

**SAY APHASIA**

Charity Number: 1169933



**Trustees' Annual Report  
and Financial Statements  
for the Period  
29 September 2020 to 28 September 2021**

June 2022

## Reference & Administration Details

**Charity name:** SAY APHASIA

**Charity number:** 1169933

**Charity's operating address:** 9 Gatton Park Lane, Brighton, BN1 5BQ

### Names of the Charity Trustees who Manage the Charity

1: Colin Lyall

### Names of Trustees for the Charity

- 1: Ana Amaya (resigned October 2021)
- 2: Emma Virrill
- 3: Kirsty Maguire (resigned October 2021)
- 4: Catharine Swinburn
- 5: Ian Lyall (appointed April 2022)

## Structure, Governance & Management

### Description of the Charity's Trusts

**Type of Governing Document:** Constitution

**How the Charity is Constituted:** Charitable Incorporated Organisation

## Objectives & Activities

The object of Say Aphasia is the relief of persons with aphasia and associated acquired communication difficulties after a stroke, head injury or brain tumour and their families and carers by the provision of such charitable support as the trustees think fit, including the provision of therapy, support and information.

Say Aphasia helps people with aphasia adapt to their new way of life and regain their independence and confidence. Say Aphasia provide drop in groups for people with aphasia. These groups are run by people with aphasia. Drop in groups are located in Abergavenny, Chichester, Crawley, Darlington. Eastbourne, Goring-by-Sea, Hove, Selsey, Skipton, Winchester and Woodingdean where people with aphasia can get together, chat, make friends and have fun. Online groups are also provided. Say Aphasia also have affiliation with groups in Sheffield, Leeds and Exeter and the Stroke Association.

Say Aphasia makes a difference to people living with aphasia by:

- Offering additional support.
- Helping to adjust to living with aphasia.
- Meeting like-minded people who are experiencing a similar life change.
- Making new life long friends.
- Gaining tips and advice from others with aphasia.
- Gaining confidence to socialise and communicate as best they can.
- Re-gaining independence as much as they can.
- Helping to reduce loneliness.
- Providing support in a relaxed and welcoming environment.
- Offering art class and singing class as a therapeutic way to relax and express themselves.

## Achievements & Performance

During the ongoing COVID-19 pandemic Say Aphasia have continued to carry on with drop in groups online via Zoom. As restrictions have gradually eased the drop in groups have started to recommence.

Say Aphasia celebrated their 5<sup>th</sup> birthday during this year.

Say Aphasia have again successfully secured several grants throughout the year. These funds have been used to provide free online speech and language therapy sessions for people in the UK, who were discharged from hospital with aphasia and would have otherwise been on a long wait list to see a speech and language therapist, during the difficult times of the COVID-19 pandemic. Funds have also been secured for the introduction of a digital inclusion project. The aim of this project is to pilot a service extension to make our online services accessible to members who do not use zoom.

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

## Financial Review

See Receipts and Payments accounts for 29<sup>th</sup> September 2020 to 28<sup>th</sup> September 2021.

## Declaration

**The Trustees declare that they have approved the Trustees' Report above.**

Signed on behalf of the Charity's Trustees

**Signature(s):**



**Full Name(s):** COLIN LYALL

**Position(s):** CHAIR

**Date:** 06/06/2022



## Receipts and payments accounts

CC16a

For the period  
from

29/09/2020


To

28/09/2021

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	22,618	-	-	22,618	16,492
Grants	1,452	26,000	-	27,452	21,938
HMRC gift aid claims	1,938	-	-	1,938	7,454
Bank Interest	12	-	-	12	14
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	26,020	26,000	-	52,020	45,898
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	26,020	26,000	-	52,020	45,898
<b>A3 Payments</b>					
Charity Events	300	-	-	300	4,280
Administration	4,598	-	-	4,598	-
Fundraising	4,375	-	-	4,375	10,387
General expenses	2,202	-	-	2,202	9,809
Insurance	126	-	-	126	126
Marketing	1,696	3,168	-	4,864	4,452
Speech Therapy	-	14,953	-	14,953	6,024
Travel	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	13,297	18,121	-	31,418	35,078
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	13,297	18,121	-	31,418	35,078
<b>Net of receipts/(payments)</b>	12,724	7,879	-	20,603	10,820
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	15,872	-	-	15,872	5,052
<b>Cash funds this year end</b>	28,596	7,879	-	36,475	15,872

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance held	28,596	7,879	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	28,596	7,879	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		COLIN LYALL	06.06.22	

**Independent examiner's report to the Trustees of Say Aphasia (Charitable Incorporated Organisation-number 1169933)**

I report on the accounts of Say Aphasia for the year ended 28 September 2021, which are set out on pages 1 to 2 of the Receipts and Payments accounts.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the requirement:
  - To keep accounting records in accordance with section 130 of the 2011 Act; and
  - To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Michelle Westbury FCCA*

Michelle Westbury FCCA  
West & Berry Limited  
Mocatta House, Trafalgar Place  
Brighton BN1 4DU

16 June 2022

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## Signed By

**Signer:** Michelle Westbury FCCA (michelle@westandberry.co.uk)

**Identity Check:** Email Authentication

**Signature Type:** Typed

**Time Zone:** UTC+01:00, Europe/London (British Summer Time)

## Event Log

**Jun 16, 2022, 10:24:11 PM** - Michelle Westbury FCCA (michelle@westandberry.co.uk) electronically signed or completed the document, from 86.170.29.119.

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