

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Charity number 1169883

Annual Report and Financial Statements for the year ended 31 March 2023



West Yorkshire Community Accounting Service

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Annual Report and Financial Statements for the year ended 31 March 2023

Contents	Page
Trustees' report	2 to 3
Receipts and payments account	4
Statement of assets and liabilities	5
Notes to the accounts	6 to 7

Prepared by West Yorkshire Community Accountancy Service CIO

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report for the year ended 31 March 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Mrs Rose McCarthy		
Ms Joanna Spooner	Treasurer	
Charlotte Hagerty		
Daria Pluto		Appointed 8 February 2023
Jacqueline Meugang Epse Ingham		Appointed 9 January 2023
Charity number	1169883	Registered in England and Wales

Registered and principal address	Bankers
PO Box 384	The Co-operative bank
Leeds	PO Box 101
LS26 1GJ	1 Balloon Street
	Manchester
	M60 4EP

Accountants

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

The charity's objects

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance

The charity's main activities

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

Achievements and performance

There are a total of 110 participants in the peer support group, the majority are refugee and asylum-seeking women, and the rest are supporters of the project. 46 new ladies joined us in 2022, many of them were referred by their midwives. There were 37 meetings held in 2022, with an average of 10-15 women joining every week.

We have continued to support women with telephone top ups, information, referrals to food banks, Baby Banks, dulas and opportunities eg. We connected women to researchers and PhD students which encouraged them to share their birth experiences and gain confidence.

Experts by Experience from the Y&H Maternity Stream had helped raised awareness of the rights and experiences of pregnant women seeking sanctuary by presenting 42 times at over 20 different events in 2022, to over 1000 people.

During the year, there were two trips to Settle, an overnight trip to Malham Tarn and a day trip to Malham to make Christmas decorations. The group also had a pamper day delivered by one of the participants and held a retirement party for a volunteer.

Financial review

The net payments for the year was £5,472, including net payments of £223 on unrestricted funds and net payments of £5,249 on restricted funds after transfers.

Reserves policy

The charity's free reserves, at the year end were £823.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 2 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place.

The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 12/07/2023

Joanna Spooner (Trustee)

**Yorkshire and Humberside Maternity Stream of the City of
Sanctuary CIO**
Receipts and payments account
for the year ended 31 March 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Receipts					
Donations	(2)	176	155	331	599
Grants	(3)	-	1,000	1,000	7,012
Total receipts		<u>176</u>	<u>1,155</u>	<u>1,331</u>	<u>7,611</u>
Payments					
Project Manager payment		-	4,472	4,472	4,531
Trips		-	410	410	11
Mobile phone top up support costs		-	1,482	1,482	1,969
Clothing and boots		-	-	-	500
Accountancy		210	-	210	210
Insurance		179	-	179	-
Printing, postage and stationery		10	-	10	-
Staff expenses		-	40	40	-
Total payments		<u>399</u>	<u>6,404</u>	<u>6,803</u>	<u>7,221</u>
Net receipts / (payments)		<u>(223)</u>	<u>(5,249)</u>	<u>(5,472)</u>	<u>390</u>
Fund balances brought forward		<u>1,046</u>	<u>6,794</u>	<u>7,840</u>	<u>7,450</u>
Fund balances carried forward	(4)	<u>823</u>	<u>1,545</u>	<u>2,368</u>	<u>7,840</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Statement of assets and liabilities as at 31 March 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	823	1,545	2,368	7,840
Total cash funds	<u>823</u>	<u>1,545</u>	<u>2,368</u>	<u>7,840</u>

Liabilities	2023
	£
Accruals	221
	<u>221</u>

The financial statements were approved by the board of trustees on 12/07/2023

Joanna Spooner (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2023

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Donations

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Donations for trips	176	155	331	599
	<u>176</u>	<u>155</u>	<u>331</u>	<u>599</u>

3 Grants

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
The Brelms Trust	-	-	-	5,000
People and the Dales	-	500	500	500
Sir George Martin Trust	-	-	-	1,512
Local giving - Magic Little grant	-	500	500	-
	<u>-</u>	<u>1,000</u>	<u>1,000</u>	<u>7,012</u>

4 Restricted funds

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Trips	906	155	410	-	651
The Brelms Trust	4,376	-	4,200	-	176
Sir George Martin Trust	1,512	-	1,512	-	-
Local giving - Magic Little grant	-	500	-	-	500
People and the Dales	-	500	282	-	218
	<u>6,794</u>	<u>1,155</u>	<u>6,404</u>	<u>-</u>	<u>1,545</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2023

Fund name	Purpose of restriction
Trips	Towards trips for volunteers and their families
The Brelms Trust	Towards salary costs of a self-employed project manager
Sir George Martin Trust	Towards the costs of project management costs and mobile phone top ups.
Local giving - Magic Little grant	Towards the costs of the weekly support group
People and the Dales	towards the costs of mobile phone data top ups for the participants of the weekly support group.

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.