01/09/2021	To	30/08/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Total Sponsoring Churches	27,891	-	-	27,891	22,193
Regular Giving	16,691	6,000	-	22,691	16,453
Regular Giving - Gift aided	12,917	-	-	12,917	9,574
Donations from Organisations	5,798	-	-	5,798	320
Other Fund Raising	5,101	-	-	5,101	811
Grants	-	1,000	-	1,000	6,426
Schools	18,987	-	-	18,987	9,982
HMRC Coronavirus JRS grant	-	-	-	-	1,331
Chargeable Items	292	-	-	292	-
Bank Interest	17	-	-	17	1
Sub total *(Gross income for AR)*	87,694	7,000	-	94,694	67,091
Total receipts	87,694	7,000	-	94,694	67,091
A3 Payments					
Total Personnel Costs	64,663	7,000	-	71,663	53,777
Artists Costs	-	-	-	-	459
Training and Travel	2,194	-	-	2,194	-
Project Resources	1,292	-	-	1,292	1,151
Office and Telephones	336	-	-	336	672
Stationery and office supplies	68	-	-	68	25
Insurance	518	-	-	518	490
Computer Equipment & Software	872	-	-	872	422
D & B Checks	265	-	-	265	179
Volunteer Appreciation/Expenses	66	-	-	66	-
Payroll Agency Charges	347	-	-	347	359
Communication & Publicity	1,309	-	-	1,309	-
Miscellaneous	660	-	-	660	187
Fundraising Expenses	1,196	-	-	1,196	-
Bank Charges	93	-	-	93	84
Sub total	73,879	7,000	-	80,879	57,805
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	73,879	7,000	-	80,879	57,805
Net of receipts/(payments)	13,815	-	-	13,815	9,286
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,145	-	-	15,145	5,859
Cash funds this year end	28,960	-	-	28,960	15,145

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	CAF Cash	1,629	-	-
	CAF Gold	27,181	-	-
	Petty Cash	150	-	-
	Total cash funds	28,960	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Sundry Accruals	Unrestricted	-	
	Deferred Income	Unrestricted	4,125	
	NEST Control	Unrestricted	207	
	Pay as You Earn	Unrestricted	829	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	G J Hulme	G J Hulme	29/6/23

Notes:

1. BASIS OF ACCOUNTS
   These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES
   The following church charities supported the Trust during the year

   All Saints Church
   St Pauls Church
   Wokingham Free Church Burial Ground
   Finchampstead Baptist Church
   Parish of Finch and California
   Kings Church
   St Sebastians Church
   Wokingham Baptist Church
   Woosehill Community Church

3. PERSONNEL COSTS
   These payments are for two employees and three contractors working on a part-time basis

4. OTHER ASSETS AND LIABILITIES
   There are no other significant assets or liabilities

The accounts and statement of assets and liabilities relate to the year ended 31 August 2022 are as approved by the trustees.

Signed G J Hulme (Trustee) Date 29/6/23

Geoff Hulme
Soulscape Treasurer

Use of our report

Use of our report This report is made solely to the charity's trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor’s report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

SOULSCAPE

England & Wales - Charity number 1169989

Accounts

Registered Charity Number 1169989

SOULSCAPE

Annual report and financial statements

For the year ended 31 August 2021

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Reference and administrative details for Soulscape

Soulscape is a Charity registered in England and under number 1169989. It was originally a Charitable Trust known as Wokingham Area School's Christian Workers Trust, which was registered on 10 January 1996; charity number 1051870. On 2 November 2016, Soulscape was registered with the Charity Commission as a Charitable Incorporated Organisation and, following approval of the Charity Commission, the assets and liabilities of Wokingham Area School's Christian Workers Trust were transferred to Soulscape. Wokingham Area School's Christian Workers Trust has now ceased and been removed from the Charity Commission register. Soulscape is governed by its Constitution dated 24 October 2016.

Board of Trustees

Jonathan Newport (Chair of Trustees)

Geoffrey Hulme (Treasurer)

Sarah Burbedge (appointed September 2020)

Nick Hudson (appointed February 2021)

Railton Blyth (appointed February 2021)

James Harmer (resigned June 2021)

Executive team

Nick Barnett (CEO)

Michelle McLeish (Operations Manager)

Graham Preston (Finance & Resources Manager)

Vasileia Petraki (Community & Corporate Partnerships Manager, resigned September 2020)

Zoe Maynard (Fundraising Manager, resigned November 2020)

Charity address

Kings Place, 9 Station Road, Wokingham, Berkshire RG40 2AD

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Solicitors

Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA

Auditor

Ian Phillips, 47 Manor Road, Wokingham, Berkshire, RG41 4AR

Trustees report

The trustees submit the annual report and the audited financial statements of Soulscape for the year ended 31 August 2021. The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The objectives of the Charity are to advance the Christian faith in accordance with the Statement of Beliefs appearing in the Charity's Constitution and advance education in accordance with Christian principles, particularly amongst children and young people in the schools and other educational establishments in Wokingham, Berkshire and the surrounding area and in such other parts of the United Kingdom or the world as the Trustees determine.

The Charity achieves these objectives by employing workers who possess the necessary skills and training to run activities within schools. The Charity currently has a pool of approximately 100 volunteers, drawn from many sources including churches across Wokingham, who support schools by delivering activities that help their students deal with the pressures they face from stress at school, bullying, sexual pressures and bleak employment prospects.

Purpose and aims

The charity works in partnership with schools to give young people the space they need to explore the issues that they have identified as affecting them.

The Pressure

Being a teenager has always been tough. But for today's young people, peer pressure happens around the clock, bullying invades their own homes, and exam pressures at school have ratcheted up. With pressure to keep up appearances online, be available 24/7, perfect (and share) their bodies, get the best grades, think and say the 'right' thing, and support their families too, teenagers live with a huge amount of stress.

The Consequences

The Charity is seeing a mental health epidemic in our young people. The number of teenagers with mental health problems has doubled in the last 20 years. In 2018, more than a fifth of 14-year-old girls said they had self-harmed. And for those who do not become ill, there is little time and space at school or home to switch off, breathe, reflect, and form their own opinions and ideas – something that is a crucial part of adolescence.

Our aim is to create space

Young people don't need yet another voice telling them what to think and do. Rather than pile more pressure onto them ("do these ten things to feel better"), the Charity believes in creating space away from it all. Space to reflect, to ask big questions, to explore what's going on inside, and to creatively express their own ideas.

The Charity does this by:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Berkshire to run an effective PSHE and RE curriculum.

Achievements and performance

The world has materially changed during the past two years due to the Covid 19 Pandemic. We have seen immense suffering but at the same time there has been immeasurable courage to continue despite adversity.

This pandemic has brought out the best in us, our ability to adapt and to tolerate. It has created a sense of unity, with neighbour supporting neighbour and charities stepping forward to fulfil many of the unmet needs in society. We should be proud as a nation of how far we have come, and we should hold on to this new expression of humanity.

This has never been more evident than in Soulscape. The speed and willingness at which the charity has responded to the ever changing environment is testimony to its passion for supporting young people's mental wellbeing. We have successfully delivered face to face work in schools – approximately 75% of our entire year's projects delivered in just the Summer term.

During the year the Charity managed to reach over 5,000 young people through delivered workshops, namely: REAL, Mind The Gap, REvive, Object and Care.

We also started three new projects: More Inside Out, The Lounge and Mentoring. To help us achieve delivery we have been supported by Eden Barnett, a volunteer who is project focused.

REAL stands for Relationships, Esteem, Aspirations, and Lifestyle. These workshops allow space for students to reflect and think through for themselves the areas of relationships, self-esteem, sex education to consider life choices. Through story discussion and reflection, they explore skills for building strong and positive relationships

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Soulscape's volunteer mentors work with students in primary and secondary schools. It's an opportunity for young people to be supported one-on-one, prioritise their mental wellbeing and personal development, and talk through whatever is on their mind before it becomes a bigger problem.

Soulscape continues to support the school staff in a practical way by serving coffee and cake, either weekly or fortnightly in four schools. The result of us investing time with the staff and serving them has been to build a stronger relationship of trust and create more opportunities within those schools. The cakes are baked by volunteers from the churches around Wokingham.

Communication is important for any Charity that relies on fund raising and publicising what we do and how we do it. Soulscape continues to benefit from the support of a specialist communications consultant who provides us with 8 hours of support each week and with FRESH01, a digital agency, who donate their time.

We have started recording and sending out twice termly vlogs to our supporting churches to maintain engagement, particularly at a time when we are not able to visit in person due to the restrictions imposed as a result of the Corona 19 Pandemic.

Feedback from Staff and Students

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

"What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom." - Head of RE, St. Crispins.

"*Our students were fully absorbed and engage during the Object presentation."* - Head of RE, Forest School

"Pornography is having an increasing impact on the lives of young people. Not just young men but women as well" - Headteacher, The Holt School

"Being a Christian might make you think about decisions you make" - year 7 pupil.

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"You know they will be kind to you" - year 8 pupil

"PAUSE came at just the right time after all the stress of exams" - year 9 teacher

"I was a child again with no worries" year 7 response to PAUSE.

"*It was a place to think about what's in your heart. You don't usually do that at school".* - yr 9 pupil

Plans for the future

2021/22 see the Charity celebrating its 25 anniversary. This is a significant milestone, and we are planning a year of fundraising events to mark the occasion. We plan this year to actively grown our doner base and increase our income.

We are also planning to reach out to the towns surrounding Wokingham (namely Reading and Bracknell) to explore delivery in a broader range of schools – Soulscape becoming a Berkshire rather than Wokingham charity.

Soulscape intends to continue to provide projects working in partnership with schools to ensure we deliver them in a way that supports the work of the school curriculum and adds value. These are likely to be REAL, Mind The Gap, Object, More Inside Out, Revive, The Lounge and Mentoring.

Public benefit

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is defined in our objectives (see above) and these are achieved principally by supporting local schools in helping students to deal with life pressures e.g. stress at school, bullying, sexual pressures and drugs. The Charity also supports the Religious Education curriculum in schools to both advance the Christian faith and education. All services are delivered (where appropriate) from a Christian moral and spiritual perspective.

The Charity receives feedback from students and staff of the schools it visits in the Wokingham area to enable it to create new activities and to update/tailor current workshops/clubs/activities to keep them relevant.

Financial Review

The Charity's bank balance increased by £9.3k to end the year at £15.1k, this represents 2.8 months of costs and is above our target of holding at least two months of operating costs.

Net Income for the year shows a surplus of £7.3k. This compares to a £23.3k deficit of the previous year, and is a £30.6k positive movement. Expenditure reduced by £14.8k and Income went up by £15.8k compared to the previous year. The £14.8k reduction in expenditure was achieved by reducing the salaried operating staff from two to one, and by the CEO continuing his reduced fee. For the last four months of the year the charity benefitted from a new schools worker (Eden Barnett) who joined on an expenses only basis. A saving of £0.5k was found by changing our insurance agent. The £15.8k increase in Income was achieved through a new regular individual giving stream £12.5k, an increase of £3.7k in schools contributions, and total grants of £6.4k

(MoreArts , Faith in the Community, and Tesco) which offset the £5.6k loss of the HMRC Coronavirus Job Retention scheme which has now ended.

We are fortunate to have such a faithful and supportive local church community. Soulscape was founded by nine local churches in 1995, five of the current nine are original members. Church income this year stayed level at £22k and would have been higher but for one annual £2k donation delayed into next year. Overall the Charity is in a good and stable condition, both financially and operationally.

Remuneration policy for key management personnel

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually.

Investment policy

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

Fundraising policy

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

Reserves policy and going concern

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving.

Risk

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

Statement of Trustees' responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditor

Ian Phillips was appointed as the charity's auditor during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 29 June 2022 and signed by:



Jonathan Newport

Chair of Trustees

Independent Auditor’s Report to the Trustees of Soulscape

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act) and

That an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section L44 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair' view and the report is limited to the matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section L30 of the Charities Act;

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Ian Phillips ACA

Date: 29 June 2022

Relevant professional qualification(s) or body: ICAEW

Address: 47 Manor Road, Wokingham, Berkshire, RG41 4AR

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Financial Statement

CHARITY COMMISSION FOR ENGLAND AND WALES

SOULSCAPE CIO	1169989	CC16a

Receipts and payments accounts

For the period from	01/09/2020	To	30/08/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Total Sponsoring Churches	22,193	-	-	22,193	22,558
Regular Giving	11,953	4,500	-	16,453	6,807
Regular Giving - Gift aided	9,574	-	-	9,574	9,914
Donations from Organisations	320	-	-	320	1,050
Other Fund Raising	811	-	-	811	423
Grants	1,000	5,426	-	6,426	-
Schools	9,982	-	-	9,982	6,025
HMRC Coronavirus JRS grant	1,331	-	-	1,331	4,315
Bank Interest	1	-	-	1	26
***Sub total** (Gross income for AR)*	57,165	9,926	-	67,091	51,117
Total receipts	57,165	9,926	-	67,091	51,117
A3 Payments					
Total Personnel Costs	37,001	16,776	-	53,777	71,363
Artists Costs	-	459	-	459	640
Training and Travel	-	-	-	-	303
Project Resources	381	770	-	1,151	195
Office and Telephones	672	-	-	672	935
Stationery and office supplies	25	-	-	25	76
Insurance	490	-	-	490	1,032
Computer Equipment & Software	422	-	-	422	367
D & B Checks	179	-	-	179	468
Volunteer Appreciation/Expenses	-	-	-	-	20
Payroll Agency Charges	359	-	-	359	364
Communication & Publicity	-	-	-	-	226
Miscellaneous	187	-	-	187	284
Fundraising Expenses	-	-	-	-	21
Bank Charges	84	-	-	84	60
Sub total	39,800	18,005	-	57,805	76,355
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	39,800	18,005	-	57,805	76,355
Net of receipts/(payments)	17,365	- 8,079	-	9,286	- 25,237
A5 Transfers between funds	- 8,079	8,079	-	-	-
A6 Cash funds last year end	5,859	-	-	5,859	31,096
Cash funds this year end	15,145	-	-	15,145	5,859

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	CAF Cash	1,473	-	-
	CAF Gold	13,522	-	-
	Petty Cash	150	-	-
	Total cash funds	15,145	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	**to nearest £**	**to nearest £**	**to nearest £**
B2 Other monetary assets		-	-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B3 Investment assets			-	-
	Details	**Fund to which asset belongs**	**Cost (optional)**	**Current value (optional)**
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	**Fund to which liability relates**	**Amount due (optional)**	**When due (optional)**
B5 Liabilities	Sundry Accruals (Mel)	Unrestricted	468	
	Deferred Income	Unrestricted	-	
	NEST Control	Unrestricted	197	
	Pay as You Earn	Unrestricted	788	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	G J Hulme	G J Hulme	28/06/2022
			28/06/2022

Notes:

1. BASIS OF ACCOUNTS
   These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES
   The following church charities supported the Trust during the year

   All Saints Church
   St Pauls Church
   Crowthorne Baptist Church
   Finchampstead Baptist Church
   Kings Church
   St Sebastians Church
   Wokingham Baptist Church
   Woosehill Community Church
   Wokingham Free Church Burial Ground

3. PERSONNEL COSTS
   These payments are for one employee and three contractors working on a part-time basis

4. CASH FLOAT
   This represents advances to employees for expenses

5. OTHER ASSETS AND LIABILITIES
   There are no other significant assets or liabilities

The accounts and statement of assets and liabilities relate to the year ended 31 August 2021 are as approved by the trustees.

Signed G J Hulme ……..……(Trustee) Date 28/06/2022 ……..
Geoff Hulme
Soulscape Treasurer

Use of our report

Use of our report This report is made solely to the charity's trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

SOULSCAPE

England & Wales - Charity number 1169989

Accounts

Registered Charity Number 1169989

SOULSCAPE

Annual report and financial statements

For the year ended 31 August 2020

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Reference and administrative details for Soulscape

Soulscape is a Charity registered in England and under number 1169989. It was originally a Charitable Trust known as Wokingham Area School's Christian Workers Trust, which was registered on 10 January 1996; charity number 1051870. On 2 November 2016, Soulscape was registered with the Charity Commission as a Charitable Incorporated Organisation and, following approval of the Charity Commission, the assets and liabilities of Wokingham Area School's Christian Workers Trust were transferred to Soulscape. Wokingham Area School's Christian Workers Trust has now ceased and been removed from the Charity Commission register. Soulscape is governed by its Constitution dated 24 October 2016.

Board of Trustees

Jonathan Newport (Chair of Trustees)

Vicki Gibson (Secretary, resigned February 2020)

Geoffrey Hulme (Treasurer)

James Harmer

Marion Standing (resigned February 2020)

Executive team

Nick Barnett (CEO)

Michelle McLeish (Operations Manager)

Graham Preston (Finance & Resources Manager)

Vasileia Petraki (Community & Corporate Partnerships Manager, appointed January 2020)

Zoe Maynard (Fundraising Manager, appointed February 2020)

Charity address

Kings Place, 9 Station Road, Wokingham, Berkshire RG40 2AD

Bankers

CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Solicitors

Blandy & Blandy LLP, 1 Friar Street, Reading, Berkshire, RG1 1DA

Auditor

Ian Phillips, 47 Manor Road, Wokingham, Berkshire, RG41 4AR

Trustees report

The trustees submit the annual report and the audited financial statements of Soulscape for the year ended 31 August 2020. The financial statements comply with the Charities Act 2011, the Charity Constitution and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Objectives and activities

The objectives of the Charity are to advance the Christian faith in accordance with the Statement of Beliefs appearing in the Charity's Constitution and advance education in accordance with Christian principles, particularly amongst children and young people in the schools and other educational establishments in Wokingham, Berkshire and the surrounding area and in such other parts of the United Kingdom or the world as the Trustees determine.

The Charity achieves these objectives by employing workers who possess the necessary skills and training to run activities within schools. The Charity currently has a pool of approximately 70 volunteers, drawn from many sources including churches across Wokingham, who support schools by delivering activities that help their students deal with the pressures they face from stress at school, bullying, sexual pressures and bleak employment prospects. These services are given from a Christian moral and spiritual perspective where appropriate.

Purpose and aims

The charity works in partnership with schools to give young people the space they need to explore the issues that they have identified as affecting them.

The Pressure

Being a teenager has always been tough. But for today's young people, peer pressure happens around the clock, bullying invades their own homes, and exam pressures at school have ratcheted up. With pressure to keep up appearances online, be available 24/7, perfect (and share) their bodies, get the best grades, think and say the 'right' thing, and support their families too, teenagers live with a huge amount of stress.

The Consequences

The Charity is seeing a mental health epidemic in our young people. The number of teenagers with mental health problems has doubled in the last 20 years. In 2018, more than a fifth of 14-year-old girls said they had self-harmed. And for those who do not become ill, there is little time and space at school or home to switch off, breathe, reflect, and form their own opinions and ideas – something that is a crucial part of adolescence.

Our aim is to create space

Young people don't need yet another voice telling them what to think and do. Rather than pile more pressure onto them ("do these ten things to feel better"), the Charity believes in creating space away from it all. Space to reflect, to ask big questions, to explore what's going on inside, and to creatively express their own ideas.

The Charity does this by:

- Listening to young people's ideas and requests about what they want to discuss, whether that be self-harm, pornography, or how to make good decisions.
- Running workshops on these topics in their schools, where they can explore, debate, reflect and express themselves through the creative arts.
- Helping schools in Wokingham and Bracknell to run an effective PSHE and RE curriculum.

Achievements and performance

The year 2019/20 turned out to be unprecedented due to the national and international spread of the Coronavirus, and the consequential national lockdown on 23 March 2020, with schools closing their doors to in person teaching on 20 March 2020. Soulscape was unable to deliver face to face workshops for the second half of the year. That, however, did not stop the charity as we took some of our projects online as well as introducing a weekly lockdown vlog for students, which ran for 13 consecutive weeks. The lockdown vlogs were published through Soulscape's YouTube and Instagram channels.

During the year the Charity managed to reach over 5,000 young people through delivered workshops, namely: REAL, REvive, Object, Pause, Care (online), Give & Take and Mind The Gap (online).

REAL stands for Relationships, Esteem, Aspirations, and Lifestyle. These workshops allow space for students to reflect and think through for themselves the areas of relationships, self-esteem, sex education to consider life choices. Through story discussion and reflection, they explore skills for building strong and positive relationships

REvive is a programme that supports the RE Curriculum, creating space for students to explore new ideas for themselves. Soulscape aims to challenge, surprise, inform & empower students to think independently, running drop down days, for whole year groups, where Christians share their stories and what motivates them, putting their faith into action, looking at the issues of poverty, prison ministry, persecution, Christian pilgrimage, evangelism, the world church, etc… Soulscape also organises walking tours, where young people can visit local churches to hear about their beliefs, history and community engagement.

Give and Take looks at drug related anti-social behaviour and is delivered in primary and secondary schools. Our workshops are delivered by second and third year diploma students (Years 12 & 13) from Reading College's performing arts department and are designed to help young people explore the issues around drugs, develop self-esteem, make positive relationships and engage in positive activities

MIND THE GAP (MTG) is a transition project helping year 6 to make a happy journey to secondary school. Teams go into Primary Schools and meet with Year 6 pupils. They talk about how to make friends, run team building activities and talk to the students about what to expect when starting Secondary School. Staff run parent's evenings as part of MTG with the aim of helping parents of Year 6 pupils appreciate the challenges and opportunities faced by starting Secondary School

Object explores the issues around pornography through theatre and peer led discussion. The thought-provoking theatre presentation tours secondary school to examine the issues raised by the increasing and instant availability of pornographic images on the internet and the damaging effects this may have in young people's lives and relationships.

Pause provides interactive prayer spaces for young people at schools - time out space to reflect, explore and pray. It invites young people of all faiths and none to think about what and who is important in their lives.

CARE stands for Creation, Awareness, Recycling and Educating. It is a creative project addressing the anxiety and passion that young people have about climate change and the environment and putting them to good use. In collaboration with a local artist, the Charity uses creative art to help young people express their worries and passions and to make a difference by educating the people around them.

Soulscape continues to support the school staff in a practical way by serving coffee and cake, either weekly or fortnightly in four schools. The result of us investing time with the staff and serving them has been to build a stronger relationship of trust and create more opportunities within those schools. The cakes are baked by volunteers from the churches around Wokingham.

This year has been an opportunity to demonstrate that the Charity can deliver its projects efficiently and effectively without placing an unnecessary strain on the management team. Despite the coronavirus and consequential national lockdown, the Charity has met this objective, which is a massive achievement.

Communication is important for any Charity that relies on fund raising and publicising what we do and how we do it. Soulscape continues to benefit from the support of a specialist communications consultant who provides us with 8 hours of support each week and with FRESH01, a digital agency, who donate their time.

As part of the Charity's plan to build financial resilience it successfully recruited a Fundraising Manager and a Community & Corporate Partnership Manager during the early part of 2020. However, due to the Coronavirus pandemic it has been challenging for these roles to develop and benefit the charity as it was intended.

The Coronavirus and the consequential national lockdown continues to affect the Charity's financial position, and efforts to increase income have largely been thwarted. That said, the Charity took advantage of the Government's furlough scheme with

regards to one of its employees and ended the year in a better financial position than was anticipated, which was indeed very good news.

Feedback from Staff and Students

Feedback is received from students and staff to enable the trustees to shape the work of the Charity in accordance with its purposes and resources.

> *"What I like about Soulscape is that they are not teachers; their workshops are different to, and compliment, the work we do in the classroom."* - Head of RE, St. Crispins.
>
> "*Our students were fully absorbed and engage during the Object presentation."* - Head of RE, Forest School
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> *"I liked the fact that Mind The Gap was there just for the children"*- Parent.
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> *"PAUSE came at just the right time after all the stress of exams"* - year 9 teacher
>
> *"I was a child again with no worries"* year 7 response to PAUSE.
>
> "*It was a place to think about what's in your heart. You don't usually do that at school".* - yr 9 pupil

Plans for the future

The Charity is continuing with its plans to build resilience and sustainability in terms of its financial position and delivery of projects. Delivery remains a challenge in the current climate and with the uncertainty of whether the nation (and schools) will enter a second or even third national lockdown. That said, the Charity is working with schools to ensure that it is able, wherever possible, to continue to deliver projects. This requires a degree of creativity regarding delivery and thankfully the Charity is well placed to achieve this.

The Charity's plans to increase delivery may not be achieved depending on the guidance from the DofE regarding outside organisations visiting schools. In that respect, some of the Charity's plans for the forthcoming year may be delayed until the following academic year.

Soulscape intends to continue to provide projects working in partnership with schools to ensure we deliver them in a way that supports the work of the school curriculum and adds value. These are likely to be REAL, Mind The Gap, Object, Pause and Revive.

Public benefit

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is defined in our objectives (see above) and these are achieved principally by supporting local schools in helping students to deal with life pressures e.g. stress at school, bullying, sexual pressures and drugs. The Charity also supports the Religious Education curriculum in schools to both advance the Christian faith and education. All services are delivered (where appropriate) from a Christian moral and spiritual perspective.

The Charity receives feedback from students and staff of the schools it visits in the Wokingham area to enable it to create new activities and to update/tailor current workshops/clubs/activities to keep them relevant.

Financial Review

The Charity's bank balance reduced by £25.2k during the year, starting at its record high of £31.1k, ending on £5.9k, which represents 1 month of operating costs and is below its target of holding at least two months of costs. The year brought a number of unprecedented challenges to Soulscape and all charities, but the Charity is happy to report that it has met the challenges and emerged stronger.

Net Income for the year shows a loss of £23.3k. This compares to a £0.9k profit of the previous year, and is a £24.4k adverse movement. Income has reduced by £28.6k to £49.8k largely due to coronavirus restrictions, and Expenditure has reduced by £4.4k to £73.1k as the Charity has largely maintained its structure.

Local churches are the Charity's foundation, and although the giving here fell by £10k, almost all of this reduction is due to reduced one off donations, or calendar phasing. The regular basic church support has overall held up well. The Charity would not exist

without its church support. Grant income fell by £8k as the Charity had no opportunities to deliver new programs. Fundraising income fell by £4.5k due to COVID restrictions. Individual and Organisation giving fell by £11.5k, but £11k of this was again due to a reduction in one off items. One off income items have in total reduced from £29.7k in the previous year to £8.7k this year, including the £5.6k grant from the HMRC for Covid Job Retention Scheme.

The Personnel costs for the year have remained fairly stable.

Remuneration policy for key management personnel

The trustees have identified the charity's CEO and Operations Manager as the key management personnel of the charity. Executive pay is determined by the Trustees, with decisions about executive pay being informed by comparison to salaries within the sector, and subject to a "value for money" test. Salaries are reviewed annually.

Investment policy

The Charity has power to do anything which is calculated to further its Objects or is conducive or incidental to doing so. In particular, the CIO has power to: deposit or invest funds, employ a professional fund-manager and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000; and do anything else within the law which is incidental and conducive to the Objects.

Fundraising policy

The Charity does engage in public fundraising (through volunteers and commercial participators) but does not use professional fundraisers. We monitor the relevant fundraising regulations and codes to ensure compliance, if relevant. During the year there was no non-compliance of these regulations and codes and the Charity received no complaints relating to its fundraising practice.

Reserves policy and going concern

The Charity has agreed to maintain a liquid balance of income equal to at least two months of salary expenditure to meet its commitments and provide stability in the event of any deterioration in voluntary giving. Two months of salary expenditure for

the current year equates to over £11.8k and the balance on Trust income at £5.9k is below this sum. It is anticipated that this is a temporary position, and a supporter of the Charity has agreed to underwrite any shortfall that should occur in this respect. Details of the reasons that have caused this position are set out above in the financial review.

The trustees have reviewed the position and are content that the potential risk presented it the Charities reserves policy has been mitigated and that there is no significant short or medium term financial risks to the charity's continued operations. Therefore, the accounts have been prepared on the going concern basis.

Risk

The major risks to which the Charity is exposed have been identified by the Trustees and procedures established to mitigate these risks are monitored and reviewed regularly and have been recorded in the risk register. We minimise finance risk by the preparation and monitoring of budgets; strategic risk by the maintenance of good practice in delivery of our services; and operational risk and regulation compliance risk through the regular review of activities and the use of professional advisers, where appropriate.

Statement of Trustees' responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

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- observe the methods and principals in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Auditor

Ian Phillips was appointed as the charity's auditor during the period and has expressed his willingness to act in that capacity.

This report was approved by the Trustees on 9 June 2021 and signed by:



Jonathan Newport

Chair of Trustees

Independent Auditor’s Report to the Trustees of Soulscape

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the Charities Act) and

That an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section L44 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair' view and the report is limited to the matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section L30 of the Charities Act;

- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Ian Phillips ACA

Date: 27 June 2021

Relevant professional qualification(s) or body: ICAEW

Address: 47 Manor Road, Wokingham, Berkshire, RG41 4AR

Financial Statement

General Income and Expenditure	Notes	Actual year ended 31-Aug-20	Actual year ended 31-Aug-19
Income			
Total Sponsoring Churches	3	22,558.00	33,014.61
Wokingham United Charities (Give & Take)		0.00	8,000.00
Other Fund Raising		422.61	4,910.80
Regular Giving		4,057.26	15,365.34
Regular Giving - Gift aided		9,913.96	11,150.77
Donations from Organisations		1,050.00	0.00
Schools		6,145.00	5,901.00
HMRC Coronavirus JRS grant		5,645.88	0.00
Bank Interest		25.78	46.07
Total Receipts		**49,818.49**	**78,388.59**
Expenditure			
Total Personnel Costs	4	68,123.15	68,698.69
Artists Costs		640.00	320.00
Film maker		0.00	750.00
Training and Travel		302.85	528.39
Project Resources		195.22	1,486.84
Coffee etc for School Staff		0.00	53.40
Office and Telephones		935.44	713.13
Stationery and office supplies		76.22	71.40
Insurance		1,032.43	956.69
Computer Equipment & Software		367.04	1,252.86
D & B Checks		467.75	181.25
Volunteer Appreciation/Expenses		20.00	18.23
Payroll Agency Charges		363.60	363.60
Communication & Publicity		226.00	387.73
Miscellaneous		284.17	1,506.26
Fundraising Expenses		21.00	139.52
Bank Charges		60.00	60.00
Total Expenditure		**73,114.87**	**77,487.99**
Excess of Income over Expenditure			
(Excess of Expenditure over Income)		**-23,296.38**	**900.60**
Balance Brought Forward		29,656.50	28,755.90
Balance Carried Forward		**6,360.12**	**29,656.50**
Assets and Liabilities as at 31st August			
Bank and other Current Assets			
Accrued Income		1,331.20	2,750.00
Accounts Receivable		120.00	0.00
CAF Cash		1,382.65	1,295.93
CAF Gold		4,326.22	29,650.25
Petty Cash	5	150.00	150.00
Total Current Assets		**7,310.07**	**33,846.18**
Liabilities			
Current Liabilities	6	949.95	4,189.68
NET ASSETS		**6,360.12**	**29,656.50**

1. BASIS OF ACCOUNTS

These accounts have been prepared on a "receipts and payments" basis as prescribed by the Charities Commissioners, and they meet the legal requirements.

2. SUPPORTING CHURCHES

The following church charities supported the Trust during the year:

All Saints Church
St Pauls Church
Kerith Church
Crowthorne Baptist Church
Finchampstead Baptist Church
Kings Church
St Sebastians Church
Wokingham Baptist Church
Woosehill Community Church

3. PERSONNEL COSTS

These payments are for two employees and two contractors working on a part-time basis.

4. CASH FLOAT

This represents advances to employees for expenses.

5. CURRENT LIABILITIES

	31-Aug-20	31-Aug-19
Sundry Accruals (Mel £366)	366.00	1,972.75
Deferred income	0.00	240.00
NEST Control	165.51	155.59
Pay as You Earn	418.44	1,821.34
	949.95	**4,189.68**

6. OTHER ASSETS AND LIABILITIES

There are no other significant assets or liabilities.

The accounts and statement of assets and liabilities set out on pages16 & 17 relating to the year ended 31 August 2020 are as approved by the trustees.

Signed ……GJ Hulme……(Trustee) Date 28/06/2021...

Geoff Hulme
Treasurer

Use of our report

Use of our report This report is made solely to the charity's trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.