

# **SAY APHASIA**

Charity Number: 1169933



## **Trustees' Annual Report and Financial Statements for the Period 29 September 2024 to 28 September 2025**

December 2025

|  |
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| <b>Reference &amp; Administration Detail</b> |
|--|

**Charity name: SAY APHASIA**

Charity number: 1169933

Names of Trustees for the Charity

- 1. Martin Hall (appointed May 2024)
- 2. Barbara Chalk (resigned October 2025)
- 3. Ian Lyall
- 4. Catharine Swinburn
- 5. Jeremy Hodgkinson (appointed April 2025)

Structure, Governance & Management

Description of the Charity's Trusts

|                                 |                                      |
|---------------------------------|--------------------------------------|
| Type of Governing Document:     | Constitution                         |
| How the Charity is Constituted: | Charitable Incorporated Organisation |

Trustee Selection Method: Appointed by existing Trustees

Objectives & Activities

The object of Say Aphasia is the relief of persons with aphasia and associated acquired communication difficulties after a stroke, head injury or brain tumour and their families and carers by the provision of such charitable support as the trustees think fit, including the provision of therapy, support and information.

**Say Aphasia’s Mission:** Identify the best locations across the UK for aphasia support groups. Focus on areas with potential peer leaders, active Speech and Language Therapy teams, or partnerships with Headway, Stroke Association, or other relevant aphasia groups. These partnerships will help us build strong links and gain referrals.

Each group will follow Say Aphasia's clear, consistent protocols, managed locally and supported centrally. Peer leaders with aphasia will run the groups, supported by a structured team, ensuring the charity becomes an important part of local care for people with aphasia.

Group Purpose:

- To bring people with aphasia or other acquired communication disability together.
- To help people with aphasia to feel less isolated within their community,

and feel more confident living with aphasia.

- To provide a safe place where aphasia is understood.
- To provide a supportive place for people with aphasia to have conversations and socialise.

Say Aphasia helps people with aphasia adapt to their new way of life and regain their independence and confidence.

All our groups are run by people with aphasia plus support volunteers and we have developed an aphasia friendly online induction training for all volunteers.

Say Aphasia also has associations with Speech and Language Therapists, with the Stroke Association and with Aphasia Alliance.

## **Achievements & Performance**

In 2025, Say Aphasia made significant strides in our mission to grow the number of groups and improve the service and governance across the organisation.

Since last October, we have:

- Opened 10 new groups.
- Welcomed 202 new people with an acquired communication disability. ●

Enrolled 73 new volunteers.

- Enrolled 16 volunteers with aphasia.

We have 3 new groups opening early in 2026.

Our USP still stands; we are the only aphasia charity in the UK which is run predominantly by people with aphasia.

Say Aphasia celebrated their 9th anniversary during this year.

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

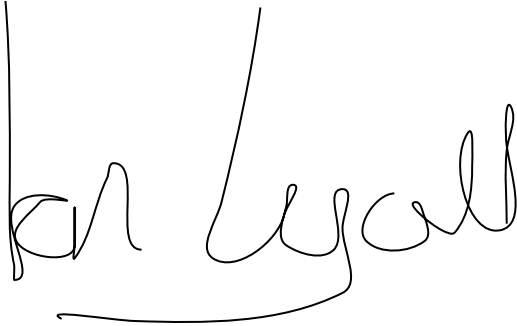
## **Financial Review**

We aim to hold reserves of £30,000 to cover costs over 3 months, to continue to provide a service to our members.

See Receipts and Payments accounts for 29<sup>th</sup> September 2024 to 28<sup>th</sup> September 2025.

## Declaration

**The Trustees declare that they have approved the Trustees' Report above.** Signed on behalf of the Charity's Trustees.

A handwritten signature in black ink, appearing to read 'Ian Lyall'. The signature is written in a cursive style with a long horizontal stroke at the bottom.

**Signature(s):**

**Full Name(s):** IAN LYALL

**Position(s):** TRUSTEE

**Date:** 19/2/26



## Receipts and payments accounts

CC16a

For the period  
from

29/09/2024


To

28/09/2025

### Section A Receipts and payments

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
| Donations   | 51,546                                 | -                                    | -                                   | 51,546                          | 29,715                        |
| Grants  | 16,388                                 | 53,000                               | -                                   | 69,388                          | 16,406                        |
| HMRC gift aid claims                                  | 2,678                                  | -                                    | -                                   | 2,678                           | 3,639                         |
| Bank Interest   | 225                                    | -                                    | -                                   | 225                             | 407                           |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>70,837</b>                          | <b>53,000</b>                        | <b>-</b>                            | <b>123,837</b>                  | <b>50,167</b>                 |
| <b>A2 Asset and investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>70,837</b>                          | <b>53,000</b>                        | <b>-</b>                            | <b>123,837</b>                  | <b>50,167</b>                 |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
| Administration and Travel                             | 3,438                                  | -                                    | -                                   | 3,438                           | 758                           |
| Fundraising   | 15,590                                 | -                                    | -                                   | 15,590                          | 8,243                         |
| General expenses                                      | 11,926                                 | -                                    | -                                   | 11,926                          | 11,526                        |
| Marketing   | 9,202                                  | -                                    | -                                   | 9,202                           | 7,474                         |
| Freelance Service Providers                           | 38,213                                 | 15,000                               | -                                   | 53,213                          | 29,554                        |
| Drop in groups - venue hire                           | 9,920                                  | -                                    | -                                   | 9,920                           | 8,685                         |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>88,289</b>                          | <b>15,000</b>                        | <b>-</b>                            | <b>103,289</b>                  | <b>66,240</b>                 |
| <b>A4 Asset and investment purchases. (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>88,289</b>                          | <b>15,000</b>                        | <b>-</b>                            | <b>103,289</b>                  | <b>66,240</b>                 |
| <b>Net of receipts/(payments)</b>                     | <b>- 17,452</b>                        | <b>38,000</b>                        | <b>-</b>                            | <b>20,548</b>                   | <b>- 16,073</b>               |
| <b>A5 Transfers between funds</b>                     |  |                                      |                                     |                                 |                               |
| <b>A6 Cash funds last year end</b>                    | <b>20,428</b>                          | <b>15,000</b>                        | <b>-</b>                            | <b>35,428</b>                   | <b>51,500</b>                 |
| <b>Cash funds this year end</b>                       | <b>2,976</b>                           | <b>53,000</b>                        | <b>-</b>                            | <b>55,976</b>                   | <b>35,427</b>                 |

## Section B Statement of assets and liabilities at the end of the period

| Categories  | Details  | Unrestricted funds to nearest £   | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|--|---|-------------------------------|------------------------------|
| <b>B1 Cash funds</b>  | Bank balance held                                      | 2,976   | 53,000                        | -                            |
|   |  | -   | -                             | -                            |
|   |  | -   | -                             | -                            |
|   | <b>Total cash funds</b>                                | 2,976   | 53,000                        | -                            |
|   | (agree balances with receipts and payments account(s)) | OK  | OK                            | OK                           |
| <b>B2 Other monetary assets</b>                             | Details  |   |                               |                              |
|   |  | -   | -                             | -                            |
|   |  | -   | -                             | -                            |
|   |  | -   | -                             | -                            |
|   |  | -   | -                             | -                            |
| <b>B3 Investment assets</b>                                 | Details  | Fund to which asset belongs   | Cost (optional)               | Current value (optional)     |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
| <b>B4 Assets retained for the charity's own use</b>         | Details  | Fund to which asset belongs   | Cost (optional)               | Current value (optional)     |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
|   |  |   | -                             | -                            |
| <b>B5 Liabilities</b>                                       | Details  | Fund to which liability relates   | Amount due (optional)         | When due (optional)          |
|   |  |   | -                             |                              |
|   |  |   | -                             |                              |
|   |  |   | -                             |                              |
|   |  |   | -                             |                              |
| Signed by one or two trustees on behalf of all the trustees |  | Signature   | Print Name                    | Date of approval             |
|   |  |  | IAN LYALL                     | 24/02/2026                   |

**Independent examiner's report to the Trustees of Say Aphasia (Charitable Incorporated Organisation- number 1169933)**

I report on the accounts of Say Aphasia for the year ended 28 September 2025, which are set out on pages 1 to 2 of the Receipts and Payments accounts.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirement:
  - To keep accounting records in accordance with section 130 of the 2011 Act; and
  - To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Michelle Westbury FCCA*

Michelle Westbury FCCA  
West & Berry Limited  
Nile House, Nile Street  
Brighton, BN1 1HW

Date: 24/02/2026

## Tamper Verification

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<https://www.encyro.com/my/esign/verify>

Upload the file. The result will indicate if the file contents have been tampered with.

### File 2 of 2: say100 B4.1 examiners report 2025.pdf

## Signed By

**Signer:** Ian Lyall (ian@sayaphasia.org)

**Identity Check:** Email Authentication

**Signature Type:** Typed

**Time Zone:** UTC-00:00, Europe/London (Greenwich Mean Time)

**Signer:** Michelle Westbury (michelle@westandberry.co.uk)

**Identity Check:** Login with account

**Signature Type:** Typed

**Time Zone:** UTC-00:00, Europe/London (Greenwich Mean Time)

## Event Log

**Feb 24, 2026, 2:45:46 PM** - Email notification sent to Ian Lyall (ian@sayaphasia.org).

**Feb 24, 2026, 2:45:46 PM** - Email notification delivered to Ian Lyall (ian@sayaphasia.org).

**Feb 24, 2026, 4:04:28 PM** - Ian Lyall (ian@sayaphasia.org) opened the email notification (estimated), from 142.250.32.6.

**Feb 24, 2026, 4:04:34 PM** - Ian Lyall (ian@sayaphasia.org) viewed the document(s), from 212.222.80.129.

**Feb 24, 2026, 4:06:14 PM** - Ian Lyall (ian@sayaphasia.org) electronically signed or completed the document(s), from 212.222.80.129.

**Feb 24, 2026, 4:06:25 PM** - Email notification sent to Michelle Westbury (michelle@westandberry.co.uk).

**Feb 24, 2026, 4:06:36 PM** - Email notification delivered to Michelle Westbury (michelle@westandberry.co.uk).

**Feb 24, 2026, 6:52:18 PM** - Michelle Westbury (michelle@westandberry.co.uk) opened the email notification (estimated), from 31.54.183.79.

**Feb 24, 2026, 6:52:24 PM** - Michelle Westbury (michelle@westandberry.co.uk) viewed the document(s), from 31.54.183.79.

**Feb 24, 2026, 6:53:00 PM** - Michelle Westbury (michelle@westandberry.co.uk) electronically signed or completed the document(s), from 31.54.183.79.

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