

SAY APHASIA

Charity Number: 1169933



**Trustees' Annual Report
and Financial Statements
for the Period
29 September 2022 to 28 September 2023**

November 2023

Reference & Administration Details

Charity name: SAY APHASIA

Charity number: 1169933

Charity's operating address: 9 Gatton Park Lane, Brighton, BN1 5BQ

Names of Trustees for the Charity

1. Colin Lyall (resigned May 2023)
2. Barbara Chalk (appointed February 2023)
3. Ian Lyall
4. Catharine Swinburn
5. Emma Virrill

Structure, Governance & Management

Description of the Charity's Trusts

Type of Governing Document: Constitution

How the Charity is Constituted: Charitable Incorporated Organisation

Trustee Selection Method: Appointed by existing Trustees

Objectives & Activities

The object of Say Aphasia is the relief of persons with aphasia and associated acquired communication difficulties after a stroke, head injury or brain tumour and their families and carers by the provision of such charitable support as the trustees think fit, including the provision of therapy, support and information.

Say Aphasia helps people with aphasia adapt to their new way of life and regain their independence and confidence. Say Aphasia provide drop-in groups where people with aphasia can get together to regain purpose and confidence. In addition, our weekly online group reaches members who are housebound and so further isolated by their aphasia.

All our groups are run by people with aphasia plus support volunteers and we have developed an aphasia friendly online induction training for all volunteers.

Drop in groups are located in Abergavenny, Barry, Bournemouth, Burgess Hill, Chichester, Crawley, Darlington, Eastbourne, Exeter, Hove, Selsey, Skipton, Winchester & Southampton, Woodingdean and Worthing.

Say Aphasia also have associations with groups in Sheffield and Leeds as well as affiliation with the Stroke Association and Aphasia Alliance.

Say Aphasia makes a difference to people living with aphasia by:

- Offering Drop In Groups for support and friendship
- Helping to adjust to living with aphasia.
- Meeting like-minded people who are experiencing a similar life change.
- Gaining tips and advice from others with aphasia.
- Gaining confidence to socialise and communicate as best they can.
- Re-gaining independence as much as they can.
- Helping to reduce loneliness.
- Providing support in a relaxed and welcoming environment.
- Offering art and singing activities as a therapeutic way to relax and express themselves.

Achievements & Performance

Say Aphasia celebrated their 7th anniversary during this year.

Donations have contributed to most funds this year. Events such as Brighton Half Marathon, London Marathon, Sea Aphasia, Desert Trek and the Trafalgar Square to Portsmouth Hospital walk have been a great success raising funds and awareness of aphasia.

Say Aphasia has added 3 new Drop In groups set up this year to support people with aphasia and their families to live well with aphasia. Our trustees have introduced a full range of aphasia friendly policies and systems to improve our governance and accountability. Our new aphasia friendly induction for our volunteers have improved our offering of services across England and Wales.

Awareness events including TV interviews, MP visits, involvement in Aphasia Research, stands at festivals and conferences have all helped to raise the public profile of this little known communication difficulty.

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Financial Review

See Receipts and Payments accounts for 29th September 2022 to 28th September 2023.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s):



Full Name(s): IAN LYALL

Position(s): TRUSTEE

Date: 28/11/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

SAY APHASIA

1169933

Receipts and payments accounts

CC16a

For the period
from

29/09/2022


To

28/09/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	58,946	-	-	58,946	15,246
Grants	10,372	-	-	10,372	22,366
HMRC gift aid claims	6,964	-	-	6,964	2,434
Bank Interest	170	-	-	170	7
Living with Aphasia	960	-	-	960	3,100
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	77,412	-	-	77,412	43,153
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	77,412	-	-	77,412	43,153
A3 Payments					
Charity Events		-	-	-	4,000
Administration and Travel	1,558	-	-	1,558	11,029
Fundraising	7,200	-	-	7,200	3,718
General expenses	6,914	-	-	6,914	11,512
Insurance		-	-	-	126
Marketing	7,575	-	-	7,575	8,514
Speech Therapy		-	-	-	2,634
Freelance Service Providers	26,073	-	-	26,073	
Drop in groups - venue hire	8,559	-	-	8,559	6,128
	-	-	-	-	-
Sub total	57,879	-	-	57,879	47,661
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	57,879	-	-	57,879	47,661
Net of receipts/(payments)	19,533	-	-	19,533	- 4,508
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	31,967	-	-	31,967	36,475
Cash funds this year end	51,500	-	-	51,500	31,967

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance held	51,500	-	-
		-	-	-
		-	-	-
	Total cash funds	51,500	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			IAN LYALL	28/11/2023

Independent examiner's report to the Trustees of Say Aphasia (Charitable Incorporated Organisation-number 1169933)

I report on the accounts of Say Aphasia for the year ended 28 September 2023, which are set out on pages 1 to 2 of the Receipts and Payments accounts.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirement:
 - To keep accounting records in accordance with section 130 of the 2011 Act; and
 - To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michelle Westbury FCCA 20/11/2023

Michelle Westbury FCCA
West & Berry Limited
Mocatta House, Trafalgar Place
Brighton BN1 4DU

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Signed By

Signer: Michelle Westbury FCCA (michelle@westandberry.co.uk)

Identity Check: Email Authentication

Signature Type: Typed

Time Zone: UTC-00:00, Europe/London (Greenwich Mean Time)

Event Log

Nov 20, 2023, 11:53:27 AM - Email notification sent to Michelle Westbury FCCA (michelle@westandberry.co.uk).

Nov 20, 2023, 11:53:33 AM - Email notification delivered to Michelle Westbury FCCA (michelle@westandberry.co.uk).

Nov 20, 2023, 11:54:26 AM - Michelle Westbury FCCA (michelle@westandberry.co.uk) electronically signed or completed the document, from 81.141.209.249.

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