

# HAND 2 HELP FOUNDATION

England & Wales · Charity number 1169876

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-10-24

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** ML House  
9 North Street  
Manchester  
M8 8RE

**Phone** 01617888000

**Email** [info@hand2help.org](mailto:info@hand2help.org)

**Website** [www.hand2help.org](http://www.hand2help.org)

## Activities

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**Objects:** TO RELIEVE SICKNESS AND POOR HEALTH AMONG THE PEOPLE LIVING IN RURAL AREA OF PAKISTAN BY PROVIDING FREE MEDICAL CONSULTATION AND FREE MEDICINES.

**Activities:** Free Community Hospital/Clinics in Pakistan Free Community School Water Filtration Plant Widow House Orphanage Drug Awareness Programme in the UK

## Classification

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- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Accommodation/housing, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Pakistan
- Manchester City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	-	-	-	-
2024-06-30	-	-	-	-
2023-06-30	-	-	-	-
2022-06-30	-	-	-	-
2021-06-30	-	-	-	-
2020-06-30	£42,564	£28,188	-	-
2019-06-30	£15,679	£13,182	-	-
2018-06-30	£21,544	£11,671	-	-
2017-06-30	£119,050	£7,183	-	-

## Trustees

Name	Role	Appointed
MUHAMMAD RASHID ZIA	Chair	2016-10-20
Dr HAFIZ REHMAN		2016-10-20
FARAH ZIA		2016-10-20