

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Charity number 1169883

Annual Report and Financial Statements for the year ended 31 March 2022



City of Sanctuary
Maternity
Stream



West Yorkshire Community Accounting Service

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Annual Report and Financial Statements for the year ended 31 March 2022

Contents	Page
Trustees' report	2 to 4
Receipts and payments account	5
Statement of assets and liabilities	6
Notes to the accounts	7 to 8

Prepared by West Yorkshire Community Accountancy Service CIO

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Mrs Rose McCarthy		
Ms Joanna Spooner	Treasurer	
Mrs Valerie Winder	Secretary	Resigned 2 September 2021
Charlotte Hagerty		

Charity number

The charity was registered with the Charity Commission for England and Wales, number 1169883, on 25 October 2016.

Principal address

PO Box 384
Leeds
LS26 1GJ

Bankers

The Co-operative bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Accountants

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

The charity's objects

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2022

Objectives and activities

The charity's main activities

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

Achievements and performance

During the period April 2021 - March 2022, 40 peer support meetings were held with an average of 10 – 15 women attending. 32 new women joined our group, referred by the women themselves, midwives and by local refugee sector organisations. 12 of them became volunteers with us.

The women have also supported each other by sharing information at the meetings, we have linked more than 20 women with telephone support from women with more experience of living in the UK and the maternity care which has helped to avoid isolation. This is also a great way to support those who struggle with language barriers as they receive support from a volunteer who speaks their own language.

In the same period, staff, trustees and Experts by Experience have given awareness raising training on caring for pregnant women seeking asylum and refugees to over 360 health professionals face to face or via zoom. One of these was via 'The Midwifery Hour,' the recording of which was shared internationally with over 30,000 midwives. At each session Experts by Experience shared their personal experiences of pregnancy, birth and parenting, the barriers they face and how they did or didn't overcome them. The audience was frequently moved to tears and there have been lively discussions on topics such as the use of interpreters. Excellent feedback was received and we have made connections for future sessions.

Experts by Experience have attended training with one of the trustees of the Y&H Maternity Stream who worked for the Refugee Council. The training course was called 'Finding Your Voice and Representing Your Peers.' It gave the women confidence to speak in public in English and helped them decide what they felt comfortable sharing. After presenting the women said they felt their experiences were validated and they could tell that sharing their experiences touched people's hearts, changed minds and improved practice.

We regularly attend the Leeds and Bradford MVP meetings and we have been part of WY&H LMS Board meetings where we make sure we share and promote our practice.

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance continued

With the help of the People and the Dales, we arrange day trips and weekends away for women and children for walks and social engagement. These trips represent the only way for most of the mums for a family holiday. In the last year we managed to arrange four trips to Settle and Malham attended by volunteers and mums, more than 25 different mums and 23 children participated in our trips. After the trips, many of the ladies came home with a friend for life, two ladies became close friends to the point that one of them left her three year old with the other one when she went to give birth at the hospital. If these ladies didn't meet, it would have been a very hard situation.

We have continued to support women with telephone top ups, information, referrals to food banks, Baby Banks, dulas and opportunities eg. we connected women to researchers and PhD students which encouraged them to share their birth experiences and gain confidence.

Financial review

The net receipts for the year were £390, including net payments of £214 on unrestricted funds and net receipts of £604 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £1,046.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 2 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place.

The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to meet its liabilities as they fall due.

Approved by the board of trustees on 26/10/2022

Joanna Spooner (Trustee)

**Yorkshire and Humberside Maternity Stream of the City of
Sanctuary CIO**
Receipts and payments account
for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Receipts					
Donations	(2)	524	75	599	301
Grants	(3)	-	7,012	7,012	10,140
Total receipts		<u>524</u>	<u>7,087</u>	<u>7,611</u>	<u>10,441</u>
Payments					
Project Manager payment		-	4,531	4,531	7,339
Trips		-	11	11	-
Volunteer expenses		528	1,441	1,969	1,629
Clothing and boots		-	500	500	-
Accountancy		210	-	210	210
Total payments		<u>738</u>	<u>6,483</u>	<u>7,221</u>	<u>9,178</u>
Net receipts / (payments)		<u>(214)</u>	<u>604</u>	<u>390</u>	<u>1,263</u>
Fund balances brought forward		<u>1,260</u>	<u>6,190</u>	<u>7,450</u>	<u>6,187</u>
Fund balances carried forward	(4)	<u>1,046</u>	<u>6,794</u>	<u>7,840</u>	<u>7,450</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Statement of assets and liabilities

as at 31 March 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	1,046	6,794	7,840	7,450
Total cash funds	<u>1,046</u>	<u>6,794</u>	<u>7,840</u>	<u>7,450</u>

Liabilities

	£
Accountants Preparation	210
	<u>210</u>

Approval of the accounts

The financial statements were approved by the board of trustees on 26/10/2022

Joanna Spooner (Trustee)

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Donations

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Local giving	524	-	524	-
Donations for trips	-	75	75	301
	<u>524</u>	<u>75</u>	<u>599</u>	<u>301</u>

3 Grants

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Brelms Trust	-	5,000	5,000	5,000
People and the Dales	-	500	500	-
Sir George Martin Trust	-	1,512	1,512	-
Leeds City Council	-	-	-	400
National Lottery Covid 19	-	-	-	1,716
National Lottery Joint Fund	-	-	-	2,000
Yorkshire Building Society	-	-	-	1,024
	<u>-</u>	<u>7,012</u>	<u>7,012</u>	<u>10,140</u>

Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

Notes to the accounts continued for the year ended 31 March 2022

4 Restricted funds	Balance b/f	Receipts	Payments	Balance c/f
	£	£	£	£
Lush	79	-	79	-
Donations for trips	843	75	11	907
Brelms Trust	5,268	5,000	5,893	4,375
National Lottery Joint Fund	-	500	500	-
Yorkshire Building Society	-	1,512	-	1,512
-	<u>6,190</u>	<u>7,087</u>	<u>6,483</u>	<u>6,794</u>

Fund name	Purpose of restriction
Lush	To cover volunteers expenses to attend meetings and awareness raising events
Donations for trips	Towards trips for volunteers and their families
Brelms Trust	Towards salary costs of a self-employed project manager
National Lottery Joint Fund	Towards the costs of winter coats and boots
Yorkshire Building Society	Towards mobile data costs, project management costs for women in West Yorkshire

5 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.