



**Annual report 6th April 2020 – 5 April 2021**

### **An introduction to maNGOma**

maNGOma (mutual assistance for NGOs for mutual advantage) is a small UK based registered international development charity. Our aims are

- (a) to support carefully selected overseas NGOs with project design, business development, fundraising and evaluation to build their capacity and sustainability, and
- (b) to foster knowledge exchange, by building networks of relevant UK and international NGOs to share their experience to help improve mutual effectiveness in meeting community need.

Our approach is unique. We do not impose solutions, design or run international projects ourselves; we rely upon the local NGOs and their communities for that. Our role is to create project proposals to funders to help make the projects happen.

Our Board and professional volunteers have wide-ranging skills and experience in the fields of community project management, international development, charity business development, communication, monitoring and evaluation. Many of the volunteers are alumni or current undergraduates and postgraduates of the University of East Anglian (UEA), mostly from the internationally renowned School of International Development. We are able to offer mentoring and coaching to help them develop their skills and roles. We have a grants policy, but in order to grant aid the NGOs we have first to seek grants in partnership with them. We also seek grants and individual donations to help support our core activity

### **Report on activities**

#### **International**

This year has seen us work in partnership with the following NGOs

- **CAMAAY:** based in Bamenda in Northwest Cameroon. The Region has been subject to conflict with a united front of separatists (Southern Cameroons Liberation Council) seeking an independent Ambazonian state. This has led to loss of livelihoods and population displacements to Bamenda. The projects (adapted with the emergence of Covid19) are to equip local schools which have become overstretched due to the new influx of children. Among the project proposals we have submitted to funders include one to the former Department for International Development, however the funding round was abandoned due to Government cuts to International Aid. The helpful feedback we nevertheless received is helping us to inform other proposals.
- **FISTRAD:** based in Sandema, in the Builsa North District in the Upper East Region of north Ghana. The project is to campaign via the NGO's radio station and train local women to be peer mentors, to improve maternal health practices and hold public health authorities to account. We have created detailed proposals to

selected trusts and foundations to contribute to funding for this project and we have yet to know the outcome of these.

- **Health and Water Foundation (HWF):** based in Kisii District in southwestern Kenya. Current projects include developing youth entrepreneurship, eco initiatives, Covid awareness-raising and improving hygiene and sanitation facilities at local schools to encourage girl attendance and educational achievement.
- **The Stung Treng Women's Development Center (SWDC):** based in Sre Pro village, in Stung Treng Province, in Northern Cambodia. The projects are to invest in training impoverished women to work as silkweavers producing Mekong Blue silk products, and to improve welfare facilities and English and maths training opportunities. However most projects have been put on hold over the year due to pandemic related restrictions including school closures, resulting in greater hardship for the families. Reassuringly, the indications are that the restrictions are easing
- **ZimConserve:** based in Chitungwiza, Harare Province Zimbabwe ZimConserve's humanitarian work, this NGO aims to increase food security, alleviate poverty and the conservation of the natural environment and related health concerns with particular focus on the young and vulnerable members of the society, assisting marginalised communities to acquire skills to self-sustain grow and develop through training and practical demonstrations in permaculture and related fields. We are working on a project proposal regarding mushroom farming
- **Health and Gospel Mission** based in Kasese, Uganda this NGOs aims to improve the situation of vulnerable people in the area. We are working on proposals to funders for health education sessions on menstrual hygiene and reproductive health, and help girls access reusable sanitary menstrual pads and expectant pregnant mothers with birthing/delivery kits

## Local and national

Local activity has involved our raising awareness of maNGOma's role including working with a newly formed environmental sustainability group, Norwich Eco Hub and seeking to recruit volunteers among University of East Anglia students, staff and alumni and the wider community. We have also been active members of Norfolk Global Neighbours, : a group which seeks to share experience and raise the profile of international aid work taking place in Norfolk. A project during the year was to help plan an online international development exhibition featuring national and Norfolk based charities working on international aid, including some of our partner NGOs.

Nationally we have been active members of Bond, the international development umbrella body to promote the value and importance of UK Aid, including participating in a range of speaker events, social media and training seminars, and a promotional stall in Norwich. This has included participating in the Power Postcodes group which exists seeks to influence debate at Parliamentary level on international development and to lobby against the proposed UK cuts to international aid

The Trustees  
MaNGOma

1st December 2021



CHARITY COMMISSION  
FOR ENGLAND AND WALES

MANGOMA

No (if any)  
1169841

CC16a

## Receipts and payments accounts

For the period from	6.4.20	To	5.4.21
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Opening Balance	940.6			940.6	
Grant		500		500.0	
Donation			-	-	50
		-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>940.6</b>	<b>500.0</b>	<b>-</b>	<b>1,440.6</b>	<b>49.9</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>940.6</b>	<b>500</b>	<b>-</b>	<b>1,441</b>	<b>50</b>
<b>A3 Payments</b>					
Staff	-	0			0
Grants paid		503		503.0	
Web development	180.0		-	180.0	135.0
Web Hosting etc	55.4		-	55.4	65.7
Training				-	
Mentoring				-	
Subscriptions	84.0		-	84.0	156.8
Insurance	173.7			173.7	170.4
Training refreshments				-	
Publicity Materials				-	
Volunteer Expenses				-	
Venue Hire				-	
Office supplies	50.0			50.0	
<b>Sub total</b>	<b>543.2</b>	<b>503.0</b>	<b>-</b>	<b>1,046.2</b>	<b>527.9</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>543.2</b>	<b>503.0</b>	<b>-</b>	<b>1,046.2</b>	<b>527.9</b>
<b>Net of receipts/(payments)</b>	<b>397.4</b>	<b>- 3.0</b>	<b>-</b>	<b>394.4</b>	<b>527.9</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	<b>397.4</b>	<b>- 3.0</b>	<b>-</b>	<b>394.4</b>	<b>527.9</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		394	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	394	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>S. J. Wiseman</i>	Stephen Wiseman		