

# YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO

England & Wales · Charity number 1169883

## Details

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**Other names** MATERNITY STREAM OF THE CITY OF SANCTUARY CIO

**Status** Registered

**Legal form** CIO

**Registered** 2016-10-25

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Y&H Mat Stream O.T.C.O.S  
PO Box 384  
Leeds  
LS26 1GJ

**Phone** 0113 8800002

**Email** [info@maternity.cityofsanctuary.org](mailto:info@maternity.cityofsanctuary.org)

**Website** <https://maternity-yh.cityofsanctuary.org/>

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE1. TO PROMOTE, PROTECT AND IMPROVE THE HEALTH OF CHILDBEARING AND PREGNANT ASYLUM SEEKERS AND REFUGEES BY(A) CONTRIBUTING TO THE TRAINING AND AWARENESS OF MIDWIVES, NURSES, HEALTH WORKERS, SOCIAL WORKERS AND LECTURERS. (B) IMPROVING COMMUNICATION BETWEEN HEALTH WORKERS AND CHILDBEARING AND PREGNANT ASYLUM SEEKERS AND REFUGEES OR VICE VERSA.(C) CONTRIBUTING TO IMPROVEMENTS IN MATERNITY SERVICES IN ORDER TO MAKE THEM MORE WELCOMING AND INCLUSIVE FOR PREGNANT ASYLUM SEEKERS AND REFUGEES.2. TO PROMOTE CULTURALLY SENSITIVE ANTE AND POST NATAL INFORMATION AND SUPPORT FOR ASYLUM SEEKERS AND REFUGEES.3. TO PRESERVE AND PROTECT THE HEALTH OF CHILDBEARING AND PREGNANT ASYLUM SEEKERS AND REFUGEES BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES AND SUPPORT SERVICES NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES.

**Activities:** Raising awareness, encouraging cohesion in provision of maternity services for asylum seeking and refugee women, confidence building and enabling volunteers and developing and sharing resources.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups, The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £43,500 | £42,700     | -      | -         |
| 2024-03-31 | £54,678 | £46,042     | -      | -         |
| 2023-03-31 | £1,331  | £6,803      | -      | -         |
| 2022-03-31 | £7,611  | £7,221      | -      | -         |
| 2021-03-31 | £10,441 | £9,178      | -      | -         |

## Trustees

| Name                           | Role  | Appointed  |
|--------------------------------|-------|------------|
| ROSE MCCARTHY                  | Chair | 2017-08-29 |
| Daria Pluto                    |       | 2023-02-08 |
| Jacqueline Meugang Epse Ingham |       | 2023-01-09 |
| Judith Mary Rogers             |       | 2025-05-09 |
| Peter Cummings                 |       | 2025-07-16 |

**YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO**

England & Wales - Charity number 1169883

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# Accounts

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**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO**  
Charity number 1169883

**Annual Report and Financial Statements**



City of Sanctuary  
**Maternity**  
Stream



# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 4      |
| Examiner's report                   | 5           |
| Receipts and payments account       | 6           |
| Statement of assets and liabilities | 7           |
| Notes to the accounts               | 8 to 10     |

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2025**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>                    | <b>Position</b> | <b>Dates</b> |
|--------------------------------|-----------------|--------------|
| Rose McCarthy                  |                 |              |
| Charlotte Hagerty              | Treasurer       |              |
| Daria Pluto                    |                 |              |
| Jacqueline Meugang Epse Ingham |                 |              |

|                       |         |                                 |
|-----------------------|---------|---------------------------------|
| <b>Charity number</b> | 1169883 | Registered in England and Wales |
|-----------------------|---------|---------------------------------|

|   |                       |
|---|-----------------------|
| <b>Registered and principal address</b> | <b>Bankers</b>        |
| 53 Talbot Crescent                      | The Co-operative bank |
| Leeds                                   | PO Box 101            |
| LS8 1AL                                 | M60 4EP               |

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Objectives and activities**

#### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

#### **The charity's main activities**

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

### **Achievements and performance**

#### **Urban House**

The Senior Project Manager regularly attended Urban House to support pregnant women and new mums. This included a total of 38 attendances, 32 of which attended at least 4 sessions before being dispersed (14 pregnant) and 38 attended a one off. The "Wellbeing sessions" covered a large range of activities from crafts to awareness of maternity and health services. The sessions have been led by the Wakefield befrienders who have supported us to connect with pregnant women and keeping regular communication regarding women's needs for support.

#### **Zoom meetings**

Weekly sessions have seen regular embedding a co-production approach to each session, women have been taking initiative proposing topics and actively participating with guests' speakers, enjoying priority on social activities and opportunities in research, as well as supporting each other and celebrating special and traditional occasions. A total of 34 sessions have been delivered during the last 12 months with 11 women attending regularly and 6 on/off, a special feature of the session has been the "Monthly Me session" where women can focus on themselves sharing their dreams, hopes and feelings separating from their roles as mothers. After a consultation within the group, we aim to start face-to-face peer support at least once a month.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Achievements and performance continued**

#### **We delivered “Finding your voice” training**

Training sessions for 16 women from different backgrounds, culture and abilities. This training supports women to speak in public, including trauma-aware techniques to reflect of their experiences, validate their feelings, learning to express them in a safe space, put them in writing and sharing with others. The level of confidence for most of the participants previous to the training was very low. During the last session the women's learning journey was celebrated by a presentation about a topic meaningful for them in front of their peers and guests and receiving their certificate of participation. At the end of the training women were given the option of officially become volunteers and use the skills they learnt to raise awareness of different topics.

#### **Awareness raising sessions**

Sessions were planned and delivered at Leeds and York University for Midwifery students tailored to the needs identified by the tutor. All sessions included an overview of the Asylum process, access to health and maternity services, barriers and good practice in a mixture using resources such as slides, expert by experience presentation and an interactive role-playing scenario. These sessions reached a total of 82 students.

#### **Research**

We connected 36 women to attend 7 research sessions including 17 nationalities and 9 languages. There were also 2 research consultancy involving 20 women.

#### **Trips**

Two trips took place including a summer day out with 15 women and a residential for 29 people. Participants also joined us at the Deer Shed festival where we had a stall.

#### **Household Support Grants**

During the last 12 months with the support of Volition Grant we have been able to support families with 170 supermarket vouchers and 65 payments of £30 towards gas, electricity or water bills.

#### **Financial review**

The net receipts for the year were £1,224, including net receipts of £7,137 on unrestricted funds and net payments of £5,913 on restricted funds.

#### **Reserves policy**

The charity's free reserves, at the year end were £8,049.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 1 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place. The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

14/10/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Receipts and payments account for the year ended 31 March 2025

|   | Notes | 2025<br>Unrestricted<br>funds<br>£ | 2025<br>Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|---|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                         |       |                                    |                                  |                             |                             |
| Donations                               | (2)   | 167                                | 632                              | 799                         | 608                         |
| Grants                                  | (3)   | 9,000                              | 28,640                           | 37,640                      | 54,070                      |
| HMRC refund                             |       | -                                  | 5,062                            | 5,062                       | -                           |
| <b>Total receipts</b>                   |       | <u>9,167</u>                       | <u>34,334</u>                    | <u>43,501</u>               | <u>54,678</u>               |
| <b>Payments</b>                         |       |                                    |                                  |                             |                             |
| Salaries                                |       | 2,000                              | 20,514                           | 22,514                      | 20,802                      |
| Project Manager payment                 |       | -                                  | -                                | -                           | 739                         |
| Trips                                   |       | -                                  | 582                              | 582                         | 832                         |
| Mobile phone top up support costs       |       | 30                                 | 8,570                            | 8,600                       | 5,084                       |
| Training and recruitment                |       | -                                  | 430                              | 430                         | 192                         |
| Accountancy and independent examination |       | -                                  | 528                              | 528                         | 221                         |
| Insurance                               |       | -                                  | 159                              | 159                         | 159                         |
| Staff expenses                          |       | -                                  | 220                              | 220                         | 426                         |
| Volunteer expenses                      |       | -                                  | 316                              | 316                         | 198                         |
| Digital access                          |       | -                                  | 54                               | 54                          | 1,145                       |
| Project and event costs                 |       | -                                  | 8,688                            | 8,688                       | 15,944                      |
| Equipment                               |       | -                                  | -                                | -                           | 300                         |
| Licences and subscriptions              |       | -                                  | 186                              | 186                         | -                           |
| <b>Total payments</b>                   |       | <u>2,030</u>                       | <u>40,247</u>                    | <u>42,277</u>               | <u>46,042</u>               |
| <b>Net receipts / (payments)</b>        |       | <u>7,137</u>                       | <u>(5,913)</u>                   | <u>1,224</u>                | <u>8,636</u>                |
| <b>Fund balances brought forward</b>    |       | <u>912</u>                         | <u>10,092</u>                    | <u>11,004</u>               | <u>2,368</u>                |
| <b>Fund balances carried forward</b>    | (4)   | <u>8,049</u>                       | <u>4,179</u>                     | <u>12,228</u>               | <u>11,004</u>               |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities as at 31 March 2025

|                         | 2025<br>Unrestricted<br>funds<br>£ | 2025<br>Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|-------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Cash funds</b>       |                                    |                                  |                             |                             |
| Cash at bank            | 8,049                              | 4,179                            | 12,228                      | 11,004                      |
| <b>Total cash funds</b> | <u>8,049</u>                       | <u>4,179</u>                     | <u>12,228</u>               | <u>11,004</u>               |

**Assets retained for the charity's own use**  
Laptop

| <b>Liabilities</b> | 2025<br>£  |
|--------------------|------------|
| Accruals           | 726        |
|                    | <u>726</u> |

The financial statements were approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts**

### **for the year ended 31 March 2025**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2025

| 2 Donations              | 2025               | 2025             | 2025        | 2024        |
|--------------------------|--------------------|------------------|-------------|-------------|
|                          | Unrestricted funds | Restricted funds | Total funds | Total funds |
|                          | £                  | £                | £           | £           |
| The Mothers Union        | -                  | 200              | 200         | -           |
| Holmfirth Parish Council | -                  | 282              | 282         | -           |
| Skipton refugees         | -                  | 150              | 150         | -           |
| Donations for trips      | 167                | -                | 167         | 608         |
|                          | <u>167</u>         | <u>632</u>       | <u>799</u>  | <u>608</u>  |

| 3 Grants                             | 2025               | 2025             | 2025          | 2024          |
|--------------------------------------|--------------------|------------------|---------------|---------------|
|                                      | Unrestricted funds | Restricted funds | Total funds   | Total funds   |
|                                      | £                  | £                | £             | £             |
| The Hilden Charitable Fund           | 7,000              | -                | 7,000         | -             |
| Leeds Older People Forum             | -                  | 5,000            | 5,000         | -             |
| NHS WY Integrated Care board (WYICB) | -                  | 10,000           | 10,000        | 48,500        |
| Sir George Martin Trust              | -                  | 2,640            | 2,640         | -             |
| The Brelms Trust                     | -                  | 6,000            | 6,000         | -             |
| The Tilehouse Trust                  | 2,000              | -                | 2,000         | -             |
| Winter grants fund Jan 2025          | -                  | 5,000            | 5,000         | -             |
| Forum Central                        | -                  | -                | -             | 5,000         |
| Jo Cox Foundation                    | -                  | -                | -             | 500           |
| Leeds City Council                   | -                  | -                | -             | 70            |
|                                      | <u>9,000</u>       | <u>28,640</u>    | <u>37,640</u> | <u>54,070</u> |

| 4 Restricted funds          | Balance b/f   | Incoming      | Outgoing      | Transfers | Balance c/f  |
|-----------------------------|---------------|---------------|---------------|-----------|--------------|
|                             | £             | £             | £             | £         | £            |
| Trips                       | 133           | -             | -             | -         | 133          |
| People and the Dales        | 67            | -             | 30            | -         | 37           |
| NHS WYICB                   | 9,822         | 15,062        | 24,884        | -         | -            |
| Sir George Martin Trust     | -             | 2,640         | 1,605         | -         | 1,035        |
| The Brelms Trust            | -             | 6,000         | 3,255         | -         | 2,745        |
| The Mothers Union           | -             | 200           | 150           | -         | 50           |
| Leeds Older People Forum    | -             | 5,000         | 5,000         | -         | -            |
| Leeds City Council MICE     | 70            | -             | 70            | -         | -            |
| Homfirth Parish Council     | -             | 282           | 282           | -         | -            |
| Skipton refugee             | -             | 150           | 150           | -         | -            |
| Winter grants fund (Jan 25) | -             | 5,000         | 4,820         | -         | 180          |
|                             | <u>10,092</u> | <u>34,334</u> | <u>40,247</u> | <u>-</u>  | <u>4,179</u> |

For fund descriptions see next page.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts continued for the year ended 31 March 2025**

### **4 Restricted funds continued**

| <b>Fund name</b>            | <b>Purpose of restriction</b>   |
|-----------------------------|---|
| Trips                       | Towards trips for volunteers and their families   |
| People and the Dales        | Towards the costs of mobile phone data top ups for the participants of the weekly support group.  |
| NHS WYICB                   | Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees. |
| Sir George Martin Trust     | To run training sessions for Find Your Voice training.  |
| The Brelms Trust            | Towards project manager and administration costs.   |
| The Mothers Union           | Towards trips for volunteers and their families.  |
| Leeds Older People Forum    | Towards salary costs and vouchers to support winter payments for service users.   |
| Leeds City Council MICE     | Towards the costs of the Maternal and diversity event.  |
| Homfirth Parish Council     | Towards trips for volunteers and their families   |
| Skipton refugee             | Towards trips for volunteers and their families   |
| Winter grants fund (Jan 25) | Towards salary costs and vouchers to support winter payments for service users.   |

### **4 Related party transactions**

#### **Trustee expenses**

No trustee received any expenses during this year or the previous year.

#### **Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO**  
Charity number 1169883

**Annual Report and Financial Statements**



City of Sanctuary  
**Maternity**  
Stream



# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 4      |
| Examiner's report                   | 5           |
| Receipts and payments account       | 6           |
| Statement of assets and liabilities | 7           |
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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2025**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>                    | <b>Position</b> | <b>Dates</b> |
|--------------------------------|-----------------|--------------|
| Rose McCarthy                  |                 |              |
| Charlotte Hagerty              | Treasurer       |              |
| Daria Pluto                    |                 |              |
| Jacqueline Meugang Epse Ingham |                 |              |

|                       |         |                                 |
|-----------------------|---------|---------------------------------|
| <b>Charity number</b> | 1169883 | Registered in England and Wales |
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|   |                       |
|---|-----------------------|
| <b>Registered and principal address</b> | <b>Bankers</b>        |
| 53 Talbot Crescent                      | The Co-operative bank |
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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Objectives and activities**

#### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
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3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

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Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

### **Achievements and performance**

#### **Urban House**

The Senior Project Manager regularly attended Urban House to support pregnant women and new mums. This included a total of 38 attendances, 32 of which attended at least 4 sessions before being dispersed (14 pregnant) and 38 attended a one off. The "Wellbeing sessions" covered a large range of activities from crafts to awareness of maternity and health services. The sessions have been led by the Wakefield befrienders who have supported us to connect with pregnant women and keeping regular communication regarding women's needs for support.

#### **Zoom meetings**

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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Achievements and performance continued**

#### **We delivered “Finding your voice” training**

Training sessions for 16 women from different backgrounds, culture and abilities. This training supports women to speak in public, including trauma-aware techniques to reflect of their experiences, validate their feelings, learning to express them in a safe space, put them in writing and sharing with others. The level of confidence for most of the participants previous to the training was very low. During the last session the women's learning journey was celebrated by a presentation about a topic meaningful for them in front of their peers and guests and receiving their certificate of participation. At the end of the training women were given the option of officially become volunteers and use the skills they learnt to raise awareness of different topics.

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#### **Research**

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#### **Trips**

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#### **Household Support Grants**

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#### **Financial review**

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#### **Reserves policy**

The charity's free reserves, at the year end were £8,049.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 1 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place. The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

14/10/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Receipts and payments account for the year ended 31 March 2025

|   | Notes | 2025<br>Unrestricted<br>funds<br>£ | 2025<br>Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|---|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                         |       |                                    |                                  |                             |                             |
| Donations                               | (2)   | 167                                | 632                              | 799                         | 608                         |
| Grants                                  | (3)   | 9,000                              | 28,640                           | 37,640                      | 54,070                      |
| HMRC refund                             |       | -                                  | 5,062                            | 5,062                       | -                           |
| <b>Total receipts</b>                   |       | <u>9,167</u>                       | <u>34,334</u>                    | <u>43,501</u>               | <u>54,678</u>               |
| <b>Payments</b>                         |       |                                    |                                  |                             |                             |
| Salaries                                |       | 2,000                              | 20,514                           | 22,514                      | 20,802                      |
| Project Manager payment                 |       | -                                  | -                                | -                           | 739                         |
| Trips                                   |       | -                                  | 582                              | 582                         | 832                         |
| Mobile phone top up support costs       |       | 30                                 | 8,570                            | 8,600                       | 5,084                       |
| Training and recruitment                |       | -                                  | 430                              | 430                         | 192                         |
| Accountancy and independent examination |       | -                                  | 528                              | 528                         | 221                         |
| Insurance                               |       | -                                  | 159                              | 159                         | 159                         |
| Staff expenses                          |       | -                                  | 220                              | 220                         | 426                         |
| Volunteer expenses                      |       | -                                  | 316                              | 316                         | 198                         |
| Digital access                          |       | -                                  | 54                               | 54                          | 1,145                       |
| Project and event costs                 |       | -                                  | 8,688                            | 8,688                       | 15,944                      |
| Equipment                               |       | -                                  | -                                | -                           | 300                         |
| Licences and subscriptions              |       | -                                  | 186                              | 186                         | -                           |
| <b>Total payments</b>                   |       | <u>2,030</u>                       | <u>40,247</u>                    | <u>42,277</u>               | <u>46,042</u>               |
| <b>Net receipts / (payments)</b>        |       | <u>7,137</u>                       | <u>(5,913)</u>                   | <u>1,224</u>                | <u>8,636</u>                |
| <b>Fund balances brought forward</b>    |       | <u>912</u>                         | <u>10,092</u>                    | <u>11,004</u>               | <u>2,368</u>                |
| <b>Fund balances carried forward</b>    | (4)   | <u>8,049</u>                       | <u>4,179</u>                     | <u>12,228</u>               | <u>11,004</u>               |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities as at 31 March 2025

|                         | 2025<br>Unrestricted<br>funds<br>£ | 2025<br>Restricted<br>funds<br>£ | 2025<br>Total<br>funds<br>£ | 2024<br>Total<br>funds<br>£ |
|-------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Cash funds</b>       |                                    |                                  |                             |                             |
| Cash at bank            | 8,049                              | 4,179                            | 12,228                      | 11,004                      |
| <b>Total cash funds</b> | <u>8,049</u>                       | <u>4,179</u>                     | <u>12,228</u>               | <u>11,004</u>               |

**Assets retained for the charity's own use**  
Laptop

| <b>Liabilities</b> | 2025<br>£  |
|--------------------|------------|
| Accruals           | 726        |
|                    | <u>726</u> |

The financial statements were approved by the board of trustees on 09/10/2025

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts**

### **for the year ended 31 March 2025**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2025

| 2 Donations              | 2025               | 2025             | 2025        | 2024        |
|--------------------------|--------------------|------------------|-------------|-------------|
|                          | Unrestricted funds | Restricted funds | Total funds | Total funds |
|                          | £                  | £                | £           | £           |
| The Mothers Union        | -                  | 200              | 200         | -           |
| Holmfirth Parish Council | -                  | 282              | 282         | -           |
| Skipton refugees         | -                  | 150              | 150         | -           |
| Donations for trips      | 167                | -                | 167         | 608         |
|                          | <u>167</u>         | <u>632</u>       | <u>799</u>  | <u>608</u>  |

| 3 Grants                             | 2025               | 2025             | 2025          | 2024          |
|--------------------------------------|--------------------|------------------|---------------|---------------|
|                                      | Unrestricted funds | Restricted funds | Total funds   | Total funds   |
|                                      | £                  | £                | £             | £             |
| The Hilden Charitable Fund           | 7,000              | -                | 7,000         | -             |
| Leeds Older People Forum             | -                  | 5,000            | 5,000         | -             |
| NHS WY Integrated Care board (WYICB) | -                  | 10,000           | 10,000        | 48,500        |
| Sir George Martin Trust              | -                  | 2,640            | 2,640         | -             |
| The Brelms Trust                     | -                  | 6,000            | 6,000         | -             |
| The Tilehouse Trust                  | 2,000              | -                | 2,000         | -             |
| Winter grants fund Jan 2025          | -                  | 5,000            | 5,000         | -             |
| Forum Central                        | -                  | -                | -             | 5,000         |
| Jo Cox Foundation                    | -                  | -                | -             | 500           |
| Leeds City Council                   | -                  | -                | -             | 70            |
|                                      | <u>9,000</u>       | <u>28,640</u>    | <u>37,640</u> | <u>54,070</u> |

| 4 Restricted funds          | Balance b/f   | Incoming      | Outgoing      | Transfers | Balance c/f  |
|-----------------------------|---------------|---------------|---------------|-----------|--------------|
|                             | £             | £             | £             | £         | £            |
| Trips                       | 133           | -             | -             | -         | 133          |
| People and the Dales        | 67            | -             | 30            | -         | 37           |
| NHS WYICB                   | 9,822         | 15,062        | 24,884        | -         | -            |
| Sir George Martin Trust     | -             | 2,640         | 1,605         | -         | 1,035        |
| The Brelms Trust            | -             | 6,000         | 3,255         | -         | 2,745        |
| The Mothers Union           | -             | 200           | 150           | -         | 50           |
| Leeds Older People Forum    | -             | 5,000         | 5,000         | -         | -            |
| Leeds City Council MICE     | 70            | -             | 70            | -         | -            |
| Homfirth Parish Council     | -             | 282           | 282           | -         | -            |
| Skipton refugee             | -             | 150           | 150           | -         | -            |
| Winter grants fund (Jan 25) | -             | 5,000         | 4,820         | -         | 180          |
|                             | <u>10,092</u> | <u>34,334</u> | <u>40,247</u> | <u>-</u>  | <u>4,179</u> |

For fund descriptions see next page.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts continued for the year ended 31 March 2025**

### **4 Restricted funds continued**

| <b>Fund name</b>            | <b>Purpose of restriction</b>   |
|-----------------------------|---|
| Trips                       | Towards trips for volunteers and their families   |
| People and the Dales        | Towards the costs of mobile phone data top ups for the participants of the weekly support group.  |
| NHS WYICB                   | Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees. |
| Sir George Martin Trust     | To run training sessions for Find Your Voice training.  |
| The Brelms Trust            | Towards project manager and administration costs.   |
| The Mothers Union           | Towards trips for volunteers and their families.  |
| Leeds Older People Forum    | Towards salary costs and vouchers to support winter payments for service users.   |
| Leeds City Council MICE     | Towards the costs of the Maternal and diversity event.  |
| Homfirth Parish Council     | Towards trips for volunteers and their families   |
| Skipton refugee             | Towards trips for volunteers and their families   |
| Winter grants fund (Jan 25) | Towards salary costs and vouchers to support winter payments for service users.   |

### **4 Related party transactions**

#### **Trustee expenses**

No trustee received any expenses during this year or the previous year.

#### **Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 10.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  .....

Name: Sarah Coates MAAT

14/10/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO**

England & Wales - Charity number 1169883

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# Accounts

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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

Charity number 1169883

## **Annual Report and Financial Statements for the year ended 31 March 2024**



City of Sanctuary  
**Maternity**  
Stream



# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements for the year ended 31 March 2024**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 5      |
| Examiner's report                   | 6           |
| Receipts and payments account       | 7           |
| Statement of assets and liabilities | 8           |
| Notes to the accounts               | 9 to 11     |

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2024**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>                    | <b>Position</b> | <b>Dates</b>              |
|--------------------------------|-----------------|---------------------------|
| Rose McCarthy                  |                 |                           |
| Joanna Spooner                 | Treasurer       | Resigned 20 July 2023     |
| Charlotte Hagerty              | Treasurer       |                           |
| Daria Pluto                    |                 | Appointed 8 February 2023 |
| Jacqueline Meugang Epse Ingham |                 | Appointed 9 January 2023  |

**Charity number** 1169883 Registered in England and Wales

**Registered and principal address**  
53 Talbot Crescent  
Leeds  
LS8 1AL

**Bankers**  
The Co-operative bank  
PO Box 101  
1 Balloon Street  
Manchester  
M60 4EP

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Objectives and activities**

#### **The charity's main activities**

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

#### **Achievements and performance**

##### CORE20Plus5

Until the beginning of 2023 due to limited funding, we could only have one worker for one day a week, thanks to the Core20PLUS5 grant, we were able to recruit an additional part-time staff member and increase the outreach and support capacity. The grant funded the following activities:

##### Wellbeing sessions

In partnership with Solace, and liaison with other local services we set up the delivery of weekly wellbeing sessions at the Initial Accommodation (Urban House based in Wakefield) where asylum seekers are housed before being dispersed. These sessions provided a safe space where pregnant women and mothers with young children were able to attend within the facilities. Attendees were supported with access to services, mental health support (including one to one support) and peer support.

One attendee provided the following quote, "This is a very good group, before the group I was suffering lots of mental health problems, now I feel hope, every week is like a top up of hope I receive in the group". Another said, "When I come to the group, I notice that I am not the only person with problems, the group has shown me that we are all in the same ship and we can share our sorrows"

During the year, we delivered 28 sessions having a total of 172 women attending (Target was 60 women) Additionally, Solace provided 44 individual sessions to 8 women (Target was 6 women)

##### Zoom Members

Our support groups that take place on zoom started during the pandemic to reduce isolation, these meetings have continued to provide a strong support network, especially after women have been dispersed to other cities as they can join online from their homes. One woman said, "I enjoy them the most, I always look forward to Saturday, it feels like friends catching up, sharing experience and discussing their problems".

Another attendee said "I remember when I joined, I was very anxious but now it's part of my life"

During last year we delivered 34 sessions and recorded 296 attendees. (Target was 40 women)

##### What's app groups

We also continued to support women with Peer support through what's app groups, currently we have 3 active groups with a total of 226 members. (Target was 120)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Achievements and performance continued**

#### Referrals to the project

Referrals are also an important part of the groups, during last year referrals were made through different channels: the wellbeing sessions users were referred to external services such as the Art House, and Wakefield Befrienders. Zoom sessions made many referrals to researchers and other services, additionally, women themselves made the largest amount of referral through the groups by sharing activities and events for women to attend, overall direct and indirect referrals made passed 150 (Target was 120)

#### Trips

During last year we were able to organise three different outings including two day trips to Settle and Malham, a residential weekend to Halton Gill and participate in the "Deer shed Festival alongside the City of Sanctuary Leeds.

A total of 81 women took part, (Target was 40)

One service user said, "The trip for me and my son meant we could enjoy the countryside, something we can't do with the little money we have. I really enjoy meeting other people and learning a traditional English dance"

#### Community connector training

The training of "community connectors" during last year has been an important focus. This enabled women to be formally trained on how to support others in the community.

17 women were trained in different roles and procedures. (Target was 12 women)

Feedback included, "Great training, I learnt so much and will confidently recommend it to anybody who wants to help others"

#### Conference

This February a conference was organised in Partnerships with White Ribbon Alliance and Leeds Playhouse to showcase the work of the whole year, this event brought a wide range of health professionals, third sector, and expert by experience together to share good practice, resources and inspiration directly from expert by experience 123 people attended. (Target was 100 people)

Once conference attendee told us "I thought the whole day was an absolute triumph- inspiring, passionate and a wonderful celebration of motherhood and womanhood"

#### Maternity Services of Sanctuary Award

Bradford Doula's was presented with a Maternity Services of Sanctuary award. This award is presented to recognise the outstanding work of maternity services in Yorkshire as a maternity service of sanctuary. These services showed substantial evidence of the three principles "Learn, Embed and Share", every application is evaluated by a panel including an expert by experience.

"It was amazing to read all the great work and difference Bradford Doulas have been able to make in the service users and doulas lives, the amount of time invested to make the service as inclusive as possible is truly impressive" Panel member.

We were able to build networks and connections with a number of different organisations. This year we attended 37 connection meetings and established our work and activities in the community joining different steering groups and taking part in multiple events such as Cultural Blossom and Health Inequalities Academy 2. (Target was 20)

#### Awareness Raising Sessions

These sessions are tailor designed for health professionals or students according to group needs, the uniqueness of these sessions/presentations are based on the first hand experience of women telling their stories. 38 students and more than 60 sector workers benefited from these sessions. "Previous to the session I felt that I had knowledge about asylum seekers and refugee women, however after the session I felt more informed about how as a midwife I can be aware of barriers caring for these women, and ways I can overcome these to improve these women's experiences" University of York student.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Achievements and performance continued**

The purpose of this grant was to enable the Yorkshire and Humberside Maternity Stream to host an event where service users could come together and celebrate different cultures and paths, the grant contributed to overcoming barriers that would prevent them from attending the event such as food and transport costs, the event hosted over 70 people including children.

#### Winter Grant

The purpose of this grant was to support struggling families throughout the winter, this time of the year can be difficult to cope with the increase of cost of living, and this grant enabled 72 families to receive support in the form of supermarket vouchers, cash for utilities and fleece hoodies.

### **Financial review**

The net receipts for the year were £8,636, including net receipts of £89 on unrestricted funds and net receipts of £8,547 on restricted funds after transfers.

### **Reserves policy**

The charity's free reserves, at the year end were £912.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 1 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place. The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 14/08/2024

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Independent examiner's report to the trustees of Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 7 to 11.

### **Responsibilities and basis of report**

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I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

20/08/2024

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO  
Receipts and payments account  
for the year ended 31 March 2024**

|                                      | Notes | 2024<br>Unrestricted<br>funds<br>£ | 2024<br>Restricted<br>funds<br>£ | 2024<br>Total<br>funds<br>£ | 2023<br>Total<br>funds<br>£ |
|--------------------------------------|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                      |       |                                    |                                  |                             |                             |
| Donations                            | (2)   | 608                                | -                                | 608                         | 331                         |
| Grants                               | (3)   | -                                  | 54,070                           | 54,070                      | 1,000                       |
| <b>Total receipts</b>                |       | <u>608</u>                         | <u>54,070</u>                    | <u>54,678</u>               | <u>1,331</u>                |
| <b>Payments</b>                      |       |                                    |                                  |                             |                             |
| Salaries                             |       | 1                                  | 20,801                           | 20,802                      | -                           |
| Project Manager payment              |       | 134                                | 605                              | 739                         | 4,472                       |
| Trips                                |       | -                                  | 832                              | 832                         | 410                         |
| Mobile phone top up support costs    |       | 453                                | 4,631                            | 5,084                       | 1,482                       |
| Training and recruitment             |       | -                                  | 192                              | 192                         | -                           |
| Accountancy                          |       | -                                  | 221                              | 221                         | 210                         |
| Insurance                            |       | -                                  | 159                              | 159                         | 179                         |
| Printing, postage and stationery     |       | -                                  | -                                | -                           | 10                          |
| Staff expenses                       |       | 9                                  | 417                              | 426                         | 40                          |
| Volunteer expenses                   |       | -                                  | 198                              | 198                         | -                           |
| Digital access                       |       | -                                  | 1,145                            | 1,145                       | -                           |
| Project and event costs              |       | -                                  | 15,944                           | 15,944                      | -                           |
| Equipment                            |       | -                                  | 300                              | 300                         | -                           |
| <b>Total payments</b>                |       | <u>597</u>                         | <u>45,445</u>                    | <u>46,042</u>               | <u>6,803</u>                |
| <b>Net receipts / (payments)</b>     |       | <u>11</u>                          | <u>8,625</u>                     | <u>8,636</u>                | <u>(5,472)</u>              |
| <b>Transfers between funds</b>       |       | <u>78</u>                          | <u>(78)</u>                      | <u>-</u>                    | <u>-</u>                    |
| <b>Net movement in funds</b>         |       | <u>89</u>                          | <u>8,547</u>                     | <u>8,636</u>                | <u>(5,472)</u>              |
| <b>Fund balances brought forward</b> |       | <u>823</u>                         | <u>1,545</u>                     | <u>2,368</u>                | <u>7,840</u>                |
| <b>Fund balances carried forward</b> | (4)   | <u>912</u>                         | <u>10,092</u>                    | <u>11,004</u>               | <u>2,368</u>                |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities as at 31 March 2024

|                         | 2024<br>Unrestricted<br>£ | 2024<br>Restricted<br>£ | 2024<br>Total<br>£ | 2023<br>Total<br>£ |
|-------------------------|---------------------------|-------------------------|--------------------|--------------------|
| <b>Cash funds</b>       |                           |                         |                    |                    |
| Cash at bank            | 912                       | 10,092                  | 11,004             | 2,368              |
| <b>Total cash funds</b> | <u>912</u>                | <u>10,092</u>           | <u>11,004</u>      | <u>2,368</u>       |

### Assets retained for the charity's own use

Laptop

### Liabilities

|          |            |
|----------|------------|
|          | 2024<br>£  |
| Accruals | <u>528</u> |
|          | <u>528</u> |

The financial statements were approved by the board of trustees on 14/08/2024

Charlotte Hagerty (Trustee)

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts for the year ended 31 March 2024**

### **1 Accounting policies**

#### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

#### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO  
Notes to the accounts continued  
for the year ended 31 March 2024**

| 2 Donations         | 2024               | 2024             | 2024        | 2023        |
|---------------------|--------------------|------------------|-------------|-------------|
|                     | Unrestricted funds | Restricted funds | Total funds | Total funds |
|                     | £                  | £                | £           | £           |
| Donations for trips | 608                | -                | 608         | 331         |
|                     | <u>608</u>         | <u>-</u>         | <u>608</u>  | <u>331</u>  |

**3 Grants**

| Project or activity                     | 2024               | 2023             | 2024          | 2023         |
|---|--------------------|------------------|---------------|--------------|
|   | Unrestricted funds | Restricted funds | Total funds   | Total funds  |
|   | £                  | £                | £             | £            |
| People and the Dales                    | -                  | -                | -             | 500          |
| Local giving - Magic Little grant (MLG) | -                  | -                | -             | 500          |
| NHS W.Y Integrated Care board (WYICB)   | -                  | 48,500           | 48,500        | -            |
| Jo Cox Foundation                       | -                  | 500              | 500           | -            |
| Forum Central                           | -                  | 5,000            | 5,000         | -            |
| Leeds City Council MICE                 | -                  | 70               | 70            | -            |
| Total                                   | <u>-</u>           | <u>54,070</u>    | <u>54,070</u> | <u>1,000</u> |

| 4 Restricted funds      | Balance b/f  | Incoming      | Outgoing      | Transfers   | Balance c/f   |
|-------------------------|--------------|---------------|---------------|-------------|---------------|
|                         | £            | £             | £             | £           | £             |
| Trips                   | 651          | -             | 518           | -           | 133           |
| The Brelms Trust        | 176          | -             | 176           | -           | -             |
| People and the Dales    | 218          | -             | 151           | -           | 67            |
| NHS WYICB               | -            | 48,500        | 38,678        | -           | 9,822         |
| Jo Cox Foundation       | -            | 500           | 422           | (78)        | -             |
| Winter Grants           | -            | 5,000         | 5,000         | -           | -             |
| Local Giving MLG        | 500          | -             | 500           | -           | -             |
| Leeds City Council MICE | -            | 70            | -             | -           | 70            |
|                         | <u>1,545</u> | <u>54,070</u> | <u>45,445</u> | <u>(78)</u> | <u>10,092</u> |

| Fund name               | Purpose of restriction   |
|-------------------------|--|
| Trips                   | Towards trips for volunteers and their families  |
| The Brelms Trust        | Towards salary costs of a self-employed project manager  |
| People and the Dales    | towards the costs of mobile phone data top ups for the participants of the weekly support group.   |
| NHS WYICB               | Towards the costs of a project to work with people with lived experience to connect with pregnant asylum seekers and refugees and their own support networks, to improve access to maternity services and wider offers (particularly perinatal mental health) to improve their health and wellbeing and to develop as a health and care system that understands the needs of and responds effectively to asylum seekers and refugees |
| Jo Cox Foundation       | Towards the costs of a community event that celebrates everything that united communities. The transfer of £78 to unrestricted was authorised by the funder.   |
| Formal Central          | Towards the costs of food and fuel vouchers as well as emergency clothing.   |
| Local Giving MLG        | Towards the costs of the weekly support group.   |
| Leeds City Council MICE | Towards the costs of the Maternal and diversity event.   |

**Yorkshire and Humberside Maternity Stream of the City of  
Notes to the accounts continued  
for the year ended 31 March 2024**

**Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO**

England & Wales - Charity number 1169883

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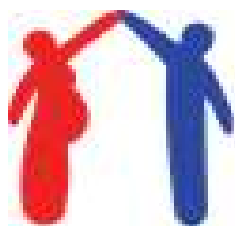
# Accounts

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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

Charity number 1169883

## **Annual Report and Financial Statements for the year ended 31 March 2023**



City of Sanctuary  
**Maternity**  
Stream



West Yorkshire Community Accounting Service

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements for the year ended 31 March 2023**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 3      |
| Receipts and payments account       | 4           |
| Statement of assets and liabilities | 5           |
| Notes to the accounts               | 6 to 7      |

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2023**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>                             | <b>Position</b>       | <b>Dates</b>                    |
|---|-----------------------|---------------------------------|
| Mrs Rose McCarthy                       |                       |                                 |
| Ms Joanna Spooner                       | Treasurer             |                                 |
| Charlotte Hagerty                       |                       |                                 |
| Daria Pluto                             |                       | Appointed 8 February 2023       |
| Jacqueline Meugang Epse Ingham          |                       | Appointed 9 January 2023        |
| <b>Charity number</b>                   | 1169883               | Registered in England and Wales |
| <b>Registered and principal address</b> | <b>Bankers</b>        |                                 |
| PO Box 384                              | The Co-operative bank |                                 |
| Leeds                                   | PO Box 101            |                                 |
| LS26 1GJ                                | 1 Balloon Street      |                                 |
|   | Manchester            |                                 |
|   | M60 4EP               |                                 |

### **Accountants**

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Achievements and performance**

#### **The charity's main activities**

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

### **Achievements and performance**

There are a total of 110 participants in the peer support group, the majority are refugee and asylum-seeking women, and the rest are supporters of the project. 46 new ladies joined us in 2022, many of them were referred by their midwives. There were 37 meetings held in 2022, with an average of 10-15 women joining every week.

We have continued to support women with telephone top ups, information, referrals to food banks, Baby Banks, dulas and opportunities eg. We connected women to researchers and PhD students which encouraged them to share their birth experiences and gain confidence.

Experts by Experience from the Y&H Maternity Stream had helped raised awareness of the rights and experiences of pregnant women seeking sanctuary by presenting 42 times at over 20 different events in 2022, to over 1000 people.

During the year, there were two trips to Settle, an overnight trip to Malham Tarn and a day trip to Malham to make Christmas decorations. The group also had a pamper day delivered by one of the participants and held a retirement party for a volunteer.

#### **Financial review**

The net payments for the year was £5,472, including net payments of £223 on unrestricted funds and net payments of £5,249 on restricted funds after transfers.

#### **Reserves policy**

The charity's free reserves, at the year end were £823.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 2 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place.

The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

Approved by the board of trustees on 12/07/2023

Joanna Spooner (Trustee)

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO  
Receipts and payments account  
for the year ended 31 March 2023**

|                                      | Notes | 2023<br>Unrestricted<br>funds<br>£ | 2023<br>Restricted<br>funds<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|--------------------------------------|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                      |       |                                    |                                  |                             |                             |
| Donations                            | (2)   | 176                                | 155                              | 331                         | 599                         |
| Grants                               | (3)   | -                                  | 1,000                            | 1,000                       | 7,012                       |
| <b>Total receipts</b>                |       | <u>176</u>                         | <u>1,155</u>                     | <u>1,331</u>                | <u>7,611</u>                |
| <b>Payments</b>                      |       |                                    |                                  |                             |                             |
| Project Manager payment              |       | -                                  | 4,472                            | 4,472                       | 4,531                       |
| Trips                                |       | -                                  | 410                              | 410                         | 11                          |
| Mobile phone top up support costs    |       | -                                  | 1,482                            | 1,482                       | 1,969                       |
| Clothing and boots                   |       | -                                  | -                                | -                           | 500                         |
| Accountancy                          |       | 210                                | -                                | 210                         | 210                         |
| Insurance                            |       | 179                                | -                                | 179                         | -                           |
| Printing, postage and stationery     |       | 10                                 | -                                | 10                          | -                           |
| Staff expenses                       |       | -                                  | 40                               | 40                          | -                           |
| <b>Total payments</b>                |       | <u>399</u>                         | <u>6,404</u>                     | <u>6,803</u>                | <u>7,221</u>                |
| <b>Net receipts / (payments)</b>     |       | <u>(223)</u>                       | <u>(5,249)</u>                   | <u>(5,472)</u>              | <u>390</u>                  |
| <b>Fund balances brought forward</b> |       | <u>1,046</u>                       | <u>6,794</u>                     | <u>7,840</u>                | <u>7,450</u>                |
| <b>Fund balances carried forward</b> | (4)   | <u>823</u>                         | <u>1,545</u>                     | <u>2,368</u>                | <u>7,840</u>                |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities as at 31 March 2023

|                         | 2023         | 2023         | 2023         | 2022         |
|-------------------------|--------------|--------------|--------------|--------------|
|                         | Unrestricted | Restricted   | Total        | Total        |
|                         | £            | £            | £            | £            |
| <b>Cash funds</b>       |              |              |              |              |
| Cash at bank            | 823          | 1,545        | 2,368        | 7,840        |
| <b>Total cash funds</b> | <u>823</u>   | <u>1,545</u> | <u>2,368</u> | <u>7,840</u> |

|                    |            |
|--------------------|------------|
| <b>Liabilities</b> | 2023       |
|                    | £          |
| Accruals           | 221        |
|                    | <u>221</u> |

The financial statements were approved by the board of trustees on 12/07/2023

Joanna Spooner (Trustee)

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2023

### 1 Accounting policies

#### Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

#### Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

### 2 Donations

|                     | 2023<br>Unrestricted<br>funds<br>£ | 2023<br>Restricted<br>funds<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|---------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Donations for trips | 176                                | 155                              | 331                         | 599                         |
|                     | <u>176</u>                         | <u>155</u>                       | <u>331</u>                  | <u>599</u>                  |

### 3 Grants

|                                   | 2023<br>Unrestricted<br>funds<br>£ | 2023<br>Restricted<br>funds<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|-----------------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| The Brelms Trust                  | -                                  | -                                | -                           | 5,000                       |
| People and the Dales              | -                                  | 500                              | 500                         | 500                         |
| Sir George Martin Trust           | -                                  | -                                | -                           | 1,512                       |
| Local giving - Magic Little grant | -                                  | 500                              | 500                         | -                           |
|                                   | <u>-</u>                           | <u>1,000</u>                     | <u>1,000</u>                | <u>7,012</u>                |

### 4 Restricted funds

|                                   | Balance b/f<br>£ | Incoming<br>£ | Outgoing<br>£ | Transfers<br>£ | Balance c/f<br>£ |
|-----------------------------------|------------------|---------------|---------------|----------------|------------------|
| Trips                             | 906              | 155           | 410           | -              | 651              |
| The Brelms Trust                  | 4,376            | -             | 4,200         | -              | 176              |
| Sir George Martin Trust           | 1,512            | -             | 1,512         | -              | -                |
| Local giving - Magic Little grant | -                | 500           | -             | -              | 500              |
| People and the Dales              | -                | 500           | 282           | -              | 218              |
|                                   | <u>6,794</u>     | <u>1,155</u>  | <u>6,404</u>  | <u>-</u>       | <u>1,545</u>     |

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts continued for the year ended 31 March 2023**

| <b>Fund name</b>                  | <b>Purpose of restriction</b>  |
|-----------------------------------|--|
| Trips                             | Towards trips for volunteers and their families  |
| The Brelms Trust                  | Towards salary costs of a self-employed project manager  |
| Sir George Martin Trust           | Towards the costs of project management costs and mobile phone top ups.                          |
| Local giving - Magic Little grant | Towards the costs of the weekly support group  |
| People and the Dales              | towards the costs of mobile phone data top ups for the participants of the weekly support group. |

### **Trustee expenses**

No trustee received any expenses during this year or the previous year.

### **Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO**

England & Wales - Charity number 1169883

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# Accounts

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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

Charity number 1169883

## **Annual Report and Financial Statements for the year ended 31 March 2022**



City of Sanctuary  
**Maternity**  
Stream



West Yorkshire Community Accounting Service

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements for the year ended 31 March 2022**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 4      |
| Receipts and payments account       | 5           |
| Statement of assets and liabilities | 6           |
| Notes to the accounts               | 7 to 8      |

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2022**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>        | <b>Position</b> | <b>Dates</b>              |
|--------------------|-----------------|---------------------------|
| Mrs Rose McCarthy  |                 |                           |
| Ms Joanna Spooner  | Treasurer       |                           |
| Mrs Valerie Winder | Secretary       | Resigned 2 September 2021 |
| Charlotte Hagerty  |                 |                           |

### **Charity number**

The charity was registered with the Charity Commission for England and Wales, number 1169883, on 25 October 2016.

### **Principal address**

PO Box 384  
Leeds  
LS26 1GJ

### **Bankers**

The Co-operative bank  
PO Box 101  
1 Balloon Street  
Manchester  
M60 4EP

### **Accountants**

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 October 2016 with the constitution amended on 28 November 2016.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Objectives and activities**

#### **The charity's main activities**

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

#### **Achievements and performance**

During the period April 2021 - March 2022, 40 peer support meetings were held with an average of 10 – 15 women attending. 32 new women joined our group, referred by the women themselves, midwives and by local refugee sector organisations. 12 of them became volunteers with us.

The women have also supported each other by sharing information at the meetings, we have linked more than 20 women with telephone support from women with more experience of living in the UK and the maternity care which has helped to avoid isolation. This is also a great way to support those who struggle with language barriers as they receive support from a volunteer who speaks their own language.

In the same period, staff, trustees and Experts by Experience have given awareness raising training on caring for pregnant women seeking asylum and refugees to over 360 health professionals face to face or via zoom. One of these was via 'The Midwifery Hour,' the recording of which was shared internationally with over 30,000 midwives. At each session Experts by Experience shared their personal experiences of pregnancy, birth and parenting, the barriers they face and how they did or didn't overcome them. The audience was frequently moved to tears and there have been lively discussions on topics such as the use of interpreters. Excellent feedback was received and we have made connections for future sessions.

Experts by Experience have attended training with one of the trustees of the Y&H Maternity Stream who worked for the Refugee Council. The training course was called 'Finding Your Voice and Representing Your Peers.' It gave the women confidence to speak in public in English and helped them decide what they felt comfortable sharing. After presenting the women said they felt their experiences were validated and they could tell that sharing their experiences touched people's hearts, changed minds and improved practice.

We regularly attend the Leeds and Bradford MVP meetings and we have been part of WY&H LMS Board meetings where we make sure we share and promote our practice.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2022**

### **Achievements and performance continued**

With the help of the People and the Dales, we arrange day trips and weekends away for women and children for walks and social engagement. These trips represent the only way for most of the mums for a family holiday. In the last year we managed to arrange four trips to Settle and Malham attended by volunteers and mums, more than 25 different mums and 23 children participated in our trips. After the trips, many of the ladies came home with a friend for life, two ladies became close friends to the point that one of them left her three year old with the other one when she went to give birth at the hospital. If these ladies didn't meet, it would have been a very hard situation.

We have continued to support women with telephone top ups, information, referrals to food banks, Baby Banks, dulas and opportunities eg. we connected women to researchers and PhD students which encouraged them to share their birth experiences and gain confidence.

### **Financial review**

The net receipts for the year were £390, including net payments of £214 on unrestricted funds and net receipts of £604 on restricted funds.

### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £1,046.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 2 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place.

The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to meet its liabilities as they fall due.

Approved by the board of trustees on 26/10/2022

Joanna Spooner (Trustee)

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO  
Receipts and payments account  
for the year ended 31 March 2022**

|                                      | Notes | 2022<br>Unrestricted<br>funds<br>£ | 2022<br>Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|--------------------------------------|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                      |       |                                    |                                  |                             |                             |
| Donations                            | (2)   | 524                                | 75                               | 599                         | 301                         |
| Grants                               | (3)   | -                                  | 7,012                            | 7,012                       | 10,140                      |
| <b>Total receipts</b>                |       | <u>524</u>                         | <u>7,087</u>                     | <u>7,611</u>                | <u>10,441</u>               |
| <b>Payments</b>                      |       |                                    |                                  |                             |                             |
| Project Manager payment              |       | -                                  | 4,531                            | 4,531                       | 7,339                       |
| Trips                                |       | -                                  | 11                               | 11                          | -                           |
| Volunteer expenses                   |       | 528                                | 1,441                            | 1,969                       | 1,629                       |
| Clothing and boots                   |       | -                                  | 500                              | 500                         | -                           |
| Accountancy                          |       | 210                                | -                                | 210                         | 210                         |
| <b>Total payments</b>                |       | <u>738</u>                         | <u>6,483</u>                     | <u>7,221</u>                | <u>9,178</u>                |
| <b>Net receipts / (payments)</b>     |       | <u>(214)</u>                       | <u>604</u>                       | <u>390</u>                  | <u>1,263</u>                |
| <b>Fund balances brought forward</b> |       | <u>1,260</u>                       | <u>6,190</u>                     | <u>7,450</u>                | <u>6,187</u>                |
| <b>Fund balances carried forward</b> | (4)   | <u>1,046</u>                       | <u>6,794</u>                     | <u>7,840</u>                | <u>7,450</u>                |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities

as at 31 March 2022

|                         | 2022<br>Unrestricted<br>£ | 2022<br>Restricted<br>£ | 2022<br>Total<br>£ | 2021<br>Total<br>£ |
|-------------------------|---------------------------|-------------------------|--------------------|--------------------|
| <b>Cash funds</b>       |                           |                         |                    |                    |
| Cash at bank            | 1,046                     | 6,794                   | 7,840              | 7,450              |
| <b>Total cash funds</b> | <u>1,046</u>              | <u>6,794</u>            | <u>7,840</u>       | <u>7,450</u>       |
| <b>Liabilities</b>      |                           |                         | £                  |                    |
| Accountants Preparation |                           |                         | 210                |                    |
|                         |                           |                         | <u>210</u>         |                    |

### Approval of the accounts

The financial statements were approved by the board of trustees on 26/10/2022

Joanna Spooner (Trustee)

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2022

### 1 Accounting policies

#### Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

#### Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

### 2 Donations

|                     | 2022<br>Unrestricted<br>funds<br>£ | 2022<br>Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|---------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Local giving        | 524                                | -                                | 524                         | -                           |
| Donations for trips | -                                  | 75                               | 75                          | 301                         |
|                     | <u>524</u>                         | <u>75</u>                        | <u>599</u>                  | <u>301</u>                  |

### 3 Grants

|                             | 2022<br>Unrestricted<br>funds<br>£ | 2022<br>Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|-----------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Brelms Trust                | -                                  | 5,000                            | 5,000                       | 5,000                       |
| People and the Dales        | -                                  | 500                              | 500                         | -                           |
| Sir George Martin Trust     | -                                  | 1,512                            | 1,512                       | -                           |
| Leeds City Council          | -                                  | -                                | -                           | 400                         |
| National Lottery Covid 19   | -                                  | -                                | -                           | 1,716                       |
| National Lottery Joint Fund | -                                  | -                                | -                           | 2,000                       |
| Yorkshire Building Society  | -                                  | -                                | -                           | 1,024                       |
|                             | <u>-</u>                           | <u>7,012</u>                     | <u>7,012</u>                | <u>10,140</u>               |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2022

| 4 Restricted funds          | Balance b/f  | Receipts     | Payments     | Balance c/f  |
|-----------------------------|--------------|--------------|--------------|--------------|
|                             | £            | £            | £            | £            |
| Lush                        | 79           | -            | 79           | -            |
| Donations for trips         | 843          | 75           | 11           | 907          |
| Brelms Trust                | 5,268        | 5,000        | 5,893        | 4,375        |
| National Lottery Joint Fund | -            | 500          | 500          | -            |
| Yorkshire Building Society  | -            | 1,512        | -            | 1,512        |
| -                           | <u>6,190</u> | <u>7,087</u> | <u>6,483</u> | <u>6,794</u> |

| Fund name                   | Purpose of restriction  |
|-----------------------------|---|
| Lush                        | To cover volunteers expenses to attend meetings and awareness raising events    |
| Donations for trips         | Towards trips for volunteers and their families                                 |
| Brelms Trust                | Towards salary costs of a self-employed project manager                         |
| National Lottery Joint Fund | Towards the costs of winter coats and boots                                     |
| Yorkshire Building Society  | Towards mobile data costs, project management costs for women in West Yorkshire |

### 5 Related party transactions

#### Trustee expenses

No trustee received any expenses during this year or the previous year.

#### Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

**YORKSHIRE AND HUMBERSIDE MATERNITY STREAM OF THE CITY OF SANCTUARY CIO**

England & Wales - Charity number 1169883

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# Accounts

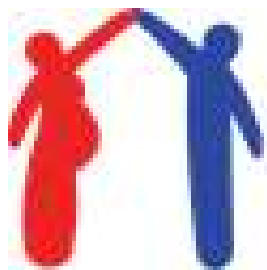
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# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

Charity number 1169883

## **Annual Report and Financial Statements**

**for the year ended 31 March 2021**



City of Sanctuary  
**Maternity**  
Stream



West Yorkshire Community Accounting Service

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Annual Report and Financial Statements for the year ended 31 March 2021**

| <b>Contents</b>                     | <b>Page</b> |
|-------------------------------------|-------------|
| Trustees' report                    | 2 to 4      |
| Receipts and payments account       | 5           |
| Statement of assets and liabilities | 6           |
| Notes to the accounts               | 7 to 8      |

**Prepared by West Yorkshire Community Accounting Service**

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report for the year ended 31 March 2021**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

| <b>Name</b>        | <b>Position</b> | <b>Dates</b>          |
|--------------------|-----------------|-----------------------|
| Mrs Rose McCarthy  |                 |                       |
| Ms Joanna Spooner  | Treasurer       |                       |
| Mrs Valerie Winder | Secretary       | Resigned 2 Sep 2021   |
| Charlotte Hagerty  |                 | Appointed 21 Jun 2019 |

### **Charity number**

The charity was registered with the Charity Commission for England and Wales, number 1169883, on 25 October 2016.

### **Principal address**

PO Box 384  
Leeds  
LS26 1GJ

### **Bankers**

The Co-operative bank  
PO Box 101  
1 Balloon Street  
Manchester  
M60 4EP

### **Accountants**

#### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 25 Oct 2016 with the constitution amended on 28 November 2016.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

1. To promote, protect and improve the health of childbearing and pregnant asylum seekers and refugees by (A) contributing to the training and awareness of midwives, nurses, health workers, social workers and lecturers. (B) improving communication between health workers and childbearing and pregnant asylum seekers and refugees or vice versa. (C) contributing to improvements in maternity services in order to make them more welcoming and inclusive for pregnant asylum seekers and refugees.
2. To promote culturally sensitive ante and post natal information and support for asylum seekers and refugees.
3. To preserve and protect the health of childbearing and pregnant asylum seekers and refugees by providing and assisting in the provision of facilities and support services not normally provided by the statutory authorities.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Objectives and activities**

#### **The charity's main activities**

Raising awareness through attendance and talks at conferences and events, as well as delivering awareness raising sessions to a range of audiences about the experiences of asylum seeking women, particularly around maternity care.

Encouraging cohesion in provision of maternity services for asylum seeking and refugee women through organising multi-disciplinary meetings and supporting asylum seeking and refugee women to share their stories, as well as involvement in research projects and attendance at meetings and Liaison Committees.

Confidence building and enabling volunteers through training and workshops.

Developing and sharing resources including exhibitions, awareness raising films, learning resources, leaflets and social media.

Raising awareness about accessing health and maternity services for migrant women.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the advancement of education, the advancement of health or the saving of lives, the advancement of human rights and the promotion of religious or racial harmony / equality and diversity.

#### **Achievements and performance**

Our work during this period was supported by a grant for core funding from the Brelms Foundation. We also received several Covid-19 related grants.

The Covid-19 pandemic impacted the way in which we were able to work. Instead of monthly face-to-face meetings, we moved to weekly meetings over Zoom which were popular with participants, particularly as a way to combat isolation during lockdown.

Guests were invited to speak at the meetings on a variety of topics, including mental health, sexual health, visiting hospital during the pandemic, vaccinations, dental health and prescriptions.

A Whatsapp group was used to share information among the group, particularly around Covid-19 restrictions and to combat misinformation.

One to one telephone befriending was supported as part of the project by matching long-standing volunteers with new arrivals.

#### **Financial review**

The net receipts for the year were £1,263, including net receipts of £301 on unrestricted funds and net receipts of £962 on restricted funds.

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Trustees' report (continued) for the year ended 31 March 2021**

### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £1,260.

The minimum level of reserves to be held by the charity is £1,000 for basic operating costs and 2 months Project Manager payment, for winding down in case funding for this role comes to an end without continuation funding in place.

The maximum level of reserves to be held by the charity is £2,000. Any unrestricted funds over this level must be designated.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern

Signed on behalf of the board of trustees on 03/11/2021

Joanna Spooner (Trustee)

**Yorkshire and Humberside Maternity Stream of the City of  
Sanctuary CIO**  
**Receipts and payments account**  
**for the year ended 31 March 2021**

|                                      | Notes | 2021<br>Unrestricted<br>funds<br>£ | 2021<br>Restricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|--------------------------------------|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| <b>Receipts</b>                      |       |                                    |                                  |                             |                             |
| Donations                            | (2)   | 301                                | -                                | 301                         | 595                         |
| Grants                               |       | -                                  | 10,140                           | 10,140                      | 5,000                       |
| <b>Total receipts</b>                |       | <u>301</u>                         | <u>10,140</u>                    | <u>10,441</u>               | <u>5,595</u>                |
| <b>Payments</b>                      |       |                                    |                                  |                             |                             |
| Project Manager payment              |       | -                                  | 7,339                            | 7,339                       | 3,270                       |
| Worker travel / expenses             |       | -                                  | -                                | -                           | 302                         |
| Trips                                |       | -                                  | -                                | -                           | 338                         |
| Volunteer expenses                   |       | -                                  | 1,629                            | 1,629                       | 70                          |
| Meeting costs                        |       | -                                  | -                                | -                           | 12                          |
| Trustee expenses                     |       | -                                  | -                                | -                           | 7                           |
| Insurance                            |       | -                                  | -                                | -                           | 279                         |
| Accountancy                          |       | -                                  | 210                              | 210                         | 210                         |
| Training                             |       | -                                  | -                                | -                           | 60                          |
| <b>Total payments</b>                |       | <u>-</u>                           | <u>9,178</u>                     | <u>9,178</u>                | <u>4,548</u>                |
| <b>Net receipts</b>                  |       | 301                                | 962                              | 1,263                       | 1,047                       |
| <b>Fund balances brought forward</b> |       | 958                                | 5,229                            | 6,187                       | 5,140                       |
| <b>Fund balances carried forward</b> | (3)   | <u>1,260</u>                       | <u>6,190</u>                     | <u>7,450</u>                | <u>6,187</u>                |

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Statement of assets and liabilities as at 31 March 2021

|                         | 2021         | 2021         | 2021         | 2020         |
|-------------------------|--------------|--------------|--------------|--------------|
|                         | Unrestricted | Restricted   | Total        | Total        |
|                         | £            | £            | £            | £            |
| <b>Cash funds</b>       |              |              |              |              |
| Cash at bank            | 1,260        | 6,190        | 7,450        | 6,187        |
| <b>Total cash funds</b> | <u>1,260</u> | <u>6,190</u> | <u>7,450</u> | <u>6,187</u> |

### Liabilities

|                         |  |  |            |  |
|-------------------------|--|--|------------|--|
|                         |  |  | £          |  |
| Accountants Preparation |  |  | 210        |  |
|                         |  |  | <u>210</u> |  |

### Approval of the accounts

The financial statements were approved by the board of trustees on 03/11/2021

Joanna Spooner (Trustee)

# Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO

## Notes to the accounts continued for the year ended 31 March 2021

### 1 Accounting policies

#### Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

#### Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

### 2 Grants and donations

|                             | 2021<br>Unrestricted<br>funds<br>£ | 2021<br>Restricted<br>funds<br>£ | 2021<br>Total<br>funds<br>£ | 2020<br>Total<br>funds<br>£ |
|-----------------------------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| Brelms Trust                | -                                  | 5,000                            | 5,000                       | 5,000                       |
| Donations for trips         | 301                                | -                                | 301                         | 595                         |
| Leeds City Council          | -                                  | 400                              | 400                         | -                           |
| Yorkshire Building Society  | -                                  | 1,024                            | 1,024                       | -                           |
| National Lottery Covid 19   | -                                  | 1,716                            | 1,716                       | -                           |
| National Lottery Joint Fund | -                                  | 2,000                            | 2,000                       | -                           |
|                             | <u>301</u>                         | <u>10,140</u>                    | <u>10,440</u>               | <u>5,595</u>                |

### 3 Restricted funds

|                             | Balance b/f<br>£ | Incoming<br>£ | Outgoing<br>£ | Transfers<br>£ | Balance c/f<br>£ |
|-----------------------------|------------------|---------------|---------------|----------------|------------------|
| Lush                        | 79               | -             | -             | -              | 79               |
| Donations for trips         | 843              | -             | -             | -              | 843              |
| Brelms Trust                | 4,308            | 5,000         | 4,038         | -              | 5,268            |
| Leeds City Council          | -                | 400           | 400           | -              | -                |
| Yorkshire Building Society  | -                | 1,024         | 1,024         | -              | -                |
| National Lottery Covid 19   | -                | 1,716         | 1,716         | -              | -                |
| National Lottery joint fund | -                | 2,000         | 2,000         | -              | -                |
|                             | <u>5,230</u>     | <u>10,140</u> | <u>9,178</u>  | <u>-</u>       | <u>6,190</u>     |

# **Yorkshire and Humberside Maternity Stream of the City of Sanctuary CIO**

## **Notes to the accounts continued for the year ended 31 March 2021**

| <b>Fund name</b>            | <b>Purpose of restriction</b>  |
|-----------------------------|--|
| Lush                        | To cover volunteers expenses to attend meetings and awareness raising events |
| Donations for trips         | Towards trips for volunteers and their families                              |
| Brelms Trust                | Towards salary costs of a self-employed project manager                      |
| Leeds City Council          | Towards the costs for digital inclusion.                                     |
| Yorkshire Building Society  | Towards support for Covid 19 response  |
| National Lottery Covid 19   | Towards support for Covid 19 response  |
| National Lottery joint fund | Towards project manager costs  |

#### **4 Related party transactions**

##### **Trustee expenses**

No trustee was paid any expenses during the year (2020: 1 trustee was paid £7 in respect of travel).

##### **Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.