

**Yorkshire and Humberside Maternity Stream of the City of
Sanctuary CIO**
Charity number 1169883

Annual Report and Financial Statements



City of Sanctuary
Maternity
Stream

WYCAS

COMMUNITY ACCOUNTING
WEST YORKSHIRE

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Annual Report and Financial Statements

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Prepared by West Yorkshire Community Accountancy Service CIO

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Rose McCarthy		
Charlotte Hagerty	Treasurer	
Daria Pluto		
Jacqueline Meugang Epse Ingham		
Charity number	1169883	Registered in England and Wales
Registered and principal address	Bankers	
53 Talbot Crescent	The Co-operative bank	
Leeds	PO Box 101	
LS8 1AL	M60 4EP	

Independent examiner

Sarah Coates MAAT

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2025

Objectives and activities

The charity's objects

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

The charity's main activities

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

Achievements and performance

Urban House

The Senior Project Manager regularly attended Urban House to support pregnant women and new mums. This included a total of 38 attendances, 32 of which attended at least 4 sessions before being dispersed (14 pregnant) and 38 attended a one off. The "Wellbeing sessions" covered a large range of activities from crafts to awareness of maternity and health services. The sessions have been led by the Wakefield befrienders who have supported us to connect with pregnant women and keeping regular communication regarding women's needs for support.

Zoom meetings

Weekly sessions have seen regular embedding a co-production approach to each session, women have been taking initiative proposing topics and actively participating with guests' speakers, enjoying priority on social activities and opportunities in research, as well as supporting each other and celebrating special and traditional occasions. A total of 34 sessions have been delivered during the last 12 months with 11 women attending regularly and 6 on/off, a special feature of the session has been the "Monthly Me session" where women can focus on themselves sharing their dreams, hopes and feelings separating from their roles as mothers. After a consultation within the group, we aim to start face-to-face peer support at least once a month.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance continued

We delivered “Finding your voice” training

Training sessions for 16 women from different backgrounds, culture and abilities. This training supports women to speak in public, including trauma-aware techniques to reflect of their experiences, validate their feelings, learning to express them in a safe space, put them in writing and sharing with others. The level of confidence for most of the participants previous to the training was very low. During the last session the women's learning journey was celebrated by a presentation about a topic meaningful for them in front of their peers and guests and receiving their certificate of participation. At the end of the training women were given the option of officially become volunteers and use the skills they learnt to raise awareness of different topics.

Awareness raising sessions

Sessions were planned and delivered at Leeds and York University for Midwifery students tailored to the needs identified by the tutor. All sessions included an overview of the Asylum process, access to health and maternity services, barriers and good practice in a mixture using resources such as slides, expert by experience presentation and an interactive role-playing scenario. These sessions reached a total of 82 students.

Research

We connected 36 women to attend 7 research sessions including 17 nationalities and 9 languages. There were also 2 research consultancy involving 20 women.

Trips

Two trips took place including a summer day out with 15 women and a residential for 29 people. Participants also joined us at the Deer Shed festival where we had a stall.

Household Support Grants

During the last 12 months with the support of Volition Grant we have been able to support families with 170 supermarket vouchers and 65 payments of £30 towards gas, electricity or water bills.

Financial review

The net receipts for the year were £1,224, including net receipts of £7,137 on unrestricted funds and net payments of £5,913 on restricted funds.

Reserves policy

The charity's free reserves, at the year end were £8,049.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 1 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place. The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

14/10/2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Receipts and payments account for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Receipts					
Donations	(2)	167	632	799	608
Grants	(3)	9,000	28,640	37,640	54,070
HMRC refund		-	5,062	5,062	-
Total receipts		<u>9,167</u>	<u>34,334</u>	<u>43,501</u>	<u>54,678</u>
Payments					
Salaries		2,000	20,514	22,514	20,802
Project Manager payment		-	-	-	739
Trips		-	582	582	832
Mobile phone top up support costs		30	8,570	8,600	5,084
Training and recruitment		-	430	430	192
Accountancy and independent examination		-	528	528	221
Insurance		-	159	159	159
Staff expenses		-	220	220	426
Volunteer expenses		-	316	316	198
Digital access		-	54	54	1,145
Project and event costs		-	8,688	8,688	15,944
Equipment		-	-	-	300
Licences and subscriptions		-	186	186	-
Total payments		<u>2,030</u>	<u>40,247</u>	<u>42,277</u>	<u>46,042</u>
Net receipts / (payments)		<u>7,137</u>	<u>(5,913)</u>	<u>1,224</u>	<u>8,636</u>
Fund balances brought forward		<u>912</u>	<u>10,092</u>	<u>11,004</u>	<u>2,368</u>
Fund balances carried forward	(4)	<u>8,049</u>	<u>4,179</u>	<u>12,228</u>	<u>11,004</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Statement of assets and liabilities as at 31 March 2025

	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Cash funds				
Cash at bank	8,049	4,179	12,228	11,004
Total cash funds	<u>8,049</u>	<u>4,179</u>	<u>12,228</u>	<u>11,004</u>

Assets retained for the charity's own use
Laptop

Liabilities	2025 £
Accruals	726
	<u>726</u>

The financial statements were approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2025

2 Donations	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
The Mothers Union	-	200	200	-
Holmfirth Parish Council	-	282	282	-
Skipton refugees	-	150	150	-
Donations for trips	167	-	167	608
	<u>167</u>	<u>632</u>	<u>799</u>	<u>608</u>

3 Grants	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
The Hilden Charitable Fund	7,000	-	7,000	-
Leeds Older People Forum	-	5,000	5,000	-
NHS WY Integrated Care board (WYICB)	-	10,000	10,000	48,500
Sir George Martin Trust	-	2,640	2,640	-
The Brelms Trust	-	6,000	6,000	-
The Tilehouse Trust	2,000	-	2,000	-
Winter grants fund Jan 2025	-	5,000	5,000	-
Forum Central	-	-	-	5,000
Jo Cox Foundation	-	-	-	500
Leeds City Council	-	-	-	70
	<u>9,000</u>	<u>28,640</u>	<u>37,640</u>	<u>54,070</u>

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Trips	133	-	-	-	133
People and the Dales	67	-	30	-	37
NHS WYICB	9,822	15,062	24,884	-	-
Sir George Martin Trust	-	2,640	1,605	-	1,035
The Brelms Trust	-	6,000	3,255	-	2,745
The Mothers Union	-	200	150	-	50
Leeds Older People Forum	-	5,000	5,000	-	-
Leeds City Council MICE	70	-	70	-	-
Homfirth Parish Council	-	282	282	-	-
Skipton refugee	-	150	150	-	-
Winter grants fund (Jan 25)	-	5,000	4,820	-	180
	<u>10,092</u>	<u>34,334</u>	<u>40,247</u>	<u>-</u>	<u>4,179</u>

For fund descriptions see next page.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2025

4 Restricted funds continued

Fund name	Purpose of restriction
Trips	Towards trips for volunteers and their families
People and the Dales	Towards the costs of mobile phone data top ups for the participants of the weekly support group.
NHS WYICB	Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees.
Sir George Martin Trust	To run training sessions for Find Your Voice training.
The Brelms Trust	Towards project manager and administration costs.
The Mothers Union	Towards trips for volunteers and their families.
Leeds Older People Forum	Towards salary costs and vouchers to support winter payments for service users.
Leeds City Council MICE	Towards the costs of the Maternal and diversity event.
Homfirth Parish Council	Towards trips for volunteers and their families
Skipton refugee	Towards trips for volunteers and their families
Winter grants fund (Jan 25)	Towards salary costs and vouchers to support winter payments for service users.

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

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Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

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Sarah Coates MAAT

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West Yorkshire Community Accountancy Service CIO

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Fund balances carried forward	(4)	<u>8,049</u>	<u>4,179</u>	<u>12,228</u>	<u>11,004</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Statement of assets and liabilities as at 31 March 2025

	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Cash funds				
Cash at bank	8,049	4,179	12,228	11,004
Total cash funds	<u>8,049</u>	<u>4,179</u>	<u>12,228</u>	<u>11,004</u>

Assets retained for the charity's own use
Laptop

Liabilities	2025 £
Accruals	726
	<u>726</u>

The financial statements were approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2025

2 Donations	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
The Mothers Union	-	200	200	-
Holmfirth Parish Council	-	282	282	-
Skipton refugees	-	150	150	-
Donations for trips	167	-	167	608
	<u>167</u>	<u>632</u>	<u>799</u>	<u>608</u>

3 Grants	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
The Hilden Charitable Fund	7,000	-	7,000	-
Leeds Older People Forum	-	5,000	5,000	-
NHS WY Integrated Care board (WYICB)	-	10,000	10,000	48,500
Sir George Martin Trust	-	2,640	2,640	-
The Brelms Trust	-	6,000	6,000	-
The Tilehouse Trust	2,000	-	2,000	-
Winter grants fund Jan 2025	-	5,000	5,000	-
Forum Central	-	-	-	5,000
Jo Cox Foundation	-	-	-	500
Leeds City Council	-	-	-	70
	<u>9,000</u>	<u>28,640</u>	<u>37,640</u>	<u>54,070</u>

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Trips	133	-	-	-	133
People and the Dales	67	-	30	-	37
NHS WYICB	9,822	15,062	24,884	-	-
Sir George Martin Trust	-	2,640	1,605	-	1,035
The Brelms Trust	-	6,000	3,255	-	2,745
The Mothers Union	-	200	150	-	50
Leeds Older People Forum	-	5,000	5,000	-	-
Leeds City Council MICE	70	-	70	-	-
Homfirth Parish Council	-	282	282	-	-
Skipton refugee	-	150	150	-	-
Winter grants fund (Jan 25)	-	5,000	4,820	-	180
	<u>10,092</u>	<u>34,334</u>	<u>40,247</u>	<u>-</u>	<u>4,179</u>

For fund descriptions see next page.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2025

4 Restricted funds continued

Fund name	Purpose of restriction
Trips	Towards trips for volunteers and their families
People and the Dales	Towards the costs of mobile phone data top ups for the participants of the weekly support group.
NHS WYICB	Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees.
Sir George Martin Trust	To run training sessions for Find Your Voice training.
The Brelms Trust	Towards project manager and administration costs.
The Mothers Union	Towards trips for volunteers and their families.
Leeds Older People Forum	Towards salary costs and vouchers to support winter payments for service users.
Leeds City Council MICE	Towards the costs of the Maternal and diversity event.
Homfirth Parish Council	Towards trips for volunteers and their families
Skipton refugee	Towards trips for volunteers and their families
Winter grants fund (Jan 25)	Towards salary costs and vouchers to support winter payments for service users.

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Sarah Coates MAAT

14/10/2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW