

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Charity number 1169883

Annual Report and Financial Statements for the year ended 31 March 2024



Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report for the year ended 31 March 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Rose McCarthy		
Joanna Spooner	Treasurer	Resigned 20 July 2023
Charlotte Hagerty	Treasurer	
Daria Pluto		Appointed 8 February 2023
Jacqueline Meugang Epse Ingham		Appointed 9 January 2023

Charity number 1169883 Registered in England and Wales

Registered and principal address
 53 Talbot Crescent
 Leeds
 LS8 1AL

Bankers
 The Co-operative bank
 PO Box 101
 1 Balloon Street
 Manchester
 M60 4EP

Independent examiner

Sarah Coates MAAT

West Yorkshire Community Accountancy Service CIO

Stringer House
 34 Lupton Street
 Leeds
 LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

The charity's objects

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2024

Objectives and activities

The charity's main activities

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

Achievements and performance

CORE20Plus5

Until the beginning of 2023 due to limited funding, we could only have one worker for one day a week, thanks to the Core20PLUS5 grant, we were able to recruit an additional part-time staff member and increase the outreach and support capacity. The grant funded the following activities:

Wellbeing sessions

In partnership with Solace, and liaison with other local services we set up the delivery of weekly wellbeing sessions at the Initial Accommodation (Urban House based in Wakefield) where asylum seekers are housed before being dispersed. These sessions provided a safe space where pregnant women and mothers with young children were able to attend within the facilities. Attendees were supported with access to services, mental health support (including one to one support) and peer support.

One attendee provided the following quote, "This is a very good group, before the group I was suffering lots of mental health problems, now I feel hope, every week is like a top up of hope I receive in the group". Another said, "When I come to the group, I notice that I am not the only person with problems, the group has shown me that we are all in the same ship and we can share our sorrows"

During the year, we delivered 28 sessions having a total of 172 women attending (Target was 60 women) Additionally, Solace provided 44 individual sessions to 8 women (Target was 6 women)

Zoom Members

Our support groups that take place on zoom started during the pandemic to reduce isolation, these meetings have continued to provide a strong support network, especially after women have been dispersed to other cities as they can join online from their homes. One woman said, "I enjoy them the most, I always look forward to Saturday, it feels like friends catching up, sharing experience and discussing their problems". Another attendee said "I remember when I joined, I was very anxious but now it's part of my life"

During last year we delivered 34 sessions and recorded 296 attendees. (Target was 40 women)

What's app groups

We also continued to support women with Peer support through what's app groups, currently we have 3 active groups with a total of 226 members. (Target was 120)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance continued

Referrals to the project

Referrals are also an important part of the groups, during last year referrals were made through different channels: the wellbeing sessions users were referred to external services such as the Art House, and Wakefield Befrienders. Zoom sessions made many referrals to researchers and other services, additionally, women themselves made the largest amount of referral through the groups by sharing activities and events for women to attend, overall direct and indirect referrals made passed 150 (Target was 120)

Trips

During last year we were able to organise three different outings including two day trips to Settle and Malham, a residential weekend to Halton Gill and participate in the "Deer shed Festival alongside the City of Sanctuary Leeds.

A total of 81 women took part, (Target was 40)

One service user said, "The trip for me and my son meant we could enjoy the countryside, something we can't do with the little money we have. I really enjoy meeting other people and learning a traditional English dance"

Community connector training

The training of "community connectors" during last year has been an important focus. This enabled women to be formally trained on how to support others in the community.

17 women were trained in different roles and procedures. (Target was 12 women)

Feedback included, "Great training, I learnt so much and will confidently recommend it to anybody who wants to help others"

Conference

This February a conference was organised in Partnerships with White Ribbon Alliance and Leeds Playhouse to showcase the work of the whole year, this event brought a wide range of health professionals, third sector, and expert by experience together to share good practice, resources and inspiration directly from expert by experience 123 people attended. (Target was 100 people)

Once conference attendee told us "I thought the whole day was an absolute triumph- inspiring, passionate and a wonderful celebration of motherhood and womanhood"

Maternity Services of Sanctuary Award

Bradford Doula's was presented with a Maternity Services of Sanctuary award. This award is presented to recognise the outstanding work of maternity services in Yorkshire as a maternity service of sanctuary. These services showed substantial evidence of the three principles "Learn, Embed and Share", every application is evaluated by a panel including an expert by experience.

"It was amazing to read all the great work and difference Bradford Doulas have been able to make in the service users and doulas lives, the amount of time invested to make the service as inclusive as possible is truly impressive" Panel member.

We were able to build networks and connections with a number of different organisations. This year we attended 37 connection meetings and established our work and activities in the community joining different steering groups and taking part in multiple events such as Cultural Blossom and Health Inequalities Academy 2. (Target was 20)

Awareness Raising Sessions

These sessions are tailor designed for health professionals or students according to group needs, the uniqueness of these sessions/presentations are based on the first hand experience of women telling their stories. 38 students and more than 60 sector workers benefited from these sessions. "Previous to the session I felt that I had knowledge about asylum seekers and refugee women, however after the session I felt more informed about how as a midwife I can be aware of barriers caring for these women, and ways I can overcome these to improve these women's experiences" University of York student.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance continued

The purpose of this grant was to enable the Yorkshire and Humberside Maternity Stream to host an event where service users could come together and celebrate different cultures and paths, the grant contributed to overcoming barriers that would prevent them from attending the event such as food and transport costs, the event hosted over 70 people including children.

Winter Grant

The purpose of this grant was to support struggling families throughout the winter, this time of the year can be difficult to cope with the increase of cost of living, and this grant enabled 72 families to receive support in the form of supermarket vouchers, cash for utilities and fleece hoodies.

Financial review

The net receipts for the year were £8,636, including net receipts of £89 on unrestricted funds and net receipts of £8,547 on restricted funds after transfers.

Reserves policy

The charity's free reserves, at the year end were £912.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 1 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place. The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 14/08/2024

Charlotte Hagerty (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 7 to 11.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

20/08/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

**Yorkshire and Humberside Maternity Stream of the City of
Sanctuary CIO**
Receipts and payments account
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Receipts					
Donations	(2)	608	-	608	331
Grants	(3)	-	54,070	54,070	1,000
Total receipts		<u>608</u>	<u>54,070</u>	<u>54,678</u>	<u>1,331</u>
Payments					
Salaries		1	20,801	20,802	-
Project Manager payment		134	605	739	4,472
Trips		-	832	832	410
Mobile phone top up support costs		453	4,631	5,084	1,482
Training and recruitment		-	192	192	-
Accountancy		-	221	221	210
Insurance		-	159	159	179
Printing, postage and stationery		-	-	-	10
Staff expenses		9	417	426	40
Volunteer expenses		-	198	198	-
Digital access		-	1,145	1,145	-
Project and event costs		-	15,944	15,944	-
Equipment		-	300	300	-
Total payments		<u>597</u>	<u>45,445</u>	<u>46,042</u>	<u>6,803</u>
Net receipts / (payments)		<u>11</u>	<u>8,625</u>	<u>8,636</u>	<u>(5,472)</u>
Transfers between funds		<u>78</u>	<u>(78)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>89</u>	<u>8,547</u>	<u>8,636</u>	<u>(5,472)</u>
Fund balances brought forward		<u>823</u>	<u>1,545</u>	<u>2,368</u>	<u>7,840</u>
Fund balances carried forward	(4)	<u>912</u>	<u>10,092</u>	<u>11,004</u>	<u>2,368</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Statement of assets and liabilities as at 31 March 2024

	2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Total £
Cash funds				
Cash at bank	912	10,092	11,004	2,368
Total cash funds	<u>912</u>	<u>10,092</u>	<u>11,004</u>	<u>2,368</u>

Assets retained for the charity's own use
Laptop

Liabilities	2024 £
Accruals	<u>528</u>
	<u>528</u>

The financial statements were approved by the board of trustees on 14/08/2024

Charlotte Hagerty (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued

for the year ended 31 March 2024

2 Donations	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Donations for trips	608	-	608	331
	<u>608</u>	<u>-</u>	<u>608</u>	<u>331</u>

3 Grants

Project or activity	2024 Unrestricted funds £	2023 Restricted funds £	2024 Total funds £	2023 Total funds £
People and the Dales	-	-	-	500
Local giving - Magic Little grant (MLG)	-	-	-	500
NHS W.Y Integrated Care board (WYICB)	-	48,500	48,500	-
Jo Cox Foundation	-	500	500	-
Forum Central	-	5,000	5,000	-
Leeds City Council MICE	-	70	70	-
Total	<u>-</u>	<u>54,070</u>	<u>54,070</u>	<u>1,000</u>

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Trips	651	-	518	-	133
The Brelms Trust	176	-	176	-	-
People and the Dales	218	-	151	-	67
NHS WYICB	-	48,500	38,678	-	9,822
Jo Cox Foundation	-	500	422	(78)	-
Winter Grants	-	5,000	5,000	-	-
Local Giving MLG	500	-	500	-	-
Leeds City Council MICE	-	70	-	-	70
	<u>1,545</u>	<u>54,070</u>	<u>45,445</u>	<u>(78)</u>	<u>10,092</u>

Fund name	Purpose of restriction
Trips	Towards trips for volunteers and their families
The Brelms Trust	Towards salary costs of a self-employed project manager
People and the Dales	towards the costs of mobile phone data top ups for the participants of the weekly support group.
NHS WYICB	Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees
Jo Cox Foundation	Towards the costs of a community event that celebrates everything that united communities. The transfer of £78 to unrestricted was authorised by the funder.
Formal Central	Towards the costs of food and fuel vouchers as well as emergency clothing.
Local Giving MLG	Towards the costs of the weekly support group.
Leeds City Council MICE	Towards the costs of the Maternal and diversity event.

Yorkshire and Humberside Maternity Stream of the City of
Notes to the accounts continued
for the year ended 31 March 2024

Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.