

## Annual report 6th April 2022 – 5 April 2023

### About maNGOma

maNGOma (mutual assistance for NGOs for mutual advantage) is a small UK based. whose aims are to support the development of community groups and NGOs in the UK and overseas, by working with them to mitigate the challenges brought about by climate change, ecological breakdown, poverty, access to education, training and health provision, population displacement and regional conflict.

We help small grassroots NGOs to help make their projects happen and apply to funders in partnership with them. In the UK, we enable vulnerable groups with projects to help them improve their opportunities and prospects. Alongside this, we facilitate the sharing of knowledge and experience between these groups and the wider public. Our role is to create project proposals to funders to help make the projects happen. We have a grants policy, but in order to grant aid the NGOs we have first to secure funding in partnership with them. We also seek grants and individual donations to help support our core activity.

Our Board continues to be diverse in terms of age, gender, nationality and ethnicity, with a wide range of skills and experience in the fields of community project management, international development, charity business development, communication, monitoring and evaluation. Most of them also form our volunteer team. A major source of recruitment has been University of East Anglia (UEA) undergraduates, postgraduates, and alumni. We offer mentoring and coaching to help them develop their skills and roles. We have no paid staff or premises at present; our volunteers all work from home, some from overseas locations.

### Report on activities

#### International

This year has seen us work in partnership with the following NGOs.

**CAMAAY:** the Cameroon Association of Active Youth, is a non-profit community-led organization based in Bamenda, Western Cameroon. The NGO is committed to building resilient and sustainable communities in areas affected by conflict and displacement. CAMAAY has successfully implemented projects addressing food security, climate resilience, health promotion, and economic development to counteract the loss of livelihoods and the impact of displacement on individuals and communities. Given the recent crises in Cameroon leading to internal displacement CAMAAY has been providing humanitarian assistance and protection to local communities and internally displaced persons (IDPs). The living conditions of these individuals have deteriorated, leading to challenges such as limited access to education, food, water, and basic services. Reports also highlight gender-based violence faced

by women IDPs, necessitating robust actions to address their situation. maNGOma has been helping with fundraising for several projects for CAMAAY's communities, e.g.: (a) the establishment of a virtual clinic in Bamenda to improve health services' access for residents in remote villages like Bamendakwe, Mankon, and Nkwen (b) procure educational supplies for internally displaced children in the conflict-affected region of Oku, ensuring uninterrupted access to quality learning (c) a sustainable and replicable small-scale chicken production enterprise in Bamenda.

**Health & Water Foundation (HWF):** based in Kisii District in southwestern Kenya, this NGO is dedicated to enhancing the health, water, and sanitation conditions for both rural and urban communities. They actively engage in initiatives such as promoting education for girls by providing water, sanitation, and hygiene to impoverished primary schools. Simultaneously, HWF supports Early Childhood Education by offering capacity building and material provisions to underprivileged primary schools. Their multifaceted approach includes WES training, developing youth entrepreneurship projects, and capacity building for communities and community-based organizations to alleviate poverty and improve health conditions among school-going children, mothers, and pregnant women in Kenya. Two examples of projects we have been developing with HWF have been (a) creating entrepreneurship opportunities for young people and (b) ensuring improved sanitation in primary schools. In addition, we have been working with the NGO to set up a charity in the UK to raise their profile in the UK, and to support fundraising for their communities.

**ZimConserve:** based in Chitungwiza, Harare Province Zimbabwe, ZimConserve's humanitarian work, aims to **promote the conservation of Zimbabwe's biodiversity, wildlife and natural resources while working on building sustainable agricultural practices in order to reduce poverty** with particular focus on young people and vulnerable members of the society, assisting them to acquire skills to self-sustain grow and develop through training and practical demonstrations in permaculture and related fields. We are working on a project proposal regarding mushroom farming.

**Health and Gospel Mission Africa (HAGMA)** based in Kasese, Uganda this NGOs aims to improve the situation of vulnerable people in the area. We are working on proposals to funders for focus on improving maternal and child health, disease prevention and water sanitation. This includes health education sessions on menstrual hygiene and reproductive health, helping girls access reusable sanitary menstrual pads and expectant mothers access birthing/delivery kits.

### Local activity

### Group representation

We have been represented on the following groups.

- **Norwich Eco Hub** – This Community Interest Company focuses on information sharing and bringing together the range of groups in Norfolk concerned with facets of environmental sustainability, relating to many of the Sustainable Development Goals. Eco Hub has begun running various public events in the Norwich area with the involvement of some of our Trustees.
- **Aid Alliance** - The Aid Alliance brings people and organisations together to defend the 0.7% aid spending commitment in the 2015 International Development Act. This includes lobbying MPs, raising awareness, and working to change public perceptions on aid and development. Some of our Trustees have been involved in the Aid Alliance campaign, including street stalls.
- **Norfolk Global Neighbours** - This is an informal group running as a local manifestation of the Aid Alliance to support their campaign and to highlight the Norfolk public's contribution to overseas aid via individual donations and charitable activity. They reached an advance stage of planning a week-long exhibition at St Peter Mancroft Church in the centre of Norwich, to feature maNGOma, Aid Alliance and local overseas aid charities.

## **Refugee Project**

Courtesy of a grant from the National Lottery Awards for All programme, our asylum seeker and refugee engagement project proceeded as planned after a slow start last year due to community re-emergence following the pandemic. The project worked with public authorities, community groups and individuals in Norwich, particularly those from refugee and asylum seeker communities, diaspora groups and marginalised communities within the area, in order to foster connections and support with learning, training and volunteering opportunities. We hosted training sessions, workshops and celebratory events, where participants came together, shared experiences, and received an introduction to the different types of voluntary/community organisations, different volunteering skills and roles. Project champions helped promote the project, there being people from recruited from the local refugee community or among those who were knowledgeable about local volunteering opportunities.

We promoted: (a) refugee and asylum seekers support organisations in Norwich including Norfolk County Council People from Abroad team, voluntary organisations New Routes Integration and Bridge Plus, and various community support groups (b)voluntary organisations seeking to recruit volunteers, for example Friends of Waterloo Park, Grapes Hill Community Gardens, Shoebox Enterprises, Voluntary Norfolk

We are pleased that this work proved to be effective in introducing the idea of volunteering to refugees, and to the idea of refugees as volunteers. Neither group had really considered this possibility before. We helped many refugees to become volunteers, and the voluntary organisations to consider active recruitment, so we fostered the beginnings of a sustainable change for community benefit.

## **Future local projects**

We began planning a project in partnership with Aid Alliance, Norfolk Global Neighbours, and Norwich Eco Hub to run a free two-day exhibition in the foyer of local cinema - 'No Place Like Home?' comprising chosen films and seminars on some key issues around climate change, ecological breakdown and loss of home, coupled with displays, stalls and opportunities for the public, including families, to engage in creative and educational activities around the theme

Steve Wiseman  
Trustee  
maNGOma



CHARITY COMMISSION  
FOR ENGLAND AND WALES

MANGOMA

1169841

## Receipts and payments accounts

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For the period  
from

6.4.22

To

5.4.23

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Opening Balance	405	7,066	-	7,471	399
Grants	-	-	-	-	19,558
Donations	202	-	-	202	50
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>607</b>	<b>7,066</b>	<b>-</b>	<b>7,673</b>	<b>20,007</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>607</b>	<b>7,066</b>	<b>-</b>	<b>7,673</b>	<b>20,007</b>
<b>A3 Payments</b>					
Staff	-	4,197	-	4,197	1,035
Grants paid out	-	-	-	-	9,652
Web development	-	-	-	-	90
WebHosting	66	-	-	66	14
Training	-	-	-	-	350
Professional services	-	215	-	215	-
Subscriptions	305	-	-	305	109
Insurance	237	-	-	237	315
Refreshments	-	33	-	33	308
Publicity and Promotion	-	1,082	-	1,082	470
Volunteer expenses	-	40	-	40	-
Venue Hire	-	609	-	609	-
Training	-	-	-	-	-
Office supplies	-	275	-	275	77
Bank charges	-	-	-	-	123
<b>Sub total</b>	<b>607</b>	<b>6,450</b>	<b>-</b>	<b>7,058</b>	<b>12,543</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>607</b>	<b>6,450</b>	<b>-</b>	<b>7,058</b>	<b>1,046</b>
<b>Net of receipts/(payments)</b>	<b>- 0</b>	<b>616</b>	<b>-</b>	<b>616</b>	<b>394</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 0</b>	<b>616</b>	<b>-</b>	<b>616</b>	<b>394</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	National Lottery Project Grant: outstanding spend	-	616	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	616	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>SJ Wiseman</i>	Stephen Wiseman	03/01/2023	